



ST. LOUIS RAMS PRESS RELEASE

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PRESEASON WEEK 3 ST. LOUIS RAMS (1-1)

AT

NEW ENGLAND PATRIOTS (2-0)

Thursday, August 26, 2010, Gillette Stadium, 6:30 p.m. (CT)



2010 SCHEDULE

PRESEASON (1-1)

Day	Date	Game	Time (CT)	TV
Sat.	8/14	Minnesota	L	28-7
Sat.	8/21	at Cleveland	W	19-17
Thurs.	8/26	at New England	6:30 p.m.	KTVI
Thurs.	9/2	Baltimore	7 p.m.	KTVI

REGULAR SEASON

Day	Date	Game	Time	TV
Sun.	9/12	Arizona	3:15 p.m.	FOX
Sun.	9/19	at Oakland	3:15 p.m.	FOX
Sun.	9/26	Washington	3:15 p.m.	FOX
Sun.	10/3	Seattle	Noon	FOX
Sun.	10/10	at Detroit	Noon	FOX
Sun.	10/17	San Diego	Noon	CBS
Sun.	10/24	at Tampa Bay	Noon	FOX
Sun.	10/31	Carolina	Noon	FOX
Sun.	11/7	Bye Week		
Sun.	11/14	at San Francisco	3:15 p.m.	FOX
Sun.	11/21	Atlanta	3:15 p.m.	FOX
Sun.	11/28	at Denver	3:15 p.m.	FOX
Sun.	12/5	at Arizona *	3:15 p.m.	FOX
Sun.	12/12	at New Orleans *	3:15 p.m.	FOX
Sun.	12/19	Kansas City *	Noon	CBS
Sun.	12/26	San Francisco *	Noon	FOX
Sun.	1/2	at Seattle *	3:15 p.m.	FOX

* Subject to Flex Scheduling

RAMS VISIT PATRIOTS IN PRESEASON WEEK 3



Coach Steve Spagnuolo with LB James Laurinaitis

Boston-area native Steve Spagnuolo takes his team to his home state in Week 3 of preseason play as the Rams travel to New England to face the Patriots Thursday night at Gillette Stadium. Kickoff is scheduled for 6:30 p.m. CT.

Thursday will mark the first preseason meeting between the Rams and Patriots since 1994. They've previously played eight times in the preseason with the series tied 4-4. The regular-season series between St. Louis and New England is also tied at 5-5. The two teams also met in Super Bowl XXXVI, a thriller that New England won 20-17 on the final play of the game.

After picking up a 19-17 victory in rainy Cleveland Saturday night, the Rams hit the road again this week to face Tom Brady and company. QB A.J. Feeley led the Rams on a 65-yard scoring drive and threw a 9-yard touchdown pass to TE Daniel Fells on St. Louis' opening possession last week against the Browns. K Josh Brown booted four field goals, and the Rams forced five turnovers while not committing one on offense.

BROADCAST INFORMATION



TELEVISION

FOX
(Ch. 2, KTVI in St. Louis)

Play-by-Play: Martin Kilcoyne
Color Analyst: Aeneas Williams
Sideline Reporter: Maurice Drummond



RADIO
WXOS-FM (101.1)

Play-by-Play: Steve Savard
Color Analyst: D'Marco Farr
Sideline Reporter: Brian Stull

THIS WEEK'S MEDIA AVAILABILITY

Monday, August 23	Tuesday, August 24	Wednesday, August 18	Thursday, August 19	Friday, August 20	Saturday, August 21
-Practice 2:30 - 4:30 p.m.	-Practice 2:30 - 4 p.m.	Travel Day No Availability	Rams at Patriots 6:30 p.m. (CT) Gillette Stadium	-Coach Spagnuolo Conference Call Time TBD	-Practice 2:30 - 4 p.m.
-Coach Spagnuolo available on field after practice.	-Coach Spagnuolo available on field after practice.				-Coach Spagnuolo available on field after practice.
-Players available on the field after practice.	-QB Sam Bradford and RB Steven Jackson available after practice. -Players available on field after practice.				-Players available on field after practice.

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TED CREWS - SENIOR DIRECTOR OF COMMUNICATIONS
TCREWS@RAMS.NFL.COM - 314-516-8797
ARTIS TWYMAN - DIRECTOR, MEDIA RELATIONS
ATWYMAN@RAMS.NFL.COM - 314-516-8759

JULIA FARON - MEDIA RELATIONS COORDINATOR
JFARON@RAMS.NFL.COM - 314-516-8766
CASEY PEARCE - PUBLIC RELATIONS COORDINATOR
CPEARCE@RAMS.NFL.COM - 314-516-8765



THE SERIES AT A GLANCE

- Overall Preseason Series: Series tied, 4-4
- Overall Regular Season Series: Series tied, 5-5
- Overall Postseason Series: Patriots lead series, 1-0
- Rams Home Record vs. New England Patriots: 2-3
- Rams Road Record vs. New England Patriots: 3-2
- Current Streak: Patriots, three games (2001-08)
- Rams Longest Streak: Four games (1989-2001)
- Patriots Longest Streak: Three games (2001-2008)
- Regular Season Point Total: Rams 213 - Patriots 225
- Most Points, Rams: 32, Rams 32-18 (1998)
- Most Points, Browns: 40, Patriots 40-22 (2004)
- Most Points, both teams: 62, Patriots 40-22 (2004)
- Fewest Points, Rams: 7, Patriots 21-7 (1983)
- Fewest Points, Patriots: 0, Rams 14-0 (1992).
- Fewest Points, both teams: 14, Rams 14-0 (1992)

SERIES HISTORY VS. PATRIOTS

Regular Season			1998	Rams, 32-18	StL
Tied, 5-5			2001	Rams, 24-17	NE
Year	Result	Location	2004	Patriots, 40-22	StL
1974	Patriots, 20-14	NE	2008	Patriots, 23-16	NE
1980	Rams, 17-14	NE	Post Season		
1983	Patriots, 21-7	LA	Patriots lead, 1-0		
1986	Patriots, 30-28	LA	Year	Result	Location
1989	Rams, 24-20	NE	2001	*Patriots, 20-17 New Orleans	
1992	Rams, 14-0	LA	*Super Bowl XXXVI		



TALE OF THE TAPE

2009 Final Regular Season Statistics

Rams (rank)		Patriots (rank)
10.9 (32)	Points Per Game	26.7 (6)
279.4 (29)	Total Offense	397.3 (3)
111.5 (20)	Rush Offense	120.1 (12)
167.9 (28)	Pass Offense	277.3 (3)
28:58	Time Of Possession Average	32:55
27.3 (31)	Opponent Points Per Game	17.8 (5)
372.8 (29)	Total Defense	320.2 (11)
137.6 (27)	Rush Defense	110.5 (13)
235.3 (25)	Pass Defense	209.7 (12)
25/149	Sacks Made/Yards	31/221
8/102	Interceptions By/Yards	18/327
-13 (30t)	Turnover Differential	+6 (8t)
10.7 (8)	Punt Return Average	11.4 (5)
23.2 (11t)	Kickoff Return Average	22.7 (15)
6.3 (4)	Punt Coverage	9.0 (21)
24.0 (22)	Kickoff Coverage	24.4 (28)
90/46.8	Punts/Average	56/39.0

NOTABLE CONNECTIONS

Former Rams:

- Patriots DT **Damione Lewis** was drafted by the Rams in the first round in 2001 and played in St. Louis through the 2005 season.
- Patriots WR **Rod Owens** signed with the Rams as an undrafted free agent in May.

Former Patriots:

- Rams TE Coach **Frank Leonard** was a special assignment scout with the Patriots from 2004-06.

New England Ties:

- Rams Head Coach **Steve Spagnuolo** is a native of Whitinsville, Mass. and is a member of the Grafton High School Athletic Hall of Fame. He completed his undergraduate degree at Springfield College and earned a Master's degree from the University of Massachusetts.
- Rams QB Coach **Dick Curl** held the same position at Boston College in 1990.
- Rams LB Coach **Paul Ferraro** played safety at Springfield College and was a graduate assistant at UMass in 1982.
- Rams TE Coach **Frank Leonard** hails from Wethersfield, Connecticut and played at Central Connecticut State. He also played for the semi-pro New England Crusaders in 1981. Leonard coached at UConn (1990-93), Western Connecticut (1982-84, 87-90) and Central Connecticut State (1985-86).
- Rams OL Coach **Steve Loney** was the assistant head coach/wide receivers at UConn in 1994.

St. Louis Ties:

- Patriots RB **Laurence Maroney** is a St. Louis native and attended Normandy High School.
- Patriots OL **Dan Connolly** (Marquette High School, Chesterfield) is from St. Louis and played at Southeast Missouri State.

Coaching Connections:

- During Rams OL Coach **Steve Loney's** senior year as an offensive lineman at Iowa State, Patriots Assistant Head Coach/OL **Dante Scarnecchia** was the Cyclones' assistant offensive line coach.
- Loney was the OL coach in Minnesota from 2002-04 when Patriots WR **Randy Moss** played for the Vikings.
- Rams Secondary/CB Coach **Clayton Lopez** coached Oakland's secondary when Patriots WR **Randy Moss** played for the Raiders.

NFL Teammate Connections:

- Rams TE **Billy Bajema** and Patriots LB **Tully Banta-Cain** were teammates with the San Francisco 49ers.
- Patriots DT **Damione Lewis** played with Rams LB **Na'il Diggs** in Carolina and Rams Defensive Coordinator **Ken Flajole** and Quality Control/Defense Coach **Matt House** were on John Fox's staff during Lewis' time with the Panthers.

College Teammate Connections:

- Rams DE **James Hall** and Patriots QB **Tom Brady** played together at Michigan.
- Rams OL **Phil Trautwein** and C **Drew Miller** teamed with Patriots TE **Aaron Hernandez**, LB **Brandon Spikes** and DE **Jermaine Cunningham** at Florida.
- Rams DT **Clifton Ryan** played with Patriots QB **Brian Hoyer** at Michigan State.
- Rams WR **Dominique Curry** and Patriots DB **Terrence Johnson** were teammates at Cal (PA.).
- Rams G **John Greco** and Patriot T **Nick Kaczur** were linemates at Toledo.
- Rams CB **Jerome Murphy** and DE **George Selvie** teamed with Patriots LB **Tyrone McKenzie** at South Florida.
- Rams LB **Josh Hull** and Patriots OL **Rich Ohrnberger** played together at Penn State.
- Rams QB **Sam Bradford** played with Patriots OL **Brian Simons** at Oklahoma.

THE HEAD COACHES



STEVE SPAGNUOLO

NFL Coaching Year: 12th year
Rams Head Coach: 2nd year
Regular Season: 1-15 (.063)
Postseason: 0-0 (.000)

Steve Spagnuolo enters his second season as head coach of the St. Louis Rams. Through impressive individual achievements and perseverance through adversity, the Rams formed a bond during Spagnuolo's first season at the helm, and became what Spagnuolo envisioned – a team.

"The inner-makings of this team, is a team, and that was one of the primary goals when we first started putting this thing together," Spagnuolo said at the conclusion of last season.

Along the way Spagnuolo adopted his formula for success, built on what he calls the Four Pillars: Faith. Character. Core Values. Team First.

Spagnuolo came to the Rams after a stellar career as defensive coordinator of the New York Giants and was the architect of the defense that shut down the high-octane New England Patriots in the Giants' stunning 17-14 win in Super Bowl XLII.

Spagnuolo spent eight seasons (1999-2006) with the Philadelphia Eagles, serving as defensive assistant/safeties from 1999-2000, defensive backs coach from 2001-03 and linebackers coach from 2004-06. From 1999-2005, the Eagles played in four NFC Championship games and one Super Bowl.

Spagnuolo coached for 18 years in the college ranks and in professional football in Europe before joining the Eagles. Spagnuolo served as defensive line/special teams coach with the Barcelona Dragons of the WFLA in 1992 and was defensive coordinator/linebackers coach for NFL Europe's Frankfurt Galaxy in 1998.

A wide receiver at Springfield (Mass.) College from 1978-81, Spagnuolo coached collegiately at Massachusetts (1982-93), Lafayette (1984-86), Connecticut (1987-91), Maine (1993-94), Rutgers (1994-95) and Bowling Green (1996-97). Spagnuolo also worked as a pro personnel intern for the Washington Redskins in 1983 and as a scout with the San Diego Chargers in 1993.

A native of Whitinsville, Mass., Spagnuolo is married to wife, Maria.

SPAGNUOLO, AT A GLANCE

2009-	St. Louis Rams	Head Coach
2007-08	New York Giants	Defensive Coordinator
2004-06	Philadelphia Eagles	Linebackers
2001-03	Philadelphia Eagles	Defensive Backs
1999-2000	Philadelphia Eagles	Defensive Assistant
1998	Frankfurt Galaxy (NFL)	Defensive Coordinator/Linebackers
1996-97	Bowling Green University	Defensive Backs
1994-95	Rutgers University	Defensive Backs
1994	University of Maine	Defensive Coordinator/Linebackers
1993	University of Maine	Defensive Backs
1993	San Diego Chargers	Scout
1992	Barcelona Dragons (WFLA)	Defensive Line/Special Teams
1990-91	University of Connecticut	Defensive Coordinator/Def. Backs
1987-89	University of Connecticut	Defensive Backs
1984-86	Lafayette College	Defensive Line/Special Teams
1983	Washington Redskins	Player Personnel Intern
1982-83	University of Massachusetts	Graduate Intern



BILL BELICHICK

NFL Coaching Year: 36th year
Patriots Head Coach: 11th year
Regular Season: 148-92-0 (.617)
Postseason: 15-5 (.750)

Bill Belichick is in his 36th season as an NFL coach and is the only head coach in NFL history to win three Super Bowl championships in a four-year span.

Belichick's coaching career began in 1975, and he has helped produce five Super Bowl titles, seven conference championships and 13 division titles. Now in his 36th season in the NFL, he has more years of NFL experience than any of the other 31 head coaches. He won his first two Super Bowls as the defensive coordinator for the New York Giants in 1986 and again in 1990 before claiming three Super Bowl championships with the Patriots.

Belichick returned to the Patriots as head coach after three seasons with the New York Jets (1997-99) as the team's assistant head coach/secondary coach, holding the responsibility of calling the team's defensive plays.

Patriots fans witnessed Belichick's impact on a team firsthand in 1996 when he joined the Patriots after five seasons as the head coach of the Cleveland Browns. That year, the Patriots claimed their first division title in 10 years with an 11-5 record and advanced to Super Bowl XXXI.

Prior to joining the Patriots, Belichick spent five seasons (1991-95) rebuilding the Cleveland Browns, whose 3-13 finish the year prior to his arrival was the worst in the history of the franchise. By 1994, the Browns were again one of NFL's best teams, boasting the second-best record in the AFC.

Belichick's first head coaching opportunity came following the 1990 season, when his defensive efforts with the New York Giants helped claim a second Super Bowl title in five years. At the age of 38, he became the NFL's youngest head coach.

Belichick began his coaching career after graduating from Wesleyan University and accepted a staff assistant position with the Baltimore Colts in 1975. At the age of 23, he was named special assistant to Head Coach Ted Marchibroda. In 1976, Belichick joined Rick Forzano's staff with the Detroit Lions. In 1978, Denver Broncos Head Coach Red Miller hired Belichick as the assistant special teams coach and assistant to defensive coordinator Joe Collier. In 1979, Belichick joined Ray Perkins' staff with the New York Giants as a defensive assistant and special teams coach. After the 1980 campaign, he drew the added responsibility of coaching the Giants linebackers. While continuing to coach the linebackers, in 1983 his role with the defensive unit increased. He was named defensive coordinator in 1985, a position he held for the next six seasons.

BELICHICK, AT A GLANCE

2000-	New England Patriots	Head Coach
1997-99	New York Jets	Asst. Head Coach/Secondary
1996	New England Patriots	Asst. Head Coach/Secondary
1991-95	Cleveland Browns	Head Coach
1989-90	New York Giants	Def. Coordinator/Secondary
1985-88	New York Giants	Defensive Coordinator
1983-84	New York Giants	Linebackers
1981-82	New York Giants	Special Teams/Linebackers
1979-80	New York Giants	Special Teams
1978	Denver Broncos	Asst. Special Teams/ Asst. to Defensive Coordinator
1977	Detroit Lions	Asst. Special Teams/TEs/WRs
1976	Detroit Lions	Asst. Special Teams
1975	Baltimore Colts	Special Assistant

PROBABLE STARTERS THIS WEEK

OFFENSE

WR Laurent Robinson – Was off to a strong start in 2009 before an ankle injury ended his season early. Led the Rams in receptions in both games in which he played last season.

LT Rodger Saffold – Second-round pick looks to make his NFL mark after earning All-Big Ten honors at Indiana.

LG Jacob Bell – Seventh-year lineman has blocked for four 1,000-yard rushers, opening holes for Tennessee's Chris Brown, Travis Henry, LenDale White and the Rams' Steven Jackson.

C Jason Brown – Sixth-year veteran has blocked for three 1,000-yard running backs in Jamaal Lewis, Willis McGahee, and Steven Jackson.

RG Adam Goldberg – Has played in 80 career games with 42 starts and was the only offensive lineman in the NFL to start at four different positions during the 2008 season (LT, RT, LG, RG).

RT Jason Smith – Former second-overall pick played in eight games with five starts as a rookie.

TE Billy Bajema – Crafty blocker set career high in receiving yards in 2010.

WR Donnie Avery – Started all 16 games for the Rams in 2009 and led the team with 589 yards and a career-high five touchdowns.

QB A.J. Feeley – Veteran with extensive experience with coaching staff leads Rams into 2010.

FB Mike Karney – 2009 free agent acquisition played in 14 games with eight starts. Karney helped clear paths for RB Steven Jackson to gain 1,738 yards from scrimmage, fifth in the NFL.

RB Steven Jackson – Earned the second Pro Bowl selection of his career after leading the NFC in rushing with 1,416 yards.

KEY CONTRIBUTORS

QB Sam Bradford – Top overall pick in April's Draft won the Heisman Trophy in 2008 and holds every major passing record in Oklahoma history.

TE Daniel Fells – Scored a career-high three touchdowns in 2009 before an injury ended his season.

RB Chris Ogbonnaya – Looks to become Steven Jackson's primary back up after spending most of rookie season on practice squad.

WR Danny Amendola – Caught 43 passes for 326 yards and one touchdown while becoming Rams single-season record holder for kickoff return yards and total return yards (1,978).

WR Keenan Burton – Has played in 22 games with seven starts and tallied career totals of 38 receptions for 425 yards.

DEFENSE

LDE Chris Long – Third-year veteran, has started 20 of 32 games played and logged 9.0 career sacks. Collected 15 quarterback hits for the team lead in 2009.

LDT Fred Robbins – Eleven-year veteran joined the Rams in March. Played in 149 regular season games with 116 starts. Career stats include 28.5 sacks, 3 interceptions, 19 passes defended, 2 forced fumbles and 5 fumble recoveries.

RDT Clifton Ryan – Has played in all 48 games in his career and led the team with nine tackles for loss and led Rams' defensive linemen with 60 tackles (44 solo) in 2009.

RDE James Hall – Eleventh-year veteran has totaled 46.5 career sacks. Started 14 games at right defensive end in 2009 and ranked third on the team with 4.5 sacks.

SLB Na'il Diggs – Eleven-year pro enters first year with Rams. Veteran leader has logged 766 career tackles.

MLB James Laurinaitis – Started 16 games as a rookie and finished the season leading the team in tackles with 144 (96 solo), most by a rookie in team history.

WLB Larry Grant – Played in all 16 games last season and recorded first career sack in regular-season finale.

LCB Ron Bartell – Sixth-year pro finished the 2009 season with a team-leading 10 passes defended and added three forced fumbles.

RCB Kevin Dockery – First-year Ram appeared in 51 games with eight starts in four seasons with Giants.

SS Craig Dahl – Started eight games in '09 and finished fifth on the team with 81 tackles (46 solo) and recovered two fumbles.

FS Oshiomogho Atogwe – 38 combined forced fumbles and interceptions (19 interceptions, 19 forced fumbles) since the start of 2006 are the most in the NFL during that time period.

KEY CONTRIBUTORS

CB Bradley Fletcher – Played in seven games with three starts as a rookie before suffering season-ending knee injury.

DT Gary Gibson – Strong, stout fifth-year veteran started first five games of 2009 before ankle injury ended his season.

LB David Vobora – Started 10 of 12 games that he played in 2009 and made 40 tackles (28 solo) on defense and six on special teams.

LB Bobby Carpenter – Joined the Rams via trade in May. Former Cowboys first-round pick has appeared in 58 games with three career starts.



NEW TO THE RAMS IN 2010

2010 DRAFT PICKS

QB Sam Bradford
6-4, 235 pounds
Oklahoma

D1 – 2010 (1st overall)

- 2008 Heisman Trophy winner holds school records for passing yards (8,403), touchdown passes (88) and completion percentage (67.64)
- One of just four quarterbacks in major college history to pass for 50 or more touchdowns in a season.



Sam Bradford

DE Hall Davis
6-4, 220 pounds
Louisiana-Lafayette

D5b – 2010 (149th overall)

- Honorable mention All-Sun Belt as a senior, Hall recorded 6.5 sacks and 11 tackles for loss during final two seasons with the Cajuns.



Hall Davis



Rodger Saffold

OT Rodger Saffold
6-5, 323 pounds
Indiana

D2 - 2010 (33rd overall)

- Second-team All-Big 10 after recording 91 knockdown blocks and 12 touchdown-resulting blocks as a senior.
- Graded third among Big 10 offensive linemen in blocking consistency in 2009 and helped Indiana rush for 100 yards in 29 games during his career.



Fendi Onobun

TE Fendi Onobun
6-6, 249 pounds
Houston

D6a – 2010 (170th overall)

- Played one season of football at Houston after four-year collegiate basketball career at Arizona.

CB Jerome Murphy
6-0, 196 pounds
South Florida

D3 – 2010 (65th overall)

- Named to All-Big East First Team by Phil Steele after finishing third on the team with 77 tackles and tied for the team lead with four interceptions.
- Played in 52 career games, the most ever by a USF player.



Jerome Murphy

DE Eugene Sims
6-6, 250 pounds
West Texas A&M

D6b - 2010 (189th overall)

- Two-time Lone Star Conference Defensive Lineman of the Year recorded 17 sacks in two seasons at WTAMU.



Eugene Sims



Mardy Gilyard

WR Mardy Gilyard
5-11, 194 pounds
Cincinnati

D4 – 2010 (103rd overall)

- Unanimous All-Big East after catching 87 passes for 1,191 yards and 11 touchdowns as a senior.
- Ranks second in Big East history with 204 career receptions.
- Two-time Big East Special Teams Player of the Year averaged 30.5 yards per kickoff return as a senior.



Marquis Johnson

CB Marquis Johnson
5-11, 205 pounds
Alabama

D7a - 2010 (211th overall)

- Appeared in 50 games with 13 starts during his career at Alabama and played key role for the 2009 National Champions.

TE Michael Hoomanawanui
6-4, 265 pounds
Illinois

D5a – 2010 (132nd overall)

- 2009 Mackey Award Candidate finished career at Illinois with 40 receptions for 490 yards and four touchdowns.



Michael Hoomanawanui

George Selvie
6-4, 251 pounds
South Florida

D7b - 2010 (226th overall)

- Two-time All-American recorded 29 sacks during collegiate career.



George Selvie



Josh Hull

Josh Hull
6-3, 239 pounds
Penn State

D7c - 2010 (254th overall)

- Led team and was fifth in the Big Ten with 116 tackles, becoming just the 20th Nittany Lion in the program's 123-year history to eclipse 100 tackles in a season.

NEW TO THE RAMS IN 2010

KEY ADDITIONS

LB Bobby Carpenter
6-2, 249 pounds
Ohio State

Trade (Dallas) – 2010

- Fifth-year pro who has totaled 66 tackles (39 solo), 3.5 sacks, and two passes defended.
- Former first-round draft pick who played in 16 games in 2009 with 48 tackles (28 solo), 2.0 sacks and one pass defended.
- Totaled career-highs in tackles (48), sacks (2.0) and quarterback pressures (four) while seeing action in 16 games with two starts in 2009.



Bobby Carpenter



Hank Fraley

C/G Hank Fraley
6-3, 310 pounds

Robert Morris
Unrestricted Free Agent
(Cleveland) – 2010

- Eleventh-year pro has played in 135 games with 123 starts. Also started 10 postseason contests, including Super Bowl XXXIX with the Eagles.
- While in Philadelphia, the Eagles posted the highest point total in team history in 2002 and third-highest during their Super Bowl run in 2004.



Na'il Diggs

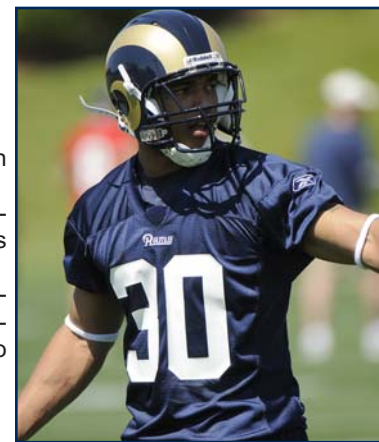
LB Na'il Diggs
6-4, 240 pounds

Ohio State
Unrestricted Free Agent
(Carolina) – 2010

- Eleventh-year veteran who has played in 145 games with 127 starts and has also started seven postseason contests.
- Led the Packers in tackles for three-consecutive seasons (2002-04).

S Kevin Payne
6-0, 212 pounds
Louisiana - Monroe
Trade (Chicago) – 2010

- Has appeared in 32 games with 22 starts in three NFL season.
- Started six games at strong safety in 2009 and posted 60 tackles as well as five pass breakups
- In 2008, led Bears with four interceptions to go along with 129 tackles, second-most among Chicago defenders.



Kevin Payne

CB Kevin Dockery
5-8, 188

Mississippi State
Free Agent
(New York Giants) - 2010

- Entered the NFL as an undrafted free agent and earned roster spot with aggressive play
- Career totals include 127 tackles (91 solo), 22 passes defended, one fumble recovery and 26 special teams tackles



Kevin Dockery



Fred Robbins

DT Fred Robbins
6-4, 325 pounds
Wake Forest
Unrestricted Free Agent (New York Giants) – 2010

- Has played in 149 games with 116 starts. Also has six postseason starts and was a key member of Super Bowl XLII champions.
- Has recorded 28.5 career sacks and was a Pro Bowl alternate in 2008.



A.J. Feeley

QB A.J. Feeley
6-3, 220 pounds
Oregon
Unrestricted Free Agent
(Carolina) – 2010

- Has appeared in 23 games and started 15 contests.
- In 2002, Feeley started five games and led the Eagles to a 4-1 mark to help Philadelphia secure home-field advantage throughout the playoffs.



RACING TO THE TOP

RB Steven Jackson enters the 2010 season with 6,707 career rushing yards, third most in team history.



RB Steven Jackson

Jackson's 6,707 career rushing yards place him behind only Eric Dickerson (7,245 yards, 1983-87) and Marshall Faulk (6,959 yards, 1999-2005) in Rams' history. Jackson needs 253 yards in 2010 to pass Faulk for second in franchise history and 539 yards to pass Dickerson for first.

Jackson entered last season as the Rams' fifth-leading rusher, his 1,416-yard campaign in 2009 allowed him to pass Dick Bass for fifth place and later move ahead of Lawrence McCutcheon into third. McCutcheon currently serves as the Rams' Director of Player Personnel.

Rams Career Rushing Yards Leaders

	<u>Yards</u>
Eric Dickerson (1983-87)	7,245
Marshall Faulk (1999-2005)	6,959
Steven Jackson (2004-)	6,707
Lawrence McCutcheon (1972-79)	6,186
Dick Bass (1960-69)	5,417

NEAR THE TOP

RB Steven Jackson finished 2009 ranked among the league leaders in rushing yards and total yards from scrimmage. Jackson won the NFC rushing title and ranked second in the NFL with 1,416 rushing yards. Jackson's 1,738 total yards from scrimmage ranked second in the NFC and fifth in the NFL.

NFL Rushing Leaders, 2009

	<u>Yards</u>
Chris Johnson / TEN	2,006
Steven Jackson / STL	1,416
Thomas Jones / NJY	1,402
Maurice Jones-Drew / JAX	1,391
Adrian Peterson / MIN	1,383

NFL Scrimmage Yards Leaders, 2009

	<u>Tot. Yards</u>	<u>Rush Yds.</u>	<u>Rec. Yds.</u>
Chris Johnson / TEN	2,509	2,006	503
Ray Rice / BAL	2,041	1,339	702
Adrian Peterson / MIN	1,819	1,383	436
Maurice Jones-Drew / JAX	1,765	1,391	374
Steven Jackson / STL	1,738	1,416	322

AN EXPLOSIVE BACK

RB Steven Jackson produced 40 "explosive" runs (runs of 10-plus yards) in 2009, second in the NFL. Jackson was one of two backs in the NFL to have 40 or more explosive runs.

Since becoming a full-time starter in 2005, Jackson has 143 explosive runs, third in the NFL (L. Tomlinson – 155, T. Jones – 149).

NFL Explosive Run Leaders, 2009

	<u>10+ runs</u>
Chris Johnson / TEN	49
Steven Jackson / STL	40
Adrian Peterson / MIN	38
DeAngelo Williams / CAR	36
Ray Rice / BAL	32

FIVE IN A ROW

RB Steven Jackson looks to run his streak of consecutive 1,000-yard seasons to six in 2010. Last year, Jackson became the first running back in Rams' history to record five consecutive 1,000-yard rushing seasons. He surpassed the previous team record of four consecutive seasons set by Hall of Fame RB Eric Dickerson from 1983-86.

In 2009, Jackson posted 1,416 rushing yards, the second-highest single-season total of his career. The 1,416 rushing yards rank as the sixth-best single-season performance in team history.

As a rookie in 2004, Jackson rushed for 673 yards. Since that season, Jackson posted yearly rushing totals of 1,046, 1,528, 1,002, 1,042 and 1,416 yards.

Consecutive 1,000-Yard Rushing Seasons In Rams History

	<u>Consecutive Seasons</u>	<u>Years</u>
Steven Jackson	5	2005-09
Eric Dickerson	4	1983-86
Marshall Faulk	3	1999-2001



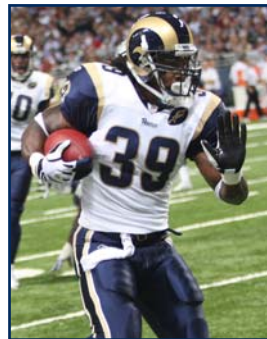
RB Steven Jackson pushes past Cardinals S Matt Ware in Week 11 vs. Arizona (11/22). Jackson rushed for 116 yards vs. Arizona to break the 1,000-yard mark for a team-record fifth straight season.

JACK OF ALL TRADES

RB Steven Jackson has shown the ability to contribute in the rushing game and in the receiving game. Since the start of the 2006 season, Jackson leads the NFL with 123.0 yards from scrimmage per game (minimum 30 games).

Since 2006, Jackson has 1,379 touches for 6,766 yards. Both totals stand as the best in the NFL.

In 2009, Jackson recorded 100-plus scrimmage yards in 11 of the 15 games he played. Jackson averaged 115.9 scrimmage yards per game, first in the NFC and third in the NFL.



RB Steven Jackson

In 2006, Jackson recorded 2,334 yards from scrimmage, the fifth-highest single-season total in NFL history. That season Jackson rushed for 1,528 yards and 13 touchdowns on 346 attempts. He added 806 yards receiving on 90 catches. The 90 catches rank sixth in NFL history in one season among running backs.

Yards From Scrimmage/Game Leaders, 2006-09

	<u>Games</u>	<u>Touches</u>	<u>Yards</u>	<u>Yds/Game</u>
Steven Jackson / STL	55	1,379	6,766	123.0
Adrian Peterson / MIN	46	998	5,313	115.5
Frank Gore / SF	59	1,250	6,653	112.8
Brian Westbrook / PHI	52	1,058	5,813	111.8
LaDainian Tomlinson / SD	62	1,366	6,692	107.9

WELCOME TO THE WEST

Veteran quarterback A.J. Feeley signed with the Rams this offseason to give St. Louis an experienced signal caller with a strong background in Offensive Coordinator Pat Shurmur's scheme. Feeley spent six seasons with the Philadelphia Eagles in two different stints, and Shurmur was his quarterbacks coach during his tenure there.



QB A.J. Feeley

Feeley has appeared in 23 games and thrown 27 touchdown passes. Seven of those have come against NFC West opponents, and 15 have come against teams the Rams will face in 2010.

Feeley's Most Touchdown Passes versus one Opponent

Team	Touchdowns
Seattle*	4
New England	4
San Francisco*	3
Buffalo	3
Atlanta*	3

*Denotes 2010 Rams Opponent

2010 PRESEASON OPPONENTS

During the 2010 preseason, the St. Louis Rams will host the Minnesota Vikings and Baltimore Ravens and travel to road contests at the New England Patriots and at the Cleveland Browns.



Preseason Game 1 – vs. Minnesota Vikings Saturday, August 14 – L, 28-7

A 93-yard punt return for touchdown by Danny Amendola combined with a strong effort from the Rams' first-team defense gave the Rams a 7-0 advantage at the end of the first quarter. QB Sam Bradford made his NFL debut and finished 6-of-13 passing for 57 yards. Defensively, the Rams were stout against the run throughout the night as they held the Vikings to 78 rushing yards on 31 carries, an average of 2.5 yards per carry. Rams defenders combined for nine tackles for loss in the contest.



Preseason Game 2 – at Cleveland Browns Saturday, August 21 – W, 19-17

Josh Brown kicked four field goals and the Rams forced five turnovers - three on defense and two on special teams - as St. Louis claimed a victory on a stormy night in Cleveland. QB A.J. Feeley drove the Rams 65 yards on their opening possession of the night and threw a 9-yard touchdown pass to TE Daniel Fells. Thanks to the play of the Rams' defense, Cleveland was 0-for-5 on third down in the first half and just 5-of-13 in the game.



Preseason Game 3 – at New England Patriots Thursday, August 27 – 6:35 p.m.

Massachusetts native Steve Spagnuolo leads his team into Gillette Stadium as the Rams square off with the franchise they faced in Super Bowl XXXVI. St. Louis and New England have previously played eight preseason games against each other with the series tied 4-4. The matchup is the first preseason contest between the teams since 1994. Spagnuolo's trip home will conjure some good memories for the Rams' head coach. As the Giants' defensive coordinator in 2007, Spagnuolo helped New York upset the Patriots in Super Bowl XLII.



Preseason Game 4 – vs. Baltimore Ravens Thursday, September 2 – 7 p.m.

The Rams close out their preseason slate as they host the Baltimore Ravens at the Edward Jones Dome. The two teams have previously met just once in preseason play with the Rams claiming a 24-10 victory in St. Louis. The Rams and Ravens last met in the regular season in 2007 in Baltimore. Former Rams QB Marc Bulger, who signed with the Ravens in June, will make his return to St. Louis in the preseason finale as well.

BET YOU DIDN'T KNOW...

- The oldest player – **DE James Hall**, 33 years old (2/4/77)
- The youngest player – **S Darian Stewart**, 21 years old (8/4/88)
- The tallest player – **T Adam Goldberg**, who stands 6-7.
- The shortest player – **RB Kenneth Darby**, who stands 5-10.
- The heaviest player – **T Renardo Foster**, 333 pounds
- The lightest player – **WR Donnie Avery**, 183 pounds
- Most seasons with the Rams – **LS Chris Massey**, 11 seasons
- Most seasons in the NFL – **LB Na'il Diggs**, **C/G Hank Fraley**, **DE James Hall** and **DT Fred Robbins**, 11 seasons
- The farthest distance a player has to travel from their hometown – **WR Brandon Gibson** hails from Puyallap, Wash., which is 2,088 miles from the Russell Training Center.
- The shortest distance a player has to travel from their hometown to St. Louis, Mo. – **TE Michael Hoomanawanui** hails from Bloomington, Ill., just 174 miles from the Russell Training Center.
- The college that is represented the most – Four current Rams hail from **Ohio State**.
- The state that is represented the most – **Texas**, 10.



Defensive end James Hall is the oldest player on the Rams' 2010 training camp roster and with 11 NFL seasons, he's tied with two other players for the most experience among current Rams.

2010 REGULAR SEASON OPPONENTS

This season the Rams will face the NFC South and AFC West in cross-division play, while continuing to battle NFC West opponents Arizona, San Francisco and Seattle twice a year. St. Louis will travel to play the defending Super Bowl champion New Orleans Saints and they'll host the Washington Redskins. The Rams hold a 102-99-4 record against fellow NFC West contenders while totaling 274 all-time victories against their remaining opponents on the 2010 slate.

Four of the Rams' contests in 2010 will come against teams that made the playoffs in 2009, including the defending Super Bowl champs, as the Rams face Arizona twice, visit New Orleans and host the defending AFC West champion San Diego Chargers. Four of the Rams 2010 opponents finished with .500 or better winning percentages in 2009. The combined record of the Rams 2010 opponents is 115-141 (.449).

HOME	2009 Record	Last Time Played	Result
Arizona	10-6	Dec. 27, 2009	L, 34-10
San Francisco	8-8	Jan. 3, 2010	L, 17-16
Seattle	5-11	Nov. 29, 2009	L, 23-20
Atlanta	9-7	Dec. 28, 2008	L, 31-27
Carolina	8-8	Sept. 9, 2007	L, 27-13
Kansas City	4-12	Nov. 5, 2006	L, 31-17
San Diego	13-3	Oct. 29, 2006	L, 38-24
Washington	4-12	Sept. 20, 2009	L, 9-7

AWAY	2009 Record	Last Time Played	Result
Arizona	10-6	Dec. 27, 2009	L, 34-10
San Francisco	8-8	Jan. 3, 2010	L, 17-16
Seattle	5-11	Nov. 29, 2009	L, 23-20
Denver	8-8	Sept. 10, 2006	W, 18-10
Detroit	2-14	Nov. 1, 2009	W, 17-10
New Orleans	13-3	Nov. 15, 2009	L, 28-23
Oakland	5-11	Dec. 17, 2006	W, 20-0
Tampa Bay	3-13	Sept. 23, 2008	L, 24-3

AVERY'S AERIAL ATTACK

WR Donnie Avery finished 2009 with a team-leading 589 yards and five touchdowns, a career high. Avery narrowly missed his second consecutive season with 50 receptions as he finished 2009 with 47 receptions, second on the team.

Avery, the first wide receiver selected in the 2008 NFL Draft, tends to make an impact when he catches the ball. Since entering the league in 2008, Avery has made 100 catches for 1,263 yards (12.6-yard average) and eight touchdowns. Sixty-six of Avery's 100 career catches have resulted in first downs or touchdowns (66.0 percent). In the final 13 games of 2009, 26 of Avery's 37 catches went for first downs or touchdowns (70.3 percent).



WR Donnie Avery hauls in his team-leading fifth touchdown of the season vs. Seattle (11/29).

ROLLIN' WITH NOLAN

The Rams have just one new member on their coaching staff this season, but the new face is a very familiar one to the organization. In February, Steve Spagnuolo hired former Rams All-Pro safety Nolan Cromwell to coach the club's wide receivers.



Nolan Cromwell

A second-round draft choice by the Rams, Cromwell played his entire 11-year NFL career (1977-87) for the Rams' organization. He earned Pro Bowl honors four times, was named NFC Defensive Player of the Year in 1980, and was named NFL Defensive Back of the Year by Football Digest in 1984. He ended his NFL career as the Rams' all-time leader in interception return yardage with 671 yards on 37 interceptions. He played in Super Bowl XIV against the Steelers after the 1979 season.

Cromwell's coaching tenure has lead him to three Super Bowls and four NFC West Division titles. During his time at Green Bay, Cromwell helped Pro Bowler Antonio Freeman lead the NFL in 1998 with 1,424 receiving yards on 84 catches.



Former All-Pro safety Nolan Cromwell (21) spent 11 seasons patrolling the Rams' defensive secondary and now returns to the organization to coach the club's wide receivers.

STRIKING THE POSE

Quarterback Sam Bradford is the 10th Heisman Trophy winner to either play for the Rams or be drafted by the organization. Bradford won the award following the 2008 season, one in which he passed for 4,720 yards and 50 touchdowns with just eight interceptions.

In April, Bradford became the 14th Heisman Trophy winner drafted number one overall and the first since Cincinnati Bengals took Carson Palmer with the top pick in 2003.



Sam Bradford shortly after accepting the 2007 Heisman Trophy.

Here's a look at each of the 10 Heisman Trophy winners affiliated with the Rams.

Player	Heisman Year	Yrs. w/Rams
<i>QB Sam Bradford, Oklahoma</i>	2008	2010-present
<i>WR Eric Crouch, Nebraska*</i>	2001	2002
RB Charles White, USC	1979	1985-89
<i>RB John Cappelletti, Penn St.</i>	1973	1974-78
<i>QB Terry Baker, Oregon</i>	1962	1963-65
<i>RB Billy Cannon, LSU**</i>	1959	-
RB Glenn Davis, Army	1946	1950-51
RB Les Horvath, Ohio State	1944	1947-48
RB Bruce Smith, Minnesota	1941	1948

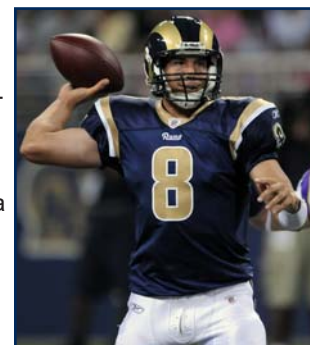
Italics indicate Heisman Trophy Winners who were drafted by the Rams.

*Crouch was drafted by the Rams in the third round in 2002 but was injured during the preseason and never played in a regular-season game with St. Louis.

**Cannon was the first overall pick in both the NFL and AFL drafts but chose to sign with the Houston Oilers rather than the Rams.

THE BRADFORD FILES

When the Rams chose Oklahoma QB Sam Bradford with the top overall selection in April's draft, it marked the first time since 1967 that the organization had drafted a signal caller in the first round. Until Bradford's selection, the Rams were the only NFL team that hadn't used a first-round pick on a quarterback in the common draft era (since 1969).



QB Sam Bradford

Bradford came to the Rams with quite an impressive college resume. Here are some of his key accomplishments from his career at Oklahoma.

- A 2008 consensus All-American first-team selection, was also the recipient of the Davey O'Brien Award, Sammy Baugh Trophy and Chic Harley Award winner.
- Holds school records for passing yards (8,403), touchdown passes (88) and completion percentage (67.64).
- Threw for 300 or more yards in 14 games, tying an OU record.
- One of just four quarterbacks in major college history to pass for 50 or more touchdowns in a season (Colt Brennan, David Klingler, B.J. Symons).
- Set an NCAA freshman record with 37 touchdown passes in 2007.

HISTORIC RETURNS

WR Danny Amendola became the Rams season record holder for kickoff returns, kickoff return yards, combined kick returns and total return yards in 2009.

Amendola finished the season with 66 kickoff returns for 1,618 yards, both franchise records and league-leading marks this season. Amendola added 31 punt returns for 360 yards. His 97 combined punt and kick returns and 1,978 total return yards are also franchise records. His 1,978 total return yards led the NFL.



WR Danny Amendola

In Week 14 at Tennessee (12/20), Amendola returned a team-record nine kickoffs for 217 yards. The 217 yards are the third-most in team history behind Tony Horne's 267 yards at Kansas City (10/22/00) and Derek Stanley's 229 yards vs. Pittsburgh (12/20/07). Amendola added one punt return for 6 yards to give him 223 total return yards in the game, the fifth-highest total in Rams history and the most since Derek Stanley tallied 229 return yards, all on kickoffs, vs. Pittsburgh (12/20/07).

Amendola set the single-season franchise mark for kickoff return yards with a 159 yard performance in Week 15 vs. Houston (12/20). Amendola passed the previous team record of 1,379 yards set in 2000 by Tony Horne.

Amendola set the single-season franchise mark for kickoff returns a week later at Arizona (12/27), surpassing the previous team record of 61 returns set in 1981 by Drew Hill.

Amendola recorded five kickoff returns over 40 yards this season, including 55- and 58-yard returns. He tallied a 56-yard punt return in Week 17 vs. San Francisco (1/3/10). The return was the longest by a Ram since Dante Hall returned a punt 85 yards for a touchdown at Dallas (9/30/07).

Amendola also contributed on offense, totaling 43 catches for 326 yards. In Week 11 vs. Arizona (11/22), Amendola established a career-high with 61 receiving yards on four catches. In Week 12 vs. Seattle (11/29), Amendola made his first career start and established a career-high with seven receptions. Amendola finished the game with 55 receiving yards. Amendola made his first career touchdown catch on a 2-yard pass in Week 15 vs. Houston (12/20).

IT'S A SNAP

Rams veteran long snapper Chris Massey is back.

Massey played in the Rams first seven games in 2009 but suffered a season-ending knee injury in Week 7 vs. Indianapolis (10/25). When Massey's season ended he had been successful on all 49 attempts giving him a string of 361 since Dec. 11, 2006 vs. Chicago.

Prior to a botched snap in the game vs. Chicago, Massey registered a string of 528 consecutive clean snaps beginning Sept. 8, 2002 at Denver. Mistakes are not common for Massey. A eighth-year veteran from Marshall, Massey has made clean snaps on 889 of 890 career attempts (99.9 percent).



LS Chris Massey

LONG DISTANCE

K Josh Brown led the Rams with 73 points last season, and converted 19 of 24 field goals, including six of seven field goals from 50 or more yards.

The six 50-yard field goals tied the team record for most field goals from 50-plus in a season. Brown previously tied the record in 2008 after Tony Zendejas set it in 1993.

Since entering the NFL in 2003, Brown has made 25 field goals from 50-plus yards, most among active kickers during that time. Brown's 66.7 career field goal percentage is fourth among active kickers (minimum of 10 field goal attempts) during that time period.

Most 50+ yard Field Goals By Since 2003

(active kickers)

	50+ FG	Pct.
Josh Brown	25	66.7
Jason Hanson	21	70.0
Sebastian Janikowski	21	51.2
John Kasay	16	48.5
Ryan Longwell	16	69.6
Neil Rackers	16	47.1



K Josh Brown

INSIDE THE 20

P Donnie Jones is known for his strong leg as he averaged 50.0 yards per kick in 2008, but in 2009 Jones showed he can place the ball inside the opponent's 20-yard line when asked.

In 2009, Jones finished the season with a career-high 34 punts inside the 20. The 34 punts inside the 20 are a Rams' single-season franchise record (since 1976), surpassing Dale Hatcher's 32 punts inside the 20 established in 1985. Thirteen of Jones 34 punts inside the 20 were stopped inside the 10-yard line.

For his efforts, Jones was named second-team All-Pro by the Associated Press for the second consecutive year in 2009.



P Donnie Jones

SPECIAL IMPACT

LB Chris Chamberlain has made an impact on special teams for the Rams in his two seasons with the club.

After recording 19 special teams tackles as a rookie, he followed up with a career-high and team-leading 28 special teams tackles in 2009.

The 28 tackles are the second-most by a Ram since the team moved to St. Louis in 1995. London Fletcher holds the "St. Louis" Rams record with 30 special teams tackles in 1998.

Most Special Teams Tackles By A Ram Since 1995

	Tackles	Year
London Fletcher	30	1998
Chris Chamberlain	28	2009
Bryce Fisher	27	2003
Gerald McBurrows	25	1995



LB Chris Chamberlain

LONG ON TALENT

DE Chris Long finished his second NFL season in 2009 with 56 tackles (33 solo) and ranked second on the team with a career-high 5.0 sacks. Long led the team with 15 quarterback hits and nine quarterback pressures. Long's best football came as the season progressed as all five of his sacks came in the final nine games of the season.

Long produced sacks in three consecutive games from Week 8-11. In Week 13 at Chicago (12/6), Long recorded his fourth sack of the season, tying his career-high set in his rookie season in 2008.

Long established a new career-high with 5.0 sacks when he took down Arizona QB Kurt Warner in Week 16 at Arizona (12/27). Long was productive in the game tallying three solo tackles, including two tackles for loss and the sack. He was also credited with two quarterback hits and a forced fumble.

Despite not recording a sack, Long pressured Jaguars QB David Garrard throughout the Week 6 contest at Jacksonville (10/18). Long made six tackles and added two quarterback pressures and three quarterback hits.



DE Chris Long sacks Cardinals QB Matt Leinart in Week 11 vs. Arizona (11/22).

"THE" RAMS LINEBACKERS



Na'il Diggs

The Rams have a bit of an anomaly at the linebacker position. St. Louis currently has four linebackers on its roster that played at

Ohio State, and the Rams will likely open the season with three former Buckeyes starting at the position.



James Laurinaitis, who led the Rams in tackles as a rookie last season, mans the middle. The Rams signed veteran Na'il Diggs as a free agent this spring, and currently sits atop the depth chart at the Sam linebacker spot. In May, the Rams acquired Bobby Carpenter from the Cowboys via trade, and the former first round draft pick will compete with another former Buckeye, Larry Grant, for the starting Will spot. Grant appeared in all 16 games for the Rams last season and is a valuable special teams contributor in addition to his role on defense.



James Laurinaitis

BEST AMONG ROOKIE 'BACKERS

Rams LB James Laurinaitis was one of seven linebackers chosen on the first day (Rounds 1-2) of the 2009 NFL Draft. Based on statistics obtained from each of the seven linebackers' teams, Laurinaitis led all of the first day linebackers with 146 tackles last season.

Top Tacklers Among Linebackers Selected on Day 1 of 2009 Draft

Player / Team	Round/Overall	Total	Solo	Asst.	Sacks
James Laurinaitis / STL	2/35th	146	98	48	2.0
Brian Cushing / HOU	1/15th	134	87	47	5.0
Rey Mauluga / CIN	2/38th	80	44	36	1.0
Aaron Curry / SEA	1/4th	60	53	7	2.0
Clay Matthews / GB	1/26th	58	42	16	10.0
Robert Ayers / DEN	1/18th	18	13	5	0.0
Clint Sintim / NYG	2/45th	10	7	3	1.0



Linebacker James Laurinaitis was the fifth linebacker selected in the 2009 NFL Draft but was the leading tackler among those taken on the first day.

BIG PLAY O.J.

S Oshiomogho Atogwe (O.J.) started 12 games at free safety for the Rams in 2009 before suffering a season-ending shoulder injury at Chicago in Week 13 (12/6).

Despite missing the final four games of the season, Atogwe ranked second on the team with 84 tackles (40 solo). He tied for the team lead with three forced fumbles and added two interceptions and two fumble recoveries.



S Oshiomogho Atogwe

In June, Atogwe signed a long-term extension with the Rams that will keep him in St. Louis for the foreseeable future. That deal came because he's shown a knack for making big plays in his career. Since becoming a full-time starter in 2006, Atogwe has 37 combined forced fumbles and interceptions (19 forced fumbles, 18 interceptions), most in the NFL during that time.

Atogwe has 19 career interceptions and 15 since the start of 2007. Atogwe's 15 interceptions are tied for fourth-most in the NFL during that time, trailing only Green Bay CB Charles Woodson's 20, Baltimore S Ed Reed's 19 and Philadelphia CB Asante Samuel's 19. Jets CB Antonio Cromartie also has 15 interceptions.

RON'S WORLD

Despite dealing with a thigh injury for most of the 2009 campaign, CB Ron Bartell started 15 games and led the team with 10 passes defended. The 10 passes defended gave Bartell his third-consecutive season with double-digit pass breakups.

Bartell added 75 tackles (52 solo), the second-highest tackle total of his career, and tied for the team-lead with three forced fumbles, a career-high. Bartell also recorded one fumble recovery.



CB Ron Bartell

TIES THAT BIND

The Rams roster currently features nine players who were previously associated with either Head Coach Steve Spagnuolo, Offensive Coordinator Pat Shurmur or Defensive Coordinator Ken Flajole prior to coming to St. Louis.

Prior to becoming Rams head coach in 2009, Spagnuolo was the New York Giants' defensive coordinator for two years (2007-08) and spent eight seasons with the Philadelphia Eagles, where he coached linebackers and defensive backs. Shurmur was Philadelphia's quarterbacks coach from 2002-08, and before taking over the Rams' defense, Flajole's most recent job was coaching linebackers with the Carolina Panthers.

Here's a look at the current Rams who previously worked with either Spagnuolo, Shurmur or Flajole.

Player	Coach	Team/Years
S James Butler	Spagnuolo	Giants, 2007-08
CB Kevin Dockery	Spagnuolo	Giants, 2007-08
S Craig Dahl	Spagnuolo	Giants, 2007-08
LB Na'il Diggs	Flajole	Panthers, 2006-09
QB A.J. Feeley	Spagnuolo/Shurmur	Eagles, 2001-03, 06-08
C/G Hank Fraley	Spagnuolo/Shurmur	Eagles, 2000-05
DT Gary Gibson	Flajole	Panthers, 2007-08
TE Darcy Johnson	Spagnuolo	Giants, 2007-08
DT Fred Robbins	Spagnuolo	Giants, 2007-08



Rams DT Fred Robbins gives head coach Steve Spagnuolo a pat on the back during training camp. Robbins was a member of the New York Giants during Spagnuolo's two seasons as the club's defensive coordinator, and Robbins says his relationship with his coach was a major reason he decided to join the Rams as a free agent this spring.

FOURTH YEAR'S THE CHARM?

Rams wide receiver Laurent Robinson was off to a strong start to the 2009 season when an ankle injury ended his third NFL campaign just three games into the year.

Robinson is now healthy and looking for a breakout year. Year 4 has been just that for a few of the NFL's big-name wide receivers lately, and Robinson would love to join that group of impressive names. Here's a look at a few of the game's top receivers who saw significant statistical increases in their fourth seasons.

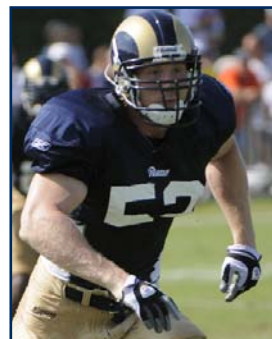


WR Laurent Robinson

Player	Year 2			Year 3			Year 4		
	Rec.	Yds.	Tds	Rec.	Yds.	Tds	Rec.	Yds.	Tds
Miles Austin	5	76	0	13	278	3	81	1,320	11
Vincent Jackson	27	453	6	41	623	3	59	1,098	7
Derrick Mason	25	333	3	8	89	0	63	895	5
Reggie Wayne	49	716	4	68	838	7	77	1,210	12
Wes Welker	1	29	0	67	687	1	112	1,175	8
Laurent Robinson	5	52	0	13	167	1	???	???	???

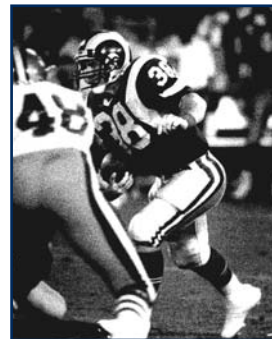
FAMILY BUSINESS

In May, the Rams acquired linebacker Bobby Carpenter from the Dallas Cowboys in exchange for offensive tackle Alex Barron. The move made Carpenter the second member of his immediate family to don the horns.



LB Bobby Carpenter

Carpenter's father, Rob, spent the final season of his 10-year NFL career with the Los Angeles Rams. Rob Carpenter began his career in 1977 with the Houston Oilers. The bruising fullback was traded to the Giants midway through the 1981 season and then appeared in six games with the Rams in 1986. The older Carpenter's career totals include 4,363 rushing yards and 29 touchdowns on the ground. He also racked up 1,707 receiving yards and caught five touchdown passes.



Former Rams FB Rob Carpenter

Bobby Carpenter is in the mix for the Rams' starting Will linebacker job. He already made one huge play this offseason. Carpenter trimmed eight inches off his long blonde hair and donated his mane to "Locks of Love," a charitable organization that makes wigs for cancer patients.

HARDWOOD TO GRIDIRON

The NFL has seen a handful of former college hoopsters transfer their athleticism to the gridiron, and Rams tight end Fendi Onobun looks to do the same.



Fendi Onobun

Onobun, who the Rams selected in the sixth round of April's draft, was a McDonald's All-American in high school before enjoying a four-year basketball career at the University of Arizona. When his basketball eligibility ran out, he enrolled at the University of Houston and spent one season playing football for the Cougars. Now he hopes to follow in the footsteps of Antonio Gates and Tony Gonzalez, both of whom became Pro Bowl tight ends following successful college basketball careers.

HIGHLIGHTS FROM PRESEASON WEEK 2

- QB A.J. Feeley led the Rams on a 65-yard touchdown drive on St. Louis' opening possession of the night. Feeley was 5-of-6 passing for 45 yards in his only drive of the night.

- Thanks to a strong effort by the Rams' first-team defense, the Browns were 0-for-5 on third down in the first half. The Rams forced five turnovers on the night as well.



C Jason Brown and QB A.J. Feeley

- Rams RB Steven Jackson saw his first action of the preseason and rushed for 20 yards on four carries. Jackson picked up 11 yards on his first rush as he helped St. Louis put together a 65-yard touchdown drive on its first offensive possession.

- Rams defenders combined for four sacks on the night, two by rookie DE Hall Davis and one each from DTs Fred Robbins and Clifton Ryan.

PERSONNEL BREAKDOWN

QUARTERBACKS

8 Sam Bradford – Top overall pick in April's Draft won 2008 Heisman Trophy and holds Oklahoma records for career passing yards (8,403), touchdown passes (88) and completion percentage (67.64). He's also one of just four players in major college football history to throw 50 touchdown passes in a season.

4 A.J. Feeley – Experienced, veteran who has spent time as a starter and reserve throughout his 10-year NFL career. Has an extensive history with Head Coach Steve Spagnuolo and Offensive Coordinator Pat Shurmur from his time in Philadelphia with the coaches. Has passed for 4,070 yards with 27 touchdowns and 29 interceptions.

12 Thaddeus Lewis – Undrafted free agent out of Duke led the ACC and ranked 10th nationally in passing yards per game (277.5 ypg) last season. Also ranked second in the ACC in total offense (281.5 ypg) as a senior

9 Keith Null – A 2009 sixth-round draft choice from West Texas A&M holds 22 West Texas, Lone Star Conference or NCAA records, including the West Texas career records for passing yards (9,769), completion percentage (67.5), touchdown passes (92) and total offense (9,174).

RUNNING BACKS

34 Kenneth Darby – Played in all 16 games with one start in 2009. Darby was the Rams second-leading rusher with 152 yards on 27 carries. He added 18 catches for 96 yards and also saw action on special teams.

39 Steven Jackson – Earned the second Pro Bowl selection of his career after leading the NFC with 1,416 yards. Jackson started 15 games despite dealing with a back injury in the last few weeks of the season that prevented him from practicing.

44 Mike Karney – Played in 14 games with eight starts. Karney helped clear paths for RB Steven Jackson to gain 1,738 yards from scrimmage, fifth in the NFL.

42 Jamie McCoy – Undrafted free agent played quarterback, tight end and wide receiver at Texas A&M. He'll play both fullback and tailback in his first NFL training camp.

22 Chris Ogbonnaya – Spent the first part of the season on the practice squad before being signed to the active roster prior to Week 12 vs. Seattle (11/29). Ogbonnaya played in two games and totaled 11 rushes for 50 yards (4.5-yard average).

38 Keith Toston – Undrafted free agent from Oklahoma State was first-team All-Big Twelve as a senior after rushing for 1,218 yards and 11 touchdowns. He finished second in the Big 12 in rushing yards.

WIDE RECEIVERS

84 Danario Alexander – Rookie free agent led the nation in receiving yards in 2009 and also hauled in 14 touchdown passes for Missouri.

16 Danny Amendola – Played in 14 games with two starts after being signed from Philadelphia's practice squad. Amendola set franchise marks with 66 kickoff returns for 1,618 yards. Amendola ranked third on the team with 43 catches for 326 yards and one touchdown.

17 Donnie Avery – Started all 16 games and led the team with 589 yards and a career-high five touchdowns on 47 catches. Avery tallied the first multi-touchdown game of his career in Week 10 at New Orleans (11/15) when he made two touchdown catches.

14 Keenan Burton – Competed in nine games with six starts in '09 and logged 25 catches for 253 yards for an average of 10.1 yards per catch. Had season cut short due to knee injury.

15 Dominique Curry - Undrafted free agent was a two-sport start at Cheyney University before transferring to California (PA) for senior season.

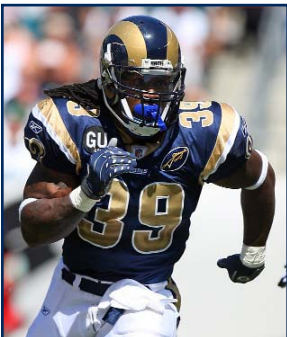
11 Brandon Gibson – Joined the Rams on Oct. 19 in a trade with Philadelphia. Gibson ranked second on the team with 348 receiving yards on 34 catches. Gibson played in nine games with four starts for the Rams.



QB A.J. Feeley



QB Sam Bradford



RB Steven Jackson

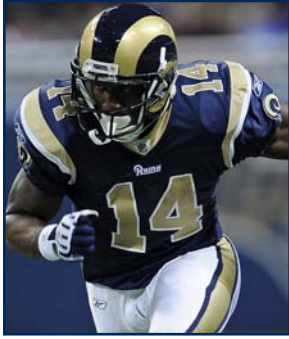


FB Mike Karney

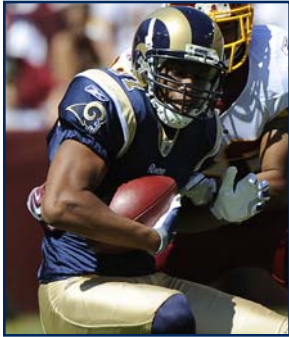


WR Donnie Avery

PERSONNEL BREAKDOWN



WR Keenan Burton



WR Laurent Robinson



TE Daniel Fells



T Jason Smith



C Jason Brown

WIDE RECEIVERS (CONT.)

81 Mardy Gilyard - Fourth-round draft pick caught 204 passes for 3,003 yards and 25 touchdowns at Cincinnati. Gilyard ranks second in Big East history in career receptions.

82 Jordan Kent – Signed with the Rams on Nov. 17. Kent played in his first game as a Ram in Week 13 vs. Chicago (12/6). Kent saw the majority of action on special teams, but made his first career catch in Week 17 vs. San Francisco (1/3/10).

83 Brandon McCrae - Undrafted rookie free agent caught 67 passes for 684 yards and three touchdowns in three seasons at Mississippi state.

19 Laurent Robinson – Was off to strong start in '09 before ankle injury prematurely ended his season. Logged 13 receptions for 167 yards, averaging 12.8 yards per catch and led Rams in receiving in both games in which he appeared.

TIGHT ENDS

47 Billy Bajema – An accomplished blocker and special teams player, Bajema caught eight passes for 94 yards last season in his first year with the Rams.

46 Daniel Fells – Played in 14 games with four starts in 2009 and established new career-highs with 21 receptions for 273 yards and three touchdowns

86 Michael Hoomanawanui - Fifth-round draft pick played in 38 games at Illinois and finished career with 40 receptions for 490 yards and four touchdowns.

87 Darcy Johnson - Former New York Giant's career totals include nine catches for 78 yards and two touchdowns.

48 Fendi Onobun - Sixth-round draft choice played one year of football at Houston after enjoying college basketball career at Arizona.

OFFENSIVE LINE

70 Roger Allen III – Second-year pro played in two games as a rookie and started at guard in 2009 season finale against San Francisco.

63 Jacob Bell – Started 13 games in '09 before being placed on reserved/injured list 12/15 with a hamstring injury. Was part of an offensive line that allowed RB Steven Jackson to rush for a career-high seven 100-yard performances.

60 Jason Brown – Started all 16 games at center, despite dealing with knee injuries. Blocking efforts helped RB Steven Jackson rush for an NFC-leading 1,416 yards.

71 Renardo Foster – Spent 2009 offseason with Rams and has spent time with the Falcons and Saints.

65 Hank Fraley – Versatile guard/center joined the Rams this spring after four seasons in Cleveland. Has played in 135 games with 123 starts in 10 NFL season as well as 10 postseason starts, including Super Bowl XXXIX with the Eagles.

69 Joe Gibbs –Three-time Football Championship Subdivision All-American joined Rams as an undrafted free agent in June.

73 Adam Goldberg – One of three Rams offensive linemen to play in all 16 games, starting 14. Saw action at right guard and right tackle. Crafty veteran has appeared in 80 games in seven seasons.

79 John Greco – Played in a career-high 11 games in 2009, starting a career-high three. Former third-round draft pick has appeared in 20 career games.

62 Tim Mattran – Re-joined the Rams in August after spending 2009 offseason with the club. Has spent time on practice squad with Jacksonville and Oakland.

68 Ryan McKee – Was on Rams active roster for three weeks in '09 and was inactive for one week with Jets as well. Spent time on New York's practice squad in '09.

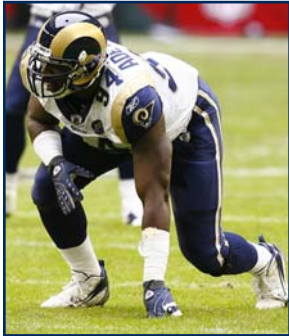
PERSONNEL BREAKDOWN



G Jacob Bell



G/T Adam Goldberg



DE Victor Adeyanju



DT Clifton Ryan



DE Chris Long

OFFENSIVE LINE (CONT.)

67 Drew Miller – Joined the Rams practice squad last December and has also spent time with Jaguars

76 Rodger Saffold - Second-round pick was a second-team All-Big 10 performer at Indiana and hopes to battle for the starting right tackle job.

77 Jason Smith – Former second-overall pick played in eight games with five starts as a rookie. Missed seven games due to a knee injury and a concussion.

64 Phil Trautwein – Appeared in four games with the Rams as a rookie in 2009 and now looks to establish himself on the offensive line.

61 Eric Young – Spent 13 weeks on the practice squad before joining the active roster for final two games in 2009.

DEFENSIVE LINE

94 Victor Adeyanju – Played in 10 games with one start in '09 after being declared inactive for the first six games of the season. Adeyanju made his first start of the season in Week 16 at Arizona (12/27) and tallied five total tackles, two quarterback hits and a fumble recovery.

98 C.J. Ah You – Played in eight career games with one start, tallying 18 tackles (13 solo), one sack, two passes defended and three special teams tackles.

68 Jermelle Cudjo – Undrafted rookie free agent was a Division II preseason All-American in '09 at Central Oklahoma.

90 Hall Davis – Fifth-round pick was honorable mention All-Sun Belt as a senior and recorded 6.5 sacks and 11 tackles for loss during final two seasons with the Cajuns.

71 Gary Gibson – Earned starting role at defensive tackle and was in the starting lineup for five games before an ankle injury cut his season short in October.

96 James Hall – Started all 14 games he played and ranked third on the team with 4.5 sacks. Hall's 59 tackles ranked second among Rams' defensive linemen.

72 Chris Long – The No. 2 overall selection in the 2008 NFL Draft, Long ranked second on the team with a career-high 5.0 sacks. Long played all 16 games with four starts and lead the team with 15 quarterback hits and nine quarterback pressures.

98 Fred Robbins – Eleventh-year pro has played in 149 games with 116 starts. Played for Steve Spagnuolo with the Giants. Has six postseason starts and was a key member of Super Bowl XLII champions.

92 Ernest Reid – Starred at small college St. Mary's after beginning collegiate career at Utah State.

95 Clifton Ryan – Started 15 of 16 games at defensive tackle in 2009. Ryan led the team with nine tackles for loss and led Rams' defensive linemen with 60 tackles (44 solo).

97 Darell Scott – Fourth-round draft choice (103rd overall) from Clemson University started five of the final six games of the season. Scott made the first start of his career in Week 12 vs. Seattle (11/29) and tallied a career-high four tackles (three solo).

67 George Selvie – Seventh-round draft pick was a two-time All-American at South Florida and collected 29 career sacks during college career.

92 Eugene Sims – Sixth-round selection was the two-time Lone Star Conference Defensive Lineman of the Year recorded 17 sacks in two seasons at West Texas A&M.

PERSONNEL BREAKDOWN

LINEBACKERS



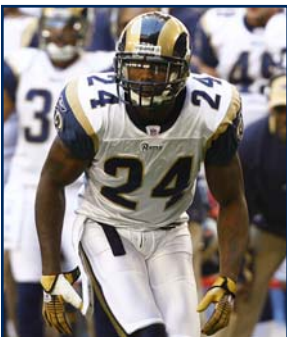
LB James Laurinaitis



LB Na'il Diggs



S Oshiomogho Atogwe



CB Ron Bartell



S James Butler

52 Bobby Carpenter – Former Cowboys first-round pick was acquired via trade this spring and is expected to start at Will linebacker.

57 Chris Chamberlain – 2008 seventh-round draft choice led the team with a career-high 28 special teams tackles. The 28 special teams tackles are the second-most by a Ram since the team moved to St. Louis in 1995.

53 Na'il Diggs – Eleventh-year veteran signed with the Rams as an unrestricted free agent. His career totals include 766 tackles, 11.5 sacks and five interceptions.

54 Dominic Douglas – Spent seven weeks on active roster and nine on the practice squad after joining the Rams as an undrafted rookie free agent last spring.

59 Larry Grant – Played in all 16 games last season, seeing action on defense and special teams. In Week 4 at San Francisco (10/4), Grant recorded the first sack of his career.

56 Josh Hull – Seventh-round pick began his career as a walk on at Penn State and led the Nittany Lions with 116 tackles as a senior.

51 Cardia Jackson – Undrafted rookie free agent out of Louisiana-Monroe was Sun Belt Conference's leading tackler in 2009.

55 James Laurinaitis – Last season became only the second rookie in Rams' history to lead the team in tackles. Laurinaitis recorded 146 tackles (98 solo), the most by a rookie in franchise history.

58 David Vobora – Final pick in the 2008 NFL Draft started 10 of 12 games that he played in 2009 and made 40 tackles (28 solo) on defense and six on special teams.

DEFENSIVE BACKS

21 Oshiomogho Atogwe - Started 12 games in 2009 before being placed on reserved/injured list with a shoulder injury. Despite missing four games, finished second on the team with 82 tackles (38 solo), one sack, two interceptions, three passes defended, three forced fumbles and two fumble recoveries.

24 Ron Bartell – Started 15 games and led the team with 10 passes defended. Bartell added 75 tackles, fourth on the team, and tied for the team lead with three forced fumbles.

37 James Butler – Led the team with three interceptions and ranked third on the team with 81 tackles. Butler started all 13 games he played in 2009.

36 Quincy Butler – Played in 14 games with seven starts, six at right cornerback. Butler finished second on the team with a career-high six passes defended.

43 Craig Dahl – A 2009 free agent addition started eight games this season – four in place of Oshiomogho Atogwe and three in place of James Butler. Dahl finished fifth on the team with 81 tackles (46 solo) and recovered two fumbles.

35 Kevin Dockery – Former New York Giant has appeared in 51 games with three interceptions in four NFL seasons.

32 Bradley Fletcher – Played in seven games with three starts as a rookie before suffering season-ending knee injury.

26 Brett Johnson – Rookie free agent was a two-year starter at Cal. Joined Rams after stints with Bills and Eagles.

25 Marquis Johnson – Seventh-round pick played a key role for 2009 National Champions at Alabama.

31 Justin King – Played in 15 games with seven starts this season after missing the 2008 season with a toe injury. King tallied 49 tackles (30 solo) and two passes defended.

23 Jerome Murphy – Third-round draft pick was first-team all Big East performer at South Florida.

PERSONNEL BREAKDOWN

DEFENSIVE BACKS (CONT.)

- 30 Kevin Payne – Former Chicago Bear started six games at strong safety in 2009 and posted 60 tackles as well as five pass breakups.
- 20 Darian Stewart – Undrafted free agent from South Carolina logged 58 tackles in 2009 (fourth on the squad) including 7.0 tackles for loss.
- 41 Antoine Thompson – Undrafted free agent played two seasons at Nevada - Reno after transferring from Reedley College.



K Josh Brown



P Donnie Jones



LS Chris Massey

SPECIALISTS

- 3 Josh Brown - Led the Rams with 73 points. Brown converted 19 of 24 field goals this season. His six field goals from 50 or more yards tied a team record. Brown's 25 career field goals from 50 or more yards are the most among active kickers since 2003.
- 5 Donnie Jones – Finished last season with a career-high and franchise-record 34 punts inside the 20. Jones produced a 46.8-yard gross average and a career-high 41.7-yard net average. Jones is the Rams career leader with a 48.0-yard gross average.
- 45 Chris Massey – Longest-tenured Ram returns after 2009 season was cut short by injury. Has made clean snaps on 889 of 890 career attempts (99.9 percent).



ST. LOUIS RAMS 2010 PRESEASON DEFENSIVE STATS



(based on coaches' video tape evaluations)

TACKLES	Total	Solo	Asst.	TFL	Sacks	Yards	Int.	*PD	QB Press.	QB Hits	*FF	*FR
Marquis Johnson	17	11	6	0	0.0	0.0	0	3	0	1	0	0
Craig Dahl	12	6	6	0	0.0	0.0	0	0	0	0	0	0
Josh Hull	9	4	3	2	0.0	0.0	0	0	0	0	0	0
David Vobora	7	4	2	1	0.0	0.0	0	0	0	0	0	0
Darell Scott	7	2	5	0	0.0	0.0	0	1	0	0	0	0
Larry Grant	6	4	1	1	0.0	0.0	0	2	0	0	1	0
Kevin Payne	6	1	5	0	0.0	0.0	0	1	0	0	0	0
Quincy Butler	5	4	1	0	0.0	0.0	1	1	1	0	0	0
George Selvie	5	3	2	0	1.0	15.0	0	0	0	0	1	0
Victor Adeyanju	5	2	2	1	0.0	0.0	0	0	2	0	0	0
Chris Long	5	1	3	1	0.0	0.0	0	1	0	0	0	0
James Laurinaitis	4	3	1	0	0.0	0.0	0	1	0	1	0	0
Chris Chamberlain	4	2	2	0	0.0	0.0	0	0	0	0	0	0
Ernest Reid	4	2	2	0	0.0	0.0	0	0	0	0	0	0
Darian Stewart	4	2	2	0	0.0	0.0	0	1	0	0	0	0
James Hall	4	1	3	0	0.0	0.0	0	0	0	0	0	0
Antoine Thompson	3	3	0	0	0.0	0.0	0	1	0	0	0	0
Dominic Douglas	3	2	1	0	0.0	0.0	0	0	0	1	0	0
Ron Bartell	3	2	1	0	0.0	0.0	0	0	0	0	0	0
Bobby Carpenter	3	1	2	0	0.0	0.0	1	0	0	0	0	0
Na'il Diggs	2	2	0	0	0.0	0.0	0	1	0	0	0	0
Jermelle Cudjo	2	1	0	1	1.0	7.0	0	0	0	1	0	0
Gary Gibson	2	1	1	0	0.0	0.0	0	0	1	1	0	0
Bradley Fletcher	2	1	1	0	0.0	0.0	0	0	0	0	0	0
Brett Johnson	2	1	1	0	0.0	0.0	0	0	0	0	0	0
Clifton Ryan	2	0	1	1	1.0	0.0	0	0	0	0	0	0
Oshiomogho Atogwe	1	3	1	0	0.0	0.0	0	0	0	1	0	0
Kevin Dockery	1	1	0	0	0.0	0.0	0	0	0	0	0	0
Hall Davis	1	1	0	0	2.0	11.0	0	0	0	0	0	0
C.J. Ah You	1	1	0	0	0.0	0.0	0	0	1	0	0	0
Jerome Murphy	1	0	1	0	0.0	0.0	0	1	0	0	0	0
Cardia Jackson	1	0	1	0	0.0	0.0	0	0	0	0	0	0
David Roach	1	0	1	0	0.0	0.0	0	0	0	0	0	0
Fred Robbins	1	0	1	0	1.0	6.0	0	1	0	0	0	1
Marcus Brown	1	0	1	0	0.0	0.0	0	0	0	0	0	0
Total	140	72	60	8	6.0	39.0	2	15	5	6	2	1

Tackle totals include tackles for loss

* PD is passes defensed

* Fumbles recovered and forced on special teams are listed below

SPECIAL TEAMS STATISTICS

	Total	Solo	Ast.	FF	FR	BK	BK Rec
Larry Grant	5	3	2	1	0	0	0
Josh Hull	5	1	4	1	0	0	0
Dominique Curry	3	3	0	0	0	0	0
Craig Dahl	3	3	0	0	0	0	0
Fendi Onobun	3	3	0	0	0	0	0
Chris Chamberlain	3	2	1	0	0	0	0
Bobby Carpenter	3	2	1	0	0	0	0
Chris Massey	3	1	2	0	1	0	0
Antoine Thompson	2	2	0	0	0	0	0
Kenneth Darby	1	1	0	0	0	0	0
Chris Ogbonnaya	1	1	0	0	0	0	0
Dominic Douglas	1	0	1	0	0	0	0
David Vobora	1	0	1	0	0	0	0
David Roach	1	0	1	0	0	0	0
Kevin Payne	1	0	1	0	0	0	0
Darian Stewart	1	0	1	0	0	0	0
Marcus Brown	1	0	1	0	0	0	0
Keith Toston	1	0	1	0	0	0	0
Michael Hoomanawanui	0	0	0	0	1	0	0
Total	39	22	17	2	2	0	0

SACK LEADERS

	No.	Yards
Hall Davis	2.0	11.0
George Selvie	1.0	15.0
Jermelle Cudjo	1.0	7.0
Fred Robbins	1.0	6.0
Clifton Ryan	1.0	0.0
Total	6.0	39.0

St. Louis Rams / Week 3 / Through Saturday, August 21, 2010 / Preseason

Won 1, Lost 1

8/14/2010 L 7- 28 Minnesota Vikings
 8/21/2010 W 19- 17 at Cleveland Browns

	St. Louis	Opponent
Total First Downs	20	38
Rushing	2	9
Passing	15	27
Penalty	3	2
3rd Down: Made/Att	9/33	14/31
3rd Down Pct.	27.3%	45.2%
4th Down: Made/Att	0/2	1/3
4th Down Pct.	0.0%	33.3%
Possession Avg.	27:12	32:48
Total Net Yards	322	699
Avg. Per Game	161.0	349.5
Total Plays	119	139
Avg. Per Play	2.7	5.0
Net Yards Rushing	90	176
Avg. Per Game	45.0	88.0
Total Rushes	46	58
Net Yards Passing	232	523
Avg. Per Game	116.0	261.5
Sacked/Yards Lost	6/35	6/39
Gross Yards	267	562
Attempts/Completions	67/32	75/47
Completion Pct.	47.8%	62.7%
Had Intercepted	0	2
Punts/Average	17/44.6	12/44.7
Net Punting Avg.	40.4	28.6
Penalties/Yards	7/45	17/108
Fumbles/Ball Lost	3/1	6/3
Touchdowns	2	6
Rushing	0	0
Passing	1	6
Returns	1	0

Score By Periods	Q1	Q2	Q3	Q4	OT	Pts
Team	20	0	0	6	0	26
Opponents	0	24	14	7	0	45

Scoring	TD	Ru	Pa	Rt	PAT	FG	2Pt	Pts
J.Brown	0	0	0	0	1/1	4/4	0	13
D.Fells	1	0	1	0	0/0	0/0	0	6
D.Amendola	1	0	0	1	0/0	0/0	0	6
S.Suisham	0	0	0	0	1/1	0/0	0	1
Team	2	0	1	1	2/2	4/4	0	26
Opponents	6	0	6	0	6/6	1/1	0	45

2-Pt. Conversions: Team 0/ 0, Opponents: 0/ 0
 Sacks: H.Davis 2.0, G.Selvie 1.0, J.Cudjo 1.0, F.Robbins 1.0, C.Ryan 1.0 **Team: 6.0, Opponents: 6.0**

Rushing	No.	Yds	Avg	Long	TD
K.Toston	17	39	2.3	7	0
K.Darby	8	25	3.1	6	0
S.Jackson	4	20	5.0	11	0
C.Ogbonnaya	12	14	1.2	7	0
M.Karney	1	0	0.0	0	0
S.Bradford	1	-2	-2.0	-2	0
K.Null	3	-6	-2.0	-1	0
Team	46	90	2.0	11	0
Opponents	58	176	3.0	22	0
Receiving	No.	Yds	Avg	Long	TD
C.Ogbonnaya	6	35	5.8	9	0
M.Hoomanawanui	4	59	14.8	25	0
B.Bajema	4	32	8.0	16	0
J.Kent	3	31	10.3	13	0
K.Burton	3	22	7.3	9	0
L.Robinson	2	27	13.5	18	0
D.Amendola	2	12	6.0	7	0
K.Toston	2	5	2.5	6	0
D.Curry	1	13	13.0	13	0
D.Fells	1	9	9.0	9t	1
F.Onobun	1	8	8.0	8	0
D.Johnson	1	7	7.0	7	0
D.Avery	1	4	4.0	4	0
M.Karney	1	3	3.0	3	0
B.Foster	0	0	0	0	0
M.Gilyard	0	0	0	0	0
J.McCoy	0	0	0	0	0
Team	32	267	8.3	25	1
Opponents	47	562	12.0	71t	6

Interceptions	No.	Yds	Avg	Long	TD
B.Carpenter	1	6	6.0	6	0
Q.Butler	1	0	0.0	0	0
Team	2	6	3.0	6	0

Punting	No	Yds	Avg	Net	TB	In	Lg	B
D.Jones	17	759	44.6	40.4	0	5	60	0
Team	17	759	44.6	40.4	0	5	60	0
Opponents	12	536	44.7	28.6	1	2	56	0
Punt Returns	Ret	FC	Yds	Avg	Long	TD		
D.Amendola	3	2	102	34.0	93t	1		
M.Gilyard	3	0	49	16.3	23	0		
A.Thompson	1	0	12	12.0	12	0		
Q.Butler	1	0	10	10.0	10	0		
Team	8	2	173	21.6	93t	1		
Opponents	12	2	72	6.0	17	0		

Kickoff Returns	No.	Yds	Avg	Long	TD
M.Gilyard	3	70	23.3	28	0
D.Amendola	3	60	20.0	20	0
K.Toston	1	36	36.0	36	0
A.Thompson	1	27	27.0	27	0
Q.Butler	1	26	26.0	26	0
Team	9	219	24.3	36	0
Opponents	8	159	19.9	28	0
Field Goals	1-19	20-29	30-39	40-49	50+
J.Brown	0/ 0	2/ 2	2/ 2	0/ 0	0/ 0
Team	0/ 0	2/ 2	2/ 2	0/ 0	0/ 0
Opponents	0/ 0	0/ 0	1/ 1	0/ 0	0/ 0

Fumbles Lost: D.Amendola 1 **Total: 1**
 Opponent Fumble Recoveries: F.Robbins 1, C.Massey 1, M.Hoomanawanui 1 **Total: 3**

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	Long	Sack	Lost	Rating
S.Bradford	27	12	81	44.4%	3.0	0	0.0%	0	0.0%	18	4/	18	51.6
K.Null	22	7	76	31.8%	3.5	0	0.0%	0	0.0%	25	2/	17	43.0
A.Feeley	12	8	64	66.7%	5.3	1	8.3%	0	0.0%	16	0/	0	107.6
T.Lewis	6	5	46	83.3%	7.7	0	0.0%	0	0.0%	13	0/	0	98.6
Team	67	32	267	47.8%	4.0	1	1.5%	0	0.0%	25	6/	35	63.5
Opponents	75	47	562	62.7%	7.5	6	8.0%	2	2.7%	71t	6/	39	101.1



RAMS UNOFFICIAL DEPTH CHART



8/22/2010

OFFENSE

WR	19 Laurent Robinson	14 Keenan Burton	82 Jordan Kent
		81 <u>Mardy Gilyard</u>	15 <u>Dominique Curry</u>
LT	76 <u>Rodger Saffold</u>	64 Phil Trautwein	71 Renardo Foster
LG	63 Jacob Bell	70 Roger Allen III	
C	60 Jason Brown	65 Hank Fraley	67 Drew Miller
			62 Tim Mattran
RG	73 Adam Goldberg	79 John Greco	69 <u>Joe Gibbs</u>
RT	77 Jason Smith	68 Ryan McKee	61 Eric Young
TE	47 Billy Bajema	46 Daniel Fells	87 Darcy Johnson
		86 <u>Michael Hoomanawanui</u>	48 <u>Fendi Onobun</u>
WR	17 Donnie Avery	16 Danny Amendola	11 Brandon Gibson
		83 Brandon McRae	84 <u>Danario Alexander</u>
QB	4 A.J. Feeley	8 <u>Sam Bradford</u>	9 Keith Null
			12 <u>Thaddeus Lewis</u>
FB	44 Mike Karney	42 <u>Jamie McCoy</u>	
HB	39 Steven Jackson	22 Chris Ogbonnaya	34 Kenneth Darby
			38 <u>Keith Toston</u>

DEFENSE

LDE	72 Chris Long	94 Victor Adeyanju	90 <u>Hall Davis</u>
LDT	98 Fred Robbins	71 Gary Gibson	62 <u>Ernest Reid</u>
RDT	95 Clifton Ryan	97 Darell Scott	68 <u>Jermelle Cudjo</u>
RDE	96 James Hall	99 C.J. Ah You	67 <u>George Selvie</u>
			92 <u>Eugene Sims</u>
SLB	53 Na'il Diggs	54 Dominic Douglas	51 <u>Cardia Jackson</u>
MLB	55 James Laurinaitis	58 David Vobora	56 <u>Josh Hull</u>
WLB	59 Larry Grant	52 Bobby Carpenter	57 Chris Chamberlain
LCB	24 Ron Bartell	36 Quincy Butler	23 <u>Jerome Murphy</u>
			25 <u>Marquis Johnson</u>
RCB	35 Kevin Dockery	32 Bradley Fletcher	41 <u>Antoine Thompson</u>
		31 Justin King	33 <u>Marcus Brown</u>
SS	43 Craig Dahl	30 Kevin Payne	20 <u>Darian Stewart</u>
			37 James Butler
FS	21 Oshiomogho Atogwe	26 <u>Brett Johnson</u>	

SPECIALISTS

P	5 Donnie Jones		
K	3 Josh Brown		
H	5 Donnie Jones	16 Danny Amendola	
LS	45 Chris Massey		
PR	16 Danny Amendola	36 Quincy Butler	81 <u>Mardy Gilyard</u>
KR	16 Danny Amendola	17 Donnie Avery	14 Keenan Burton



ST. LOUIS RAMS ALPHABETICAL ROSTER



8/23/2010

#	Player	Pos	Ht	Wt	Birth		NFL		College	H.S. Hometown	How Acq
					Date	Age	Exp				
94	Adeyanju, Victor	DE	6-4	284	2/11/83	27	5	Indiana	Chicago, Ill.	D4-'06	
99	Ah You, C.J.	DE	6-4	270	7/7/82	28	2	Oklahoma	Highland, Utah	FA-'07	
84	Alexander, Danario	WR	6-5	215	8/7/88	22	R	Missouri	Marlin, Texas	FA-'10	
70	Allen III, Roger	G	6-3	323	2/10/86	24	2	Missouri Western State	Raytown, Mo.	FA-'09	
16	Amendola, Danny	WR	5-11	186	11/2/85	24	2	Texas Tech	The Woodlands, Texas	FA-'09	
21	Atogwe, Oshiomogho	S	5-11	205	6/23/81	29	6	Stanford	Windsor, Ontario (Canada)	D3A-'05	
17	Avery, Donnie	WR	5-11	183	6/12/84	26	3	Houston	Alief, Texas	D2-'08	
47	Bajema, Billy	TE	6-4	259	10/31/82	27	6	Oklahoma State	Oklahoma City, Okla.	UFA(SF)-'09	
24	Bartell, Ron	CB	6-1	206	2/22/82	28	6	Howard	Detroit, Mich.	D2-'05	
63	Bell, Jacob	G	6-5	300	3/2/81	29	7	Miami (Ohio)	Cleveland, Ohio	UFA(TEN)-'08	
8	Bradford, Sam	QB	6-4	228	11/8/87	22	R	Oklahoma	Oklahoma City, Okla.	D1-'10	
60	Brown, Jason	C	6-3	328	5/5/83	27	6	North Carolina	Henderson, N.C.	UFA(BAL)-'09	
3	Brown, Josh	K	6-0	205	4/29/79	31	8	Nebraska	Foyil, Okla.	UFA(SEA)-'08	
33	Brown, Marcus	CB	6-2	203	4/2/86	24	1	McNeese State	Kentwood, La.	FA-'10	
14	Burton, Keenan	WR	6-0	206	10/29/84	25	3	Kentucky	Louisville, Ky.	D4B-'08	
37	Butler, James	S	6-3	209	9/7/82	27	6	Georgia Tech	Bainbridge, Ga.	UFA(NYG)-'09	
36	Butler, Quincy	CB	6-1	188	11/25/83	26	3	Texas Christian	San Antonio, Texas	W(DAL)-'08	
52	Carpenter, Bobby	LB	6-2	249	8/1/83	27	5	Ohio State	Lancaster, Ohio	T(DAL)-'10	
57	Chamberlain, Chris	LB	6-1	230	9/30/85	24	3	Tulsa	Bethany, Okla.	D7A-'08	
68B	Cudjo, Jermelle	DT	6-2	299	9/28/86	23	R	Central Oklahoma	Lawton, Okla.	FA-'10	
15	Curry, Dominique	WR	6-2	224	8/16/87	23	R	Cal (PA)	Philadelphia, Pa.	FA-'10	
43	Dahl, Craig	S	6-1	209	6/17/85	25	4	North Dakota State	Mankato, Minn.	FA-'09	
34	Darby, Kenneth	RB	5-10	219	12/26/82	27	3	Alabama	Huntsville, Ala.	FA-'08	
90	Davis, Hall	DE	6-4	273	3/2/87	23	R	Louisiana-Lafayette	Baton Rouge, La.	D5B-'10	
53	Diggs, Na'il	LB	6-4	240	7/8/78	32	11	Ohio State	Los Angeles, Calif.	FA-'10	
35	Dockery, Kevin	CB	5-8	188	1/8/84	26	5	Mississippi State	Hernando, MS	FA-'10	
54	Douglas, Dominic	LB	6-1	240	1/13/87	23	2	Mississippi State	Clinton, Miss.	FA-'09	
4	Feeley, A.J.	QB	6-3	220	5/16/77	33	10	Oregon	Caldwell, ID	UFA(CAR)-'10	
46	Fells, Daniel	TE	6-4	272	9/23/83	26	4	California-Davis	Fullerton, Calif.	FA-'08	
32	Fletcher, Bradley	CB	6-0	198	6/25/86	24	2	Iowa	Youngstown, Ohio	D3-'09	
71W	Foster, Renardo	T	6-7	333	7/15/84	26	2	Louisville	Ripley, Tenn.	FA-'10	
65	Fraley, Hank	C/G	6-3	310	9/21/77	32	11	Robert Morris	Gaithersburg, MD	FA-'10	
69	Gibbs, Joe	G	6-5	285	3/25/88	22	R	Tennessee-Martin	Brilliant, Ala.	FA-'10	
11	Gibson, Brandon	WR	6-0	210	8/13/87	23	2	Washington State	Puyallup, Wash.	T(PHI)-'09	
71	Gibson, Gary	DT	6-3	300	5/5/82	28	5	Rutgers	Lafayette, N.Y.	FA-'09	
81	Gilyard, Mardy	WR	5-11	194	12/2/86	23	R	Cincinnati	Brunell, Fla.	D4-'10	
73	Goldberg, Adam	T	6-7	309	8/12/80	30	7	Wyoming	Edina, Minn.	T(MIN)-'06	
59	Grant, Larry	LB	6-1	251	2/16/85	25	2	Ohio State	Sacramento, Calif.	FA-'08	
79	Greco, John	G	6-4	329	3/24/85	25	3	Toledo	Youngstown, Ohio	D3-'08	
96	Hall, James	DE	6-2	281	2/4/77	33	11	Michigan	New Orleans, La.	T(DET)-'07	
86	Hoomanawanui, Michael	TE	6-4	265	7/4/88	22	R	Illinois	Bloomington, Ill.	D5A-'10	
56	Hull, Josh	LB	6-3	239	5/21/87	23	R	Penn State	Millheim, Pa.	D7C-'10	
51	Jackson, Cardia	LB	6-0	223	4/13/88	22	R	Louisiana-Monroe	Monroe, La.	FA-'10	
39	Jackson, Steven	RB	6-2	236	7/22/83	27	7	Oregon State	Las Vegas, Nev.	D1-'04	
26	Johnson, Brett	DB	6-1	194	2/27/87	23	R	California	Las Vegas, Nev.	FA-'10	
87	Johnson, Darcy	TE	6-5	252	2/11/83	27	5	Central Florida	St. Augustine, Fla.	FA-'10	
25	Johnson, Marquis	DB	5-11	205	5/18/88	22	R	Alabama	Sarasota, Fla.	D7A-'10	
5	Jones, Donnie	P	6-2	225	7/5/80	30	7	Louisiana State	Baton Rouge, La.	RFA(MIA)-'07	
44	Karney, Mike	FB	5-11	260	7/6/81	29	7	Arizona State	Kent, Wash.	FA-'09	
82	Kent, Jordan	WR	6-4	219	7/24/84	26	3	Oregon	Eugene, Ore.	FA-'09	
31	King, Justin	CB	5-11	188	5/11/87	23	3	Penn State	Pittsburgh, Pa.	D4A-'08	
55	Laurinaitis, James	LB	6-2	247	12/3/86	23	2	Ohio State	Plymouth, Minn.	D2-'09	
12	Lewis, Thaddeus	QB	6-0	219	2/1/88	22	R	Duke	Opa Locka, Fla.	FA-'10	
72	Long, Chris	DE	6-3	276	3/28/85	25	3	Virginia	Charlottesville, Va.	D1-'08	
45	Massej, Chris	LS	6-0	237	8/21/79	31	9	Marshall	Chesapeake, W.V.	D7-'02	
62W	Mattran, Tim	C	6-5	298	10/23/84	25	1	Stanford	Chanhassen, Minn.	FA-'10	
42	McCoy, Jamie	FB	6-2	240	7/21/87	23	R	Texas A&M	Midland, Texas	FA-'10	
68W	McKee, Ryan	T	6-6	291	11/4/86	23	1	Southern Mississippi	Daphne, Ala.	W-'09 (NYJ)	
83	McRae, Brandon	WR	6-3	207	3/5/86	24	R	Mississippi State	Chester, Va.	FA-'10	
67W	Miller, Drew	C	6-5	303	7/6/85	25	2	Florida	Paducah, Ky.	FA-'09	
23	Murphy, Jerome	CB	6-0	200	1/13/87	23	R	South Florida	Elizabeth, NJ	D3-'10	
9	Null, Keith	QB	6-4	219	9/24/85	24	2	West Texas A&M	Lampasas, Texas	D6-'09	
22	Ogbonnaya, Chris	RB	6-0	225	5/20/86	24	2	Texas	Houston, Texas	D7-'09	
48	Onobun, Fendi	TE	6-6	249	11/17/86	23	R	Houston	Houston, Texas	D6A-'10	
30	Payne, Kevin	S	6-0	212	12/5/83	26	4	Louisiana-Monroe	Ei Dorado, Ark.	FA-'10	
62B	Reid, Ernest	DT	6-2	320	9/14/1986	23	R	U. of Mary	Laie, Hawaii	FA-'10	
98	Robbins, Fred	DT	6-4	325	3/26/77	33	11	Wake Forest	Pensacola, Fla.	UFA(NYG)-'10	
19	Robinson, Laurent	WR	6-2	197	5/20/85	25	4	Illinois State	Rockledge, Fla.	T(ATL)-'09	
95	Ryan, Clifton	DT	6-3	324	2/18/84	26	4	Michigan State	Saginaw, Mich.	D5B-'07	
76	Saffold, Rodger	OT	6-5	323	6/6/88	22	R	Indiana	Bedford, Ohio	D2-'10	
97	Scott, Darell	DT	6-3	315	3/15/86	24	2	Clemson	Columbia, S.C.	D4-'09	
67B	Selvie, George	DE	6-4	251	3/6/87	23	R	South Florida	Pensacola, Fla.	D7B-'10	
92	Sims, Eugene	DE	6-6	250	3/18/86	24	R	West Texas A&M	Mt. Olive, Miss.	D6B-'10	
77	Smith, Jason	T	6-5	307	4/30/86	24	2	Baylor	Dallas, Texas	D1-'09	
20	Stewart, Darian	S	5-11	215	8/4/88	22	R	South Carolina	Huntsville, Ala.	FA-'10	
41	Thompson, Antoine	DB	5-11	195	10/3/87	22	R	Reno	Norfolk, Va.	Tryout	
38	Toston, Keith	RB	5-11	214	5/6/87	23	R	Oklahoma State	Angleton, Texas	FA-'10	
64	Trautwein, Phil	T	6-6	308	4/15/86	24	2	Florida	Voorhees, N.J.	FA-'09	
58	Vobora, David	LB	6-1	239	4/8/86	24	3	Idaho	Eugene, Ore.	D7B-'08	
61	Young, Eric	T	6-3	304	11/22/83	26	1	Tennessee	Union, S.C.	FA-'09	



ST. LOUIS RAMS NUMERICAL ROSTER



8/23/2010

NFL

#	Player	Pos	Ht	Wt	Birth Date	Age	Exp	College	H.S. Hometown	How Acq
3	Josh Brown	K	6-0	205	4/29/79	31	8	Nebraska	Foyil, Okla.	UFA(SEA)-'08
4	A.J. Feeley	QB	6-3	220	5/15/77	33	10	Oregon	Caldwell, Id	UFA(CAR)-'10
5	Donnie Jones	P	6-2	225	7/5/80	30	7	Louisiana State	Baton Rouge, La.	RFA(MIA)-'07
8	Sam Bradford	QB	6-4	228	11/8/87	22	R	Oklahoma	Oklahoma City, Okla.	D1-'10
9	Keith Null	QB	6-4	219	9/24/85	24	2	West Texas A&M	Lampasas, Texas	D6-'09
11	Brandon Gibson	WR	6-0	210	8/13/87	23	2	Washington State	Puyallup, Wash.	T(PH)-'09
12	Thaddeus Lewis	QB	6-0	219	2/1/88	22	R	Duke	Opa Locka, Fla.	FA-'10
14	Keenan Burton	WR	6-0	206	10/29/84	25	3	Kentucky	Louisville, Ky.	D4B-'08
15	Dominique Curry	WR	6-2	224	8/16/87	23	R	Cal (PA)	Philadelphia, Pa.	FA-'10
16	Danny Amendola	WR	5-11	186	11/2/85	24	2	Texas Tech	The Woodlands, Texas	FA-'09
17	Donnie Avery	WR	5-11	183	6/12/84	26	3	Houston	Alief, Texas	D2-'08
19	Laurent Robinson	WR	6-2	197	5/20/85	25	4	Illinois State	Rockledge, Fla.	T(ATL)-'09
20	Darian Stewart	S	5-11	215	8/4/88	22	R	South Carolina	Huntsville, Ala.	FA-'10
21	Oshiomogho Aotogwe	S	5-11	205	6/23/81	29	6	Stanford	Windsor, Ontario (Canada)	D3A-'05
22	Chris Ogbonnaya	RB	6-0	225	5/20/86	24	2	Texas	Houston, Texas	D7-'09
23	Jerome Murphy	CB	6-0	200	1/13/87	23	R	South Florida	Elizabeth, NJ	D3-10
24	Ron Bartell	CB	6-1	206	2/22/82	28	6	Howard	Detroit, Mich.	D2-'05
25	Marquis Johnson	DB	5-11	205	5/18/88	22	R	Alabama	Sarasota, Fla.	D7A-'10
26	Brett Johnson	DB	6-1	194	2/27/87	23	R	California	Las Vegas, Nev.	FA-'10
30	Kevin Payne	S	6-0	212	12/5/83	26	4	Louisiana-Monroe	El Dorado, Ark.	FA-'10
31	Justin King	CB	5-11	188	5/11/87	23	3	Penn State	Pittsburgh, Pa.	D4A-'08
32	Bradley Fletcher	CB	6-0	198	6/25/86	24	2	Iowa	Youngstown, Ohio	D3-'09
33	Marcus Brown	CB	6-2	203	4/2/86	24	1	McNeese State	Kentwood, La.	FA-'10
34	Kenneth Darby	RB	5-10	219	12/26/82	27	3	Alabama	Huntsville, Ala.	FA-'08
35	Kevin Dockery	CB	5-8	188	1/8/84	26	5	Mississippi State	Hernando, MS	FA-'10
36	Quincy Butler	CB	6-1	188	11/25/83	26	3	Texas Christian	San Antonio, Texas	W(DAL)-'08
37	James Butler	S	6-3	209	9/7/82	27	6	Georgia Tech	Bainbridge, Ga.	UFA(NYG)-'09
38	Keith Toston	RB	5-11	214	5/6/87	23	R	Oklahoma State	Angleton, Texas	FA-'10
39	Steven Jackson	RB	6-2	236	7/22/83	27	7	Oregon State	Las Vegas, Nev.	D1-'04
41	Antoine Thompson	DB	5-11	195	10/3/87	22	R	Reno	Norfolk, Va.	FA-'10
42	Jamie McCoy	FB	6-2	240	7/21/87	23	R	Texas A&M	Midland, Texas	FA-'10
43	Craig Dahl	S	6-1	209	6/17/85	25	4	North Dakota State	Mankato, Minn.	FA-'09
44	Mike Karney	FB	5-11	260	7/6/81	29	7	Arizona State	Kent, Wash.	FA-'09
45	Chris Massey	LS	6-0	237	8/21/79	31	9	Marshall	Chesapeake, W.V.	D7-'02
46	Daniel Fells	TE	6-4	272	9/23/83	26	4	California-Davis	Fullerton, Calif.	FA-'08
47	Billy Bajema	TE	6-4	259	10/31/82	27	6	Oklahoma State	Oklahoma City, Okla.	UFA(SF)-'09
48	Fendi Onobun	TE	6-6	249	11/17/86	23	R	Houston	Houston, Texas	D6A-'10
51	Cardia Jackson	LB	6-0	223	4/13/88	22	R	Louisiana-Monroe	Monroe, La.	FA-'10
52	Bobby Carpenter	LB	6-2	249	8/1/83	27	5	Ohio State	Lancaster, Ohio	T(DAL)-'10
53	Na'il Diggs	LB	6-4	240	7/8/78	32	11	Ohio State	Los Angeles, Calif.	FA-'10
54	Dominic Douglas	LB	6-1	240	1/13/87	23	2	Mississippi State	Clinton, Miss.	FA-'09
55	James Laurinaitis	LB	6-2	247	12/3/86	23	2	Ohio State	Plymouth, Minn.	D2-'09
56	Josh Hull	LB	6-3	239	5/21/87	23	R	Penn State	Millheim, Pa.	D7C-'10
57	Chris Chamberlain	LB	6-1	230	9/30/85	24	3	Tulsa	Bethany, Okla.	D7A-'08
58	David Vobora	LB	6-1	239	4/8/86	24	3	Idaho	Eugene, Ore.	D7B-'08
59	Larry Grant	LB	6-1	251	2/16/85	25	2	Ohio State	Sacramento, Calif.	FA-'08
60	Jason Brown	C	6-3	328	5/5/83	27	6	North Carolina	Henderson, N.C.	UFA(BAL)-'09
61	Eric Young	T	6-3	304	11/22/83	26	1	Tennessee	Union, S.C.	FA-'09
62B	Ernest Reid	DT	6-2	320	9/14/1986	23	R	U. of Mary	Laie, Hawaii	FA-'10
62W	Tim Mattran	C	6-5	298	10/23/84	25	1	Stanford	Chanhassen, Minn.	FA-'10
63	Jacob Bell	G	6-5	300	3/2/81	29	7	Miami (Ohio)	Cleveland, Ohio	UFA(TEN)-'08
64	Phil Trautwein	T	6-6	308	4/15/86	24	2	Florida	Voorhees, N.J.	FA-'09
65	Hank Fraley	C/G	6-3	310	9/21/77	32	11	Robert Morris	Gaithersburg, MD	FA-'10
67W	Drew Miller	C	6-5	303	7/6/85	25	2	Florida	Paducah, Ky.	FA-'09
67B	George Selvie	DE	6-4	251	3/6/87	23	R	South Florida	Pensacola, Fla.	D7B-'10
68W	Ryan McKee	T	6-6	291	11/4/86	23	1	Southern Mississippi	Daphne, Ala.	W-'09 (NYJ)
68B	Jermelle Cudjo	DT	6-2	299	9/28/86	23	R	Central Oklahoma	Lawton, Okla.	FA-'10
69	Joe Gibbs	G	6-5	285	3/25/88	22	R	Tennessee-Martin	Brilliant, Ala.	FA-'10
70	Roger Allen III	G	6-3	323	2/10/86	24	2	Missouri Western State	Raytown, Mo.	FA-'09
71B	Gary Gibson	DT	6-3	300	5/5/82	28	5	Rutgers	Lafayette, N.Y.	FA-'09
71W	Renardo Foster	T	6-7	333	7/15/84	26	2	Louisville	Ripley, Tenn.	FA-'10
72	Chris Long	DE	6-3	276	3/28/85	25	3	Virginia	Charlottesville, Va.	D1-'08
73	Adam Goldberg	T	6-7	309	8/12/80	30	8	Wyoming	Edina, Minn.	T(MIN)-'06
76	Rodger Saffold	OT	6-5	323	6/6/88	22	R	Indiana	Bedford, Ohio	D2-'10
77	Jason Smith	T	6-5	307	4/30/86	24	2	Baylor	Dallas, Texas	D1-'09
79	John Greco	G	6-4	329	3/24/85	25	3	Toledo	Youngstown, Ohio	D3-'08
81	Mardy Gilyard	WR	5-11	194	12/2/86	23	R	Cincinnati	Brunnell, Fla.	D4-'10
82	Jordan Kent	WR	6-4	219	7/24/84	26	3	Oregon	Eugene, Ore.	FA-'09
83	Brandon McRae	WR	6-3	207	3/5/86	24	R	Mississippi State	Chester, Va.	FA-'10
84	Danario Alexander	WR	6-5	215	8/7/88	22	R	Missouri	Marlin, Texas	FA-'10
86	Michael Hoomanawanui	TE	6-4	265	7/4/88	22	R	Illinois	Bloomington, Ill.	D5A-'10
87	Darcy Johnson	TE	6-5	252	2/11/83	27	5	Central Florida	St. Augustine, Fla.	FA-'10
90	Hall Davis	DE	6-4	273	3/2/87	23	R	Louisiana-Lafayette	Baton Rouge, La.	D5B-'10
92	Eugene Sims	DE	6-6	250	3/18/86	24	R	West Texas A&M	Mt. Olive, Miss.	D6B-'10
94	Victor Adeyanju	DE	6-4	284	2/11/83	27	5	Indiana	Chicago, Ill.	D4-'06
95	Clifton Ryan	DT	6-3	324	2/18/84	26	4	Michigan State	Saginaw, Mich.	D5B-'07
96	James Hall	DE	6-2	281	2/4/77	33	11	Michigan	New Orleans, La.	T(DET)-'07
97	Darell Scott	DT	6-3	315	3/15/86	24	2	Clemson	Columbia, S.C.	D4-'09
98	Fred Robbins	DT	6-4	325	3/26/77	33	11	Wake Forest	Pensacola, Fla.	UFA(NYG)-'10
99	C.J. Ah You	DE	6-4	270	7/7/82	28	2	Oklahoma	Highland, Utah	FA-'07



ST. LOUIS RAMS POSITIONAL ROSTER



8/23/2010

2010

#	Player	Pos	Ht	Wt	Birth Date	Age	NFL Exp	College	H.S. Hometown	How Acq	GP	GS	D	IA
QUARTERBACKS (4)														
4	A.J. Feeley	QB	6-3	220	5/16/77	33	10	Oregon	Caldwell, ID	UFA(CAR)-'10				
8	Sam Bradford	QB	6-4	228	11/8/87	22	R	Oklahoma	Oklahoma City, Okla.	D1-'10				
9	Keith Null	QB	6-4	219	9/24/85	24	2	West Texas A&M	Lampasas, Texas	D6-'09				
12	Thaddeus Lewis	QB	6-0	219	2/1/88	22	R	Duke	Opa Locka, Fla.	FA-'10				
RUNNING BACKS (6)														
22	Chris Ogbonnaya	RB	6-0	225	5/20/86	24	2	Texas	Houston, Texas	D7-'09				
34	Kenneth Darby	RB	5-10	219	12/26/82	27	3	Alabama	Huntsville, Ala.	FA-'08				
38W	Keith Toston	RB	5-11	214	5/6/87	23	R	Oklahoma State	Angleton, Texas	FA-'10				
39	Steven Jackson	RB	6-2	236	7/22/83	27	7	Oregon State	Las Vegas, Nev.	D1-'04				
42W	Jamie McCoy	FB	6-2	240	7/21/87	23	R	Texas A&M	Midland, Texas	FA-'10				
44	Mike Karney	FB	5-11	260	7/6/81	29	7	Arizona State	Kent, Wash.	FA-'09				
WIDE RECEIVERS (10)														
11	Brandon Gibson	WR	6-0	210	8/13/87	23	2	Washington State	Puyallup, Wash.	T(PH)-'09				
14	Keenan Burton	WR	6-0	206	10/29/84	25	3	Kentucky	Louisville, Ky.	D4B-'08				
15	Dominique Curry	WR	6-2	224	8/16/87	23	R	Cal (PA)	Philadelphia, Pa.	FA-'10				
16	Danny Amendola	WR	5-11	186	11/2/85	24	2	Texas Tech	The Woodlands, Texas	FA-'09				
17	Donnie Avery	WR	5-11	183	6/12/84	26	3	Houston	Alief, Texas	D2-'08				
19	Laurent Robinson	WR	6-2	197	5/20/85	25	4	Illinois State	Rockledge, Fla.	T(ATL)-'09				
81	Mardy Gilyard	WR	5-11	194	12/2/86	23	R	Cincinnati	Brunnell, Fla.	D4-'10				
82	Jordan Kent	WR	6-4	219	7/24/84	26	4	Oregon	Eugene, Ore.	FA-'09				
83	Brandon McRae	WR	6-3	207	3/5/86	24	R	Mississippi State	Chester, Va.	FA-'10				
84	Danario Alexander	WR	6-5	215	8/7/88	22	R	Missouri	Marlin, Texas	FA-'10				
TIGHT ENDS (5)														
46	Daniel Fells	TE	6-4	272	9/23/83	26	4	California-Davis	Fullerton, Calif.	FA-'08				
47	Billy Bajema	TE	6-4	259	10/31/82	27	6	Oklahoma State	Oklahoma City, Okla.	UFA(SF)-'09				
48W	Fendi Onobun	TE	6-6	249	11/17/86	23	R	Houston	Houston, Texas	D6A-'10				
86	Michael Hoomanawanui	TE	6-4	265	7/4/88	22	R	Illinois	Bloomington, Ill.	D5A-'10				
87	Darcy Johnson	TE	6-5	252	2/11/83	27	5	Central Florida	St. Augustine, Fla.	FA-'10				
OFFENSIVE LINE (16)														
60	Jason Brown	C	6-3	328	5/5/83	27	6	North Carolina	Henderson, N.C.	UFA(BAL)-'09				
61	Eric Young	T	6-3	304	11/22/83	26	1	Tennessee	Union, S.C.	FA-'09				
62W	Mattran, Tim	C	6-5	298	10/23/84	25	1	Stanford	Chanhassen, Minn.	FA-'10				
63	Jacob Bell	G	6-5	300	3/2/81	29	7	Miami (Ohio)	Cleveland, Ohio	UFA(TEN)-'08				
64	Phil Trautwein	T	6-6	308	4/15/86	24	2	Florida	Voorhees, N.J.	FA-'09				
65	Hank Fraley	C/G	6-3	310	9/21/77	32	11	Robert Morris	Gaithersburg, MD	FA-'10				
66	Mark Setterstrom	G	6-4	318	3/3/84	26	5	Minnesota	Northfield, Minn.	D7B-'06				
67W	Drew Miller	C	6-5	303	7/6/85	25	2	Florida	Paducah, Ky.	FA-'09				
68W	Ryan McKee	T	6-6	291	11/4/86	23	1	Southern Mississippi	Daphne, Ala.	W-'09 (NYJ)				
69W	Joe Gibbs	G	6-5	285	3/25/88	22	R	Tennessee-Martin	Brilliant, Ala.	FA-'10				
70	Roger Allen III	G	6-3	323	2/10/86	24	2	Missouri Western State	Raytown, Mo.	FA-'09				
71W	Renardo Foster	T	6-7	333	7/15/84	26	2	Louisville	Ripley, Tenn.	FA-'10				
73	Adam Goldberg	T	6-7	309	8/12/80	30	7	Wyoming	Edina, Minn.	T(MIN)-'06				
76W	Rodger Saffold	OT	6-5	323	6/6/88	22	R	Indiana	Bedford, Ohio	D2-'10				
77	Jason Smith	T	6-5	307	4/30/86	24	2	Baylor	Dallas, Texas	D1-'09				
79	John Greco	G	6-4	329	3/24/85	25	2	Toledo	Youngstown, Ohio	D3-'08				
DEFENSIVE LINE (13)														
62B	Ernest Reid	DT	6-2	320	9/14/1986	23	R	U. of Mary	Laie, Hawaii	FA-'10				
67B	George Selvie	DE	6-4	251	3/6/87	23	R	South Florida	Pensacola, Fla.	D7B-'10				
68B	Jermelle Cudjo	DT	6-2	299	9/28/86	23	R	Central Oklahoma	Lawton, Okla.	FA-'10				
71	Gary Gibson	DT	6-3	300	5/5/82	28	5	Rutgers	Lafayette, N.Y.	FA-'09				
72	Chris Long	DE	6-3	276	3/28/85	25	3	Virginia	Charlottesville, Va.	D1-'08				
90	Hall Davis	DE	6-4	273	3/2/87	23	R	Louisiana-Lafayette	Baton Rouge, La.	D5B-'10				
92	Eugene Sims	DE	6-6	250	3/18/86	24	R	West Texas A&M	Mt. Olive, Miss.	D6B-'10				
94	Victor Adeyanju	DE	6-4	284	2/11/83	27	5	Indiana	Chicago, Ill.	D4-'06				
95	Clifton Ryan	DT	6-3	324	2/18/84	26	4	Michigan State	Saginaw, Mich.	D5B-'07				
96	James Hall	DE	6-2	281	2/4/77	33	11	Michigan	New Orleans, La.	T(DET)-'07				
97	Darell Scott	DT	6-3	315	3/15/86	24	2	Clemson	Columbia, S.C.	D4-'09				
98	Fred Robbins	DT	6-4	325	3/26/77	33	11	Wake Forest	Pensacola, Fla.	UFA(NYG)-'10				
99	C.J. Ah You	DE	6-4	270	7/7/82	28	2	Oklahoma	Highland, Utah	FA-'07				
LINEBACKERS (9)														
51	Cardia Jackson	LB	6-0	223	4/13/88	22	R	Louisiana-Monroe	Monroe, La.	FA-'10				
52	Bobby Carpenter	LB	6-2	249	8/1/83	27	5	Lancaster, Ohio	Ohio State	T(DAL)-'10				
53	Na'il Diggs	LB	6-4	240	7/8/78	32	11	Ohio State	Los Angeles, Calif.	FA-'10				
54	Dominic Douglas	LB	6-1	240	1/13/87	23	2	Mississippi State	Clinton, Miss.	FA-'09				
55	James Laurinaitis	LB	6-2	247	12/3/86	23	2	Ohio State	Plymouth, Minn.	D2-'09				
56	Josh Hull	LB	6-3	239	5/21/87	23	R	Penn State	Millheim, Pa.	D7C-'10				
57	Chris Chamberlain	LB	6-1	230	9/30/85	24	3	Tulsa	Bethany, Okla.	D7A-'08				
58	David Vobora	LB	6-1	239	4/8/86	24	3	Idaho	Eugene, Ore.	D7B-'08				
59	Larry Grant	LB	6-1	251	2/16/85	25	2	Ohio State	Sacramento, Calif.	FA-'08				
SECONDARY (15)														
20	Darian Stewart	S	5-11	215	8/4/88	22	R	South Carolina	Huntsville, Ala.	FA-'10				
21	Oshiomogho Atogwe	S	5-11	205	6/23/81	29	6	Stanford	Windsor, Ontario (Canada)	D3A-'05				
23	Jerome Murphy	CB	6-0	200	1/13/87	23	R	South Florida	Elizabeth, NJ	D3-10				
24	Ron Bartell	CB	6-1	206	2/22/82	28	6	Howard	Detroit, Mich.	D2-'05				
25	Marquis Johnson	DB	5-11	205	5/18/88	22	R	Alabama	Sarasota, Fla.	D7A-'10				
26	Brett Johnson	DB	6-1	194	2/27/87	23	R	California	Las Vegas, Nev.	FA-'10				
30	Kevin Payne	S	6-0	212	12/5/83	26	4	Louisiana-Monroe	El Dorado, Ark.	FA-'10				
31	Justin King	CB	5-11	188	5/11/87	23	3	Penn State	Pittsburgh, Pa.	D4A-'08				
32	Bradley Fletcher	CB	6-0	198	6/25/86	24	2	Iowa	Youngstown, Ohio	D3-'09				
33	Marcus Brown	CB	6-2	203	4/2/86	24	1	McNeese State	Kentwood, La.	FA-'10				
35	Kevin Dockery	CB	5-8	188	1/8/84	26	5	Mississippi State	Hernando, MS	FA-'10				
36	Quincy Butler	CB	6-1	188	11/25/83	26	3	Texas Christian	San Antonio, Texas	W(DAL)-'08				
37	James Butler	S	6-3	209	9/7/82	27	6	Georgia Tech	Bainbridge, Ga.	UFA(NYG)-'09				
41	Antoine Thompson	DB	5-11	195	10/3/87	22	R	Reno	Norfolk, Va.	Tryout				
43	Craig Dahl	S	6-1	209	6/17/85	25	4	North Dakota State	Mankato, Minn.	FA-'09				
SPECIALISTS (3)														
3	Josh Brown	K	6-0	205	4/29/79	31	8	Nebraska	Foyil, Okla.	UFA(SEA)-'08				
5	Donnie Jones	P	6-3	225	7/5/80	30	7	Louisiana State	Baton Rouge, La.	RFA(MIA)-'07				
45	Chris Massey	LS	6-0	237	8/21/79	31	9	Marshall	Chesapeake, W.V.	D7-'02				



ST. LOUIS RAMS ROSTER BY EXPERIENCE



		8/23/2010				Birth		NFL			
#	Player	Pos	Ht	Wt	Date	Age	Exp	College	H.S. Hometown	How Acq	
11th year (4)	65 Fraley, Hank	C/G	6-3	310	9/21/77	32	11	Robert Morris	Gaithersburg, MD	FA-'10	
	96 Hall, James	DE	6-2	281	2/4/77	33	11	Michigan	New Orleans, La.	T(DET)-'07	
	53 Na'il Diggs	LB	6-4	240	7/8/78	32	11	Ohio State	Los Angeles, Calif.	FA-'10	
	98 Robbins, Fred	DT	6-4	325	3/26/77	33	11	Wake Forest	Pensacola, Fla.	UFA(NYG)-'10	
10th year (1)	10 Feeley, A.J.	QB	6-3	220	5/16/77	33	10	Oregon	Caldwell, ID	UFA(CAR)-'10	
9th year (1)	45 Massey, Chris	LS	6-0	237	8/21/79	31	9	Marshall	Chesapeake, W.V.	D7-'02	
8th year (2)	3 Brown, Josh	K	6-0	205	4/29/79	31	8	Nebraska	Foyil, Okla.	UFA(SEA)-'08	
	73 Goldberg, Adam	T	6-7	309	8/12/80	30	8	Wyoming	Edina, Minn.	T(MIN)-'06	
7th year (4)	63 Bell, Jacob	G	6-5	300	3/2/81	29	7	Miami (Ohio)	Cleveland, Ohio	UFA(TEN)-'08	
	39 Jackson, Steven	RB	6-2	236	7/22/83	27	7	Oregon State	Las Vegas, Nev.	D1-'04	
	5 Jones, Donnie	P	6-2	225	7/5/80	30	7	Louisiana State	Baton Rouge, La.	RFA(MIA)-'07	
	44 Karney, Mike	FB	5-11	260	7/6/81	29	7	Arizona State	Kent, Wash.	FA-'09	
6th year (5)	21 Atogwe, Oshiomogho	S	5-11	205	6/23/81	29	6	Stanford	Windsor, Ontario (Canada)	D3A-'05	
	47 Bajema, Billy	TE	6-4	259	10/31/82	27	6	Oklahoma State	Oklahoma City, Okla.	UFA(SF)-'09	
	24 Bartell, Ron	CB	6-1	206	2/22/82	28	6	Howard	Detroit, Mich.	D2-'05	
	60 Brown, Jason	C	6-3	328	5/5/83	27	6	North Carolina	Henderson, N.C.	UFA(BAL)-'09	
	37 Butler, James	S	6-3	209	9/7/82	27	6	Georgia Tech	Bainbridge, Ga.	UFA(NYG)-'09	
5th year (6)	94 Adeyanju, Victor	DE	6-4	284	2/11/83	27	5	Indiana	Chicago, Ill.	D4-'06	
	52 Carpenter, Bobby	LB	6-2	249	8/1/83	27	5	Lancaster, Ohio	Ohio State	T(DAL)-'10	
	35 Dockery, Kevin	CB	5-8	188	1/8/84	26	5	Mississippi State	Hernando, MS	FA-'10	
	71 Gibson, Gary	DT	6-3	300	5/5/82	28	5	Rutgers	Lafayette, N.Y.	FA-'09	
	87 Johnson, Darcy	TE	6-5	252	2/11/83	27	5	Central Florida	St. Augustine, Fla.	FA-'10	
	66 Setterstrom, Mark	G	6-4	318	3/3/84	26	5	Minnesota	Northfield, Minn.	D7B-'06	
4th year (6)	43 Dahl, Craig	S	6-1	209	7/7/85	25	4	North Dakota State	Mankato, Minn.	FA-'09	
	46 Fells, Daniel	TE	6-4	272	9/23/83	26	4	California-Davis	Fullerton, Calif.	FA-'08	
	82 Kent, Jordan	WR	6-4	219	7/24/84	26	4	Oregon	Eugene, Ore.	FA-'09	
	30 Payne, Kevin	S	6-0	212	12/5/83	26	4	Louisiana-Monroe	El Dorado, Ark.	FA-'10	
	11 Robinson, Laurent	WR	6-2	197	5/20/85	25	4	Illinois State	Rockledge, Fla.	T(ATL)-'09	
	95 Ryan, Clifton	DT	6-3	324	2/18/84	26	4	Michigan State	Saginaw, Mich.	D5B-'07	
3rd year (9)	17 Avery, Donnie	WR	5-11	183	6/12/84	26	3	Houston	Alief, Texas	D2-'08	
	14 Burton, Keenan	WR	6-0	206	10/29/84	25	3	Kentucky	Louisville, Ky.	D4B-'08	
	36 Butler, Quincy	CB	6-1	188	11/25/83	26	3	Texas Christian	San Antonio, Texas	W(DAL)-'08	
	57 Chamberlain, Chris	LB	6-1	230	9/30/85	24	3	Tulsa	Bethany, Okla.	D7A-'08	
	34 Darby, Kenneth	RB	5-10	219	12/26/82	27	3	Alabama	Huntsville, Ala.	FA-'08	
	79 Greco, John	G	6-4	329	3/24/85	25	3	Toledo	Youngstown, Ohio	D3-'08	
	31 King, Justin	CB	5-11	188	5/11/87	23	3	Penn State	Pittsburgh, Pa.	D4A-'08	
	72 Long, Chris	DE	6-3	276	3/28/85	25	3	Virginia	Charlottesville, Va.	D1-'08	
	58 Vobora, David	LB	6-1	239	4/8/86	24	3	Idaho	Eugene, Ore.	D7B-'08	
	2nd year (16)	99 Ah You, C.J.	DE	6-4	270	7/7/82	28	2	Oklahoma	Highland, Utah	FA-'07
70 Allen III, Roger		G	6-3	323	2/10/86	24	2	Missouri Western State	Raytown, Mo.	FA-'09	
16 Amendola, Danny		WR	5-11	186	11/2/85	24	2	Texas Tech	The Woodlands, Texas	FA-'09	
54 Douglas, Dominic		LB	6-1	240	1/13/87	23	2	Mississippi State	Clinton, Miss.	FA-'09	
32 Fletcher, Bradley		CB	6-0	198	6/25/86	24	2	Iowa	Youngstown, Ohio	D3-'09	
71W Foster, Renardo		T	6-7	333	7/15/84	26	2	Louisville	Ripley, Tenn.	FA-'10	
11 Gibson, Brandon		WR	6-0	210	8/13/87	23	2	Washington State	Puyallup, Wash.	T(PHI)-'09	
59 Grant, Larry		LB	6-1	251	2/16/85	25	2	Ohio State	Sacramento, Calif.	FA-'08	
55 Laurinaitis, James		LB	6-2	247	12/3/86	23	2	Ohio State	Plymouth, Minn.	D2-'09	
67W Miller, Drew		C	6-5	303	7/6/85	25	2	Florida	Paducah, Ky.	FA-'09	
9 Null, Keith		QB	6-4	219	9/24/85	24	2	West Texas A&M	Lampasas, Texas	D6-'09	
22 Ogbonnaya, Chris		RB	6-0	225	5/20/86	24	2	Texas	Houston, Texas	D7-'09	
97 Scott, Darell		DT	6-3	315	3/15/86	24	2	Clemson	Columbia, S.C.	D4-'09	
77 Smith, Jason		T	6-5	307	4/30/86	24	2	Baylor	Dallas, Texas	D1-'09	
64 Trautwein, Phil		T	6-6	308	4/15/86	24	2	Florida	Voorhees, N.J.	FA-'09	
1st year (4)	33 Brown, Marcus	CB	6-2	203	4/2/86	24	1	McNeese State	Kentwood, La.	FA-'10	
	62W Mattran, Tim	C	6-5	298	10/23/84	25	1	Stanford	Chanhassen, Minn.	FA-'10	
	68W McKee, Ryan	T	6-6	291	11/4/86	23	1	Southern Mississippi	Daphne, Ala.	W-'09 (NYJ)	
	61W Young, Eric	T	6-3	304	11/22/83	26	1	Tennessee	Union, S.C.	FA-'09	
Rookie (24)	84 Alexander, Danario	WR	6-5	215	8/7/88	22	R	Missouri	Marlin, Texas	FA-'10	
	8 Bradford, Sam	QB	6-4	228	11/8/87	22	R	Oklahoma	Oklahoma City, Okla.	D1-'10	
	68B Cudjo, Jermelle	DT	6-2	299	9/28/86	23	R	Central Oklahoma	Lawton, Okla.	FA-'10	
	15 Curry, Dominique	WR	6-2	224	8/16/87	23	R	Cal (PA)	Philadelphia, Pa.	FA-'10	
	90 Davis, Hall	DE	6-4	273	3/2/87	23	R	Louisiana-Lafayette	Baton Rouge, La.	D5B-'10	
	69W Gibbs, Joe	G	6-5	285	3/25/88	22	R	Tennessee-Martin	Brilliant, Ala.	FA-'10	
	81 Gilyard, Mardy	WR	5-11	194	12/2/86	23	R	Cincinnati	Brunell, Fla.	D4-'10	
	86 Hoomanawanui, Michael	TE	6-4	265	7/4/88	22	R	Illinois	Bloomington, Ill.	D5A-'10	
	56 Hull, Josh	LB	6-3	239	5/21/87	23	R	Penn State	Millheim, Pa.	D7C-'10	
	51 Jackson, Cardia	LB	6-0	223	4/13/88	22	R	Louisiana-Monroe	Monroe, La.	FA-'10	
	26 Johnson, Brett	DB	6-1	194	2/27/87	23	R	California	Las Vegas, Nev.	FA-'10	
	25 Johnson, Marquis	DB	5-11	205	5/18/88	22	R	Alabama	Sarasota, Fla.	D7A-'10	
	12 Lewis, Thaddeus	QB	6-0	219	2/1/88	22	R	Duke	Opa Locka, Fla.	FA-'10	
	42W McCoy, Jamie	FB	6-2	240	7/21/87	23	R	Texas A&M	Midland, Texas	FA-'10	
	83 McRae, Brandon	WR	6-3	207	3/5/86	24	R	Mississippi State	Chester, Va.	FA-'10	
	23 Murphy, Jerome	CB	6-0	200	1/13/87	23	R	South Florida	Elizabeth, NJ	D3-'10	
	48W Onobun, Fendi	TE	6-6	249	11/17/86	23	R	Houston	Houston, Texas	D6A-'10	
	62 Reid, Ernest	DT	6-2	320	9/14/1986	23	R	U. of Mary	Laie, Hawaii	FA-'10	
	76W Saffold, Rodger	OT	6-5	323	6/6/88	22	R	Indiana	Bedford, Ohio	D2-'10	
	67B Selvie, George	DE	6-4	251	3/6/87	23	R	South Florida	Pensacola, Fla.	D7B-'10	
	92 Sims, Eugene	S	6-6	250	3/18/86	24	R	West Texas A&M	Mt. Olive, Miss.	D6B-'10	
	20 Stewart, Darian	DE	5-11	215	8/4/88	22	R	South Carolina	Huntsville, Ala.	FA-'10	
	41 Thompson, Antoine	DB	5-11	195	10/3/87	22	R	Reno	Norfolk, Va.	FA-'10	
	38W Toston, Keith	RB	5-11	214	5/6/87	23	R	Oklahoma State	Angleton, Texas	FA-'10	



2010 ST. LOUIS RAMS TRANSACTIONS



Date	Name	Move	Date	Name	Move
Jan. 4	DE Sean Conover	signed to reserve/future contract			
	G Mark Lewis	signed to reserve/future contract			
	C Drew Miller	signed to reserve/future contract			
Jan. 8	CB Marcus Brown	signed to reserve/future contract			
Jan. 12	TE Eric Butler	signed to reserve/future contract			
	LB Dominic Douglas	signed to reserve/future contract			
Jan. 19	DT Chris Bradwell	signed to reserve/future contract			
Jan. 29	WR Nick Moore	signed to reserve/future contract			
Feb. 10	Nolan Cromwell	named wide receivers coach			
Feb. 11	Reginald Scott	named head athletic trainer			
Feb. 17	TE Derek Fine	signed to reserve/future contract			
Feb. 26	WR Travis Brown	signed to reserve/future contract			
Mar. 3	DT LaJuan Ramsey	waived			
Mar. 3	DT Claude Wroten	waived			
Mar. 4	TE Derek Fine	waived			
Mar. 4	OT Alex Barron	offered tender at second-round pick level			
Mar. 4	DT Clifton Ryan	offered tender at second-round pick level			
Mar. 4	DE Victor Adeyanju	offered tender at fourth-round pick level			
Mar. 4	S Oshiomogho Atogwe	offered tender at right of first refusal level			
Mar. 4	S Craig Dahl	offered tender at right of first refusal level			
Mar. 6	QB A.J. Feeley	signed as an unrestricted free agent (CAR)			
Mar. 6	S Craig Dahl	signed to a three-year contract			
Mar. 8	DT Fred Robbins	signed as an unrestricted free agent (NYG)			
Mar. 10	TE Daniel Fells	signed as a free agent			
Mar. 16	C/G Hank Fraley	signed...			
Mar. 16	G Mark Setterstrom	signed as a free agent			
Mar. 18	LS Chris Massey	signed as a free agent			
Mar. 18	RB Ken Darby	signed as a free agent			
Mar. 22	DE James Hall	signed as a free agent			
Mar. 22	CB Kevin Dockery	signed as a free agent			
Mar. 22	TE Darcy Johnson	signed as a free agent			
Mar. 25	LB David Vobora	signed as a free agent			
Mar. 30	CB Quincy Butler	signed exclusive free rights agent			
Mar. 30	DE Victor Adeyanju	signed restricted free agent (no offer executed)			
April 5	QB Marc Bulger	released			
April 7	LB Nail Digs	signed as a free agent			
April 19	DT Gary Gibson	signed as a free agent			
April 20	DL Adam Carriker	released			
April 20	DT Clifton Ryan	re-signed as a restricted free agent			
April 22	QB Sam Bradford	selected in the first round (1st) in 2010 NFL Draft			
April 23	OT Rodger Saffold	selected in the second round (33th) in 2010 NFL Draft			
	CB Jerome Murphy	selected in the third round (65th) in 2010 NFL Draft			
April 24	WR Mardy Gilyard	selected in the fourth round (99th) in 2010 NFL Draft			
	TE Michael Hoomanawanui	selected in the fifth round (132th) in 2010 NFL Draft			
	DE Hall Davis	selected in the fifth round (149th) in 2010 NFL Draft			
	TE Fendi Onobun	selected in the sixth round (170th) in 2010 NFL Draft			
	DE Eugene Sims	selected in the sixth round (189th) in 2010 NFL Draft			
	DB Marquis Johnson	selected in the seventh round (211th) in 2010 NFL Draft			
	DE George Selvie	selected in the seventh round (226th) in 2010 NFL Draft			
	LB Josh Hull	selected in the seventh round (254th) in 2010 NFL Draft			
April 27	DT Cudjo Jermelle	signed as a free agent			
	LB Freddie Harris	signed as a free agent			
	LB Cardia Jackson	signed as a free agent			
	S Jeromy Jones	signed as a free agent			
	LB Simoni Lawrence	signed as a free agent			
	QB Thaddeus Lewis	signed as a free agent			
	FB Jamie McCoy	signed as a free agent			
	WR Brandon McRae	signed as a free agent			
	WR Roderick Owens	signed as a free agent			
	S Darian Stewart	signed as a free agent			
	FB Kennedy Tinsley	signed as a free agent			
	RB Keith Toston	signed as a free agent			
	RB DeMaudray Woolridge	signed as a free agent			
April 29	S Thomas Payne	signed as a free agent			
May 3	WR Dominique Curry	signed as a free agent			
	DB Martin Harris	signed as a free agent			
	DT Ernest Reid	signed as a free agent			
	DB Antoine Thompson	signed as a free agent			
	DB Marcus Brown	waived			
	WR Travis Brown	waived			
	QB Mike Reilly	waived			
May 7	OT Alex Barron	signed tender			
May 10	LB Bobby Carpenter	acquired from Dallas in exchange for OT Alex Barron			
May 13	OL Brandon Joyce	signed as a free agent			
May 18	LS Clint Mower	signed as a free agent			
May 24	LB Simoni Lawrence	released			
	WR Nick Moore	released			
	DT Chris Bradwell	released			
	FB Kennedy Tinsley	released			
	WR Rod Owens	released			
June 2	G Joe Gibbs	signed as a free agent			
June 9	DT Chris Hovan	signed as a free agent			
June 15	DB Freddie Harris	waived			
	DB Jeromy Jones	waived			
	DB Cord Parks	waived			
	DE Sean Conover	waived			
	DT Ernest Reid	waived			
June 18	LB Larry Grant	re-signed			
	WR Kordan Kent	re-signed			
	OT Ryan McKee	re-signed			
June 23	S Oshiomogho Atogwe	re-signed			
June 27	DE Hall Davis	signed rookie contract			
	WR Mardy Gilyard	signed rookie contract			
	LB Josh Hull	signed rookie contract			
	TE Michael Hoomanawanui	signed rookie contract			
	CB Marquis Johnson	signed rookie contract			
	CB Jerome Murphy	signed rookie contract			
	DE Eugene Sims	signed rookie contract			
	DE George Selvie	signed rookie contract			
	DT Leger Douzable	waived			
	CB Danny Gorrer	waived			
	LS Clint Mower	waived			
	RB DeMaudray Woolridge	waived			
	DE James Wyche	waived			
	LB KC Asiodu	waive/injured			
July 27	OL Brandon Joyce	waived			
	TE Fendi Onobun	signed rookie contract			
July 28	OT Rodger Saffold	signed rookie contract			
July 30	G Mark Setterstrom	placed on Reserve/PUP			
Aug. 5	OL Mark Lewis	waived/placed on Injured/Reserve			
Aug. 5	DT Ernest Reid	signed as a free agent			
Aug. 6	DT Chris Hovan	waived/placed on Injured/Reserve			
	C Tim Mattran	signed as a free agent			
Aug. 11	OL Mark Lewis	waived			
Aug. 12	TE Eric Butler	waived			
	K Shaun Suisham	signed as a free agent			
Aug. 16	K Shaun Suisham	waived			
	CB Marcus Brown	signed as a free agent			
Aug. 17	S David Roach	waived			
	DB Brett Johnson	signed as a free agent			
Aug. 22	WR Brooks Foster	waived			
	WR Danario Alexander	signed as a free agent			



ST. LOUIS

RAMS

Last Week's

Gamebook

National Football League Game Summary

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Date: Saturday, 8/21/2010

St. Louis Rams at Cleveland Browns
at Cleveland Browns Stadium, Cleveland, Ohio

Start Time: 7:36 PM EST

Game Day Weather

Game Weather: Rain
Played Outside on Turf: Grass

Temp: 76° F (24.4° C) Humidity: 100%, Wind: north 4 mph
Outdoor Weather: Rain, Wind Chill: n/a

Officials

Referee: Anderson, Barry (20) Umpire: Schuster, Bill (129) Head Linesman: McKinnely, Phil (110)
Line Judge: Boston, Byron (18) Side Judge: Coleman, James (95) Field Judge: Buchanan, Jimmy (86)
Back Judge: Smith, Billy (2) Replay Official: Hamer, Dale

Lineups

St. Louis Rams

Cleveland Browns

Offense		Defense		Offense		Defense	
WR 19	L.Robinson	LDE 72	C.Long	WR 16	J.Cribbs	LE 90	K.Coleman
LT 76	R.Saffold	LDT 98	F.Robbins	LT 73	J.Thomas	NT 71	A.Rubin
LG 63	J.Bell	RDT 71	G.Gibson	LG 65	E.Steinbach	RE 98	R.Smith
C 60	J.Brown	RDE 96	J.Hall	C 55	A.Mack	OLB 53	M.Roth
RG 73	A.Goldberg	SLB 53	N.Diggs	RG 68	B.Yates	ILB 50	E.Barton
RT 77	J.Smith	MLB 55	J.Laurinaitis	RT 78	J.St. Clair	ILB 51	C.Gocong
TE 47	B.Bajema	WLB 59	L.Grant	TE 82	B.Watson	OLB 99	S.Fujita
WR 17	D.Avery	LCB 24	R.Bartell	WR 80	B.Robiskie	LCB 21	E.Wright
QB 4	A.Feeley	RCB 32	B.Fletcher	QB 17	J.Delhomme	RCB 24	S.Brown
TE 46	D.Fells	SS 43	C.Dahl	RB 35	J.Harrison	S 26	A.Elam
HB 39	S.Jackson	FS 21	O.Atogwe	FB 47	L.Vickers	S 43	T.Ward

Substitutions

Substitutions

K 3 Josh.Brown, P 5 D.Jones, QB 8 S.Bradford, QB 9 K.Null, WR 14 K.Burton, WR 15 D.Curry, WR 16 D.Amendola, S 20 D.Stewart, RB 22 C.Ogbonnaya, DB 25 M.Johnson, S 26 B.Johnson, CB 33 M.Brown, RB 34 K.Darby, CB 36 Q.Butler, RB 38 K.Toston, DB 41 A.Thompson, FB 42 J.McCoy, FB 44 M.Karney, LS 45 C.Massey, TE 48 F.Onobun, LB 51 C.Jackson, LB 52 B.Carpenter, LB 54 D.Douglas, LB 56 J.Hull, LB 57 C.Chamberlain, LB 58 D.Vobora, T 61 E.Young, DT 62 E.Reid, C 62 T.Matran, T 64 P.Trautwein, C/G 65 H.Fraley, C 67 D.Miller, DT 68 J.Cudjo, T 68 R.McKee, G 69 J.Gibbs, G 70 R.Allen, T 71 R.Foster, WR 81 M.Gilyard, WR 82 J.Kent, TE 86 M.Hoosmanawanui, TE 87 D.Johnson, WR 89 B.Foster, DE 90 H.Davis, DE 94 V.Adeyanju, DT 95 C.Ryan, DT 97 D.Scott, DE 99 C.Ah You

P 2 R.Hodges, K 4 P.Dawson, QB 5 B.Ratliff, QB 6 S.Wallace, WR 10 S.Stepto, QB 12 C.McCoy, WR 18 C.Mitchell, DB 20 M.Adams, DB 22 B.McDonald, DB 23 J.Haden, DB 27 N.Sorensen, RB 28 J.Davis, DB 30 G.Lawson, RB 34 C.Jennings, DB 36 J.Bowie, DB 39 D.Smith, RB 40 P.Hillis, DB 41 R.Ventrone, DB 42 L.Asante, DB 49 C.Chancellor, LB 54 B.Costanzo, LB 56 K.Maiava, LB 57 D.Veikune, LB 58 M.Benard, LB 59 T.Brown, OL 60 J.Malecki, OL 63 P.Fanaika, LS 64 R.Pontbriand, DL 67 D.Robinson, DL 70 B.Sanford, OL 72 C.Bender, OL 74 S.Kooistra, OL 75 P.Murray, TE 81 A.Smith, WR 83 C.Stuckey, TE 84 R.Royal, WR 85 J.Allen, WR 88 B.Engram, TE 89 E.Moore, DL 91 B.Schaefering, LB 93 J.Trusnik, DL 94 K.Danso, DL 95 S.Miller, DL 97 C.Geathers

Did Not Play

Did Not Play

WR 11 B.Gibson, QB 12 T.Lewis, CB 23 J.Murphy, S 30 K.Payne, CB 31 J.King, CB 35 K.Dockery, S 37 J.Butler, DE 67 G.Selvie, G 79 J.Greco, WR 83 B.McRae, DE 92 E.Sims

WR 11 M.Massaquoi, WR 13 T.Johnson, DB 25 C.Francies, RB 31 M.Hardesty, LB 52 D.Jackson, OL 61 J.Reinders, DL 62 T.Adams, OL 66 S.Lauvao, DL 69 C.Mosley, OL 77 F.Womack, OL 79 T.Pashos, TE 87 J.Gamble, DL 92 S.Rogers, LB 96 D.Bowens

Not Active

Not Active

Field Goals (made () & missed)

Josh.Brown	(32) (39) (21) (28)	P.Dawson	(38)				
		1	2	3	4	OT	Total
VISITOR:	St. Louis Rams	13	0	0	6	0	19
HOME:	Cleveland Browns	0	10	7	0	0	17

Scoring Plays

Team	Qtr	Time	Play Description (Extra Point) (Drive Info)	Visitor	Home
Rams	1	7:48	D.Fells 9 yd. pass from A.Feeley (Josh.Brown kick) (10-65, 5:01)	7	0
Rams	1	5:01	Josh.Brown 32 yd. Field Goal (6-9, 2:05)	10	0
Rams	1	1:35	Josh.Brown 39 yd. Field Goal (4-0, 0:17)	13	0
Browns	2	9:54	B.Watson 6 yd. pass from J.Delhomme (P.Dawson kick) (11-77, 6:41)	13	7
Browns	2	1:05	P.Dawson 38 yd. Field Goal (6-21, 1:13)	13	10
Browns	3	9:08	J.Cribbs 15 yd. pass from S.Wallace (P.Dawson kick) (11-78, 5:01)	13	17
Rams	4	13:06	Josh.Brown 21 yd. Field Goal (9-36, 2:45)	16	17
Rams	4	3:29	Josh.Brown 28 yd. Field Goal (15-56, 7:25)	19	17

Paid Attendance: 58,250

Time: 3:05

St. Louis Rams vs Cleveland Browns
8/21/2010 at Cleveland Browns Stadium

Final Individual Statistics

St. Louis Rams

Cleveland Browns

RUSHING	ATT	YDS	AVG	LG	TD	RUSHING	ATT	YDS	AVG	LG	TD
K.Toston	13	23	1.8	5	0	P.Hillis	12	51	4.3	9	0
S.Jackson	4	20	5.0	11	0	S.Wallace	1	16	16.0	16	0
K.Darby	5	16	3.2	6	0	J.Harrison	5	13	2.6	4	0
C.Ogbonnaya	7	6	0.9	7	0	J.Davis	4	10	2.5	6	0
S.Bradford	1	-2	-2.0	-2	0	C.Jennings	1	4	4.0	4	0
K.Null	3	-6	-2.0	-1	0	J.Delhomme	3	2	0.7	2	0
						C.McCoy	1	2	2.0	2	0
Total	33	57	1.7	11	0	Total	27	98	3.6	16	0

PASSING	ATT	CMP	YDS	SK/YD	TD	LG	IN	RT	PASSING	ATT	CMP	YDS	SK/YD	TD	LG	IN	RT
K.Null	14	3	46	0/0	0	25	0	40.8	J.Delhomme	16	12	127	1/6	1	32	0	118.5
S.Bradford	14	6	24	0/0	0	9	0	50.3	S.Wallace	9	5	67	1/5	1	25	1	76.9
A.Feeley	6	5	45	0/0	1	16	0	137.5	B.Ratliff	4	1	10	0/0	0	10	1	0.0
									C.McCoy	2	0	0	2/6	0	0	0	39.6
Total	34	14	115	0/0	1	25	0	60.3	Total	31	18	204	4/17	2	32	2	72.5

PASS RECEIVING	TAR	REC	YDS	AVG	LG	TD	PASS RECEIVING	TAR	REC	YDS	AVG	LG	TD
B.Bajema	5	4	32	8.0	16	0	J.Cribbs	6	5	30	6.0	15	1
M.Hoomanawanui	5	2	33	16.5	25	0	C.Stuckey	3	3	51	17.0	28	0
C.Ogbonnaya	3	2	4	2.0	9	0	B.Watson	4	3	22	7.3	9	1
D.Curry	2	1	13	13.0	13	0	P.Hillis	3	2	12	6.0	9	0
D.Fells	1	1	9	9.0	9	1	J.Harrison	1	1	32	32.0	32	0
D.Amendola	1	1	7	7.0	7	0	R.Royal	2	1	25	25.0	25	0
D.Johnson	1	1	7	7.0	7	0	E.Moore	2	1	12	12.0	12	0
J.Kent	1	1	7	7.0	7	0	A.Smith	4	1	10	10.0	10	0
M.Karney	2	1	3	3.0	3	0	J.Davis	2	1	10	10.0	10	0
M.Gilyard	4	0	0	0.0	0	0	B.Robiskie	2	0	0	0.0	0	0
K.Burton	3	0	0	0.0	0	0	C.Mitchell	2	0	0	0.0	0	0
F.Onobun	2	0	0	0.0	0	0							
D.Avery	1	0	0	0.0	0	0							
B.Foster	1	0	0	0.0	0	0							
L.Robinson	1	0	0	0.0	0	0							
Total	33	14	115	8.2	25	1	Total	31	18	204	11.3	32	2

INTERCEPTIONS	NO	YDS	AVG	LG	TD	INTERCEPTIONS	NO	YDS	AVG	LG	TD
B.Carpenter	1	6	6.0	6	0						
Q.Butler	1	0	0.0	0	0						
Total	2	6	3.0	6	0	Total	0	0	0	0	0

PUNTING	NO	YDS	AVG	NET	TB	IN20	LG	PUNTING	NO	YDS	AVG	NET	TB	IN20	LG
D.Jones	8	351	43.9	39.6	0	2	50	R.Hodges	4	187	46.8	34.5	0	0	53
Total	8	351	43.9	39.6	0	2	50	Total	4	187	46.8	34.5	0	0	53

PUNT RETURNS	NO	YDS	AVG	FC	LG	TD	PUNT RETURNS	NO	YDS	AVG	FC	LG	TD
M.Gilyard	3	49	16.3	0	23	0	S.Stepto	5	27	5.4	1	17	0
D.Amendola	0	0	0.0	1	0	0	J.Cribbs	1	7	7.0	0	7	0
							[DOWNED]	1	0	0.0	0	0	0
Total	3	49	16.3	1	23	0	Total	6	34	5.7	1	17	0

KICKOFF RETURNS	NO	YDS	AVG	FC	LG	TD	KICKOFF RETURNS	NO	YDS	AVG	FC	LG	TD
M.Gilyard	3	70	23.3	0	28	0	J.Haden	2	43	21.5	0	28	0
D.Amendola	1	20	20.0	0	20	0	G.Lawson	2	39	19.5	0	24	0
							J.Cribbs	2	36	18.0	0	19	0
Total	4	90	22.5	0	28	0	Total	6	118	19.7	0	28	0

St. Louis Rams

FUMBLES	FUM LOST	OWN-REC	YDS	TD	FORCED	OPP-REC	YD	TD	OUT-BDS
K.Darby	1	0	0	0	0	0	0	0	0
P.Trautwein	0	0	1	0	0	0	0	0	0
L.Grant	0	0	0	0	0	2	0	0	0
J.Hull	0	0	0	0	0	1	0	0	0
M.Hoomanawanui	0	0	0	0	0	0	1	0	0
C.Massey	0	0	0	0	0	0	1	0	0
F.Robbins	0	0	0	0	0	0	1	0	0
Total	1	0	1	0	0	3	3	0	0

St. Louis Rams vs Cleveland Browns
8/21/2010 at Cleveland Browns Stadium

Final Individual Statistics

Cleveland Browns

FUMBLES

	FUM	LOST	OWN-REC	YDS	TD	FORCED	OPP-REC	YD	TD	OUT-BDS
J.Delhomme	2	1	1	-1	0	0	0	0	0	0
J.Cribbs	1	1	1	0	0	0	0	0	0	0
J.Harrison	1	0	0	0	0	0	0	0	0	0
S.Stepto	1	1	0	0	0	0	0	0	0	0
B.Costanzo	0	0	0	0	0	1	0	0	0	0
Total	5	3	2	-1	0	1	0	0	0	0

**St. Louis Rams vs Cleveland Browns
8/21/2010 at Cleveland Browns Stadium**

Final Team Statistics

	Visitor Rams	Home Browns
TOTAL FIRST DOWNS	12	16
By Rushing	2	5
By Passing	7	11
By Penalty	3	0
THIRD DOWN EFFICIENCY	6-19-32%	5-13-38%
FOURTH DOWN EFFICIENCY	0-0-0%	1-2-50%
TOTAL NET YARDS	172	285
Total Offensive Plays (inc. times thrown passing)	67	62
Average gain per offensive play	2.6	4.6
NET YARDS RUSHING	57	98
Total Rushing Plays	33	27
Average gain per rushing play	1.7	3.6
Tackles for a loss-number and yards	5-15	0-0
NET YARDS PASSING	115	187
Times thrown - yards lost attempting to pass	0-0	4-17
Gross yards passing	115	204
PASS ATTEMPTS-COMPLETIONS-HAD INTERCEPTED	34-14-0	31-18-2
Avg gain per pass play (inc.# thrown passing)	3.4	5.3
KICKOFFS Number-In End Zone-Touchbacks	6-0-0	4-0-0
PUNTS Number and Average	8-43.9	4-46.8
Had Blocked	0	0
FGs - PATs Had Blocked	0-0	0-0
Net Punting Average	39.6	34.5
TOTAL RETURN YARDAGE (Not Including Kickoffs)	55	34
No. and Yards Punt Returns	3-49	6-34
No. and Yards Kickoff Returns	4-90	6-118
No. and Yards Interception Returns	2-6	0-0
PENALTIES Number and Yards	2-15	7-33
FUMBLES Number and Lost	1-0	5-3
TOUCHDOWNS	1	2
Rushing	0	0
Passing	1	2
EXTRA POINTS Made-Attempts	1-1	2-2
Kicking Made-Attempts	1-1	2-2
FIELD GOALS Made-Attempts	4-4	1-1
RED ZONE EFFICIENCY	1-4-25%	2-3-67%
GOAL TO GO EFFICIENCY	0-1-0%	1-1-100%
SAFETIES	0	0
FINAL SCORE	19	17
TIME OF POSSESSION	31:12	28:48

St. Louis Rams vs Cleveland Browns
8/21/2010 at Cleveland Browns Stadium

Ball Possession And Drive Chart

St. Louis Rams

#	Time Recd	Time Lost	Time Poss	How Ball Obtained	Drive Began	# Play	Yds Gain	Yds Pen	Net Yds	1st Down	Last Scrm	How Given Up
1	12:49	7:48	5:01	Punt	SL 35	10	65	0	65	5	* CLV 9	Touchdown
2	7:06	5:01	2:05	Fumble	CLV 23	6	3	6	9	1	* CLV 14	Field Goal
3	3:27	1:52	1:35	Punt	SL 41	3	1	0	1	0	SL 42	Punt
4	1:52	1:35	0:17	Fumble	CLV 21	4	0	0	0	0	CLV 21	Field Goal
5	9:54	7:22	2:32	Kickoff	SL 22	3	10	-5	5	0	SL 27	Punt
6	4:44	2:18	2:26	Downs	SL 16	3	5	-5	0	0	SL 16	Punt
7	1:05	0:05	1:00	Kickoff	SL 19	3	9	0	9	0	SL 28	Punt
8	15:00	14:09	0:51	Kickoff	SL 32	3	2	0	2	0	SL 34	Punt
9	9:08	7:23	1:45	Kickoff	SL 37	3	7	0	7	0	SL 44	Punt
10	1:56	0:51	1:05	Interception	SL 15	3	1	0	1	0	SL 16	Punt
11	0:51	13:06	2:45	Fumble	CLV 39	9	34	2	36	2	* CLV 3	Field Goal
12	10:54	3:29	7:25	Punt	SL 34	15	46	10	56	4	* CLV 10	Field Goal
13	2:57	1:48	1:09	Punt	SL 36	3	-5	0	-5	0	SL 31	Punt
14	1:16	0:00	1:16	Interception	CLV 31	3	-6	0	-6	0	CLV 34	End of Game

(573) Average SL 41

Cleveland Browns

#	Time Recd	Time Lost	Time Poss	How Ball Obtained	Drive Began	# Play	Yds Gain	Yds Pen	Net Yds	1st Down	Last Scrm	How Given Up
1	15:00	12:49	2:11	Kickoff	CLV 24	3	12	-5	7	0	CLV 31	Punt
2	7:48	7:06	0:42	Kickoff	CLV 21	2	2	0	2	0	CLV 24	Fumble
3	5:01	3:27	1:34	Kickoff	CLV 40	3	-6	0	-6	0	CLV 34	Punt
4	1:35	9:54	6:41	Kickoff	CLV 23	11	77	0	77	5	* SL 6	Touchdown
5	7:22	4:44	2:38	Punt	CLV 37	6	47	0	47	1	* SL 17	Downs
6	2:18	1:05	1:13	Punt	SL 41	6	21	0	21	1	SL 20	Field Goal
7	0:05	0:00	0:05	Punt	CLV 40	1	0	0	0	0	CLV 40	End of Half
8	14:09	9:08	5:01	Punt	CLV 22	11	78	0	78	5	* SL 15	Touchdown
9	7:23	1:56	5:27	Punt	CLV 9	10	43	0	43	3	SL 48	Interception
10	13:06	10:54	2:12	Kickoff	CLV 21	3	-2	0	-2	0	CLV 19	Punt
11	3:29	2:57	0:32	Kickoff	CLV 35	3	2	0	2	0	CLV 37	Punt
12	1:48	1:16	0:32	Punt	CLV 24	4	10	0	10	1	CLV 34	Interception

(355) Average CLV 30

*** inside opponent's 20**

Time of Possession by Quarter	1st	2nd	3rd	4th	OT	Total
Visitor St. Louis Rams	8:58	5:58	4:32	11:44		31:12
Home Cleveland Browns	6:02	9:02	10:28	3:16		28:48
Kickoff Drive No.-Start Average	Rams: 4 - SL 28		Browns: 6 - CLV 27			

St. Louis Rams vs Cleveland Browns
8/21/2010 at Cleveland Browns Stadium
Final Defensive Statistics

St. Louis Rams	Regular Defensive Plays											Special Teams					Misc			
	TKL	AST	COMB	SK	/YDS	TFL	QH	IN	PD	FF	FR	TKL	AST	FF	FR	BL	TKL	AST	FF	FR
C.Dahl	5	2	7	0	0	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0
M.Johnson	5	0	5	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0
J.Hull	5	0	5	0	0	0	0	0	0	0	0	2	1	1	0	0	0	0	0	0
D.Vobora	3	1	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
O.Atogwe	2	2	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
J.Laurinaitis	3	0	3	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0
L.Grant	3	0	3	0	0	0	0	0	0	1	0	1	0	1	0	0	0	0	0	0
V.Adeyanju	2	1	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
J.Hall	1	2	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
H.Davis	2	0	2	2	11	2	2	0	0	0	0	0	0	0	0	0	0	0	0	0
C.Long	2	0	2	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0
N.Diggs	2	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
B.Johnson	2	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
E.Reid	1	1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
F.Robbins	1	0	1	1	6	1	1	0	0	0	1	0	0	0	0	0	0	0	0	0
C.Ryan	1	0	1	1	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0
B.Carpenter	1	0	1	0	0	0	0	1	1	0	0	1	0	0	0	0	0	0	0	0
Q.Butler	1	0	1	0	0	0	0	1	1	0	0	0	0	0	0	0	0	0	0	0
A.Thompson	1	0	1	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0	0
R.Bartell	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
D.Stewart	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
D.Scott	0	1	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0
J.Cudjo	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0
D.Curry	0	0	0	0	0	0	0	0	0	0	0	3	0	0	0	0	0	0	0	0
F.Onobun	0	0	0	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0	0
K.Darby	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0
M.Brown	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0
C.Massey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0
M.Hoomanawanui	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0
P.Trautwein	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
Total	45	10	55	4	17	4	6	2	5	1	1	12	3	2	2	0	0	0	0	1

TKL /TK=Tackle AST /AS=Assist COMB=Combined TFL=Tackles for a Loss
QH=Quarterback Hit
IN=Interception PD=Pass Defense FF =Forced Fumble FR=Fumble Recovery

St. Louis Rams vs Cleveland Browns
8/21/2010 at Cleveland Browns Stadium

Final Defensive Statistics

Cleveland Browns	Regular Defensive Plays												Special Teams					Misc			
	TKL	AST	COMB	SK	/	YDS	TFL	QH	IN	PD	FF	FR	TKL	AST	FF	FR	BL	TKL	AST	FF	FR
C.Gocong	5	0	5	0	0	0	1	0	1	0	0	1	0	0	0	0	0	0	0	0	0
E.Wright	5	0	5	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0
J.Trusnik	4	0	4	0	0	1	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0
R.Ventrone	3	1	4	0	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0	0
S.Fujita	3	1	4	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
B.Schaefering	3	1	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
T.Brown	3	1	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
T.Ward	3	0	3	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0
B.Costanzo	2	1	3	0	0	0	0	0	0	1	0	0	2	0	0	0	0	0	0	0	0
D.Robinson	2	1	3	0	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
R.Smith	2	0	2	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
M.Roth	1	1	2	0	0	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0
J.Haden	1	1	2	0	0	0	0	0	2	0	0	0	0	0	0	0	0	0	0	0	0
D.Veikune	1	1	2	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0
M.Benard	1	1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
M.Adams	1	0	1	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0
E.Barton	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
B.McDonald	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
K.Danso	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
B.Sanford	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
S.Miller	0	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
S.Brown	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0
C.Chancellor	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0
S.Stepto	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0
C.Mitchell	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0
P.Murray	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0
J.Delhomme	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
J.Cribbs	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
Total	44	11	55	0	0	6	2	0	7	1	0	9	0	0	0	0	2	0	0	2	2

St. Louis Rams vs Cleveland Browns
8/21/2010 at Cleveland Browns Stadium

First Half Summary

PERIOD SCORES

Rams	13	0 = 13
Browns	0	10 = 10

TIME OF POSSESSION

Rams	14:56
Browns	15:04

Scoring Plays

Team	Qtr	Time	Play Description (Extra Point) (Drive Info)	Visitor	Home
Rams	1	7:48	D.Fells 9 yd. pass from A.Feeley (Josh.Brown kick) (10-65, 5:01)	7	0
Rams	1	5:01	Josh.Brown 32 yd. Field Goal (6-9, 2:05)	10	0
Rams	1	1:35	Josh.Brown 39 yd. Field Goal (4-0, 0:17)	13	0
Browns	2	9:54	B.Watson 6 yd. pass from J.Delhomme (P.Dawson kick) (11-77, 6:41)	13	7
Browns	2	1:05	P.Dawson 38 yd. Field Goal (6-21, 1:13)	13	10

	St. Louis Rams	Cleveland Browns
TOTAL FIRST DOWNS	6	7
First Downs Rushing-Passing-by Penalty	1 - 4 - 1	2 - 5 - 0
THIRD DOWN EFFICIENCY	2-8-25%	0-5-0%
TOTAL NET YARDS	93	154
Total Offensive Plays	30	31
NET YARDS RUSHING	24	33
NET YARDS PASSING	69	121
Gross Yards Passing	69	127
Times thrown-yards lost attempting to pass	0-0	1-6
Pass Attempts-Completions-Had Intercepted	18 - 11 - 0	16 - 12 - 0
Punts-Number and Average	4 - 43.3	2 - 41
Penalties-Number and Yards	2 - 15	3 - 16
Fumbles-Number and Lost	0 - 0	4 - 2
Red Zone Efficiency	1-2-50%	1-2-50%
Average Drive Start	SL 41	CLV 35

St. Louis Rams										Cleveland Browns									
RUSHING										RUSHING									
	ATT	YDS	AVG	LG	TD		ATT	YDS	AVG	LG	TD								
S.Jackson	4	20	5.0	11	0	P.Hillis	6	18	3.0	9	0								
C.Ogbonnaya	7	6	0.9	7	0	J.Harrison	5	13	2.6	4	0								
S.Bradford	1	-2	-2.0	-2	0	J.Delhomme	3	2	0.7	2	0								
Total	12	24	2.0	11	0	Total	14	33	2.4	9	0								
PASSING										PASSING									
	ATT	CMP	YDS	SK/YD	TD	LG	IN	RT		ATT	CMP	YDS	SK/YD	TD	LG	IN	RT		
S.Bradford	12	6	24	0/0	0	9	0	56.2	J.Delhomme	16	12	127	1/6	1	32	0	118.5		
A.Feeley	6	5	45	0/0	1	16	0	137.5											
Total	18	11	69	0/0	1	16	0	87.5	Total	16	12	127	1/6	1	32	0	118.5		
PASS RECEIVING										PASS RECEIVING									
	TAR	REC	YDS	AVG	LG	TD		TAR	REC	YDS	AVG	LG	TD						
B.Bajema	5	4	32	8.0	16	0	C.Stuckey	3	3	51	17.0	28	0						
C.Ogbonnaya	3	2	4	2.0	9	0	B.Watson	4	3	22	7.3	9	1						
D.Fells	1	1	9	9.0	9	1	J.Cribbs	4	3	10	3.3	9	0						
D.Amendola	1	1	7	7.0	7	0	P.Hillis	3	2	12	6.0	9	0						
D.Johnson	1	1	7	7.0	7	0	J.Harrison	1	1	32	32.0	32	0						
J.Kent	1	1	7	7.0	7	0	B.Robiskie	1	0	0	0.0	0	0						
M.Karney	2	1	3	3.0	3	0													
D.Avery	1	0	0	0.0	0	0													
F.Onobun	1	0	0	0.0	0	0													
L.Robinson	1	0	0	0.0	0	0													
Total	17	11	69	6.3	16	1	Total	16	12	127	10.6	32	1						

St. Louis Rams	Regular Defensive Plays												Special Teams					Misc			
	TKL	AST	COMB	SK	/	YDS	TFL	Q	IN	PD	FF	FR	TKL	AST	FF	FR	BL	TKL	AST	FF	FR
C.Dahl	5	2	7	0		0	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0
O.Atogwe	2	2	4	0		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
L.Grant	3	0	3	0		0	0	0	0	0	1	0	1	0	1	0	0	0	0	0	0
J.Laurinaitis	3	0	3	0		0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0
Totals:	13	4	17	0		0	1	1	0	0	1	0	2	0	1	0	0	0	0	0	0

Cleveland Browns	Regular Defensive Plays												Special Teams					Misc			
	TKL	AST	COMB	SK	/	YDS	TFL	QH	IN	PD	FF	FR	TKL	AST	FF	FR	BL	TKL	AST	FF	FR
C.Gocong	5	0	5	0		0	0	1	0	0	0	0	1	0	0	0	0	0	0	0	0
E.Wright	4	0	4	0		0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0
S.Fujita	3	1	4	0		0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0
T.Ward	3	0	3	0		0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0
Totals:	15	1	16	0		0	1	1	0	2	0	0	1	0	0	0	0	0	0	0	0

Play By Play

First Quarter

8/21/2010

CLV wins toss, elects to Receive, and SL elects to defend the East goal.

Josh.Brown kicks 65 yards from SL 30 to CLV 5. J.Cribbs to CLV 24 for 19 yards (J.Hull).

Cleveland Browns at 15:00, (1st play from scrimmage 14:55)

- 1-10-CLV 24 (14:55) J.Delhomme to CLV 23 for -1 yards. FUMBLES, and recovers at CLV 23. J.Delhomme to CLV 23 for no gain. Handoff to J.Harrison to CLV 28 for 5 yards (O.Atogwe).
- 2-6-CLV 28 (14:38) (No Huddle) J.Harrison left tackle to CLV 32 for 4 yards (L.Grant). FUMBLES (L.Grant), recovered by CLV-J.Cribbs at CLV 30. J.Cribbs to CLV 30 for no gain (C.Dahl).
- 3-4-CLV 30 (14:38) (Shotgun) PENALTY on CLV-B.Yates, False Start, 5 yards, enforced at CLV 30 - No Play.
- 3-9-CLV 25 (13:32) (Shotgun) J.Delhomme pass short right to J.Cribbs to CLV 31 for 6 yards (R.Bartell).
- 4-3-CLV 31 (12:57) R.Hodges punts 34 yards to SL 35, Center-R.Pontbriand, fair catch by D.Amendola.

St. Louis Rams at 12:49

- 1-10-SL 35 (12:49) A.Feeley pass short right to B.Bajema pushed ob at CLV 49 for 16 yards (C.Gocong). P1
- 1-10-CLV 49 (12:25) S.Jackson left guard to CLV 38 for 11 yards (C.Gocong). R2
- 1-10-CLV 38 (11:48) A.Feeley pass short right to M.Karney to CLV 35 for 3 yards (E.Barton).
- 2-7-CLV 35 (11:12) (Shotgun) S.Jackson right guard to CLV 30 for 5 yards (T.Ward, M.Roth).
- 3-2-CLV 30 (10:35) (Shotgun) A.Feeley pass short left to D.Amendola to CLV 23 for 7 yards (E.Wright) [C.Gocong]. P3
- 1-10-CLV 23 (9:54) S.Jackson right tackle to CLV 21 for 2 yards (C.Gocong).
- 2-8-CLV 21 (9:10) (Shotgun) A.Feeley pass short middle to B.Bajema to CLV 11 for 10 yards (C.Gocong). P4
- 1-10-CLV 11 (8:35) S.Jackson right guard to CLV 9 for 2 yards (R.Smith).
- 2-8-CLV 9 (7:59) A.Feeley pass incomplete short right to M.Karney.
- 3-8-CLV 9 (7:55) (Shotgun) **A.Feeley pass short middle to D.Fells for 9 yards, TOUCHDOWN.** P5

Josh.Brown extra point is GOOD, Center-C.Massey, Holder-D.Jones.

SL 7 CLV 0, 10 plays, 65 yards, 5:01 drive, 7:12 elapsed

Josh.Brown kicks 66 yards from SL 30 to CLV 4. J.Cribbs to CLV 21 for 17 yards (C.Dahl).

Cleveland Browns at 7:48, (1st play from scrimmage 7:42)

- 1-10-CLV 21 (7:42) J.Harrison left tackle to CLV 24 for 3 yards (C.Dahl).
- 2-7-CLV 24 (7:11) (No Huddle) J.Delhomme FUMBLES (Aborted) at CLV 24, RECOVERED by SL-F.Robbins at CLV 23.

St. Louis Rams at 7:06

- 1-10-CLV 23 (7:06) C.Ogbonnaya right tackle to CLV 21 for 2 yards (S.Fujita).
- 2-8-CLV 21 (6:32) S.Bradford pass incomplete short right (E.Wright).
- 3-8-CLV 21 (6:28) (Shotgun) S.Bradford pass incomplete short right to D.Amendola (E.Wright). PENALTY on CLV-E.Wright, Defensive Pass Interference, 6 yards, enforced at CLV 21 - No Play. X6
- 1-10-CLV 15 (6:25) S.Bradford scrambles to CLV 17 for -2 yards (R.Smith).
- 2-12-CLV 17 (5:51) (Shotgun) S.Bradford pass short middle to B.Bajema to CLV 14 for 3 yards (T.Ward) [M.Roth].
- 3-9-CLV 14 (5:08) (Shotgun) S.Bradford pass incomplete short left to L.Robinson (S.Brown).
- 4-9-CLV 14 (5:03) **Josh.Brown 32 yard field goal is GOOD, Center-C.Massey, Holder-D.Jones.**

SL 10 CLV 0, 6 plays, 9 yards, 1 penalty, 2:05 drive, 9:59 elapsed

Josh.Brown kicks 58 yards from SL 30 to CLV 12. J.Haden to CLV 40 for 28 yards (D.Curry).

Cleveland Browns at 5:01, (1st play from scrimmage 4:54)

- 1-10-CLV 40 (4:54) J.Harrison left guard to CLV 40 for no gain (J.Laurinaitis, J.Hall).
- 2-10-CLV 40 (4:08) (Shotgun) J.Delhomme pass incomplete short left to J.Cribbs.
- 3-10-CLV 40 (4:02) (Shotgun) J.Delhomme sacked at CLV 34 for -6 yards (F.Robbins).
- 4-16-CLV 34 (3:40) R.Hodges punts 48 yards to SL 18, Center-R.Pontbriand. M.Gilyard to SL 41 for 23 yards (C.Gocong).

St. Louis Rams at 3:27

- 1-10-SL 41 (3:27) S.Bradford pass short right to B.Bajema to SL 44 for 3 yards (E.Wright).
- 2-7-SL 44 (2:52) C.Ogbonnaya right tackle to SL 42 for -2 yards (M.Roth).
- 3-9-SL 42 (2:10) (Shotgun) S.Bradford pass incomplete short right to B.Bajema.
- 4-9-SL 42 (2:05) D.Jones punts 50 yards to CLV 8, Center-C.Massey. J.Cribbs to CLV 15 for 7 yards (L.Grant). FUMBLES (L.Grant), RECOVERED by SL-C.Massey at CLV 21. C.Massey to CLV 21 for no gain (B.Costanzo).

St. Louis Rams at 1:52

- 1-10-CLV 21 (1:52) (Shotgun) S.Bradford pass incomplete short right to C.Ogbonnaya.
- 2-10-CLV 21 (1:47) S.Bradford pass incomplete short middle to F.Onobun (T.Ward).
- 3-10-CLV 21 (1:42) (Shotgun) S.Bradford pass incomplete short right to D.Avery (J.Haden).
- 4-10-CLV 21 (1:38) **Josh.Brown 39 yard field goal is GOOD, Center-C.Massey, Holder-D.Jones.**

SL 13 CLV 0, 4 plays, 0 yards, 0:17 drive, 13:25 elapsed

Josh.Brown kicks 62 yards from SL 30 to CLV 8. J.Haden to CLV 23 for 15 yards (D.Curry).

Cleveland Browns at 1:35, (1st play from scrimmage 1:31)

- 1-10-CLV 23 (1:31) J.Delhomme pass short right to B.Watson to CLV 32 for 9 yards (C.Long, O.Atogwe).
- 2-1-CLV 32 (:54) (No Huddle) J.Harrison left guard to CLV 36 for 4 yards (N.Diggs). R1
- 1-10-CLV 36 (:12) (Shotgun) J.Delhomme pass short left to C.Stuckey pushed ob at SL 36 for 28 yards (C.Dahl). P2

END OF QUARTER

	Score	Time	First Downs				Efficiencies	
		Poss	R	P	X	T	3 Down	4 Down
St. Louis Rams	13	8:58	1	4	1	6	2/5	0/0
Cleveland Browns	0	6:02	1	1	0	2	0/2	0/0

Second Quarter

Play By Play

Cleveland Browns continued.

- 1-10-SL 36 (15:00) P.Hillis right tackle to SL 27 for 9 yards (O.Atogwe).
- 2-1-SL 27 (14:13) P.Hillis right guard to SL 26 for 1 yard (J.Laurinaitis, J.Hall). R3
- 1-10-SL 26 (13:28) (Shotgun) J.Delhomme pass short left to P.Hillis to SL 23 for 3 yards (J.Hall, O.Atogwe).
- 2-7-SL 23 (12:44) (Shotgun) J.Delhomme pass short right to J.Cribbs to SL 28 for -5 yards (C.Dahl). SL-R.Bartell was injured during the play. His return is Questionable.

Timeout at 12:19.

- 3-12-SL 28 (12:00) (Shotgun) J.Delhomme pass short right to P.Hillis to SL 19 for 9 yards (C.Long, C.Dahl).
- 4-3-SL 19 (11:19) J.Delhomme pass short right to J.Cribbs to SL 10 for 9 yards (A.Thompson). P4
- 1-10-SL 10 (10:41) P.Hillis right tackle to SL 6 for 4 yards (M.Johnson).
- 2-6-SL 6 (9:59) (Shotgun) J.Delhomme pass incomplete short left to B.Watson. P5
Cleveland challenged the incomplete pass ruling, and the play was REVERSED.
(Shotgun) J.Delhomme pass short left to B.Watson for 6 yards, TOUCHDOWN.
 P.Dawson extra point is GOOD, Center-R.Pontbriand, Holder-R.Hodges.

SL 13 CLV 7, 11 plays, 77 yards, 6:41 drive, 5:06 elapsed

P.Dawson kicks 68 yards from CLV 30 to SL 2. D.Amendola to SL 22 for 20 yards (B.Costanzo).

St. Louis Rams at 9:54

- 1-10-SL 22 (9:54) PENALTY on CLV-D.Robinson, Neutral Zone Infraction, 5 yards, enforced at SL 22 - No Play.
- 1-5-SL 27 (9:49) (Shotgun) C.Ogbonnaya right guard to SL 27 for no gain (C.Gocong).
- 2-5-SL 27 (9:15) S.Bradford pass short left to M.Hoomanawanui to SL 33 for 6 yards (S.Brown).
 PENALTY on SL-J.Brown, Offensive Holding, 10 yards, enforced at SL 27 - No Play.
- 2-15-SL 17 (8:53) (Shotgun) C.Ogbonnaya right tackle to SL 18 for 1 yard (E.Wright, J.Haden).
- 3-14-SL 18 (8:14) (Shotgun) S.Bradford pass short middle to C.Ogbonnaya to SL 27 for 9 yards (S.Fujita).
- 4-5-SL 27 (7:33) D.Jones punts 40 yards to CLV 33, Center-C.Massey. S.Stepto to CLV 37 for 4 yards (B.Carpenter, K.Darby).

Cleveland Browns at 7:22

- 1-10-CLV 37 (7:22) J.Delhomme pass short left to B.Watson to CLV 44 for 7 yards (N.Diggs).
- 2-3-CLV 44 (6:45) (No Huddle, Shotgun) J.Delhomme pass short right to J.Harrison pushed ob at SL 24 for 32 yards (L.Grant). P6
- 1-10-SL 24 (6:14) (No Huddle) P.Hillis right tackle to SL 22 for 2 yards (J.Laurinaitis).
- 2-8-SL 22 (5:37) (No Huddle, Shotgun) J.Delhomme pass incomplete deep left to B.Robiskie.
 Timeout #1 by CLV at 05:32.
- 3-8-SL 22 (5:32) (Shotgun) J.Delhomme pass short right to C.Stuckey to SL 17 for 5 yards (M.Johnson).
- 4-3-SL 17 (4:50) P.Hillis right guard to SL 16 for 1 yard (V.Adeyanju, C.Dahl).

St. Louis Rams at 4:44

- 1-10-SL 16 (4:44) C.Ogbonnaya right tackle to SL 12 for -4 yards (D.Robinson).
- 2-14-SL 12 (4:10) C.Ogbonnaya right tackle to SL 14 for 2 yards (E.Wright).
- 3-12-SL 14 (3:27) (Shotgun) PENALTY on SL-J.Smith, False Start, 5 yards, enforced at SL 14 - No Play.
- 3-17-SL 9 (3:09) (Shotgun) C.Ogbonnaya right guard to SL 16 for 7 yards (T.Ward, S.Fujita).
- 4-10-SL 16 (2:29) D.Jones punts 42 yards to CLV 42, Center-C.Massey. S.Stepto to SL 41 for 17 yards (D.Curry).

Cleveland Browns at 2:18

- 1-10-SL 41 (2:18) (Shotgun) P.Hillis right tackle to SL 40 for 1 yard (L.Grant).

Two-Minute Warning

- 2-9-SL 40 (2:00) (Shotgun) J.Delhomme pass short right to C.Stuckey pushed ob at SL 22 for 18 yards (C.Dahl). P7
- 1-10-SL 22 (1:50) (Shotgun) J.Delhomme scrambles to SL 20 for 2 yards.
- 2-8-SL 20 (1:18) (Shotgun) J.Delhomme pass incomplete short right to P.Hillis (C.Long).
- 3-8-SL 20 (1:13) (Shotgun) J.Delhomme pass incomplete short right to B.Watson (D.Scott) [J.Laurinaitis].
- 4-8-SL 20 (1:09) **P.Dawson 38 yard field goal is GOOD, Center-R.Pontbriand, Holder-R.Hodges.**

SL 13 CLV 10, 6 plays, 21 yards, 1:13 drive, 13:55 elapsed

P.Dawson kicks 68 yards from CLV 30 to SL 2. M.Gilyard to SL 19 for 17 yards (M.Adams).

St. Louis Rams at 1:05, (1st play from scrimmage 1:00)

- 1-10-SL 19 (1:00) (Shotgun) S.Bradford pass short left to C.Ogbonnaya to SL 14 for -5 yards (S.Fujita).
- 2-15-SL 14 (:35) (No Huddle, Shotgun) S.Bradford pass short right to D.Johnson to SL 21 for 7 yards (B.McDonald).
 Timeout #2 by CLV at 00:27.
- 3-8-SL 21 (:27) (Shotgun) S.Bradford pass short middle to J.Kent to SL 28 for 7 yards (J.Haden).
 Timeout #3 by CLV at 00:16.
- 4-1-SL 28 (:16) D.Jones punts 41 yards to CLV 31, Center-C.Massey. S.Stepto pushed ob at CLV 40 for 9 yards (F.Onobun).

Cleveland Browns at 0:05

- 1-10-CLV 40 (:05) J.Delhomme kneels to CLV 40 for no gain.

END OF QUARTER

	Score	Time Poss	First Downs				Efficiencies	
			R	P	X	T	3 Down	4 Down
St. Louis Rams	13	5:58	0	0	0	0	0/3	0/0
Cleveland Browns	10	9:02	1	4	0	5	0/3	1/2

Third Quarter

Play By Play

SL elects to Receive, and CLV elects to defend the West goal.

P.Dawson kicks 63 yards from CLV 30 to SL 7. M.Gilyard to SL 32 for 25 yards (C.Chancellor).

St. Louis Rams at 15:00, (1st play from scrimmage 14:55)

- 1-10-SL 32 (14:55) S.Bradford pass incomplete short right to F.Onobun (C.Gocong).
- 2-10-SL 32 (14:51) K.Darby right tackle to SL 34 for 2 yards (E.Wright). CLV-R.Smith was injured during the play. His return is Questionable.
- 3-8-SL 34 (14:21) (Shotgun) S.Bradford pass incomplete short left to M.Gilyard.
- 4-8-SL 34 (14:17) D.Jones punts 44 yards to CLV 22, Center-C.Massey, fair catch by S.Stepto.

Cleveland Browns at 14:09

- 1-10-CLV 22 (14:09) P.Hillis right tackle to CLV 30 for 8 yards (M.Johnson).
- 2-2-CLV 30 (13:32) (No Huddle, Shotgun) S.Wallace pass incomplete short left to B.Robiskie (M.Johnson).
- 3-2-CLV 30 (13:26) S.Wallace pass short right to J.Cribbs to CLV 35 for 5 yards (M.Johnson). P8
- 1-10-CLV 35 (12:46) S.Wallace pass short right to R.Royal to SL 40 for 25 yards (B.Johnson). P9
- 1-10-SL 40 (12:11) P.Hillis right tackle to SL 32 for 8 yards (J.Hull).
- 2-2-SL 32 (11:44) (No Huddle) P.Hillis right tackle to SL 29 for 3 yards (M.Johnson). R10
- 1-10-SL 29 (11:10) (No Huddle) P.Hillis left tackle to SL 21 for 8 yards (J.Hull).
- 2-2-SL 21 (10:39) (No Huddle) P.Hillis right tackle to SL 18 for 3 yards (V.Adeyanju). R11
- 1-10-SL 18 (10:05) P.Hillis left guard to SL 15 for 3 yards (D.Stewart, D.Vobora).
- 2-7-SL 15 (9:21) S.Wallace pass incomplete short left to R.Royal.
- 3-7-SL 15 **(9:13) (Shotgun) S.Wallace pass short left to J.Cribbs for 15 yards, TOUCHDOWN.** P12

SL 13 CLV 17, 11 plays, 78 yards, 5:01 drive, 5:52 elapsed

P.Dawson kicks 61 yards from CLV 30 to SL 9. M.Gilyard to SL 37 for 28 yards (D.Veikune).

St. Louis Rams at 9:08, (1st play from scrimmage 9:02)

- 1-10-SL 37 (9:02) K.Darby right guard to SL 40 for 3 yards (B.Schaefering, M.Benard).
- 2-7-SL 40 (8:20) K.Darby right guard to SL 44 for 4 yards (J.Trusnik).
- 3-3-SL 44 (7:39) (Shotgun) K.Null pass incomplete short right to M.Gilyard.
- 4-3-SL 44 (7:35) D.Jones punts 48 yards to CLV 8, Center-C.Massey. S.Stepto to CLV 9 for 1 yard (F.Onobun, J.Hull).

Cleveland Browns at 7:23

- 1-10-CLV 9 (7:23) J.Davis right tackle to CLV 11 for 2 yards (J.Hull).
- 2-8-CLV 11 (6:50) J.Davis left guard to CLV 17 for 6 yards (J.Hull, V.Adeyanju).
- 3-2-CLV 17 (6:06) (Shotgun) S.Wallace pass short middle to E.Moore to CLV 29 for 12 yards (D.Vobora). SL-V.Adeyanju was injured during the play. His return is Questionable. P13
- 1-10-CLV 29 (5:32) J.Davis left guard to CLV 31 for 2 yards (D.Vobora).
- 2-8-CLV 31 (4:53) S.Wallace pass incomplete short right to E.Moore.
- 3-8-CLV 31 (4:45) (Shotgun) S.Wallace pass short right to J.Davis to CLV 41 for 10 yards (Q.Butler, D.Scott). P14
- 1-10-CLV 41 (4:05) J.Davis right guard to CLV 41 for no gain (D.Vobora).
Timeout #1 by CLV at 03:17.
- 2-10-CLV 41 (3:17) S.Wallace sacked at CLV 36 for -5 yards (H.Davis).
- 3-15-CLV 36 (2:45) (Shotgun) S.Wallace scrambles up the middle to SL 48 for 16 yards (B.Johnson). R15
Timeout #1 by SL at 02:05.
- 1-10-SL 48 (2:05) S.Wallace pass deep right intended for C.Mitchell INTERCEPTED by Q.Butler at SL 15. Q.Butler to SL 15 for no gain (C.Mitchell).

St. Louis Rams at 1:56

- 1-10-SL 15 (1:56) K.Null pass incomplete to K.Burton.
- 2-10-SL 15 (1:51) (Shotgun) K.Darby left guard to SL 16 for 1 yard (B.Costanzo).
- 3-9-SL 16 (1:10) (Shotgun) K.Null pass incomplete short right to K.Burton.
- 4-9-SL 16 (1:04) D.Jones punts 41 yards to CLV 43, Center-C.Massey. S.Stepto to CLV 40 for -3 yards (J.Hull). FUMBLES (J.Hull), RECOVERED by SL-M.Hoomanawanui at CLV 39. M.Hoomanawanui to CLV 39 for no gain (S.Stepto).

St. Louis Rams at 0:51

- 1-10-CLV 39 (:51) K.Toston right guard to CLV 35 for 4 yards (M.Benard, D.Robinson).
- 2-6-CLV 35 (:13) (Shotgun) K.Toston right guard to CLV 34 for 1 yard (T.Brown).

END OF QUARTER

	Score	Time Poss	First Downs				Efficiencies	
			R	P	X	T	3 Down	4 Down
St. Louis Rams	13	4:32	0	0	0	0	0/3	0/0
Cleveland Browns	17	10:28	3	5	0	8	5/5	0/0

Fourth Quarter

8/21/2010

Play By Play

St. Louis Rams continued.

3-5-CLV 34	(15:00) (Shotgun) K.Null pass deep right to M.Hoomanawanui to CLV 9 for 25 yards (M.Adams).	P7
<u>1-9-CLV 9</u>	(14:18) (Shotgun) K.Null pass incomplete short right to K.Burton.	
2-9-CLV 9	(14:13) K.Toston left guard to CLV 5 for 4 yards (B.Schaefering, R.Ventrone).	
3-5-CLV 5	(13:28) (Shotgun) K.Null pass incomplete short right to F.Onobun. PENALTY on CLV-R.Ventrone, Illegal Contact, 2 yards, enforced at CLV 5 - No Play.	X8
<u>1-3-CLV 3</u>	(13:23) K.Null pass incomplete short middle to M.Hoomanawanui.	
2-3-CLV 3	(13:18) K.Null pass incomplete short left to D.Curry (J.Haden).	
3-3-CLV 3	(13:14) (Shotgun) K.Null pass incomplete short right to M.Gilyard.	
4-3-CLV 3	(13:09) Josh.Brown 21 yard field goal is GOOD, Center-C.Massey, Holder-D.Jones.	

SL 16 CLV 17, 9 plays, 36 yards, 1 penalty, 2:45 drive, 1:54 elapsed

Josh.Brown kicks 64 yards from SL 30 to CLV 6. G.Lawson to CLV 21 for 15 yards (A.Thompson, M.Brown).

Cleveland Browns at 13:06, (1st play from scrimmage 12:59)

1-10-CLV 21	(12:59) C.Jennings left guard to CLV 25 for 4 yards (E.Reid).	
2-6-CLV 25	(12:21) C.McCoy sacked at CLV 25 for 0 yards (C.Ryan).	
3-6-CLV 25	(11:39) (Shotgun) C.McCoy sacked at CLV 19 for -6 yards (H.Davis, E.Reid).	
4-12-CLV 19	(11:05) R.Hodges punts 53 yards to SL 28, Center-R.Pontbriand. M.Gilyard to SL 34 for 6 yards (R.Ventrone).	

St. Louis Rams at 10:54

1-10-SL 34	(10:54) K.Toston right guard to SL 37 for 3 yards (T.Brown, B.Schaefering).	
2-7-SL 37	(10:16) PENALTY on CLV-D.Robinson, Encroachment, 5 yards, enforced at SL 37 - No Play.	
2-2-SL 42	(10:01) K.Null pass incomplete short right to M.Hoomanawanui.	
3-2-SL 42	(9:54) K.Toston right guard to SL 45 for 3 yards (K.Danso).	R9
<u>1-10-SL 45</u>	(9:11) (Shotgun) K.Toston left guard to SL 48 for 3 yards (J.Trusnik, B.Costanzo).	
2-7-SL 48	(8:31) K.Null pass incomplete short right to M.Hoomanawanui (J.Trusnik).	
3-7-SL 48	(8:26) (Shotgun) K.Null pass short right to M.Hoomanawanui to CLV 44 for 8 yards (R.Ventrone).	P10
<u>1-10-CLV 44</u>	(7:54) K.Null pass incomplete deep right to B.Foster.	
2-10-CLV 44	(7:49) K.Darby right guard to CLV 37 for 7 yards (B.Costanzo). FUMBLES (B.Costanzo), recovered by SL-P.Trautwein at CLV 38. P.Trautwein to CLV 38 for no gain (R.Ventrone).	
3-4-CLV 38	(7:02) (Shotgun) K.Null pass short left to D.Curry to CLV 25 for 13 yards (R.Ventrone).	P11
<u>1-10-CLV 25</u>	(6:29) K.Toston left guard to CLV 20 for 5 yards (J.Trusnik, T.Brown).	
2-5-CLV 20	(5:48) (Shotgun) K.Toston left tackle to CLV 20 for no gain (D.Veikune).	
3-5-CLV 20	(5:06) (Shotgun) K.Null pass incomplete short left to D.Curry. PENALTY on CLV-J.Haden, Defensive Pass Interference, 5 yards, enforced at CLV 20 - No Play.	X12
<u>1-10-CLV 15</u>	(5:01) K.Toston right guard to CLV 13 for 2 yards (B.Schaefering, S.Miller).	
2-8-CLV 13	(4:19) K.Toston right guard to CLV 10 for 3 yards (T.Brown, D.Veikune).	
3-5-CLV 10	(3:37) K.Null pass incomplete short right to M.Gilyard.	
4-5-CLV 10	(3:33) Josh.Brown 28 yard field goal is GOOD, Center-C.Massey, Holder-D.Jones.	

SL 19 CLV 17, 15 plays, 56 yards, 2 penalties, 7:25 drive, 11:31 elapsed

Josh.Brown kicks 59 yards from SL 30 to CLV 11. G.Lawson ran ob at CLV 35 for 24 yards (A.Thompson).

Timeout at 03:23.

Cleveland Browns at 3:29, (1st play from scrimmage 3:23)

1-10-CLV 35	(3:23) C.McCoy pass incomplete short right to A.Smith [J.Cudjo].	
2-10-CLV 35	(3:20) C.McCoy pass incomplete short right to J.Davis.	
3-10-CLV 35	(3:15) C.McCoy scrambles right end ran ob at CLV 37 for 2 yards (B.Carpenter).	
4-8-CLV 37	(3:09) R.Hodges punts 52 yards to SL 11, Center-R.Pontbriand. M.Gilyard to SL 31 for 20 yards (R.Ventrone). PENALTY on CLV-R.Royal, Illegal Motion, 5 yards, enforced at SL 31.	

St. Louis Rams at 2:57

1-10-SL 36	(2:57) K.Toston left guard to SL 32 for -4 yards (D.Robinson).	
2-14-SL 32	(2:15) K.Toston right tackle to SL 29 for -3 yards (J.Trusnik). Timeout #2 by CLV at 02:10.	
3-17-SL 29	(2:10) K.Toston left guard to SL 31 for 2 yards (B.Sanford).	

Two-Minute Warning

4-15-SL 31	(2:00) D.Jones punts 45 yards to CLV 24, Center-C.Massey, downed by SL-K.Burton.	
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Cleveland Browns at 1:48

1-10-CLV 24	(1:48) B.Ratliff pass short right to A.Smith to CLV 34 for 10 yards (J.Hull).	P16
<u>1-10-CLV 34</u>	(1:30) (No Huddle) B.Ratliff pass incomplete short right to A.Smith.	
2-10-CLV 34	(1:27) B.Ratliff pass incomplete short right to C.Mitchell.	
3-10-CLV 34	(1:22) B.Ratliff pass short middle intended for A.Smith INTERCEPTED by B.Carpenter at CLV 37. B.Carpenter to CLV 31 for 6 yards (P.Murray).	

St. Louis Rams at 1:16

1-10-CLV 31	(1:16) K.Null kneels to CLV 32 for -1 yards. Timeout #3 by CLV at 01:08.	
2-11-CLV 32	(1:08) K.Null kneels to CLV 34 for -2 yards.	
3-13-CLV 34	(:31) K.Null kneels to CLV 37 for -3 yards.	

St. Louis Rams vs Cleveland Browns at Cleveland Browns Stadium

END OF QUARTER

	Time	First Downs				Efficiencies		
Score	Poss	R	P	X	T	3 Down	4 Down	
St. Louis Rams	19	11:44	1	3	2	6	4/8	0/0
Cleveland Browns	17	3:16	0	1	0	1	0/3	0/0

Miscellaneous Statistics Report

St. Louis Rams vs Cleveland Browns
8/21/2010 at Cleveland Browns Stadium

Ten Longest Plays for St. Louis Rams

Yards	Qtr	Play Start	Play Description
25	4	3-5-CLV 34	(15:00) (Shotgun) K.Null pass deep right to M.Hoomanawanui to CLV 9 for 25 yards (M.Adams).
16	1	1-10-SL 35	(12:49) A.Feeley pass short right to B.Bajema pushed ob at CLV 49 for 16 yards (C.Gocong).
13	4	3-4-CLV 38	(7:02) (Shotgun) K.Null pass short left to D.Curry to CLV 25 for 13 yards (R.Ventrone).
11	1	1-10-CLV 49	(12:25) S.Jackson left guard to CLV 38 for 11 yards (C.Gocong).
10	1	2-8-CLV 21	(9:10) (Shotgun) A.Feeley pass short middle to B.Bajema to CLV 11 for 10 yards (C.Gocong).
9	1	3-8-CLV 9	(7:55) (Shotgun) A.Feeley pass short middle to D.Fells for 9 yards, TOUCHDOWN.
9	2	3-14-SL 18	(8:14) (Shotgun) S.Bradford pass short middle to C.Ogbonnaya to SL 27 for 9 yards (S.Fujita).
8	4	3-7-SL 48	(8:26) (Shotgun) K.Null pass short right to M.Hoomanawanui to CLV 44 for 8 yards (R.Ventrone).
7	1	3-2-CLV 30	(10:35) (Shotgun) A.Feeley pass short left to D.Amendola to CLV 23 for 7 yards (E.Wright) [C.Gocong].
7	2	3-17-SL 9	(3:09) (Shotgun) C.Ogbonnaya right guard to SL 16 for 7 yards (T.Ward, S.Fujita).

Ten Longest Plays for Cleveland Browns

Yards	Qtr	Play Start	Play Description
32	2	2-3-CLV 44	(6:45) (No Huddle, Shotgun) J.Delhomme pass short right to J.Harrison pushed ob at SL 24 for 32 yards (L.Grant).
28	1	1-10-CLV 36	(:12) (Shotgun) J.Delhomme pass short left to C.Stuckey pushed ob at SL 36 for 28 yards (C.Dahl).
25	3	1-10-CLV 35	(12:46) S.Wallace pass short right to R.Royal to SL 40 for 25 yards (B.Johnson).
18	2	2-9-SL 40	(2:00) (Shotgun) J.Delhomme pass short right to C.Stuckey pushed ob at SL 22 for 18 yards (C.Dahl).
16	3	3-15-CLV 36	(2:45) (Shotgun) S.Wallace scrambles up the middle to SL 48 for 16 yards (B.Johnson).
15	3	3-7-SL 15	(9:13) (Shotgun) S.Wallace pass short left to J.Cribbs for 15 yards, TOUCHDOWN.
12	3	3-2-CLV 17	(6:06) (Shotgun) S.Wallace pass short middle to E.Moore to CLV 29 for 12 yards (D.Vobora). SL-V.Adeyanju was injured during the play. His return is Questionable.
10	3	3-8-CLV 31	(4:45) (Shotgun) S.Wallace pass short right to J.Davis to CLV 41 for 10 yards (Q.Butler, D.Scott).
10	4	1-10-CLV 24	(1:48) B.Ratliff pass short right to A.Smith to CLV 34 for 10 yards (J.Hull).
9	1	1-10-CLV 23	(1:31) J.Delhomme pass short right to B.Watson to CLV 32 for 9 yards (C.Long, O.Atogwe).

Touchdown Scoring Information

		Offense	Defense	Special Teams
VISITOR:	St. Louis Rams	1	0	0
HOME:	Cleveland Browns	2	0	0



St. Louis Rams

Additional Bios



Danario Alexander

Wide Receiver

84



Height: 6-5 **Weight:** 221

Birthdate: 8/7/88

College: Missouri

NFL Experience: Rookie

Acquired: FA-2010

High School: Marlin H.S.

Hometown: Marlin, Tex.

TRANSACTIONS: Signed by St. Louis as a free agent (8/22/10).

COLLEGE: Missouri's all-time leader in career receiving yards (2,778)...his 1,781 receiving yards in 2009 were the second highest single-season total in Big 12 history, trailing only Michael Crabtree's 1,962 in 2007...First-team All-American by *Sports Illustrated* and CBS Sports and second-team by *The Associated Press*, *Sporting News* and Walter Camp Football...honorable mention Big 12 Offensive Player of the Year in 2009.

2009 SEASON(SENIOR): Had a storybook end to a career that saw him overcome three knee surgeries, only to emerge as the best receiver in college football as a senior, after entering the year off the radar on the national scene ...won 1st-Team All-American honors by Sports Illustrated and CBSSportsline after leading the nation with 1,781 receiving yards, on 113 receptions and 14 touchdowns – all three breaking MU single-season records...monster season also was enough to make him the new MU career record holder for receiving yards, with 2,778... Closed out his Tiger career with a 6-catch, 137-yard, 1-touchdown performance in the 2009 Texas Bowl against Navy... led Mizzou in receptions (10) and yards (132) in the season-opening win over Illinois...set a then-career high with 170 yards on nine grabs, scoring two touchdowns against Nevada on Sept. 25, earning Co-Big 12 Offensive Player of the Week ...had a career-long 74-yard reception that went for a touchdown in the third quarter...eclipsed the 100-yard mark for the fourth time on the season, compiling 123 yards on eight catches against Colorado... had a career day against Baylor, catching 13 passes for 214 yards and one TD ...his 13 grabs and 214 yards set new career highs...set a school record by catching at least six passes in the sixth-consecutive game...214 yards were the fifth-most single-game total in school history...became the first player in MU history to record back-to-back 200-yard games with exactly 200 yards on 10 receptions against Kansas State...tied a school record with three touchdowns in the game, scoring on catches of 54, 16 and 80 yards and was named the Big 12 Offensive Player of the Week after performance at KSU...caught 11 passes for 173 yards and a touchdown on Senior Day against Iowa State ... had his third 200-yard receiving day in four games with 233 yards against Kansas...owns three of the seven all-time 200-yard games in MU history...caught a season-high 15 passes and scored a TD against KU...TD was a 68-yard catch and run in the third quarter...had seven grabs for a 181 yards and the TD in the third quarter alone.

2008 SEASON(JUNIOR): Contributed to Mizzou's record-setting offense by catching 26 passes for 329 yards and a career-high 5 touchdowns, despite not being fully 100 percent throughout the year, as he was still working through the after-effects of off-season knee surgery...missed the first two games of the year, and returned to catch at least one pass in every game the rest of the way...closed the season by grabbing 3 balls for 26 yards and a crucial touchdown grab in MU's bowl win over Northwestern...his TD grab in the Alamo Bowl was an 11-yarder that came on third down, and it gave Mizzou its first lead of the game, at 17-16 with 7:20 left in the third quarter...three of his first six receptions on the year were touchdowns... caught his first touchdown of the season on a 27-yard pass from Chase Daniel against Buffalo...made three catches for 53 yards in the Big 12 Championship against Oklahoma.

2007 SEASON(SOPHOMORE): Was second on the team with a career-high nine catches for 82 yards in the season opener against Illinois...left the game with an injury to his left wrist after being tackled on that play and missed the next three games...returned from a three-week rehab to make three catches for 56 yards, including a 48-yard TD reception, against Nebraska...that 48-yard grab was a season long and marked the second score of his career ..made six catches for 54 yards against Oklahoma, including a 34-yard reception...had a big night against Kansas, catching eight passes for 117 yards and one TD...the 117 yards were a career high...had a 19-yard run against Oklahoma in the Big 12 Championship, but injured his left knee on the play...missed the Cotton Bowl after having surgery on the injured knee.

2006 SEASON (FRESHMAN): Earned playing time with an impressive fall camp and blossomed late in the season to make big contributions...ended the season with 15 catches for 251 yards and 1 TD, with 11 of his 15 catches coming in the final 4 games of the year...per-catch average of 16.7 was second on the team among those with 5 receptions or more...closed the season with a 74-yard TD catch in the Sun Bowl (his first career TD) against Oregon State, when he got loose on a fly pattern and outraced the Beaver secondary untouched for a 2nd-quarter TD that put MU up, 17-14...had a breakout performance at Nebraska in week 10 with 4 catches for a career-best 84 yards.

PERSONAL: Honorable mention All-State and 1st-Team All-District as a senior for Marlin High School in 2005 after catching 49 passes for 850 yards and 9 TDs...named 2nd-Team Super Cen-Tex as well...was a 1st-Team All-District performer in baseball...district champion in the long jump (best of 23'10") and triple jump (best of 45'10") in 2005. Earned undergraduate degree in sociology in December of 2009, needing only three-and-a-half years to get the work done, as he played as a true freshman after arriving on campus in the fall of 2006.

ALEXANDER'S COLLEGE STATISTICS

Year	Team	G-S	Receiving					Rushing				
			Rec	Yds	Avg	Lg	TD	Att	Yds	Avg	Lg	TD
2006	Missouri	13-0	15	251	16.7	74	1	2	12	6.0	14	0
2007	Missouri	10-2	37	417	11.3	48	2	6	31	5.2	19	0
2008	Missouri	12-1	26	329	12.7	39	5	2	6	3.0	3	0
2009	Missouri	13-13	113	1,781	15.8	84	14	1	10	10.0	10	0
Total		48-16	191	2,778	14.5	84	22	11	59	5.4	19	0

ADDITIONAL STATISTICS: Passing: 2009 (1-2, 40 yards, 1 TD), 2008 (0-1).



Renardo Foster

Tackle

71



Height: 6-7 **Weight:** 333

Birthdate: 7/15/84

College: Louisville

NFL Experience: 2nd year (2nd Rams)

GP/GS (postseason): 7/2 (0/0)

Acquired: FA-2010

High School: Ripley H.S.

Hometown: Ripley, Tenn.

TRANSACTIONS: Signed by St. Louis as a free agent...signed to the New Orleans Saints practice squad (9/30/09)...acquired by St. Louis via waivers from Atlanta (6/19/08)...placed on physically unable to perform list (8/26/08)...placed on reserve/injured list (10/22/07)...signed by Atlanta as an undrafted rookie free agent (5/1/07).

PRO: Has played in seven career games with two starts, all in 2007...spent most of 2009 season on the New Orleans Saints' practice squad...missed all of 2008 while recovering from a knee injury suffered in 2007.

2009 SEASON: Spent 11 weeks on New Orleans Saints' practice squad.

2008 SEASON: Spent the season on the physically unable to perform list.

2007 SEASON: Saw action in seven games with two starts before being placed on the reserve/injured list with a knee injury (10/22)...**vs. New York Giants (10/15):** Started his first career NFL game...helped open holes for the Falcons to rush for 103 yards.

COLLEGE: All-Big East selection after starting his senior season at Louisville...named to the Conference USA All-Freshman Team after starting in 13 games and helping the Cardinals rush for 2,966 yards and 35 touchdowns.

PERSONAL: Attended Ripley (Tenn.) High School, where he posted 49 tackles in addition to catching six touchdowns as a senior...named to the All-Region and All-West Tennessee team as a junior and senior.

FOSTER'S Games Played-Starts: (Atlanta) 2007 (7/2), 2008 (0/0). **Totals:** (7/2).



Tim Mattran *Center*

62



Height: 6-5 Weight: 298
Birthdate: 10/23/84
College: Stanford
NFL Experience: 1

Acquired: FA-2010
High School: Chaska
Hometown: Chanhassen, Minn.

TRANSACTIONS: Signed with the Rams as a free agent (8/6/10)...Selected by United Football League's Hartford Colonials in the sixth round (27th overall) of UFL Draft (6/2/10)...signed to Oakland Raiders practice squad (12/18/09)...Signed with Rams (3/16/09)...Signed to Jacksonville Jaguars practice squad (11/25/08)...Signed to Minnesota Vikings practice squad (9/3/08)...Signed with Vikings as an undrafted rookie free agent (4/27/08).

PRO: Spent 2009 offseason with the Rams...spent final five weeks of 2008 season as member of Jacksonville Jaguars practice squad after being signed (11/25/08)...released by the Minnesota Vikings (9/17/08) after being signed to practice squad (9/3/08)...entered the NFL as a rookie free agent with the Vikings in 2008.

COLLEGE: Granted a medical redshirt in 2006 that allowed him to return in 2007 for his sixth season at Stanford...ended college career with 18 starts...opened all 12 games as a senior...took over as starter during 2005 season for six games but missed 2006 with ankle injury... named to Academic All-Pac 10 team four times in his career...

PERSONAL: Attended Chaska High School in Chanhassen, Minn...standout in football and track...captain of track team...threw shot and discus...valedictorian of his class in 2002...married, wife Kate.



Brett Johnson

Safety

26



Height: 6-1 **Weight:** 194
Birthdate: 2/27/87
College: California
NFL Experience: Rookie
GP/GS (postseason): 0/0 (0/0)

Acquired: FA-2010
High School: Green Valley
Hometown: Las Vegas, Nev.

TRANSACTIONS: Signed by St. Louis (8/17/10)...claimed off waivers by Philadelphia (6/28/10)...signed by Buffalo as undrafted free agent (5/5/10).

COLLEGE: Started 22-of-49 games at California finishing his Golden Bears career with 107 tackles along with three interceptions.

2009 SEASON: Started 12-of-13 games at safety... notched a career-high 52 tackles to lead all Cal defensive backs... posted a career-best eight tackles and a forced fumble at Oregon... broke up a season-best two passes vs. Arizona

2008 SEASON: Finished the season with 43 tackles, two interceptions and three passes defended... moved into the starting lineup for game three and started nine of the team's final 11 contests, playing in 12 games... notched first interception of the year at Washington state in 66-3 win... matched a career-best with seven tackles three times (vs. Arizona State, at USC and at Oregon State)

2007 SEASON: Saw action in all 13 games, primarily on special teams... registered eight tackles, including five in the Armed Forces Bowl win vs. Air Force in his first career start (FS)

2006 SEASON: Posted four tackles in 11 games played on special teams... had two stops at Oregon State and one each vs. Arizona State and UCLA

2005 SEASON: Redshirted.

PERSONAL: Interdisciplinary Studies major... as a senior in 2004 at Green Valley (Henderson, NV) High School, posted 94 tackles, three interceptions and five forced fumbles... selected first-team All-Southern Nevada by the Las Vegas Review-Journal... earned All-Sunrise Southeast League honors as a junior with 84 tackles and two interceptions... lettered three times in track and field.



St. Louis Rams

Feature Clips

ST. LOUIS RAMS CLIPS

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ST. LOUIS RAMS NEWS CLIPS

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Section/# of Pages: Sports/1 of 2

Date: 8/1/10

Sam Bradford creates a buzz for St. Louis Rams **BY BRYAN BURWELL**

It was just a little before noon, and already the Rams' marketing department worker bees were busy scrambling about in a focused fury, transforming one corner of the parking lot in front of Rams Park into a makeshift, interactive football carnival.

Over there, they were scurrying about stocking the shelves of the merchandising trailer with new Sam Bradford jerseys. And over there, they were pounding a life-sized color cutout of their new rookie quarterback into the soft green grass just in front of the entrance gate.

And what was that over there?

Why step right up and get your digital photo taken in an authentic Bradford game jersey and regulation Rams helmet.

If you didn't know any better, you'd think going to Rams Park on Saturday afternoon was a pretty big deal or something. More than three hours before the franchise unveiled its nouveau riche No.1 draft pick in his first official practice of training camp, Rams fans were already lining up just outside the facility gates, eager to be among the first to get an up-close-and-personal glimpse of the kid with the newly minted \$78 million contract and the outsized professional expectations. Eventually, nearly 1,300 spectators would walk through the Rams Park gates, buzzing with an excitement that isn't often felt around a team coming off a 1-15 season.

They would come in their Bradford Rams jerseys and their Bradford Oklahoma jerseys. They would come clutching photographs and mini footballs and helmets and small scraps of paper and just about anything else with a flat surface for young Mr. Bradford to autograph.

But all of that was three hours away, and right now the only thing that was of the utmost concern to Rams executive vice president of football operations Kevin Demoff was those dark and ominous storm clouds that were gathering over Earth City, threatening to ruin the show.

"I told (coach Steve Spagnuolo) this morning, 'I don't care if it's a torrential downpour and lightning bolts are striking the goal posts. We're practicing outside today, OK?'" Demoff joked.

OK, now based on the consistently wretched recent history of this ill-fated franchise, this is where we would honestly expect storm clouds to gather, a twister to come rolling over the horizon and lifting Rams Park into the air like a scene out of "The Wizard of Oz," then have it come crashing down right on top of our young QB phenom, crushing him like he was the wicked witch, and Demoff would be left to curse his fate and mutter, "Ohhh, what a world!"

But if you are looking for signs that the fortunes of the woebegone Rams might actually be turning, maybe this was it. A gentle wind blew the clouds off to the north, and the largest crowd in recent years to watch a Rams practice poured into the facility and got to see exactly what they were looking for. All Sam, all the time.

Really, the best sign that things were changing around here was the simple fact that Demoff delivered Bradford to camp with a complicated six-year deal that makes Bradford's contract the richest rookie deal in NFL history, and he did it without a protracted holdout. When the full squad of rookies and veterans walked onto the field shortly before 3 p.m., Bradford was with them.

That nothing bad or crazy or weird or goofy or tragic or just plain stupid cropped up at the 11th hour to keep Bradford from reporting on time might not seem like a miracle to anyone who doesn't follow the Rams closely. But to long-suffering Rams loyalists who have spent an eternity hoping for the best but always, always expecting the worst, this was a refreshing change of pace.

And that explains why one particularly excited and grateful fan approached Demoff in the parking lot, and upon discovering that he was the Rams executive who was responsible for Bradford being signed, sealed and delivered, the fan actually bent down on one knee, clutched the VP's hand and shouted "THANK YOU! THANK YOU! THANK YOU!" much to the obvious embarrassment of Demoff.

Eventually, all the clever marketing and skillful negotiations in the world won't matter nearly as much as a team delivering victories on football Sundays. But for the time being, doing things the right way, the smart way and the sensible way off the field can't hurt. History shows that far too often in the past, good things happened to the Rams in spite of their efforts, not because of them.

When things like this happen, when you see the franchise find a way to not only get the Bradford deal done on time, but also without any unnecessary trepidation about the blow back of giving the kid the sort of money that the current market bears for a quarterback drafted No.1 overall, it makes me think that I can lose that reflex action that expects something bad to always happen to the Rams.

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And it helps that there are some legitimately hopeful signs on the field, too. Bradford just might be as good as advertised.

"How 'bout that bleepin' kid?" eight-year veteran offensive tackle Adam Goldberg said as he watched Bradford walk off the field after practice. "I mean, how 'bout him, huh? He's so cool and calm for a rookie. Doesn't act like anything gets to him. I couldn't believe how even-keeled he was out there. Walked into the huddle like he'd been there all his life. Now we'll have to see how that all works when another team's blitz package is thrown at him. But man, today he walked right into the huddle and took control. (Veteran center Hank) Fraley and I looked at each other and both of us said, 'HmMMMM.' We noticed right away how the kid had immediate command as soon as he came into the huddle."

One day down, a career to go.

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Bradford looks sharp in scrimmage BY JIM THOMAS

If the overflow crowd estimated at 8,000 came to see No. 1 overall pick Sam Bradford, then they had to like what they saw.

Including "live" and "thud" tempo periods, Bradford threw four touchdown passes Saturday night in the Rams' team scrimmage at Lindenwood University. (He had a fifth dropped by tight end Daniel Fells during a goal-line session.)

Not a bad night's work for the rookie from Oklahoma, right?

"Uh, yeah," Bradford said, totally downplaying his effort. "I mean there were definitely some situations in there that benefited the offense."

About the best thing he could say about his performance: "I thought I came out here and made some good throws today."

That he did. Leave it for others, even coach Steve Spagnuolo, to take note of Bradford's work.

"He was zipping the ball around pretty good," said Spagnuolo, who has avoided gushing over Bradford during camp. "He was finding receivers. He was hitting second receivers. I thought there were one or two in there where he might not have gotten them away."

In other words, they were close to sacks or quarterback hits. Even during the live tackling periods Saturday, no contact was allowed on the QBs.

During live tackling periods, Bradford completed nine of 12 passes for two TDs, and, unofficially, 116 yards. These came in all sorts of situations. For example, the Rams had live sessions of goal-line, fourth down, "backed up," and regular drives Saturday. The "backed up" period had the Rams starting at their own 3-yard line.

During the "thud" tempo period — in which contact is allowed but not full tackling — Bradford threw TD passes to tight end Billy Bajema and wide receiver Jordan Kent.

"Me and (Adam) Goldberg were talking about it afterwards," wide receiver Danny Amendola said. "Sam throws a great ball. It's nothing new to me, I played against him for years (at Texas Tech) so I know how many headaches he's given me. I'm happy we're on the same team and we're clicking well."

Unlike the first week of training camp, Bradford got the lion's share of snaps. In an unofficial count, which included plays nullified by penalties, Bradford got 34 snaps, Keith Null 14, A.J. Feeley 10 and Thaddeus Lewis four in live and thud tempo periods combined.

Spagnuolo said the plan going in was to give Bradford more work, which was fine with Bradford.

"I really wasn't sure how this whole thing was going to work," Bradford said. "I didn't know the format of the scrimmage until our team meeting 30 minutes before we came over here."

"So I really didn't have any expectations, but to come out here and get those reps — I need reps — I haven't had a lot of them. And I'll take 'em how I can get 'em. It was great to be out there."

Bradford threw only two passes that might be considered errant. One was a catchable ball over the middle to Donnie Avery, but it was thrown a little behind Avery, would've been a tough catch, and fell incomplete. The other came during a red zone period when there appeared to be a miscommunication between Bradford and tight end Darcy Johnson. Johnson turned one way, and Bradford threw it the other way, and the short pass fell incomplete.

Taking nothing away from Bradford, who threw very well on the move, Feeley also looked sharp in his limited work, completing four of four passes for 66 yards on his opening "drive," including a 30-yard TD pass to Amendola.

"Feeley looked good," said wide receiver Keenan Burton, who caught a TD pass (from Bradford). "I like A.J.'s demeanor. He's so poised and you can just tell that he's a savvy vet that wants to win bad. Any time you get a quarterback like that, you want to follow him."

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Null got into the TD act as well, connecting on a 60-yard score to undrafted rookie Brandon McRae, who got behind Kevin Dockery on the play.

At first blush, the offense looked light years ahead of where it was at last season's Lindenwood scrimmage, when Marc Bulger threw one interception and almost tossed another. But tempering any optimism about the passing game Saturday was the fact that three of the Rams' projected top four corners — Ron Bartell, Bradley Fletcher and Justin King — sat out the scrimmage with injuries.

All told, 12 Rams were held out of the scrimmage for injury-related reasons. But the Rams appeared to have gotten out of Saturday's scrimmage with few new injuries. Wide receiver Mardy Gilyard got whacked on the forearm and was scheduled for an X-ray. And running back Kenneth Darby, who caught one of the Bradford TD passes, aggravated what has been a nagging hamstring problem.

Bradford already dazzling in camp
BY DON BANKS

If Sam Bradford keeps having eye-opening practices like the one he cranked out Friday afternoon at Rams training camp, this barely-begun St. Louis quarterback competition between the NFL's No. 1 overall pick and veteran A.J. Feeley isn't going to make late August. And that may be the easiest snap judgment I've ever rendered.

Not to go all "I have seen the future of rock n' roll" on you, but I did just see the future of the St. Louis Rams at the game's most pivotal position, and it's in very good hands indeed. Bradford had a razor-sharp showing in the Rams' 2½-hour practice, with everyone from St. Louis head coach Steve Spagnuolo on down calling it the finest so far of his nascent NFL career.

"Every day he sees the field more and more, and you can see it coming," Feeley told me, just minutes after the Rams completed their final workout before Saturday night's intra-squad scrimmage. "He's starting to get it. You can just tell. Today he just had his best day of practice since he's been here."

Bradford looked in almost complete command over the course of the Rams' 10th workout of camp, throwing bullets in every direction and routinely hitting his receivers in stride and on the hands. Working with the first team on at least 40 or 50 percent of his snaps -- which is more than he has been seeing -- he had completions to at least a half dozen St. Louis pass-catchers, tossed a pair of crowd-pleasing touchdown passes, and gave a real glimpse of the potential that led the Rams to award him that ground-breaking six-year, \$78 million contract last week.

You could almost feel the surge of excitement that Bradford's practice performance created, as teammates, coaches and fans alike watched his every throw with building anticipation. Afterward, the always understated Bradford admitted to me that he felt "pretty good out there," which is about as close to bragging as it gets for the former Heisman-Trophy winning Oklahoma quarterback. But if Bradford follows up Friday's results with another boffo display of passing in Saturday night's scrimmage, look out. Bradford Fever may soon ensue in St. Louis.

And the Rams will be Sam's Club before you know it.

"Today was definitely one of my better practices," said Bradford, letting a slight smile slip out. "It's always nice when you have days like that, especially this early, when sometimes it's a grind and I feel like I'm struggling and things are tougher than what they were in college. So to come out there and have a day like that, it really does kind of give you some confidence. In your head, you're like, 'Okay, I can do this.'"

I spent 15 minutes with Bradford in the office of a Rams team executive after practice, and he gave me a pretty good snapshot of how the early days of his rookie NFL season are unfolding. He said he felt "overwhelmed" at times during the first week of training camp, with his mind going "1,000 miles per hour." But the game is starting to slow down for him, and he's eager to take the field in Saturday night's scrimmage, because it marks the first time he'll be completely healthy in a game-type situation since the Sooners' 2009 season opener.

"I really haven't played a lot of football in the past year," said Bradford, who played in just three games as a senior, finishing only one thanks to two well-chronicled injuries to his throwing shoulder. "I think that's what makes (Saturday night) even more special. Some people look at it and say, 'Oh, it's just a scrimmage.' Me? It's the first opportunity I've had to play football since I've gotten hurt. That's exciting."

Even Spagnuolo seemed excited by the obvious jump his young quarterback took Friday. Like any NFL head coach (outside of the Jets offices), "Spags" isn't going to add fresh oxygen to the hype. But Bradford might have teased us all with a preview of things to come this season, and it was hard not to be wowed by his ridiculously accurate arm and quality decision-making. Spagnuolo confided to me that the Rams are putting their quarterbacks on a 35-second play clock in team drills at practice, and the rookie is more than keeping pace.

"That was a good day for him, his best practice," Spagnuolo said. "And I know you're probably thinking of the (touchdown passes), but there was a play that he got (the pass) out quick on a blitz that I think was just as incredible as what he did on the touchdown throws. He got the ball out quick all day. The play clock is speeding everything up and the tempo is good."

One thing you've got to remember now is this is practice. I don't mean to be Allen Iverson here, but you're talking about the development of a quarterback, and there's a certain tempo of practice compared to a preseason game. But Saturday night's environment will be a little different for him. It'll be a good first step."

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While everybody is eager to learn when the Bradford era in St. Louis will start in earnest, meaning his ascension to the starting lineup, here's what I came away from my visit to Rams camp believing:

- St. Louis isn't going to run Bradford out there as its opening day starter against visiting Arizona unless the rookie's performance in the preseason justifies it. Just because they gave him \$50 million guaranteed, they're not going to skewer the competition between him and Feeley to ensure the rookie wins it. But if it's close, with no clear-cut victor, the jump ball will clearly go to Bradford.
- That said, the Rams went 1-15 last year and feel an obligation to the other 52 players on the 2010 team to play the quarterback who gives them the best shot to win games, especially early on. They can't afford year two of the Spagnuolo era to be just about the development of the team's franchise quarterback. Not with St. Louis going an NFL-worst 6-42 over the past three seasons.
- Feeley has gotten the vast majority of first-team reps so far in practice and he's having a very solid camp. His command and comfort level with the Rams' version of the West Coast offense is obvious, and he won't be easily displaced in the lineup by Bradford. I could see a scenario where Feeley starts the season at No. 1, and then gives way to Bradford by maybe Week 3 or 4. But I can also envision the momentum building in Bradford's favor from this point forward, with some credible preseason showings clinching the deal for him to be under center against the Cardinals.

As good as Bradford looked Friday, maybe the best news for Rams fans is how he's approaching his quarterback competition with Feeley. Bradford is adamant that it won't be a coronation. He refuses to assume the mantle of franchise savior, and has consistently deferred to his more experienced fellow quarterbacks, Feeley and No. 3 Keith Null. Everyone I talked to at the Rams camp had a story for me of how Bradford gets it, and wants nothing more than to find his place on this team without fanfare or self-importance.

"That's just part of my personality, but I do feel that way because I haven't done anything in this league yet," Bradford said earnestly. "I realize everything has to be earned. I don't want anything given to me. I don't want any reps given to me. I don't want to play because I'm the No. 1 pick. I want to play because the coaches and staff feel that I'm the guy who gives us the best chance to win. That's kind of my approach to everything."

When the Rams told Bradford that the St. Louis Cardinals wanted to invite him to a game and have him introduced to the crowd, he agreed to do it only on the condition that he went with both Feeley and Null and they all got the same introduction. When Bradford, a very good golfer, was invited to play with other NFL players at the American Century Championship Celebrity Golf tourney last month in Lake Tahoe, he declined, saying he didn't feel it was right for him to participate having never taken an NFL snap.

And as Spagnuolo tells it, Bradford also showed pitch-perfect judgment when he agreed to play in announcer Joe Buck's charity golf tournament in St. Louis the day after the Rams' rookie mini-camp closed, providing he had clubs that were supplied by his agents and playing partners that day, Tom Condon and Ben Dogra.

The reason? "Sam said 'I'm not showing up at my first mini-camp, coming off the plane with my golf clubs,'" Spagnuolo said. "Some guys would have not thought like that. With Sam, all those signs are quality signs. We've talked about what he should concentrate on is being the best teammate he can be and the best player he can be. And he is."

Feeley, the 10-year NFL veteran, is as impressed as anyone with the big-picture perspective of his rookie teammate. The two locker side by side, and Feeley told me Bradford's head is constantly in his playbook, with the former Sooner showing no inclination to try and work the locker room and win over his new teammates with mere words.

"He gets it, and that's what makes him good," Feeley said. "He's going to be the face of the organization, and that's inevitable. But he understands what this is all about. That's about getting on the field and performing. So all this stuff that goes on outside of that, it's great and all, but until he feels comfortable in what he's doing and he's proven himself, it's not important to him."

In some ways I don't know what was more impressive about Bradford on Friday, what I saw from him on the field, or what I heard about him off it. But both of them went a long way toward convincing me the Rams got the right guy at quarterback. In time, with that arm, and that head, he's going to lead this long downtrodden team to better days.

"I'm a part of this team too, and I want this team to win as many games as possible this year," Bradford said, when I asked if he had a timetable for winning the starting job. "And if that's with me at the quarterback position, then that's obviously what I want. If that's not with me at the position this year, then I understand that, and I'm going to work as hard as I can to get on the field as soon as possible. I'll be out there when the coaches feel that I'm ready to help this team win."

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After Friday's step in the right direction, that might just be sooner than anyone with the Rams had even hoped.

Jackson is ready after offseason adventures
BY BILL COATS

St. Louis Rams' running back Steven Jackson runs intervals following practice after training camp at the Russell Training Center at Rams' Park in Earth City, Mo. Saturday, July 31, 2010. This was Jackson's first practice since April back surgery. Photo by Sid Hastings .

When you're face to face with an 18-foot great white shark, suddenly the prospect of NFL defenders slamming into you at full speed doesn't seem quite so daunting.

Not to play down the hard knocks that running back Steven Jackson takes while toting the ball for the Rams. But he saw a different kind of violence during a shark-cage dive last month off the coast of Capetown, South Africa.

"It was pretty amazing, to see great whites up close and personal," Jackson said. "I actually witnessed one hunting and devouring a seal. That was pretty nerve-wracking. ... It makes you forget about the cold, icy water, I'll tell you that."

Jackson said only one thought went through his mind when the 18-footer appeared. "I was hoping that he didn't ram the cage," he said. "But I think the scariest thing is not seeing the shark; it's when he disappears into the murky water.

"It didn't help that I was watching 'Shark Week' the whole week going into it."

Jackson's trip also included a safari in Botswana, side trips to Namibia and Zambia, plus three World Cup soccer games. He brought home three vuvuzelas, the plastic horns that fans tooted throughout the contests, creating a ubiquitous buzz.

Jackson said he never mastered them. "Those things are hard to blow," he said.

Vacation time is over now, though. Jackson and his 79 teammates were put through their paces for 1 hour, 45 minutes Saturday afternoon in the first full-squad practice of training camp.

Jackson, who had surgery in April to repair a herniated disc in his back, was nearly a full participant. On the first snap of 11-on-11 "team" drills, he took a handoff from quarterback A.J. Feeley and burst around left end for a nice gain.

"We don't want to jump out there too quick and have him set back," coach Steve Spagnuolo said. "But I was encouraged."

Jackson was injured Nov. 22 against Arizona. He was held out of practice for the rest of the season, but he still managed to play in five of the last six games for the 1-15 Rams.

"The last five, six weeks of the season was pretty painful," Jackson acknowledged. "But being able to fight through that pain and still be somewhat productive, I think I proved a lot to myself."

Jackson finished with 1,416 rushing yards, the second-highest total of his six NFL seasons. He also caught 51 passes for 322 yards and was named to his second Pro Bowl.

Because he missed all the spring drills while rehabbing, Jackson hadn't stepped onto a football field since the season finale vs. San Francisco on Jan. 3. He weathered Saturday's practice without problems.

"I felt good," Jackson said. "I've been working really, really hard with my trainer all offseason to make sure that when today came, I'd be ready to practice and be able to pretty much participate in everything."

His back, he reported, "feels good. We're going on three months now (since the surgery), and still have another month to go (until the regular season). If I had to have the surgery, I think we did it at the right time.

"Everything is up, everything is going good."

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Date: 8/11/10

Feeley is the tutor to Bradford **BY ASSOCIATED PRESS**

Career backup quarterback A.J. Feeley knows his job with the St. Louis Rams is to get Sam Bradford ready for the NFL.

That doesn't mean Feeley doesn't want to play.

"I want to help him out as much as he wants to be helped out," Feeley said of Bradford, the No. 1 overall pick in the 2010 NFL draft. "But everybody wants to play. If you don't want to play, you shouldn't be in this position. It's what you do."

The Rams are starting to increase the percentage of snaps Bradford is taking in practice. Coach Steve Spagnuolo said Bradford took 31 percent of the snaps in practice until the Saturday night scrimmage. He took 45 percent of the snaps in the scrimmage.

Now, the plan to grow those figures in Bradford's favor, Spagnuolo said, with Feeley and backups Keith Null and Thaddeus Lewis sharing the rest.

Bradford threw four touchdown passes in all the drills combined during St. Louis' intrasquad scrimmage at Lindenwood University.

The young quarterback is where Spagnuolo wants him to be.

"In some throws, even beyond it," Spagnuolo said. "He sees the field really well, and the practices are slowing down for him."

On Tuesday, Spagnuolo announced that Feeley will start when the Minnesota Vikings visit St. Louis on Saturday for the preseason opener for both teams. Feeley will start, but Bradford also will be seeing time with the first unit.

The fans are clamoring for Bradford, and Spagnuolo said he understands that.

"Everybody should have an opinion," Spagnuolo said. "That's what keeps the NFL game interesting, but we'll do what we think is right."

For now, Feeley is the tutor. He has been a mentor for Bradford so far in minicamps, OTAs and now training camp.

"Feeley has been something like a big brother to Sam, that's the best way I can put it," Rams rookie wide receiver Mardy Gilyard said. "He's the leader of the bunch. He's the No. 1 guy. He knows his checks, he is confident in his throws. He is telling our receivers exactly where he is going to put the ball and how we should run our routes."

"Sam has a lot to learn, and that's why I am glad we have A.J. here so Sam will be able to cling onto his leg in a sense and learn anything he can."

Feeley pointed out quarterbacks stick together. It's just how the position is, he said.

"The nature of playing quarterback is you help each other out in the meeting room," Feeley said. "Those guys that don't have good meeting rooms, where the guys don't get along, that's where bad things happen. But we have a great group."

Feeley, who turned 33 in May, was a backup for Carolina in 2009. Feeley has spent most of his career as a backup, starting 15 games and appearing in 23.

In 10 seasons, he has completed 372 of 665 passes for 4,070 yards, 27 touchdowns and 29 interceptions. His lifetime quarterback rating is 69.6.

Feeley was drafted by the Eagles in the fifth round out of Oregon in 2001, and spent his early career in Philadelphia at a time when Andy Reid's staff included Spagnuolo as a defensive assistant and Pat Shurmur as an offensive coach. Now, he's joined both Spagnuolo and Shurmur at St. Louis.

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Date: 8/3/10

Laurinaitis more at ease this season **BY STEVE KORTE**

St. Louis Rams middle linebacker James Laurinaitis has time to sweat the details a little more in his second season in the NFL.

"It's not going to be such a whirlwind like last year with trying to learn the whole defense," Laurinaitis said. "I know it a lot better, but there is always little details. You can always learn more. What I was learning in defensive strategy last year I can now flip to, 'What is the offense trying to do us?'"

Laurinaitis, a second-round pick in the 2009 NFL Draft out of Ohio State, set a Rams record for most tackles by a rookie with a 144 last season.

He is only the second rookie in team history to lead the Rams in tackles. The other was Pisa Tinoisamoa, with 123 tackles in 2003.

"He's been a great addition," Rams defensive coordinator Ken Flajole said. "My hat's off to Billy (Devaney) and (Rams coach Steve Spagnuolo) on drafting him, and actually getting him where we got him because he's a first-round guy, as far as we're concerned.

"We put a lot of management skills on him. We expect a lot from him. He knows it, and the thing I just love about the guy is that he works at it. He'll be better this year than he was a year ago. We need him to be. He is a pro when it comes to his preparation and attention to detail. Hopefully, he'll have a long and illustrious career here."

Laurinaitis' father, Joe, a former professional wrestler, said his son has always done his homework prior to playing games.

"In high school, he had a three-ring binder almost as thick as the Rams' playbook, and he would evaluate and chart every play that he watched the other team run on film," Joe Laurinaitis said.

Joe Laurinaitis is in St. Louis dog-sitting for his son.

"I have two Rotweilers, and I don't want them to be in the house all the time, so he's letting them out," James Laurinaitis said. "My mom and my sister will come down at a later date."

"All I've been doing is pooper-scooping his lawn for him," Joe Laurinaitis said. "What's wrong with this picture?"

Joe Laurinaitis also has been attending the Rams' training camp practices.

"He loves watching," James Laurinaitis said. "He loves being a dad. If he could get on the sidelines, he'd be right next to coach watching every single thing."

Joe Laurinaitis was training for a tryout with the New Jersey Generals of the USFL when he was given the chance to pursue a professional wrestling career. He would take the stage name of "Animal" and become half of the famous "Road Warriors" tag team.

"At that time, I was already benching over 500 (pounds) and weighed maybe 260 (pounds)," Joe Laurinaitis said. "Football was my first love."

James Laurinaitis said his father no longer gives him playing tips. He leaves that up to the Rams' coaching staff.

"He doesn't give any advice anymore," Laurinaitis said. "He doesn't say anything anymore. He's just sitting there proud. He's a very proud father."

That doesn't mean that the elder Laurinaitis is a wallflower all the time, especially when it comes to watching his daughter, Jessica, a highly touted defenseman, play ice hockey.

"I went to a summer hockey game, and he's the one dad in the stands still yelling at the refs complaining about the calls," James Laurinaitis said. "I'm like, 'It's summer hockey for these girls.' He's that dedicated. He wants the best for my sister and the best for me."

James Laurinaitis is one of four linebackers from Ohio State with the Rams. The others are: Bobby Carpenter, Na'il Diggs and Larry Grant.

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Pity rookie linebacker Josh Hull, a seventh-round draft pick out of Penn State.

The Ohio State linebackers have renamed Hull "Little Joe" after Penn State coach Joe Paterno and "Kitty Cat" after Penn State's Nittany Lion mascot.

"We always growl when he comes around," James Laurinaitis said. "I don't know if you've ever been to a Penn State game, but they have that sweet lion roar, so we like to imitate that whenever he comes around. That's the advantage of having four Ohio State guys on the team. You can kind of poke fun at him a little bit."

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Date: 8/4/10

Rams Chris Long sees his game improving **BY ASSOCIATED PRESS**

As the St. Louis Rams struggled to a 1-15 finish last year on their way to the No. 1 pick in the draft, one bright spot was the improved play of defensive end Chris Long.

In his second season, the former No. 1 pick struggled along with his team in the first half of the season. But after not recording a sack in the first seven games, Long had five of them in the last nine games and was noticeably more active from his defensive end spot.

He's hoping to pick right up where he left off in 2010.

"I was just kind of letting things go; not worrying about it so much and just playing," Long said of his play in the second half of 2009. "I think that's just me getting better. I don't think it's a flash in the pan thing. I hope not."

Long, who starred at Virginia, was the Rams' first round pick in 2008 and the second overall selection. As if that weren't enough pressure, Long is the son of Hall of Fame defensive lineman Howie Long, who played 13 seasons in the NFL with the Oakland Raiders.

He admits that the expectations can be a burden, but also refuses to use that as an excuse.

"I can't lie; you think about that stuff all the time," Long said. "Everybody puts pressure on themselves in different ways. It's just how you handle it.

"But I don't think I'm any different than anybody else. A guy signed as a free agent might have the same amount of pressure as the guy who was drafted second. We're football players. We all have to deal with it."

One thing that should help is after learning three different defensive schemes in three years, Long will be in the same system for the second straight year under head coach Steve Spagnuolo and defensive coordinator Ken Flajole. Spagnuolo believes that the 6-foot-3, 276 pound Long should be even more of a factor this season.

"He did come on toward the end of the year," Spagnuolo said. "We talked to him a lot. He's talked a lot about his first two years being in new systems. That's not the case this year. Now, it's not so much the mind as it is the body and he just goes because he should know what he's doing. Hopefully, he'll be more productive."

Long agrees with that assessment.

"It helps a lot," he said. "It's the first year I've been able to repeat schemes. I'm not the only one going through that; there's a couple of guys in my class who have been through a couple coaches. It's a great scheme, and the more we have time to learn it and master it, the better."

However, Long will be in a new spot on the defensive line, as he moves over from right end to the left. He is looking forward to the switch.

"There's a lot more looks, with tight ends and it's a little more complicated," Long said. "I do like it. I think there's some stuff I can do over there I couldn't do on the right."

As a defensive end, Long plays in a position that usually takes a few years to master. Now heading into his third season, he's hoping for the break out year.

"A lot of things have to come together," Long said. "You need to work hard, you need to get better technically and be in the right situations and things got to come together. God willing, that will all happen this year.

"But individual stats are not my No. 1 goal; I want to win. If I can get that stuff done along with it, that would be great."

Rams defensive end James Hall continues to contribute
BY STEVE KORTE

Though he didn't need to be there until the start of practice at 8:15 a.m., St. Louis Rams defensive end James Hall showed up nearly two hours early for work Sunday morning.

"I was walking through the building this morning at 6:30 and he's walking through the door," Rams coach Steve Spagnuolo said. "That's James. That's the way he was during the entire regular season. He's up early. He knows how to take care of his body, and he's a great example for these young guys."

At 33 years and almost six months, Hall is the oldest player on the Rams' roster.

Hall said starting early was his way of keeping up with the younger players.

"It's better to just come out swinging, man," Hall said. "The older you get, the more you have to do to get ready for the season. Take care of your body, and things like that. Just wake up early and get your day going."

Despite being in the twilight of his career, Hall clearly still enjoys his job.

"I love what I do for a living," Hall said. "The bad thing about it is, unfortunately, it has to come to an end. I'm trying to stretch that out as long as I can."

Hall is entering his 11th season in the NFL, and his fourth season with the Rams. He fought through injuries to start 14 games and register 59 tackles and 4 1/2 sacks last season.

Hall is going against rookie left tackle Rodger Saffold in practice, and school has been in session during pass-blocking drills.

"I know one good thing for (Saffold) -- well good or bad, however he wants to look at it -- he's going against James Hall a lot," Spagnuolo said. "I mean there's a veteran (who has) been in this league a long time who's still skilled. I told James he's doing a heck of a job, and he'll make Rodger better."

Hall knows the Rams are counting on Saffold being a starter this season.

"He's a real athletic kid, and I am going to get him ready," Hall said. "I'm going to be physical with him. I'm going to make him tough. He's a Big Ten guy, so he has a lot of toughness with him already."

Hall isn't a vocal player, but he's still one of the Rams' leaders.

"I've never been a rah-rah guy," Hall said. "I've always been a guy who tries to lead by example. If I say something, it is going to come from the heart and I mean it."

The Rams donned full pads for the first time during their practice Sunday morning.

Spagnuolo ran the Oklahoma drill -- an old school drill involving a defensive player, a blocker and a ballcarrier. The defender must shed the block and tackle the ballcarrier.

"High school," Hall said of the last time he'd run the Oklahoma drill before Sunday. "It was fun, though. Coach told us yesterday evening that he was going to put it in, and guys were pretty jacked up about it."

Spagnuolo jokingly took issue with the name of the drill.

"We call it the Ram drill," he said. "We've got (Sam) Bradford. We don't need to be calling drills 'Oklahoma' drills."

Bradford, the No. 1 overall pick in the 2010 NFL draft out of the University of Oklahoma, has received plenty of teasing after the quarterback signed his record-setting contract Saturday.

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Bradford was forced to sing in front of the team Saturday night, and he was placed back as a punt returner during a special teams period during practice Sunday.

"For \$50 million, I think you should do a little more than just play quarterback," Hall joked.

Reminded that Bradford didn't actually catch any punts, Hall said, "We don't want him to catch it. Stay away from those hands, those fingers."

Atogwe happy to be back on field
BY JIM THOMAS

When last seen in pads, Rams safety Oshiomogho Atogwe was being worked on by team trainers in the middle of Soldier Field while the rest of his teammates were running off the field at halftime.

Some halftime show, eh? Atogwe suffered what turned out to be a season-ending shoulder injury in that game Dec. 6, but not before forcing two fumbles against the Chicago Bears.

Now, after nearly eight long months away from football — and away from Rams Park — Atogwe is sweating out training camp with the rest of his teammates. Rust? What rust?

"I'm like stainless steel, man," Atogwe joked. "Rustproof. But playing football is definitely something where muscle memory has to be re-acclimated. That's what I'm doing right now."

Atogwe is re-acclimating himself to his teammates as well. Locked in a contract impasse with Rams management for much of the offseason, Atogwe did not attend any of the team's offseason program, including the full-squad minicamp.

"It was tough," Atogwe said. "I've been playing football all my life. Never missed a game. Never missed any time. So to be completely away from it for so long was hard on me. But during that time I used it to improve myself, and just continue to develop as a man and develop as a person. So that when I did come back to the game, I'd be better off."

Atogwe signed a five-year, \$31.6 million deal June 25, just two days after his 29th birthday. It could turn out to be a one-year, \$4.1 million deal if the Rams are unwilling to pay an \$8 million roster bonus due next February.

Atogwe wasn't the only Rams safety to re-up during the offseason. Craig Dahl, who performed well as an injury replacement for James Butler and then Atogwe, signed a three-year, \$3.6 million deal.

"I feel like I found a home," Dahl said. "I love the guys I'm playing with here. We battled through some adversity here, and it made us a better team this year. You guys (reporters) can already see it in camp that we're light-years ahead of where we were last year — just the communication and the overall flow of the game is a lot better on defense."

Dahl made it a point to report in the best shape possible. Last season, he suffered a hamstring injury in training camp that sidelined him for the first two games of the regular season. It was a frustrating time, especially when you consider that as a New York Giant, Dahl missed the entire '08 season with a torn ligament in his right knee. And he missed the tail end of the '07 campaign — as well as the Giants' Super Bowl run — with a torn ligament in his left knee.

But Dahl, 25, played in the final 14 games of '09 for St. Louis, starting 10 times and finishing fifth on the squad in tackles with 70.

"Getting out there and playing football is what I love to do," Dahl said. "And just being able to do that, especially after coming off two serious injuries, is just a blessing. I thank the Rams' organization for allowing me to come down here."

Dahl's emergence has helped make safety the closest thing to a position of strength on the roster. In fact, neither Atogwe at free safety or Butler at strong safety can rest easy because Dahl is nipping at their heels for a starting spot.

"Having O.J. (Atogwe) back, it creates some competition for us at safety," defensive coordinator Ken Flajole said last week. "Craig Dahl played (Atogwe's) position during the (workouts) in the spring, and in my mind I consider Craig a starter — as well as James Butler.

"So it gives us a lot of competition there, and we'll just go through the course of the preseason and let it shake itself out. But we're very happy to have O.J. back. He's a great leader. He's been productive for us, and he's another true professional. He knows how to prepare and how to practice."

So far in camp, Dahl has gotten a lot of work with the starting unit during team periods when the Rams have been in full pads. But that may be merely a decision by the coaching staff to hold Atogwe out of the heaviest contact situations while working himself — and his shoulder — back into the flow.

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"I'm not sure what the coaches' plans are," Dahl shrugged. "If they send me in during the game, I'm going to play as hard as I can. We'll see what happens come the season."

While not discounting the potential role of newcomer Kevin Payne, who was acquired in a late April trade with Chicago, Spagnuolo lumps Atogwe, Butler and Dahl together.

"That's a good thing to have in the NFL, three guys that have had experience and you can rely on," Spagnuolo said.

From homeless to the NFL: The story of Rams' Mardy Gilyard
By JIM CORBETT

St. Louis Rams rookie wideout-returner Mardy Gilyard keeps a snapshot in his wallet of the green 2002 Pontiac Grand Am that helped deliver him to the NFL.

Talk about a hurt locker. Gilyard lived in one, spending long, cold nights in the borrowed car, sometimes sleeping in the driver's seat during a six-and-a-half-month stretch in 2006. That humbling reality check helped transform an immature former University of Cincinnati defensive back without a roof over his head into a hardworking, potential home run-hitting NFL playmaker.

Gilyard had his scholarship revoked after his freshman season for academic reasons and worked four jobs to pay back the five-figure debt he owed the school. He could have dropped out and turned his back on his obligations. But Gilyard kicked hard and surfaced with a vengeance.

When the Rams drafted him with the 99th overall pick last month, it capped quite the improbable comeback route by the 6-foot, 187-pound wide receiver who racked up 3,003 receiving yards and 25 touchdown catches, both Cincinnati career records.

"You can say I came to the Rams from the green Grand Am instead of the green room," Gilyard said with a prideful laugh.

"I was homeless, living in a car, working four jobs. Now I'm a Ram.

"I've gone from rags to riches."

Gilyard paid his dues, working a construction job, cooking and delivering pizzas and selling cutlery door to door before coach Brian Kelly took over the program at the end of the 2006 season and gave Gilyard another chance with the Bearcats, this time as a wide receiver.

"I was working hard to get my real job back, my football job," Gilyard said. "I had to get back to school.

"I paid back the \$10,000 I owed.

"It just showed I'm a hard worker and that I could fight through adversity. That's all the game of football is: It's about fighting through adversity."

When Rams general manager Billy Devaney called on the morning of April 24 to inform Gilyard the Rams were poised to select him with the first overall pick of the draft's fourth round, well you better believe that Gilyard broke down.

"I was on my way to go crabbing, and I had stopped at McDonald's when my cell rang, and Billy Devaney told me, 'Hey, we're going to take you,'" Gilyard said from his Bunnell, Fla., home. "I cried a river.

"I'm blessed."

Blessed wasn't what he felt four years ago after he'd been kicked out of school and his apartment. He wanted to return home to Florida. Except that his mother and older brother, Otis, wouldn't let him.

"I had to find faith and myself," Gilyard said. "I had to grow up. I was a real knucklehead kid, arrogant, cocky, immature. I had to grow up."

Gilyard showed the resolve no NFL scouting combine or pro-day drill can measure.

"Most guys would have folded," Devaney said. "You flunk out of school, you say, 'Well, OK.' You go back to Florida."

Gilyard rerouted his life as dramatically as he changes direction on the field.

As a junior, he earned 2008 all-Big East honors with 81 receptions for 1,276 yards.

He finished as Cincinnati's all-time leader in receptions (204) while piling up nearly 6,000 all-purpose yards.

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He brings a needed dynamic to a feeble Rams offense that averaged fewer than 11 points a game in 2009.

"He's got an edge," Devaney said. "He plays that way."

Gilyard ran a 4.51-second, 40-yard dash at his pro day. But his fluid quickness in and out of breaks impressed scouts nearly as much as his candor.

"There's no one perfect in this world," Rams head coach Steve Spagnuolo said. "But what Mardy has shown is he can go through a tough time, persevere."

"He showed a lot of resolve in what he did, failing out of college and then coming back and working those jobs. He obviously wanted it bad enough."

Gilyard returned punts and displayed what Spagnuolo termed "a smoothness" in his route running while catching passes from quarterback and fellow rookie Sam Bradford during last weekend's rookie minicamp.

Gilyard was given No. 81, former Rams star Torry Holt's number. And he certainly stands a fair chance of quickly making his mark among an inexperienced collection of wideouts.

"I'm going to do everything I can in my power to make the game exciting and bring back "The Greatest Show on Turf" to St. Louis," Gilyard said.

NFLDraftScout.com senior analyst Rob Rang projected Gilyard as a third-rounder and considers him a steal, given St. Louis got him one round later.

"He and the Rams are a perfect fit," Rang said. "He can come in and play in the slot immediately and be a return man. He's a better route runner than you expect from a guy coming from a traditional spread offense."

And Rang also notes that Gilyard has shown an ability to cope with pressure.

"He has a history of playing his best when the lights are on," he said.

"And I don't know if there's a better story from the 2010 draft in terms of Mardy realizing he made some mistakes, fighting through adversity. And then doing it at the level he did, speaks to his toughness."

OT Saffold a key player for Rams
BY ASSOCIATED PRESS

St. Louis rookie offensive tackle Rodger Saffold is not allowed to drive the Rams' Ferrari, otherwise known as \$78 million dollar quarterback Sam Bradford.

But he will play a key role in keeping the engine intact.

Saffold, the Rams' second-round pick in the NFL draft, has turned heads with solid performances during the first three days of training camp. The Indiana graduate is spending almost all of his time with the first-team offense.

With a starting spot available, Saffold realizes that his future performance could be just as important to the franchise as that of the highly celebrated Bradford.

"I don't want to be the guy that lets somebody get through where (Bradford) he could get injured or something like that," Saffold said. "That would stay with me the rest of my career.

"That's one of the reasons I'm working so hard."

Saffold, the 33rd overall pick, took most of his reps on Monday at the left tackle spot, which was supposed to be held by Jason Smith, the Rams' No. 1 pick a year ago. Smith is out with a toe injury and has seen limited action. Saffold, who was originally thought to fit in at right tackle, has been so impressive on the left side that coach Steve Spagnuolo could have a decision to make when Smith returns.

"Both guys in my mind are interchangeable," Spagnuolo said. "They're all tackles. But I'm happy with what I'm seeing."

The 6-foot-5, 323-pound Saffold started 41 of 42 games at Indiana. The Hoosiers rushed for more than 100 yards 29 times, running almost exclusively behind Saffold.

The Rams felt strongly about selecting Saffold to guard their treasure.

"No pressure, I've just got to go out there and do what I'm capable of doing," said Saffold. "The biggest thing is making sure that I'm prepared. There aren't too many people that start right out with the (first team) and they kind of threw me into the fire.

I'm just going to try to continue to battle."

Saffold butted heads with St. Louis veteran defensive end James Hall throughout most of Monday's two-hour 30-minute practice session held in 91-degree heat. Saffold more than held his own and got the better of Hall on several occasions during a full contact activity.

"He's definitely making me the type of tackle I want to be," said Saffold. "I've got a lot of appreciation for what he's doing for me."

Saffold is a gentle giant, a teddy-bear type that does his job in a businesslike manner. His hard-work and dedication make him a perfect fit in the Rams' young offense.

Like most rookies, Saffold has been forced to undergo a little first-year hazing from the veterans. He has done so with a smile on his face.

"I've already carried my share of helmets, brought towels to people, brought out snacks and stuff," he said. "That's fine with me."

Saffold says the heat has forced him to make a few adjustments. The heat index hit 100 on Monday according to the National Weather Service.

"The humidity is tough," he said. "But right now, there's no place I'd rather be."

Robbins looking to make an impact on defense
By BILL COATS

Aware that two of his better seasons came under the tutelage of Steve Spagnuolo, 10-year NFL veteran Fred Robbins didn't let the Rams' three-year slide cloud his judgment when deciding where to play in 2010.

"Things happen in this business, but I feel like St. Louis is a good fit for me," Robbins said. "I knew what to expect coming in here, having played for (Spagnuolo). I just felt comfortable."

The Rams went 1-15 last year, Spagnuolo's first as the team's head coach. Overall, they've slumped to 6-42 since cobbling together a .500 mark in 2006.

Robbins, a 6-foot-4, 325-pound defensive tackle, picked up a Super Bowl ring with the New York Giants, where Spagnuolo was the defensive coordinator for two seasons before coming to the Rams. Robbins totaled 78 tackles, including 11 sacks, during that span.

"Spags is a great guy, well respected," said Robbins, 33. "He has that player-coach relationship where he doesn't have to filter it down through assistant coaches. If he sees something wrong, he'll come and address it to you himself. ...

"It's hard to come out here on hot days and everybody's screaming and yelling, especially with young guys. But Coach has fun with it and makes it competitive, and that makes you want to come out and play."

Steamy weather enveloped the practice fields at Rams Park for Monday's two-hour workout. While the temperature rose, the team's effort dropped, Spagnuolo noted.

"I thought it was a good opportunity to kind of get that feel, a little pre-training camp deal, and see which guys would fight through it. Some did and some didn't," he said. "There were some lulls in there that you wouldn't expect. Guys didn't pick it up."

But Spagnuolo is glad that the Rams picked up Robbins during free agency. He figures to be part of a tackle rotation that includes Clifton Ryan, Darell Scott, Gary Gibson and Leger Douzable.

Robbins, who was signed to a three-year contract that with incentives could top out at about \$12 million, has "done a great job in the offseason as far as what he's doing with his body; he looks in good shape," Spagnuolo said. "He's a quality veteran and I think a guy that can come in ... and show the younger guys how to be a pro.

"And I'm not just talking about practicing. All the things that you do in between. That's as important as anything."

Leadership comes easily, Robbins said.

"That's what he expects from me, to come in with my overall knowledge and lead by example, and I have no problem with that," Robbins said. "We've got a bunch of young guys, a lot of guys with a lot of energy. And that's a good thing. Being someone who's been successful with the system, I feel like I can bring a lot to the table in letting guys know how the coaches want things done up front."

During their three-year downturn, the Rams have slipped gradually downhill defensively. They were 21st in total defense in 2007, 28th in '08 and 29th last year. They've been particularly vulnerable vs. the run, an area in which Robbins believes "I've proven that (I can help)."

"In the NFL, you've got to be able to stop the run; if you can't stop the run, you're not going to be successful at all," he added. "Once we get everybody playing on the same page, being gap-sound, then we'll start becoming a good defense."

And once the line comes around, the defense as a whole will prosper, Robbins pointed out.

"It all starts up front. The linebackers feed off the defensive line and the secondary feeds off the linebackers," he said. "So, if everything goes well up front, then you know that everything's good."

Robbins said he kept a close eye on the Rams — and Spagnuolo — last season.

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"The Rams were 1-15, but there were a lot of games last year they could've, and should've, won, just a few plays here and there," he said.
"That's what it comes down to in the NFL."

Rookie Selvie shows his pass-rushing skills
BY BILL COATS

Eager to improve their pass-rush off the edge, the Rams grabbed a trio of defensive ends in April's draft. The one picked the latest has made the earliest impression.

George Selvie, a two-time All-American at South Florida, was a seventh-round pick (No. 226 overall). He said he initially was "distracted" that he wasn't taken higher.

But that emotion has passed, he said. "I'm just glad to be here, glad to be a Ram," Selvie said. "I'm just going out there and having fun, just doing my thing, just playing football."

Though a bit undersized at 257 pounds, the 6-foot-4 Selvie has been giving the offensive linemen fits during one-on-one drills at training camp with his ability to slither past them and into the backfield. Selvie was credited with a team-high two sacks in Saturday night's scrimmage at Lindenwood University.

"I could've done more stuff, played the run a little bit better," Selvie said. "But overall, I think I had a decent scrimmage."

Running down quarterbacks is nothing new for Selvie. He had 29 sacks in college, including a stunning 14½ his sophomore season, when the Touchdown Club of Columbus named him college football's top defensive lineman.

Bothered by a high-ankle sprain the following season, Selvie dropped to 5½ sacks. He got just 3½ as a senior, when he regularly was double- and triple-teamed.

Selvie's stock plummeted, but his pass-rush skills apparently remained intact.

"He's a long guy that's got really good get-off," coach Steve Spagnuolo said. "On those plays he had (at the scrimmage), it was all getting off the ball. He's obviously been taught well. That's the first thing for a defensive end, to get a good jump on the ball. He has that."

Once he engages a blocker, Selvie relies on a variety of moves to get past him.

"I try to have a little bit of everything ... be versatile," he said. "If I need to bull-rush, I'll bull-rush. But ... I'm a small guy; I don't want too many hands on me."

In addition to the veterans, Selvie is competing with fellow draftees Hall Davis of Louisiana-Lafayette (fifth round) and Eugene Sims of West Texas A&M (sixth).

According to Spagnuolo all three have flashed pass-rush ability but need to improve vs. the run.

"We're just taking our turns and showing what we've got," Selvie said. "It's good competition, and I think we're handling it pretty well."

St. Louis Rams' Donnie Avery works on durability
By BILL COATS

By trying to simultaneously give up meat and fried foods, Rams wide receiver Donnie Avery bit off more than he could chew. "I got burned out with it," he said. "So I cheat once a week and eat fried food."

Still, Avery mostly is sticking to chicken and fish, with heavy helpings of fruits and vegetables. He's hoping that an improved diet, plus 10 pounds of muscle added in the weight room, will increase his durability.

Nagging injuries — from a cracked hip to a stress fracture in his foot to a strained shoulder — hindered Avery during his first two seasons since the Rams made him the first wideout taken (second round, No. 33 overall) in the 2008 draft.

Avery missed only one game, but he rarely was in top shape on Sundays.

"It's frustrating, because you know you're not playing at a hundred percent," he said. "But at the same time you're still out there trying help the team as much as possible."

After the '09 season, coach Steve Spagnuolo suggested that Avery try to bulk up a bit.

"We talked about that before he left in January, that every time you catch the ball in the NFL, you've got to pop right back up and go in the huddle and make it look like nothing hurts," Spagnuolo said. "You've got to be durable, and one of the things about being durable is getting your body right. I think it's helping him."

"Now, we don't know; we haven't hit anything yet. But hopefully that'll work out."

For the organized team activities and the full-squad minicamp under way at Rams Park, the players aren't permitted to don pads, and contact is not allowed, per NFL rule.

The 5-foot-11 Avery added 14 pounds, up to 198, but wasn't comfortable. "It's kind of trial and error," he said. "I felt a little bit sluggish, so I had to lose some of that weight. I feel good with the 10 right now that I put on."

Avery's numbers slipped a bit last season from his rookie year. His receptions fell to 47 from 53 and his receiving yardage dipped to 589 from 674. "But my touchdowns went up last year" to five from three, he pointed out. "So that was a positive."

So far, his spring workouts have been a positive, too. "It's going great," Avery said. "Second year in the (offensive) system, and I feel a lot more comfortable in it."

Avery made a couple of acrobatic grabs at Friday's practice, which caught Spagnuolo's eye. "He looked really good today," Spagnuolo said. "I've been really happy with what Donnie's done. He'll tell you he's been inconsistent, because he's a pro and he wants to catch every ball. But I think he's doing a nice job."

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Dockery seeks to make big plays for Rams defense

BY BILL COATS

It was February 2008, and New England wide receiver Wes Welker was tearing up the New York Giants in Super Bowl XLII. On the sideline, defensive coordinator Steve Spagnuolo got a visit from second-year cornerback Kevin Dockery.

"He grabbed me in the middle of the game and said, 'Coach, let me out there. I can cover him,'" Spagnuolo, now the Rams' head coach, recalled this week during a break in training camp. "I've never forgotten that. Those are the kind of guys you want."

Although Spagnuolo didn't take Dockery up on his offer, the defense stiffened and the Giants stunned the unbeaten Patriots 17-14.

"That was very special," Dockery said. "To get it so early in my career — most guys play their whole career and don't get a ring."

When Dockery became available this past offseason, Spagnuolo brought him to St. Louis. Dockery, 26, appears to be the front-runner to man the nickel-back spot on passing downs.

"I feel like I'm having a pretty good camp, making a few plays," Dockery said. "I try to make a play a day. So far I've been on pace to keep that up."

At Saturday morning's practice, Dockery positioned himself deftly so that wideout Dominique Curry was unable to get to a long pass on the left sideline. The play was even more impressive considering that the 5-foot-8 Dockery was giving up 6 inches to Curry.

"It's a challenge for guys like that when they go against big wide receivers, but he's learned to compensate for it," Spagnuolo said. "There was a great one in this league, (5-9 Hall of Famer) Darrell Green, back with the Redskins, that was similar in size. They find ways. They learn."

All his life, Dockery has had to convince coaches that his size wasn't a deterrent. "It's not about size; it's all about fight and will and want-to," he said. "I think I'm faster and quicker than most guys in this league, so that's a big advantage for me. ..."

"When I get up against a guy, I make sure he knows he's in for a dog fight all day long."

A two-way star at Hernando (Miss.) High, Dockery went on to start 37 games at Mississippi State. The Giants signed him as an undrafted rookie in 2006. He got into 14 games that year, then started 10 times over the following three seasons.

As he tries to carve out a role with the Rams, Dockery likes to remind his new teammates that the journey from the bottom to the top can go quickly under the right circumstances. The Giants, after all, had put together just one winning season in the four years preceding their Super Bowl run.

"It's definitely out there," Dockery said. "You've just got to come out every day and work and play like a champion."

Rams have high hopes for 'Uh-Oh'
BY STEVE KORTE

St. Louis Rams rookie tight end Michael Hoomanawanui attributes his soft hands to some tough pass-catching drills with his father.

"I remember in my younger days when me and my dad would play catch in the backyard, he would beam it at me," Hoomanawanui said. "When I was younger, I would cry. I would tell him to slow down. I guess it paid off in the long run."

Hoomanawanui's father, Isy, was a former linebacker at Illinois State. So not all of those rocket throws hit off the younger Hoomanawanui's hands.

"The chest, face, you name it," Hoomanawanui said. "Being 5 years old trying to catch a fastball isn't that easy. Like I said, I guess it paid off."

The 6-foot-4, 264-pound Hoomanawanui (pronounced Ho-of-muh-now-wa-new-e) was a fifth-round pick in the 2010 NFL draft out of the University of Illinois. He went by the nickname "Uh-oh" in college.

Hoomanawanui's receiving skills caught the attention of Rams coach Steve Spagnuolo on the first day of training camp.

"I was watching (film) last night, and he's a very natural catcher, I think," Spagnuolo said. "He has done a lot of that at Illinois, and obviously he was very successful at it. That sticks right out, but there is a lot going in to playing tight end in the NFL, so he has a lot to learn. He's an eager guy."

The Rams are counting on having both Hoomanawanui and rookie Fendi Onobun, a sixth-round pick in the 2010 NFL draft, contribute this season.

"We're very hopeful with those two guys, Mike and Fendi," Spagnuolo said. "They flashed. They do some good things. Like every rookie, they made some mistakes, but up to this point, (tight ends coach) Frank (Leonard), offensive coordinator Pat (Shurmur) and myself have a little bit of excitement about those two guys. We'll see where they go from here."

Hoomanawanui said he realizes that the competition for the starting job at tight end is wide open. The other candidates are Daniel Fells and Billy Bajema, who both saw playing time last season for the Rams, and Darcy Johnson, who played in 13 games last season for the New York Giants.

"Coach let's us know that every day," Hoomanawanui said. "It definitely is in the back of our minds. You just have to worry about yourself and do what you're supposed to do and everything will fall into place."

Hoomanawanui caught 40 passes for 490 yards and four touchdowns over his final three seasons with the Illini.

He was known for his blocking in the running game, and he was looking forward to the Rams putting on full pads.

"Football is a game played with pads and helmets. You have to use them," Hoomanawanui said.

On his left hand, Hoomanawanui has a tattoo of "4-24-10," the date he was drafted by the Rams.

On his right hand, he has a tattoo of the word, "Blessed."

Hoomanawanui said the tattoos serve as a reminder of how fortunate he has been.

"I pinch myself every day when I wake up, and that's no exaggeration," Hoomanawanui said. "There are people all around the world who would like to be in our position right now."

Hoomanawanui's parents live in Bloomington, but his family originally hails from Hawaii. He visited relatives on the Island of Oahu during his summer break from the Rams.

Despite his Hawaiian roots, Hoomanawanui is not a surfer.

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"I've tried it, it's hard," Hoomanawanui said. "I boogie board, that's about it."

Hoomanawanui may be the first Rams player to bring a ukulele to training camp.

"Am I? Nobody else? Manumaleuna?" Hoomanawanui said, referring to former Rams tight end Brandon Manumaleuna. "Well, mark me down."

Hoomanawanui might incorporate the ukulele into any rookie song that he's forced to sing in the traditional NFL hazing.

"We're thinking about it," Hoomanawanui said. "We're trying to get some other guys involved in it and see if we can come up with something kind of cool."

St. Louis Rams' Thaddeus Lewis looks to find his place
By BILL COATS

Of the three quarterbacks who took part in the Rams' rookie minicamp last week, only one passed for more than 10,000 yards in college. And it wasn't Sam Bradford, the No. 1 overall pick in the draft.

Thaddeus Lewis piled up 10,065 yards through the air in his four seasons as Duke's starter under coach David Cutcliffe, a noted developer of quarterbacks.

Lewis was invited to the NFL scouting combine but wasn't drafted, his 6-foot height the probable deterrent. Still, the Rams had checked out Lewis during his senior season and signed him to a free-agent contract.

According to offensive coordinator Pat Shurmur, Lewis showed at the recent three-day minicamp that the team made a wise move.

"I thought Thad did a terrific job," Shurmur said. "He's obviously been trained as a quarterback in a passing style, and I thought he showed up well. He's got some talent."

Bradford and veteran A.J. Feeley — not necessarily in that order at this point — appear to be in place as the Rams' top two quarterbacks. After the release last week of Mike Reilly, who spent the last month of the 2009 season with the team, the only other QBs on the roster are Lewis and Keith Null.

Because of injuries to Marc Bulger and Kyle Boller, Null, a sixth-round draftee last year, started the last four games of his rookie season. He's probably in line for the No. 3 job — but could face a challenge from Lewis.

"I like (Lewis') command in the huddle, and he throws the ball well," coach Steve Spagnuolo said after the five-practice minicamp. "He's got some things about him. I think he's a pretty interesting guy right now."

A dual threat quarterback at Miami Lakes High in Hialeah, Fla., Lewis got scholarship offers from Duke, South Florida, Texas Christian and Pittsburgh.

"I took all four of my visits, and Duke is the place I felt most comfortable at," Lewis said. "They gave me the opportunity to come in and compete for the starting job."

An added bonus was the presence of Cutcliffe. He tutored both Manning brothers in college, first Peyton at Tennessee, where Cutcliffe was offensive coordinator, and later Eli at Mississippi, where Cutcliffe was head coach.

"That's his pride and joy, the two Manning brothers," Lewis said. "He'd show you old film of them and just let you know what he expects out of you. He'd also tell you that you could be as good as those guys if you work as hard as those guys."

Lewis became Cutcliffe's starter on the third series of his first game as a freshman. Over four seasons, he completed 61 percent of his passes while throwing for 67 touchdowns, with 40 interceptions. Lewis' passing-yards total is second in Atlantic Coast Conference history to the 13,484 amassed by North Carolina State's Philip Rivers, who now quarterbacks the San Diego Chargers.

The three-day draft was trying for Lewis. "I didn't know what to expect, to be honest," he said. But he refused to become overly concerned as the rounds clicked by.

Cutcliffe "always told me you can't worry about the things you can't control," Lewis said. "And that's one thing I couldn't control, getting calls from teams."

Finally, the Rams dialed his number, during the seventh round. "They said, 'Do you want to come in as a free agent?'" Lewis said. "So, this was the team that gave me my shot, and I feel loyalty to this program."

Unlike Bradford, who took many of his snaps in the shotgun formation at Oklahoma, Lewis ran a pro-style system at Duke. "So it's not too hard to adjust" to the Rams' offense, Lewis said. "Just the terminology is a lot different."

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Next up is the start of organized team activities May 18 at Rams Park. "I'm going to just take it one day at a time, one step at a time," Lewis said. "I just want an opportunity to compete, an opportunity to get a shot at the NFL. Hopefully it works out for the best."

After a pause, Lewis laughed and added, "Hey, maybe I could be Sam's backup. Who knows?"

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Onobun projects to be a player the Rams will be watching closely By JIM RODENBUSH

In five years, Fendi Onobun went from a basketball player at Arizona, to a walk-on football player at Houston to a sixth-round draft pick of the St. Louis Rams.

To some, it might seem like an unusual path to the NFL.

Onobun has a different take.

“This is my destiny right here,” he said. “I’m excited to be here. I’m excited to learn. I think I’ve found something I could be really good at.”

The tight end is one of nearly 70 players participating in this weekend’s rookie minicamp at Rams Park. Two practices were held Saturday on the second day of the camp, which will conclude with a single session Sunday morning.

The Rams chose Onobun with the first pick of the sixth round, No. 170 overall. At the time, Rams general manager Billy Devaney called the selection “a project in its truest sense.”

“We’re taking a flier guys,” Devaney said. “I mean, we know that.”

Not many would argue with him.

Tight end Fendi Onobun takes part in the Rams rookie minicamp this weekend.

Onobun, 23, averaged 1.8 points per game over four years as a reserve forward for Arizona. After graduating in 2009, he took advantage of a NCAA rule that allowed him a fifth year of eligibility in another sport.

Onobun started graduate school in his hometown of Houston and joined the Cougars football team. He had not played organized football since the seventh grade.

“I really wanted to try it out,” he said. “I had the one year of eligibility, why not give it a shot?”

Onobun appeared in 11 games for Houston during the 2009 season. He played mostly on special teams and also caught two passes.

His performance was not enough to earn an invitation to the NFL scouting combine in February. Instead, he impressed the Rams during his pro day in March with his size (6-foot-6, 249 pounds) and overall athleticism.

The tight end turned in a 4.48 time in the 40-yard dash and had the best vertical jump (37 1-2 inches) and broad jump (11 feet, 1 inches) of the 12 players who worked out that day.

“I showed my athletic ability (that day) and also showed my ability to catch the football, something you probably wouldn’t be able to see on my film at UH,” Onobun said. “During the workout, I caught the ball really well.”

Onobun called being drafted “a blessing.”

“Who doesn’t want to see their name scroll across the screen?” he said. “But when you’re at camp, it doesn’t matter how you got here. Everybody’s competing. Everybody’s trying to get a job.”

For Onobun, that means learning the team’s playbook and doing his best to make an impression on the team’s coaching staff.

“I’m spending a lot of time studying,” he said. “I’m spending extra hours with

(Tight ends coach Frank) Leonard, and I’m spending extra hours on my own just trying to make sure I’m familiar with what I’m suppose to do. I’m doing all right.

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“I don’t think I’m as far off as most people think. I have a lot to learn. I have a long way to go. But I’m not as far off as people assume.”

Following the Saturday morning practice, coach Steve Spagnuolo said he was happy with Onobun’s progress.

“We did label it as a project, but I’ll tell you what, for a guy that hasn’t played a lot of football, he’s done some good things out here,” Spagnuolo said. “You can see he’s got some natural skills. He looks the part when you see him in a uniform. It’s only a helmet right now, but he sure does look the part.”

Onobun’s story has drawn comparisons with Chargers tight end Antonio Gates and Falcons tight end Tony Gonzalez, who each played college basketball.

“I’m not trying to be Antonio Gates. I’m not trying to be Tony Gonzalez,” Onobun said. “I’m trying to be Fendi Onobun, the best tight end I could possibly be.”

For now, the rookie already has gained a little bit of notoriety. On Friday, he caught quarterback Sam Bradford’s first professional pass in practice.

“I’ll take that,” Onobun said.

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Rams' Robinson eager to contribute **By STEVE KORTE**

ST. LOUIS -- The last few weeks of Organized Team Activities have been more than just light practices for St. Louis Rams wide receiver Laurent Robinson.

They've been an extension of his rehab from leg injuries that prematurely ended his promising 2009 season.

"I think he'd tell you the same, but I don't think he's 100 percent back yet," Rams coach Steve Spagnuolo said. "I think it's like Reggie Scott, our trainer, has said. This is the best rehab he can get. He's healthy enough where he can go out there to do this. Your body does the things you have to do on the football field when you're out there practicing.

"He's fighting through it. Really, he and Keenan (Burton, patella injury), they're basically still in rehab."

Robinson vowed to be 100 percent by the start of training camp later this summer.

"They said the best thing for me is to go out there and do actual football drills and stuff just to get through the soreness and get back used to the cutting and stuff," Robinson said. "It's working out good. I'm pushing through it, and I'm getting better every day.

"By training camp, I'll be ready to go, ready to roll."

Robinson missed the final 13 games of the 2009 season after suffering a fractured leg and a sprained ankle in Week 3 against the Green Bay Packers.

Robinson was injured when the pile rolled up on him from behind on a run by Steven Jackson with 1:41 left in the third quarter of the Rams' 36-17 loss to the Packers.

Robinson walked off the field at the Edward Jones Dome after the injury, but then was taken by cart to the locker room. He underwent surgery and then began the rehab process that is finally getting closer to a conclusion.

"Honestly, I didn't know it was that bad," Robinson said. "I walked off with a little bit of a limp. I didn't think it was going to be that bad. It was a frustrating injury watching from the sideline, but that's in the past now, and I'm ready to move forward and get back on the same track as last year."

The Rams acquired Robinson from the Atlanta Falcons in a trade on April 6, 2009.

They swapped fifth-round and sixth-round picks with the Falcons in the 2009 NFL Draft -- moving 22 spots in the fifth round and 20 spots in the sixth round -- to get Robinson.

Robinson had 11 catches for 132 yards and one touchdown after two games last season, putting him on pace for 88 catches and 1,056 yards.

Entering his fourth NFL season, Robinson has the most experience of any of the 10 wide receivers on the Rams' roster.

Robinson feels like the Rams' receivers -- many of whom got valuable playing time last year due to the wave of injuries that hit the unit -- are better than people are giving them credit for being.

"People are going to talk because we don't have a big-name receiver, but we're all working hard and getting better every day," Robinson said.