SEAHAWKS

October 9, 2012

Seahawks No. 1 Defense Faces Patriots No. 1 Offense at CenturyLink Field

	2012 SCHEDULE								
Prese	Preseason (4-0)								
Day	Date	Opponent	Time (PT)	TV					
Sat.	8/11	Tennessee	W	27-17					
Sat.	8/18	at Denver	W	30-10					
Fri.	8/24	at Kansas City	W	44-14					
Thu.	8/30	Oakland	W	21-3					
Regu	lar Sea	son (3-2)							
Day	Date	Opponent	Time (PT)	TV					
Sun.	9/9	at Arizona	L	20-16					
Sun.	9/16	Dallas	W	27-7					
Mon.	9/24	Green Bay	W	14-12					
Sun.	9/30	at St. Louis	L	19-13					
Sun.	10/7	at Carolina	W	16-12					
Sun.	10/14	New England	1:05 p.m.	CBS					
Thu.	10/18	at San Francisco	5:20 p.m.	NFLN					
Sun.	10/28	at Detroit	10:00 a.m.	FOX					
Sun	11/4	Minnesota	1:05 p.m.	FOX					
Sun.	11/11	N.Y. Jets	1:05 p.m.	CBS					
Sun.	11/18	Bye Week							
Sun.	11/25	at Miami*	10:00 a.m.	FOX					
Sun.	12/2	at Chicago*	10:00 a.m.	FOX					
Sun.	12/9	Arizona*	1:25 p.m.	FOX					
Sun.	12/16	at Buffalo*	1:05 p.m.	FOX					
		(in Toronto)							
Sun.	12/23	San Francisco*	1:25 p.m.	FOX					
Sun.	12/30	St. Louis Rams*	1:25 p.m.	FOX					
*Gam	ne time s	subject to NFL Flexi	ble Schedulir	ng					

ON THE AIR

Kickoff: Sunday, October 14

1:05 p.m. (PT)

Records: Seahawks (3-2)

Patriots (3-2)

TV: CBS (channel 7 in Seattle)

lan Eagle (play-by-play)
Dan Fouts (commentary)

Radio: 710 ESPN Radio & 97.3 FM

Steve Raible (play-by-play) Warren Moon (commentary) Jen Mueller (sidelines)

Next Week's Seattle at San Francisco, Oct. 18

Opponents: Candlestick Park

New England vs. N.Y. Jets, Oct. 21

Gillette Stadium

SEAHAWKS VS. PATRIOTS



The Seahawks begin a stretch of three games in 15 days beginning with the New England Patriots at CenturyLink Field this Sunday. Kickoff is slated for 1:05 p.m. (PT).



The game will be televised on CBS (channel 7 in Seattle) and broadcast on 710 ESPN Radio and 97.3 FM in Seattle. On CBS, Ian Eagle will serve as the play-by-play man, joined in the booth by former NFL quarterback Dan Fouts. On 710 ESPN Radio and 97.3 FM is former Seahawks receiver Steve Raible in his 31st year of broadcasting, joined by Hall of Famer Warren Moon with Jen Mueller on the sidelines.

It will be New England's second trip to the Pacific Northwest since the 1993 season and will be the 16th meeting between the two teams in the regular season. The Patriots leads the series 8-7.

Under the league's scheduling rotation introduced after realignment in 2002, the two teams will play every four years with New England winning in 2004 and 2008.

The series began in 1977, with the teams playing 13 times in 17 years, including two matchups in 1993 and six straight road games with Seattle heading to Massachusetts from 1986-93.

This Week's Schedule

Tuesday, October 9

Players day off

Wednesday, October 10

8:10 a.m. Patriots player conference call

8:25 a.m. Patriots Head Coach Bill Belichick conference call

12:10 p.m. Head Coach Pete Carroll press conference

Open locker room

1:30 p.m. Practice*

Bevell, coaches available after practice

Thursday, October 11

12:10 p.m. Open locker room

QB Russell Wilson media availability

1:30 p.m. Practice*

Bradley, coaches available after practice

Friday, October 12

11:30 a.m. Practice*

Carroll, coaches, players available after practice

Saturday, October 13

No player availability

Sunday, October 14

1:05 p.m. Seahawks vs. Patriots

CenturyLink Field

Monday, October 15

3:00 p.m. Coach Carroll press conference

*TV cameras may shoot the first 5-10 minutes of practice



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	NFL STANDINGS								
AFC East	W	L	Т	PCT.	NFC East	W	L	Т	PCT.
New England	3	2	0	.600	Philadelphia	3	2	0	.600
N.Y. Jets	2	3	0	.400	N.Y. Giants	3	2	0	.600
Buffalo	2	3	0	.400	Dallas	2	2	0	.500
Miami	3	3	0	.400	Washington	2	3	0	.400
AFC North	w	L	Т	PCT.	NFC North	w	L	Т	PCT.
Baltimore	4	1	0	.800	Minnesota	4	1	0	.800
Cincinnati	3	2	0	.600	Chicago	4	1	0	.800
Pittsburgh	2	2	0	.500	Green Bay	2	3	0	.400
Cleveland	0	5	0	.000	Detroit	1	3	0	.250
AFC South	w	L	Т	PCT.	NFC South	w	L	Т	PCT.
Houston	5	0	0	1.000	Atlanta	5	0	0	1.000
Indianapolis	2	2	0	.500	Tampa Bay	1	3	0	.250
Jacksonville	1	4	0	.200	Carolina	1	4	0	.200
Tennessee	1	4	0	.200	New Orleans	1	4	0	.200
AFC West	w	L	т	PCT.	NFC West	w	L	т	PCT.
San Diego	3	2	0	.600	Arizona	4	1	0	.800
Denver	2	3	0	.400	San Francisco	4	1	0	.800
Oakland	1	3	0	.250	St. Louis	3	2	0	.600
Kansas City	1	4	0	.200	Seattle	3	2	0	.600

SEAHAWKSMEDIA.COM

Media may visit seahawksmedia.com for additional statistical packages, Seattle and opposing team media guides, the NFL Record & Fact Book, featured press clippings, front office bios and much more.

RARE COMPANY

Eleven quarterbacks were taken in the 2012 NFL Draft; four in the first round, one in the second round (Brock Osweiler - Denver), with Seattle selecting Russell Wilson with the 75th overall pick in the third round.

Five of those rookie quarterbacks started Kickoff Weekend for their respective teams, but one, however, was drafted in the thirdround or later; Seattle's Wilson.

It is the most rookie quarterbacks to start a team's opening game since at least 1950. The previous high was three in 1968 (Dan Darragh - Buffalo, Greg Landry - Detroit, Dewey Warren - Cincinnati) and 1969 (Greg Cook - Cincinnati, James Harris - Buffalo, Roger Staubach, Dallas).

Wilson became the sixth rookie quarterback drafted in the third round or later to start a season opener since 1970, and first since 2005.

Starting Rookie QBs in Week 5

Player	Att	Comp	Pct	Yds	TD	Int	Rtg
Ryan Tannehill, Mia (W)	26	17	65.4	223	0	0	92.3
Brandon Weeden, Cle (L)	35	22	62.9	291	2	2	84.3
Robert Griffin III, Was (L)	15	10	66.7	91	0	0	82.9
Russell Wilson, Sea (W)	25	19	76.0	221	1	2	82.3
Andrew Luck, Ind (W)	55	31	56.4	362	2	1	81.0

Rookie QBs Drafted in 3rd Round or Later to Start Opener

Year	Player	Team	Rd.	Overall
1973	Joe Ferguson	Buffalo	3	57
1977	Randy Hedberg	Tampa Bay	8	196
1982	Mike Pagel	Baltimore	4	84
2001	Chris Weinke	Carolina	4	106
2005	Kyle Orton	Chicago	4	106
2012	Russell Wilson	Seattle	3	75

RAISIN' 12

Just before every kickoff at CenturyLink Field, fans turn their attention to the 300 level of the south endzone with anticipation to see who is going to raise the team's signature 12 flag and turn CenturyLink Field in to a frenzy. From former Seahawks greats, to local celebrities and sports personalities, the flag has become a love affair for Seahawks supporters all over the Northwest and the spirit of community that the organization and fans share. Who will raise it next?

2012 Flag Raisers

Tennessee - Steve August	Minnesota -
Oakland - 2012 Olympians	N.Y. Jets -
Dallas - Shawn Springs	Arizona-
Green Bay - Trent Dilfer	San Francisco -
New England-	St. Louis -



This Week vs. New England

REGULAR	SE	ASON	RESU	LTS	
<u>P</u>	atriots	Lead 8	<u> 3-7</u>		
October 9, 1977	L	@	31-0	45,929	
September 21, 1980	L		37-31	61,035	
December 19, 1982	L		16-0	53,457	
December 18, 1983	W		24-6	59,688	
September 16, 1984	L	@	38-23	43,140	
November 17, 1985	L		20-13	60,345	
September 21, 1986	W	@	38-31	58,977	
December 4, 1988	L	@	13-7	59,068	
September 24, 1989 October 7, 1990	W	@	24-3 33-20	48,025	
September 20, 1992	W	@ @	33-20 10-6	39,735 42,327	
September 19, 1993	W	@	17-14	50,392	
October 24, 1993	W	<u>@</u>	10-9	56,526	
October 17, 2004	L	@	30-20	68,756	
December 7, 2008	Ĺ	©	24-21	68,077	
Record in Seattle				2-4	
Kingdome					
Husky Stadium .					
CenturyLink Field					
Record at New England					
Foxboro Stadium	_				
Gillette Stadium					
Current Streaks					
Longest Win Streaks		3			
Seahawks				5. 1989-93	
Patriots				·	
Last Game Played in				,	
Seattle	Pa	triots 24	4. Seahawl	ks 21 (12/7/08)	
New England					
Total Points in Series		.010 00,		2 = 0 (10, 11, 01)	
Seahawks				271 (18 1)	
Patriots				` '	
Largest Margin of Victor				200 (10.0)	
Seahawks	_		21 noints	24-3 (9/24/89)	
Patriots			-		
Combined Points			o i pointo,	31-0 (10/3/11)	
Highest	6	SQ (Spat	Hle win 38	31 on 9/21/86)	
Lowest 16				·	
	twice (i	ası. Se	attie wiii it	J-0 011 9/20/92)	
Shutouts Sachawka				None	
Seahawks Patriots					
Pete Carroll vs. Patriots (Regular Season)					
With New York					
With N.Y. Jets					
Playoffs					
Bill Belichick vs. Seahawks (Regular Season) 3-1 With Cleveland					
With New Engla					
Playoffs				0-0	

On Paper							
2012 Regular Season	<u>Seahawks</u>	<u>Patriots</u>					
Record	3-2	3-2					
Total Yards Gained	1,436	2,197					
Total Offense (NFL Rank)	287.2 (27)	439.4 (1)					
Rush Offense	140.2 (7)	165.4 (3)					
Pass Offense	147.0 (31)	274.0 (9)					
Points Per Game	17.2 (28)	33.0 (1)					
Total Yards Allowed	1,293	1,869					
Total Defense	258.6 (1)	373.8 (22)					
Rush Defense	66.6 (3)	82.2 (8)					
Pass Defense	192.0 (5)	291.6 (30)					
Points Allowed/Game	14.0 (2)	22.6 (17)					
Possession Avg.	32:02	32:04					
Sacked/Yds. Lost	10/80	12/80					
Sacks Made/Yds. Lost	16/93	9/31					
Interceptions By	3	6					
Penalties/Yds.	44/363	28/232					
Punts/Avg.	21/48.9	20/37.3					
Turnover Differential	-1 (T17)	+10 (T1)					

	2012 STAT	LEADERS
	<u>Seahawks</u>	<u>Patriots</u>
Rushing	Marshawn Lynch	Stevan Ridley
	508 (113-4.5-2)	490 (102-4.8-4)
Passing	Russell Wilson	Tom Brady
	815 (125-79-5-6-75.3)	1,450 (185-124-8-1-102.8)
Receptions	s Sidney Rice	Wes Welker
	199 (17-11.7-1)	484 (38-12.7-1)
Scoring	Golden Tate	Stevan Ridley
(Non kicker	·) 18	24
Sacks	Chris Clemons	Chandler Jones
	5.5	3.0
Int.	Richard Sherman	McCourty & Wilson
	2	2
Punting	Jon Ryan	Zoltan Mesko
	48.9/43.1 net (8 In20)	39.3/34.2 net (11 In20)
Kicking	Steven Hauschka	Stephen Gostkowski
	38 (10/11 FG, 8/8 PAT)	51 (11/14 FG, 18/18 PAT)

	S ERIES	LEADERS
	<u>Seahawks</u>	<u>Patriots</u>
Rushing	Chris Warren	John Stephens
Yards	36-174-4.5-1	31-121-3.9-0
	9/19/93	12/4/88
Passing	Matt Hasselbeck	Tony Eason
Yards	50-27-349-0-2	45-26-414-3-0
	10/17/04	9/21/86
Receiving	Koren Robinson	Stanley Morgan
Yards	9-150-16.7-0	7-161-23.0-3
	10/17/04	9/21/86



LAST TIME VS. NEW ENGLAND

New England Patriots 24, Seattle Seahawks 21 Sunday, December 7, 2008 - CenturyLink Field

The Seahawks could not hold on to a 21-13 lead and slipped to the New England Patriots 24-21. Seattle jumped to a 7-0 lead after former Patriot wide receiver Deion Branch hauled in a 14-yard pass from Seneca Wallace for the game's first score. The Patriots tacked on a late first-quarter field goal, a 50-yarder by Steven Gostkowski. Seattle marched right back down the field and scored when Wallace connected with tight end John Carlson on a 10-yard scoring pass. The Patriots returned the favor when their tight end Ben Watson pulled in a Matt Cassel 2-yard TD pass to pull within 14-10 at the half. In the third quarter, another Gostkowski field goal brought the Patriots to within 14-13, but Seattle came back with another Wallace-to-Brach TD pass and catch, this a 14-yarder set up by an earlier 63-yard Wallace-to-Branch pitch and catch. With the Seahawks leading 21-13 early in the fourth quarter, a third Gostkowski brought the Patriots to within 21-16. The Patriots, facing a fourth-and-goal from the 1-yard line, handed the ball to Sammy Morris who dove over the top for a touchdown. Following a successful 2-point conversion, the Patriots had the lead 24-21 with 2:44 to play. Following the kickoff, a Seneca Wallace 23-yard scramble gave the Seahawks a first down at the New England 43 followed by running play that lost 1 yard bring the clock to the twominute warning. On second down, an all-out blitz by the Patriots forced the first sack allowed by the Seahawks all day causing a fumble which was recovered by New England. Wallace passed tied a career high with three TD passes and posting a 128.9 rating. With his eight catches on the day, Carlson tied a club record for most receptions in a season with 46. The Seahawks' offensive line was with out starters Walter Jones, Mike Wahle and Chris Spencer.

NE	3	7	3	11	_	24
Seattle	7	7	7	0	_	21

				NE	Sea
SEA	1	5:25	Branch 14 pass Wallace (Mare kick) (13-87, 5:35)	0	7
NE	1	0:48	Gostkowski 50 FG (9-48, 4:37)	3	7
SEA	2	12:30	Carlson 10 pass Wallace (Mare kick) (9-74, 3:18)	3	14
NE	2	9:09	Watson 2 pass Cassel (Gostkowski kick) (6-43, 3:21)	10	14
NE	3	2:40	Gostkowski 42 FG (12-56, 4:43)	13	14
SEA	3	0:41	Branch 4 pass Wallace (Mare kick) (3-62, 1:59)	13	21
NE	4	12:19	Gostkowski 27 FG (10-68, 3:22)	16	21
NE	4	2:44	Morris 1 run (Cassel to Welker pass) (14-71, 6:03)	24	21
Att. 6	88,	077			

Team Statistics

New England	Seattle
22	18
10-18-56%	7-12-58%
344	339
72	55
4.8	6.2
84	134
25	26
260	205
3/8	1/7
44-26-0	28-20-0
3-40.3	5-39.4
1-15	5-39
1-0	2-1
2	3
3-3	0-0
33:55	26:05
	22 10-18-56% 344 72 4.8 84 25 260 3/8 44-26-0 3-40.3 1-15 1-0 2 3-3

NEON LEON

Kick returner Leon Washington got off to fast start in Week 1 at Arizona (9/9), returning one punt return for 52 yards and a kick-off return for 83 yards, helping set up Seattle scores.

He ranks second in the NFL with a 34.3 kickoff return average.

He became the first player in NFL history to return three kick-offs for touchdowns in two different seasons (2007, 2010) after he lit up CenturyLink Field vs. the Chargers (9/26/10), becoming the 10th player in NFL history, first in Seahawks history, to return two kickoffs for touchdowns in a single game. His two returns, 101 and 99 yards, are the two longest in Seahawks history. He is also the third player in NFL history with two touchdowns of 99+ yards in the same game. His third came at San Francisco (12/12/10) on a 92-yard return.

His 253 total kickoff return yardage vs. San Diego is also a franchise record, while his 63.3 yard average (4 for 253 yards) ranks fourth in NFL history (min. 3 att.), and highest since 1960.

The seventh-year veteran has seven career kickoff touch-downs that ranks second all-time in NFL history (8 - Josh Cribbs, Cle). His career-long 84-yard punt return vs. Carolina (12/5/10) ranks as the sixth-longest in Seahawks history.

Most Kickoff Return Touchdowns, NFL History

No.	Player	leam
8	Josh Cribbs	Cle
7	Leon Washington	NYJ, Sea
6	Dante Hall	KC, StL
	Mel Gray	NO, Det, Hou, Ten, Phi
	Travis Williams	GB, L.A. Rams
	Gale Savers	Chi

Ollie Matson

Highest Kickoff Return Avg./Game (min. 3), NFL History

Chicago Cardinals, L.A. Rams, Det, Phi

Avg.	Player	Game	Ret
73.50	Wally Triplett	Det vs LA (10/29/50)	4-294
67.33	Lenny Lyles	SF vs. Bal (12/18/60)	3-202
65.33	Ken Hall	Hou vs. N.Y. Titans (10/23/60)	3-196
63.33	Leon Washington	Sea vs. SD (9/26/10)	4-253

Longest Kickoff Returns, Seattle History

	Player	Opponent
101	Leon Washington	vs. San Diego (9/26/10)
99	Leon Washington	vs. San Diego (9/26/10)
97	Maurice Morris	at St. Louis (10/20/02)
	James Jefferson	vs. Kansas City (10/8/89)
94	Zachary Dixon	vs. St. Louis (11/13/83)

Most Kickoff Return Yards/Game, Seattle History

	Player	Opponent
253	Leon Washington	vs. San Diego (9/26/10)
231	Maurice Morris	at St. Louis (10/20/02)
222	Leon Washington	at San Francisco (12/12/10



BATTLE IN SEATTLE

It's not the Thrilla in Manila, but it's an early season battle of heavyweights on each side of the ball as the Seahawks No. 1-ranked defense takes on the Patriots No.-1 ranked offense this weekend.

The last time there was a matchup of two No. 1's in Week 6 or later was on December 9, 2007 in Week 14. New England's No. 1 offense defeated Pittsburgh's No. 1 defense, 34-13, in Foxborough.

	Pittsburgh	New England
Total First Downs	19	21
Total Net Yards	349	421
Total Off. Plays	67	55
Net Yards Rushing	181	22
Total Rushing Plays	32	9
Net Yards Passing	168	399
Pass Atts-Comps-Ints	32-19-0	46-32-0
Touchdowns	1	4
Time of Possession	34:43	25:17

TAKING SHAPE

Seattle's starting defensive squad boasts three Pro Bowlers, a double-digit sack artist and the conference's leading interior tackler over the past two seasons.

The group finished in the top 10 in overall defense in 2011 and is currently the top-ranked overall defense with the third-ranked run defense.

With 10 of 11 starters returning (LB David Hawthorne signed with New Orleans in free agency), Seattle's defense aims to be the best in the NFL.

All this coming from a group with the sixth-youngest starters in the NFL, after ending last season as the second-youngest.

Youngest Starting Defensive Units, Most Recent Game

Team	Years	Days	
Tennessee	25	119	
Dallas	26	100	
St. Louis	26	133	
New England	26	143	
Kansas City	26	145	
Seattle	26	169	
Tampa Bay	26	169	

Young Guns

In Year 3 of their program, Pete Carroll and John Schneider are continuing to build the team in their vision, and with this, have turned one of the more veteran rosters in the NFL into the third-youngest roster entering Week 6.

Youngest 53-man Roster, Most Recent Game

Team	Yrs.	Days
St. Louis	25	321
Miami	26	66
Seattle	26	103
Cleveland	26	104
Minnesota	26	107

ZODIAC RE-ALIGNMENT

Right defensive end Chris Clemons is excelling in Pete Carroll's defensive scheme playing the 'Leo' position. Born in October, this Scorpio leads the team with 5.5 sacks (3rd NFC, T6th NFL).

Clemons tied the NFL record for most sacks in a first-half by tying the Seahawks record and setting a career-high with 4.0 vs. Green Bay (9/24) on Monday Night Football.

Along with his 4.0 sacks, Bruce Irvin and Brandon Mebane each added 2.0 of their own, totaling 8.0 first-half sacks, ranking second in NFL history. Its the most Seattle sacks in one game since posting 8.0 vs. San Francisco (9/14/08) and most in the first-half in team history. Seattle had 8.0 sacks in the second-half vs. the Buffalo Bills on December 8. 1996.

He also leads the team with nine quarterback hits.

2012 NFL Sack Leaders

	Player	No.
1.	DE J.J. Watt, Hou	8.5
2.	LB Clay Matthews, GB	8.0
3.	DT Geno Atkins, Cin	6.0
	LB Justin Houston, KC	6.0
	DE Robert Quinn, StL	6.0
6.	DE Chris Clemons, Sea	5.5

Most Sacks in the First-Half, NFL History

No.	Player	Opponent	Date
4.0	Chris Clemons, Sea	vs. Green Bay	9/24/12
	Derrick Thomas, KC	vs. San Diego	11/8/92

Most Team Sacks in the First-Half, NFL History

No.	Team	Opponent	Date
9.0	N.Y. Giants	vs. Chicago	10/2/10
8.0	Seattle	vs. Green Bay	9/24/12
7.0	Denver	vs. N.Y. Jets	9/1/96
	Seattle	vs. Oakland	11/6/06

Most Sacks in a Single-Game, Seahawks History

No.	Player	Opponent	Date
4.0	Chris Clemons	vs. Green Bay	9/24/12
	Darryl Tapp	vs. St. Louis	10/21/07
	Michael Sinclair	vs. Denver	9/8/96
	Michael McCrary	vs. Oakland	12/22/96
	Jacob Green	vs. N.Y. Giants	10/19/86

" C " - H A W K S

In a vote by players, three first-year Seahawks captains were named team captains for the 2011 season. Fullback Michael Robinson is a two-time special teams captain.

2012 Seahawks Captains

Offense	Defense	Special Teams
C Max Unger	DE Red Bryant	LB Heath Farwell
		FB Mike Robinson



BRUUUUUUUUCE

The chorus of Bruuuuuuce throughout CenturyLink Field and Bank of America Stadium in Charlotte last week can only mean one thing: rookie Bruce Irvin has just made a game-changing play.

This could not be more evident than his career-high tying 2.0-sack performance at Carolina (10/7) with his final sack forcing Cam Newton to fumble leading to a Seattle recovery to seal the win.

Depsite playing in only 45.2% of the defensive snaps this season (140 of 310), Irvin leads all rookies with 4.5 sacks (T5th NFC, T12th NFL).

2012 NFL Rookie Sack Leaders

	Player	No.
1.	DE Bruce Irvin, Sea	4.5
2.	DE Chandler Jones, NE	3.0
3.	DE Frank Alexander, Car	2.5
4.	DT Mike Martin, Ten	2.0
	DE Shea McClellin, Chi	2.0

LIVIN' ON THE EDGE

Highly unliklely these two guys listen to the 1993 Aerosmith hit, Livin' on the Edge, but Chris Clemons and Bruce Irvin make opposing tackles dread lining up across from them this season.

The two have combined for 10.0 sacks this season, ranking first in the NFC (2nd NFL).

Most Sacks, NFL Defensive End Tandems

J.J. Watt & Antonio Smith, Hou	
Chris Clemons & Bruce Irvin, Sea	10.0
Robert Quinn & Chris Long, StL	9.0
Cameron Wake & Jared Odrick, Mia	7.5
Charles Johnson & Frank Alexander, Car	6.0
Julius Peppers & Corey Wootton, Chi	6.0

AHEAD OF THE CURVE

One of Pete Carroll's main offseason priorities was to improve the pass rush on opposing quarterbacks.

Carroll and John Schneider have seem to have done just that with the free agent acquisition of Jason Jones and drafted rookies Bruce Irvin with the 15th overall pick and Bobby Wagner in the second-round (47th overall).

Seattle has 16.0 sacks through five games and did not reach 16.0 sacks until Game 10 at St. Louis (11/20/11) last season.

Sacks Through First Five Games

Year	Sacks
2011	8.0
2012	16.0

Upon Further Review

Opponents have scored 70 total points against Seattle this season, but if you scratch the surface, one will find that Seattle's defensive unit has allowed only 54 points to lead the league.

The unit has also not allowed a touchdown in the last 128 minutes since Green Bay's Cedric Benson scored in Week 3.

Points Allowed by Defensive Unit/NFL

Team	Points	Avg.
Seattle	54	10.8
Houston	57	11.4
Chicago	57	11.4
San Francisco	60	12.0
Arizona	78	15.6

On the other side of the ball, Seattle had a string of six consecutive games with 100 or more team rushing yards heading in to Carolina (10/7), tying for the seventh-long streak in franchise history.

Seattle stood at 117 rushing yards with :59 remaining in the game, but took a safety on a -18 yard rush by Jon Ryan to take time off the clock and to set itself up with better field position for Ryan's free kick, and finished the day with 98 team rushing yards.

SACK ATTACK

In 2011, Seattle had 33.0 sacks, and through five games in 2012, it has nearly reached half that mark thanks to rookies Bruce Irvin and Bobby Wagner.

Led by Chris Clemons 5.5 sacks, Irvin and Wagner have combined for 6.0 sacks, with free agent addition Jason Jones adding 1.5 and veterans Brandon Mebane and Alan Branch combining for 3.0 sacks.

The Seahawks 16.0 sacks rank fourth in the NFC (T5th NFC).

2012 NFL Team Sack Leaders

	Team	No.
1.	Chicago Bears	18.0
	Green Bay Packers	18.0
	Cincinnati Bengals	18.0
4.	Arizona Cardinals	17.0
5.	Seattle Seahawks	16.0
	Houston Texans	16.0
7.	St. Louis Rams	15.0
	Miami Dolphins	15.0
9.	Minnesota Vikings	14.0
	Denver Broncos	14.0
	Carolina Panthers	14.0



DANGERUSS WILSON

True to his word about preaching competition to make the Seahawks the most competive team possible, Pete Carroll announced on August 26 that rookie Russell Wilson will be the opening day starter at Arizona (9/9).

After completing 40 of 63 passes for 536 yards with five touch-downs and one interception for a 110.3 passer rating (6th NFC, 7th NFL) in the preseason, and rushing 10 times for 150 yards (T8th NFC) with one touchdown, Wilson produced and showed he can play at the NFL level.

"It's been a very exciting competition that's gone on, and Russell has taken full advantage of his opportunities and done everything we could ask for on the field," Carroll said after the announcement. "And more you guys can know, what he's done off the field in meeting rooms and with our players and how he's represented himself, he's earned this job."

Wilson ranked in the NFL's top-10 in passer rating and fourthquarter passer rating (9th, 112.8), while ranking in the NFC's top-10 in rushing (T8th, 150 yards) and third-down passer rating (8th, 95.5). He put points on the board in 13 of his 21 drives started, with two missed field goals.

Russell Wilson - Drives Started/Preseason

	Drives	TD	FG	Punt	Turnover	Missed FG
vs. Tenn (8/11)	6	2	1	2	1	0
at Den (8/18)	5	3	0	2	0	0
at KC (8/24)	7	3	3	0	0	1
Oak (8/30)	3	0	1	1	0	1
Totals	21	8	5	5	1	2

NFC Passer Rating Leaders/ Preseason

Player	Att	Comp	Pct	Yds	TD	Int	Rating
Tony Romo	32	21	65.6	303	2	0	117.1
Matt Stafford	37	26	70.3	360	3	1	116.9
Sam Bradford	51	30	58.8	398	5	0	116.3
Matt Ryan	60	45	75.0	549	3	1	112.4
Drew Brees	47	32	68.1	357	3	0	111.7
Russell Wilson	63	40	63.5	536	5	1	110.3

TOP O' THE CHARTS

The Seahawks defense ranks in the top-five in many statistical categories in 2012.

Category	Rank	Yards
Yards per Game	1	258.6
Yards per Play	1	4.39
Rush Yards per Game	3	66.6
Rush Yards per Attempt	4	3.23
Pass Yards per Game	5	192.0
Pass Yards per Play	1	6.02
Yards Allowed on 1st Downs	3	4 40

Category	Rank	No.
1st Downs per Game	5	17.0
Total Points Allowed (70)	2	14.0
Points Allowed by Defensive Unit (54)	1	10.8

BUILDING BLOCKS

Of the 53 players currently on the active roster for Week 6, only seven were with the team in 2009. In all, 16 Seahawks are in their first season with the club, 18 are in their second and 12 in their third season - or 87% of the roster - who have been with Pete Carroll and John Schneider since they have put this competitive roster together. Marcus Trufant and Leroy Hill remain from the team's run to Super Bowl XL in 2005.

Trufant is the longest-tenured original Seahawks player in his 10th season, and most veteran player on the team. Seattle has 16 players with 6+ years of NFL experience.

Acquired via:

Draft: 26

Free agents: 16

Unrestricted free agents: 5

Trades: 4 Waivers: 1 Practice squad: 1

Remaining players from Tim Ruskell/Bob Ferguson era:

2009: Max Unger

2008: Red Bryant (4th round), Jon Ryan (free agent)

2007: Brandon Mebane (3rd round)2006: Ben Obomanu (7th round)2005: Leroy Hill (3rd round)2003: Marcus Trufant (1st round)

WHEN LIFE HANDS YOU CLEMONS...

It's time to enjoy a nice cool glass of Clemonade.

Since arriving in Seattle via trade with Philadelphia in March of 2010, defensive end Chris Clemons has been heating up as one of the most productive sack leaders in the NFL.

He has 27.5 sacks in 37 games played for Seattle, ranking as one of the most productive streaks in franchise history. His 11.0 double-digit sacks in back-to-back seasons (2010-11) are the first for Seattle since Michael Sinclair posted double-digit sacks of 12.0 and 16.5 in 1997 and 1998.

Clemons ranks fourth among defensive ends and ranks tied for sixth in the NFL in sacks since the beginning of 2010 on a list that includes six 2012 Pro Bowlers.

NFL Sack Leaders Since 2010

Player	No.
1. *LB DeMarcus Ware, Dal	40.0
2. *DE Jared Allen, Min	36.0
3. *DE Jason Babin, Ten/Phi	33.0
4. *LB Tamba Hali, KC	29.5
5. DE Cameron Wake, Mia	28.0
6. DE Chris Clemons, Sea	27.5
*LB Clay Matthews, GB	27.5
8. DE John Abraham, Atl	25.5
DE Robert Mathis, Ind	25.5
0. *LB Terrell Suggs, Bal	25.0

²⁰¹² Pro Bowler



VOLUME 12

Seahawks fans have become known as the loudest in the NFL and are proud of the role they play in helping the team win on the field. In 2005, Seattle led the NFL in opponent false start penalties at CenturyLink Field with 24, including 11 versus the N.Y. Giants. In 2006, Seattle once again led the NFL in that category with 26 in their eight home games. Seattle's total of 112 since 2005, is tops in the NFL.

Opponent False Start Penalties at Home (2005-current)

	Games	Penalties	Average
Seattle Seahawks	58	112	1.93
Minnesota Vikings	57	109	1.91
Detroit Lions	58	101	1.74
St. Louis Rams	59	98	1.66

CANDY MAN

Known for loving his Skittles given to him by his mama before Pop Warner games, Delisa Lynch would say, "Here Marshawn, come and get you power pellets. Eat 'em up, baby. They're going to make you run fast and they're going to make you play good."

In the days since, Marshawn Lynch has the production line busy since Week 4 vs. Atlanta (10/2/11), as he scored in 11 consecutive games (Weeks 4-16), a Seahawks record.

He has rushed for 100 yards in eight of his last 14 games and last season he set a career-high with 13 total touchdowns (career-high and tied for third in the NFL with 12 rush, one rec.).

He is the NFL's most productive rusher, totaling 1,449 yards on the ground since Week 9 of 2011.

Most Rushing Yards Since Week 9 of 2011, NFL

Player	Att.	Yds.	Avg.	TD
Marshawn Lynch, Sea	324	1,449	4.5	11
Ray Rice, Bal	257	1,294	5.0	10
Maurice Jones-Drew, Jac	261	1,274	4.9	6
Arian Foster, Hou	275	1,224	4.5	11

Marshawn Lynch's Last 14 Ballgames

Rushing					Receiving					
Game	Att.	Yds.	Avg.	LG	TD	No.	Yds.	Avg.	LG	TD
at Dal (11/6)	23	135	5.9	29	1	1	8	8.0	8	0
Bal (11/13)	32	109	3.4	8	1	5	58	11.6	23	0
StL (11/20)	27	88	3.3	12	1	2	1	0.5	5	0
Was (11/27)	24	111	4.6	12	0	1	20	20.0	20t	1
Phi (12/1)	22	148	6.7	40t	2	0	0	0.0	0	0
StL (12/12)	23	115	5.0	16t	1	2	8	4.0	4	0
at Chi (12/18	3) 20	42	2.1	15	2	2	5	2.5	3	0
SF (12/24)	21	107	5.1	18	1	2	24	12.0	20	0
at Ari (1/1/12	2) 19	86	4.5	18	0	2	5	2.5	3	0
at Ari (9/9)	21	85	4.0	11	0	2	12	6.0	7	0
Dal (9/16)	26	122	4.7	36	1	0	0	0.0	0	0
GB (9/24)	25	98	3.9	9	0	1	1	1.0	1	0
at StL (9/30)	20	118	5.9	18t	1	4	37	9.3	16	0
at Car (10/7)	21	85	4.0	14	0	1	9	9.0	9	0
Totals	324	1,449	4.5	40t	11	25	188	7.5	20t	1

SPECIAL D

Last year's Seahawks defense, with the second-youngest starters in the league, went down as one of the best in franchise history.

With nine of its 11 starters starting at least 14 games, Seattle finished ranked ninth in the NFL allowing 332.2 yards per game, ranking in the top-10 for only the sixth time in its 36-year history, and for the first time since 1997.

Seattle's highest-ranking defense finished sixth overall in 1984, allowing 310.2 yards per game.

Top 10 Seattle Defenses/Avg. Yards Allowed, NFL

Year	Rank	Yards/Game
1984	6	310.2
1991	8	293.9
1997	8	303.1
1990	9	288.1
2011	9	332.2
1992	10	286.4

Mt. Rush More

Last season, Seattle re-committed to its ground attack beginning in Week 9 at Dallas (11/6/11), and has strung together a streak of 12 of its last 14 games with 100 or more team rushing yards.

Seattle just concluded a six-game streak with 100-plus yards ranking as the seventh-longest in franchise history, that included a season-high 182 yards vs. Dallas (9/16). Seattle reached its longest streak of 12 during the 1978-79 seasons.

Since Week 9 of 2011, Seattle's 1,913 yards ranks sixth in the NFL, just 14 yards behind the Kansas City Chiefs.

Marshawn Lynch has reached 100 yards in eight of the last 14 games, carrying a career-high 32 times vs. Baltimore (11/13/11) and rushing for a season-high 122 yards vs. Dallas (9/16).

His 508 yards this season leads the NFC (3rd NFL).

Most Team Rushing Yards Since Week 9 of 2011

Team	Att.	Yds.	Avg.	TD
Denver	491	2,257	4.6	13
San Francisco	445	2,060	4.6	14
Houston	456	2,028	4.4	18
Carolina	359	1,941	5.4	22
Kansas City	450	1,927	4.3	6
Seattle	471	1,913	4.1	13

KING ME

In the 10 seasons since re-alignment in 2002, Seattle is tied for third in the NFL with five division titles and tied for sixth with six playoff appearances.

<u>Team</u>	Division Titles	Playoff Berths
New England	8	8
Indianapolis	7	9
Seattle	5	6
Green Bay	5	7
Pittsburgh	5	7



Pointless

Opponents have found it difficult to score against an everimproving defense through the first five games of the season.

Seattle's tall, strong and fast defense is becoming one of the best in the NFL, ranking first overall (258.6 yards/game), first in yards per play (4.39), third against the run (66.6 yards/game), fourth in rush yards per attempt (3.23) and third in yards allowed on first-down plays (4.40).

The squad finished seventh in the NFL last season allowing 19.7 points per game and currently ranks second the NFL allowing 14.0 points per game.

Total Points Allowed per Game/NFL

Team	Points	Avg.
San Francisco	68	13.6
Seattle	70	14.0
Chicago	71	14.2
Houston	73	14.6
Arizona	78	15.6

RED ALERT: BLOCK PARTY

The Seahawks have a force in the middle on their kick-block unit in the form of 323-pound defensive tackle Red Bryant.

Bryant set a franchise-record with two blocked field goal attempts at Cleveland (10/23/11). He added another vs. Washington (11/27/11), as well as blocking a Redskins PAT, the first for Seattle since the 1995 season, becoming the first player in club history to accomplish that feat and first in the NFL since Cleveland's Shaun Rogers vs. Cincinnati on October 4, 2009. He owns the club record with four blocked kicks in a single-season (2011).

The son-in-law of Ring of Honor member Jacob Green, Bryant ranks second with three blocked field goals in his career.

Most Blocked Field Goals, Club History

8	Joe Nash	1982-96
	Craig Terrill	2004-10
3	Red Bryant	2008-
2	four tied	

Most Blocked Kicks (FGs & PATs), Season

4	Red Bryant	2011
3	three tied	

three tied

LYNCH PIN

Seattle's offense relies on a strong running game to aid in the development of rookie quarterback Russell Wilson, who owns an 75.3 passer rating, good for third among the five rookie starters. Lynch leads the NFC (3rd NFL) with 508 rushing yards.

NFL Leading Rushers

Player	Att.	Yds.	Avg.	TD
Jamaal Charles, KC	102	551	5.4	2
Arian Foster, Hou	132	532	4.0	5
Marshawn Lynch, Sea	113	508	4.5	2
Alfred Morris, Was	100	491	4.9	4

Buffet Line

DeMarco Murray, Steven Jackson and Cam Newton have been just a few names on Sunday's menu for Seattle's defensive line this season.

Led by Red Bryant at left defensive end, Brandon Mebane and Alan Branch in the trenches, along with Chris Clemons, this foursome, along with Bruce Irvin and Clinton McDonald have eaten up opponents. The Seahawks rank fourth in the NFL in opponent rush yards per attempt, allowing only 3.23 yards per carry.

Seattle's defensive line has also helped the Seahawks rank third in the NFL against the run this season, allowing 66.6 yards per game.

NFL, Opponent Rush Yards/Attempt

Att.	Yas.	Avg.
115	307	2.67
123	393	3.20
92	295	3.21
103	333	3.23
121	411	3.40
	115 123 92 103	115 307 123 393 92 295 103 333

SPECIAL DELIVERY

Seattle's kickoff coverage team has excelled under Seahawks coach Brian Schneider. Thanks to stalwarts and captains Michael Robinson and Heath Farwell, Chris Maragos and long-time contributor Ben Obomanu, the Seahawks kick coverage unit ranks third in the NFL with opponents starting at their own 19.4 yard line.

NFL Avg. Drive Start - Kicking Team

Team	ко	ТВ	120	Avg. Start
N.Y. Jets	21	8	7	18.0
Washington	27	18	6	19.2
Seattle	21	10	6	19.4
Chicago	31	21	6	19.6
Cleveland	23	7	7	19.7

On the flipside, thanks to Leon Washington's big day at Arizona (9/9) with three returns for 133 yards (44.3 avg.) and his 34.3 season average (2nd NFL), Seattle ranks first in the league in starting its own drives at the 27.8 yard line.

NFL Avg. Drive Start - Receiving Team

Team	KO	TB	120	Avg. Start
Seattle	17	9	2	27.8
Minnesota	22	7	3	27.1
San Francisco	16	4	2	25.6
Cleveland	27	7	8	24.4
N.Y. Jets	27	12	6	24.4

Seattle's special teams also blocked a punt and returned it for a touchdown vs. Dallas (9/16). It was the second time in six games that Seattle had blocked a punt and returned it for a score.



BANG BANG MEBANE

For the man they call Bang Bang, defensive tackle Brandon Mebane provided pop in the interior defensive line last season, ranking first in the NFC (6th NFL) with 56 tackles (40 solo) among interior linemen.

In the last two seasons, Mebane ranks first in the NFC (3rd NFL) with 74 tackles (51 solo).

Most Tackles Since 2011, NFL Interior Linemen

Player	Comb	Tkl	Ast
DT Ahtyba Rubin, Cle	103	70	33
DT Domata Peko, Cin	82	41	41
DT Brandon Mebane, Sea	74	51	23
DT Jurrell Casey, Ten	71	52	19
NT Sione Pouha, NYJ	66	48	18
DT Vince Wilfork, NE	66	38	28
DT Phil Taylor, Cle	59	37	22
NT Antonio Garay, SD	57	37	20

FOR PETE'S SAKE

During Bing Training Camp, Pete Carroll articulated his philosophy to the team again and again in meetings. Repetition, as Carroll says, is an important method of learning, so it never hurts to lay out the principles and philosophies of the team another time.

He's now given the same speech many times to these Seahawks but it still carries a freshness to it every time as he goes through the cornerstones of the organization:

Philosophy: It's all about the ball • "You win by taking care of the football," Carroll said.

Central theme: Competition • "Practice is everything, it's where we make us," Carroll said.

Three rules: Always protect the team; no whining, no complaining, no excuses: be early

Style: Great effort, great enthusiasm, great toughness and play smart

HOME COOKIN'

One thing that has been a constant through the early days of the Kingdome through the championship years of CenturyLink Field is that the 12th Man has given that extra edge for the Seahawks when playing in the Puget Sound.

Seattle has the NFC's second-best home record since moving to the NFC in 2002 with a 53-29 record, joining only Green Bay, Atlanta, Philadelphia and Chicago with 50+ wins over that span.

NFC Best Home Record Since 2002

Team	Record	Pct.
Green Bay	57-26	.687
Seattle	53-29	.646
Atlanta	52-30	.634
Philadelphia	52-30	.634
Chicago	51-31	.622

LOOKING FOR TWO

With the Seahawks trip to Super Bowl XL and NFC West crowns from 2004-07 and 2010, Seattle's fans do not want to miss out on seeing their team in action. Since 2003, all but one game has sold out, giving the team 80 consecutive sell outs through Week 6 of the 2012 season, including playoffs.

GREEN BAY GREAT

Following four seasons as Aaron Rodgers backup in Green Bay, free agent addition Matt Flynn will back up Russell Wilson in 2012.

He played in 34 games with two starts for the Packers, with his second start coming in the 2011 season finale vs. Detroit. In that game, he eclipsed the franchise's single-game passing yardage and touchdown pass records after completing 31 of 44 passes for 480 yards and six touchdowns with one interception.

In his two career starts, Flynn completed 55 of 81 passes for 731 yards with nine touchdowns and two interceptions for a 123.0 passer rating.

Most Passing Yards in a Single-Game, Green Bay History

Player	Yards	Opponent
Matt Flynn	480	vs. Detroit (1/1/12)
Lynn Dickey	418	at Tampa Bay (10/12/80)
Don Horn	410	vs. St. Louis Cardinals (12/21/69)

Most Passing TDs in a Single-Game, Green Bay History

Player	TD	Opponent
Matt Flynn	6	vs. Detroit (1/1/12)
four players tied	5	

last time: Brett Favre at Carolina (9/27/98)

RUNNIN' WILD

Led by Marshawn Lynch's 1,449 yards since Week 9 of 2011, Seattle's rushing attack coached by Tom Cable has dug in and become one of the most productive lines in Seattle history.

The Seahawks rushed for 100-plus yards as a team for six consecutive games, ending at Carolina (10/7), tying for the seventh-longest in franchise history, and have a streak of 100-plus in 12 of their last 14 contests.

Consecutive Games with 100 Yards Rushing, Team

Olisecu	tive Carries with 100 raids Rushing, ream
No.	Years
12	Last three games of 1978, first nine of 1979
9	Last eight games of 1977, first game of 1978
7	1978
	Last four games of 1987, first three of 1988
	1996
	Last four games of 1997, first three of 1998
6	Last four games of 2002, first two of 2003
	2011
	Last two games of 2011 first four of 2012

Last two games of 2011, first four of 2012



KICK IN THE PANTS

Seattle kicker Steven Hauschka took little time to enter his name in Seattle's record book as he kicked a franchise-tying and career-high five field goals of 22, 38, 39, 35 and 30 yards vs. Baltimore (11/13/11) to help in Seattle's 22-17 win last season. He joins Norm Johnson (twice), Todd Peterson and Olindo Mare (twice) in his accomplishment.

Hauschka also holds Seattle's longest attempt (61 vs. Atlanta, 10/2) in franchise history.

He also converted at least one field goal in 14 straight games (2011-12), surpassing Todd Peterson (1997-98) for the longest streak in franchise history.

DELTA DELTA DELTA

Tucked away in the corner of the country, Seattle's road trips are some of the longest in the nation. The team strives to offer first-class amenities and that has not changed this season as Seattle has signed on with Delta Airlines as its 2012 official charter.

The Boeing 767 aircraft will carry the Seahawks "around the world" (a trip around the world is 25,000 miles) as they travel the second-most miles, 26,200, according to the NFL. Oakland tops the list with 28,692 miles traveled followed by Seattle and San Diego).

2012 Total Miles Traveled

(preseason & regular season)

1.	Oakland	28,692
2.	Seattle	26,200
3.	San Diego	25,766
4.	San Francisco	24,110
5	St Louis	23 570

TIME TRAVELERS

Seattle is among the league leaders in miles traveled each season, and this year is no different. Tucked away in the Northwest, Seattle takes a while to reach via air travel, especially traveling east to west.

2012 Flight Times

Seattle to Denver - 2:01	Seattle to San Francisco -
Denver to Seattle - 2:21	San Francisco to Seattle -
Seattle to Kansas City - 2:44	Seattle to Detroit -
Kansas City to Seattle - 3:21	Detroit to Seattle -
Seattle to Arizona - 2:19	Seattle to Miami -
Arizona to Seattle - 2:23	Miami to Seattle -
Seattle to St. Louis - 3:22	Seattle to Chicago -
St. Louis to Seattle - 3:51	Chicago to Seattle -
Seattle to Carolina - 4:06	Seattle to Toronto -
Carolina to Seattle - 5:02	Toronto to Seattle -

	CARRO	LL	's	C	OAC	HING RECORD
Year	Team	W	L	Т	Pct.	Finish
1994	N.Y. Jets	6	10	0	.375	5th, AFC East
1997	New England	10	6	0	.625	1st, AFC East
						Wild Card victory vs. Miami, 17-3
					D	ivisional Playoff loss at Pittsburgh, 7-6
1998	New England	9	7	0	.563	4th, AFC East
						Wild Card loss at Jacksonville, 25-10
1999	New England	8	8	0	.500	T4th, AFC East
2010	Seattle	7	9	0	.438	1st, NFC West
					Wil	d Card victory vs. New Orleans, 41-36
					Di	visional Playoff loss at Chicago, 35-24
2011	Seattle	7	9	0	.438	3rd, NFC West
2012	Seattle	3	2	0	.600	
Rea. S	eason (7 Yrs.)	50	51	0	.495	
Postse	ason (3 Yrs.)	2	3	0	.400	
	ned Record	52	54	0	.491	

LISTEN ON YOUR TRANSISTOR

The Seahawks Radio Network can be found on News Talk 97.3 KIRO FM and 710 ESPN Seattle, the flagship station for the 2011 season. Wall-to-wall coverage begins each game day with the "Pregame Huddle" hosted by Dori Monson and former Seahawks Paul Moyer, Sam Adkins and Dave Wyman. Steve Raible and Warren Moon follow with the call of the game in the regular season, and the broadcast day concludes with a postgame show featuring interviews with Seahawks players.

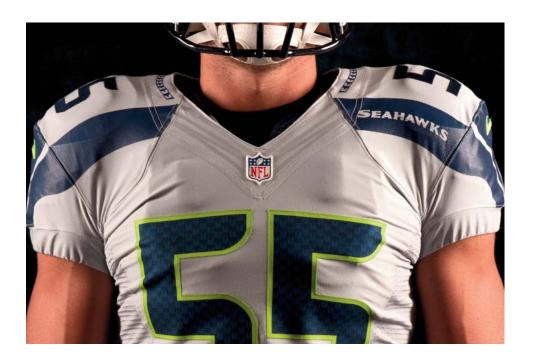
Wa	shington			Alaska	
City	Station	Frequency	City	Station	Frequency
Aberdeen	KWOK	1490 AM	Anchorage	KUDO	1080 AM
Bellingham	KPUG	1170 AM	Cordova	KLAM	1450 AM
Centralia	KMNT	104.3 FM	Juneau	KINY	800 AM
Colfax	KMAX	840 AM		ldaho	
Colville	KCRK	92.1 FM	Coeur d'Alene	KVNI	1080 AM
Ellensburg	KXLE	1240 AM	Lewiston	KCLK	1430 AM
Grand Coulee	KEYG	98.5 FM	St. Maries	KOFE	1240 AM
Longview	KEDO	1400 AM		Oregon	
Moses Lake	KBSN	1470 AM	Astoria	KCRX	102.3 FM
Mt. Vernon	KBRC	1430 AM	Bend	KWLZ	96.5 FM
Omak	KNCW	92.7 FM	Klamath Falls	KLAD	960 AM
Port Angeles	KONP	1450 AM	La Grande	KUBQ	98.7 FM
Seattle	ESPN	710 AM	Lebanon	KGAL	1580 AM
Seattle	KIRO	97.3 FM	Newport	KCUP	1230 AM
Shelton	KMAS	1030 AM	Ontario	KSRV	1380 AM
Spokane	KXLY	920 AM	Pendleton	KTIX	1240 AM
Tri-Cities	KONA	610 AM	Portland	GAME	750 AM
Walla Walla	KUJ	1420 AM	The Dalles	KODL	1440 AM
Wenatchee	KPQ	560 AM	Briti	ish Columb	ia
Yakima	KIT	1280 AM	Vancouver	TEAM	1040 AM
Yakima	KQMY	99.3 FM			
N	/lontana				
Kalispell	KSAM	1240 AM			
Missoula	KGRZ	1450 AM			
Missoula	KYLT	1340 AM			

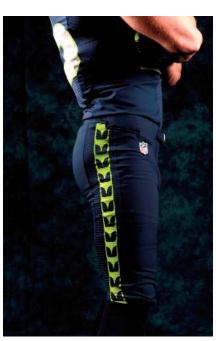


New Look Seahawks

The Seattle Seahawks unveiled a new logo and colors on April 3 in conjunction with a Nike launch held in New York City. While other teams underwent limited change, Seattle and Nike teamed up to alter the team's color scheme and jersey make-up, focusing on the team's fan base, the 12th Man, and its Pacific Northwest heritage.

- *Colors: Wolf Grey, College Navy, Action Green
- *Modified color scheme mirrors the Pacific Northwest wilderness; blue waters, snow-capped mountains, green lush landscape
- *Jersey incorporates graphics inspired by northwest coastal Indian art
- *Broad chest graphic outlining the shoulders echoes the stance of a Thunderbird Totem. The Seahawks mark above the heart honors the team.
- *Feather-pattern graphic on helmet, in numbers and on pants represents natural elements of the Pacific Northwest, again inspired by the coastal Indian art
- *The 12 feathers on the pant leg stripe represent the 12th Man. They have been in the stands for decades, now on the field as well.
- 12 feathers are also featured on each side of the neckline and the 12th Man logo is sewn on the inside back collar of the jersey.
- *The Seahawks logo on helmet is bigger and bolder, connecting at a point in the back of the helmet.
- *Jerseys are now made with a hydrophobic material that repels water, maintaining the jerseys "clean" look, making them lighter and not bogged down with water weight, resulting in better performance.
- *Nike uniform is 20% lighter, 50% stronger and provides more of a shrink-wrap fit than previous models.







VIRGINIA MASON ATHLETIC CENTER

The Seattle Seahawks announced the completion of the Virginia Mason Athletic Center (VMAC) as the project was completed on-time with the first Seahawks employees staffing the building on August 4, 2008 after spending 22 years in Kirkland.

The state-of-the-art training facility is located on Lake Washington and is more than 225,000 sq. ft., second largest in the NFL. The site is bounded by Interstate 405 to the east, Lake Washington to the west, residential properties to the north and open land to the south. The building sits on 19-waterfront acres, compared to 10 acres in Kirkland.

VMAC was designed as a year-round training facility and superior work environment for Seahawks players, coaches and staff. The first class facility features approximately 50,000 sq. ft of training space including: brand new weight and training equipment, 146-person auditorium and a locker room with 80 custom lockers. A 30-foot training pool is equipped with the ability to video tape the players rehabbing while in the water, allowing for a more effective and efficient workout.

VMAC also features a player lounge which will allow players to relax in between practices and meetings. The lounge includes a projection television with XBOX, music ports and computers to check email and other web sites.

The move was necessary to accommodate growth in several key business segments. The new facility has tripled the floor space and provides increased production capacity. VMAC will allow the organization to work under one roof as the Kirkland front office, Corporate Sponsorships, Suites, Fan Development and the Sounders FC staff housed in Renton.

The building is equipped with a permanent indoor practice facility, an amenity that lacked at the Kirkland facility. The practice facility is more than 88,000 sq. ft. and 112 ft. high (95 ft. clear). The playing surface is the identical FieldTurf that is used at CenturyLink Field. VMAC will also feature three regulation size outdoor grass fields, and fans will be able to watch the team practice during training camp in 2012.

Football Operations and team practices began on Monday, August 18, 2008.



OLD	/s. New	
	Kirkland	VMAC
Site		
Facility (acres)	10 acres	19 acres
Practice Fields	2 natural grass	3 natural grass
	1 FieldTurf	1 FieldTurf
Parking Spaces	141	265
Indoor Facility	None	112', 95' clear
Building	Square Footage	Breakdown
Locker Room	1,140	6,700
No. of Lockers (permanent)	71	80
No. of Lockers (temporary)	16	N/A
Weight Room	2,430	9,000
Training Room	1,836	4,300
Equipment Room	1,500	5,189
Team Room/Auditorium	2,160	2,550
Player Lounge	None	1,350
Team Dining	924	2,200
Kitchen	221	1,800
Draft Room	840	1,800
Media Room/Interview Rooms	576	2,000
Total Square Footage*	41,000+*	225,000*
*Includes other areas not listed	l above.	

VMAC FACTS

Address: 12 Seahawks Way Renton, WA 98056 425/203-8000

Design: The stack building concept creates a walkable space for players and maximizes the lake-front property.

Materials: The natural materials utilized throughout the facility are native to the Pacific Northwest, including timber, stone and Douglas Fir.

First Floor: Team area and auditorium, including locker room, lounge, training room, weight room, team meeting rooms and media production studios.

Second Floor: Seahawks football administration. Approximately 48,000 gross square feet of coaching and football personnel offices, draft room, dining room and weight room mezzanine.

Third Floor: Seahawks business offices

Employees: 175

Architect: Crawford Architects

General Contractor: Bayley Construction

Funding: Private

Property Owner: Port Quendall Company





Position Breakdown

WIDE RECEIVERS

18, Sidney Rice, 6-4, 202, 6, South Carolina

Leads team in receptions (17) and yards (199) with one touchdown. Tallied a season-high five receptions for a season-high 67 yards at Carolina (10/7). Posted four catches for 41 yards at St. Louis (9/30). Had four catches for 36 yards and one touchdown at Arizona (9/9).

81, Golden Tate, 5-10, 202, 3, Notre Dame

Leads the team with career-high tying three receiving touchdowns. Caught his third touchdown of season, sixth-career, on three catches for 31 yards at Carolina (10/7). Set career-high with two touchdowns on three catches for 68 yards vs. Green Bay (9/24), including the game-winning 24-yard touchdown as time expired. Made season debut vs. Dallas (9/16) and had three receptions for 38 yards. Inactive (knee) at Arizona (9/9).

89, Doug Baldwin, 5-10, 189, 2, Stanford

Recorded a season-high with three catches for 37 yards at Carolina (10/7). In 2011, led the team in catches (51), yards (788) and receiving touchdowns (4), becoming the first undrafted rookie free agent to lead his team in those categories since Bill Groman of the Houston Oilers in 1960. Had a career-day at the N.Y. Giants (10/9/11) with eight receptions for 136 yards and the game-winning touchdown with 2:37 left to play. Those 136 yards are the most by an undrafted rookie free agent since Hank Baskett posted 177 yards with Philadelphia vs. Atlanta (12/31/06).

87, Ben Obomanu, 6-1, 204, 7, Auburn

A key performer on special teams, has three special teams tackles. Finished second on the team with a career-high 37 catches for 436 yards last season.

17, Braylon Edwards, 6-3, 214, 8, Michigan

Started in place of Tate (knee) at Arizona (9/9) and led team with five receptions and 43 receiving yards. Originally the third overall pick in the 2005 NFL Draft by the Cleveland Browns. Selected to the Pro Bowl after the 2007 season when he set the Browns single-season records for receiving yards (1,289) and touchdown receptions (16). Signed on July 31.

14, Charly Martin, 6-1, 212, 3, West Texas A&M

Has two catches for 25 yards this season.

TACKLES

68, Breno Giacomini, 6-7, 318, 5, Louisville

Starts at right tackle. Played in 15 games with eight starts at right tackle in 2011.

76, Russell Okung, 6-5, 310, 3, Oklahoma State

Starts at left tackle. Inactive (knee) vs. Dallas (9/16). Started 12 games in 2011 before landing on injured reserve (pec).

65, Frank Omiyale, 6-4, 315, 8, Tennessee Tech

Started vs. Dallas (9/16) in place of Okung and held DeMarcus Ware without a sack. Backs up both tackle spots. Played in every game since 2009, with 31 starts for Chicago.

CENTERS

60, Max Unger, 6-5, 305, 4, Oregon

Starts at center. Started all 15 games played at center in 2011.

61, Lemuel Jeanpierre, 6-3, 301, 3, South Carolina

Backs up Unger and can also play guard, where he started four games in 2011 at right guard.

GUARDS

67, Paul McQuistan, 6-6, 315, 7, Weber State

Moved over to right guard with the return of James Carpenter at left guard in Week 4. In 2011, played in all 16 games with 10 starts at three different positions (three at LG, three at RG and four at LT).

77, James Carpenter, 6-5, 321, 2, Alabama

Inactive for first three games of season (knee) but returned to starting lineup at left guard at St. Louis (9/30). Started all nine games played at right tackle in 2011.

74, John Moffitt, 6-4, 319, 2, Wisconsin

Has started two games at right guard this year and inactive for three. Started nine games at right guard until landing on injured reserve (knee) last season.

64, J.R. Sweezy, 6-5, 298, R, North Carolina State

Started at right guard at Arizona (9/9) and platooned with Moffitt to begin the season. Now sees time on PAT/FG units. Drafted with the first of two seventh round picks in April. Drafted as a guard but played defensive end in college. Has not played offense since Pee Wee League in the eighth grade.

TIGHT ENDS

86, Zach Miller, 6-5, 255, 6, Arizona State

Second on the team with 12 receptions and 150 yards. Tied season-high with three catches for 59 yards, the most yardage as a Seahawks player, at Carolina (10/7). Tied season-high with three catches for 32 yards at St. Louis (9/30). Tallied three catches for 40 yards at Arizona (9/9). Started all 15 games played in 2011 and finished with 25 catches for 233 yards.

85, Anthony McCoy, 6-5, 259, 3, USC

Caught a career-high five passes for 41 yards with his first-career touchdown vs. Dallas (9/16).

82, Evan Moore, 6-6, 250, 5, Stanford

Started in a two-tight end set at Carolina (10/7). Signed on September 2 after spending the last three seasons with the Cleveland Browns. Set career-highs in catches (34), yards (324) and touchdowns (4) in 2011.

QUARTERBACKS

3, Russell Wilson, 5-11, 206, R, Wisconsin

Only the third rookie quarterback to start for Seattle in club history (Jim Zorn, Rick Mirer). Set career-highs in completions (19 of 25), completion percentage (76.0%) and yards (221) with one touchdown and two picks for an 82.3 passer rating at Carolina (10/7). Was 10 of 21 for 130 yards with two touchdown passes vs. Green Bay (9/24), including the game-winning 24-yard touchdown pass to Golden Tate as time expired. Led Seattle to a win vs. Dallas (9/16) going 15 of 20 (75.0%) for 151 yards with one touchdown for a 112.7 passer rating. Completed 18 of 34 passes for 153 yards with one touchdown and one interception for a 62.5 passer rating at Arizona (9/9) in his NFL debut. Named the starter on August 26. In



Position Breakdown

final season at Wisconsin, completed 225 of 309 passes (72.8%) for 3,175 yards with 33 touchdowns and only four interceptions, compiling an NCAA-record 191.7 passer rating and gaining 3,513 yards in total offense and being responsible for 39 total touchdowns. Seattle's third round draft pick (75th overall) in April's Draft. 15, Matt Flynn, 6-2, 225, 5, LSU

Signed on March 18. Played in 34 games with two starts while with Green Bay, completing 82 of 132 attempts for 1,015 yards with nine touchdowns and five interceptions. Facing Detroit (1/1/12) in his second start, set the Packers mark for most passing yards in one game (480) and most touchdown passes in one game (6).

FULLBACKS

26, Michael Robinson, 6-1, 240, 7, Penn State

A 2012 Pro Bowl participant after helping Marshawn Lynch become Seattle's first 1,000-yard rusher since 2005 and reach 100 yards in eight of the last 14 games, dating back to 2011. A special teams captain for the second consecutive season, has three special teams tackles.

RUNNING BACKS

24, Marshawn Lynch, 5-11, 215, 6, California

Leads the NFC (3rd NFL) with 508 yards on 113 carries and ranks first in the NFC (4th NFL) with 567 yards from scrimmage (508 rush, 59 rec). His 25 first downs rank tied for seventh in the NFC. Is the NFL's most productive rusher, totaling 1,449 yards on the ground since Week 9 of 2011. Set a season-high with 118 yards on 20 carries with one touchdown at St. Louis (9/30) for his 14th career 100-yard game and 37th career rushing touchdown. Recorded his 13th career 100-yard game, first this season, with 112 yards on 26 carries with his first rushing touchdown of the season, 36th career. Rushed 21 times for 85 yards at Arizona (9/9).

22, Robert Turbin, 5-10, 222, R, Utah State

Backs up Lynch and has 17 carries for 71 yards this year. Set career-highs in carries (6) and yards (45) at St. Louis (9/30). Led the team in preseason with 165 yards rushing (4th NFC, 8th NFL) on 38 carries with one score. Finished college career with 3,315 yards and 40 touchdowns. Named the WAC Offensive Player of the Year after his senior season with 1,517 yards and 19 scores. Drafted with the first of two fourth round picks (106th overall) in April's draft.

33, Leon Washington, 5-8, 203, 7, Florida State

Ranks second in the NFL with a 34.3 kickoff return average. Returned a punt for 52 yards and a kickoff 83 yards to help set up Seattle scores at Arizona (9/9). Second all-time in NFL history with seven career kickoff return touchdowns (8, Josh Cribbs, Cle). Became the first player in NFL history to return three kickoffs for touchdowns in two different seasons (2007, 2010). Tallied two kickoff returns for touchdowns (101 and 99 yards) vs. San Diego (9/26/10). It was the 10th time in NFL history that a player has returned two kickoffs for touchdowns in the same game, and first in Seahawks history. His returns are the longest in franchise history. His 253 total kickoff return yardage is also a franchise record, while his 63.3 yard average (4 for 253 yards) is fourth in NFL his-

tory (min. 3 att.), and highest since 1960.

DEFENSIVE ENDS

91, Chris Clemons, 6-3, 254, 9, Georgia

His 27.5 sacks since 2010 (37 games) rank tied for sixth in the NFL. Leads the team with 5.5 sacks (3rd NFC, T6th NFL). Tied (Brandon Browner, Bobby Wagner) for the team-lead with six tackles (two solo) and tallied 0.5 sack at Carolina (10/7). Tied the NFL record for most sacks in a first-half by tying the Seahawks record and setting a career-high with 4.0 vs. Green Bay (9/24). Posted 1.0 sack at Arizona (9/9). He is the first Seattle player to post back-to-back seasons of double digit sacks since Michael Sinclair (1996-97) after recording 11.0 in each of his first two seasons with the team.

79, Red Bryant, 6-4, 323, 5, Texas A&M

Helps anchor a line that allows only 3.23 yards/carry this season, helping Seattle rank fourth in the NFL in opponent rush yards per attempt, and third against the run. Owns the Seattle record for most blocked kicks (FGs & PATs) in a season with four (3 blocked field goals, 1 blocked PAT). Blocked a field goal and PAT vs. Washington (11/27/11), recording the first blocked PAT for Seattle since the 1995 season, and first in the NFL since Cleveland's Shaun Rogers vs. Cincinnati on October 4, 2009.

51, Bruce Irvin, 6-3, 248, R, West Virginia

Second on the team with 4.5 sacks. Tied career-high with 2.0 sacks with his first-career forced fumble that was recovered by Alan Branch to seal the win at Carolina (10/7). Posted a career-high 2.0 sacks vs. Green Bay (9/24). Tallied his first-career sack vs. Dallas (9/16), splitting one with Jason Jones. His 22.5 sacks in two seasons at West Virginia ranked fifth in school history at the time of his departure. Ranked second in the nation with 14.0 sacks his junior year. Drafted 15th overall in April's draft.

90, Jason Jones, 6-5, 276, 5, Eastern Michigan

Recorded 1.0 sack at St. Louis (9/30). Split first sack of season with Irvin vs. Dallas (9/16). Versatile end who can also play tackle. Started 31 of 49 games played with Tennessee and had 179 tackles (103 solo) and 15.5 sacks. Signed on March 17.

98, Greg Scruggs, 6-3, 284, R, Louisville

Made NFL debut vs. Dallas (9/16). Played in 42 career games with 26 starts with 61 tackles and eight sacks in college. Drafted with the second of two seventh-round picks (232nd overall) in April's draft.

DEFENSIVE TACKLES

92, Brandon Mebane, 6-1, 311, 6, California

In the last two seasons, ranks first in the NFC (3rd NFL) with 74 tackles (51 solo). Posted a season-high five solo tackles at St. Louis (9/30). Recorded four tackles (three solo) and a career-high 2.0 sacks vs. Green Bay (9/24). Tallied four stops (two solo) and one fumble recovery at Arizona (9/9). Enters sixth season as starting tackle. Has started 73 of 79 career games with 217 stops (161 solo) and 12.0 sacks.

99, Alan Branch, 6-6, 325, 6, Michigan

Had two tackles and recovered his first-career fumble that sealed



Position Breakdown

the win at Carolina (10/7). Tallied first sack of year, eighth career, at St. Louis (9/30). Had career-high three sacks last season, starting all 15 games played.

69, Clinton McDonald, 6-2, 297, 4, Memphis

Valuable backup who played 15 games with one start last season. **94**, **Jaye Howard**, **6-3**, **301**, **R**, **Florida**

Has been declared inactive for every game this season. Drafted with the second of two fourth-round draft choices (114th overall). Played for former Seattle d-line coach Dan Quinn in college.

LINEBACKERS

56, Leroy Hill, 6-1, 238, 8, Clemson

Had season-high five tackles (two solo) vs. Green Bay (9/24). Collected three tackles (two solo) at Arizona (9/9). One of two Seahawks (Marcus Trufant) on the roster from Super Bowl XL. Started 82 of 89 games in his career.

54, Bobby Wagner, 6-0, 241, R, Utah State

Tied (Brandon Browner, Chris Clemons) for the team-lead with six tackles (three solo) and set career-high with 1.5 sacks at Carolina (10/7). Led the team in tackles with seven solo stops at St. Louis (9/30). Set career-high with eight tackles (five solo) vs. Green Bay (9/24). Had three tackles (one solo) in his NFL debut at Arizona (9/9). Three-time All-WAC first-team choice who started 46 of 48 career games. His 446 career tackles tied the school record and he was named the WAC Defensive Player of the Year in 2011. Drafted in the second-round (47th overall) of April's draft.

50, K.J. Wright, 6-4, 246, 2, Mississippi State

Leads the team with 34 tackles (26 solo). Posted a career-high 11 tackles (nine solo) vs. Green Bay (9/24). Led the team with nine tackles (five solo) and second career forced fumble at Arizona (9/9). Started 12 of 16 games in his rookie season and recorded 61 tackles (46 solo) and 2.0 sacks.

53, Malcolm Smith, 6-0, 226, 2, USC

With Hill ailing (calf), saw time at linebacker at St. Louis (9/30) in the nickel package. Blocked a punt that was picked up and returned three yards for a touchdown by Jeron Johnson vs. Dallas (9/16). A key special teams contributor, has two special teams tackles and a blocked punt on the season.

55, Heath Farwell, 6-0, 235, 8, San Diego State

Leads the team with five special teams tackles. In only 11 games last season, led the NFL with 21 special teams tackles (14 solo). Has 139 career special teams tackles in 87 career games played.

57, Mike Morgan, 6-3, 226, 2, USC

Has two special teams tackles this year. With Hill ailing (calf), saw time at linebacker at St. Louis (9/30) in the nickel package. Sees time primarily on special teams.

CORNERBACKS

39, Brandon Browner, 6-4, 221, 2, Oregon State

Tied (Chris Clemons, Bobby Wagner) for the team-lead with six tackles (four solo) and made a timely strip and fumble recovery, the firsts of his career, that led to a go-ahead score late in the third quarter at Carolina (10/7). Posted four solo tackles, first interception of the season and first forced fumble of career vs. Dallas

(9/16). Recorded four stops (two solo) at Arizona (9/9). A 2012 Pro Bowl participant. Led the team with 23 passes defensed and six interceptions (T2nd NFC, T4th NFL) last season. Returned his first-career interception a Seahawks-record 94 yards for a touchdown at the N.Y. Giants (10/9/11).

25, Richard Sherman, 6-3, 195, 2, Stanford

Posted five solo stops and first forced fumble of the season, second career, at Carolina (10/7). Picked up his second interception of the season, sixth-career, at St. Louis (9/30), along with three solo tackles. Tallied four solo stops, two passes defensed and an interception, fifth-career, at Arizona (9/9). Named to Pro Football Weekly's All-Rookie Team in 2011.

23, Marcus Trufant, 5-11, 197, 10, Washington State

Serves as the team's nickelback this season. Ranks fifth in Seahawks history with 21 interceptions and 10th with 612 tackles. Has started 124 of 129 games played in career. One of two players (Leroy Hill) remaining from Super Bowl XL squad.

41, Byron Maxwell, 6-1, 207, 2, Clemson

Saw first action of year vs. Dallas (9/16) but left in first-half (hamstring). Inactive for three games and returned at Carolina (10/7). Sees time mostly on special teams.

37, **Jeremy Lane**, **6-0**, **190**, **R**, **Northwestern State (La.)** Sees time on special teams.

36, Danny Gorrer, 6-0, 180, 4, Texas A&M

Signed on September 18. Played in 14 career games with one start playing for St. Louis and Baltimore, collecting 10 tackles and five passes defensed.

SAFETIES

29, Earl Thomas, 5-10, 202, 3, Texas

Recorded a season-high five solo tackles at St. Louis (9/30). Tallied four tackles (two solo) and a forced fumble vs. Green Bay (9/24). Had three solo tackles at Arizona (9/9). Voted a starter for the 2012 Pro Bowl. Third on the team with career-high 92 tackles (67 solo) last season.

31, Kam Chancellor, 6-3, 232, 3, Virginia Tech

Second on the team with 32 tackles (26 solo). Tied career-high with 10 tackles (seven solo) vs. Green Bay (9/24). Led the team with nine tackles (seven solo) vs. Dallas (9/16). Recorded five solo stops at Arizona (9/9). A 2012 Pro Bowl participant. Second on the team with a career-high 94 tackles (73 solo), and third with 12 passes defensed last season.

32, Jeron Johnson, 5-10, 212, 2, Boise State

Picked up a blocked punt caused by Malcolm Smith and returned it three yards for a touchdown vs. Dallas (9/16). Sees time at safety in the team's Bandit package. Has two special teams tackles.

42, Chris Maragos, 5-10, 200, 3, Wisconsin

A key contributor, has four special teams tackles.

27, Winston Guy, 6-1, 218, R, Kentucky

Played in 50 games with 34 starts at Kentucky, posting 283 tackles and five interceptions. Drafted with the second of two sixth-round picks (181st overall) in April's draft.



SPECIALISTS

9, Jon Ryan, 6-0, 217, 7, Regina

His 48.9 yard punt average ranks third in the NFC (8th NFL) and his 43.1 net punting average ranks second in the NFC (4th NFL). Punted six times for 309 yards (season-high 51.5 avg.) with a 49.5 net avg., three landing inside the 20 and a season long of 73 vs. Green Bay (9/24).

4, Steven Hauschka, 6-4, 210, 5, North Carolina State

Has made 51 of 62 (.823) career field goal attempts. His franchise-long string of making at least one field goal in 14 consecutive games was snapped vs. Green Bay (9/24). Converted 10 of 11 field goal attempts and all eight PATs this season. Tied franchise-record with career-high five field goals (22, 38, 39, 35, 30) vs. Baltimore (11/13/11).

49, Clint Gresham, 6-3, 240, 3, Texas Christian Handles snapping duties.

B WAGS

Seattle's second-round pick (47th overall) Bobby Wagner has come on strong over the last three games.

He has averaged seven tackles per game and played his best game at Carolina (10/7) when he recorded six tackles (three solo) and set a career-high with 1.5 sacks.

Wagner posted a career-high eight tackles (five solo) vs. Green Bay (9/24) on Monday Night Football.

```
* RUSHING
                                                                   No. Yds
WON 3, LOST 2
                                                                            Avg Long TD
                                   60,032 Lynch
09/09 L 16-20
               at Arizona
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                                                                            4.5
                                                                                 36
                                                                                      2
                                                                        92
09/16 W 27- 7
               Dallas
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09/24 W 14-12
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09/30 L 13-19
                at St. Louis
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               at Detroit
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TOTAL FIRST DOWNS
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 Rushing
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 Passing
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 Penalty
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  3rd Down Pct.
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  4th Down: Made/Att
                        3/7
                                   1/2
  4th Down Pct.
                                          * INTERCEPTIONS
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                                   50.0
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                                                                           Avg Long TD
POSSESSION AVG.
                      32:02
                                 27:58
                                          Sherman
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                      1436
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TOTAL NET YARDS
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                                          Browner
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                                                                                      Ω
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                                 258.6
 Avg. Per Game
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                       307
                                  294
                                          OPPONENTS
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 Total Plays
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                                                                          14.3
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 Avg. Per Play
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                                   4.4
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NET YARDS RUSHING
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 Avg. Per Game
                        140.2
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  Total Rushes
                                  103
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                      735
NET YARDS PASSING
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                                          * PUNT RETURNS
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 Avg. Per Game
                        147.0
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 Gross Yards
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 Att./Completions
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                                          OPPONENTS
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                     63.2
                                         * KICKOFF RETURNS
                               56.0
  Completion Pct.
                                                                  No. Yds Avg Long
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 Had Intercepted
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                                         Washington
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PUNTS/AVERAGE
                      21/48.9
                                28/43.1
                                          Baldwin
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NET PUNTING AVG.
                      21/43.1
                                 28/39.5
                                          TEAM
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PENALTIES/YARDS
                     44/363
                                34/338
                                          OPPONENTS
                                                                  12 245 20.4 29
                                                                                      0
                                11/4
                                          * FIELD GOALS
FUMBLES/BALL LOST
                        3/2
                                                              1-19 20-29 30-39 40-49 50+
                                          Hauschka
TOUCHDOWNS
                          8
                                    6
                                                              0/ 0 4/ 4 4/ 4 2/ 2 0/1
                                                              0/ 0 4/ 4 4/ 4 2/ 2 0/1
0/ 0 3/ 3 2/ 2 2/ 2 2/2
                          2.
                                    2
                                          TEAM
 Rushing
                                          OPPONENTS
 Passing
                          5
                                    3
                                          Hauschka: (50B,27G,47G,39G)(21G,25G)()(31G,30G)
 Returns
                          1
                                    1
* SCORE BY PERIODS
                                   OT PTS (22G, 36G, 44G)
                    Q1 Q2 Q3
                              04
                    23 13 27
                              23
                                   0 86 OPP: (21G,31G)()(29G,40G)(58G,48G,60G,24G)(32G)
OPPONENTS
                     6
                        27
                            19
                                18
                                    0
                                       70
              TD-Ru-Pa-Rt K-PAT
                                FG S PTS
* SCORING
              0 0 0 0 8/8 10/11 0
                                      38
Hauschka
               3
                 Ω
                    3
                       0
                                     0
                                       18
Tate
               2 2
Lynch
                    Ω
                       0
                                     0
                                       12
J. Johnson
                    0
                       1
                                       6
               1 0
                    1
A. McCoy
                       0
                                     0
                                        6
                 0 1
               1
                       0
                                     Ω
                                        6
Rice
TEAM
               8 2 5
                      1
                         8/8 10/11 0
               6 2 3 1 5/5 9/9 1
OPPONENTS
                                       70
2-Pt Conv: TM 0-0, OPP 0-1
SACKS: Clemons 5.5, Irvin 4.5, Mebane 2,
Jones 1.5, Wagner 1.5, Branch 1, TM 16,
FUM/LOST: Lynch 1/0, Washington 1/1,
Wilson 1/1
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Att Cmp Yds Cmp% Yds/Att TD * PASSING TD% Int Int% Long Sack/Lost Rating Wilson 125 79 815 63.2 6.52 5 4.0 6 4.8 41t 10/ 80 75.3 75.3 TEAM 125 79 815 63.2 6.52 5 4.0 6 4.8 41t 10/ 80 56.0 6.02 OPPONENTS 175 98 1053 3 1.7 3 1.7 52 16/ 93 72 4



Defensive Statistics										
	Total	Solo	Assist	Sack	Yards	QH	Int	PD	FF	FR
Wright, K.	34	26	8	0	0	1	0	2	1	0
Chancellor, K.	32	26	6	0	0	0	0	3	0	0
Wagner, B.	28	19	9	1.5	9.0	3	0	0	0	0
Sherman, R.	20	18	2	0	0	0	2	7	1	0
Mebane, B.	18	12	6	2.0	10.0	3	0	3	0	1
Browner, B.	17	12	5	0	0	0	1	2	2	1
Hill, L.	16	9	7	0	0	1	0	0	0	0
Thomas, E.	15	13	2	0	0	1	0	2	1	0
Clemons, C.	14	9	5	5.5	30.0	9	0	4	1	0
Bryant, R.	9	6	3	0	0	0	0	1	0	0
McDonald, C.	9	6	3	0	0	0	0	1	0	0
Branch, A.	8	4	4	1.0	4.0	4	0	1	0	1
Trufant, M.	8	5	3	0	0	0	0	0	0	0
Irvin, B.	5	4	1	4.5	30.0	7	0	0	1	0
Jones, J.	3	1	2	1.5	10.0	2	0	2	0	0
Morgan, M.	2	2	0	0	0	0	0	0	0	0
Smith, M.	2	2	0	0	0	0	0	0	0	0
Johnson, J.	1	1	0	0	0	0	0	0	0	0
Maragos, C.	0	0	0	0	0	1	0	0	0	0

SPE	TEAL	MS TA	CKL	E S		
	Total	Solo	Assist	FF	FR	Blocks
Farwell, H.	5	2	3	0	0	0
Maragos, C.	4	2	2	0	0	0
Obomanu, B.	3	2	1	0	0	0
Robinson, M.	3	3	0	1	0	0
Johnson, J.	2	0	2	0	0	0
Lane, J.	2	1	1	0	0	0
Morgan, M.	2	2	0	0	0	0
Smith, M.	2	1	1	0	0	1
Thomas, E.	2	1	1	0	1	0
Gresham, C.	1	1	0	0	0	0
Hauschka, S.	1	0	1	0	0	0
Maxwell, B.	1	1	0	0	0	0
Wagner, B.	1	1	0	0	0	0
Wright, K.	1	1	0	0	0	0

FUMBLES									
Fum Lost Own-Rec (
Lynch, M.	1	0	0	0					
Washington, L.	1	1	0	0					
Wilson, R.	1	1	1	0					



2012 TRANSACTIONS

				ZUIZ IRANSA	STIONS			
1/3	Signed to future contract	DE Pierre Allen	6/27	Promoted to director of		0/11	Released from practice squad	T Tommie Draheim
170	olgrida to lataro della adi	LB Allen Bradford	0/2/	player health & development	Sam Ramsden	3/11		TE Gabe Miller
		CB Coye Francies	7/13	Released	WR Mike Williams			DT Hebron Fangupo
		DE John Graves	7/24	Signed to contract extension			0 1	WR Jermaine Kearse
		CB Jesse Hoffman	7/25	Signed to contract extension		9/13	Released from practice squad	
		TE John Nalbone	7/26	Signed	WR Antonio Bryant	0, 10		LB Korey Toomer
		G Brent Osborne		Released	WR Cameron Kenney			LB Allen Bradford
1/5	Signed to future contract	WR Charly Martin	1,01	Tolodood	K Carson Wiggs			T Mike Person
	3	DT Adrian Taylor		Signed	WR Braylon Edwards	9/18		RB Kregg Lumpkin
1/10	Signed to future contract	RB Tyrell Sutton		0.g00	TE Cooper Helfet	0, 10	Released from practice squad	
1/11	Signed to future contract	RB Vai Taua	8/5	Released	WR Antonio Bryant		·	LB Allen Bradford
2/10	Re-signed	T Breno Giacomini		Signed	K Carson Wiggs			CB Danny Gorrer
2/14	Hired as Quality Control/Off.	Keith Carter	8/6	Agreed to terms	WR Terrell Owens			G Rishaw Johnson
	Hired as Asst. Special Teams	Marquand Manuel	8/7	Released	CB Donny Lisowski			LB Korey Toomer
3/4	Re-signed	RB Marshawn Lynch	8/16	Released	K Carson Wiggs	9/21	Released from practice squad	
3/7	Released	CB Marcus Trufant		Signed	C Kris O'Dowd			LB Allen Bradford
3/13	Agreed to terms	DE Red Bryant	8/20	Waived/injured	DE Dexter Davis	9/27		LB Korey Toomer
		LB Heath Farwell		Signed	CB Donny Lisowski		Released from practice squad	
3/14	Agreed to terms	G Paul McQuistan		Traded to Saints	LB Barrett Ruud		Signed to practice squad	G Rishaw Johnson
	Released	G Robert Gallery		Acquired from Saints	2013 undisc. draft pick			RB Lonyae Miller
3/16	Agreed to terms	FB Michael Robinson	8/26	Released	WR Phil Bates	10/1	Released	G Allen Barbre
	Agreed to terms	DL Jason Jones			T Edawn Coughman	10/2	Released from practice squad	RB Lonyae Miller
	Agreed to terms	QB Matt Flynn			CB Donny Lisowski		Signed to practice squad	TE Sean McGrath
	Released	T Jarriel King			CB Ron Parker			
	Agreed to terms	T/G Frank Omiyale			RB Tyrell Sutton			
	Agreed to terms	RB Kregg Lumpkin		Waived/injured	LB Jameson Konz			
4/6	Agreed to terms	CB Roy Lewis			DT Pep Levingston			
		G Deuce Lutui			CB Roy Lewis			
4.10		LB Barrett Ruud			TE Cameron Morrah			
4/9	Agreed to terms	CB Marcus Trufant		Terminated Veteran Contracts				
4/12	Agreed to terms	LB Leroy Hill			G Deuce Lutui			
4/00	Dfd	LB Matt McCoy	0.40=		WR Terrell Owens			
	Drafted	DE Bruce Irvin	8/27	Traded to Buffalo	QB Tarvaris Jackson			
4/2/	Drafted	LB Bobby Wagner		Acquired from Buffalo	2013 undisc. draft pick			
4/00	D	QB Russell Wilson	0/04	Released	CB Coye Francies			
4/20	Drafted	RB Robert Turbin	8/31	Released	CB Phillip Adams			
		DT Jaye Howard LB Korey Toomer			DE Pierre Allen			
		*			LB Allen Bradford			
		CB Jeremy Lane S Winston Guy			WR Deon Butler			
		G J.R. Sweezy			WR Kris Durham			
		DE Greg Scruggs			G Paul Fanaika			
	Agreed to terms	WR Phil Bates			G Rishaw Johnson WR Jermaine Kearse			
	Agreed to terms	CB London Durham			LB Kyle Knox			
		G Rishaw Johnson			DE Cordarro Law			
		WR Jermaine Kearse			WR Ricardo Lockette			
		TE Sean McGrath			TE Sean McGrath			
		T Jon Opperud			C Kris O'Dowd			
		S DeShawn Shead			QB Josh Portis			
		DE Monte Taylor			S DeShawn Shead			
		WR Lavasier Tuinei			LB Korey Toomer			
		K Carson Wiggs			WR Lavasier Tuinei			
5/4	Released	LB Tressor Baptiste		Waived/injured	TE Cooper Helfet			
		DE John Graves		-	RB Vai Taua			
		CB Jesse Hoffman		Placed on injured reserve	LB Matt McCoy			
	Claimed off waivers	WR Raymond Webber		Placed on PUP	CB Walter Thurmond			
5/15	Released	CB London Durham	9/1	Released	TE Kellen Winslow			
		LB Adrian Moten		Signed to practice squad	LB Allen Bradford			
		T Jon Opperud			G Rishaw Johnson			
		G Brent Osborne			WR Ricardo Lockette			
	Agreed to terms	T Alex Barron			TE Sean McGrath			
		TE Cooper Helfet			QB Josh Portis			
		CB Donny Lisowski			S DeShawn Shead			
		T Andrew Mitchell			LB Korey Toomer			
5/21	Released	TE Cooper Helfet	9/3	Released from practice square				
	Traded to Tampa Bay	2013 undis. cond. choice		Signed to practice squad	T/DT Edawn Coughman			
F 10.4	Acquired from Tampa Bay	TE Kellen Winslow			WR Jermaine Kearse			
5/24	Released	T Andrew Mitchell	0.15	Signed	TE Evan Moore			
F 100	Signed	WR Justin Helwege	9/6	Released from practice square				
5/29	Released	WR Justin Helwege		Cianada	T Edawn Coughman			
6/15	Signed	WR Cameron Kenney		Signed to practice squad	T Tommie Draheim			
0/15	Released Signed	DE Monte Taylor LB Kyle Knox	0/0	Terminated from ID	TE Gabe Miller			
6/19	Released	TE John Nalbone	9/8	Terminated from IR	LB Matt McCoy			
J/ 10	Signed	T Edawn Coughman		Released from practice squad Signed to practice squad	TE Sean McGrath			
	Olg.100	. Laawii Coagiiilaii		Signed to practice squad	IL Scall WIGGIAUI			

		TE Gabe Miller
	Signed to practice squad	DT Hebron Fangupo
		WR Jermaine Kearse
9/13	Released from practice squad	G Rishaw Johnson
		LB Korey Toomer
	Signed to practice squad	LB Allen Bradford
		T Mike Person
9/18	Released	RB Kregg Lumpkin
	Released from practice squad	WR Ricardo Lockette
		LB Allen Bradford
	Signed	CB Danny Gorrer
	Signed to practice squad	G Rishaw Johnson
		LB Korey Toomer
9/21	Released from practice squad	G Rishaw Johnson
	Signed to practice squad	LB Allen Bradford
9/27	Placed on prac. squad/IR	LB Korey Toomer
	Released from practice squad	TE Sean McGrath
	Signed to practice squad	G Rishaw Johnson
		RB Lonyae Miller
10/1	Released	G Allen Barbre
10/2	Released from practice squad	
	Signed to practice squad	TE Sean McGrath



						Part	CIP	ATION									
Game	1	2	3	4	5 6	7 8	9	10 11	12	13	14	15	16		2012		
Date	9/9	9/16				4 10/18 10/28								G	S	IN D	NP
Game	@ Ari					@ SF@Det							StL				
Baldwin, D.	wr	wr	in	wr	wr				•					4	0	1	0
Barbre, A.	sus	sus	sus	sus										0	0	0	0
Branch, A.	LDT	LDT		LDT										5	5	0	0
Browner, B.	RCB			RCB										5	5	0	0
Bryant, R.	LDE			LDE										5	5	0	0
Carpenter, J. Chancellor, K.	in SS	in SS	in SS	LG SS	LG SS									2 5	2 5	3 0	0 0
Clemons, C.	RDE			RDE										5	5	0	0
Edwards, B.	WR	wr	wr	wr	wr									5	1	0	0
Farwell, H.	sub	sub	sub	sub	sub									5	0	0	0
Flynn, M.	dnp	dnp	dnp	dnp	dnp									0	0	0	5
Giacomini, B.	RŤ	RŤ	RT	RŤ	RŤ									5	5	0	0
Gorrer, D.			in	in	in									0	0	3	0
Gresham, C.	sub	sub	sub	sub	sub									5	0	0	0
Guy, W.	S	in	in	in	in									1	0	4	0
Hauschka, S.	k OLB	k OLB	k OLB	k OLB	k OLB									5 5	0 5	0 0	0 0
Hill, L. Howard, J.	in	in	in	in	in									0	0	5	0
Irvin, B.	de	de	de	de	de									5	0	0	0
Jeanpierre, L.	sub	sub	in	sub	sub									4	0	1	0
Johnson, J.	S	s	S	s	S									5	0	0	0
Jones, J.	de	de	de	de	de									5	0	0	0
Lane, J.	sub	in	sub	sub	in									3	0	2	0
Lumpkin, K.	in	in		-	DD									0	0	2	0
Lynch, M.	RB	RB	RB	RB	RB									5 5	5 1	0	0
McCoy, A. McDonald, C.	te dt	te dt	te dt	TE dt	te dt									5	0	0 0	0 0
McQuistan, P.	LG	LG	LG	RG	RG									5	5	0	0
Maragos, C.	sub	s	sub	sub	sub									5	0	0	0
Martin, C.	wr	in	wr	in	in									2	0	3	0
Maxwell, B.	in	sub	in	in	sub									2	0	3	0
Mebane, B.	RDT	RDT			RDT									5	5	0	0
Miller, Z.	ΤE	TE	TE	ΤE	TE ·									5	5	0	0
Moffitt, J.	in	RG	RG	in	in TE									2	2 1	3	0
Moore, E. Morgan, M.	te sub	te Ib	te sub	te Ib	sub									5 5	0	0 0	0 0
Obomanu, B.	wr	wr	wr	wr	wr									5	0	0	0
Okung, R.	LT	in	LT	LT	LT									4	4	1	0
Omiyale, F.	t	LT	sub	t	t									5	1	0	0
Rice, S.	WR	WR	WR	WR	WR									5	5	0	0
Robinson, M.	FB	FB	FB	fb	fb									5	3	0	0
Ryan, J.	p	р	р	p	p									5	0	0	0
Scruggs, G.	in	de	de	in	in									2	0	3 0	0
Sherman, R. Smith, M.	LCB sub	LCB sub	LCB sub	LCB lb	LCB sub									5 5	5 0	0	0 0
Sweezy, J.	RG	g	g	g	sub									5	1	0	0
Tate, G.	in	WR	WR	WR	WR									4	4	1	0
Thomas, E.	FS	FS	FS	FS	FS									5	5	0	0
Thurmond, W.		pup	pup	pup	pup									0	0	0	0
Trufant, M.	cb	cb	СВ	cb	cb									5	1	0	0
Turbin, R.	rb	rb	rb	rb	rb									5	0	0	0
Unger, M. Wagner, B.	C MLB	C MLB	C lb	C MLB	C MLB									5 5	5 4	0 0	0 0
Washington, L		rb	rb	rb	sub									5 5	0	0	0
Wilson, R.	QB	QB	QB	QB	QB									5	5	0	0
Wright,K.	OLB			OLB										5	5	0	0

CAPS - starter; lower case - substitute at position; sub - special teams only; dnp - did not play; in - inactive; ir - injured reserve; nfi - nonfootball injury; *in - third quarterback, sus - suspended, pup - physically unable to perform



		How B	UILT		
Year 2012	By Draft DE Bruce Irvin (1) LB Bobby Wagner (2) QB Russell Wilson (3) RB Robert Turbin (4a) DT Jaye Howard (4b) CB Jeremy Lane (6a) S Winston Guy (6b) G J.R. Sweezy (7a) DE Greg Scruggs (7b)	Trade/Waivers/Practice Squad	Free Agents WR Braylon Edwards QB Matt Flynn (UFA) CB Danny Gorrer DE Jason Jones (UFA) WR Charly Martin TE Evan Moore T Frank Omiyale	DE Chris Clemons WR Braylon Edwards LB Heath Farwell LB Leroy Hill T Paul McQuistan T Frank Omiyale WR Ben Obomanu RB Michael Robinson P Jon Ryan RB Leon Washington DT Alan Branch	10 9 8 8 8 8 7 7 7 7 6
2011	G James Carpenter (1) G John Moffitt (3) LB K.J. Wright (4a) CB Richard Sherman (5a) CB Byron Maxwell (6) LB Malcolm Smith (7b)	K Steven Hauschka (W) DT Clinton McDonald (T)	WR Doug Baldwin DT Alan Branch (UFA) CB Brandon Browner LB Heath Farwell S Jeron Johnson T Paul McQuistan FS Chris Maragos TE Zach Miller (UFA) LB Mike Morgan WR Sidney Rice (UFA)	DT Brandon Mebane TE Zach Miller WR Sidney Rice DE Red Bryant QB Matt Flynn T Breno Giacomini K Steven Hauschka DE Jason Jones TE Evan Moore CB Danny Gorrer DT Clinton McDonald C Max Unger S Kam Chancellor	6 6 6 6 5 5 5 5 5 5 4 4 4 3 3
2010	T Russell Okung (1a) S Earl Thomas (1b) WR Golden Tate (2) S Kam Chancellor (5) TE Anthony McCoy (6)	DE Chris Clemons (T) T Breno Giacomini (PS) RB Marshawn Lynch (T) RB Leon Washington (T)	LS Clint Gresham C Lemuel Jeanpierre FB Michael Robinson	TE Anthony McCoy FS Chris Maragos WR Charly Martin T Russell Okung WR Golden Tate S Earl Thomas	3 3 3 3 3 3 2
2008			P Jon Ryan	G James Carpenter 2 S Jeron Johnson 2	2 2 2 2
2007	DT Brandon Mebane (3)			G John Moffitt	2 2 2
	WR Ben Obomanu (7b) LB Leroy Hill (3b)			LB K.J. Wright S Winston Guy	2 2 R R
2003	CB Marcus Trufant			DE Bruce Irvin CB Jeremy Lane DE Greg Scruggs G J.R. Sweezy RB Robert Turbin LB Bobby Wagner	R R R R R R



	NUMERICAL ROSTER No. Name Pos Ht Wt Birthdate Eva College Hometown Acquired												
No.	Name	Pos.	Ht.	Wt.	Birthdate	Exp.	College	Hometown	Acquired				
3	Russell Wilson	QB	5-11	206	11/29/1988	R	Wisconsin	Richmond, Va.	D3-'12				
4	Steven Hauschka	K	6-4	210	6/29/1985	5	North Carolina State	Needham, Mass.	W(Den)-'11				
9	Jon Ryan	P	6-0	217	11/26/1981	7	Regina	Regina, Saskatchewan	FA-'08				
14 15	Charly Martin	WR	6-1 6-2	212	3/20/1984 6/20/1985	3 5	West Texas A&M	Walla Walla, Wash.	FA-'12				
15 17	Matt Flynn Braylon Edwards	QB WR	6-2 6-3	225 214	2/21/1983	8	LSU Michigan	Tyler, Texas Detroit, Mich.	UFA(GB)-'12 FA-'12				
18	Sidney Rice	WR	6-4	202	9/1/1986	6	South Carolina	Gaffney, S.C.	UFA(Min)-'11				
22	Robert Turbin	RB	5-10	222	12/2/1989	Ř	Utah State	Fremont, Calif.	D4(a)-'12				
23	Marcus Trufant	CB	5-11	197	12/25/1980	10	Washington State	Tacoma, Wash.	D1-\03				
24	Marshawn Lynch	RB	5-11	215	4/22/1986	6	California	Oakland, Calif.	T(Buf)-'10				
25	Richard Sherman	CB	6-3	195	3/30/1988	2	Stanford	Compton, Calif.	D5(a)-'11				
26	Michael Robinson	FB	6-1	240	2/6/1983	7	Penn State	Richmond, Va.	FA-'10				
27 29	Winston Guy Earl Thomas	SS FS	6-1 5-10	218 202	4/23/1990 5/7/1989	R 3	Kentucky Texas	Lexington, Ky. Orange, Texas	D6(b)-'12 D1(b)-'10				
31	Kam Chancellor	SS	6-3	232	4/3/1988	3	Virginia Tech	Norfolk, Va.	D5-'10				
32	Jeron Johnson	SS	5-10	212	6/12/1988	2	Boise State	Compton, Calif.	FA-'11				
33	Leon Washington	RB	5-8	203	8/29/1982	7	Florida State	Jacksonville, Fla.	T(NYJ)-'10				
36	Danny Gorrer	CB	6-0	180	6/1/1986	4	Texas A&M	Port Arthur, Texas	FA-'12				
37	Jeremy Lane	СВ	6-0	190	7/14/1990	R	Northwestern St. (La.)	Tyler, Texas	D6(a)-'12				
39	Brandon Browner	CB	6-4	221	8/2/1984	2	Oregon State	Sylmar, Calif.	FA-'11				
41 42	Byron Maxwell Chris Maragos	CB FS	6-1 5-10	207 200	2/23/1988 1/6/1987	2	Clemson Wisconsin	Charleston, S.C. Racine, Wis.	D6-'11 FA-'11				
49	Clint Gresham	LS	6-3	240	8/24/1986	3	Texas Christian	Corpus Christi, Texas	FA-'10				
50	K.J. Wright	LB	6-4	246	7/23/1989	2	Mississippi State	Olive Branch, Miss.	D4(a)-'11				
51	Bruce Irvin	DE	6-3	248	11/1/1987	R	West Virginia	Atlanta, Ga.	D1-`112				
53	Malcolm Smith	LB	6-0	226	7/5/1989	2	USC	Northridge, Calif.	D7(b)-'11				
54	Bobby Wagner	LB	6-0	241	6/27/1990	R	Utah State	Ontario, Calif.	D2-'12				
55	Heath Farwell	LB	6-0	235	12/31/1981	8	San Diego State	Fontana, Calif.	FA-'11				
56 57	Leroy Hill Mike Morgan	LB LB	6-1 6-3	238 226	9/14/1982 1/16/1988	8 2	Clemson USC	Haddock, Ga. Dallas, Texas	D3(b)-'05 FA-'11				
60	Max Unger	C	6-5	305	4/14/1986	4	Oregon	Kailua-Kona, Hawaii	D2-'09				
61	Lemuel Jeanpierre	G/C	6-3	301	5/19/1987	3	South Carolina	Orlando, Fla.	FA-'10				
64	J.R. Sweezy	G	6-5	298	4/8/1989	R	North Carolina State	Mooresville, N.C.	D7(a)-'12				
65	Frank Omiyale	T/G	6-4	315	1/23/1982	8	Tennessee Tech	Nashville, Tenn.	FA-'12				
67	Paul McQuistan	G/T	6-6	315	4/30/1983	7	Weber State	San Diego, Calif.	FA-'11				
68 69	Breno Giacomini Clinton McDonald	T DT	6-7 6-2	318 297	9/27/1985 1/6/1987	5 4	Louisville	Cambridge, Mass. Jacksonville, Ark.	PS(GB)-'10				
74	John Moffitt	G	6-4	319	10/28/1986	2	Memphis Wisconsin	Guilford, Conn.	T(Cin)-'11 D3-'11				
76	Russell Okung	Ť	6-5	310	10/7/1987	3	Oklahoma State	Houston, Texas	D1(a)-'10				
77	James Carpenter	Ġ	6-5	321	3/22/1989	2	Alabama	Augusta, Ga.	D1-'11				
79	Red Bryant	DE	6-4	323	4/18/1984	5	Texas A&M	Jasper, Texas	D4-'08				
81	Golden Tate	WR	5-10	202	8/2/1988	3	Notre Dame	Hendersonville, Tenn.	D2-'10				
82	Evan Moore	TE	6-6	250	1/3/1985	5	Stanford	Brea, Calif.	FA-'12				
85 86	Anthony McCoy Zach Miller	TE TE	6-5 6-5	259 255	12/28/1987 12/11/1985	3 6	USC Arizona State	Fresno, Calif. Phoenix. Ariz.	D6-'10 UFA(Oak)-'11				
87	Ben Obomanu	WR	6-1	204	10/30/1983	7	Auburn	Selma, Ala.	D7(b)-'06				
89	Doug Baldwin	WR	5-10	189	9/21/1988	2	Stanford	Gulf Breeze, Fla.	FA-'11				
90	Jason Jones	DE	6-5	276	5/23/1986	5	Eastern Michigan	Detroit, Mich.	UFA(Ten)-'12				
91	Chris Clemons	DE	6-3	254	10/30/1981	9	Georgia	Griffin, Ga.	T(Phi)-'10				
92	Brandon Mebane	DT	6-1	311	1/15/1985	6	California	Los Angeles, Calif.	D3-'07				
94	Jaye Howard	DT	6-3	301	12/20/1988	R	Florida	Apopka, Fla. Cincinnati. Ohio	D4(b)-'12				
98 99	Greg Scruggs Alan Branch	DE DT	6-3 6-6	284 325	8/17/1990 12/29/1984	R 6	Louisville Michigan	Rio Rancho, N.M.	D7(b)-'12 UFA(Ari)-'11				
	ice Squad	וט	0-0	323	12/23/1304	O	Michigan	Nio Nancho, N.W.	01 A(A11)- 11				
2	Josh Portis	QB	6-3	211	7/14/1987	2	California Univ. (Pa.)	Woodland Hills, Calif.	FA-'11				
8	Jermaine Kearse	WR	6-1	209	2/6/1990	R	Washington	Lakewood, Wash.	FA-'12				
35	DeShawn Shead	SS	6-1	220	6/28/1988	R	Portland State	Palmdale, Calif.	FA-'12				
44	Allen Bradford	LB	5-11	235	8/31/1988	2	USC	San Bernardino, Calif.	FA-'12				
48 63	Sean McGrath	TE	6-5 6-3	247	12/3/1987 2/23/1989	R	Henderson St. (Ark.)	Chicago, III.	FA-'12				
63 75	Rishaw Johnson Mike Person	G T	6-4	313 299	6/17/1988	R 2	California Univ. (Pa.) Montana State	Hammond, La. Glendive, Mont.	FA-'12 FA-'12				
95	Hebron Fangupo	DT	6-1	323	7/19/1985	Ŕ	BYU	Santa Ana, Calif.	FA-'12				
	ed Reserve	•				-	-						
58	Dexter Davis	DE	6-1	244	11/10/1986	3	Arizona State	Phoenix, Ariz.	D7(a)-'10				
88	Cameron Morrah	TE	6-3	251	3/18/1987	4	California	Claremont, Calif.	D7(c)-'09				
-	ically Unable to Perform	CD	E 44	100	0/10/1007	2	Orogon	Most Carina Calif	D4(c) 140				
28	Walter Thurmond	СВ	5-11	190	8/12/1987	3	Oregon	West Covina, Calif.	D4(a)-'10				



	ALPHABETICAL ROSTER No. Name Pos. Ht. Wt. Birthdate Exp. College Hometown Acquired													
No.	Name	Pos.	Ht.	Wt.	Birthdate	Exn	College	Hometown	Acquired					
89	Baldwin, Doug	WR	5-10	189	9/21/1988	2	Stanford	Gulf Breeze, Fla.	FA-'11					
99	Branch, Alan	DT	6-6	325	12/29/1984		Michigan	Rio Rancho, N.M.	UFA(Ari)-'11					
39	Browner, Brandon	СВ	6-4	221	8/2/1984	2	Oregon State	Sylmar, Calif.	FA-'11					
79	Bryant, Red	DE	6-4	323	4/18/1984	5	Texas A&M	Jasper, Texas	D4-'08					
77	Carpenter, James	G	6-5	321	3/22/1989	2	Alabama	Augusta, Ga.	D1-'11					
31	Chancellor, Kam	SS	6-3	232	4/3/1988	3	Virginia Tech	Norfolk, Va.	D5-'10					
91	Clemons, Chris	DE	6-3	254	10/30/1981		Georgia	Griffin, Ga.	T(Phi)-'10					
17	Edwards, Braylon	WR	6-3	214	2/21/1983	8	Michigan	Detroit, Mich.	FÀ-'12					
55	Farwell, Heath	LB	6-0	235	12/31/1981	8	San Diego State	Fontana, Calif.	FA-'11					
15	Flynn, Matt	QB	6-2	225	6/20/1985	5	LSU	Tyler, Texas	UFA(GB)-'12					
68	Giacomini, Breno	T	6-7	318	9/27/1985	5	Louisville	Cambridge, Mass.	PS(GB)-'10					
36	Gorrer, Danny	CB	6-0	180	6/1/1986	4	Texas A&M	Port Arthur, Texas	FA-'12					
49	Gresham, Clint	LS	6-3	240	8/24/1986	3	Texas Christian	Corpus Christi, Texas	FA-'10					
27	Guy, Winston	SS	6-1	218	4/23/1990	R	Kentucky	Lexington, Ky.	D6(b)-'12					
4	Hauschka, Steven	K	6-4	210	6/29/1985	5	North Carolina State	Needham, Mass.	W(Den)-'11					
56	Hill, Leroy	LB	6-1	238	9/14/1982	8	Clemson	Haddock, Ga.	D3(b)-'05					
94	Howard, Jaye	DT	6-3	301	12/20/1988	R	Florida	Apopka, Fla.	D4(b)-'12					
51	Irvin, Bruce	DE	6-3	248	11/1/1987	R	West Virginia	Atlanta, Ga.	D1-'12					
61	Jeanpierre, Lemuel	G/C	6-3	301	5/19/1987	3	South Carolina	Orlando, Fla.	FA-'10					
32	Johnson, Jeron	SS	5-10	212	6/12/1988	2	Boise State	Compton, Calif.	FA-'11					
90	Jones, Jason	DE	6-5	276	5/23/1986	5	Eastern Michigan	Detroit, Mich.	UFA(Ten)-'12					
37	Lane, Jeremy	CB	6-0	190	7/14/1990	R	Northwestern St. (La.)	Tyler, Texas	D6(a)-'12					
24	Lynch, Marshawn	RB	5-11	215	4/22/1986	6	California	Oakland, Calif.	T(Buf)-'10					
85	McCoy, Anthony	TE	6-5	259	12/28/1987	3	USC	Fresno, Calif.	D6-'10					
69	McDonald, Clinton	DT	6-2	297	1/6/1987	4	Memphis	Jacksonville, Ark.	T(Cin)-'11					
67	McQuistan, Paul	G/T	6-6	315	4/30/1983	7	Weber State	San Diego, Calif.	FA-'11					
42	Maragos, Chris	FS	5-10	200	1/6/1987	3	Wisconsin	Racine, Wis.	FA-'11					
14	Martin, Charly	WR	6-1	212	3/20/1984	3	West Texas A&M	Walla Walla, Wash.	FA-'12					
41	Maxwell, Byron	СВ	6-1	207	2/23/1988	2	Clemson	Charleston, S.C.	D6-'11					
92	Mebane, Brandon	DT	6-1	311	1/15/1985	6	California	Los Angeles, Calif.	D3-'07					
86	Miller, Zach	TE	6-5	255	12/11/1985	6	Arizona State	Phoenix, Ariz.	UFA(Oak)-'11					
74	Moffitt, John	G_	6-4	319	10/28/1986		Wisconsin	Guilford, Conn.	D3-'11					
82	Moore, Evan	TE	6-6	250	1/3/1985	5	Stanford	Brea, Calif.	FA-'12					
57	Morgan, Mike	LB	6-3	226	1/16/1988	2	USC	Dallas, Texas	FA-'11					
87	Obomanu, Ben	WR	6-1	204	10/30/1983		Auburn	Selma, Ala.	D7(b)-'06					
76	Okung, Russell	T	6-5	310	10/7/1987	3	Oklahoma State	Houston, Texas	D1(a)-'10					
65	Omiyale, Frank	T/G	6-4	315	1/23/1982	8	Tennessee Tech	Nashville, Tenn.	FA-'12					
18	Rice, Sidney	WR	6-4	202	9/1/1986	6	South Carolina	Gaffney, S.C.	UFA(Min)-'11					
26	Robinson, Michael	FB	6-1	240	2/6/1983	7	Penn State	Richmond, Va.	FA-'10					
9	Ryan, Jon	P	6-0	217	11/26/1981	7	Regina	Regina, Saskatchewan						
98	Scruggs, Greg	DE	6-3	284	8/17/1990	R	Louisville	Cincinnati, Ohio	D7(b)-'12					
25	Sherman, Richard	CB	6-3	195	3/30/1988	2	Stanford	Compton, Calif.	D5(a)-'11					
53	Smith, Malcolm	LB	6-0	226	7/5/1989	2	USC	Northridge, Calif.	D7(b)-'11					
64	Sweezy, J.R.	G	6-5	298	4/8/1989	R	North Carolina State	Mooresville, N.C.	D7(a)-'12					
81	Tate, Golden	WR	5-10	202	8/2/1988	3	Notre Dame	Hendersonville, Tenn.	D2-'10					
29 23	Thomas, Earl	FS CB	5-10 5-11	202	5/7/1989	3 10	Texas	Orange, Texas Tacoma, Wash.	D1(b)-'10 D1-'03					
	Trufant, Marcus			197	12/25/1980		Washington State	•						
22	Turbin, Robert	RB	5-10	222	12/2/1989	R	Utah State	Fremont, Calif.	D4(a)-'12					
60 54	Unger, Max	С	6-5	305	4/14/1986	4 D	Oregon	Kailua-Kona, Hawaii	D2-'09					
54 33	Wagner, Bobby	LB	6-0 5-8	241	6/27/1990	R 7	Utah State	Ontario, Calif.	D2-'12					
33 3	Washington, Leon	RB ○B	5-8 5-11	203	8/29/1982	7 P	Florida State	Jacksonville, Fla.	T(NYJ)-'10 D3-'12					
3 50	Wilson, Russell Wright, K.J.	QB LB	5-11 6-4	206 246	11/29/1988 7/23/1989	R 2	Wisconsin Mississippi State	Richmond, Va. Olive Branch, Miss.	D3- 12 D4(a)-'11					
							is Bradley, (Defensive Coc							

Tom Cable (Asst. Head Coach/Offensive Line), Dave Canales (Quality Control/Offense), Chris Carlisle (Head Strength & Conditioning), Nate Carroll (Defensive Asst.), Keith Carter (Quality Control/Offense), Mondray Gee (Assistant Strength & Conditioning), Pat McPherson (Tight Ends), Marquand Manuel (Asst. Special Teams), Ken Norton, Jr. (Linebackers), Kris Richard (Defensive Backs), Pat Ruel (Assistant Offensive Line), Robert Saleh (Quality Control/Defense), Brian Schneider (Special Teams Coordinator), Rocky Seto (Defensive Passing Game Coord.), Carl Smith (Quarterbacks), Sherman Smith (Running Backs), Todd Wash (Defensive Line), Jamie Yanchar (Assistant Strength & Conditioning).



DEPTH CHART & PRONUNCIATION GUIDE

				Offense		
WR	18	Sidney Rice	87	Ben Obomanu	89	Doug Baldwin
LT	76	Russell Okung	65	Frank Omiyale		
LG	77	James Carpenter	67	Paul McQuistan		
С	60	Max Unger	61	Lemuel Jeanpierre		
RG	67	Paul McQuistan	74	John Moffitt	64	J.R. Sweezy
RT	68	Breno Giacomini	65	Frank Omiyale		
TE	86	Zach Miller	85	Anthony McCoy	82	Evan Moore
WR	81	Golden Tate	17	Braylon Edwards	14	Charly Martin
QB	3	Russell Wilson	15	Matt Flynn		
FB	26	Michael Robinson				
RB	24	Marshawn Lynch	22	Robert Turbin	33	Leon Washington
				Defense		
LDE	79	Red Bryant	90	Jason Jones	98	Greg Scruggs
LDT	99	Alan Branch	94	Jaye Howard		
RDT	92		69	Clinton McDonald		
RDE	91	Chris Clemons	51	Bruce Irvin		
OLB	56	Leroy Hill	53	Malcolm Smith		
MLB	54	Bobby Wagner	55	Heath Farwell		
OLB	50	K.J. Wright	57	Mike Morgan		
LCB	25	Richard Sherman	23	Marcus Trufant	41	Byron Maxwell
RCB	39	Brandon Browner	37	<u>Jeremy Lane</u>	36	Danny Gorrer
SS	31	Kam Chancellor	32	Jeron Johnson	27	Winston Guy
FS	29	Earl Thomas	42	Chris Maragos		
				Specialists		
K	4	Steven Hauschka				
Р	9	Jon Ryan				
Н	9	Jon Ryan				
PR	33	Leon Washington	81	Golden Tate		
KR	33	Leon Washington	87	Ben Obomanu		
LS	49	Clint Gresham				

() injured; Underline Rookie or 1st Year

Pronunciation Guide

Breno Giacomini...BREH-no JAH-co-mee-nee Clint Gresham... GRESH-um Steven Hauschka... howsh-KUH Leroy Hill... LEE-roy Lemuel Jeanpierre... LEH-mew-ELL zhon-pee-AIR Jeron Johnson...jer-RON

Chris Maragos... MAIR-uh-gose Brandon Mebane... MEE-bane Ben Obomanu... oh-buh-MAHN-ew Russell Okung... oh-KOON-g Frank Omiyale... oh-MEE-yell





ARIZONA CARDINALS 20, SEATTLE SEAHAWKS 16 SUNDAY, SEPTEMBER 9, 2012 UNIVERSITY OF PHOENIX STADIUM



Making his first-career start, rookie QB Russell Wilson rallied Seattle in the final minutes but could not cross the goal line in four attempts from the Arizona 6-yard line and the Seahawks dropped their season opener to the Cardinals, 20-16. Seattle took the opening kickoff and drove to the Arizona 32, but a Steven Hauschka 50-yard field

goal attempt fell short. Two plays into the Cardinals following drive, Brandon Mebane recovered a K.J. Wright forced fumble and the Seahawks took advantage on a Hauschka 27-yard field goal. Arizona countered to take a 10-3 lead after a Jay Feely 21-yard field goal late in the first quarter and a LaRod Stephens-Howling 1-yard TD on the Cardinals next possession in the second quarter. The Cardinals took a 13-3 lead after recovering a lateral pass deep in Seahawks territory and connecting on a second field goal. Leon Washington provided a spark on the ensuing kickning the return 83 yards to the Arizona 24-yard line. From there, Wilson led a five-play drive that resulted in a third-down, 10-yard TD pass to Sidney Rice to pull the Seahawks within a field goal, 13-10. On Arizona's very next play from scrimmage, Richard Sherman made a spectacular sideline toe-tap interception on a ball QB John Skelton had intended to throw out of bounds. That turnover led to a Hauschka 47-yard field goal to tie the game, 13-13. Washington delivered again early in the fourth quarter with a 52-yard punt return leading to Hauschka's third field goal of the day giving Seattle a 16-13 lead. Backed up deep in their own territory, Kevin Kolb replaced an injured Skelton and led an 11-play, 80-yard drive that resulted in a 6-yard TD pass to Andre Roberts to take a 20-16 lead. Before that go-ahead drive, Seattle's second half defense had not allowed a single first down in six Cardinal drives and allowed just 16 total yards in those drives. Seattle took possession with 4:58 remaining from their own 20. They used 18 plays to drive 76 yards before being held out of the endzone and turning the ball over on downs with :18 remaining in the game.

		ttle zona		3	0 7	10 3	3 7	16 20)		
SEA 1 AZ 1 AZ 2 AZ 3 SEA 3 SEA 3 SEA 4 AZ 4 Att. 60,032	7:26 0:34 5:58 9:59 7:51 5:13 9:20 4:59	Feely 2 Stephe Feely 3 Rice 10 Hausch Hausch	1 FG (4-4,) pass Wils nka 47 FG nka 39 FG	75, 6:52) g 1 run (F 1:04) son (Haus (4-5, 2:29) (4-5, 1:38	eely kick) (11- chka kick) (5-2	24, 2:08)		Seattle 3 3 3 10 13 16	Ariz () 3 0 3 3 3 3	
						UAL STATISTICS					
Seattle M. Lynch R. Wilson R. Turbin L. Washingto	Att 21 8 2 n 2 33	Yds 85 20 5 5	Avg 4.0 2.5 2.5 2.5 3.5	LG 11 5 4 3	TD 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	RUSHING Arizona A. Roberts C. Wells R. Williams L. Stephens-H J. Skelton K. Kolb	Att 1 7 8 Howling 2 1 1 20	15 14	Avg 15.0 2.0 1.1 2.0 2.0 -1.0	LG 15 9 4 3 2 -1 15	TD 0 0 0 1 0 1
						PASSING					-
Seattle R. Wilson		C Yds 8 153	SK/YD 3/14	TD LG		Arizona J. Skelton	A 28	C Yds 149	SK/YD 1/5	TD LG 0 23	INT RT 1 51.0
TOTAL	34 1	8 153	3/14	1 27	1 62.5	K. Kolb TOTAL	8 36	6 66 20 215	0/0 1/5	1 23 1 23	0 138.5 1 70.9
Seattle B. Edwards S. Rice Z. Miller M. Lynch D. Baldwin C. Martin R. Turbin TOTAL	No 5 4 3 2 2 1 1 18	Yds 43 36 40 12 5 15 2 153	Avg 8.6 9.0 13.3 6.0 2.5 15.0 2.0 8.5	LG 16 11 27 7 4 15 2 27	TD 0 1 0 0 0 0 0 0 0 0 0 1 1	ECEIVING Arizona A. Roberts L. Fitzgerald E. Doucet T. Heap R. Williams J. King L. Stephens- TOTAL	No 5 4 3 2 2 2 Howling 1 20	54 63 37 32 17 8 4	Avg 10.8 15.8 12.3 10.7 8.5 4.0 4.0	LG 19 23 18 13 12 5 4 23	TD 1 0 0 0 0 0 1
Total First Do Third Down E Total Net Yard Total Of Avg. pe Net Yards Rus Total Ru	wns Eff. Is ff. Plays r Play	am Stat	Seatt 1 5-16-319 25 7 3 11	18 % 54 70 .6	Arizona 18 3-10-30% 253 57 4.4 43 20	Seattle K.J. Wright K. Chancellor R. Sherman B. Mebane B. Browner Additional S	4 4 4 2 4 2	A QB 4 0.0 0 0.0 0 0.0 2 0.0 2 0.0 2 0.0	Yds. Int. 0.0 0 0.0 0 0.0 1 0.0 0 0.0 0 ons 1.0. FF:	0 0 0 1 0 2 0 2 0 0	1 0 0 0 0 0 0 0 0 1 0 0
Net Yards Pas Times S	ssing Sacked/Yard ts-Comps-lid Avg. and Yards and Lost Made-Att	ls Lost	13 3/1 34-18 4-46 13-9 2	89 4 -1 .3 3 0 -1 1 -4	210 1/5 36-20-1 5-47.6 10-102 2-1 2 2-2 26:26	Arizona D. Washingto P. Lenon W. Gay D. Dockett O. Schofield Additional S	9 8 7 7 5 4 5 3	A QB 0 1.0 1 2.0 0 0.0 1 0.0 2 0.0	Yds. Int. 1.0 0 13.0 0 0.0 0 0 0 0 0 0 0 0	Yds. PD 0 0 0 0 0 0 0 0 0 0 0 0	FF FR 0 0 0 0 1 1 0 0 0 0 0 0 0 0





SEATTLE SEAHAWKS 27, DALLAS COWBOYS 7 SUNDAY, SEPTEMBER 16, 2012 CENTURYLINK FIELD



Special teams set the tone for the Seattle Seahawks in their home-opener, helping the team to a 10-0 first quarter lead over the visiting Dallas Cowboys and not letting up en route to a 27-7 victory. Seattle kicked off to start the game, but returner Felix Jones was hit by Michael Robinson, jarring the ball loose. Earl Thomas recovered the fumble for the Seahawks on the Dallas 29-vard line. Seattle's offense moved the ball to the Dallas three, settling for a 21-yard Steven Hauschka field goal and taking the 3-0 lead. On Dallas' ensuing possession, a quick three-and-out forced a Chris Jones punt, but Malcolm Smith blocked the punt and Jeron Johnson scooped the loose ball at the three-yard line and into the endzone for a 10-0 Seahawks lead. On the Cowboys' next drive, QB Tony Romo had his offense in scoring position after a 56-yard drive to the Seattle 24, when Brandon Browner intercepted Romo's second down pass intended for Jason Witten and returned it 35 yards. Dallas responded later with a 15-play drive, covering 95 yards, when Romo found Miles Austin down the sideline for a 22-yard touchdown pass, bringing the score to 10-7. A 25-yard field goal by Hauschka at the two-minute warning pushed the lead to 13-0 at the end of the first half. Seattle and Dallas traded punts to start the third quarter before QB Russell Wilson led Seattle on a 90-yard drive, helped by a 36-yard gallop by RB Marshawn Lynch to the Dallas 25. Two plays later, Wilson found tight end Anthony McCoy for a 22-yard touchdown and making it a two-score game, 20-7. Seattle put the final points on the board with an 88-yard touchdown drive, capped by Lynch's three-yard TD run, giving Seattle the 27-7 lead. In the fourth quarter, Seattle's offense held the ball for 13:31, allowing the Cowboys offense just 1:31 with the ball. Seattle's defense held the Cowboys offense to 86 second-half yards, with 51 coming on the final possession as the clock was running out.

	Dall Sea			0 10	7 3	0 7	0 7		7 27	,	C4	41 -			
SEA 1 SEA 1 DAL 2 SEA 2 SEA 3 SEA 4 Att. 68,008	11:43 10:23 12:09 1:57 5:05 7:57	Johnson Austin Hausch McCoy	on 3 returr 22 pass F oka 25 FG / 22 pass \	Romo (Baile (11-52, 7:05 Wilson (Hau	punt (Hausch y kick) (15-95,	7:31)			Oallas 0 0 7 7 7 7		3 10 10 13 20 27)) 3			
						L STATISTICS									
Dallas D. Murray K. Ogletree F. Jones T. Romo	Att 12 1 1 2	Yds 44 5 1 -1	Avg 3.7 5.0 1.0 -0.5	LG 9 5 1 0	TD 0 0 0 0 0	SHING Seattle M. Lynch R. Wilson R. Turbin L. Washington M. Robinson	4	5 4 5 4 2	Yds 122 28 15 11 6	3 2 3	.7 7.0 .0 .8		6 4 6 5 4	TD 1 0 0 0 0	
TOTAL	16	49	3.1	9	0 Ρ Δ	TOTAL SSING	4	1	182	4	.4	30	6	1	
Dallas T. Romo TOTAL	A (40 23 40 23	3 251	SK/YD 1/4 1/4	TD LG 1 26 1 26	INT RT 1 74.1 1 74.1	Seattle R. Wilson TOTAL	A 20 20	C 15 15	Yds 151 151	SK/Y 2/1 2/1	8	TD 1	LG 22 22		RT 112.7 112.7
Dallas	No	Yds	Avg	LG	TD REC	EIVING Seattle	N	n	Yds	Av	a	LG	:	TD	
M. Austin J. Witten F. Jones D. Murray D. Bryant J. Phillips	5 4 4 4 3 2	63 58 40 31 17 16	12.6 14.5 10.0 7.8 5.7 8.0	22t 23 23 15 11 9	1 0 0 0 0	A. McCoy G. Tate S. Rice R. Turbin D. Baldwin Z. Miller		5 3 3 2 1	41 38 33 24 8 7	8 12 11 12 8	.2 .7 .0 .0	22t 20 18 14 8	t) 3 4	1 0 0 0 0 0 0	
K. Ogletree TOTAL	1 23	26 251	26.0 10.9	26 26	0 1	TOTAL	1	5	151	10.	.1	22	2	1	
Avg. pe Net Yards Ru	owns Eff. ds ff. Plays er Play shing	am Stat	Dall 7-13-54 2	17 % 96 57 5.2 49	Seattle 20 5-14-36% 315 63 5.0	Dallas T S. Lee 14 B. Carter 10 S. Lissemore 10 D. Ware 8 A. Spencer 7 Additional Stats) 4) 3 2 4	A 10 6 7 6 3	DE QB 0.0 0.0 0.0 0.0 2.0	0.0 0.0 0.0	Int. 0 0 0 0 0	Yds. 0 0 0 0 0	PD 0 1 0 0 1	FF 0 0 0 0	FR 0 0 0 0 0 0 0 0
Net Yards Pa	Sacked/Yard tts-Comps-Ir d Avg. . and Yards and Lost	s Lost	2. 1 40-23 6-38 5-		41 133 2/18 20-15-0 4-53.8 5-35 0-0	Seattle T K. Chancellor 9 K. Wright 5 L. Hill 5 B. Browner 4 R. Sherman 4 B. Wagner 4 Additional Stats	S 7 3 4 4 3	A 2 2 2 0 0 1	QB 0.0 0.0 0.0 0.0 0.0 0.0 0.0	0.0 0.0 0.0 0.0 0.0	0 0 0 1 0	0 0 0 35 0	0 1 0 1 1	FF 0 0 1 0 0	FR 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0





SEATTLE SEAHAWKS 27, DALLAS COWBOYS 7 SUNDAY, SEPTEMBER 16, 2012 CENTURYLINK FIELD



Golden Tate came down with a 24-yard touchdown reception on a Russell Wilson desperation pass to the corner of the end zone as the clock ran out, giving Seattle the victory over the visiting Green Bay Packers on Monday Night Football, with a final score of 14-12. After a Seahawks three-and-out, Green Bay's opening drive started with a 16-yard scramble by Rodgers on the first play, but two stops for no gain and a Bruce Irvin sack on third down led to a Tim Masthay punt. Following a Seattle punt, the Seahawks' pass rush prevented Green Bay from getting anything going offensively in the first half, with four sacks from Chris Clemons and two each from Irvin and Brandon Mebane. Seattle took the lead in the second quarter as Wilson found Tate for a 41-yard touchdown. Two Clemons' sacks helped stall the Packers' ensuing possession and the Seahawks took the 7-0 lead into halftime. Green Bay started with the ball in the second half found better success moving the ball. Cedric Benson led the Packers rushing attack on the drive and Rodgers completed several mid-range passes on their way to a 29-yard Mason Crosby field goal, bringing the score to 7-3. Green Bay got the ball back and again drove down the field, setting up a 40-yard Crosby field goal, and pulling the Packers to within one point, 7-6. After a Seahawks three-andout, the Packers put together a 16-play, 81-yard drive that culminated in a 1-yard touchdown run by Benson. Rodgers' pass on the two-point conversion attempt fell incomplete, but the Packers gained the lead, 12-7, with 8:44 left in the game. The Seahawks started the ensuing drive on their own 20-yard line and worked down to the Green Bay 7-yard line where they faced a fourth-and-3. Wilson's pass to Tate fell incomplete and the Packers regained possession with 1:54 remaining. Earl Thomas dropped Benson for a 5-yard loss, forcing a fumble in the process, but Jeff Saturday was able to recover for the Packers on the 2-yard line. Two more run stops by the Seahawks defense forced a Masthay punt and Seattle's offense would start at the Green Bay 46-yard line. Wilson found Sidney Rice for a 22-yard completion on second down, and after incompletions on the first three downs from the 24, Wilson threw a pass to the corner of the end zone on fourth down, giving Tate a chance at a jump ball and he was able to come down with possession of the football as the clock read zero.

	Gre Sea	en Bay ttle		0		0 7		6 0	6 7	Gr.	12 14 een Ba	ļ	eattle			
SEA 2 GB 3 GB 3 GB 4 SEA 4 Att. 68,218	6:22 8:07 1:14 8:44 0:00	Crosby Crosby Bensor	1 pass Wil 29 FG (1: 40 FG (1: n 1 run (pa 1 pass Wil	3-70, 6 1-66, 4 ass fai	6:53) 4:36) led) (1	6-81,	6:02)			Gi	0 3 6 12 12	iy 3	7 7 7 7 7 7			
						lni		L STATISTICS SHING								
Green Bay C. Benson R. Cobb A. Rodgers J. Kuhn	Att 17 1 2 1	Yds 45 20 17 2	Avg 2.6 20.0 8.5 2.0	,	. G 9 20 16 2	TD 1 0 0 0		Seattle M. Lynch R. Wilson L. Washington			Yds 98 18 11	Avg 3.3 6.0 11.0))	LG 9 12 11	TD 0 0 0	
TOTAL	21	84	4.0	2	20	1		TOTAL	2	9	127	4.4	ļ	12	0	
Green Bay	Α (SK/YD	TD	LG	INT	PAS RT	SSING Seattle	Α	С	Yds	SK/YD		LG	INT	RT
A. Rodgers TOTAL	39 26 39 2 6		8/39 8/39	0 0	31 31	0 0	81.5 81.5	R. Wilson TOTAL	21 21	10 10	130 130	1/19 1/19		41t 41t	0 0	99.3 99.3
Green Bay	No	Yds	Avg		G	TD	Rec	EIVING Seattle	N	0	Yds	Avg		LG	TD	
G. Jennings Ja. Jones J. Finley C. Benson J. Kuhn J. Nelson D. Williams R. Cobb	6 5 4 4 3 2 1	35 55 60 19 25 19 11	5.8 11.0 15.0 4.8 8.3 9.5 11.0	3	13 14 31 8 10 13 11	0 0 0 0 0 0 0 0		G. Tate Z. Miller S. Rice C. Martin A. McCoy B. Obomanu M. Lynch	14	3 2 1 1 1 1	68 12 22 10 9 8	22.7 6.0 22.0 10.0 9.0 8.0 1.0	4	41t 8 22 10 9 8	2 0 0 0 0 0	
TOTAL	26	223	8.6		31	Ŏ		TOTAL	1	0	130	13.0	4	11t	2	
Avg. pe Net Yards Ru	owns Eff. ds off. Plays er Play ushing Plays	am Stat	7-15-47 2	22			14	Green Bay T A. Hawk 11 R. Pickett 9 D. Smith 5 E. Walden 5 N. Perry 4 Additional Stats	1 3 2 3	A 6 8 2 3 1	QB 0.0 0.0 0.0 0.0 19.0	FENSE Yds. II 0.0 0 0.0 0 0.0 0 0.0 0 19.0 0	0 0 0 0	0 0 0 0	0 0 0 0	FR 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
Times	Sacked/Yard tts-Comps-Ind Avg. . and Yards . and Lost Made-Att		8/ 39-26 6-44 10-1	39 6-0 1.5 27 2-0 1 2-2		21-1 6-5 14-	111 1/19 10-0 51.5 -118 0-0 2 0-0 5:21	Seattle T K. Wright 11 K. Chancellor 16 B. Wagner 8 L. Hill 5 Additional Stats 2.0 FF: E. Thomas	7 5 2 :: Sac	A 2 3 3 ks: C.	0.0 0.0 0.0 0.0 0.0 Clemo	Yds. II 0.0 0 0.0 0 0.0 0 0.0 0 ons 4.0, I	0 0 0 0	0 0 0 0	0 0 0 0	FR 0 0 0 0 0 oane





St. Louis Cardinals 19, Seattle Seahawks 13 Sunday, September 30, 2012 Edward Jones Dome



The Seattle Seahawks, looking for their first road win of 2012, could not produce enough offense to overcome the St. Louis Rams' special teams efforts, and lost by a final score of 19-13. Seattle's offense started with a strong opening drive, with QB Russell Wilson leading the team 80 yards down the field and Marshawn Lynch capping it off with

a touchdown run of 18 yards, giving Seattle the early lead, 7-0. St. Louis responded when rookie K Greg Zuerlein hit a 58-yard field goal to bring the score to 7-3. After Seattle was forced to punt, Rams' QB Sam Bradford hit WR Chris Givens on a 52-yard reception down the right sideline to the Seattle 28-yard line at the end of the first quarter. CB Richard Sherman got one back for the Seahawks, intercepting a Bradford pass intended for Brandon Gibson. After trading punts, the Seahawks took over with 11:13 at their own 21-yard line, but Wilson was intercepted by rookie CB Trumaine Johnson, giving the Rams the ball on their own 48. Bradford was able to lead the Rams inside the Seahawks' 10-yard line, but the Seahawks defense held them out of the end zone. On the field goal attempt, Rams' holder Johnny Hekker took the snap but stood and threw a pass to Danny Amendola, who was uncovered and wide open in the end zone, giving St. Louis the lead, 10-7. St. Louis got the ball back at Seattle's 46 with 0:34 remaining in the half and Zuerlein made the 48-yard field goal for a 13-7 halftime lead. The Seahawks tried an onside kick to start the second half, but St. Louis was able to recover. Unable to gain a first down, the Rams sent the field goal unit onto the field and Zuerlein connected on a 60-yard field goal, giving the Rams the 16-7 lead. Wilson was intercepted on the ensuing possession, but the Seahawks got the ball back after a Rams' three-and-out and were able to drive 75 yards to the Rams' 12, where Steven Hauschka made his 31-yard field goal, bringing the score to 16-10. Seattle's defense forced another three-and-out and the offense was able to convert another Hauschka field goal, making the score 16-13. St. Louis then drove 74 yards before the Seahawks defense stopped them with goal-to-go at the six-yard line, and Zuerlein hit his fourth field goal of the day from 24 yards, giving St. Louis the 19-13 lead. Seattle's final effort ended when Wilson's third pass of the day was intercepted by Bradley Fletcher after Anthony McCoy slipped on his route. Zuerlein's kicks of 58 and 60 vards were the first time in NFL history a kicker has made a 50-yarder and a 60-yarder in the same game.

		attle Louis		7 3	0 10	3	3		13 19		
STL 1 STL 2 STL 2 STL 3 SEA 3	10:45 4:59 1:11 0:00 13:46 4:10 13:03 6:07	Zuerlei Amenc Zuerlei Zuerlei Hausch Hausch	n 58 FG (1 Iola 2 pass n 48 FG (4 n 60 FG (4 nka 31 FG nka 30 FG	10-40, 5:46 s Hekker (2 1-16, 0:34)	uerlein kick) (5)	12-52, 6:12)		Seat 7 7 7 7 7 10 13		Louis 0 3 10 13 16 16 16	
						AL STATISTICS					
Seattle M. Lynch R. Turbin R. Wilson L. Washingtor TOTAL	Att 20 6 7 1 34	Yds 118 45 14 2 179	Avg 5.9 7.5 2.0 2.0 5.3	LG 18t 13 8 2 18t	TD 1 0 0 0 0 1	St. Louis St. Louis S. Jackson D. Richardson D. Amendola S. Bradford TOTAL	Att 18 6 1 2 27	5 1	Avg 5 3.1 6 2.7 6 6.0 2 -1.0 5 2.8	LG 23 8 6 -1 23	TD 0 0 0 0 0 0
Seattle	Α	C Yds	SK/YD	TD LG		ASSING St. Louis	Α	СΥ	ds SK/YD	TD LG	INT RT
R. Wilson	25 1	7 160	2/20	0 17	3 45.8	S. Bradford J. Hekker	30 1	16 2 1	21 2/12 2 0/0	0 52 1 2	1 63.3 0 118.8
TOTAL	25 1	7 160	2/20	0 17	3 45.8 D-	TOTAL	31	17 2	23 2/12	1 52	1 75.1
Seattle S. Rice M. Lynch Z. Miller A. McCoy R. Turbin D. Baldwin G. Tate	No 4 4 3 2 2 1 1	Yds 41 37 32 20 13 10 7	Avg 10.3 9.3 10.7 10.0 6.5 10.0 7.0	LG 17 16 13 15 7 10 7	TD 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	ECEIVING St. Louis D. Amendola B. Gibson L Kendricks A. Pettis D. Richardson C. Givens B. Quick S. Jackson	No 6 2 2 2 2 2 1 1	5 2 2 2 2 2 2 3 1 5 1	5 9.2 8 14.0 2 11.0 2 11.0 3 6.5 2 52.0 9 19.0	LG 15 14 26 17 11 52 19	TD 1 0 0 0 0 0 0 0 0 0 0
TOTAL	17	160	9.4	17	0	TOTAL	16			12 52	1
Total First Dov Third Down E Total Net Yard: Total Off Avg. per Net Yards Rus Total Ru	wns ff. s f. Plays r Play	am Stat s	2-9-22 3 6 5	19	St. Louis 15 5-13-38% 286 60 4.8 75 27	Seattle 7 B. Wagner 7 E. Thomas 5 K. Wright 5 B. Mebane 5 Additional Stat	7 7 5 5 5 5 5 5	A Q 0 0. 0 0. 0 0. 0 0.	0 0.0 0 0 0.0 0 0 0.0 0 0 0.0 0	t. Yds. PD 0 0 0 0 0 0 0 0 onnes 1.0. IN	0 0 0 0 0 0 0 0
Net Yards Pas Times S	sing acked/Yard s-Comps-l A Avg. and Yards and Lost ade-Att	ds Lost	14 2/2 25-17 4-49 5-1	40 20 7-3 0.0 55 1-0 1	211 2/12 31-17-1 4-39.0 6-37 0-0 1 4-4 30:08	St. Louis J. Laurinaitis C. Finnegan J. Dunbar O. Mikell R. Molntosh Additional Stat 1, B. Fletcher 1.	8 8 8 6 6 5 4	A 0 1 0. 0 0. 0 0. 0 0. 1 0. as: R. Qu	0 0.0 0 0 0.0 0 0 0.0 0 0 0.0 0 0 0.0 1	t. Yds. PD 0 0 0 0 0 0 0 0 34 1 ms 1.0. INT:	0 0 0 0 0 0 0 0 0 0





SEATTLE SEAHAWKS 16, CAROLINA PANTHERS 12 SUNDAY, OCTOBER 7, 2012 BANK OF AMERICA STADIUM



A dominating performance by Seattle's defense helped give the Seahawks their first road win of 2012, beating the Carolina Panthers, 16-12. The Seahawks defense held the Panthers to 190 total yards on the day and surrendered only three points to one of the NFL's most explosive offenses. Seattle's defense set the tone from the beginning as

they forced a punt after a quick three-and-out on Carolina's opening drive, giving the Seahawks the ball on the Panthers' 45-yard line. The drive ended in a 22-yard field goal by Steven Hauschka, giving Seattle the early lead, 3-0. The teams traded punts for the remainder of the first quarter before QB Russell Wilson led the Seahawks on another field goal drive, a 36-yard field goal by Hauschka, giving Seattle the 6-0 lead. Carolina responded two drives later as QB Cam Newton led the team to a Justin Medlock field goal with seconds left in the first half, cutting the score to 6-3. Starting the second half, Leon Washington took the Carolina kickoff 47 yards but Jason Phillips forced a fumble and Josh Thomas recovered for Carolina on Seattle's 37-yard line. The Seahawks defense held stout, thanks to a 10-yard loss on a sack split by Chris Clemons and Bobby Wagner, forcing another Carolina punt. On Seattle's ensuing possession, Wilson's second down pass was intercepted by Captain Munnerlyn, who sprinted 33 yards for a touchdown, giving Carolina the lead, 10-6. Carolina's Luke Kuechly intercepted Wilson on the following drive, but the Panthers offense was unable to capitalize. Two drives later, CB Brandon Browner stripped DeAngelo Williams on the first play of the drive, pulling the ball free and falling on the fumble, giving Seattle the ball on Carolina's 27-yard line. Wilson connected with Golden Tate for a 13-yard touchdown, regaining the lead for Seattle, 13-10. Another forced fumble by the Seahawks defense, this time Richard Sherman, forced a Carolina punt and Seattle was able to drive 39 yards, setting up Hauschka's third field goal of the day, a 44-yarder, furthering Seattle's lead to 16-10 with 10:27 left in the game. Newton then led the Panthers 79 yards to the Seahawks' 1-yard line, where Newton's fourth down pass fell incomplete in the end zone. After Marshawn Lynch was able to gain some breathing room and a first down, Seattle lined up to punt and Jon Ryan ran through the back of the end zone, taking a safety and setting up a free kick from the 20, with the Seahawks leading 16-12. On the Panthers' second down, DE Bruce Irvin notched his second sack of the day, forcing a Newton fumble which Alan Branch recovered for Seattle, sealing the victory with 0:39 left in the game.

		attle rolina		3	3 3	7 7	3 2	16 12		U	
SEA 2 CAR 2 CAR 3 SEA 3	10:29 8:29 0:02 12:26 0:35 10:27 0:59	Hausch Medloo Munne Tate 13 Hausch	pass Wilso ka 44 FG (12-50, 6:5 2-77, 2:44) return (M on (Hauscl 7-39, 3:33	8) ledlock kick) nka kick) (5-27,	·		3 6 6 6 13 16 16	Caro 0 0 3 10 10 10) 3 3 0 0	
						L STATISTICS SHING					
Seattle M. Lynch R. Wilson B. Obomanu R. Turbin M. Robinson G. Tate J. Ryan	Att 21 5 1 4 2 1 1 1	Yds 85 12 11 6 3 -1	Avg 4.0 2.4 11.0 1.5 1.5 -1.0 -18.0	LG 14 9 11 5 2 -1 -18	TD 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Carolina C. Newton J. Stewart K. Pilares D. Williams L. Murphy M. Tolbert	Att 7 4 0 6 1 1	Yds 42 16 12 6 3	Avg 6.0 4.0 12.0 1.0 3.0 3.0	LG 15 11 12 4 3 3	TD 0 0 0 0 0 0 0 0
TOTAL	35	98	2.8	14	0	TOTAL	19	82	4.3	15	0
Seattle R. Wilson TOTAL		C Yds 19 221 19 221	SK/YD 2/9 2/9	TD LG 1 30 1 30	PA INT RT 2 82.3 2 82.3	SSING Carolina C. Newton TOTAL	29	C Yds 12 141 12 141	SK/YD 4/33 4/33	TD LG 0 24 0 24	INT RT 0 56.8 0 56.8
Seattle	No	Yds	Avg	LG	TD REC	EIVING Carolina	No	Yds	Avg	LG	TD
S. Rice Z. Miller D. Baldwin G. Tate R. Turbin B Edwards	5 3 3 2 1	67 59 37 31 8	13.4 19.7 12.3 10.3 4.0 10.0	18 30 19 13t 5	0 0 0 1 0	S. Smith B. LaFell G. Olsen J. Stewart L. Murphy	4 3 2 2 1	40 44 37 15 5	10.0 14.7 18.5 7.5 5.0	14 21 24 8 5	0 0 0 0
M. Lynch M. Robinson TOTAL	1 1 19	9 0 221	9.0 0.0 11.6	9 0 30	0 0 1	TOTAL	12	141	11.8	24	0
	TE	ам Ѕтат			0	Casula	T 6		ENSE	Yds. PD	FF FR
Total First Do Third Down E Total Net Yard Total Of Avg. pe Net Yards Rus	Eff. Is ff. Plays r Play		Seattle 1 7-14-50% 310 62 5.0 98	7 % 0 2 0	Carolina 13 2-11-18% 190 52 3.7 82	B. Browner 6 B. Wagner 6 C. Clemons 6	6 4 6 3 6 2	2 0.0 3 1.5 4 0.5 0 0.0	0.0 0 9.0 0 5.0 0 0.0 0	0 0 0 0 0 1 0 1	1 1 0 0 0 0 1 0
Total Ru Net Yards Pas Times S	ushing Play ssing Sacked/Yar ts-Comps- d Avg. and Yards and Lost	ds Lost Ints	3! 21: 2/ 25-19- 3-40. 7-6! 1- 3-: 35:4!	5 2 9 2 7 5 1 1 1	19 108 4/33 29-12-0 7-45.4 3-25 3-2 1 1-1 24:14	L. Kuechly G. Hardy T. Davis S. Martin	11 7 6 4 6 3 5 4 5 1 ts: Sacks:		0.0 1 5.0 0 0.0 0 0.0 0 0.0 0	Yds. PD -3 1 0 0 0 0 0 0 0 0 T: C. Munr	FF FR 0 0 0 0 0 0 0 0 0 0 0 0 nerlyn 1. FF:

The Last Time

OVERTIME GAME			300 YARDS PASSING		
at Arizona 23, Seat	tle 20	1/1/12		T. Jackson vs. Cincinnati	10/30/11
OVERTIME WIN			BY OPPONENTS: 314,	R. Grossman vs. Washington	11/27/11
BY SEAHAWKS:	at Seattle 24, N.Y. Giants 21	11/27/05	200 YARDS RECEIVING		
BY OPPONENTS:	at Arizona 23, Seattle 20	1/1/12	BY SEAHAWKS: 261,	S. Largent at Detroit	10/18/87
500 TOTAL YARDS			BY OPPONENTS: 243,	Wes Chandler vs. SD	9/15/85
BY SEAHAWKS:	501, at Atlanta	12/30/07	100 YARDS RECEIVING		
BY OPPONENTS:	503, vs. Kansas City	11/28/10		7, B. Obomanu vs. Cincinnati	10/30/11
400 TOTAL YARDS				2, S. Rice vs. Cincinnati	10/30/11
BY SEAHAWKS:	411, vs. Cincinnati	10/30/11	BY OPPONENTS: 9-149	9, L. Fitzgerald at Arizona	1/1/12
BY OPPONENTS:	416, vs. Washington	11/27/11	10 RECEPTIONS		
300 YARDS RUSHING	•			45, M. Williams at Arizona	11/14/10
BY SEAHAWKS:	320, vs. Houston	10/16/05		9, E. Dickson vs. Baltimore	11/13/11
BY OPPONENTS:	356, vs. LA Raiders	11/30/87	100 YD RUSHER, 300 YD PAS		
200 YARDS RUSHING	•			izona	11/15/09
BY SEAHAWKS:	245, vs. St. Louis	9/21/08	315 (pass) M. Hasselbeck		
BY OPPONENTS:	208, at Tampa Bay	12/26/10	165 (rec) T.J. Houshmand		
400 NET YARDS PASSI				akland	10/31/10
BY SEAHAWKS:	428, at San Diego	12/29/02		21-111 (rush) D. McFadden,	
BY OPPONENTS:	429, vs. San Diego	9/26/10	5-105 (rec) D. Heyward-E	•	
300 NET YARDS PASSI	-		100 YD RUSHER, 100 YD REC		
BY SEAHAWKS:	350, vs. Cincinnati	10/30/11		ew York Giants	11/27/05
BY OPPONENTS:	306, vs. Washington	11/27/11		er, 8-137 (rec) J. Jurevicius	
50 OR MORE POINTS				ansas City	10/31/10
BY SEAHAWKS:	51, vs. Kansas City, OT	11/27/83	22-173 (rush) J. Charles,		
BY OPPONENTS:	51, at Dallas	11/27/80	TWO 100 YD RECEIVERS, 30		10/00/11
40 OR MORE POINTS		10/11/00		incinnati	10/30/11
BY SEAHAWKS:	41, vs. Jacksonville	10/11/09		102 (rec) S. Rice, 323 (pass) T.	
BY OPPONENTS:	40, at San Francisco	12/12/10		rizona	11/16/08
30 OR MORE POINTS		12/12/11		c) Fitzgerald, 395 (pass) Warn	
BY SEAHAWKS:	38, at Chicago	12/18/11		SSER, TWO 100 YD RECEIVERS	
BY OPPONENTS:	34, vs. Cincinnati	10/30/11		leveland	11/30/03
SHUTOUT	44.0 Is also so illa	10/11/00		328 (pass) M. Hasselbeck	
BY SEAHAWKS:	41-0, vs. Jacksonville	10/11/09	122 (rec) K. Robinson, 10		10/20/06
BY OPPONENTS:	24-0, at Pittsburgh	9/18/11		insas City	10/29/06
TWO 100-YARD RUSH		10/16/05	312 (pass) D. Huard, 39-		
BY SEAHAWKS:	vs. Houston	10/16/05	6-132 (rec) E. Kennison, 6		
S. Alexander 22-14 BY OPPONENTS:		12/12/76	BY SEAHAWKS: S. Ale	exander vs. Houston	10/16/05
Tom Sullivan 121, I	at Philadelphia	12/12/76		wis at Cleveland	10/16/05 11/4/07
TWO 100-YARD RECEI	_		THREE TOUCHDOWNS RUSH		11/4/07
BY SEAHAWKS:	vs. Cincinnati	10/30/11		ynch vs. Carolina	12/5/10
B. Obomanu 4-107		10/30/11		wis (4) at Cleveland	11/4/07
BY OPPONENTS:	vs. Arizona	11/16/08	TWO TOUCHDOWNS RUSHI		11/4/07
A. Boldin 13-186, L		11/10/08		ynch at Chicago	12/18/11
200 YARDS RUSHING	1112geraid 10-131		·	urner vs. Atlanta	10/2/11
BY SEAHAWKS:	201, S. Alexander vs. G.B.	11/27/06	FIVE TOUCHDOWN PASSES	umer vs. Atlanta	10/2/11
BY OPPONENTS:	207, F. Gore at San Francisco	9/20/09		asselbeck vs. N.Y. Giants	9/24/06
100 YARDS RUSHING	207, 1. Gole at Sail Halleisco	3/20/03		eeman at Tampa Bay	12/26/10
BY SEAHAWKS:	118, M. Lynch at St. Louis	9/30/12	FOUR TOUCHDOWN PASSES		12/20/10
BY OPPONENTS:	108, R. Helu vs. Washington	11/27/11		asselbeck vs. Jacksonville	10/11/09
30+ CARRIES	100, It. Held VS. Wushington	11/2//11		eeman (5) at Tampa Bay	12/26/10
BY SEAHAWKS:	32, M. Lynch vs. Baltimore	11/13/11	THREE TOUCHDOWN PASSE		12/20/10
BY OPPONENTS:	33, M. Hardesty at Cleveland	10/23/11		ckson vs. Atlanta	10/2/11
400 YARDS PASSING	in the second at dicteralia	=3, =3, ±±		anning at NYG	10/9/11
BY SEAHAWKS:	414, M. Hasselbeck vs. Dallas	12/6/04	FOUR TOUCHDOWN RECEPT		, _,
BY OPPONENTS:	420, E. Manning at NYG	10/9/11		l Turner at San Diego	9/15/85
				obinson at Baltimore	11/23/03

The Last Time Continued...

				•	
THREE TOUCHDOWN		40/26/07	FOUR INTERCEPTIONS		
BY SEAHAWKS:	J. Galloway vs. Oakland	10/26/97	BY SEAHAWKS:	None	0/20/05
BY OPPONENTS: TWO TOUCHDOWN R	D. Bowe vs. Kansas City	11/28/10	BY OPPONENTS: THREE INTERCEPTION	Deron Cherry vs. Kansas City	9/29/85
BY SEAHAWKS:	G. Tate vs. Green Bay	9/24/12	BY SEAHAWKS:	M. Trufant vs. Arizona	12/9/07
BY OPPONENTS:	E. Dickson vs. Baltimore	11/13/11	BY OPPONENTS:	Deron Cherry (4) vs. Kansas City	9/29/85
	RUSHING AND RECEIVING YDS	11/15/11	TWO INTERCEPTIONS		3, 23, 63
BY SEAHAWKS:	M. Lynch vs. Baltimore	11/13/11	BY SEAHAWKS:	B. Browner vs. Philadelphia	12/1/11
	109 (rushing), 58 (receiving)		BY OPPONENTS:	A. Bigby at Green Bay	12/27/09
BY OPPONENTS:	A. Roberts at Arizona	9/9/12	FOUR SACKS		
	15 (rushing), 54 (receiving)		BY SEAHAWKS:	C. Clemons vs. Green Bay	9/24/12
FIVE FIELD GOALS			BY OPPONENTS:	L. O'Neal vs. San Diego	10/22/95
BY SEAHAWKS:	S. Hauschka vs. Baltimore	11/13/11	THREE SACKS		
BY OPPONENTS:	J. Carney vs. San Diego	9/21/97	BY SEAHAWKS:	C. Clemons (4) vs. Green Bay	9/24/12
FOUR FIELD GOALS			BY OPPONENTS:	R. Mathis at Indianapolis	10/4/09
BY SEAHAWKS:	S. Hauschka (5) vs. Baltimore	11/13/11	10+ PUNTS		
BY OPPONENTS:	G. Zuerlein at St. Louis	9/30/12	BY SEAHAWKS:	10, J. Ryan at Chicago	10/17/10
THREE FIELD GOALS			BY OPPONENTS:	10, D. Jones at St. Louis	11/20/11
BY SEAHAWKS:	S. Hauschka at Carolina	10/7/12	PUNT BLOCKED		
BY OPPONENTS:	G. Zuerlein (4) at St. Louis	9/30/12	BY SEAHAWKS:	M. Smith vs. Dallas	9/16/12
TWO 50-YARD FIELD	GOALS		BY OPPONENTS:	M. Lawson vs. San Francisco	9/14/08
BY SEAHAWKS:	J. Brown at Atlanta	12/30/07	FIELD GOAL BLOCKED	1	
BY OPPONENTS:	G. Zuerlein at St. Louis (58 & 60)	9/30/12	BY SEAHAWKS:	R. Bryant vs. Washington	11/27/11
SAFETY			BY OPPONENTS:	C. Campbell at Arizona	9/9/12
BY SEAHAWKS:	A. Hargrove, tackle at NYG	10/9/11	PAT BLOCKED		
BY OPPONENTS:	K. Onatolu, tackle at Carolina	10/7/12	BY SEAHAWKS:	R. Bryant vs. Washington	11/27/11
KICKOFF RETURN TOU	JCHDOWN		BY OPPONENTS:	A. Smith at Arizona	11/6/05
BY SEAHAWKS:	L. Washington at SF, 92 yds.	12/12/10	PAT MISSED		
BY OPPONENTS:	T. Ginn at SF, 102 yards	9/11/11	BY SEAHAWKS:	J. Brown at Arizona, blocked	11/6/05
PUNT RETURN TOUCH	HDOWN		BY OPPONENTS:	(Kick blocked) vs. Washington	11/27/11
BY SEAHAWKS:	N. Burleson at Clev, 94 yards	11/4/07	FAKE PAT KICK		
BY OPPONENTS:	B. Tate, vs. Cin, 56 yards	10/30/11	BY SEAHAWKS:	Feagles vs. Oakland, no good	12/16/00
INTERCEPTION RETUR	RN TOUCHDOWN		BY OPPONENTS:	None	
BY SEAHAWKS:	B. Browner at Chi, 42 yards	12/18/11	FAKE PUNT		
	R. Bryant at Chi, 20 yards	12/18/11	BY SEAHAWKS:	vs. Arizona, successful	10/18/09
BY OPPONENTS:	C. Munnerlyn at Car, 33 yards	10/7/12	BY OPPONENTS:	vs. San Francisco, successful	12/14/06
FUMBLE RETURN TOL	JCHDOWN		FAKE FIELD GOAL		
BY SEAHAWKS:	N. Reed vs. Jax, 79 yards	10/11/09	BY SEAHAWKS:	at St. Louis, unsuccessful	10/3/10
BY OPPONENTS:	I. Idonije at Chi, in end zone	12/18/11	BY OPPONENTS:	at St. Louis, successful	9/30/12
BLOCKED PUNT RETU			ONSIDE KICK		
BY SEAHAWKS:	J. Johnson vs. Dallas, 3 yards	9/16/12	BY SEAHAWKS:	at St. Louis, unsuccessful	9/30/12
BY OPPONENTS:	A. King vs. Cleveland, 28 yds.	11/30/03	BY OPPONENTS:	vs. St. Louis, unsuccessful	12/12/11
	. RETURN TOUCHDOWN	-	TWO POINT CONVERS	· · · · · · · · · · · · · · · · · · ·	-
BY SEAHAWKS:	S. Springs at GB, 61 yards	11/1/99	BY SEAHAWKS:	vs. Cincinnati, unsuccessful	10/30/11
BY OPPONENTS:	Dave Waymer vs. NO, 58 yards	10/16/88	BY OPPONENTS:	vs. Green Bay, unsuccessful	9/24/12
	· · ·	• •		•	•

Seahawks Game-by-Game

Points		9/9	9/16	9/24		10/7	10/14				11/11	11/25	12/2	12/9	12/16		12/30
to New Methods	Dointe						NE	at SF	at Det	Minn	NYJ	at Mia	at Chi	Ariz	at Buf	SF	StL
3 Qtr 3" 7" 7" 3" 7" 4 Qtr 3" 7" 7" 3" 3" OT 2" 2" 4" 9" 1" First Down 5" 9" 8" 9" 4" 8" 10 Pass 9" 8" 4" 8" 10 Penatry 4" 3" 4" 9" 7" Percent 5" 5" 4" 2" 7" 7" 4th Down Eff 6" 1" 2" 9" 7" 1"																	
			_	-	-												
Prist Down																	
		3															
Rush 5 9 8 4 8 10 Peas 9 8 4 8 10 Peas 9 8 4 9 0 3rd Down Eff 5/15 5/15 2/15 2/15 7/14 4th Down Eff 0/1 1/2 2/3 0/0 0/1 Percent 0/1 1/2 2/3 0/0 0/1 Plays 70 63 51 61 62 Avg 3 5 5 6 6 7 7 9 Plays 3 4 2 9 8 3 1 1 2 1 1 2 1 1 2 1 1 2 1 3 1 1 2 1 3 1 1 2 2 1 3 1 1 2 2 2 2 2 4 3 4		10															
Ard Down Eff S/16 S/14 Z/15 Z/9 T/14 Percent 3/8 5/8 2/8 5/8 Ath Down Eff 0/1 1/2 2/8 0/0 0/1 Percent 0% 5/30 678 - 0% Total Net Yds 254 315 238 319 310 Plays 3.6 5.0 4.7 5.2 5.0 Net Yds Ras 31 182 127 179 98 Plays 3.3 11.2 182 127 9.8 Aug 3.3 11.1 140 212 Aug 3.3 11.1 140 212 270 Sack/Ross 3/13 151 190 212 1975 1975 Gross Yds 153 153 150 190 190 190 190 190 190 190 190 190 190 190 190 190 190 190 </th <th></th>																	
Percent 31% 36% 18% 22% 50% 4th Down Eff 0/1 1/2 2/8 0/0 0/0 Percent 0% 50% 67% 0% Total Net Yds 254 315 319 310 Plays 70 63 51 51 62 Net Yds Rush 15 182 17 79 98 Plays 33 41 29 34 35 2.8 Net Yds Pass 319 131 111 40 212 Sack/Joss 153 151 151 152 </th <th>=</th> <th></th>	=																
Ath Down Eff 0/1 1/2 2/3 0/0 0/1 Percent 0% 57% 7% 0% Total Net Yds 24 315 61 62 Plays 70 63 51 61 62 Avg 3.5 12.2 12.9 98 Plays 3.5 4.4 4.4 5.3 2.8 Avg 3.5 4.4 4.9 3.2 2.8 Net Yds Pass 139 131 111 20 212 Goss Yds 139 151 130 160 212 Att/Comp 34/12 17 25 29 Punts Avg 4/50 5.1 5.2 7.9 Punt Ret/Yds 4/50 5.1 5.2 7.9 Punt Ret/Yds 4/50 17 2/5 2/1 5/3 Fenalties/Yds 3/13 2 2/1 5/3 Fenalties/Yds 3/1 2 <th< th=""><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th></th<>																	
Percent 0% 50% 57% ✓ 0% Total Net Yds 254 215 238 219 10 Plays 70 38 5.0 4.7 5.2 5.0 Net Yds Rush 115 182 127 79 98 Plays 33 41 29 34 35 Avg 33 41 29 34 35 Net Yds Pass 314 248 32 28 Sack/Ross 3/14 2/18 19 220 29 Gross Yds 153 151 130 220 29 20 29 Aut 40 1 30 3 20																	
Total Net Yds 254 315 338 319 319 Plays 70 63 51 61 62 Avg 315 25 35 50 Net Yds Rush 115 22 27 34 35 Avg 33 41 29 34 35 Net Yds Pass 133 131 140 212 Sack/loss 153 151 130 22 Gross Yds 153 151 130 22 Att/Comp 342 275 32 29 Punts/Avg 462 353 350 30 20 Punts/Avg 462 373 363 30 30 30 Blocked 0 0 0 0 338 30 30 30 Fundlike/Yds 313 370 32 348 30 30 30 Fenalties/Jose 313 30 3																	
Plays 70 63 51 61 62 Avg 3.6 5.0 4.7 5.2 5.0 Net Yds Rus 13 12 29 34 98 Avg 3.5 4.4 4.8 5.3 2.8 Net Yds Pass 313 131 140 212 Goss Yds 132 151 150 150 212 Att/Comp 3.1 51 150 150 212 Avg 3.8 5.0 5.1 150 150 21 Avg 3.8 5.0 5.1 5.0 22 24 Punts/Avg 3.6 5.0 5.2 7.9 2.0																	
Net Yds Rush Plays 33																	
Net Yds Rush 115 125 127 179 98 Plays 33 41 29 34 35 Avg 3.5 4.4 5.3 2.8 Net Yds Pass 139 133 111 140 212 Sack/loss 151 130 160 221 Att/Comp 431 70 100 221 Att/Comp 431 50 100 221 Punts/Avg 6.0 5.1 5.2 7.9 Punts/Avg 452 53.2 53.2 7.9 Blocked 7.0 10 3 3 2.0 Punt Ret/Yds 4.9 17.2 2/2 3/3 3 3.8 <t< th=""><th>-</th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th></t<>	-																
Plays 3.3 4.4 2.9 3.4 3.5 Avg 3.5 4.4 4.4 5.3 2.8 Net Yds Pass 139 131 111 2.9 2.1 Sack/loss 3.14 2/18 1/19 2/2 2/9 Gos Yds 151 151 3.0 160 2.1 1/25 1/25 Att/Comp 3.1 201 3.0 1.0 2.2 1.0 <th></th>																	
Avg 3.5 4.4 4.4 5.3 2.8 Net Yds Pass 139 131 111 40 212 Sack/loss 3/14 2/18 1/19 2/20 2/9 Gross Yds 153 151 130 160 221 Att/Comp 3/12 2/10 10/2 ± 1/25 19/25 Int 1 0 0 3 2 7.9 Punts/Avg 4/5 5.3 5.1 5.2 7.9 Punt Ret/Yds 4/5 1/7 2/5 3/3 3/40 1 5.3 9 1 1 1 1 2/5 3/3 3/40 1 1 1 1 2/1 3/3 3/40 1 3/3 3/40 1 3/3 3/40 1 3/3 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1																	
Net Yds Pass 139 133 111 140 212 Sack/loss 3/14 2/18 1/19 2/20 2/9 Gross Yds 153 151 130 160 221 Att/Comp 3/13 × 1/75 2/17 × 1/75 19/25 Int 1 0 0 3 2 Avg 4/5 × 1/5 5/15 × 1/25 3/9 Punts Avg 4/5 × 1/5 5/15 × 1/25 3/9 Blocked 0 0 0 0 Punt Ret/Yds 4/5 × 1/75 2/12 × 1/59 3/48 It Ret/Yds 1/3 × 1/75 2/2 × 1/59 3/48 Int Ret/Yds 1/3 × 1/55 1/2 × 1/55 7/65 Fumbles/Lost 2/1 × 1/3 1/3 × 1/3 1/3 × 1/3 1/3 × 1/3 Return 1 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	-																
Sack/loss 3/14 2/18 1/19 2/20 2/9 Gross Yds 153 151 130 160 221 Att/Comp 34/12 20/15 10/21 175 19/25 Int 1 0 0 3 2 7 Punts/Avg 4/8-2 4/3-3 8/3-1 4/3-2 3/4-7 3 Blocked 0 0 0 0 0 0 1 2/3-9 1/4-3-1																	
Gross Yds 153 151 130 160 221 Att/Comp 34/12 20/15 10/21 172 19/25 Int 1 0 0 3 2 Avg 3.8 6.0 5.1 5.2 7.9 Punts/Avg 4/46-2/538 651-5 4/9-3 3/40-7 Blocked 0 0 0 0 0 Punt Ret/Yds 4/50-2 1/20-3 2/3-3 3/48-3 Kickoff Ret Yds 3/13-2 1/20-2 1/20-3 3/48-3 Penalties/Yds 1/20-3																	
Att/Comp34/1																	
Int 1 0 0 3 2 Avg 3.8 6.0 5.1 5.2 7.9 Punts/Avg 4/3 ⋅ 3/5 65.1 3/4 ⋅ 3/5 3/4 ⋅ 3 Blocked 0 0 0 0 0 0 1 5/39 Punt Ret/Yds 3/1 1/2 2/2 1/39 3/48 1 1 5/39 3/48 1 1 5/39 3/48 1 1 5/39 3/48 1 1 5/39 3/48 1 1 5/39 3/48 1 1 5/39 3/48 1 1 5/39 3/48 1 1 1 9 1 9 1 9 1 9 1 9 1 9 1 1 9 1 9 1 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9																	
Avg 3.8 6.0 5.1 5.2 7.9 Punts/Avg 4/4-3/53.8 6/51-5/40.9 3/40-7 Blocked 0 0 0 0 Punt Ret/Yds 4/50 1/70 2/5 2/1 5/39 Kickoff Ret Yds 3/13-7 2/2 1/69 3/48 Int Ret/Yds 1,0 1/2 1/2 0/0 Penalties/Yds 13/9-7 3/3 1/2 1/3 Fumbles/Lost 2/1 0 0 0 1/1 Rush 0 1 3 2 1 1 Pass 1 1 2 0 1 0 0 Pefense 0 0 0 0 0 0 0 Safeties 0 </th <th>-</th> <th></th>	-																
Punts/Avg 4/4-2/3.8 651.5 4/49.7 Blocked 0 0 0 0 Punt Ret/Yds 4/50 1/7 2/5 2/1 5/39 Kickoff Ret Yds 3/133 1/20 2/22 1/69 3/48 Int Ret/Yds 1/0 1/35 0/0 1/29 0/0 Penalties/Yds 13/92 5/35 14/112/55 7/65 Fumbles/Lost 2/1 0/0 0/0 1/1 1 Rush 0 1 3 2 1 1 Pass 1 1 2 0 1 Returns 0 1 0 0 Defense 0 0 0 0 3feties 0 0 0 0 1 Pt PAT/Att 0/0 0/0 0/0 2 Pt PAT/Att 0/0 0/0 0/0																	
Blocked 0 0 0 0 0 0 Proportion of the proportion	_																
Punt Ret/Yds 4/50 1/7 2/5 2/1 5/39 Kickoff Ret Yds 3/13	_		-	-	-	-											
Kickoff Ret Yds 3/33 1/20 2/42 1/69 3/48 Int Ret/Yds 1/0 1/35 0/0 1/29 0/0 Penalties/Yds 13/37 34/11/25 7/65 Fumbles/Lost 2/1 0/0 0/0 1/1 Touchdowns 1 3 2 1 1 Rush 0 1 2 1 0 Pass 1 1 2 0 1 Defense 0 1 0 0 0 Safeties 0 0 0 0 0 1 Pt PAT/Att 1/1 3/3 2/2 1/1 1/1 2 Pt PAT/Att 3/4 2/2 3/3 9/0 9/0 FG/Att 3/4 2/2 3/3 3/3 3/3																	
Int Ret/Yds 1/0 1/35 0/0 1/29 0/0 Penalties/Yds 13/9⁻ 5/35 14/1⁻ 5/55 7/65 Fumbles/Lost 2/1 0/0 0/0 1/1 Touchdowns 1 3 2 1 1 Rush 0 1 2 0 1 Pass 1 1 2 0 1 Returns 0 1 0 0 0 Defense 0 0 0 0 Safeties 0 0 0 0 1 Pt PAT/Att 1/1 3/3 2/2 1/1 1/1 2 Pt PAT/Att 0/0 0/0 0/0 0/0 FG/Att 3/4 2/2 0/0 2/2																	
Penalties/Yds 13/9√√√√√√√√√√√√√√√√√√√√√√√√√√√√√√√√√√√√						-											
Fumbles/Lost 2/1 0/0 0/0 1/1 Touchdowns 1 3 2 1 1 Rush 0 1 0 1 0 Pass 1 1 2 0 1 Returns 0 1 0 0 0 Defense 0 0 0 0 0 Safeties 0 0 0 0 0 1 Pt PAT/Att 1/1 3/3 2/2 1/1 1/1 2 Pt PAT/Att 0/0 0/0 0/0 0/0 FG/Att 3/4 2/2 0/0 2/2 3/3																	
Touchdowns 1 3 2 1 1 Rush 0 1 0 1 0 Pass 1 1 2 0 1 Returns 0 1 0 0 0 Defense 0 0 0 0 Safeties 0 0 0 0 1 Pt PAT/Att 1/1 3/3 2/2 1/1 1/1 2 Pt PAT/Att 0/0 0/0 0/0 0/0 0/0 FG/Att 3/4 2/2 0/0 2/2 3/3																	
Rush 0 1 0 1 0 Pass 1 1 2 0 1 Returns 0 1 0 0 0 Defense 0 0 0 0 0 Safeties 0 0 0 0 0 1 Pt PAT/Att 1/1 3/3 2/2 1/1 1/1 2 Pt PAT/Att 0/0 0/0 0/0 0/0 0/0 FG/Att 3/4 2/2 0/0 2/2 3/3																	
Pass 1 1 2 0 1 Returns 0 1 0 0 0 Defense 0 0 0 0 0 Safeties 0 0 0 0 0 1 Pt PAT/Att 1/1 3/3 2/2 1/1 1/1 2 Pt PAT/Att 0/0 0/0 0/0 0/0 0/0 FG/Att 3/4 2/2 0/0 2/2 3/3		0	1	0	1	0											
Returns 0 1 0 0 0 Defense 0 0 0 0 0 Safeties 0 0 0 0 0 1 Pt PAT/Att 1/1 3/3 2/2 1/1 1/1 2 Pt PAT/Att 0/0 0/0 0/0 0/0 0/0 FG/Att 3/4 2/2 0/0 2/2 3/3		1	1	2	0	1											
Defense 0 0 0 0 0 Safeties 0 0 0 0 0 1 Pt PAT/Att 1/1 3/3 2/2 1/1 1/1 2 Pt PAT/Att 0/0 0/0 0/0 0/0 0/0 FG/Att 3/4 2/2 0/0 2/2 3/3		0	1	0	0	0											
Safeties 0 0 0 0 0 1 Pt PAT/Att 1/1 3/3 2/2 1/1 1/1 2 Pt PAT/Att 0/0 0/0 0/0 0/0 0/0 FG/Att 3/4 2/2 0/0 2/2 3/3	Defense		0	0	0	0											
1 Pt PAT/Att 1/1 3/3 2/2 1/1 1/1 2 Pt PAT/Att 0/0 0/0 0/0 0/0 0/0 0/0 FG/Att 3/4 2/2 0/0 2/2 3/3		0	0	0	0	0											
2 Pt PAT/Att 0/0 0/0 0/0 0/0 0/0 0/0 FG/Att 3/4 2/2 0/0 2/2 3/3			3/3	2/2	1/1	1/1											
FG/Att 3/4 2/2 0/0 2/2 3/3																	
	FG/Att	3/4	2/2	0/0	2/2	3/3											
	Time of Poss	33:34	34:39		29:52												
Take/Give Ratio 2/2 2/0 0/0 1/3 2/3	Take/Give Ratio	2/2	2/0	0/0	1/3	2/3											
Avg Drive Start Sea 38 Sea 31 Sea 24 Sea 27 Sea 36	Avg Drive Start	Sea 38	Sea 31	Sea 24	Sea 27	Sea 36											

Opponent Game-by-Game

	9/9	9/16	9/24	9/30	10/7	10/14	10/18	10/28	11/4	11/11	11/25	12/2	12/9	12/16	12/23	12/30
	at Ariz		GB			NE	at SF	at Det	Minn	NYJ	at Mia	at Chi	Ariz	at Buf	SF	StL
Points	20	7	12	19	12											
1 Qtr	3	0	0	3	0											
2 Qtr	7	7	0	10	3											
3 Qtr	3	0	6	3	7											
4 Qtr	7	0	6	3	2											
ОТ	-	-	-	-	-											
First Down	18	17	22	15	13											
Rush	2	4	6	2	4											
Pass	13	13	11	13	7											
Penalty	3	0	5	0	2											
3rd Down Eff		7/13	7/15		2/11											
Percent		54%	47%		18%											
4th Down Eff	0/0	0/0	0/0		0/1											
Percent	-	-	-	100%												
Total Net Yds	253	296	268	286	190											
Plays	57	57	68	60	52											
Avg	4.4	5.2	3.9	4.8	3.7											
Net Yds Rush	43	49	84		82											
Plays	20	16	21	27	19											
Avg	2.2	3.1	4.0	2.8	4.3											
Net Yds Pass	210	247	184	211	108											
Sack/loss	1/5	1/4	8/39		4/33											
Gross Yds	215	251	223		141											
Att/Comp		40/23	26/39	17/31	12/29											
Int	1	1	0	1	0											
Avg	5.7	6.0	3.9	6.4	3.3											
Punts/Avg				4/39.0												
Blocked	0	1	0	0	0											
Punt Ret/Yds	•	2/2	3/12	1/18	•											
Kickoff Ret Yds				1/10												
Int Ret/Yds	1/16		0/0		2/30											
Penalties/Yds	10/102		10/127		3/25											
Fumbles/Lost	2/1	4/1	2/0		3/2											
Touchdowns	2	1	1	1	1											
Rush	1	0	1	0	0											
Pass	1	1	0	1	0											
Returns	0	0	0	0	0											
Defense	0	0	0	0	1											
Safeties	0	0	0	0	1											
1 Pt PAT/Att	2/2	1/1	0/0		1/1											
2 Pt PAT/Att	0/0	0/0	0/1		0/0											
FG/Att	2/2	0/0	2/2		1/1											
Time of Poss			33:39													
Take/Give Ratio		0/2	0/0		3/2											
Avg Drive Start	Ariz 28	Dal 19	GB 18	StL 32	Car 23											

Drive Chart

Seahawks Drives Ended By...

Date	Teams	Drives	3/Out	TD	FG	FGA	Pnt	Dwn	Trn	Saf	Clk	Points	Pts/Drv	Eff
9/9	Seattle	12	3	1	3	4	4	1	2	0	0	16	1.3	0.333
а	t Arizona	12	8	2	2	2	5	0	2	0	1	20	1.7	0.333
9/16	Seattle	9	3	2	2	2	4	1	0	0	0	20	2.2	0.444
	Dallas	10	4	1	0	0	6	0	1	0	2	7	0.7	0.100
9/24	Seattle	10	5	2	0	0	6	1	0	0	1	14	1.4	0.200
G	reen Bay	9	2	1	2	2	6	0	0	0	0	12	1.3	0.333
9/30	Seattle	10	3	1	2	2	4	0	3	0	0	13	1.3	0.300
at	St. Louis	11	5	1	4	4	4	0	1	0	1	19	1.7	0.455
10/7	Seattle	11	2	1	3	3	3	0	2	1	1	16	1.5	0.364
at	Carolina	11	7	0	1	1	7	1	2	0	0	3	0.3	0.091
10/14	Seattle													
New	/ England													
10/18	Seattle													
at	San Fran.													
10/28	Seattle													
á	at Detroit													
11/4	Seattle													
N	linnesota													
11/11	Seattle													
	N.Y. Jets													
11/25	Seattle													
	at Miami													
12/2	Seattle													
a	t Chicago													
12/9	Seattle													
	Arizona													
12/16	Seattle													
ā	nt Buffalo													
12/23	Seattle													
San	Francisco													
12/30	Seattle													
	St. Louis													
Totals	Seahawks	52	16	7	10	11	21	3	7	1	2	79	1.5	0.327
	Opponents	53	26	5	9	9	28	1	6	0	4	61	1.2	0.264

Drive Breakdown

Seahawks Longest Drives

Seahawks Longest Drives													
Most Plays													
Date	Opponent	# of Plays	Net Yards	Time	Result								
09/09/12	at Arizona	18	76	4:41	Downs								
09/16/12	vs. Dallas	14	36	6:28	Downs								
09/30/12	at St. Louis	13	75	7:15	Field Goal								
09/16/12	vs. Dallas	12	88	7:35	Touchdown								
09/24/12	vs. Green Bay	12	73	6:50	Downs								
Most Net Yards													
Date	Opponent	Net Yards	# of Plays	Time	Result								
09/16/12	vs. Dallas	90	8	4:38	Touchdown								
09/16/12	vs. Dallas	88	12	7:35	Touchdown								
09/30/12	at St. Louis	80	8	4:15	Touchdown								
09/09/12	at Arizona	76	18	4:41	Downs								
09/30/12	at St. Louis	75	13	7:15	Field Goal								
Longest Time of Possession													
Date	Opponent	Time	Net Yards	# of Plays	Result								
09/16/12	vs. Dallas	7:35	88	12	Touchdown								
09/30/12	at St. Louis	7:15	75	13	Field Goal								
09/16/12	vs. Dallas	7:05	52	11	Field Goal								
10/07/12	at Carolina	6:58	50	12	Field Goal								
09/24/12	vs. Green Bay	6:50	73	12	Downs								
Opponents Longest Drives													
Most Plays	······································												
Date	Team	# of Plays	Net Yards	Time	Result								
09/24/12	vs. Green Bay	16	81	6:02	Touchdown								
09/16/12	vs. Dallas	15	95	7:31	Touchdown								
09/30/12	at St. Louis	15	74	6:56	Field Goal								
09/09/12	at Arizona	13	75	6:52	Field Goal								
09/24/12	vs. Green Bay	13	70	6:53	Field Goal								
Most Net Yards													
Date	Team	Net Yards	# of Plays	Time	Result								
09/16/12	vs. Dallas	95	15	7:31	Touchdown								
09/24/12	vs. Green Bay	81	16	6:02	Touchdown								
09/09/12	at Arizona	80	11	4:21	Touchdown								
10/07/12	at Carolina	79	11	6:40	Downs								
10/07/12	at Carolina	77	12	2:44	Field Goal								
Longest Time of Possession													
Date	Team	Time	Net Yards	# of Plays	Result								
09/16/12	vs. Dallas	7:31	95	15	Touchdown								
09/30/12	at St. Louis	6:56	74	15	Field Goal								
09/24/12	vs. Green Bay	6:53	70	13	Field Goal								
09/09/12	at Arizona	6:52	75	13	Field Goal								
10/07/12	at Carolina	6:40	79	11	Downs								

Inside 20

Date	Teams	Scores/ Trips	TD	FG/ Att	Points	Int	Fum	Downs	Clock
9/9	Seattle	3 / 4	1	2 / 2	13	0	0	1	0
	at Arizona	4 / 4	2	2 / 2	20	0	0	0	0
9/16	Seattle	3 / 3	1	2 / 2	13	0	0	0	0
	Dallas	0 / 0	0	0 / 0	0	0	0	0	0
9/24	Seattle	0 / 1	0	0 / 0	0	0	0	1	0
	Green Bay	2 / 2	1	1 / 1	9	0	0	0	0
9/30	Seattle	3 / 3	1	2 / 2	13	0	0	0	0
	at St. Louis	2 / 2	1	1 / 1	10	0	0	0	0
10/7	Seattle	3 / 3	1	2 / 2	13	0	0	0	0
	at Carolina	1 / 2	0	1 / 1	3	0	0	1	0
10/14	Seattle								
	New England								
10/18	Seattle								
	at San Fran.								
10/28	Seattle								
	at Detroit								
11/4	Seattle								
	Minnesota								
11/11	Seattle								
	N.Y. Jets								
11/25	Seattle								
	at Miami								
12/2	Seattle								
	at Chicago								
12/9	Seattle								
	Arizona								
12/16	Seattle								
	at Buffalo								
12/23	Seattle								
	San Francisco								
12/30	Seattle								
	St. Louis								
Total	s Seahawks	12 / 14	4	8 / 8	52	0	0	2	0
	Opponents	9 / 10	4	5 / 5	42	0	0	1	0

Third Down Efficiency

			•			Yards t				•,			
Date	Teams	1	2	3	4	5	6	7	8	9	10+	Total	Pct.
9/9	Seattle	1/1	1/1	0/1	0/2	1/3	0/2	0/0	0/0	1/1	1/5	5 / 16	31%
	at Arizona	1/2	0/0	1/2	0/0	0/0	0/1	0/2	0/0	1/1	0/2	3 / 10	30%
9/16	Seattle	2/2	0/1	2/3	1/1	0/1	0/1	0/1	0/0	0/1	0/3	5 / 14	36%
	Dallas	1/1	0/1	0/1	0/0	0/1	2/2	0/0	1/2	1/1	2/4	7 / 13	54%
9/24	Seattle	0/1	0/0	0/0	1/2	0/2	1/2	0/2	0/0	0/0	0/2	2 / 11	18%
	Green Bay	1/2	0/0	0/1	1/1	2/3	1/2	0/0	0/0	0/0	2/6	7 / 15	47%
9/30	Seattle	2/3	0/2	0/1	0/1	0/0	0/0	0/0	0/1	0/1	0/0	2/9	22%
ā	t St. Louis	0/1	0/2	0/0	0/1	0/0	0/1	0/0	0/0	0/0	5/8	5 / 13	38%
10/7	Seattle	1/1	0/0	0/0	1/2	2/2	0/2	2/2	1/1	0/1	0/3	7 / 14	50%
ā	nt Carolina	0/0	0/0	0/0	0/0	1/1	0/2	0/2	0/2	0/0	1/4	2 / 11	18%
10/14	Seattle												
Ne	w England												
10/18	Seattle												
at	San Fran.												
10/28	Seattle												
	at Detroit												
11/4	Seattle												
1	Minnesota												
11/11	Seattle												
	N.Y. Jets												
11/25	Seattle												
	at Miami												
12/2	Seattle												
	at Chicago												
12/9	Seattle												
	Arizona												
12/16	Seattle												
	at Buffalo												
12/23	Seattle												
	Francisco												
12/30	Seattle												
	St. Louis					_ ,				_ ,			
Totals	Seahawks	6/8	1/4	2/5	3/8	3/8	1/7	2/5	1/2	1/4		21 / 64	33%
	Opponents	3/6	0/3	1/4	1/2	3 / 5	3/8	0 / 4	1/4	2/2	10 / 24	24 / 62	39%

Passer Ratings

Date	Teams	Attempts	Completions	Pct.	Yards	TD	INT	Rating
9/9	Seattle	34	18	53%	153	1	1	62.5
	at Arizona	36	20	56%	215	1	1	70.9
9/16	Seattle	20	15	75%	151	1	0	112.7
	Dallas	40	23	58%	251	1	1	74.1
9/24	Seattle	21	10	48%	130	2	0	99.3
	Green Bay	39	26	67%	223	0	0	81.5
9/30	Seattle	25	17	68%	160	0	3	45.8
	at St. Louis	31	17	55%	223	1	1	75.1
10/7	Seattle	25	19	76%	221	1	2	82.3
	at Carolina	29	12	41%	141	0	0	56.8
10/14	Seattle							
	Iew England							
10/18	Seattle							
	at San Fran.							
10/28	Seattle							
	at Detroit							
11/4	Seattle							
	Minnesota							
11/11	Seattle							
	N.Y. Jets							
11/25	Seattle							
	at Miami							
12/2	Seattle							
,	at Chicago							
12/9	Seattle							
12/3	Arizona							
12/16								
12/16	Seattle							
	at Buffalo							
12/23	Seattle							
Sa	an Francisco							
12/30	Seattle							
	St. Louis							
Totals	Seahawks	125	79	63%	815	5	6	75.3
	Opponents	175	98	56%	1053	3	3	72.4

Superlatives

Overall	3 / 2	When Leading at Halftime	3/0
Home	2/0	When Trailing at Halftime	0 / 2
Road	1/2	When Leading After 3 Quarters	3/0
	•	When Trailing After 3 Quarters	0/1
By Month		When Tied After 3 Quarters	0/1
September	2 / 2		
October	1/0	When Scoring	
November	0/0	First	3 / 2
December	0/0	Less than 20	2/2
January	0/0	20+	1/0
Turf		When Outrushing Opponents	3 / 2
Artificial	2 / 1		
Natural	1/1	When + in Time of Possession	2/1
		When - in Time of Possession	1/1
Indoors	0 / 2	When = in Time of Possession	0/0
Vs. AFC	0/0	When + in Takeaway/Giveaway	1/0
North	0/0	When - in Takeaway/Giveaway	1/1
West	0/0	When = in Takeaway/Giveaway	1/1
East	0/0		·
South	0/0	With a 100-Yard Rusher	1/1
	•	With a 100-Yard Receiver	0/0
Vs. NFC	3 / 2	With a 300-Yard Passer	0/0
North	1/0		•
West	0/2	Versus a 100-Yard Rusher	0/0
East	1/0	Versus a 100-Yard Receiver	0/0
South	1/0	Versus a 300-Yard Passer	0/0

Weekly Team Rankings

NFL NFC

	OFFENSE				DEFENSE			OFFENSE			DEFENSE		
Week	Total	Rush	Pass	Total	Rush	Pass	Week	Total	Rush	Pass	Total	Rush	Pass
1	29	13	30	3	5	11	1	14	7	15	3	3	7
2	28	7	32	6	2	14	2	14	3	16	3	1	8
3	29	6	32	4	2	10	3	14	2	16	3	2	8
4	29	6	32	2	2	9T	4	14	3	16	1	1	6T
5	27	7	31	1	2	3	5	13	3	16	1	2	3
6							6						
7							7						
8							8						
9							9						
10							10						
11							11						
12							12						
13							13						
14							14						
15							15						
16							16						
17							17						

T = Tied for position

Italics = Bye week

Individual Highs

	SCORING				
POINTS	(non kicker)		YARDS		
Seahawks:	12 G. Tate vs. Green Bay	9/24	Seahawks:	68 G. Tate vs. Green Bay	9/24
Opponents: LONGEST TD	6 6 times (Last: C. Munnerlyn at Car)	10/7	Opponents: LONGEST, NO TD	63 2 times (Last: M. Austin vs. Dal)	9/16
Seahawks:	41 G. Tate vs. Green Bay	9/24	Seahawks:	30 Z. Miller at Carolina	10/7
Opponents:	33 C. Munnerlyn at Car (INT return)	10/7	Opponents: TOUCHDOWNS	52 C. Givens at St. Louis	9/30
	RUSHING		Seahawks:	2 G. Tate vs. Green Bay	9/24
ATTEMPTS	Kosimto		Opponents:	1 3 times (Last: D. Amendola at StL)	9/30
Seahawks:	26 M. Lynch vs. Dallas	9/16	LONGEST TD	1 3 times (Lust. D. Amendola de Ste)	3/30
Opponents:	18 S. Jackson at St. Louis	9/30	Seahawks:	41 G. Tate vs. Green Bay	9/24
YARDS		.,	Opponents:	22 M. Austin vs. Dallas	9/16
Seahawks:	122 M. Lynch vs. Dallas	9/16	• •		
Opponents:	55 S. Jackson at St. Louis	9/30		INTERCEPTIONS	
LONGEST, NO TD			INTERCEPTIONS		
Seahawks:	36 M. Lynch vs. Dallas	9/16	Seahawks:	1 3 times (Last: R. Sherman at StL)	9/30
Opponents:	23 S. Jackson at St. Louis	9/30	Opponents:	1 6 times (Last: L. Kuechly at Car)	10/7
TOUCHDOWNS	4.2 (1	0./0.0	YARDS	25.2.2	0/46
Seahawks:	1 2 times (Last: M. Lynch at StL)	9/30	Seahawks:	35 B. Browner vs. Dallas	9/16
Opponents:	1 2 times (Last: C. Benson vs. GB)	9/24	Opponents:	34 R. McIntosh at St. Louis	9/30
LONGEST TD Seahawks:	18 M. Lynch at St. Louis	9/30	LONGEST Seahawks:	35 B. Browner vs. Dallas	9/16
Opponents:	1 2 times (Last: C. Benson vs. GB)	9/24	Opponents:	34 R. McIntosh at St. Louis	9/10
Орропента.	1 2 times (Last. C. Denson vs. Gb)	3/24	TOUCHDOWNS	54 N. McIntosii at St. Louis	3/30
	PASSING		Seahawks:	None	
ATTEMPTS			Opponents:	33 C. Munnerlyn at Carolina	10/7
Seahawks:	34 R. Wilson at Arizona	9/9	•••	,	•
Opponents:	40 T. Romo vs. Dallas	9/16		PUNT RETURNS	
COMPLETIONS			RETURNS		
Seahawks:	19 R. Wilson at Carolina	10/7	Seahawks:	5 L. Washington at Carolina	10/7
Opponents:	26 A. Rodgers vs. Green Bay	9/24	Opponents:	4 P. Peterson at Arizona	9/9
YARDS		40/=	FAIR CATCHES		0 (0.0
Seahawks:	221 R. Wilson at Carolina 251 T. Romo vs. Dallas	10/7	Seahawks:	2 2 times (Last: L. Washington at StL)	9/30
Opponents: COMPLETION PCT.	251 1. ROITIO VS. Dallas	9/16	Opponents: YARDS	2 R. Cobb vs. Green Bay	9/24
Seahawks:	76.0 R. Wilson at Carolina	10/7	Seahawks:	51 L. Washington at Arizona	9/9
Opponents:	66.7 A. Rodgers vs. Green Bay	9/24	Opponents:	37 P. Peterson at Arizona	9/9
LONGEST, NO TD		-,-	LONGEST		-,-
Seahawks:	30 R. Wilson at Carolina	10/7	Seahawks:	52 L. Washington at Arizona	9/9
Opponents:	52 S. Bradford at St. Louis	9/30	Opponents:	18 D. Amendola at St. Louis	9/30
PASSER RATING			TOUCHDOWNS		
	112.7 R. Wilson vs. Dallas	9/16	Seahawks:	None	
• •	81.5 A. Rodgers vs. Green Bay	9/24	Opponents:	None	
TOUCHDOWNS		0/04		VICKOEF DETURNS	
Seahawks:	2 R. Wilson vs. Green Bay	9/24	DETUDNIC	KICKOFF RETURNS	
Opponents: LONGEST TD	1 3 Times (Last: J. Hekker at StL)	9/30	RETURNS Seahawks:	2 L Washington at Arizona	0/0
Seahawks:	41 R. Wilson vs. Green Bay	9/24	Opponents:	3 L. Washington at Arizona5 F. Jones vs. Dallas	9/9 9/16
Opponents:	22 T. Romo vs. Dallas		YARDS	3 1. Julies vs. Dallas	3/10
INTERCEPTIONS	22 1. Nomo vs. Danas	3/10		133 L. Washington at Arizona	9/9
Seahawks:	3 R. Wilson at St. Louis	9/30		109 F. Jones vs. Dallas	9/16
Opponents:	1 3 times (Last: S. Bradford at StL)	9/30	LONGEST		,
• •	,	•	Seahawks:	83 L. Washington at Arizona	9/9
	RECEIVING		Opponents:	29 F. Jones vs. Dallas	9/16
RECEPTIONS			TOUCHDOWNS		
Seahawks:	5 3 times (Last: S. Rice at Car)	10/7	Seahawks:	None	
Opponents:	6 2 times (Last: D Amendola at StL)	9/24	Opponents:	None	

Top Performances

Seattle: Opponents:

100 Yards Rushing										
Player	Game	Date	Att.	Yds	Avg.	LG	TD			
Marshawn Lynch	Dallas	9/16	26	122	4.7	36	1			
Marshawn Lynch	at StL	9/30	20	118	5.9	18t	1			

100 Yards Rusl	ning						
Player	Game	Date	Att.	Yds	Avg.	LG	TD
None							

300 Yards Pa	assing						
Player	Game	Date	Att.	Comp.	Yds.	TD	Int
Nama							

300 Yards Pas	sing						
Player	Game	Date	Att.	Comp.	Yds.	TD	Int
None							

100 Yards	Receiving					
Player	Game	Date	No.	Yds.	LG	TD
None						

100 Yards	Receiving					
Player	Game	Date	No.	Yds.	LG	TD
None						

Multi-Sack Games							
Player	Game	Date	No.				
Chris Clemons	GB	9/24	4.0				
Bruce Irvin	GB	9/24	2.0				
Brandon Mebane	GB	9/24	2.0				
Bruce Irvin	at Car	10/7	2.0				
Bobby Wagner	at Car	10/7	1.5				

Multi-Sack Games							
Player	Game	Date	No.				
Paris Lenon	at Ariz	9/9	2.0				
Anthony Spencer	Dallas	9/16	2.0				

Offensive Starters

Date	Game	WR	LT	LG	C	RG	RT	TE	WR	QB	RB	FB	К
9/9	at Arizona	Rice	Okung	McQuistan	Unger	Sweezy	Giacomini	Miller	Edwards	Wilson	Lynch	Robinson	Hauschka
9/16	Dallas	Rice	Omiyale	McQuistan	Unger	Moffitt	Giacomini	Miller	Tate	Wilson	Lynch	Robinson	Hauschka
9/24	Green Bay	Rice	Okung	McQuistan	Unger	Moffitt	Giacomini	Miller	Tate	Wilson	Lynch	Robinson	Hauschka
9/30	at St. Louis	Rice	Okung	Carpenter	Unger	McQuistan	Giacomini	Miller	Tate	Wilson	Lynch	McCoy (TE)	Hauschka
10/7	at Carolina	Rice	Okung	Carpenter	Unger	McQuistan	Giacomini	Miller	Tate	Wilson	Lynch	Moore (TE)	Hauschka
10/14	New England												
10/18	at San Francisco												
10/28	at Detroit												
11/4	Minnesota												

11/11 N.Y. Jets 11/25 at Miami

at Chicago

Arizona 12/16 at Buffalo 12/23 San Francisco 12/30 St. Louis

10/18 at San Francisco 10/28 at Detroit

11/11 N.Y. Jets 11/25 at Miami

Minnesota

at Chicago

Arizona 12/16 at Buffalo 12/23 San Francisco 12/30 St. Louis

11/4

12/2

12/9

12/2

12/9

Defensive Starters

Date	Game	LDE	LDT	RDT	RDE	OLB	MLB	OLB	LCB	RCB	SS	FS	P
9/9	at Arizona	Bryant	Branch	Mebane	Clemons	Hill	Wagner	Wright	Sherman	Browner	Chancellor	Thomas	Ryan
9/16	Dallas	Bryant	Branch	Mebane	Clemons	Hill	Wagner	Wright	Sherman	Browner	Chancellor	Thomas	Ryan
9/24	Green Bay	Bryant	Branch	Mebane	Clemons	Hill	Trufant (CB)	Wright	Sherman	Browner	Chancellor	Thomas	Ryan
9/30	at St. Louis	Bryant	Branch	Mebane	Clemons	Hill	Wagner	Wright	Sherman	Browner	Chancellor	Thomas	Ryan
10/7	at Carolina	Bryant	Branch	Mebane	Clemons	Hill	Wagner	Wright	Sherman	Browner	Chancellor	Thomas	Ryan
10/14	New England												

Miscellaneous Statistics

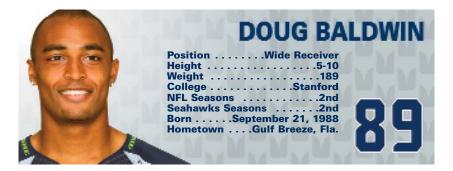
	ı	Drives				Driv	es Ended E	By				POINTS	POINTS		DRIVE
QB	S	tarted	TD	FG	FGA	Punt	Down	Trn	Saf	Gm	HIf	Yld	Drive		Eff
R. Wilson		52	7	10	11	21	3	7	1	0	0	79	1.5		0.327
SEATTLE		52	7	10	11	21	3	7	1	0	0	79	1.5		0.327
OPPONENTS		53	5	9	9	28	1	6	0	3	1	61	1.2		0.264
YARDS GAINE	D BY DO	WN													
		1st Dow	n	1	2nd Down	1		3rd Down		n	4th Down	1		Season	
TEAM	Att	Yds	Avg	Att	Yds	Avg	Att	Yds	Avg	Att	Yds	Avg	Att	Yds	Av
SEATTLE	130	683	5.3	106	534	5.0	64	208	3.3	7	11	1.6	307	1436	4.7
OPPONENTS	129	568	4.4	101	372	3.7	62	351	5.7	2	2	1.0	294	1293	4.4
FIRST DOWN	TENDEN	CIES													
		Rushing	1	1	Passing		1	Overall				Time	es Gained		
TEAM	Plays	Yds	Avg	Plays	Yds	Avg	Plays	Yds	Avg		1	.0+ 5+	- 0	Ne	g
SEATTLE	85	356	4.2	45	327	7.3	130	683	5.3		4	19 72	2 55	21	
OPPONENTS	58	196	3.4	71	372	5.2	129	568	4.4		3	37 54	1 88	36	•
THIRD DOWN	EFFICIE	NCY													
						3rd	d Down Sit	uation							
TEAM		1	2	3	4	5	6	7	8	9	10+	TO			PCT
SEATTLE		6/8	1/4	2/5	3/8	3/8	1/7	2/5	1/2	1/4	1 / 13	21 /	64	32	2.8%
OPPONENTS		3/6	0/3	1/4	1/2	3/5	3/8	0/4	1/4	2 / 2	10 / 24	24 /	62	38	8.7%
INSIDE THE 20)														
		NO		TD	FG	FGA		Int	Fmb	Down		Game	Half	Po	oints
SEATTLE		14		4	8	8		0	0	2		0	0		52
OPPONENTS		10		4	5	5		0	0	1		0	0		42
GOAL-TO-GO															
		NO		TD	FG	FGA		Int	Fmb	Down		Game	Half	Po	oints
SEATTLE		3		1	1	1		0	0	1		0	0		10
OPPONENTS		7		4	2	2		0	0	1		0	0		33
TAKEAWAYS /	GIVEA	NAYS													
	NO	Resulti	ng in	TD	FG	FGA	Saf	Int	Fmb	Punt	Down	Gm	Half		oints
TAKEAWAYS	7			2	3	3	0	0	0	1	0	1	0		23
	NO	Resulti	ng in	TD	FG	FGA	Saf	Int	Fmb	Punt	Down	Gm	Half	Po	oints
GIVEAWAYS	8			2	1	1	0	0	0	3	0	1	1		17
KICKOFF ANAL	LYSIS														
	T	otal	Re	turn	Touc	hback	Sq	uib	On	side	Out-of-E	Bounds	FC	Avg C	pp Sta
S. Hauschka	:	22	-	12	1	.0	()		1	0		0	1	9.4
OPPONENTS		19	=	10	!	9	()		0	0		0	2	27.8

Takeaways/Giveaways

1		Take	aways	Give	aways	
Date	Opponent	Fumbles	Interceptions	Fumbles	Interceptions	+/-
9/9	at Arizona	1	1	1	1	0
9/16	Dallas	1	1	0	0	2
9/24	Green Bay	0	0	0	0	0
9/30	at St. Louis	0	1	0	3	- 2
10/7	at Carolina	2	0	1	2	- 1
10/14	New England					
10/18	at San Francisco					
10/28	at Detroit					
11/4	Minnesota					
11/11	N.Y. Jets					
11/25	at Miami					
12/2	at Chicago					
12/9	Arizona					
12/16	at Buffalo					
12/23	San Francisco					
12/30	St. Louis					
	Totals	4	3	2	6	-1

Longest Plays

Passes 20+ Yards (Top 5 in bold)		TOP 5	Runs 10+ Yards (Top 5 in	bold)
9/9 at Arizona		Passes	9/9 at Arizona	
Russell Wilson to Zach Miller	27	44t	Marshawn Lynch	11
		30	Marshawn Lynch	10
9/16 Dallas		27		
Russell Wilson to Anthony McCoy	22t	24t	9/16 Dallas	
Russell Wilson to Golden Tate	20	23	Marshawn Lynch	36
			Marshawn Lynch	16
9/24 Green Bay			Russell Wilson	14
Russell Wilson to Golden Tate	44t	Runs		
Rusell Wilson to Golden Tate	24t	36	9/24 Green Bay	
Russell Wilson to Sidney Rice	22	18t	Russell Wilson	12
		16	Leon Washington	11
9/30 at St. Louis		15		
None		14	9/30 at St. Louis	
		14	Marshawn Lynch	18t
10/7 at Carolina			Marshawn Lynch	15
Russell Wilson to Zack Miller	30		Robert Turbin	13
Russell Wilson to Zack Miller	23		Robert Turbin	11
			10/7 at Carolina	
			Marshawn Lynch	14
			Ben Obomanu	11
			Marshawn Lynch	11
			Marshawn Lynch	11



HOW ACQUIRED: Signed by Seattle as a rookie free agent on July 26, 2011.

NFL CAREER HIGHLIGHTS:

- Led the team in receiving yards (788), receptions (51) and TD receptions (4) in 2011. Became the first undrafted rookie to lead his team in both receptions and receiving yards since Bill Groman of the Houston Oilers in 1960 (72 catches for 1473 yards).
- In 2011, led team with career highs in receptions (8) and yards (136) at New York Giants (10/9), and gave Seattle the winning score on a 27-yard TD from Charlie Whitehurst with 2:37 remaining in the game. Also earned NFC Special Teams Player of the Week 12 versus St. Louis (12/12). Took a reverse handoff on the opening kickoff for 37 yards and after the Rams opening drive resulted in a punt, he downed a Jon Ryan punt at the St. Louis 6 after snagging it out of the air. After Seattle forced a St. Louis punt on the ensuing possession, he blocked the punt resulting in a 17-yard touchdown return on the play by Michael Robinson for the game's first score.

HONORS: 2011: NFC Special Teams Player of the Week 12.

COLLEGE: Appeared in 31 career games at Stanford. Proved to be a big-play threat both at wide receiver and in the return game, averaging 26.0 yards in 25 career kickoff returns and 7.6 yards in 23 punt returns. Played in 12 games and made nine starts at wide receiver during his sophomore campaign in 2008, leading the Cardinal with four touchdown receptions and

averaging 14.4 yards per catch, finishing second on the team with 23 catches for 332 yards.

PERSONAL: Played football, basketball and was a three-year track letterwinner in the high jump and long jump at Gulf Breeze High School in Florida, where he was rated as one of the top wide receiver prospects in the nation. Member of the National Honor Society, Math Honor Society and Spanish Honor Society. Majoring in Science, Technology, and Society.

BALDWIN'S GAME-BY-GAME

2011	Opponent	No	Yds	Avg	LG	TD
9/11	at San Francisco	4	83	20.8	55t	1
9/18	at Pittsburgh	1	4	4.0	4	0
9/25	Arizona	2	23	11.5	20	0
10/2	Atlanta	5	84	16.8	30	0
10/9	at NY Giants	8	136	17.0	27t	1
10/23	at Cleveland	0	0	0.0	0	0
10/20	Cincinnati	5	73	14.6	31	0
11/6	at Dallas	3	31	10.3	25	0
11/13	Baltimore	1	50	50.0	50	0
11/20	at St. Louis	3	60	20.0	35	0
11/27	Washington	5	60	12.0	24	0
12/1	Philadelphia	1	21	21.0	21	0
12/12	St. Louis	7	93	13.3	29t	1
12/18	at Chicago	1	13	13.0	13	0
12/24	San Francisco	2	17	8.5	13t	1
1/1/12	at Arizona	3	40	13.3	21	0
TOTAL	S (16/1)	51	788	15.5	55t	4

Additional Statistics: Blocked punt vs. St. Louis (12/12) resulting in a return for TD. One kickoff return for 37 yards vs. St. Louis (12/12).

BALDWIN'S SINGLE-GAME HIGHS

Most Receptions: 8, at N.Y. Giants (10/9/11) Longest Reception: 55t, at San Francisco (9/11/11) (12/24/11) Most Receiving Yards: 136, at N.Y. Giants (10/9/11)
Most Touchdowns: 1, 4 Times, Last vs. San Fran

ADDITIONAL STATS

Special Teams: 2011: Blocked punt (1 vs. St. Louis 12/12/11); Kickoff returns (1 for 37 yards vs. St. Louis 12/12/11); 2012: Kickoff returns (1 for 3 yards at Carolina 10/7/12).

BALDWIN'S NFL RECORD

	Receiving								Rusl	hing	
	Club	G/S	No	Yds	Avg	LG	TD	Att	Yds	Avg	TD
2011	Seattle	16/1	51	788	15.5	55t	4	0	0	0.0	0
2012	Seattle	4/0	7	60	8.6	19	0	0	0	0.0	0
NFLT	OTALS	20/1	58	848	14.6	55t	4	0	0	0.0	0

BALDWIN'S 2012 SEASON

at Ariz (9/9): Had two catches for five yards working as the slot receiver in 3-WR packages. Dal (9/16): Had one catch for 8 yards. GB (9/24): Inactive after injuring his shoulder during the practice week. at StL (9/30): Had one 10-yard reception. at Car (10/7): Had three catches for 37 yards.

2012	Opponent	No	Yds	Avg	LG	TD
9/9	at Arizona	2	5	2.5	4	0
9/16	Dallas	1	8	8.0	8	0
9/24	GB	- I	nactive	shou	lder)	
9/30	at St. Louis	1	10	10.0	10	0
10/7	at Carolina	3	37	12.3	19	0
TOTAL	S (4/0)	7	60	26	10	0

Additional Statistics: One kickoff return for 3 yards at Carolina 10/7.

BALDWIN'S TOP GAMES

Mo	st Pass Receptions:		Lon	gest Reception:	
8	at N.Y. Giants	10/09/11	55t	at San Francisco	09/11/11
7	St. Louis	12/12/11	50	Baltimore	11/13/11
5	Atlanta	10/02/11	35	at St. Louis	11/20/11
	Cincinnati	10/20/11	31	Cincinnati	10/20/11
	Washington	11/27/11	30	Atlanta	10/02/11
Mo	st Yards Receiving:		Mos	st TD Receptions:	
136	at N.Y. Giants	10/09/11	1	at San Francisco	09/11/11
93	St. Louis	12/12/11	1	at N.Y. Giants	10/09/11
84	Atlanta	10/02/11	1	St. Louis	12/12/11
83	at San Francisco	09/11/11	1	San Francisco	12/24/11
73	Cincinnati	10/20/11			



HOW ACQUIRED: Signed as a free agent with Seattle on November 24, 2011.

NFL CAREER HIGHLIGHTS:

- Originally drafted by Green Bay in the fourth round (119th overall) of the 2007 NFL Draft.
 Was released by the Packers on September 6, 2010 and signed with Seattle September 23.
 Was released by the Seahawks November 23, 2010, and signed with the Miami Dolphins on December 28. Went to 2011 training camp with Miami, but was place on injured reserve September 3 and later released September 6.
 Re-signed with Seattle November 24, 2011.
- Saw action in four games on special teams in 2011 for the Seahawks.
- Played in 10 games with seven starts at right tackle for Green Bay in 2009.
- Played in eight games in a reserve role for Green Bay in 2008 and was inactive for seven contests.
- In 2007, played in seven games in a reserve role for Green Bay and was inactive for nine games. First-career action came on special teams versus San Diego (9/23/07).

COLLEGE: Was a four-year starter at Missouri Southern State (2003-06). Started 36 of 38 contests with all but one of those starting assignments at left tackle. Named as a consensus All-American, All-MIAA and All-Region first-team selection as a senior in 2006. Helped lead an offensive line that amassed 3,461 yards for the season, including 2,527 passing. Finished with a career-high 94 knockdowns and also excelled on the punt coverage unit, coming up with seven solo tackles.

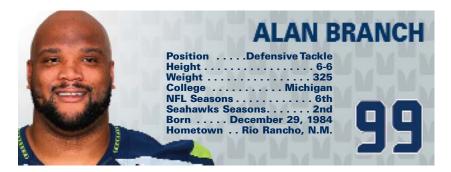
PERSONAL: Attended East Newton High School in Gransby, Missouri.

BARBRE'S NFL RECORD

Year	Team	GP/GS	Postseason
2007	Green Bay	7/0	
2008	Green Bay	8/0	
2009	Green Bay	10/7	
2010	Seattle	3/0	
2011	Seattle	4/0	
2012	Seattle		
NFLT	OTALS	32/7	0/0

BARBRE'S 2012 SEASON

Began the season on reserved/suspended list. Was released after serving suspension on October 1. He was not on the 53-man roster at any point in 2012.



HOW ACQUIRED: Signed by the Seahawks as an unrestricted free agent on July 29, 2011.

NFL CAREER HIGHLIGHTS:

- Originally drafted by Arizona in the second round (33rd overall) of the 2007 NFL Draft. Played first four seasons with the Cardinals, seeing action in 47 career games with three starts (all coming in 2010), recording 74 career stops (55 solo) and 4.0 sacks. Has played both defensive end and tackle during career.
- In 2011, started all 15 games played for Seattle posting a career-best 3.0 sacks.
- Established career high with 37 tackles (27 solo), 2.0 sacks and two forced fumbles in 2010. Played in all 16 games for the second consecutive year, and had a career game at Seattle (10/24/10), tying a career high with six tackles, 2.0 sacks and forced his first-career fumble. First NFL start came vs. San Francisco (11/29/10).

COLLEGE: Entered the 2007 Draft following his junior season at Michigan. All-Big Ten Conference first-team choice by the league's coaches and media as a junior. Started all 13

games at left defensive tackle for Michigan's no. 1 ranked rush defense, allowing only 43.3 yards-per-game. The team also ranked 10th nationally allowing 268.3 yards-per-game in total offense. Recorded 25 tackles (17 solos), two sacks, six stops for loss and two pressures. Saw action in all 12 games, starting the final 10. As a sophomore, lined up at nose tackle for three games before shifting to left defensive tackle for his final seven starts. Appeared in 12 games as a reserve defensive end as a freshman.

PERSONAL: Attended Cibola (Rio Rancho, N.M.) High School where he was a standout two-way lineman and fullback. Named Gatorade Player of the Year in New Mexico, earning All-State and All-District accolades as a junior and senior. Picked up team MVP honors each of those seasons. Recorded 200 tackles with, six sacks, four forced fumbles, two recoveries and one interception in his career. Also returned five punts for touchdowns. In addition to football, lettered three times in basketball, picking up All-District first-team and All-State second-team honors as a junior.

BRANCH'S NFL RECORD

			Tac	kles		Sa	cks	- 1	nterc	eptior	ıs					
	Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
2007	Arizona	11/0	10	8	2	0.0	00.	0	0	0.0	0	0	1	0	0	0
2008	Arizona	4/0	7	5	2	0.0	0.0	0	0	0.0	0	0	0	0	0	0
2009	Arizona	16/0	20	15	5	2.0	12.0	0	0	0.0	0	0	2	0	0	0
2010	Arizona	16/3	37	27	10	2.0	7.0	0	0	0.0	0	0	0	2	0	0
2011	Seattle	15/15	34	21	13	3.0	18.0	0	0	0.0	0	0	1	0	0	0
2012	Seattle	5/5	8	4	4	1.0	4.0	0	0	0.0	0	0	1	0	1	0
NFLT	OTALS	67/23	116	81	35	8.0	41.0	0	0	0.0	0	0	5	2	1	0
						PO	STS	EAS	ON							
			Tac	kles		Sa	cks	I	nterc	eptior	ıs					
	Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
2009	Arizona	2/1	5	3	2	0.0	0.0	0	0	0.0	0	0	0	0	1	0
NEI T	OTALS	2/1	5	3	2	0.0	0.0	0	0	0.0	0	0	0	0	1	0

BRANCH'S SINGLE-GAME HIGHS

Tackles: 6, at Carolina (12/19/10) and at Seattle (10/24/10) Sacks: 2.0, at Seattle (10/24/10) and at N.Y. Giants (10/25/09) Forced Fumbles: 1, at Carolina (12/19/10) and at Seattle (10/24/10)

Fumble Recoveries: 1, at Carolina (10/7/12)

Interceptions: None

BRANCH'S 2012 SEASON

at Ariz (9/9): Started at DT and had three tackles (1 solo) vs. former team. Left in the second quarter with a neck injury, but returned for the second half. Dal (9/16): Started and posted two stops (1 solo) and a QB hit. GB (9/24): Had two QB hits. at StL (9/30): Posted first sack of the season and a pass defensed. at Car (10/7): Had two tackles (1 solo) and recovered a Cam Newton fumble (forced by Bruce Irvin on a sack) at the end of the game to seal the victory for Seattle.

BRANCH'S 2012 GAME-BY-GAME

Game	P	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/1	3	1	2	0.0	0.0	0	0	0	0	0	0	0
Dal (9/16)	1/1	2	1	1	0.0	0.0	1	0	0	0	0	0	0
GB (9/24)	1/1	0	0	0	0.0	0.0	2	0	0	0	0	0	0
at StL (9/30)	1/1	1	1	0	1.0	4.0	1	0	0	1	0	0	0
at Car (10/7)	1/1	2	1	1	0.0	0.0	0	0	0	0	0	1	0
Totals	5/5	8	4	4	1.0	4.0	4	0	0	1	0	1	0



HOW ACQUIRED: Signed by Seattle to a future 2011 contract on January 21, 2011.

CAREER HIGHLIGHTS:

- Originally signed by the Denver Broncos as an undrafted rookie free agent in 2005 and placed on injured reserve (arm) in August 2005. Released after training camp in 2006.
- Signed with the Calgary Stampeders of the CFL. Played four seasons with Calgary (2007-10), being named to the CFL all-star team his last three seasons and winning the Grey Cup in 2008. Played in 68 career games with 206 tackles, 2.0 sacks, 12 interceptions and two touchdowns. Had a career-high 61 stops in 2008 and five interceptions in 2010.
- Led the team with six interceptions in 2011, five in the final six games. Became the the single-season club record holder for return vards in a season with 220 (Dave Brown, 179 in 1984). Became the first Seattle player since Josh Wilson in 2009 to return two interceptions for a TD in one season. Tied a club record with interceptions in four consecutive games. Earned a trip to the Pro Bowl.

HONORS: 2011: NFC Pro Bowl.

COLLEGE: Was the 2003 Pac-10 Freshman of the Year at Oregon State. Browner redshirted in 2002 at Oregon State. He then went on to start in every game he played in for the Beavers.

Named to the Freshman All-American teams by the Football Writers Association and The Sporting News in 2003. Also a member of the 2003 All-Pac 10 second-team. Ranked ninth in



the nation with six interceptions and recorded 43 tackles (37 solo) with six pass break-ups, two forced fumbles as a redshirt PROBOWL freshman. Browner added All-American and All-Pac 10

Conference honors from The NFL Draft Report in 2004 with 44 tackles (37 solo), one sack, nine pass deflections and a blocked kick. He finished his two-year collegiate career with 87 tackles (74 solo), a 2-yard sack, five stops for losses of 16 yards, two forced fumbles, 15 pass deflections and six interceptions for 74 yards in returns and a touchdown.

PERSONAL: Prepped at Sylmar High and Monroe High in the San Fernando Valley, Calif. Was a Prep Star West All-Region and All-Valley Mission League selection as a senior, playing defense and at receiver. Was also MVP of the Mission League on defense. On offense, he accounted for 1.726 career yards and 24 touchdowns, with 16 career interceptions on defense. As a senior, returned three punts for touchdowns. Majored in speech communications. Born on August 2, 1984.

BROWNER'S NFL RECORD

		Ta	ckles	3	Sa	cks		Interd	eptio	ns					
Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
2011 Seattle	16/16	54	51	3	0.0	0.0	6	220	36.7	94t	2	23	0	0	0
2012 Seattle	5/5	17	12	5	0.0	0.0	1	35	35.0	0	0	2	2	1	0
NFL TOTALS	21/21	71	63	8	0.0	0.0	7	255	36.4	94t	2	25	2	1	0

BROWNER'S SINGLE-GAME HIGHS

Tackles: 8 vs. Atlanta (10/2/11)

FF: 1, 2Times, Last at Carolina (10/7/12)

Sacks: None

FR: 1, at Carolina (10/7/12)

Int.: 2, vs. Philadelphia (12/1/11)

Longest Int. Ret.: 94 (TD), at N.Y. Giants (10/9/11)

TD.: 1, 2 Times, INT (94) at NYG (10/9/11) and INT (42) at Chicago (12/18/11)

ADDITIONAL STATS

Returns: One punt return for -1 yard.

BROWNER'S 2012 SEASON

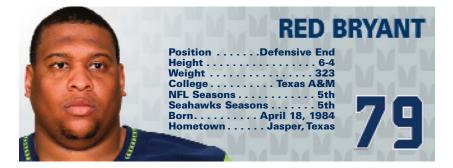
at Ariz (9/9): Posted four tackles (2 solo). Dal (9/16): Finished with four solo tackles and recorded an interception, pass defensed and a forced fumble. GB (9/24): Posted three tackles (2 solo) and a pass defensed. Part of a coverage unit that allowed Seattle to sack QB Aaron Rodgers eight times in the first half. at StL (9/30): Started at CB but did not have a tackle. at Car (10/7): Tied for team lead with six tackles (4 solo), forced and recovered a DeAngelo Williams fumble at the Panthers' 27-yard line late in the third quarter that led to the winning TD drive. Part of a defense that limited Cam Newton to a career-low 141 passing yards. Through three quarters, part of a defense that limited Newton to 5-of-20 passing for 55 yards and a 39.6 rating.

BROWNER'S 2012 GAME-BY-GAME

Game	P	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/1	4	2	2	0.0	0.0	0	0	0	0	0	0	0
Dal (9/16)	1/1	4	4	0	0.0	0.0	0	1	35	1	1	0	0
GB (9/24)	1/1	3	2	1	0.0	0.0	0	0	0	1	0	0	0
at StL (9/30)	1/1	0	0	0	0.0	0.0	0	0	0	0	0	0	0
at Car (10/7)	1/1	6	4	2	0.0	0.0	0	0	0	0	1	1	0
Totals	5/5	17	12	5	0.0	0.0	0	1	35	2	2	1	0

P = Participation

Additional Statistics: One punt return for -1 yard.



HOW ACQUIRED: Selected with the 22nd pick in the fourth round (121st overall) of the 2008 NFL Draft.

NFL CAREER HIGHLIGHTS:

- Has seen action in 33-career games with 24 starts. First-career start was at Dallas (11/1/09).
- Swapped positions from defensive tackle to end in 2010 and started the first seven games of the season. Was placed on injured reserve (11/2/10) after suffering a knee injury at Oakland (10/31/10). Solidified a defensive line that ranked second in the NFL against the run before his injury a unit that dropped to 21st against the run by the end of the season following his injury.
- Posted a career year in 2011 starting all 16 games totaling a career high 32 tackles. Recorded two interceptions, including one that that resulted in a 20-yard TD at Chicago (12/18/11). Also blocked three field goals and an extra point two FGs at Cleveland (10/23/11) and a FG and a PAT versus Washington (11/27/11). Three blocked FGs tied a single-season record, two blocked FGs in a game set a club record and four combined blocked kicks in a season also set a club mark. Bryant's presence on the front line helped limit opposing run games to 3.8 yards/carry fourth in the

NFL.

HONORS: 2011: Steve Largent Award; Ed Block Courage Award.

COLLEGE: Started 41 career games recording 124 tackles with 6.5 sacks. Twenty tackles counted for a loss of yards. Posted three forced fumbles, nine passes defensed, three blocked kicks and a safety. Was named a captain during junior season and was awarded All-Big 12 first-team and third-team All-American from the *NFL Draft Report* as a sophomore.

PERSONAL: Attended Jasper (Texas) High School, Earned first-team 3A All-State honors from the Texas Sports Writers Association and was one of eight finalists for the Willie Ray Smith Award, presented to the top offensive and defensive players in Southeast Texas. Consensus Texas Top 100 recruit, adding District and Golden Triangle Defensive Most Valuable Player honors during his senior season. Recipient of the 2001 District Defensive Player of the Year Award and was named the Southeast Texas Defensive Player of the Year by the Beaumont Enterprise. In addition to starring on the gridiron. Bryant also was a standout forward on the school's basketball team. Married to Janelle, daughter of former Seahawks defensive end Jacob Green. They have a son, Joseph.

BRYANT'S SINGLE-GAME HIGHS

 Tackles: 6, at Arizona (1/1/12)
 FF: 1, vs. San Francisco (9/12/10)

 Sacks: 1.0, vs. San Francisco (9/12/10)
 FR: 2, vs. San Diego (9/26/10)

INT: 1, 2 Times, at St. Louis (11/20/11) and at Chicago (12/18/11)

TD: 1, at Chicago (12/18/11) 20 yard INT return

ADDITIONAL STATS

Special Teams: 2011: Blocked field goals (3, 2 at Cleveland 10/23 and 1 vs. Wash 11/27); Blocked PAT (vs. Wash 11/27).

BRYANT'S NFL RECORD

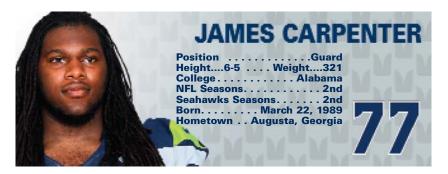
		1	ackl	es	Sa	cks		Interd	eptio	ns					
Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR '	Yds
2008 Seattle	4/0	8	6	2	0.0	0.0	0	0	0	0	0	0	0	0	0
2009 Seattle	6/1	8	6	2	0.0	0.0	0	0	0	0	0	0	0	0	0
2010 Seattle	7/7	18	16	2	1.0	4.0	0	0	0	0	0	0	1	2	0
2011 Seattle	16/16	32	20	12	1.0	5.0	2	25	12.5	20t	1	3	0	0	0
2012 Seattle	5/5	9	6	3	0.0	0.0	0	0.0	0.0	0	0	1	0	0	0
NFL TOTALS	38/29	75	55	20	2.0	9.0	2	25	12.5	20t	1	4	1	2	0

BRYANT'S 2012 SEASON

at Ariz (9/9): Had three tackles (1 solo) and a pass defensed. Part of a defense that held the Cards to 43 rushing yards on 20 carries (2.2 avg.). Dal (9/16): Posted two solo tackles and part of a defense that allowed just 49 rushing yards. GB (9/24): Had three tackles (2 solo) and part of a defensive front that posted eight sacks in the first half. at StL (9/30): Posted one solo stop. at Car (10/7): Did not record a tackle, but part of a defense that limited the Panthers to 82 yards rushing.

BRYANT'S 2012 GAME-BY-GAME

Game	Р	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/1	3	1	2	0.0	0.0	0	0	0	1	0	0	0
Dal (9/16)	1/1	2	2	0	0.0	0.0	0	0	0	0	0	0	0
GB (9/24)	1/1	3	2	1	0.0	0.0	0	0	0	0	0	0	0
at StL (9/30)	1/1	1	1	0	0.0	0.0	0	0	0	0	0	0	0
at Car (10/7)	1/1	0	0	0	0.0	0.0	0	0	0	0	0	0	0
Totals	5/5	9	6	3	0.0	0.0	0	0	0	1	0	0	0



HOW ACQUIRED: Selected with the 25th overall pick in the 2011 NFL Draft. Second straight season club has selected a tackle in the first round (Russell Okung, 2010). Third player drafted out of Alabama in club history (Shaun Alexander, 2000; Cornelius Wortham, 2005).

NFL CAREER HIGHLIGHTS:

• Started the first nine games of career in 2011 before being placed on injured reserve (left knee) November 24. First start of career came at San Francisco (9/11) playing left guard before starting the next eight games at right tackle.

COLLEGE: Started all 27 games at left tackle during his two-year career at Alabama, blocking for 16 100-yard rushers. Helped Crimson Tide win the National Championship in 2010. Earned first-team All-SEC by league coaches and second-team pick by the Associated Press as a senior. Was a second-team All-SEC selection by the AP as a junior. Transferred to Alabama after spending two seasons at Coffeyeville (Kan.) Community College.

PERSONAL: A January 2009 enrollee at Alabama, Carpenter filled an important need on the Crimson Tide's offensive line. Won the Bart Starr Most Improved Player Award following spring practice in 2009. A four-star junior college recruit by both Rivals.com and Scout.com. Rivals.com's No. 32 junior college prospect. Listed at No. 13 on SuperPrep magazine's Juco 100. Originally signed with lowa State out of Hephzibah High School. Spent two seasons at Coffeyville [Kan.] Community College and allarea performer for John Bowen at Hephzibah [Ga.] High School.

CARPENTER'S NFL RECORD

 Year
 Team
 —
 GP/GS

 2011
 Seattle
 —
 9/9

 2012
 Seattle
 —
 2/2

 NFL TOTALS
 —
 11/11

CARPENTER'S 2012 SEASON

Has helped vault Marshawn Lynch to third in the NFL (1st NFC) with 508 rushing yards. at Ariz (9/9): Inactive. Dal (9/16): Inactive. GB (9/24): inactive. at StL (9/30): Made first start of the season at left guard. Was the first action since week 10 of 2011 after suffering a season-ending left ACL injury. Helped block for 179 rushing yards, including 118 yards by Marshawn Lynch. at Car (10/7): Started at LG.



HOW ACQUIRED: Selected with the second pick (133 overall) in the fifth round of the 2010 NFL Draft. Second safety drafted in that draft (Earl Thomas - 14th overall).

NFL CAREER HIGHLIGHTS:

- · Started all 15 games played in 2011 and earned a trip to the Pro Bowl after finishing second on the team in tackles (94) and interceptions (4). Helped lead one of the best young defensive backfields in the NFL and helped Seattle rank tied for fifth in NFL with 31 total takeaways. Did not play versus Atlanta (10/2/11) due to a quadriceps injury.
- · Saw action in all 16 games as a rookie, mostly as an extra defensive back in nickel and dime packages, totaling 12 tackles including one sack. Finished second on the team with 11 special teams tackles.

HONORS: 2011: NFC Pro Bowl.

COLLEGE: Started 41 of 54 career games played for the Hokies. recording 208 tackles, six interceptions, four fumble recoveries and



two forced fumbles. Finished career starting 41 consecutive games. Moved into starting free safety position prior to 2008 after spending sophomore season as the rover.

PERSONAL: Passed for more than 2.000 yards and rushed for 500 his senior season at Maury High School (Virginia). Team finished 10-2 after losing in the Group AAA Division 5 playoffs. During one of the playoff games, rushed for 89 vards and two touchdowns and threw for 224 vards and two more touchdowns. Also played safety. Was team MVP. Named first-team All-Eastern District guarterback. Also played on the basketball team.

CHANCELLOR'S NFL RECORD Tackles Sacks Interceptions Club G/S Tkl So Ast QB Yds No Yds Avg LG TD PD FF FR Yds 2010 Seattle 16/0 12 10 2 1.0 3.0 0 0 0.0 0 0 1 2011 Seattle 15/15 94 73 21 1.0 10.0 4 27 6.7 9 0 13 2012 Seattle 5/5 32 26 6 0.0 0.0 0 0.0 0 0 NFL TOTALS 36/20 138 109 29 2.0 13.0 4 27 6.7 9 0 17 **POSTSEASON Tackles** Sacks Interceptions Club G/S Tkl So Ast QB Yds No Yds Avg LG TD PD FF FR Yds 2010 Seattle 0 0 0.0 0.0 0 0 0.0 0 0 0 0 **NFL TOTALS** 2/0 0 0.0 0.0 0.0 0 0 0 0

CHANCELLOR'S SINGLE-GAME HIGHS

Tackles: 10, 2 Times, Last vs. Green Bay (9/24/12) FF: 1, at Chicago (12/18/11) Sacks: 1, 2Times, Last at Cleveland (10/23/11)

FR: 1, at NYG (10/9/11)

Interceptions: 1, 4Times, Last vs. Philadelphia (12/1/11)

ADDITIONAL STATS

Special Team Tackles: 2010 (11, FF), 2011 (3, FF); Career: 14, 2 FF. Postseason: 2010 (1); Career: 1.

CHANCELLOR'S 2012 SEASON

at Ariz (9/9): Posted five solo tackles and a pass defensed. Dal (9/16): Led team with nine tackles (7 solo). GB (9/24): Tied a career high with 10 tackles (7 solo) and part of a coverage unit that allowed the defensive front to tally eight first-half sacks. at StL (9/30): Posted four solo tackles. at Car (10/7): Had four tackles (3 solo) and two passes defensed. Part of a defense that limited Cam Newton to a career-low 141 passing yards. Through three quarters, part of a defense that limited Newton to 5-of-20 passing for 55 yards and a 39.6 rating.

CHANCELLOR'S 2012 GAME-BY-GAME

Game	P	Т	S	Α	QB	Yds.	ΩН	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/1	5	5	0	0.0	0.0	0	0	0	1	0	0	0
Dal (9/16)	1/1	9	7	2	0.0	0.0	0	0	0	0	0	0	0
GB (9/24)	1/1	10	7	3	0.0	0.0	0	0	0	0	0	0	0
at StL (9/30)	1/1	4	4	0	0.0	0.0	0	0	0	0	0	0	0
at Car (10/7)	1/1	4	3	1	0.0	0.0	0	0	0	2	0	0	0
Totals	5/5	32	26	6	0.0	0.0	0	0	0	3	0	0	0



HOW ACQUIRED: Acquired in a trade with Philadelphia March 16, 2010. Seattle also obtained a 2010 fourth-round draft pick (DE E.J. Wilson) while the Eagles received DE Darryl Tapp.

NFL CAREER HIGHLIGHTS:

- Originally an undrafted free agent signing of the Redskins in 2003, he suffered a torn ACL and spent his first season on injured reserve.
 Spent the first part of 2004 on the Redskins practice squad before being signed to the active roster.
- From 2010-11, ranks eighth in the NFL totaling 22.0 sacks. Back-to-back double digit sack seasons (11.0 in 2010 and 11.0 in 2011) are the first for Seattle since Michael Sinclair had 12.0 in 1996 and 16.5 in 1997.
- Led team with 11.0 sacks for second consecutive season in 2011. Earned NFC Defensive Player of the week at St. Louis (11/20) after setting a career high with 3.0 sacks and two forced fumbles.
- In first season as a regular starter in 2010, led Seattle with a career-high 11.0 sacks, including four multi-sack games.
- Named NFC Defensive Player of the Week for his efforts versus Dallas (12/28/08) when he recovered a fumble and raced 73 yards for the decisive score in the playoff-clinching win, while also tying a career high with two sacks

and a forced fumble.

- Posted 8.0 sacks during the 2007 season with Oakland, despite only starting two games and being on the field for just 37 percent of the team's defensive snaps.
- In first-career game, collected first-career sack taking down Ben Roethlisberger at Pittsburgh (11/28/04).

COLLEGE: Entered the NFL following his junior season at Georgia after starting 14 of 25 games played. In 2000, became the first freshman to start at linebacker for the Bulldogs since Randall Godfrey (1992). Was named most improved player following his junior season.

PERSONAL: Lettered four years and was a three-year starter at Griffin (Ga.) High School. Was a first-team AAA All-Region selection and was nominated as the Region MVP by the Georgia Athletic Coaches Association, Lined up as a cornerback, linebacker, defensive end and tight end during high school career. Also lettered in track. Brother, Nic Clemons, is a defensive lineman for the Broncos. The two were teammates at the University of Georgia and both signed as undrafted free agents with Washington in 2003. His uncle, Charlie Clemons, enjoyed a seven-year NFL career as a linebacker for St. Louis (1997-99), New Orleans (2001-02) and Houston (2003). Was a child and family development major in college.

CLEMONS' SINGLE-GAME HIGHS

Tackles: 7, vs. Arizona (9/25/11) **Sacks:** 4, vs. Green Bay (9/24/12) FF: 2, at St. Louis (11/20/11) FR: 1, 4 Times, Last at Arizona (11/14/10)

CLEMONS' NFL RECORD

		Ta	ckle	S	Sa	icks		Interd	eptio	ns					
Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Àvg	LG	TD	PD	FF	FR	Yds
2003 Washington	- 1	njure	ed Re	serv	e										
2004 Washington	6/0	9	6	3	3.0	14.0	0	0	0	0	0	1	1	0	0
2005 Washington	14/1	11	7	4	2.0	17.0	0	0	0	0	0	1	1	0	0
2007 Oakland	16/2	17	12	5	8.0	54.0	0	0	0	0	0	1	2	1	0
2008 Philadelphia	16/0	7	6	1	4.0	18.0	0	0	0	0	0	2	1	2	73
2009 Philadelphia	16/0	9	7	2	3.0	18.0	0	0	0	0	0	2	0	0	0
2010 Seattle	16/16	48	33	15	11.0	69.5	0	0	0	0	0	3	1	1	0
2011 Seattle	16/16	51	34	17	11.0	90.0	0	0	0	0	0	5	3	0	0
2012 Seattle	5/5	14	9	5	5.5	30.0	0	0	0	0	0	4	1	0	0
NFL TOTALS 1	05/40	166	114	52	47.5	315.5	0	0	0	0	0	19	10	4	73
				F	POS	TSEA	SO	N							
		Tac	kles		Sa	cks		Inter	ceptio	ons					
Club (G/S	Tkl :	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR '	Yds
2008 Philadelphia	3/0	4	2	2	0.0	0.0	0	0	0.0	0	0	0	0	0	0
2009 Philadelphia	1/0	1	1	0	1.0	9.0	0	0	0.0	0	0	0	0	0	0
2010 Seattle	2/2	6	5	1	1.0	6.0	0	0	0.0	0	0	2	0	0	0
NFLTOTALS	6/2	11	8	3	2.0	15.0	0	0	0.0	0	0	2	0	0	0

CLEMONS' 2012 SEASON

Tied for 6th in the NFL (3rd NFC) with 5.5 sacks. at Ariz (9/9): Had two solo stops, a sack and FF. Dal (9/16): Assisted on one tackle, had a ΩB hit and two passes defensed. GB (9/24): Earned NFC Defensive Player of the Week. With four sacks in the second quarter, became the second player in NFL history to record four sacks in one quarter of play (Vonnie Holliday, Green Bay vs. Buffalo, 12/22/02, 4th Qtr). Tied an NFL record (Derrick Thomas, vs. SD, 11/8/92) with four sacks in the first half of a game. Part of a defensive line that combined for eight sacks in the first half, second most in NFL history (9.0, NY Giants vs. Chicago, 10/2/10). Finished with four tackles, four QB hits and a pass defensed. at StL (9/30): Had one solo stop. at Car (10/7): Posted a season-best six tackles (2 solo) and registered half of a sack.

CLEMONS' 2012 GAME-BY-GAME

Game	Р	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/1	2	2	0	1.0	5.0	2	0	0	0	1	0	0
Dal (9/16)	1/1	1	0	1	0.0	0.0	1	0	0	2	0	0	0
GB (9/24)	1/1	4	4	0	4.0	20.0	4	0	0	1	0	0	0
at StL (9/30)	1/1	1	1	0	0.0	0.0	0	0	0	0	0	0	0
at Car (10/7)	1/1	6	2	4	0.5	5.0	2	0	0	1	0	0	0
Totals	5/5	14	9	5	5.5	30.0	9	0	0	4	1	0	0



HOW ACQUIRED: Signed as an unrestricted free agent July 31, 2012.

NFL CAREER HIGHLIGHTS:

- Originally selected by the Cleveland Browns with the third overall pick in the 2005 NFL Draft. Spent four-plus seasons with the Browns before being traded mid-season to the N.Y. Jets in 2009. Spent the remainder of 2009 and all of 2010 with the Jets before joining the 49ers in 2011.
- In 2007, set Cleveland's single-season franchise record for receiving yards (1,289) and receiving TDs (16) and earned a trip to the Pro Bowl.
- Ranks first in N.Y. Jets postseason history, averaging 21.3 yards/reception in six career postseason games. Also holds the Jets postseason record for the longest play from scrimmage, an 80-yardTD reception.
- Ranks tied for third in the NFL among all active players with four, two-point conversions.

COLLEGE: As a senior, was honored as the Biletnikoff Award winner, given to the nation's top collegiate receiver. Played in 44 career games at Michigan, including 36 starts, and shattered the school's receiving records with 252 receptions for 3,542 yards (14.1 avg) and 39TDs. A three-year starter, his 39TDs also set

a Big Ten all-time record, while his 252 catches rank fourth and 3,542 yards rand third in conference annals. Broke school single-season records snaring 97 passes for 1,330 yards during senior season and became the only palyer in Big Ten Conference history, and only the ninth in NCAA Division 1-A history, to gain more than 1,000 yards receiving in a season three times in a career. Only Desmond Howard (19 in 1991) had more TD catches in a season for the Wolverines than Edwards' 15TDs.

PERSONAL: Attended Bishop Gallagher High School in Harper Woods, Michigan. Was a onevear letter winner and starter on the Bishop Gallagher team as a senior and a two-year letterman and starter on the Martin Luther King High (Detroit) vasity team. Set school, league and state records for most positions started in a season - wide receiver, running back, free safety, cornerback, linebacker, defensive end, quarterback, tight end, kick returner, punt returner and long snapper. Was named CBS PrepStar All-America team senior year and earned all-conference, all-east, all-metro and all-state accolades. Also lettered in track and basketball. Father, Stanley, played football at Michigan (1977-81) and in the NFL with the Houston Oilers (1982-86) and Detroit Lions

EDWARDS' SINGLE-GAME HIGHS

Most Receptions: 8, 6Times, Last at Pittsburgh (12/19/10) Longest Reception: 80t, at Green Bay (9/18/05) Most Receiving Yards: 154, vs. NYG (10/13/08) Most Touchdowns: 3, vs. Miami (10/14/07)

ADDITIONAL STATS

Passing: 2009 (0-1, 0 yards); Career: (0-1, 0 yards).

EDWARDS' NFL RECORD

			Re	eceiving					Rush	ning	
	Club	G/S	No	Yds	Avg	LG	TD	Att	Yds	Avg	TD
2005	Cleveland	10/7	32	512	16.0	80t	3	0	0	0.0	0
2006	Cleveland	16/15	61	884	14.5	75	6	3	7	2.3	0
2007	Cleveland	16/16	80	1,289	16.1	78t	16	0	0	0.0	0
2008	Cleveland	16/16	55	873	15.9	70	3	0	0	0.0	0
2009	Cleve/NYJ	16/15	45	680	15.1	65t	4	0	0	0.0	0
2010	N.Y. Jets	16/15	53	904	17.1	74t	7	1	4	4.0	0
2011	San Francisc	o 8/5	14	172	12.3	245	0	0	0	0.0	0
2012	Seattle	5/1	6	53	8.8	16	0	0	0	0.0	0
NFLT	OTALS	103/90	346	5,367	15.5	80t	39	4	11	2.8	0
				POS'	TSEAS	SON					
			Re	eceiving					Rush	ning	
	Club	G/S	No	Yds	Avg	LG	TD	Att	Yds	Avg	TD
2009	N.Y. Jets	3/2	6	156	26.0	80t	1	0	0	0.0	0
2010	N.Y. Jets	3/3	9	164	18.2	37	1	0	0	0.0	0
NFLT	OTALS	6/5	15	320	21.3	80t	2	0	0	0.0	0

EDWARDS' GAME-BY-GAME RECEIVING

2005 Opponent 09/11 Cinciannati 09/18 at Green Bay 09/25 at Indianapolis 10/23 Detroit 10/30 at Houston 11/06 Tennessee 11/13 at Pittsburgh 11/27 Miami 11/27 at Minnesota 12/04 Jacksonville TOTALS (16/0)	No 2 3 4 4 3 2 1 1 2 6 6 4 4 5 5 32	Yds 16 107 43 30 32 2 64 90 42 86 512	8.0 35.7 10.8 10.0 16.0 2.0 32.0 15.0 10.5 17.2 16.0	LG 9 80t 20 14 26 2 37 25 14 34t 80t	TD 0 1 0 0 0 0 0 0 0 0 2 3	2006 09/10 09/17 09/24 10/01 10/08 10/22 10/29 11/05 11/12 11/19 11/26 12/03 12/07 12/17 12/24 12/31	Opponent New Orleans at Cincinnati Baltimore at Oakland at Carolina Denver N.Y. Jets at San Diego at Atlanta Pittsburgh Cincinnati Kansas City at Pittsburgh at Baltimore Tampa Bay at Houston S. (15/16)	No 2 4 5 6 6 3 2 2 7 7 3 7 7 2 2 3 4 4 5 5 2 4 4	Yds 23 110 116 75 27 6 21 66 31 137 29 36 86 7 46 884	11.5 27.5 23.2 12.5 9.0 3.0 10.5 9.4 10.3 19.6 14.5 12.0 21.5 13.6 3.5 11.5	LG 18 75 58t 21 11 4 20 20 19t 63 22 23t 45t 28 6 19	TD 0 0 0 1 1 0 0 0 0 1 1 1 0 0 0 6
2007 Opponent 09/09 Pittsburgh	No 3	Yds 49	Avg 16.3	LG 21	TD 0	2008 09/07	Opponent Dallas	No 2	Yds 14	Avg 7.0	LG 12	TD 0
09/16 Cincinnati	8	146	18.3	37t	2	09/07	Pittsburgh	3	32	10.7	13	0
		83			1	09/14	at Baltimore	3			17	0
00/22 at Oakland	- 1					03/21						U
09/23 at Oakland	4		20.8	27 78t	1	09/28			27 22	9.0 73		1
09/30 Baltimore	3	97	32.3	78t	1	09/28 10/13	at Cincinnati	3	22	7.3	12	1
09/30 Baltimore 10/07 at New England	3	97 110	32.3 18.3	78t 36	0	10/13	at Cincinnati N.Y. Giants		22 154	7.3 30.8	12 70	1
09/30 Baltimore 10/07 at New England 10/14 Miami	3 6 5	97 110 67	32.3 18.3 13.4	78t 36 24t	0	10/13 10/19	at Cincinnati N.Y. Giants at Washington	3 5 4	22 154 58	7.3 30.8 14.5	12 70 20	1
09/30 Baltimore 10/07 at New England 10/14 Miami 10/28 at St. Louis	3	97 110	32.3 18.3 13.4 14.6	78t 36 24t 29	0 3 2	10/13 10/19 10/26	at Cincinnati N.Y. Giants at Washington at Jacksonville	3 5 4 2	22 154 58 64	7.3 30.8 14.5 32.0	12 70 20 43	1 0 0
09/30 Baltimore 10/07 at New England 10/14 Miami 10/28 at St. Louis 11/04 Seattle	3 6 5 8	97 110 67 117	32.3 18.3 13.4	78t 36 24t	0	10/13 10/19 10/26 11/02	at Cincinnati N.Y. Giants at Washington	3 5 4	22 154 58 64 86	7.3 30.8 14.5 32.0 21.5	12 70 20 43 28t	1
09/30 Baltimore 10/07 at New England 10/14 Miami 10/28 at St. Louis	3 6 5 8 5	97 110 67 117 67	32.3 18.3 13.4 14.6 13.4	78t 36 24t 29 19	0 3 2 0	10/13 10/19 10/26	at Cincinnati N.Y. Giants at Washington at Jacksonville Baltimore	3 5 4 2 4	22 154 58 64	7.3 30.8 14.5 32.0	12 70 20 43	1 0 0
09/30 Baltimore 10/07 at New England 10/14 Miami 10/28 at St. Louis 11/04 Seattle 11/11 at Pittsburgh	3 6 5 8 5	97 110 67 117 67 16	32.3 18.3 13.4 14.6 13.4 16.0	78t 36 24t 29 19 16t	0 3 2 0 1	10/13 10/19 10/26 11/02 11/06	at Cincinnati N.Y. Giants at Washington at Jacksonville Baltimore Denver	3 5 4 2 4 1	22 154 58 64 86 15	7.3 30.8 14.5 32.0 21.5 15.0	12 70 20 43 28t 15	1 0 0 1
09/30 Baltimore 10/07 at New England 10/14 Miami 10/28 at St. Louis 11/04 Seattle 11/11 at Pittsburgh 11/18 at Baltimore	3 6 5 8 5 1 8	97 110 67 117 67 16 85	32.3 18.3 13.4 14.6 13.4 16.0 10.6	78t 36 24t 29 19 16t 22	0 3 2 0 1	10/13 10/19 10/26 11/02 11/06 11/17	at Cincinnati N.Y. Giants at Washington at Jacksonville Baltimore Denver at Buffalo	3 5 4 2 4 1 8	22 154 58 64 86 15 104	7.3 30.8 14.5 32.0 21.5 15.0 13.0	12 70 20 43 28t 15 23	1 0 0 1 0
09/30 Baltimore 10/07 at New England 10/14 Miami 10/28 at St. Louis 11/04 Seattle 11/11 at Pittsburgh 11/18 at Baltimore 11/25 Houston	3 6 5 8 5 1 8 4	97 110 67 117 67 16 85 57	32.3 18.3 13.4 14.6 13.4 16.0 10.6 14.3	78t 36 24t 29 19 16t 22 20	0 3 2 0 1 0	10/13 10/19 10/26 11/02 11/06 11/17 11/23	at Cincinnati N.Y. Giants at Washington at Jacksonville Baltimore Denver at Buffalo Houston	3 5 4 2 4 1 8 5	22 154 58 64 86 15 104 85	7.3 30.8 14.5 32.0 21.5 15.0 13.0 17.0	12 70 20 43 28t 15 23 42	1 0 0 1 0 0
09/30 Baltimore 10/07 at New England 10/14 Miami 10/28 at St. Louis 11/04 Seattle 11/11 at Pittsburgh 11/18 at Baltimore 11/25 Houston 12/02 at Arizona 12/09 at N.Y. Jets 12/16 Buffalo	3 6 5 8 5 1 8 4 7	97 110 67 117 67 16 85 57 149 63 64	32.3 18.3 13.4 14.6 13.4 16.0 10.6 14.3 21.3	78t 36 24t 29 19 16t 22 20 67t	0 3 2 0 1 0 1 1 1	10/13 10/19 10/26 11/02 11/06 11/17 11/23 11/30	at Cincinnati N.Y. Giants at Washington at Jacksonville Baltimore Denver at Buffalo Houston Indianapolis	3 5 4 2 4 1 8 5 2	22 154 58 64 86 15 104 85 36	7.3 30.8 14.5 32.0 21.5 15.0 13.0 17.0 18.0	12 70 20 43 28t 15 23 42 20	1 0 0 1 0 0 0
09/30 Baltimore 10/07 at New England 10/14 Miami 10/28 at St. Louis 11/04 Seattle 11/11 at Pittsburgh 11/18 at Baltimore 11/25 Houston 12/02 at Arizona 12/09 at N.Y. Jets 12/16 Buffalo 12/23 at Cincinnati	3 6 5 8 5 1 8 4 7 3 4 8	97 110 67 117 67 16 85 57 149 63 64 52	32.3 18.3 13.4 14.6 13.4 16.0 10.6 14.3 21.3 21.0 16.0 6.5	78t 36 24t 29 19 16t 22 20 67t 45 25 12	0 3 2 0 1 0 1 1 1 0 2	10/13 10/19 10/26 11/02 11/06 11/17 11/23 11/30 12/07	at Cincinnati N.Y. Giants at Washington at Jacksonville Baltimore Denver at Buffalo Houston Indianapolis at Tennessee	3 5 4 2 4 1 8 5 2 3	22 154 58 64 86 15 104 85 36 38	7.3 30.8 14.5 32.0 21.5 15.0 13.0 17.0 18.0 12.7	12 70 20 43 28t 15 23 42 20 25	1 0 0 1 0 0 0
09/30 Baltimore 10/07 at New England 10/14 Miami 10/28 at St. Louis 11/04 Seattle 11/11 at Pittsburgh 11/18 at Baltimore 11/25 Houston 12/02 at Arizona 12/09 at N.Y. Jets 12/16 Buffalo	3 6 5 8 5 1 8 4 7 3 4	97 110 67 117 67 16 85 57 149 63 64	32.3 18.3 13.4 14.6 13.4 16.0 10.6 14.3 21.3 21.0 16.0	78t 36 24t 29 19 16t 22 20 67t 45 25	0 3 2 0 1 0 1 1 1	10/13 10/19 10/26 11/02 11/06 11/17 11/23 11/30 12/07 12/15	at Cincinnati N.Y. Giants at Washington at Jacksonville Baltimore Denver at Buffalo Houston Indianapolis at Tennessee at Philadelphia	3 5 4 2 4 1 8 5 2 3 5	22 154 58 64 86 15 104 85 36 38 102	7.3 30.8 14.5 32.0 21.5 15.0 13.0 17.0 18.0 12.7 20.4	12 70 20 43 28t 15 23 42 20 25 28	1 0 0 1 0 0 0 0

EDWARDS' GAME-BY-GAME RECEIVING CONT.

2009	Opponent	No	Yds	Avg	LG	TD	2010	Opponent	No	Yds	Avg	LG	TD
09/13	Minnesota	1	12	12.0	12	0	09/13	Baltimore	1	9	9.0	9	0
09/20	at Denver	6	92	15.3	24	0	09/19	New England	5	45	9.0	13	1
09/27	at Baltimore	3	35	11.7	18	0	09/26	at Miami	2	87	43.5	67t	1
10/04	Cincinnati	0	0	0.0	0	0	10/03	at Buffalo	4	86	21.5	41t	1
10/12	at Miami	5	64	12.8	34	1	10/11	Minnesota	5	70	14.0	31	0
10/18	Buffalo	3	40	13.3	22	0	10/17	at Denver	4	46	11.5	32t	1
10/25	at Oakland	1	14	14.0	14	0	10/31	Green Bay	1	32	32.0	32	0
11/01	Miami	4	74	18.5	25	1	11/07	at Detroit	3	78	26.0	74t	1
11/15	Jacksonville	3	79	26.3	41	0	11/14	at Cleveland	4	59	14.8	22	0
11/22	at New England	1	10	10.0	10	0	11/21	Houston	4	86	21.5	42	1
11/29	Carolina	3	40	13.3	26	0	11/25	Cincinnati	2	20	10.0	15	0
12/03	at Buffalo	3	45	15.0	27	1	12/06	at New England	2	39	19.5	24	0
12/13	at Tampa Bay	3	37	12.3	19	0	12/12	Miami	1	17	17.0	17	0
12/20	Atlanta	5	105	21.0	65t	1	12/19	at Pittsburgh	8	100	12.5	38	0
12/27	at Indianapolis	2	18	9.0	11	0	12/26	at Chicago	6	78	13.0	19	0
1/3/10	Cincinnati	2	15	7.5	9	0	1/2/11	Buffalo	1	52	52.0	52t	1
TOTAL	S (16/15)	45	680	15.1	65t	4	TOTAL	.S (16/15)	53	904	17.1	74t	7
1/9/10	at Cincinnati	2	15	7.5	16	0	1/8/11	at Indianapolis	4	62	15.5	24	0
1/17/10	at San Diego	2	41	20.5	21	0	1/16/11	l at New England	2	52	26.0	37	1
1/24/10	at Indianapolis	2	100	50.0	80t	1	1/23/11	I at Pittsburgh	3	50	16.7	22	0
TOTAL	S (3/2)	6	156	26.0	80t	1	TOTAL	.S (3/3)	9	164	18.2	37	1

2011	Opponent	No	Yds	Avg	LG	TD
09/11	Seattle	3	27	9.0	12	0
09/18	Dallas	1	21	21.0	21	0
10/30	Cleveland	4	42	10.5	13	0
11/06	at Washington	2	30	15.0	24	0
11/13	N.Y. Giants	3	47	15.7	21	0
11/20	Arizona	0	0	0.0	0	0
11/24	at Baltimore	1	5	5.0	5	0
12/11	at Arizona	0	0	0.0	0	0
12/24	at Seattle	1	9	9.0	9	0
TOTAL	S (8/5)	14	172	12.3	24	0

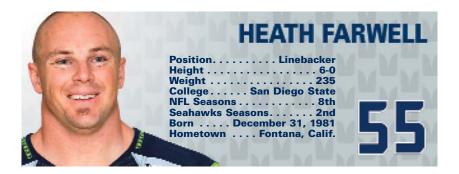
EDWARDS'TOP GAMES

Mos	t Pass Receptions:		Long	gest Reception:	
8	Cincinnati	09/16/07	80t	at Green Bay	09/18/05
8	at St. Louis	10/28/07	78t	Baltimore	09/30/07
8	at Baltimore	11/18/07	75	at Cincinnati	09/17/06
8	at Cincinnati	12/23/07	74t	at Detroit	11/07/10
8	at Buffalo	11/17/08	70	N.Y. Giants	10/13/08
8	at Pittsburgh	12/19/10			
	_		Mos	t TD Receptions:	
Mos	t Yards Receiving:		3	Miami	10/14/07
154	N.Y. Giants	10/13/08	2	Jacksonville	12/04/05
149	at Arizona	12/02/07	2	Cincinnati	09/16/07
146	Cincinnati	09/16/07	2	at St. Louis	10/28/07
137	Plttsburgh	11/19/06	2	at Cincinnati	12/23/07
117	at St. Louis	10/28/07			

EDWARDS' 2012 SEASON

at Ariz (9/9): Led the team with five receptions and 43 yards in first game with the team. Dal (9/16): Saw limited action at WR with the return of Golden Tate. GB (9/24): Saw limited action at WR. at StL (9/30): Saw limited action at WR. at Car (10/7): Had one reception for 10 yards.

2012	Opponent	No	Yds	Avg	LG	TD
9/9	at Arizona	5	43	8.6	16	0
9/16	Dallas	0	0	0.0	0	0
9/24	Green Bay	0	0	0.0	0	0
9/30	at St. Louis	0	0	0.0	0	0
10/7	at Carolina	1	10	10.0	10	0
TOTAL	LS (5/1)	6	53	8.8	16	0



HOW ACQUIRED: Signed as a free agent by Seattle on October 19, 2011.

NFL CAREER HIGHLIGHTS:

- Originally signed with the Vikings as an undrafted free agent following the 2005 NFL Draft. Was signed to their practice squad for the first five weeks of the 2005 season, but then signed to the Vikings active roster on October 22, 2005. First action came vs. Green Bay October 23, 2005.
- Led Seattle in 2011 with 21 special teams tackles despite signing with the club in October and playing in only 11 games. Blocked a punt versus San Francisco (12/24) that was recovered at the 49ers 4-yard line that led to a goahead TD with 6:41 to play in the game.
- Spent six seasons with Minnesota seeing most action on special teams. Tied for fourth with Keith Nord on the Vikings all-time list with 113 career special teams tackles. Led the Vikings in special teams tackles each of the last four seasons played with Minnesota.
- Spent the entire 2008 season on injured reserve after injuring a knee in the preseason opener vs. Seattle.
- In 2009, became the first Vikings player since

Joey Browner in 1985 to earn a trip to the Pro Bowl as a special teams player totaling 24 stops and two fumble recoveries.

 In 2007, set Vikings records for most special teams tackles in a game by corralling seven at N.Y. Giants (11/25) and for most onside kick recoveries in a season with two.

COLLEGE: Was Freshman of the Year at San Jose State in 2000. Transferred to San Diego State following the 2000 season. Led the Mountain West in forced fumbles in 2002. Earned SDSU Defensive MVP in 2004. Special Teams Player of the Year in 2004 and Honorable Mention All-Mountain West Conference in 2004. Sat out 2001 under NCAA transfer rules. Played in all 12 games for San Jose State as a true freshman en route to earning SJSU Freshman of the Year honors.

PERSONAL: A three-year letterwinner and defensive MVP at Corona (Calif.) High. Recorded 129 tackles and 10 sacks as a senior, earning First-Team All-Mountain View League. Had 96 tackles and 12 sacks as a junior en route to all league honors. Lettered in baseball and track & field. Earned bachelor degree in criminal justice and aspires for a career in law enforcement following football. Married to Julie.

FARWEL	ĽS	NF	L	RE	CO	RD									
		1	ackle	es	Sa	cks		Interd	eptio	ns					
Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
2005 Minnesota	7/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
2006 Minnesota	16/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
2007 Minnesota	16/0	2	2	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
2008 Minnesota		- 1	njure	d Re	serve	(knee)								
2009 Minnesota	16/0	8	5	3	0.0	0.0	0	0	0.0	0	0	1	0	0	0
2010 Minnesota	16/0	2	1	1	0.0	0.0	0	0	0.0	0	0	0	0	0	0
2011 Seattle	11/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
2012 Seattle	5/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
NFL TOTALS	87/0	12	8	4	0.0	0.0	0	0	0.0	0	0	1	0	0	0
				- 1	POS	TSEA	SO	N							
		Ta	ickle	s	Sa	cks		Inter	cepti	ons					
Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR Y	/ds
2009 Minnesota	2/0	0	0	0	0.0	0.0	0	0	0.0	0) C	0	0	0	0
NFLTOTALS	2/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0

FARWELL'S SINGLE-GAME HIGHS

Tackles: 3, at Cleveland (9/13/09) FF: None Sacks: None FR: None

ADDITIONAL STATS

 $\textbf{Special Team Tackles: } 2005 \ (13), \ 2006 \ (25, FR), \ 2007 \ (32), \ 2009 \ (24, \ 2 \ FR), \ 2010 \ (19), \ 2011 \ (21, \ 10), \ (20,$

Blocked Punt), 2012 (5);

Career: (139, 3 FR, Blocked Punt). Postseason: 2009 (3); Career: (3).

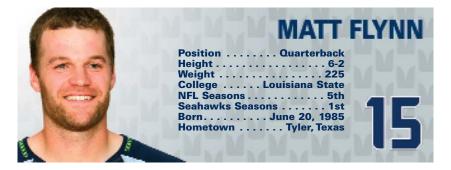
FARWELL'S 2012 SEASON

Part of a special team unit that ranks first in average drive start on return (27.8 yard line) and second on coverage (19.4 yard line) on kickoffs. Named special teams season captain by team. at Ariz (9/9): Saw action on special teams. Dal (9/16): Assisted on one special teams tackle. GB (9/24): Assisted on two special teams tackles. at StL (9/30): Had one special teams tackle at the Rams 5-yard line on an attempted reverse on kickoff coverage. at Car (10/7): Totaled one special teams tackle.

FARWELL'S 2012 GAME-BY-GAME

Game	P	T S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/0	Specia	Tear	ns On	ıly							
Dal (9/16)	1/0	Specia	Tear	ns On	ıly							
GB (9/24)	1/0	Specia	Tear	ns On	nly							
at StL (9/30)	1/0	Specia	Tear	ns On	nly							
at Car (10/7)	1/0	Specia	Tear	ns On	ıly							
Totals	5/0	0 0	0	0.0	0.0	0	0	0	0	0	0	0

Additional Statistics: Special Teams Tackles: 5.



HOW ACQUIRED: Signed with Seattle as an unrestricted free agent March 21, 2012.

NFL CAREER HIGHLIGHTS:

- Originally drafted by Green Bay with the first of two seventh-round draft choices (209th overall), and was the 12th QB taken in that draft. Was the second of two QBs taken by Green Bay in the 2008 draft (Brian Brohm - 2nd round).
- Played in 34 career games with two starts after serving as Green Bay's backup for four seasons (2008-11). During tenure with Packers, completed 82 of 132 attempts for 1,015 yards with nine TDs and five INTs.
- In two career starts before joining Seattle, totaled 731 yards with nine TDs and two INTs.
 Joined Dan Marino and Kurt Warner (among players whose careers have started since 1970) as the only three QBs to throw three-plus TD passes in each of their first two career starts.
- First-career start was against an 11-2 New England Patriots (12/19/10) team that had not lost at home in 15-consecutive games. Forced into a starting role after Aaron Rodgers sustained a conucussion the previous week. Completed 24 of 37 passes for 251 yards and three TDs with one INT in a 31-27 loss. Passer rating (100.2) in that game was the highest by any NFL quarterback making his first career start against a team with a 10-2 record or better since the 1970 merger. Was the first QB besides Rodgers or Brett Favre to start a game since Don Maikowski in 1992.
- Second start of career, this versus Detroit (1/1/12) while the Packers rested Rodgers, trumped the first one posting one of the most statistically outstanding performances by a QB in the organization's extensive history. Completed 31-of-44 attempts while setting franchise single-game records with 480 yards and six TDs. Joined Y.A. Tittle and Joe Namath as the only three QBs in NFL history to have posted 480-plus yards and six-plus TDs in the same game. Capped the game with an TD drive in a two-minute situation that pulled the team from a 41-38 deficit to a 45-41 lead to win the game. Completed five-of-seven attempts for 73 yards and TD on the game-winning drive.

 Won the backup quarterback job as a rookie in 2008 beating out second-round draft choice Brohm. Ended the 2008 season as the team's primary holder on FGs and PATs and spentmost of the 2009 season in that role.

COLLEGE: Patiently waited his turn to become the Tigers' starting QB, playing behind a pair of NFL draft picks in Matt Mauck (7th round by Denver in 2004) and JaMarcus Russell (first overall pick by Oakland in 2007). After serving as backup for three seasons, capped LSU career by leading the Tigers to the 2007 BCS National Championship with a win over Ohio State and earned Offensive MVP honors in the game. Finished career with an 11-2 record as a a starter, including a 10-2 record as a senior in 2007. Passed for 31 career TDs and served as the holder on FGs and PATs entire career. Threw for 2,407 yards and 21 TDs as a senior, including five games with three or more TD passes. Separated his shoulder in the third guarter of the season finale versus Arkansas, but returned to finish the triple-overtime Tiger victory. Was forced to miss the SEC Championship Game versus Tennessee the following week, but returned to lead LSU to the National Title versus Ohio State tying a school record with four TD passes in the 38-24 victory. Played a reserve role at QB in seven games as a junior. Threw for 133 yards and two TDs with one INT. Played in seven games at QB as a sophomore in 2005 and totaled 457 yards completing 24 of 48 attempts with seven TDs and one INT. As a redshirt freshman, served as the Tigers' No. 3 QB and played in all 12 games, seeing action at QB in three contests.

PERSONAL: One of the top-rated QBs in the state at Robert E. Lee High in Tyler, Texas. Ranked the No. 20 QB in the country by multiple services. Threw for 1,679 yards and nine TDs while also showing versatility with 305 yards rushing and 12 TDs. Led team to a semifinal appearance in one of the toughest classifications in Texas with a broken foot for the last four games. Father, Alvin, was a three-year letterwinner (1967-69) at QB at Baylor. Majored in general studies.

FLYNN'S NFL RECORD

				PA	SSING						
Year	Club	G/S	Att	Comp	Yds	Pct	TD	Int	LG	Sacked	Rate
2008	Green Bay	7/0	5	2	6	40.0	0	0	3	0/0	47.9
2009	Green Bay	15/0	12	7	58	58.3	0	1	17	1/6	36.1
2010	Green Bay	7/1	66	40	433	60.6	3	2	66t	7/38	82.4
2011	Green Bay	5/1	49	33	518	67.3	6	2	80t	5/18	124.8
2012	Seattle	0/0	0	0	0	0.0	0	0	0	0/0	0.0
NFLTO	TALS	34/2	132	82	1,015	62.1	9	5	80t	13/62	92.8
RUSHING											
Year	Club	G/S	Att	Yds	Avg	LG	TD				
2008	Green Bay	7/0	4	4	1.0	6	0				
2009	Green Bay	15/0	5	-5	-1.0	-1	0				
2010	Green Bay	7/1	9	26	2.9	12	0				
2011	Green Bay	5/1	13	-6	-0.5	3t	1				
2012	Seattle	0/0	0	0	0.0	0	0				
NFLTO	TALS	34/2	31	19	0.6	12	1				

POSTSEASON

					PAS	SING					
Year	Club	G/S	Att	Comp	Yds	Pct	TD	Int	LG	Sacked	Rate
2009	Green Bay	0/0	0	0	0	0.0	0	0	0	0/0	0.0
2010	Green Bay	1/0	0	0	0	0.0	0	0	0	0/0	0.0
2011	Green Bay	0/0	0	0	0	0.0	0	0	0	0/0	0.0
NFLTO	TALS	1/0	0	0	0	0.0	0	0	0	0/0	0.0
RUSHING											
Year	Club	(G/S	Att	Yds	Avg	LG	TD			
2009	Green Bay		0/0	0	0	0.0	0	0			
2010	Green Bay		1/0	1	-1	-1.0	-1	0			
2011	Green Bay		0/0	0	0	0.0	0	0			
NFLTO	TALS		1/0	1	-1	-1.0	-1	0			

(1/1/12)

SINGLE-GAME HIGHS

44 vs. Detroit

/tetoinpto.	TT VO. BOLIOIL	(1/1/12/
Completions:	31 vs. Detroit	(1/1/12)
Completion %:*	70.5 (31/44) vs. Detroit	(1/1/12)
Yards:	480 vs. Detroit	(1/1/12)
Longest, No TD:	40 vs. Detroit	(1/1/12) to James Jones
Longest TD:	80t vs. Detroit	(1/1/12) to Ryan Grant
Most TDs:	6 vs. Detroit	(1/1/12)
Interceptions:	1, 5 Times, Last vs. Detroit	(1/1/12)
Rushes:	4 vs. Minnesota	(11/14/11)
Rushing Yds.:	13 at New England	(12/19/10)
Longest Rush:	12 at Detroit	(12/12/10)
Rushing TD:	1 vs. Minnesota	(11/14/11)

^{*}Min. 20 attempts

Attemnts:

FLYNN'S GAME-BY-GAME PASSING

2008		D. (0	•									
Date	Opponent	P/S	Att	Com	Yds	Pct	TD	Int	LG	Sacked	W/L	Rating
09/14	at Detroit	(P)	0	0	0	0.0	0	0	0	0/0		0.0
09/28	at Tampa Bay	(P)	5	2	6	40.0	0	0	3	0/0		47.9
11/24	at New Orleans	(P)	0	0	0	0.0	0	0	0	0/0		0.0
12/07	Houston	(P)	0	0	0	0.0	0	0	0	0/0		0.0
12/14	at Jacksonville	(P)	0	0	0	0.0	0	0	0	0/0		0.0
12/22	at Chicago	(P)	0	0	0	0.0	0	0	0	0/0		0.0
12/28	Detroit	(P)	0	0	0	0.0	0	0	0	0/0		0.0
TOTALS		(7/0)	5	2	6	40.0	0	0	3	0/0		47.9
2009	0	P/S	A 44	0	V-I-	D-4	TD	14		CII	14//1	D-4!
Date	Opponent		Att	Com	Yds	Pct	TD	Int	LG	Sacked	W/L	Rating
09/13	Chicago	(P)	0	0	0	0.0	0	0	0	0/0		0.0
09/20	Cincinnati	(P)	0	0	0	0.0	0	0	0	0/0		0.0
09/27	at St. Louis	(P)	0	0	0	0.0	0	0	0	0/0		0.0
10/05	at Minnesota	(P)	0	0	0	0.0	0	0	0	0/0		0.0
10/18	Detroit	(P)	0	0	0	0.0	0	0	0	0/0		0.0
10/25	at Cleveland	(P)	2	1	12	50.0	0	0	12	0/0		68.8
11/01	Minnesota	(P)	1	1	3	100.0	0	0	3	0/0		79.2
11/08	at Tampa Bay	(P)	0	0	0	0.0	0	0	0	0/0		0.0
11/15	Dallas	(P)	0	0	0	0.0	0	0	0	0/0		0.0
11/22	San Francisco	(P)	0	0	0	0.0	0	0	0	0/0		0.0
11/26	at Detroit	(P)	0	0	0	0.0	0	0	0	0/0		0.0
12/07	Baltimore	(P)	0	0	0	0.0	0	0	0	0/0		0.0
12/07		. ,	0		0		0	0	0			
	at Chicago	(P)	-	0		0.0	U	U	U	0/0		0.0
12/20	at Pittsburgh	(D)		id Not P	- /					0.10		
12/27	Seattle	(P)	6	4	36	66.7	0	0	17	0/0		82.6
01/03/10	at Arizona	(P)	3	1	7	33.3	0	1	7	1/6		2.8
TOTALS		(8/0)	21	14	201	66.7	1	0	34t	0/0		113.4
01/10/10	at Arizona		D	id Not P	lay							
PLAYOFF	TOTALS	(0/0)	0	0	0	0.0	0	0	0	0/0		0.0
2010												
Date	Opponent	P/S	Att	Com	Yds	Pct	TD	Int	LG	Sacked	W/L	Rating
10/24	Minnesota	(P)	1	0	0	0.0	0	0	0	0/0		39.6
11/07	Dallas	(P)	1	0	0	0.0	0	0	0	0/0		39.6
11/07	at Minnesota	(P)	1	1	5	100.0	0	0	5	0/0		87.5
12/05	San Francisco	(P)	0	0	0	0.0	0	0	0	0/0		0.0
		. ,										
12/12	at Detroit	(P)	26	15	177	57.7	0	1	32	2/13		62.5
12/19	at New England	(S)	37	24	251	64.9	3	1	66t	5/25	L	100.2
12/26	N.Y. Giants	(P)	0	0	0	0.0	0	0	0	0/0		0.0
TOTALS		(7/1)	66	40	433	60.6	3	2	66t	7/38	0-1	82.4
01/09/11	at Philadelphia		D	id Not P	lay							
01/15/11	at Atlanta	(P)	0	0	0	0.0	0	0	0	0/0		0.0
01/12/11	at Chicago		D	id Not P	lay							
02/06/11	Pittsburgh		D	id Not P	, lav							
PLAYOFF		(1/0)	0	0	0	0.0	0	0	0	0/0		0.0
2011												
Date	Opponent	P/S	Att	Com	Yds	Pct	TD	Int	LG	Sacked	W/L	Rating
10/02	Denver	(P)	1	0	0	0.0	0	1	0	0/0		0.0
	Minnesota	(P)	2	2	38	100.0	0	0	31	0/0		118.8
11/14					_	0.0	0	0	0	1/6		39.6
11/14 12/11	Oakland	(P)	2	0	0	0.0	-	-	-			
11/14 12/11 12/25			0	0	0	0.0	0	0	0	1/1		0.0
11/14 12/11	Oakland	(P)		-	-		-	1	-	1/1 3/11	W	0.0 136.4
11/14 12/11 12/25	Oakland Chicago	(P) (P)	0	0	0	0.0	0		0		W 1-0	
11/14 12/11 12/25 01/01/12	Oakland Chicago	(P) (P) (S)	0 44 49	0 31	0 480 518	0.0 70.5	0	1	0 80t	3/11		136.4

FLYNN'S 2012 SEASON

W/L record reflects games started only

at Ariz (9/9): Did not see action. Dal (9/16): Did not see action. GB (9/24): Did not see action. at StL (9/30): Did not see action. at Car (10/7): Did not see action.

					PASSIN	IG						
2012 Date	0	P/S	A 44	Com	Yds	Pct	TD	lua	10	Coakead	W/L F	
Date	Opponent		Att					Int	LG	Sacked	VV/L F	
9/9	at Arizona	0/0	0	0	0	0.0	0	0	0	0/0		0.0
9/16	Dallas	0/0	0	0	0	0.0	0	0	0	0/0		0.0
9/24	Green Bay	0/0	0	0	0	0.0	0	0	0	0/0		0.0
9/30	at St. Louis	0/0	0	0	0	0.0	0	0	0	0/0		0.0
10/7	at Carolina	0/0	0	0	0	0.0	0	0	0	0/0		0.0
TOTALS		(0/0)	0	0	0	0.0	0	0	0	0/0		0.0
CAREER	TOTALS	(34/2)	132	82	1,015	62.1	9	5	80t	13/62	1-1	92.8
CAREER	PLAYOFF TOTALS	(1/0)	0	0	0	0.0	0	0	0	0/0	0-0	0.0

					RUSHING	G	
Date	Opponent	P/S	Att	Yds	Avg	LG	TD
9/9	at Arizona	0/0	0	0	0.0	0	0
9/16	Dallas	0/0	0	0	0.0	0	0
9/24	Green Bay	0/0	0	0	0.0	0	0
9/30	at St. Louis	0/0	0	0	0.0	0	0
10/7	at Carolina	0/0	0	0	0.0	0	0
TOTALS	3	(0/0)	0	0	0.0	0	0
CAREE	RTOTALS	(34/2)	31	19	0.6	12	1
CAREER	R PLAYOFF TOTALS	3 (1/0)	1	-1	-1.0	-1	0



HOW ACQUIRED: Signed by Seattle from Green Bay's practice squad on September 28, 2010.

NFL CAREER HIGHLIGHTS:

- Originally drafted by the Green Bay Packers in the fifth round (150th overall) in the 2008 NFL Draft. Played two seasons for the Packers before being released following training camp on September 4, 2010. He was signed to the practice squad the following day.
- Received first extensive playing opportunity in 2011 and saw action in 15 games, starting eight all at right tackle. Helped Marshawn Lynch lead the NFC in rushing over the final seven games all games he started. Also helped Lynch post a club record scoring at least one TD in 10 consecutive games. Blocked dutifully against San Francisco (12/24), who hadn't allowed a 100-yard rusher in 36 games (Lynch totaled 107) or a rushing score (Lynch had one) in 15 games dating to 2010.
- Was active for one game, but did not play, in 2009 and inactive for 15, plus the NFC Wild Card playoff game. Was active for two games, making his NFL debut at Detroit (9/14/08).

COLLEGE: Converted tight end who didn't become a full-time tackle until his senior season at Louisville. Split time at tight end and

tackle for his first three seasons at Louisville. Helped protect Brian Brohm on his way to setting a school record with 30 touchdown passes and 4,204 yards as a senior, which is second-best in Louisville single-season history.

PERSONAL: Three-year starter at Malden High and earned Greater Boston League allstar honors as a senior. Played both defensive end and linebacker. Started his freshman and sophomore years, but didn't play football as a junior to concentrate on basketball. Four-year letter winner in basketball and was the second-leading scorer in the league as a senior at 21.0 points per game. Sold hot dogs as a senior in high school at Fenway Park. Majored in Sports Administration. Born on September 27, 1985.

GIACOMINI'S NFL RECORD

Year	Team	GP/GS	Postseason
2008	Green Bay	1/0	
2009	Green Bay	0/0	
2010	Seattle	0/0	0/0
2011	Seattle	15/8	
2012	Seattle	5/5	
NFLT	OTALS	21/13	0/0

GIACOMINI'S 2012 SEASON

Part of an offensive line that has helped elevate Seattle's rushing attack to one of the top in the NFL since Week 9 of 2011. Seattle ranks 6th in the NFL (2nd NFC) averaging 136.6 yards/game during that span of 14 games. Lynch ranks third in the NFL in 2012 in rushing. at Ariz (9/9): Started at RT and helped team rush for 115 yards. Dal (9/16): Helped pave the way for 182 rushing yards, 149 in the second half. Total was the most since piling up 245 vs. St. Louis on September 21, 2008. Helped Lynch top 100 yards (122) for the seventh time in the last 11 games. GB (9/24): Started at right tackle. at StL (9/30): Started at RT and help Seattle total 179 rushing yards. at Car (10/7): Started at RT. Replaced by Frank Omiyale late in the first half following an unneccesary roughness penalty, but returned the following series.



HOW ACQUIRED: Signed as a free agent on September 18, 2012.

NFL CAREER HIGHLIGHTS:

- Originally signed by the New Orleans Saints as an undrafted rookie free agent on May 4, 2009. Participated on the Saints practice squad until signing to the St. Louis Rams active roster November 3, 2009. Was waived by the Rams before the start of training camp in 2010 and spent most of training camp with the Saints. Was waived toward the end of camp by the Saints and signed to the Baltimore Ravens practice squad September 23 where he spent most of the 2010 season. Started the 2011 season on the Ravens practice squad before signing to the 53-man roster September 17. Was waived by the Ravens following training camp in 2012.
- Saw action in three games with one start for the Rams in 2009.
- Started 11 games and totaled 10 tackles in a reserve role in 2011 for the Ravens.

COLLEGE: Appeared in 42 career games (28 starts) atTexas A&M, while recording 141 tackles

(73 solo), 13 passes defensed, 2.0 sacks, an interception and two forced fumbles. Played in 11 games senior year, starting four at cornerback. Registered 29 tackles (18 solo), 2.0 sacks and two passes defensed. Started first seven games as a junior before suffering a seasonending knee injury. Recorded 30 tackles (14 solo) and 1 pass defensed. Started all 13 games as a sophomore, tallying 52 tackles (26 solo) and one interception. Saw action in all 11 games (four starts) as a redshirt freshman, posting 30 tackles (15 solo), seven passes defensed and one forced fumble. Redshirted in 2004. Graduated with a degree in agricultural leadership and development in December 2008.

PERSONAL: Prepped at Memorial (Port Arthur, Texas) High School, where he recorded 68 tackles, 9 interceptions and 2TDs as a senior. Selected to the Associated Press All-State second team. Named first-team All-Greater Houston Area, first-team Port Arthur News Super Teams, first-team Beaumont Enterprise Super Gold Team and first-team All-District. Won the 2003 5A state championship 4x400-meter relay as a senior.

GORRER'S NFL RECORD

		Ta	ckle	s	Sa	icks	1	Interd	eptio	ns					
Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
2009 St. Louis	3/1	7	4	3	0.0	0.0	0	0	0.0	0	0	1	0	0	0
2010 Baltimore	I	Practi	ce S	quad	k										
2011 Baltimore	11/0	10	7	3	0.0	0.0	0	0	0.0	0	0	5	0	0	0
2012 Seattle	0/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
NFL TOTALS	14/1	17	11	6	0.0	0.0	0	0	0.0	0	0	6	0	0	0
				_		TSEA	150								
		Tac	kles		Sa	cks		Inter	cepti	ons					
Club	G/S	ΓkI \$	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR '	Yds
2011 Baltimore	2/0	0	0	0	0.0	0.0	0	0	0.0	0) (0	0	0	0
NFLTOTALS	2/0	0	0	0	0.0	0.0	0	0	0.0	0) (0	0	0	0

GORRER'S SINGLE-GAME HIGHS

Tackles: 6, at Arizona (12/27/09)
Sacks: None

Interceptions: None

FF: None FR: None

ADDITIONAL STATS

Special Team Tackles: 2011 (2): Career: 2.

GORRER'S 2012 SEASON

Signed as a free agent by Seattle September 18. GB (9/24): Inactive in first game with the Seahawks. at StL (9/30): Inactive. at Car (10/7): Inactive.

GORRER'S 2012 GAME-BY-GAME

Game	Р	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds
GB (9/24)		Ina	ctive										
at StL (9/30)		Ina	ctive										
at Car (10/7)		Ina	ctive										
Totals	0/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0

P = Participation



HOW ACQUIRED: Signed with Seattle as a freshman. free agent on August 1, 2010.

NFL CAREER HIGHLIGHTS:

- · Originally signed with New Orleans as an undrafted free agent May 7, 2010, before being released on July 31, 2010.
- · Has handled snapping duties in 32 consecutive games for Seattle from 2010-11.

COLLEGE: Served as the Horned Frogs' snapper for three seasons, playing in 38 career games and making eight tackles. The only snapper invited to the NFL Combine. Played in the Texas vs. the Nation All-Star Challenge. Started all 13 games in first year as the Frogs' deep snapper as a sophomore. TCU did not have a punt blocked after surrendering three the previous season. Played at Oklahoma as a

PERSONAL: Named first-team all-district and second-team all-metro selection as a senior. Also third-team All-South Texas. Lettered three years in football and two in track & field. An entrepreneurial management major with a minor in communications. His father played football at Texas from 1974-76, a cousin, Phil Pratt, played at Oklahoma in the 1960s.

GRESHAM'S NFL RECORD

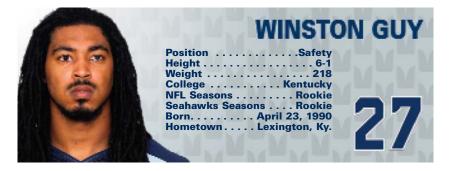
Ye	ar	Team	GP/GS	Postseason
20	10	Seattle	16/0	2/0
20	11	Seattle	16/0	
20	12	Seattle	5/0	
NI	FLT	OTALS	37/0	2/0

GRESHAM'S ADDITIONAL STATS

Special Team Tackles: 2010 (1), 2011 (1), 2012 (1); Career: (3).

GRESHAM'S 2012 SEASON

at Ariz (9/9): Handled snapping duties and had one special teams stop. Dal (9/16): Handled snapping duties. GB (9/24): Handled snapping duties. at StL (9/30): Handled snapping duties. at Car (10/7): Handled snapping duties.



HOW ACQUIRED: Drafted with the second of two sixth-round draft choices (181st overall) in the 2012 NFL Draft.

COLLEGE: A three-year starter at Kentucky, Guy played in 50 games with 34 starts, recording 283 tackles, five interceptions, 18 tackles for loss, seven passes defensed, one forced fumble and one fumble recovery. Played a different position each year; cornerback as a freshman, free safety as a sophomore, strong safety as a junior and hybrid safety/linebacker as a senior.

Senior: Started all 11 games played and finished second in the SEC with 106 tackles and fifth in the SEC with 12 tackles for loss. Posted seven double-digit tackle games including a season-high 14 vs. South Carolina. Recorded 12 tackles at No. 1 LSU. Tallied one of best career games with 10 tackles, 2.5 tackles for loss and two interceptions vs. Western Kentucky, being named National Defensive Back of the Week. Served as game captain on four occasions.

Junior: Started 12 of 13 games played and recorded 106 tackles, good for second on the team and ranking third in tackles per game in the SEC. Named All-SEC second-team by CollegeFootballNews.com. Also posted a careerhigh three interceptions to lead the team. Had back-to-back career highs with 16 tackles in the win over Charleston Southern and 18 stops in the victory over Vanderbilt. His 18-tackle performance against Vanderbilt was the highest by a UK player since Wesley Woodyard in 2005. Also hit double figures with 10 tackles, plus a pickoff, in the upset of South Carolina.

Sophomore: Played in all 13 games, starting 11,

collecting 60 tackles, with 11 in the win over Louisville. Broke up five passes. Returned four kickoffs for a 14.5-yard average.

Freshman: Played in all 13 games and became the team's primary kickoff returner following an injury to Derrick Locke. Had 10 returns for a 29.1-yard average, including a 96-yard runback against Georgia that is the longest non-scoring kickoff return in school history. Made 11 tackles, mostly in special-teams coverage.

PERSONAL: First-team all-state defensive back as chosen by The Associated Press and Louisville Courier-Journal at Catholic High School. Named to the Lexington Herald-Leader "Class of the Commonwealth" listing of the top-22 seniors in the state. Helped lead Lexington Catholic to a 13-2 record and Class AAAA state championship as a senior. Senior defensive statistics featured 75 tackles, 18.5 tackles for loss, 7.5 quarterback sacks, 10 QB hurries, two caused fumbles, and two blocked kicks. Offensive stats included 24 carries for 267 yards and six touchdowns, along with 16 pass receptions for 215 yards and two scores. Also had two kick returns for touchdowns. Set a school career record with 19.5 sacks. Team also won the state title in Class AAA his sophomore season. Competed in the 100meter dash, 4x100- and 4x400-meter relavs and the long jump for the track and field team. Won the state championship in the 100 and the 4x100 relay as a senior. Also played two years of basketball. Father, Winston Sr., played college football at Kentucky State University. Majored in community communications and leadership development.

GUY'S 2012 SEASON

at Ariz (9/9): Saw action at safety in the big nickel package and on special teams. Dal (9/16): Inactive. GB (9/24): Inactive. at StL (9/30): Inactive. at Car (10/7): Inactive.

GUY'S 2012 GAME-BY-GAME

Game	P	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0
Dal (9/16)			ctive										
GB (9/24)			ctive										
at StL (9/30)			ctive										
at Car (10/7)	1/0	ina	ctive	_					•		•		•
Totals	1/0	U	0	0	0.0	0.0	0	0	0	U	U	U	U



HOW ACQUIRED: Claimed by Seattle via waivers September 4, 2011, after being released by Denver on the final cut.

NFL CAREER HIGHLIGHTS:

- Originally signed by Minnesota as an undrafted free agent on May 2, 2008. Was waived by the Vikings August 30, 2008, and claimed by Baltimore the following day. Waived by Baltimore September 9, 2008, and signed to their practice squad two days later. Signed to the Ravens active roster October 30, 2008. Was waived the following season on November 18, 2009, before signing with the Atlanta Falcons December 29, 2009. Was waived by Atlanta the following camp on August 16, 2010, and claimed August 17 by Detroit. Was waived by Detroit September 4, 2010, and signed with Denver later that season on December 11, 2010.
- With at least one made field goal in 12-consecutive games in 2011, tied Todd Peterson (1997-98) for the longest streak in team history. Also tied a club record with five field goals made in five attempts versus Baltimore (11/13/11), in which those FGs accounted for five of Seattle's six scores in a 22-17 ballaame.

- Connected on 16-of-22 (.727) field goals during his career with Denver (2010) and Baltimore (2008-09).
- Made 9-of-13 field goals (.692) and 27-of-28 extra points in nine games during the 2009 season with Baltimore.

COLLEGE: Ended collegiate career as a graduate student at North Carolina State and connecting on 16-of-18 field goals in lone season of eligibility and was named a Lou Groza Award finalist. Led the Atlantic Coast Conference and ranked sixth in school history with an .889 field goal percentage. Graduated Middlebury College in Vermont, where he kicked three seasons connecting on 20-of-28 career attempts. Named first team all-conference as a kicker and punter senior year and earned second-team honors at both positions after sophomore and junior seasons.

PERSONAL: Played soccer at Needham (Mass.) High School. Also played soccer and lacrosse at Middlebury, earning a degree in neuroscience.

HAUSCHKA'S NFL RECORD

KICKING											
Club	G	PAT-Att	FG-Att	1-19	20-29	30-39	40-49	50+	FG%	LG	Pts
2008 Baltimo	ore 8	0-0	1-2	0-0	0-0	0-0	0-0	1-2	50.0	54	3
2009 Baltimo	ore 9	27-28	9-13	0-0	1-1	5-7	3-5	0-0	69.2	44	54
2010 Denver	4	10-10	6-7	0-0	1-1	3-3	2-3	0-0	85.7	49	28
2011 Seattle	16	34-34	25-30	2-2	5-6	9-10	7-8	2-4	83.3	52	109
2012 Seattle	5	8-8	10-11	0-0	4-4	4-4	2-2	0-1	90.9	47	38
NFL TOTALS	42	79-80	51-63	2-2	11-12	21-24	14-18	3-7	80.9	54	232
			P	OST	SEASO	V					
Club	G	PAT-Att	FG-Att	1-19	20-29	30-39	40-49	50+	FG%	LG	Pts
2008 Baltimo	ore 3	K	Cickoffs C	nly							
NFL TOTALS	3	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0.0	0	0

HAUSCHKA'S SINGLE-GAME HIGHS

Most FGs Att.: 5 vs. Baltimore (11/13/11)

Most FGs Made: 5 vs. Baltimore (11/13/11)

Longest FG Att.: 61 Atlanta (10/2/11) Longest FG Made: 54 at Houston (11/9/08) Most PATs Att.: 5, 3Times, Last at Chicago (12/18/11)

Most PATs Made: 5, 3Times, Last at Chicago (12/18/11)

Points Scored: 16 vs. Baltimore (11/13/11)
Consecutive Games with FG: 14 (10/9/11-current)

ADDITIONAL STATS

Special Team Tackles: 2009 (1), 2011 (1), 2012 (1); Career: (3).

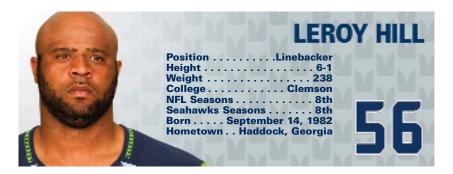
HAUSCHKA'S GAME-BY-GAME KICKING

2008	Орр	Pts	PAT-Att	FG-FGA	Made	2010	Орр	Pts		FG-FGA	Made
9/7	Cin	0	0-0	0-0		Game			Not With a	a Team	
Games	s 2-7	F	Practice S	quad		12/12	at Ariz	7	1-1	2-3	32, 30
11/2	at Clev	,	Inactive			12/19	at Oak	11	2-2	3-3	46, 49, 35
11/9	at Hou	3	0-0	1-1	54	12/26	Hou	6	3-3	1-1	27
11/16	at NYC	i k	Cickoffs O	nly		1/2/11	SD	4	4-4	0-0	
11/23	Phil	0	0-0	0-1		TOTAL	S	28	10-10	6-7	Long: 49
Games	12-14	k	(ickoffs O	nly		101712			10 10	• •	Long. 10
12/20	at Dal		Inactive				_	_			
12/28	Jax	k	(ickoffs O	nly		2011	Opp	Pts		FG-FGA	
TOTAL	S	3	0-0	1-2	Long: 54	9/11	at SF	5	2-2	1-1	39
1/4	at Mia	-	Cickoffs Or		Long. 54	9/18	at Pitt	0	0-0	0-0	
1/10	at Ten		Cickoffs Or			9/25	Ariz	7	1-1	2-2	30,52
1/18	at Pitt		Cickoffs Or			10/2	Atl	4	4-4	0-1	=
				<u>'</u>		10/9	at NYC		4-4	2-2	51,43
TOTAL	S	ľ	(ickoffs O	nly		10/23	at Clev		0-0	1-1	20
						10/30	Cin	6	0-0	2-2	47,25
0000	0	D4 -	DAT A	FO FOA	N4 - 4 -	11/6	at Dal	.7	1-1	2-3	45,32
2009	Opp	Pts		FG-FGA	Made	11/13	Balt	16	1-1	5-5	22,38,39,35,30
9/13	KC	8	5-5	1-2	44	11/20	at StL	6	3-3	1-1	19
9/20	at SD	7	4-4	1-1	33	11/27	Wash	5	2-2	1-2	36
9/27	Clev	10	4-4	2-2	36,33	12/1	Phi	.7	4-4	1-1	49
10/4	at NE	3	3-3	0-0		12/12	StL	12	3-3	3-4	42,23,48
10/11	Cin	2	2-2	0-0		12/18	at Chi	8	5-5	1-1	33
10/19	at Min	7	4-4	1-2	29	12/24	SF	5	2-2	1-1	19
11/1	Den	12	3-3	3-3	43, 35, 31	1/1/12	at Ariz	8	2-2	2-3	43, 26
11/9	at Cin	1	1-1	0-1	44	TOTAL	.s	109	34-34	25-30	Long: 52
11/16	at Clev	4	1-2	1-2	44						. 3
1/3/10	at TB		Inactive								
TOTAL	S	54	27-28	9-13	Long: 44						

HAUSCHKA'S 2012 SEASON

Set record with at least one made field goal in 14-consecutive games. Was snapped 9/24 vs. Green Bay. Passed Todd Peterson (12, 1997-98) for the longest streak in team history. at Ariz (9/9): Connected on three of four FG attempts. Had a 50-yard attempt tipped and fall short on the Seahawks opening drive, but gave the team a 16-13 fourth-quarter lead on a 39-yard effort. Dal (9/16): Connected on a pair of field goals (21, 25). GB (9/24): Had record for consecutive games with a field goal (14) snapped. Did not have an attempt, but converted both PATs. at StL (9/30): Connected on both field goal attempts. at Car (10/7): Connected on all three field goal attempts.

2012	Орр	Pts	PAT-Att	FG-FGA	Made
9/9	at Ariz	10	1-1	3-4	27, 47, 39
9/16	Dal	9	3-3	2-2	21, 25
9/24	GB	2	2-2	0-0	
9/30	at StL	7	1-1	2-2	31, 30
10/7	at Car	10	1-1	3-3	22, 36, 44
TOTAL	S	38	8-8	10-11	Long: 47



HOW ACQUIRED: Selected with the 35th choice (98th overall) in the third round of the 2005 NFL Draft.

NFL CAREER HIGHLIGHTS:

- · Played and started all 16 games for the first time of career in 2011 totaling 89 tackles and 4.0
- In 2010, played at Denver (9/19/10) on special teams and injured calf. Placed on injured reserve October 1.
- Scored first-career touchdown on a 20-vard fumble return vs. Baltimore (12/23/07).
- Set career-high with 12 tackles (nine solo) at San Francisco (10/26/08).
- Finished third on the team with a career-high 92 tackles (70 solo) in 2006.
- · Played in 15 games, with nine starts as oneof-two starting rookie linebackers (Lofa Tatupu) in 2005.
- Set a Seattle record with 7.5 sacks by a rookie linebacker and third among all NFL rookies in that category (SD's Shawne Merriman 9.0 and Dallas' Demarcus Ware 8.0).

- Moved in to the starting lineup vs. St. Louis (11/13/05) when Jamie Sharper went down for the season (knee).
- · Started all three games in the postseason in 2005. Had nine tackles (six solo) vs. Washington (1/14/06), six (four solo) vs. Carolina (1/22/06) and eight (seven solo) in Super Bowl XL vs. Pittsburgh (2/5/06).

COLLEGE: First player, regardless of position since 1999-00, to earn first-team All-ACC honors in consecutive years. Started 24 of 47 collegiate games. Finished with 311 tackles (219 solo), 16 sacks, 48 tackles for loss, three interceptions, two forced fumbles, a fumble recovery, and four passes defensed. As a senior, named ACC Defensive Player of Year and All-ACC first-team while starting every game (11) at strongside linebacker.

PERSONAL: Attended Baldwin High. Was Class 5A all-state pick junior and senior year. Named Region Defensive Player of Year while earning all-area, all-conference, and all-region honors both junior and senior seasons. Recorded 150 tackles as a senior. Majored in management.

HILL'S NFL RECORD

				Tack	es	S	acks		Inte	ercep	tion	S				
	Club	G/S	Tk	Sc	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
2005	Seattle	15/9	67	48	3 19	7.5	36.5	0	0	0.0	0	0	2	2	0	0
2006	Seattle	15/15	92	70	22	2.0	19.0	0	0	0.0	0	0	2	2	1	4
2007	Seattle	14/14	81	58	3 23	3.0	33.0	0	0	0.0	0	0	4	3	1t	20
2008	Seattle	12/12	2 81	61	20	1.0	2.0	0	0	0.0	0	0	3	0	0	0
2009	Seattle	11/11	46	39	7	1.0	13.0	0	0	0.0	0	0	0	0	0	0
2010	Seattle	1/0			Speci	al Tea	ams On	ly								
2011	Seattle	16/16	89	68	3 21	4.0	32.0	0	0	0.0	0	0	0	1	0	0
2012	Seattle	5/5	16	9	7	0.0	0.0	0	0	0	0	0	0	0	0	0
NFLT	OTALS	89/82	2 472	353	119	18.5	135.5	0	0	0.0	0	0	11	8	2	24
					Р	OST	SEAS	ON								
			Tac	kles		Sac	ks	Ir	nterc	eptio	ns					
	Club	G/S	Tkl S	So A	st	OB '	Yds N	lo Y	ds A	vg L	G T	D	PD	FF	FR	Yds
2005	Seattle	3/3	23	17	6	0.0	0.0	0	0 0	0.0	0	0	0	0	0	0
2006	Seattle	2/2	17	12	5	0.0	0.0	0	0 0	0.0	0	0	0	0	0	0
2007	Seattle	2/2	24	21	3	2.0	8.0	0	0 0	0.0	0	0	0	1	0	0
NFLT	OTALS	7/7	64 !	50	14	2.0	8.0	0	0 (0.0	0	0	0	1	0	0

HILL'S SINGLE-GAME HIGHS

Tackles: 12 at San Francisco (10/26/08) FF: 1, 8 Times, Last vs. Arizona (9/25/11) Sacks: 1.5 at Arizona (11/6/05) and at Phi (12/5/05) Int.: None

FR: 1, vs. NYG (9/24/06) and vs. Balt. (12/23/07) TDs: 1, 20-yard fumble return vs. Balt. (12/23/07)

ADDITIONAL STATS

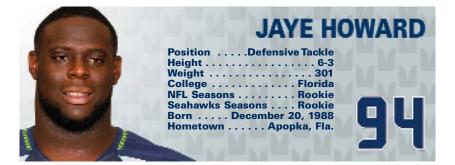
Special Teams Tackles: 2005 (5): Career: (5).

HILL'S 2012 SEASON

at Ariz (9/9): Had three tackles (2 solo) and a QB hit. Dal (9/16): Posted five tackles (3 solo). GB (9/24): Posted five tackles (2 solo). at StL (9/30): Had one solo tackle. at Car (10/7): Posted 2 tackles (1 solo).

HILL'S 2012 GAME-BY-GAME

Game	P/S	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/1	3	2	1	0.0	0.0	1	0	0	0	0	0	0
Dal (9/16)	1/1	5	3	2	0.0	0.0	0	0	0	0	0	0	0
GB (9/24)	1/1	5	2	3	0.0	0.0	0	0	0	0	0	0	0
at StL (9/30)	1/1	1	1	0	0.0	0.0	0	0	0	0	0	0	0
at Car (10/7)	1/1	2	1	1	0.0	0.0	0	0	0	0	0	0	0
Totals	5/5	16	9	7	0.0	0.0	1	0	0	0	0	0	0



HOW ACQUIRED: Drafted with the second of two fourth-round choices (114th overall) in the 2012 NFL Draft.

COLLEGE: Played in 45 games as a Gator, making 25 starts with 131 tackles (80 solo), 25.5 tackles for loss, 11.0 quarterback sacks, two pass breakups and three fumble recoveries during his time at UF.

RS Senior: Started all 13 games at defensive tackle in his senior season. Finished tied for second on the team with 10.0 tackles for loss, totaling a team-best 64 yards, and 5.5 sacks, for a team-high 50 yards. Tied for the team lead with four OB hurries, and tops on the Gators with two fumble recoveries, including a 2-yard touchdown return against Kentucky. Fourth on the team with 65 tackles on the year. Voted Team Captain by his teammates. Had four total tackles in the season opener, with 1.5 tackles for a loss and a 12-yard sack, to earn him the first SEC Defensive Lineman of the Week honor of the year.

RS Junior: Appeared in 11 games, starting eight and missing Georgia and Vanderbilt with a right ankle sprain. Started at defensive tackle vs. Miami University, USF, LSU and Penn State. Started at defensive end in Florida's victories over Tennessee and Kentucky, at Alabama and vs. Mississippi State. Wore jersey number 62 at

Alabama in tribute to former Gators player Lamar Abel, a former walk-on who was part of the 2008 Florida National Championship team. Abel passed away on May 22, 2010. Had 29 tackles on the season with 10.0 tackles for loss.

RS Sophomore: Saw time in 12 games for the Gators during his redshirt sophomore campaign, including four starts versus Charleston Southern, Tennessee, FIU and FSU. Notched 29 tackles, 18 solo, 11 assisted, 3.0 tackles for loss and 1.5 quarterback sacks in 2009. Led the Florida defense, for the second time in 2009, with a career-high 10 tackles in the 2009 SEC Championship Game versus Alabama.

RS Freshman: Played in nine of UF's games during the season. Recorded eight tackles (six solo), 2.5 tackles-for-loss, 1.5 quarterback sacks and one fumble recovery. Played a role in Florida's 2008 SEC Championship Title, recording two tackles in the 31-20 win over Alabama.

PERSONAL: Rated ninth among defensive ends by ESPN.com after playing at Jones High School. Played both defensive end and linebacker in high school. During his senior year, had 8.0 sacks, 15 tackles and four fumble recoveries. As a junior, he collected 116 tackles, including 20 for a loss, and totaled 10 sacks. Also played basketball in high school and led Jones to the Class 3A state title.

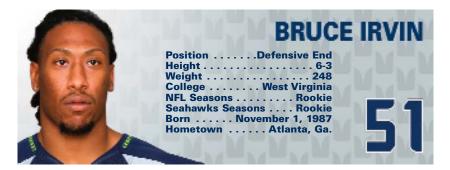
HOWARD'S 2012 SEASON

at Ariz (9/9): Inactive. Dal (9/16): Inactive. GB (9/24): Inactive. at StL (9/30): Inactive. at Car (10/7): Inactive (foot).

HOWARD'S 2012 GAME-BY-GAME

Game	P	T S	A QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	0/0	Inactive									
Dal (9/16)	0/0	Inactive									
GB (9/24)	0/0	Inactive									
at StL (9/30)	0/0	Inactive									
at Car (10/7)	0/0	Inactive	(foot)								
Totals	0/0	0 0	0.0	0.0	0	0	0	0	0	0	0

P = Participation



HOW ACQUIRED: Selected with the 15th overall pick in the 2012 NFL Draft. Fifth defensive end chosen in the first round in club history (Last: Lawrence Jackson, 2008). Second player drafted out of West Virginia in club history (Owen Schmitt, 2008).

COLLEGE: Made six starts in 26 games at West Virginia, recording 61 tackles (45 solo), 22.5 sacks, 29 tackles for losses totaling 179 yards, four quarterback pressures, five forced fumbles and one pass defensed. His 22.5 sacks went for minus 159 yards and after just two seasons ranked fifth in school history.

Senior: Started the team's first five games at weak-side defensive end, playing in all 13 games and leading the team with 8.5 sacks (tied for fourth in the Big East). Named All-Big East Conference first-team by the league's coaches, his 8.5 sacks went for minus 71 yards and he recorded 15 tackles for losses of 91 yards, placing him fourth on the school season-record list. Ended the season ranked ninth on the team with 40 tackles (27 solo), while adding two quarterback pressures and forcing three fumbles.

Junior: Played in all 13 games as a reserve weak-side defensive end, seeing 225 snaps as he led the Big East conference and ranked second in the nation with 14 sacks, good for the third-best season-total in school history. Named All-Big East Conference second-team by the league's coaches and selected All-American honorable mention by Sports Illustrated. His 14

sacks went for minus 81 yards and he totaled 21 tackles (18 solo) with two quarterback pressures, two forced fumbles and a pass defensed. A key part of WVU's rush defense that ranked second in the nation, allowing 86.46 yards per game and ranked third in both total defense (261.08 ypg) and scoring defense (13.54 ypg).

Junior College: Played one season for Mt. San Antonio Junior College and guided the team to a 13-1 record in 2009, sealing conference, state and national championships. Named first-team All-American by JC Athletic Bureau (LB) and Triumphant Sports (DE) and was named Player of the Year in the All-California Region III. Was the team's second-leading tackler with 72 stops (45 solo) and led the state with 16 sacks for minus 129 yards, while making 21 tackles for losses of 151 yards. Accrued 10 quarterback pressures, five passes defensed, blocked a kick, forced three fumbles and recovered one more that he returned 96 yards for a touchdown. Named Scout.com's junior college second-ranked player overall after the season.

PERSONAL: Attended Stockbridge High School in Atlanta, Georgia and played three games as a wide receiver during his sophomore year. Transferred to Stephenson High School in Stone Mountain, Georgia, but never played football. Received his GED diploma. A sociology and anthropology major at West Virginia. Son of Bessie and Rufus Lee.

IRVIN'S 2012 SEASON

Leads all NFL rookies with 4.5 sacks and ranks fifth in the NFC overall (12th NFL). at Ariz (9/9): Saw action at DE and had a QB hit. Dal (9/16): Registered first sack, splitting one with Jason Jones in the fourth quarter. GB (9/24): Posted 2.0 sacks and three QB hits. Contributed to a total of 8.0 sacks in the first half, second-most in the first half in NFL history (9.0, N.Y. Giants vs. Chicago, 10/2/10). at StL (9/30): Saw action at DE. at Car (10/7): Posted two sacks for minus 19 yards, including a sack and FF on the Panthers final drive to end a game-winning TD threat.

IRVIN'S 2012 GAME-BY-GAME

Game	Р	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/0	0	0	0	0.0	0.0	1	0	0	0	0	0	0
Dal (9/16)	1/0	1	0	1	0.5	2.0	1	0	0	0	0	0	0
GB (9/24)	1/0	2	2	0	2.0	9.0	3	0	0	0	0	0	0
at StL (9/30)	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0
at Car (10/7)	1/0	2	2	0	2.0	19.0	2	0	0	0	1	0	0
Totals	5/0	5	4	1	4.5	30.0	7	0	0	0	1	0	0



HOW ACQUIRED: Signed to Seattle's practice squad on September 6, 2010, and to the active roster on January 7, 2011.

NFL CAREER HIGHLIGHTS:

- Originally signed with the Kansas City Chiefs as an undrafted free agent on April 25, 2010, before being released following training camp on September 3.
- Signed to Seattle's active roster for the postseason on January 7, 2011, was inactive for both contests.
- Saw action in all 16 games in 2011 on special teams and on the offensive line. Started five games, one at center (at Cleveland, 10/23) and the final four at right quard.

COLLEGE: Played on the defensive side of the ball first two seasons at South Carolina before making the transition to the offensive line in the final week of the 2007 spring session. Played in 36 games (21 starts). As a senior, played in 13 games with eight starts at center and two starts at guard. As a junior, opened the first five games at either left or right guard, but missed the rest of the season after suffering a knee injury. Started five games at right guard after making the transition from defensive line to offensive line in spring practice as a sopho-

more. Saw action in 13 games with one start at defensive tackle as a redshirt freshman. Registered 17 tackles (11 solo), 6.0 stops for loss and 2.0 sacks.

PERSONAL: Played at Timber Creek School in Orlando, Fla. Earned 6A first-team all-state honors. Named first-team All-Orange County as a junior by the Orlando Sentinel after totaling 96 tackles and nine sacks. Played in the Central Florida All-Star Game. Regarded as the 44th-best defensive tackle in the country by Rivals.com and ranked #25 on the Orlando Sentinel's Top 100 players in the state of Florida. Three-year starter on the basketball team. Majored in Retailing and is working on a master's degree in Sport and Entertainment Management at South Carolina. Born on May 19, 1987.

JEANPIERRE'S NFL RECORD

	2011	Team Seattle Seattle Seattle	GP/GS 0/0 16/5 4/0	Postseason 0/0
Ī	NFLT	OTALS	20/5	0/0

JEANPIERRE'S 2012 SEASON

at Ariz (9/9): Saw action on special teams. Dal (9/16): Saw action on special teams. GB (9/24): Inactive. at StL (9/30): Saw action on special teams. at Car (10/7): Saw action on special teams.



HOW ACQUIRED: Signed by Seattle as a rookie free agent on July 26, 2011.

NFL CAREER HIGHLIGHTS:

 Saw action in seven games as a rookie, mainly on special teams.

COLLEGE: Started 44 games for the Broncos and became a cornerstone of the Boise State defense, leading the team in tackles in each of his final three seasons. His efforts earned him all-conference honors three consecutive years. Named to the All-WAC First-Team in 2010 after

recording 82 total tackles (45 solo) and was named All-WAC second-team in 2008 and 2009. He finished his career ranked 12th alltime in career tackles (318) at Boise State.

PERSONAL: Was a four-year letterman at Dominguez High School, where he was named San Gabriel Valley League defensive MVP as both a junior and senior, as well as being named to the Press Telegram Dream Team and earning First-Team All-CIF honors. Majored in communication. Born on June 12, 1988.

JOHNSON'S NFL RECORD

			Ta	ackle	s	Sa	cks		Inte	rcept	ions	6				
	Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
2011	Seattle	7/0	2	1	1	0.0	0.0	0	0.0	0.0	0	0	0	0	0	0
2012	Seattle	5/0	1	1	0	0.0	0.0	0	0.0	0.0	0	0	0	0	0	0
NFLT	OTALS	12/0	3	2	1	0.0	0.0	0	0.0	0.0	0	0	0	0	0	0

JOHNSON'S SINGLE-GAME HIGHS

Tackles: 2 vs. Atlanta (10/2/11) FF: None Sacks: None FR: None

Int.: None

ADDITIONAL STATS

Special Teams tackles: 2011 (4) 2012 (2); Career: (6) Touchdowns: 2012 (Returned a blocked punt 3 yards for a TD vs. Dallas)

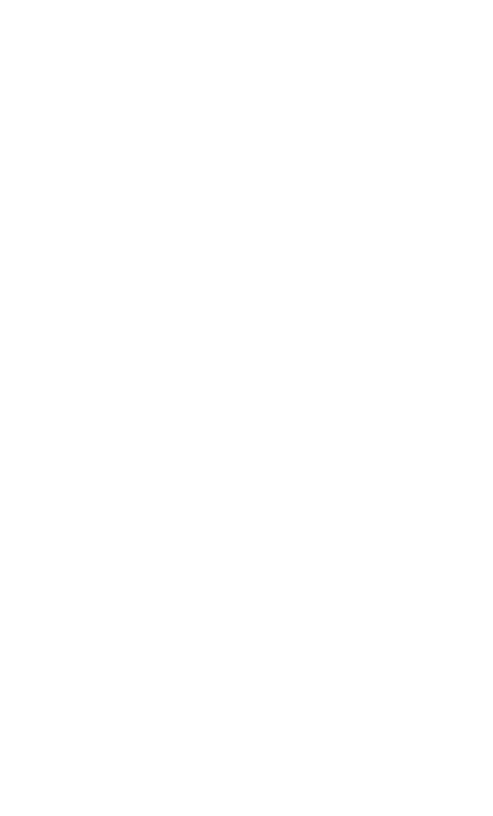
JOHNSON'S 2012 SEASON

at Ariz (9/9): Saw action on special teams and on goal line packages. Dal (9/16): Made an impact early in the game returning a Malcolm Smith blocked punt 3 yards for aTD giving Seattle a 10-0 lead with 10:23 remaining in the first quarter. Also saw action as an extra safety in the Big Nickel and goal line situations. GB (9/24): Posted one solo tackle and also assisted on a special teams tackle. at StL (9/30): Saw action in the Big Nickel package and goal line situations. at Car (10/7): Saw action in the Big Nickel and on special teams.

JOHNSON'S 2012 GAME-BY-GAME

Game	Р	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0
Dal (9/16)	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0
GB (9/24)	1/0	1	1	0	0.0	0.0	0	0	0	0	0	0	0
at StL (9/30)	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0
at Car (10/7)	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0
Totals	5/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0

Additional Statistics: Tackles 2. Touchdowns: Returned a blocked punt 3 yards vs. Dallas (9/16) for aTD.





HOW ACQUIRED: Signed by Seattle as an unrestricted free agent on March 21, 2012.

NFL CAREER HIGHLIGHTS:

- · Originally selected by the Titans in the second round (54th overall) of the 2008 NFL Draft.
- From the time he entered the NFL in 2008 through the 2011 campaign, Jones is tied for ninth in the league among defensive tackles with 12.5 total sacks.
- In 2010, Jones produced one of the most impressive campaigns by a defensive tackle during the "Titans era" (1999-present). His 12 tackles for loss ranked second among the Titans in that period, trailing only Kevin Carter's 13 in 2001.
- As a rookie in 2008. Jones' five sacks ranked fourth in the NFL among all defensive tackles and was the top number among rookie defensive linemen.
- In a game against Pittsburgh during rookie season (12/21/08), Jones recorded the best single-game sack total by a Titans player since 1993. Totaled 3.5 sacks, a half-sack shy of the franchise record and the most since William Fuller's four sacks against Pittsburgh on Nov. 28, 1993.

COLLEGE: In 45 games for Eastern Michigan Eagles, started 33 times on defense and three times on offense. Collected 175 tackles with 14

sacks and ranked second in school history with 50 stops for losses. As senior in 2007, received third-team All-American and first-team All-MAC honors. Played in all 12 games with 11 starts and finished fourth on the team with 70 tackles. Tied for seventh in the NCAA with a career-high 19.5 stops for losses. As junior (2006), turned in one of the best defensive efforts in the nation recording 18.5 tackles for loss to rank fifth nationally. Named EMU's Most Valuable Player and chosen second-team All-Mid-American Conference at defensive lineman. Started in all 11 games in which he played, missing only one game with leg injury. Started all 11 games on the defensive line and responded with 47 total tackles. As freshman (2004), one of six 2004 recruits that saw action during the season. Began season at tight end before moving to the defensive line midway through the 2004 campaign. Caught four passes for 12 vards. Played in all 11 games with three starts at tight end. Majored in business management.

PERSONAL: Attended Lathrup (Southfield. Mich.) High School and enjoyed an outstanding prep career as a football and basketball player. Was named first-team All-Oakland Athletic Association as a senior, recording 27 tackles, six sacks, four forced fumbles and seven interceptions, three of which were returned for touchdowns. Also caught 25 pass-

Interceptions

JONES' NFL RECORD

Tackles

	Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
2008	Tennessee	13/3	49	28	21	5.0	31.5	0	0	0.0	0	0	2	2	0	0
2009	Tennessee	7/0	21	15	6	4.0	29.0	0	0	0.0	0	0	5	0	0	0
2010	Tennessee	15/15	61	36	25	3.5	28.0	0	0	0.0	0	0	4	3	0	0
2011	Tennessee	14/13	48	24	24	3.0	21.0	0	0	0.0	0	0	5	1	0	0
2012	Seattle	5/0	3	1	2	1.5	10.0	0	0	0.0	0	0	2	0	0	0
NFLT	OTALS	54/31	182	104	78	17.0	119.5	0	0	0.0	0	0	18	6	0	0
					POS	STSE	ASC	N								
		Ta	ackle	s	S	acks		Inte	ercept	tions						
	Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
2008	Tennessee	1/0	2	1	1	0.0	0.0	0	0	0.0	0	0	0	0	0	0

Sacks

es for 395 yards and eight touchdowns as a averaging 24 points, 14 rebounds, five assists receiver. Named by the Detroit News as the 44th-best player on the Blue Chip list in the state of Michigan. Also added All-Metro North he also garnered third-team Class A All-State honors. Started as a junior and senior on the school's basketball team and led the hoops recognition. Has three brothers, Jamar, Brian squad to the Class A regionals in 2003-04 after and Micheal.

and two blocks. Was chosen Most Valuable Player in the Motor City Roundball Classic, as pick as well as a first-team All-Metro North

JONES' SINGLE-GAME HIGHS

Tackles: 7, 2 Times, Last at Dallas (10/10/10) Sacks: 3.5 vs. Pittsburgh (12/21/08)

FF: 2 vs. Pittsburgh (12/21/08) FR: None

Int.: None

JONES' 2012 SEASON

at Ariz (9/9): Assisted on one tackle and had two passes defensed. Dal (9/16): Combined for a sack with Bruce Irvin in the fourth quarter. GB (9/24): Part of a defensive line that pressured Aaron Rodgers into eight first-half sacks. at StL (9/30): Had one sack and a QB hit. at Car (10/7): Saw action at DT.

JONES' 2012 GAME-BY-GAME

Game	P/S	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/0	1	0	1	0.0	0.0	0	0	0	2	0	0	0
Dal (9/16)	1/0	1	0	1	0.5	2.0	1	0	0	0	0	0	0
GB (9/24)	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0
at StL (9/30)	1/0	1	1	0	1.0	8.0	1	0	0	0	0	0	0
at Car (10/7)	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0
Totals	5/0	3	1	2	1.5	10.0	2	0	0	2	0	0	0



HOW ACQUIRED: Selected with the first of two sixth-round draft choices (172nd overall) in the 2012 NFL Draft.

COLLEGE: Played in 43 games with 14 starts, totaling 137 tackles (57 solo), 24 pass breakups, four interceptions and three fumble recoveries.

Senior: Started at cornerback (10 games, missed 1 with an injury) and had 42 tackles (29 solo), 1.0 sack, two interceptions, three pass breakups, two fumble recoveries and one fumble forced. Posted nine tackles, 1.0 sack at No. 2-ranked LSU on 9/10/11. Team's special teams player of the week vs. Lamar after he downed three punts inside the 10, two inside the 5. Tallied four tackles and an interception in season-ending loss to Stephen F. Austin. Coaches presented him the defensive "Most Improved Award" after the season.

Junior: Had 33 tackles (22 solo) in 11 games with four starts. Had one interception and returned it 15 yards vs. Southeastern Louisiana. Led the team with 12 passes defensed and also

recovered a fumble. Posted a season-high seven stops against McNeese State.

Sophomore: Played in nine games and collected 23 tackles. Posted four tackles against Houston, five tackles at Baylor, and three tackles each versus Central Arkansas and McNeese State. Also returned one kick for 13 yards.

Freshman: Recorded 39 tackles (28 solo) in playing all 12 games as a freshman. Also had one interception, a fumble recovery and eight pass breakups - second most on the team. Recorded a career-high eight stops against Stephen F. Austin in the season finale. Had seven stops, all solo, against Sam Houston State. Picked off his only pass of the season at Central Arkansas.

PERSONAL: As a senior, earned first team all-district honors as a defensive back at Tyler High School. Also competed on school's track team in the 400 meters, 200 meters, long jump and on the 4x100 relay team. Majored in criminal justice

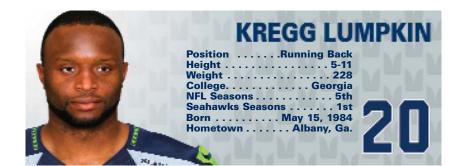
LANE'S 2012 SEASON

at Ariz (9/9): Saw action on special teams. Dal (9/16): Inactive. GB (9/24): Assisted on one special teams tackle. at StL (9/30): Posted one special teams tackle. at Car (10/7): Inactive.

LANE'S 2012 GAME-BY-GAME

Game	P/S	T S A	QB Yd	s. QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/0	Special Tea	ms Only							
Dal (9/16)		Inactive								
GB (9/24)	1/0	Special Tea	ms Only							
at StL (9/30)	1/0	Speical Tea	ms Only							
at Car (10/7)		Inactive								
Totals	3/0	0 0 0	0.0 0.0	0	0	0	0	0	0	0

Additional Statistics: Special Teams Tackles: 2



HOW ACQUIRED: Signed with the Seahawks as an undrafted free agent April 2, 2012.

NFL CAREER HIGHLIGHTS:

- Originally entered the NFL as an undrafted free agent with the Packers on May 2, 2008. Played in two games for Green Bay in 2008 before being placed on injured reserve October 11. Spent 2009 on the Packers practice squad. After going to training camp with the Packers in 2010, was released following training camp and claimed off waivers by Tampa Bay on September 5, 2010.
- First-career action came as a rookie at Detroit (9/14/08).
- In 2011, finished third on the team with 41 receptions for 291 yards. Set a career high with six catches vs. Chicago (10/23).

COLLEGE: Three-year letter winner at the University of Georgia rushing for 1,656 yards and 15 touchdowns on 340 carries during

career. Named to the watch list for the Doak Walker Award, given annually to the nation's premier college running back, prior to the 2007 season. Played in five games as a senior before sustaining a season-ending knee injury. Led the Bulldogs in rushing with 798 yards as a junior. Played in 12 games as a true freshman, finishing second on the team with 523 yards on 112 carries and seven touchdowns, including the game-winning touchdown in overtime against Purdue in the 2003 Capital One Bowl.

PERSONAL: Started all four years at running back at Stephenson High School (Stone Mountain, Ga.), and was rated the second-best running back in the nation by Rivals.com as a senior. Received all-state and all-conference honors in football, as well as earning two letters in track and one in basketball. Married to Ember.

LUMPKIN'S NFL RECORD

			Rus	shing				Red	eiving		
Club	G/S	TD	No	Yds	Avg	LG	TD				
2008 Green Bay	2/0	1	19	19.0	19	0	3	22	7.3	12	0
2009 Green Bay		Р	ractic	e Squa	ad						
2010 Tampa Bay	11/0	1	0	0.0	0	0	1	12	12.0	12	0
2011 Tampa Bay	16/0	31	105	3.4	19	0	41	291	7.1	16	0
2012 Seattle	0/0	0	0	0.0	0	0	0	0	0.0	0	0
NFLTOTALS	29/0	33	124	3.8	19	0	45	325	7.2	16	0

LUMPKIN'S SINGLE-GAME HIGHS

Rushing
Rush Attempts: 8 vs. Chicago (10/23/11)
Rush Yards: 31 vs. Houston (11/13/11)

Longest Rush: 19, 2 Times, Last vs. Houston (11/13/11) Longest Reception: 16 vs. Houston (11/13/11)

Most Rush TDs: None

Receiving
Most Receptions: 6, vs. Chicago (10/23/11)
Most Rec. Yards: 50 vs. Dallas (12/17/11)
Longest Recention: 16 vs. Houston (11/13/1

Most Rec. TDs: None

ADDITIONAL STATS

Special Teams Tackles: 2010 (2), 2011 (5); Career: (7).

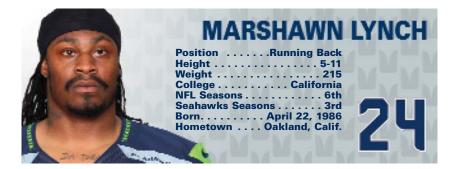
LUMPKIN'S GAME-BY-GAME

			F	Rushing					Receivi	ng			
2008	Opponent	Att	Yds	Avg	LG	TD	Rec	Yds	Avg	ĽG	TD	Total	W/L
9/14	at Detroit	1	19	19.0	19	0	3	22	7.3	12	0	41	W
9/21	Dallas	0	0	0.0	0	0	0	0	0.0	0	0	0	L
TOTAL	S (2/0)	1	19	19.0	19	0	3	22	7.3	12	0	41	1-1
				Rushing					Receivi				
2010	Opponent		Yds	Avg	LG	TD	Rec	Yds	Avg	ĹG	TD	Total	W/L
9/19	at Carolina	0	0	0.0	0	0	0	0	0.0	0	0	0	W
9/26	Pittsburgh	0	0	0.0	0	0	0	0	0.0	0	0	0	L
10/24	St. Louis	1	0	0.0	0	0	0	0	0.0	0	0	0	W
11/07	at Atlanta	0	0	0.0	0	0	0	0	0.0	0	0	0	L
11/14	Carolina	0	0	0.0	0	0	0	0	0.0	0	0	0	W
11/21	at San Francisco	0	0	0.0	0	0	0	0	0.0	0	0	0	W
11/28	at Baltimore	0	0	0.0	0	0	0	0	0.0	0	0	0	L
12/05	Atlanta	0	0	0.0	0	0	0	0	0.0	0	0	0	L
12/12	at Washington	0	0	0.0	0	0	0	0	0.0	0	0	0	W
12/19	Detroit	0	0	0.0	0	0	0	0	0.0	0	0	0	L
1/02/11		0	0	0.0	0	0	1	12	12.0	12	0	12	W
TOTAL	S (11/0)	1	0_	0.0	0	0	1	12	12.0	12	0	12	6-5
0044	0	A 44		Rushing			D		Receivi			T. 4 . 1	14//1
2011	Opponent	Att	Yds	Avg	LG	TD	Rec	Yds	Avg	ĹĠ	TD	Total	W/L
9/11	Detroit	0	0	0.0	0	0	1	9	9.0	9	0	9	L W
9/18	at Minnesota	0	0	0.0	0	0	0	0	0.0	0 4	0	0	W
9/25 10/3	Atlanta	0	0	0.0	0	0	1	4 25	4.0 8.3	10	0	4 25	W
10/3	Indianapolis	2	7	3.5		0	3 1	25 4	8.3 4.0	4	0	25 11	VV L
10/9	at San Francisco New Orleans	2	13	3.5 6.5	5 9	0	0	0	0.0	0	0	13	W
10/16		8	15	0.5 1.9	13	0	6	37	6.2	10	0	52	VV L
11/6	Chicago at New Orleans	2	15 7	3.5	4	0	4	31	0.2 7.8	13	0	38	
11/13	Houston	4	31	3.5 7.8	19	0	5	30	6.0	16	0	50 61	
11/13	at Green Bay	0	0	0.0	0	0	1	8	8.0	8	0	8	
11/27	at Tennessee	1	3	3.0	3	0	3	10	3.3	9	0	13	- 1
12/4	Carolina	2	ა 1	0.5	2	0	0	0	0.0	0	0	13	
12/4	at Jacksonville	1	4	4.0	4	0	2	18	9.0	10	0	22	
12/11	Dallas	0	0	0.0	0	0	5	50	10.0	14	0	50	ī
12/17	at Carolina	7	24	3.4	9	0	4	38	9.5	15	0	62	Ĺ
1/1/12	at Atlanta	2	0	0.0	2	0	5	27	5.4	12	0	27	ī
	S (16/0)	31	105	3.4	19	0	41	291	7.1	16	0	396	4-12
IOIAL	0 (10/0)	91	103	3.7	13	v	71	231	7. 1	10	J	330	7-12

LUMPKIN'S 2012 SEASON

Released September 18. at Ariz (9/9): Inactive. Dal (9/16): Inactive.

		F	Rushing					Receivi	ng			
2012 Opponent	Att	Yds	Avg	LG	TD	Rec	Yds	Avg	ĽG	TD	Total	W/L
9/9 at Arizona		Ir	active									
9/16 Dallas		Ir	active									
TOTALS (0/0)	0	0	0.0	0	0	0	0	0.0	0	0	0	0-0
CAREER TOTALS (29/0)	33	124	3.8	19	0	45	325	7.2	16	0	449	11-18



HOW ACQUIRED: Traded by Buffalo to Seattle for a 2011 fourth-round draft choice and an undisclosed 2012 choice on October 5, 2010. Resigned to a multi-year contract in 2012.

NFL CAREER HIGHLIGHTS:

- Originally drafted by Buffalo with the 12th overall selection in the 2007 NFL Draft.
- In 2011, set career highs in rushing yards (1,204), rushing TDs (12) and 100-yard rushing performances (6). Set a club record with at least one TD in 11-straight games breaking Shaun Alexander's 2005 record of nine. Became Seattle's first 1,000-yard rusher since Shaun Alexander set a club-record with 1,880 in 2005.
- Set career high with 32 rushes for 109 yards and aTD vs. Baltimore's (11/13) third-ranked run defense in one of the finest games in 2011.
 Marked the first time in career rushing for backto-back 100-yard games. Tied a career high with 58 receiving yards and accounted for 40 yards and the final three first downs on a game-end-

ing drive that consumed the final 5:52 of the clock on a drive that began first-and-20 from Seattle's own 10-yard line. Touched the ball eight of 10 plays before two kneel downs ended the game.

- Rushed for 107 yards on 21 carries and aTD versus the 49ers (12/24/11). First runner to eclipse 100 yards versus the 49ers since November 2009 (36 games) and the first player to rush for aTD versus the 49ers in 15 games dating to 2010.
- Earned second-career trip to the Pro Bowl in 2011.
- Set a career-high with three rushing TDs vs. Carolina (12/5/10) on 21 carries for 83 yards. It was the first time a Seahawks player had three rushing scores since Shaun Alexander scored three vs. St. Louis (11/13/05).
- Played in 45 games with 37 starts for Buffalo, leaving the team as its 10th all-time leading rusher (2,765) and ninth all-time in rushing

LYI	VCH'	S NF	L RI	ECO	RD							
				Rus	hing				R	eceivir	ng	
	Club	G/S	Att	Yds	Avg	LG	TD	No	Yds	Avg	LG	TD
2007	Buffalo	13/13	280	1,115	4.0	56t	7	18	184	10.2	30	0
2008	Buffalo	15/15	250	1,036	4.1	50	8	47	300	6.4	42	1
2009	Buffalo	13/6	120	450	3.8	47	2	28	179	6.4	35	0
2010	Buffalo	4/3	37	164	4.4	17	0	1	7	7.0	7	0
	Seattle	12/11	165	573	4.4	32	6	21	138	6.6	22	0
2011	Seattle	15/15	285	1,204	4.2	47	12	28	212	7.6	26	1
2012	Seattle	5/5	113	508	4.5	36	2	8	59	7.4	16	0
NFLT	OTALS	77/68	1,250	5,050	4.0	56t	37	151	1,086	7.2	42	2
				F	POST	SEAS	SON					
				Rus	hing				Re	eceivin	g	
	Club	G/S	Att	Yds	Avg	LG	TD	No	Yds	Avg.	LG	TD
2010	Seattle	2/1	23	133	5.8	67t	1	0	0	0.0	0	0
NFLT	OTALS	2/1	23	133	5.8	67t	1	0	0	0.0	0	0

LYNCH'S SINGLE-GAME HIGHS

Rushing

Rush Attempts: 32 vs. Baltimore (11/13/11) Rush Yards: 153 vs. Cincinnati (11/4/07) Longest Rush: 56, 2 Times, Last at Phil (12/30/07) Most Rush TDs: 3 vs. Carolina (12/5/10) Receiving

Most Receptions: 10 vs. Cleveland (11/17/08) Most Rec. Yards: 58, 2 Times, Last vs. Balt (11/13/11) Longest Reception: 42 vs. N.Y. Jets (11/2/08) Most Rec. TDs: 1, 2 Times, Last vs. Wash (11/27/11) attempts (687).

- Became the fastest Bills running back to reach 1,500 yards (19 games) and joined Joe Cribbs and Willis McGahee as the only Bills running backs to reach 1,000 yards in each of their first two seasons.
- Rushed for a career-high 1,115 yards on 280 attempts during rookie season and followed that up with 1,036 yards on 250 carries and a career-high eight touchdowns in 2008, where he was selected to the Pro Bowl as an injury replacement for Tennessee's Chris Johnson.





HONORS: 2011, NFC Pro Bowl Selection. 2008, AFC Pro Bowl Selection. 2007, Pro Football Weekly/Professional Football

Writers of America All-Rookie Team Selection; NFL.com Gil Brandt's All-Rookie Team Selection; Diet Pepsi NFL Rookie of the Week Winner (week 7 and week 10).

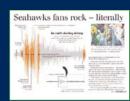
COLLEGE: Became the fourth player in Cal history to rush for more than 3,000 yards and

ranks second in school history with 3,230. Only the second player in school history to gain more than 1,000 yards in consecutive seasons (2005 - 1,246; 2006 - 1,356). Holds the Cal record for most 100-yard rushing games (17). Became the fourth player in school history to amass more than 4,000 all-purpose yards. Ranks 10th in school history with an average of 22.5 yards per kickoff return. Ranks eighth alltime on the scoring list (210 points). In 2006, was named Pac-10 Offensive Player of the Year and All-Pac 10 Conference first team. Was an All-American first team selection by The NFL Draft Report and the American Football Coaches Association. Received the Bear Backer Award as the team's Most Valuable Player, Led the conference in both rushing (104.3 ypg) and all-purpose yardage (137.3 ypg).

PERSONAL: Attended Oakland Technical High School. Cousin Josh Johnson was drafted in fifth round (160th overall) by the Tampa Bay Buccaneers in 2008; cousin Robert Jordan was signed by the San Francisco 49ers as an undrafted free agent in 2008; cousin Virdell Larkins played defensive back at Idaho. Son of Delisa Lynch. Has one brother, Davonte.

BEASTQUAKE

In what many consider one of the best postseason runs in NFL history, Lynch's 67-yard touchdown run vs. the New Orleans Saints in the NFC Wild Card Game (1/8/11), did more than just give the Seahawks a 41-30 lead late in the fourth quarter to help seal the game. His run, in which he broke free from as many as eight Saints defenders, registered seismic activity near CenturyLink Field on one of the Pacific Northwest Seismic Network's monitoring stations. The station that picked up the twork's is mostly used for monitoring a two-level viaduct highway that runs along the Seattle waterfront and its seawall.



Source: Pacific Northwest Seismic Network, Mark Nowlen The Seattle Times



LYNCH'S GAME-BY-GAME

			F	Rushing					Receivi	ing			
2007	Opponent	Att	Yds	Avg	LG	TD	Rec	Yds	Avg	ĽG	TD	Total	W/L
9/9	Denver	19	90	4.7	23t	1	2	9	4.5	14	0	104	L
9/16	at Pittsburgh	18	64	3.6	12	0	1	21	21.0	21	0	85	L
9/23	at New England	20	74	3.7	12	1	2	6	3.0	4	0	80	L
9/30	New York Jets	23	79	3.4	11	1	0	0	0.0	0	0	79	W
10/8	Dallas	20	66	3.3	15	0	2	32	16.0	23	0	98	L
10/21	Baltimore	27	84	3.1	23	1	3	14	4.7	9	0	98	W
10/28	at New York Jets	21	80	3.8	10	0	1	7	7.0	7	0	87	W
11/4	Cincinnati	29	153	5.3	56t	1	1	7	7.0	7	0	160	W
11/11	at Miami	19	61	3.2	18	1	3	24	8.0	10	0	85	W
11/18	New England			Ir	nactive	(ankle)							
11/25	at Jacksonville			Ir	nactive	(ankle)							
12/2	at Washington			Ir	nactive	(ankle)							
12/9	Miami	23	107	4.7	11	0	0	0	0.0	0	0	101	W
12/16	at Cleveland	21	82	3.9	29	0	0	0	0.0	0	0	82	L
12/23	New York Giants	18	70	3.9	28	1	2	42	21.0	30	0	112	L
12/30	at Philadelphia	22	105	4.8	56	0	1	22	22.0	22	0	127	L
TOTAL	S (13/13)	280	1,115	4.0	56t	7	18	184	10.2	30	0	1,299	6-7

			F	Rushing					Receivi	ng			
2008	Opponent	Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD	Total	
9/7	Seattle	18	76	4.2	21t	1	3	18	6.0	11	0	94	W
9/14	at Jacksonville	19	59	3.1	11t	1	1	8	8.0	8	0	67	W
9/21	Oakland	23	83	3.6	14t	2	4	31	7.8	17	0	114	W
9/28	at St. Louis	19	57	3.0	11	0	4	24	6.0	9	0	81	W
10/5	at Arizona	12	44	4.2	22	0	3	10	3.3	6	0	54	L
10/19	San Diego	19	70	3.7	19	1	4	22	5.5	10	0	92	W
10/26	at Miami	13	61	4.7	18	1	5	34	6.8	12	0	95	L
11/2	New York Jets	9	16	1.8	6	0	3	52	17.3	42	0	68	L
11/9	at New England	20	46	3.3	8	0	0	0	0.0	0	0	46	L
11/17	Cleveland	23	119	5.2	28	0	10	58	5.8	18t	1	177	L W
11/23	at Kansas City	20	79	4.0	17	1	5	25	5.0	13	0	104	
11/30 12/7	San Francisco Miami	16 13	134 31	8.4 2.4	50	0	1 1	1	1.0 4.0	1 4	0	135	L L
12/7	at New York Jets		127	6.0	7 35	0	3	13		6	0	35 140	Ĺ
12/14	at Denver	21 11	34	3.1	33 9	1	0	0	4.3 0.0	0	0	34	W
12/21	New England	- 11	34		nactive	'	U	U	0.0	U	U	34	vv
	S (15/15)	250	1.036	4.1	50	8	47	300	6.4	42	1	1,336	7-8
101712	5 (10, 10)			Rushing					Receivi			1,000	, ,
2009	Opponent		Yds	Avg	LG	TD	Rec	Yds	Avg	ĽG	TD	Total	W/L
9/14	at New England			•	uspend	led			•				
9/20	Tampa Bay				uspend								
9/27	New Orleans			S	uspend	led							
10/4	at Miami	8	4	0.5	4	0	5	43	8.6	23	0	87	L
10/11	Cleveland	17	69	4.1	12	0	6	56	9.3	35	0	125	L
10/18	at New England	19	61	3.2	12	0	2	11	5.5	9	0	72	W
10/25	at Carolina	17	40	2.4	8	1	1	7	7.0	7	0	47	W
11/1	Houston	9	43	4.8	14	0	3	6	2.0	4	0	49	L
11/15	at Tennessee	9	37	4.1	7	0	4	18	4.5	8	0	55	L
11/22	at Jacksonville	8	18	2.3	5	0	0	0	0.0	0	0	18	L
11/29	Miami	3	6	2.0	6	0	1	9	9.0	9	0	15	W
12/3	New York Jets	6	60	10.0	35	1	1	4	4.0	4	0	64	L
12/13	at Kansas City	12	84	7.0	47	0	3	10	3.3	5	0	94	W
12/20	vs. New England	8	25	3.1	10	0	0	0	0.0	0	0	25	L
12/27	at Atlanta	3	3	1.0	5	0	1	13	13.0	13	0	16	L W
1/3/10	Indianapolis	1	0 450	0.0 3.8	0	0 2	1 28	2 179	2.0 6.4	2 35	0 0	2	νν 5-8
IUIAL	S (13/6)	120		ა.ი Rushing	47	2	28		o.4 Receivi		U	629	5-6
2010	Opponent	Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD	Total	W/I
9/12	Miami	3	13	4.3	15	0	0	0	0.0	0	0	13	L
9/19	at Green Bay	17	64	3.8	14	Ö	0	0	0.0	0	0	64	Ĺ
9/26	at New England	13	79	6.1	17	Ö	1	7	7.0	7	0	86	Ĺ
10/3	New York Jets	4	8	2.0	5	Ö	0	0	0.0	0	Õ	8	Ĺ
10/17	at Chicago	17	44	2.6	12	1	3	9	3.0	5	0	53	W
10/24	Arizona	24	89	3.7	39	0	0	0	0.0	0	0	89	W
10/31	at Oakland	9	7	0.8	7	0	0	0	0.0	0	0	7	L
11/7	New York Giants	11	48	4.4	26	0	0	0	0.0	0	0	48	L
11/14	at Arizona	13	29	2.2	13	1	2	33	16.5	22	0	62	W
11/21	at New Orleans	7	36	5.1	17	0	4	19	4.8	8	0	55	L
11/28	Kansas City	7	20	2.9	6	0	2	13	6.5	8	0	33	L
12/5	Carolina	21	83	4.0	22t	3	1	17	17.0	17	0	100	W
12/12	at San Francisco	10	29	2.9	9	0	7	37	5.3	12	0	66	L
12/19	Atlanta	12	60	5.0	14	1	1	17	17.0	17	0	77	L
12/26	at Tampa Bay	14	53	3.8	29	0	0	0	0.0	0	0	53	L
1/2/11	St. Louis	20	75	3.8	24	0	1	-7	-7.0	-7	0	68	W
	S (16/15)	202	737	3.6	39	6	22	145	6.6	22	0		5-11
1/8/11		19	131	6.9	67t	1	0	0	0.0	0	0	131	w
	I at Chicago	4	2	0.5	4	0	0	0	0.0	0	0	122	L
PLAYU	FF TOTALS (2/1)	23	133	5.8	67t	1	0	0	0.0	0	0	133	1-1

			F	lushing					Receivi	ng			
2011	Opponent	Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD	Total	W/L
9/11	at San Francisco	13	33	2.5	12	0	2	14	7.0	12	0	47	L
9/18	at Pittsburgh	6	11	1.8	7	0	1	1	1.0	1	0	12	L
9/25	Arizona	19	73	3.8	23	0	1	2	2.0	2	0	75	W
10/2	Atlanta	8	24	3.0	11t	1	3	33	11.0	26	0	57	L
10/9	at NY Giants	12	98	8.2	47	1	4	33	8.3	17	0	131	W
10/23	at Cleveland		Did Not Play (back) 16 24 1.5 9 1 0 0 0.0 0 0										
10/30	Cincinnati	16	24	1.5	9	1	0	0	0.0	0	0	24	L
11/6	at Dallas	23	135	5.9	29	1	1	8	8.0	8	0	143	L
11/13	Baltimore	32	109	3.4	8	1	5	58	11.6	23	0	167	W
11/20	at St. Louis	27	88	3.3	12	1	2	1	0.5	5	0	89	W
11/27	Washington	24	111	4.6	12	0	1	20	20.0	20t	1	131	L
12/1	Philadelphia	22	148	6.7	40t	2	0	0	0.0	0	0	148	W
12/12	St. Louis	23	115	5.0	16t	1	2	8	4.0	4	0	123	W
12/18	at Chicago	20	42	2.1	15	2	2	5	2.5	3	0	47	W
12/24	San Francisco	21	107	5.1	18	1	2	24	12.0	20	0	131	L
1/1/12	at Arizona	19	86	4.5	18	0	2	5	2.5	3	0	91	L
TOTALS	S (15/15)	285	1,204	4.2	47	12	28	212	7.6	26	1	1,416	7-8

LYNCH'S TOP GAMES

Most Rushing Yards: Most TD's Rushing:						
153	Rushing Yards: Cincinnati	11/04/07	3	Carolina	12/05/10	
148	Philadelphia	12/01/11	2	Chicago	12/03/10	
135	at Dallas	11/06/11	2	Philadelphia	12/01/11	
134	San Francisco	11/30/08	2	Oakland	09/21/08	
127	at New York Jets	12/14/08	1			
127	Dallas	09/16/12	•	28 Times, Last at St. Louis 9/30/12 t Pass Receptions:		
119	Cleveland	11/17/08	10	Cleveland	11/17/08	
	at St. Louis		7	at San Francisco	12/12/10	
118		09/30/12	6	Cleveland	10/11/09	
115	St. Louis	12/12/11	5	Baltimore	11/13/11	
111	Washington	11/27/11	5 5	at Miami		
109	Baltimore	11/13/11	-			
107	San Francisco	12/24/11		Yards Receiving:	44 /4 0 /44	
107	Miami	12/09/07	58	Baltimore	11/13/11	
105	at Philadelphia	12/30/07	58	Cleveland	11/17/08	
Most Rushing Attempts:			56	Cleveland	10/11/09	
32	Baltimore	11/13/11	52	New York Jets	11/02/08	
29	Cincinnati	11/04/07	43	at Miami	10/04/09	
27	at St. Louis	11/20/11	42	New York Giants	12/23/07	
27	Baltimore	10/21/07		Longest Reception:		
26	Dallas	09/16/12	42	New York Jets	11/02/08	
25	Green Bay	09/24/12	35	Cleveland	10/11/09	
24	Washington	11/27/11	30	New York Giants	12/23/07	
24	Arizona	10/24/10	26	Atlanta	10/02/11	
23	St. Louis	12/12/11	23	Baltimore	11/13/11	
23	at Dallas	11/06/11	23	at Miami	10/04/09	
23	Cleveland	11/17/08	23	Dallas	10/08/07	
23	Oakland	09/21/08	Most	Most TD Receptions:		
Longest Run:		1	Washington	11/27/11		
56t	Cincinnati	11/04/07	1	Cleveland	11/17/08	
56	at Philadelphia	12/30/07				
50	San Francisco	11/30/08				
47	at Kansas City	12/13/09				
47	at N.Y. Giants	10/09/11				
40t	Philadelphia	12/01/11				
39	Arizona	10/24/10				

LYNCH'S 2012 SEASON

Ranks third in the NFL (1st NFC) in rushing with 508 yards. Has topped 100 yards rushing in eight of last 14 games and no one has more rushing yards than Lynch since Week 9 of 2011. Lynch has 1,449 in those 14 games. at Ariz (9/9): Returned to action after missing much of the preseason with back spasms and rushed 21 times for 85 yards. Dal (9/16): Rushed for 122 yards on 26 carries and a TD, including 100 of those yards coming on 16 carries in the second half. Helped add to a total of 182 rushing yards, most for Seattle since totaling 245 vs. St. Louis on Septemer 21, 2008. Dal (9/16): Rushed for 98 yards on 25 carries snapping a streak of six straight home games with 100 or more yards rushing. at StL (9/30): Rushed for 118 yards on 20 carries, including an 18-yard TD run on the first drive of the game. Also had four catches for 37 yards. at Car (10/7): Rushed for 85 yards on 21 carries.

			F	Rushing					Receiv	ing			
2012	Opponent	Att	Yds	Avg	LG	TD	Rec	Yds	Avg	ĽG	TD	Total	W/L
9/9	at Arizona	21	85	4.0	11	0	2	12	6.0	7	0	97	L
9/16	Dallas	26	122	4.7	36	1	0	0	0.0	0	0	122	W
9/24	Green Bay	25	98	3.9	9	0	1	1	1.0	1	0	99	W
9/30	at St. Louis	20	118	5.9	18t	1	4	37	9.3	16	0	155	L
10/7	at Carolina	21	85	4.0	14	0	1	9	16.0	6	0	101	W
TOTAL	TOTALS (5/5)		508	4.5	36	2	8	59	7.4	16	0	574	3-2
CARE	ERTOTALS (77/68)	1.250	5.050	4.0	56t	37	151	1.079	7.1	42	2	6.136	33-44



HOW ACQUIRED: Drafted by Seattle in the sixth-round (185th overall) of the 2010 NFL Draft.

NFL CAREER HIGHLIGHTS:

- Saw action in all 16 games in 2011, starting nine mostly when the team opened in two-tight end sets, and totaled 13 receptions for 146 yards.
- Made NFL debut vs. the N.Y. Giants (11/7/10). Played in two games before being placed on injured reserve (knee) on November 27.

COLLEGE: Started 23 of 40 career games at USC, catching 46 passes for 731 yards (15.9 avg.) and three touchdowns. Named All-Pac-10 Conference honorable mention and semi-finalist

for the John Mackey Award, given to the nation's top tight end as a senior.

PERSONAL: Attended Bullard (Fresno, Calif.) High School. Earned 2005 Super Prep All-American, Super Prep All-Farwest, Prep Star All-Western, Long Beach Press-Telegram Best in the West honorable mention, Tacoma News-Tribune Western 100, Cal-Hi Sports All-State first team and Fresno Bee All-Area first team as a senior wide receiver, tight end and defensive end. Rated fifth-best tight end prospect by Scout.com. Recorded 70 receptions for 1,210 yards (17.3 avg.) and 15 touchdowns. Also registered 65 tackles, 14 sacks, 13 tackles for loss and 15 deflections on defense as a senior.

A. M	IcCOY	'S NF	L REC	ORD			
Year	Club	G/S	No	Yds	Avg	LG	TD
2010	Seattle	2/0	0	0	0.0	0	0
2011	Seattle	16/9	13	146	11.2	31	0
2012	Seattle	5/1	8	70	8.8	22t	1
NFLTO	TALS	23/10	21	216	10.3	31	1

McCOY'S SINGLE-GAME HIGHS

Most Receptions: 5, vs. Dallas (9/16/12) Most TDs: 1, vs. Dallas (9/16/12) Most Yards: 44 at Dallas (11/6/11) Longest Reception: 31 at Dallas (11/6/11)

A. McCOY'S GAME-BY-GAME RECEIVING

LG TD

0 0

22t

9

15

0

22t

2011	Opponent	No	Yds	Avg	LG	TD	2012	Opponent	No	Yds	Avg
9/11	at San Francisco	2	12	6.0	10	0	9/9	at Arizona	0	0	0.0
9/18	at Pittsburgh	2	9	4.5	5	0	9/16	Dallas	5	41	8.2
9/25	Arizona	0	0	0.0	0	0	9/24	Green Bay	1	9	9.0
10/2	Atlanta	0	0	0.0	0	0	9/30	at St. Louis	2	20	10.0
10/9	at NY Giants	1	20	20.0	20	0	10/7	at Carolina	0	0	0.0
10/23	at Cleveland	2	10	5.0	7	0	ΤΟΤΔΙ	LS (5/1)	8	70	8.8
10/30	Cincinnati	0	0	0.0	0	0		20 (0/1)	•	,,	0.0
11/6	at Dallas	2	44	22.0	31	0					
11/13	Baltimore	2	15	7.5	14	0					
11/20	at St. Louis	0	0	0.0	0	0					
11/27	Washington	1	13	13.0	13	0					
12/01	Philadelphia	S	pecial	Teams	Only						
12/12	St. Louis	1	23	23.0	23	0					
12/18	at Chicago	0	0	0.0	0	0					
12/24	San Francisco	0	0	0.0	0	0					
1/1/12	at Arizona	0	0	0.0	0	0					
TOTAL	.S (16/9)	13	146	11.2	31	0					

McCOY'S 2012 SEASON

at Ariz (9/9): Saw action at TE. Dal (9/16): Led team with five catches and 41 yards while hauling in first-career TD reception on a 22-yard strike from Russell Wilson. **GB** (9/24): Had one 9-yard reception. at StL (9/30): Had two catches for 20 yards. at Car (10/7): Saw action at TE.



HOW ACQUIRED: Acquired by Seattle via trade with the Cincinnati Bengals on August 29, 2011.

NFL CAREER HIGHLIGHTS:

- Originally drafted in the seventh round (249th overall) in the 2009 NFL Draft by the Bengals. Was waived on September 5, 2009, before re-signing to the practice squad the following day where he remained all season. Was waived by Cincinnati following training camp September 4, 2010, again re-signing to their practice squad the following day. Signed to the Bengals active roster November 8, 2010.
- Saw most action of career in 2011 playing in 15 games with one start, first of career, vs. Washington (11/27) in place of Alan Branch.
- Has seen action in 23 career games logging 39 tackles.

COLLEGE: Played four seasons (2005-08) at Memphis. Totaled 141 career tackles and 11.5 sacks while playing in 48 games with 33 starts. Was first-team All-Conference USA as a senior, with a team-leading 7.0 sacks. Was the only junior to be voted as one of two permanent captains during the tenure of head coach Tommy West, and he retained that role as a senior. Tied school record for sacks in a game with 4.0 against Arkansas State as a senior, earning C-USA Defensive Player of the Week honors.

PERSONAL: Was a three-year letterman at Jacksonville (Ark.) High School. Earned Class 5-A all-state honors and was named to *Arkansas Democrat-Gazette's* 5-A Top Prospects list. Was listed twice on C-USA Commissioner's Academic Honor Roll.

McDONALD'S NFL RECORD

	Club C/C		Ta	ackle	s	Sa	cks		Inte	rcept	ions	6				
	Club	G/S	Tkl	So	Ast	QB	Yds	No Y	/ds	Avg	LG	TD	PD	FF	FR Y	Yds
2009	Cincinnat	i	Р	racti	ce Sq	uad										
2010	Cincinnat	i 8/0	4	4	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
2011	Seattle	15/1	35	21	14	0.0	0.0	0	0	0.0	0	0	0	0	1	2
2012	Seattle	5/0	9	6	3	0.0	0.0	0	0	0	0	0	1	0	0	0
NFLT	OTALS	28/1	48	31	17	0.0	0.0	0	0	0.0	0	0	1	0	1	2

McDONALD'S 2012 SEASON

at Ariz (9/9): Saw action in the rotataion at defensive tackle and part of the goal line package. Had two solo tackles. Dal (9/16): Finished the game with three tackles (1 solo). GB (9/24): Had three tackles (1 solo). at StL (9/30): Had one solo tackle and a pass defensed. at Car (10/7): Saw action at DT.

McDONALD'S 2012 GAME-BY-GAME

Game	P/S	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/0	2	2	0	0.0	0.0	0	0	0	0	0	0	0
Dal (9/16)	1/0	3	2	1	0.0	0.0	0	0	0	0	0	0	0
GB (9/24)	1/0	3	2	1	0.0	0.0	0	0	0	0	0	0	0
at StL (9/30)	1/0	1	1	0	0.0	0.0	0	0	0	1	0	0	0
at Car (10/7)	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0
Totals	5/0	9	7	2	0.0	0.0	0	0	0	1	0	0	0
P = Participatio	n												



HOW ACQUIRED: Signed a future 2011 contract with Seattle on January 28, 2011.

NFL CAREER HIGHLIGHTS:

- Originally Oakland's third-round draft choice (69th overall) in the 2006 NFL Draft. He played in 35 career games with 12 starts for the Raiders, before being released midway through 2009 and picked up by Jacksonville. He spent 2010 with the Cleveland Browns but did not play.
- Saw action in all 16 games and started 10 at three different positions in 2011. Started three at left guard, three at right guard and the final four at left tackle. Helped Marshawn Lynch lead the NFC in rushing over the final seven games - all games he started. Also helped Lynch post a

club record scoring at least one TD in 10 consecutive games. Blocked dutifully against San Francisco (12/24), who hadn't allowed a 100-yard rusher in 36 games (Lynch totaled 107) or a rushing score (Lynch had one) in 15 games dating to 2010.

COLLEGE: Started final 42 games at left tackle at Weber State. Was Sports Network and *The NFL Draft Report* All-America first-team pick as a senior. All-Big Sky honorable mention as a junior.

PERSONAL: Attended Lebanon High. Twin brother, Pat, was selected by the Dallas Cowboys in the seventh-round of the 2006 NFL Draft. Married to wife, Jana. Majored in geography.

McQUISTAN'S NFL RECORD

Year Team	_	GP/GS	Postseason	Year	Team	_	GP/GS	Postseason
2006 Oaklan	d –	15/6	-	2010	Clevelan	d —	0/0	-
2007 Oaklan	d –	16/6	-	2011	Seattle	_	16/10	-
2008 Oaklan	d –	1/0	-	2012	Seattle	_	5/5	
2009 Oak/Ja	c —	3/0	-	NFLTO	TALS	_	56/27	-

McQUISTAN'S 2012 SEASON

Part of an offensive line that has helped elevate Seattle's rushing attack to one of the top in the NFL since Week 9 of 2011. Seattle ranks 6th in the NFL (3rd NFC) averaging 136.6 yards/game during that span of 14 games. at Ariz (9/9): Started at LG and part of an O-Line that blocked for 115 rushing yards. Dal (9/16): Helped pave the way for 182 rushing yards, 149 in the second half. Total was the most since piling up 245 vs. St. Louis on September 21, 2008. Helped Lynch top 100 yards (122) for the seventh time in the last 11 games. GB (9/24): Started at left guard. at StL (9/30): Started at right guard with the return of James Carpenter and an injury to John Moffitt (knee). Helped team rush for 179 yards, including 118 by Lynch. at Car (10/7): Started at RG.



HOW ACQUIRED: Signed to the Seahawks practice squad September 22, 2011, before signing to the active roster October 22.

NFL CAREER HIGHLIGHTS:

- Originally signed as an undrafted free agent by the San Francisco 49ers April 26, 2010. Was released on September 3 before signing to the 49ers practice squad September 5. Then signed to the active roster October 18 and released October 27. Re-signed to the practice squad October 28 before being promoted to the active roster on November 30 to finish the 2010 season
- Has seen action in 14 career games, mostly on special teams with both the Seahawks and 49ers.
- Signed to the active roster from Seattle's practice squad on October 22 and saw action in all remaining 11 games. Posted 11 special teams tackles for Seattle in 2011 and played safety in two games, both in reserve roles.

COLLEGE: Played in 26 games (19 starts) at safety during two-year career at Wisconsin after

transferring from Western Michigan prior to the 2007 season. Earned honorable mention All-Big Ten and the UW's Tom Wiesner Award as a senior captain, starting all 13 games and leading team with four interceptions to go along with 49 tackles, six passes defensed, a sack, forced fumble and three tackles for loss. As a junior, saw action in 13 games (6 starts) and posted 45 tackles and an interception. Sat out 2007 season after transferring from Western Michigan. Played in 13 games (8 starts) at wide receiver in 2006 and caught 25 passes for 222 yards, while making five tackles on defense. Joined team as a walk-on in the fall and redshirted in 2005.

PERSONAL: Attended William Horlick High School in Racine, Wis., earning all-state, all-southeast conference, all-district and all-county honors as a three-year starter, two-time captain and team MVP at WR. Named Wisconsin's Gatorade Player of the Year in 2004. Father, Nick, was a free safety at Northern Iowa, and brother, Troy, was a former Bucky Badger mascot. Majored in agricultural journalism.

V	MARAGOS' NFL RECORD																
	Tackles Sacks Interceptions																
		Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
	2010	San Fran	3/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
	2011	Seattle	11/0	1	1	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
	2012	Seattle	5/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0	0	0
	NFLT	OTALS	19/0	1	1	00	0.0	0.0	0	0	0.0	0	0	0	0	0	0

MARAGOS' ADDITIONAL STATS

Special Teams Tackles: 2010 (5), 2011 (11); 2012 (4); Career: (20).

MARAGOS' 2012 SEASON

at Ariz (9/9): Saw action on special teams and had one tackle. Dal (9/16): Saw limited action at safety in Big Nickel package for Jeron Johnson who exited the game briefly. Had one OB hit and was part of a special teams unit that forced a fumble on the opening kickoff and blocked a punt on the next possession that led to a 10-0 Seahawks lead. GB (9/24): Saw action on special teams and assisted on one tackle. at StL (9/30): Had one special teams stop following an onside kick attempt. at Car (10/7): Had one special teams stop.

MARAGOS' 2012 GAME-BY-GAME

Game	P/S	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.		
at Ariz (9/9)	1/0			Spe	cial Tea	ams Or	nly								
Dal (9/16)	1/0	0	0	0	0.0	0.0	1	0	0	0	0	0	0		
GB (9/24)	1/0			Spe	Special Teams Only										
at StL (9/30)	1/0			Spe	cial Tea	ams Or	nlý								
at Car (10/7)	1/0			Spe	cial Tea	ams Or	nlý								
Totals	5/0	0	0	0 0.0 0.0 1 0 0 0 0									0		
P = Participatio	n														

Additional Statistics: Special Teams Tackles: 4.



HOW ACQUIRED: Signed by Seattle on January 5, 2012.

NFL CAREER HIGHLIGHTS:

 Originally signed by the San Diego Chargers as a rookie free agent on May 1, 2009. Waived by the Chargers on September 5, 2009 and signed by the Carolina Panthers four days later on September 9. Signed by Carolina to the active roster on November 17, 2009, where he would spend the 2009 and 2010 seasons, appearing in eight games, recording one reception for six yards and seven tackles on special teams. Waived on September 3, 2011,

by the Panthers and signed to the Jacksonville Jaguars practice squad on December 2, 2011, for a brief stint before being released on December 30.

COLLEGE: Four-year letterman at West Texas A&M, playing in 42 games and setting school records with 244 receptions, 4,108 receiving yards and 44 touchdowns. Led Division II with 95 receptions, 1,867 yards and 22 touchdowns as a senior. Graduated with a degree in mass communications/broadcasting.

PERSONAL: Attended Piedra Vista High. Born on March 20, 1984, in Walla Walla, Wash.

MAR	RTIN'S	NFL	RECO	RD			
Year	Club	G/S	No	Yds	Avg	LG	TD
2009	Carolina	7/0	1	6	6.0	6	0
2010	Carolina	1/0	0	0	0.0	0	0
2012	Seattle	2/0	2	25	12.5	15	0
NFLTO	TALS	10/0	3	31	10.3	15	0

MARTIN'S SINGLE-GAME HIGHS

Most Receptions: 1, 3Times, Last vs. GB (9/24/12)

Most TDs: None

Most Yards: 15, at Arizona (9/9/09) Longest Reception: 15,. at Arizona (9/9/09)

ADDITIONAL STATS

Special Teams Tackles: 2009 (5), 2010 (2); Career: (7).

MARTIN'S 2012 SEASON

at Ariz (9/9): Had one 15-yard reception. Injured his chest (bruised lung) on Seattle's next to last play of the game while attempting a catch in the corner of the end zone. Dal (9/16): Inactive (chest). GB (9/24): Returned from a chest injury and had one 10-yard reception. at StL (9/30): Inactive. at Car (10/7): Inactive.

2012	Opponent	No	Yds	Avg	LG	TD
9/9	at Arizona	1	15	15.0	15	0
9/16	Dallas	- 1	nactive	e (Ches	t)	
9/24	Green Bay	1	10	10.0	10	0
9/30	at St. Louis	- 1	nactive	е		
10/7	at Carolina	- 1	nactive	Э		
ΤΟΤΔΙ	S (3/0)	2	25	12 5	15	0



HOW ACQUIRED: Drafted with the eighth pick in the sixth round (173rd overall) of the 2011 NFL Draft. Second cornerback selected in this draft. Second time club selected a cornerback with the 173rd pick (John Harris. 1978).

NFL CAREER HIGHLIGHTS:

Saw action in nine games as a rookie, mostly on special teams totaling one stop and a fumble recovery. Saw action at CB in one game, at Chicago (12/18/11).

COLLEGE: Registered 165 tackles, 11.5 tackles for loss, a sack, four interceptions, 20 pass breakups, and six caused fumbles in a school-record-tying 53 games (eight starts) in his career. Had 45 career special teams tackles. Six career forced fumbles were among the top-10 figures in Clemson history. Noted as being one of the hardest hitting defensive backs in the ACC. Played in four bowl games and had 16 combined tackles in those games. Played in 13 games (eight starts), recording 48 tackles, 3.5 tackles for loss, two interceptions, seven pass

breakups, and tied for the team-high with three forced fumbles as a senior. Tied for second in the ACC in forced fumbles. Team defensive player of the game against No. 16 Miami (Fla.) after totaling eight tackles and three pass breakups. As a junior, had 15 tackles on special teams plays, which led the team. Also led the team in special teams tackles (21) as a sophomore. Played as a reserve in the Gator Bowl against Nebraska with six tackles in 28 snaps: that included four special teams tackles. Special teams player of the week against N.C. State, Wake Forest, and Duke, and defensive player of the week at Virginia. Had 27 total tackles along with four pass breakups. Redshirted as a true freshman.

PERSONAL: Rated as the No. 3 player in South Carolina by *The State* at Fort Dorchester High and No. 40 in the nation by ESPN.com. Did not play as a senior due to injury. Recorded 60 tackles, 19 pass breakups, and five interceptions as a junior. Majored in sociology.

MAXWELL'S NFL RECORD

			Ta	ackle	s	Sa	cks		Inte	rcept	tions	8				
	Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
2011	Seattle	9/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
2012	Seattle	2/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0	0	0
NFLT	OTALS	11/0	0	0	00	0.0	0.0	0	0	0.0	0	0	0	0	0	0

MAXWELL'S ADDITIONAL STATS

Special Teams Tackles: 2011 (1, FR) 2012 (1); Career: (2, FR).

MAXWELL'S 2012 SEASON

at Ariz (9/9): Inactive (shoulder). Dal (9/16): Saw action on special teams and had one tackle. GB (9/24): Inactive (hamstring). at StL (9/30): Inactive. at Car (10/7): Saw action on special teams.

MAXWELL'S' 2012 GAME-BY-GAME

Game	P/S T	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	0/0		Ina	ctive (shoulde	er)						
Dal (9/16)	1/0		Spe	ecial Te	ams O	nly						
GB (9/24)	0/0		Ina	ctive (hamstr	ing)						
at StL (9/30)	0/0		Ina	ctive								
at Car (10/7)	1/0		Spe	ecial Te	ams O	nly						
Totals	2/0 0	0	0	0	0.0	0	0	0	0	0	0	0
P = Participatio	n											

Additional Statistics: Special Teams Tackles: 1



HOW ACQUIRED: Selected with the 22nd pick (85th overall) in the third round of the 2007 NFL Draft.

NFL CAREER HIGHLIGHTS:

- Set a career high with 56 tackles in 2011 starting all 16 games, tops in the NFC and fifth in the NFL among interior linemen. Helped maintain a Seahawks run defense that ranked fourth in rushing yards per attempt (3.8).
- Tallied career-high six tackles at Green Bay (12/27/09).
- Posted 39 tackles (31 solo) and 5.5 sacks in 2008.
- Took over starting duties vs. St. Louis (10/21/07) after Chuck Darby (knee) was placed on injured reserve.
- Made first career sack vs. Cincinnati (9/23/07).

COLLEGE: Played in 41 games at California, starting 31. Collected 109 tackles (60 solos), 14.5 sacks for minus 87 yards and 16.5 stops for losses totaling 116 yards. Caused and recov-

ered a fumble, adding two pass deflections and a safety. Ranks tied for 14th on the school's career record list with 14.5 quarterback sacks. His seven quarterback sacks in 2005 tied for 15th on Cal's season-record list.

PERSONAL: Earned Super Prep and Prep Star All-American honors as a senior at Crenshaw High School, Was rated the No. 24 defensive tackle in the country by Rivals.com, which also ranked him No. 55 on its California Top 100 players list and No. 67 on its WestTop 100 chart. First-team Best of the West pick by the Long Beach Press-Telegram, as well as All-West Region first-team by Sports Illustrated. Was also an All-State choice in 2002. Was selected 2001 Los Angeles City Defensive Player of the Year and was a three-time All-City, All-Central City and All-League selection. Recorded 75 tackles, 13 sacks and two fumble recoveries on defense and ran for five touchdowns at fullback as a senior, adding 2002 Los Angeles Central City Player of the Year honors. As a junior, posted 78 tackles and 19 sacks. Also performed as a shot putter in track. Social Welfare major.

MEE	BANE	'S N	IFL	R	EC	OR	D									
			Т	ackle	s	Sa	cks		Inte	rcept	ions	5				
	Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
2007	Seattle	16/10	29	23	6	2.0	11.0	0	0	0.0	0	0	0	0	1	0
2008	Seattle	16/16	39	31	8	5.5	24.0	0	0	0.0	0	0	1	2	0	0
2009	Seattle	15/15	49	41	8	1.5	9.5	0	0	0.0	0	0	0	0	0	0
2010	Seattle	12/12	31	19	12	1.0	7.0	0	0	0.0	0	0	2	0	0	0
2011	Seattle	16/16	56	40	16	0.0	0.0	0	0	0.0	0	0	1	0	0	0
2012	Seattle	5/5	18	12	6	2.0	10.0	0	0	0.0	0	0	3	0	1	0
NFLT	OTALS	80/74	222	166	56	12.0	61.5	0	0	0.0	0	0	7	2	2	0
					PC	OSTS	EAS	ON								
	Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	∕ds.
2007	Seattle	2/2	6	4	2	0.0	0.0	0	0	0.0	0	0	0	0	0	0
2010	Seattle	2/2	9	8	1	0.0	0.0	0	0	0.0	0	0	0	0	0	0
TOTALS	3	4/4	15	12	3	0.0	0.0	0	0	0.0	0	0	0	0	0	0

MEBANE'S SINGLE-GAME HIGHS

Tackles: 7, vs. San Francisco (12/24/11) Sacks: 2, vs. Green Bay (9/24/12)

Int.: None

Forced Fumbles: 1, 2Times, Last vs. Arizona (11/16/08) Fumble Recoveries: 1, 2Times, Last at Arizona (9/9/09)

MEBANE'S 2012 SEASON

at Ariz (9/9): Had four tackles (2 solo), two passes defensed and a FR. Part of a D-Line that limited Arizona to 43 rushing yards on 20 carries (2.2 avg.). Dal (9/16): Assisted on two tackles and part of a defensive line that limited the Cowboys to just 49 yards rushing. GB (9/24): Established a career best with 2.0 sacks. Contributed to a defense that totaled eight first half sacks, second most in NFL history in the first half (9.0, N.Y. Giants vs. Chicago, 10/2/10). at StL (9/30): Totaled five solo tackles, including two for loss. at Car (10/7): Posted three tackles (2 solo).

MEBANE'S 2012 GAME-BY-GAME

Game	P/S	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/1	4	2	2	0.0	0.0	0	0	0	2	0	1	0
Dal (9/16)	1/1	2	0	2	0.0	0.0	0	0	0	0	0	0	0
GB (9/24)	1/1	4	3	1	2.0	10.0	3	0	0	0	0	0	0
at StL (9/30)	1/1	5	5	0	0.0	0.0	0	0	0	0	0	0	0
at Cart (10/7)	1/1	3	2	1	0.0	0.0	0	0	0	1	0	0	0
Totals	5/5	18	12	6	2.0	10.0	3	0	0	3	0	1	0



HOW ACQUIRED: Signed by Seattle as an unrestricted free agent on August 3, 2011.

NFL CAREER HIGHLIGHTS:

- Originally drafted by Oakland in the second round (38th overall) of the 2007 NFL Draft.
 Played four seasons for the Raiders, starting 61 of 62 games played. Has missed only three career games.
- Started 15 of 15 games played in first season with Seattle missing one (at Cleveland 10/23) with a neck/head injury. Had 25 catches for 233 yards spending much time as an extra blocker helping an offensive line decimated with injury.
- Hauled in 226 receptions for 2,712 yards (12.0 avg.) and 12 touchdowns in Oakland, ranking third all-time on the Raiders career receiving list for tight ends behindTodd Christensen (461) and Pro Football Hall of Famer Dave Casper (255).
- Named to the AFC Pro Bowl squad in 2010 after leading the team with 60 receptions for 685 yards. Led the Raiders in receiving in each of the last three seasons (2008-10). Became first tight end to lead the team in receiving in consecutive seasons since Christensen (1982-86). Ranked eighth among NFL tight ends in receiving. Also set a career high with five touchdowns.
- In 2009, recorded career-highs with 66 receptions for 805 yards while being named an AFC
 Pro Bowl alternate. Ranked eighth among NFL tight ends in both receptions and receiving yards.
- Totaled six receptions for a career-high 139 yards and a touchdown vs. Philadelphia (10/18/09). Also hauled in a career-long 86-yard touchdown reception.
- Became first tight end since Ethan Horton in 1991 to lead the team in receptions (56) in 2008. His 56 receptions ranked eighth among NFL tight ends and 778 receiving yards was sixth.
- As a rookie in 2007, started all 16 games and hauled in 44 receptions for 444 yards and three touchdowns to lead all NFL rookie tight ends. Receptions set a Raiders rookie tight end record.

HONORS: 2010: AFC Pro Bowl. **2009**: AFC Pro Bowl alternate.

COLLEGE: Finished collegiate career at Arizona State ranked sixth in school history with 144 receptions, setting a school record for receptions by a tight end. Started all 35 games played (2004-06). Career receiving vards (1,512) rank second on the ASU all-time list for tight ends. Had 14 touchdown catches to surpass the previous school career record for tight ends (11). Caught 56 passes in 2004, the singleseason record for tight ends, topping the old mark of 55. Those 56 grabs also set a school single-season record for freshmen. 50 receptions in 2006 rank third on ASU's single-season record chart for tight ends. Only tight end to catch 50 or more passes twice in a career. His 552 yards receiving in 2004 rank seventh on the school's tight end single season list. One of only three players in the Pac-10 Conference to be named first team All-Pac-10 and first team Academic All-Pac-10 in 2006. Was named firstteam All-American and finalist for John Mackey Award as a junior after registering 50 catches for 484 yards and four touchdowns in 2006. Was also named ASU's Most Valuable Offensive Player of the Year and also the team's Cecil Abono Team Captain and Pat Tillman Valor Awards receipt.

PERSONAL: At Desert Vista (Phoenix, Ariz.) High School, was unanimous selection as the No. 1 tight end prospect in the nation. USA Today first team All-American tight end and played in the U.S. Army All-American Bowl High School All-Star Game, Arizona Gatorade Player of the Year in 2003. Named the Phoenix Metro Magazine Player of the Year. Had 47 catches for 790 vards and six touchdowns as a senior. Also added 134 tackles on defense, 11 sacks and one interception. Won the Larry Gordon Award, presented annually to the state's best linebacker and the Henry Stanton Award as the state's top receiver, Earned four letters in football and three in track and field. Set the school discus record and was the shot put regional champion in 2004. Finished third in the state in discus in 2003. Brother, Brent, also played for Arizona State and shared tight end duties with Zach in 2006.

MILLER'S NFL RECORD

RECEIVING										
Club	G/S	No	Yds	Avg	LG	TD				
2007 Oakland	16/16	44	444	10.1	28	3				
2008 Oakland	16/15	56	778	13.9	63t	1				
2009 Oakland	15/15	66	805	12.2	86t	3				
2010 Oakland	15/15	60	685	11.4	43t	5				
2011 Seattle	15/15	25	233	9.3	28	0				
2012 Seattle	5/5	12	150	12.5	30	0				
NFLTOTALS	82/81	263	3,095	11.8	86t	12				

MILLER'S SINGLE-GAME HIGHS

Most Receptions: 11 vs. Houston (10/3/10) Most TDs: 1, 12 Times, Last vs. Indianapolis (12/26/10) Most Yards: 139 vs. Philadelphia (10/18/09) Longest Reception: 86t vs. Philadelphia

(10/18/09)

MILLER'S GAME-BY-GAME RECEIVING

2007	Opponent	No	Yds	Avg	LG	TD	2008	Opponent	No	Yds	Avg	LG	TD
9/9	Detroit	3	23	7.7	11	0	9/8	Denver	4	34	8.5	21	0
9/16	at Denver	3	18	6.0	10	0	9/14	at Kansas City	2	24	12.0	14	0
9/23	Cleveland	1	13	13.0	13	0	9/21	at Buffalo	0	0	0.0	0	0
9/30	at Miami	0	0	0.0	0	0	9/28	San Diego	5	95	19.0	63t	1
10/14	at San Diego	3	17	5.7	12	1	10/12	at New Orleans	3	46	15.3	23	0
10/21	Kansas City	4	48	12.0	18	0	10/19	N.Y. Jets	4	57	14.3	27	0
10/28	at Tennessee	2	19	9.5	10	0	10/26	at Baltimore	2	56	28.0	31	0
11/4	Houston	1	3	3.0	3	0	11/2	Atlanta	2	9	4.5	6	0
11/11	Chicago	4	43	10.8	13	0	11/9	Carolina	3	42	14.0	28	0
11/18	at Minnesota	3	33	11.0	18	0	11/16	at Miami	4	67	16.8	27	0
11/25	at Kansas City	4	38	9.5	28	0	11/23	at Denver	3	41	13.7	30	0
12/2	Denver	3	58	19.3	26	1	11/30	Kansas City	5	79	15.8	28	0
12/9	at Green Bay	1	8	8.0	8	0	12/4	at San Diego	8	64	8.0	21	0
12/16	Indianapolis	1	12	12.0	12	0	12/14	New England	5	60	12.0	23	0
12/23	at Jacksonville	3	27	9.0	14	1	12/21	Houston	4	70	17.5	22	0
12/30	San Diego	8	84	10.5	18	0	12/28	at Tampa Bay	`2	34	17.0	28	0
TOTAL	.S (16/16)	44	444	10.1	28	3	TOTAL	.S (16/15)	56	778	13.9	63t	1
2009	Opponent	No	Yds	Ava	LG	TD	2010	Opponent	No	Yds	Ava	LG	TD
2009 9/14	Opponent San Diego	No 6	Yds 96	Avg 16.0	LG 30	TD 0	2010 9/12	Opponent at Tennessee	No 4	Yds 43	Avg 10.8	LG 27	TD 0
	Opponent San Diego at Kansas City							at Tennessee			Avg 10.8 16.3		
9/14	San Diego	6	96	16.0	30	0	9/12		4	43	10.8	27	0
9/14 9/20 9/27	San Diego at Kansas City Denver	6	96 0	16.0 0.0	30 0	0	9/12 9/19	at Tennessee St. Louis	4 3	43 49	10.8 16.3	27 24	0
9/14 9/20	San Diego at Kansas City	6 0 2	96 0 17	16.0 0.0 8.5	30 0 12	0 0 0	9/12 9/19 9/26	at Tennessee St. Louis at Arizona	4 3 4	43 49 64	10.8 16.3 16.0	27 24 22t	0 0 1
9/14 9/20 9/27 10/4	San Diego at Kansas City Denver at Houston at N.Y. Giants	6 0 2 3	96 0 17 33	16.0 0.0 8.5 11.0	30 0 12 13	0 0 0 0	9/12 9/19 9/26 10/3	at Tennessee St. Louis at Arizona Houston	4 3 4 11	43 49 64 122	10.8 16.3 16.0 11.1	27 24 22t 23	0 0 1 1
9/14 9/20 9/27 10/4 10/11	San Diego at Kansas City Denver at Houston	6 0 2 3 4	96 0 17 33 69	16.0 0.0 8.5 11.0 17.3	30 0 12 13 29	0 0 0 0	9/12 9/19 9/26 10/3 10/10	at Tennessee St. Louis at Arizona Houston San Diego	4 3 4 11 6	43 49 64 122 62	10.8 16.3 16.0 11.1 10.3	27 24 22t 23 18	0 0 1 1
9/14 9/20 9/27 10/4 10/11 10/18	San Diego at Kansas City Denver at Houston at N.Y. Giants Philadelphia	6 0 2 3 4 6	96 0 17 33 69 139	16.0 0.0 8.5 11.0 17.3 23.2	30 0 12 13 29 86t	0 0 0 0 0	9/12 9/19 9/26 10/3 10/10 10/17	at Tennessee St. Louis at Arizona Houston San Diego at San Francisco	4 3 4 11 6 2	43 49 64 122 62 48	10.8 16.3 16.0 11.1 10.3 24.0	27 24 22t 23 18 26	0 0 1 1 1 0
9/14 9/20 9/27 10/4 10/11 10/18 10/25	San Diego at Kansas City Denver at Houston at N.Y. Giants Philadelphia N.Y. Jets	6 0 2 3 4 6 2	96 0 17 33 69 139 15	16.0 0.0 8.5 11.0 17.3 23.2 7.5	30 0 12 13 29 86t 8	0 0 0 0 0 1	9/12 9/19 9/26 10/3 10/10 10/17 10/24	at Tennessee St. Louis at Arizona Houston San Diego at San Francisco at Denver	4 3 4 11 6 2 3 1	43 49 64 122 62 48 65	10.8 16.3 16.0 11.1 10.3 24.0 21.7 8.0	27 24 22t 23 18 26 43t	0 0 1 1 1 0
9/14 9/20 9/27 10/4 10/11 10/18 10/25 11/1	San Diego at Kansas City Denver at Houston at N.Y. Giants Philadelphia N.Y. Jets at San Diego	6 0 2 3 4 6 2 5	96 0 17 33 69 139 15 52	16.0 0.0 8.5 11.0 17.3 23.2 7.5 10.4	30 0 12 13 29 86t 8	0 0 0 0 0 1 0	9/12 9/19 9/26 10/3 10/10 10/17 10/24 10/31	at Tennessee St. Louis at Arizona Houston San Diego at San Francisco at Denver Seattle Kansas City	4 3 4 11 6 2 3 1	43 49 64 122 62 48 65 8	10.8 16.3 16.0 11.1 10.3 24.0 21.7 8.0	27 24 22t 23 18 26 43t	0 0 1 1 1 0
9/14 9/20 9/27 10/4 10/11 10/18 10/25 11/1 11/15	San Diego at Kansas City Denver at Houston at N.Y. Giants Philadelphia N.Y. Jets at San Diego Kansas City	6 0 2 3 4 6 2 5	96 0 17 33 69 139 15 52 9	16.0 0.0 8.5 11.0 17.3 23.2 7.5 10.4 9.0	30 0 12 13 29 86t 8 15	0 0 0 0 0 1 0 0	9/12 9/19 9/26 10/3 10/10 10/17 10/24 10/31 11/7	at Tennessee St. Louis at Arizona Houston San Diego at San Francisco at Denver Seattle	4 3 4 11 6 2 3 1	43 49 64 122 62 48 65 8 nactive	10.8 16.3 16.0 11.1 10.3 24.0 21.7 8.0	27 24 22t 23 18 26 43t 8	0 0 1 1 1 0 1 0
9/14 9/20 9/27 10/4 10/11 10/18 10/25 11/1 11/15 11/22	San Diego at Kansas City Denver at Houston at N.Y. Giants Philadelphia N.Y. Jets at San Diego Kansas City Cincinnati	6 0 2 3 4 6 2 5 1 5	96 0 17 33 69 139 15 52 9 65	16.0 0.0 8.5 11.0 17.3 23.2 7.5 10.4 9.0 13.0	30 0 12 13 29 86t 8 15 9	0 0 0 0 0 1 0 0	9/12 9/19 9/26 10/3 10/10 10/17 10/24 10/31 11/7 11/21	at Tennessee St. Louis at Arizona Houston San Diego at San Francisco at Denver Seattle Kansas City at Pittsburgh	4 3 4 11 6 2 3 1 II	43 49 64 122 62 48 65 8 nactive	10.8 16.3 16.0 11.1 10.3 24.0 21.7 8.0 4.5	27 24 22t 23 18 26 43t 8	0 0 1 1 1 0 1 0
9/14 9/20 9/27 10/4 10/11 10/18 10/25 11/1 11/15 11/22 11/26	San Diego at Kansas City Denver at Houston at N.Y. Giants Philadelphia N.Y. Jets at San Diego Kansas City Cincinnati at Dallas	6 0 2 3 4 6 2 5 1 5	96 0 17 33 69 139 15 52 9 65 73	16.0 0.0 8.5 11.0 17.3 23.2 7.5 10.4 9.0 13.0 14.6	30 0 12 13 29 86t 8 15 9 19	0 0 0 0 0 1 0 0 0	9/12 9/19 9/26 10/3 10/10 10/17 10/24 10/31 11/7 11/21 11/28	at Tennessee St. Louis at Arizona Houston San Diego at San Francisco at Denver Seattle Kansas City at Pittsburgh Miami	4 3 4 11 6 2 3 1 1 2	43 49 64 122 62 48 65 8 nactive	10.8 16.3 16.0 11.1 10.3 24.0 21.7 8.0 4.5 6.0	27 24 22t 23 18 26 43t 8	0 0 1 1 1 0 1 0
9/14 9/20 9/27 10/4 10/11 10/18 10/25 11/1 11/15 11/22 11/26 12/6	San Diego at Kansas City Denver at Houston at N.Y. Giants Philadelphia N.Y. Jets at San Diego Kansas City Cincinnati at Dallas at Pittsburgh	6 0 2 3 4 6 2 5 1 5 4 7	96 0 17 33 69 139 15 52 9 65 73 43	16.0 0.0 8.5 11.0 17.3 23.2 7.5 10.4 9.0 13.0 14.6 10.8 6.6	30 0 12 13 29 86t 8 15 9 19 28 16	0 0 0 0 0 1 0 0 0	9/12 9/19 9/26 10/3 10/10 10/17 10/24 10/31 11/7 11/21 11/28 12/5	at Tennessee St. Louis at Arizona Houston San Diego at San Francisco at Denver Seattle Kansas City at Pittsburgh Miami at San Diego	4 3 4 11 6 2 3 1 1 2 1	43 49 64 122 62 48 65 8 nactive 9 6	10.8 16.3 16.0 11.1 10.3 24.0 21.7 8.0 4.5 6.0 5.0	27 24 22t 23 18 26 43t 8	0 0 1 1 1 0 1 0 0
9/14 9/20 9/27 10/4 10/11 10/18 10/25 11/1 11/15 11/22 11/26 12/6 12/13	San Diego at Kansas City Denver at Houston at N.Y. Giants Philadelphia N.Y. Jets at San Diego Kansas City Cincinnati at Dallas at Pittsburgh Washington	6 0 2 3 4 6 2 5 1 5 4 7	96 0 17 33 69 139 15 52 9 65 73 43	16.0 0.0 8.5 11.0 17.3 23.2 7.5 10.4 9.0 13.0 14.6 10.8 6.6	30 0 12 13 29 86t 8 15 9 19 28 16	0 0 0 0 0 1 0 0 0	9/12 9/19 9/26 10/3 10/10 10/17 10/24 10/31 11/7 11/21 11/28 12/5 12/12	at Tennessee St. Louis at Arizona Houston San Diego at San Francisco at Denver Seattle Kansas City at Pittsburgh Miami at San Diego at Jacksonville	4 3 4 11 6 2 3 1 1 2 1 1 4	43 49 64 122 62 48 65 8 nactive 9 6 5	10.8 16.3 16.0 11.1 10.3 24.0 21.7 8.0 4.5 6.0 5.0 17.0	27 24 22t 23 18 26 43t 8 6 6 5 29	0 0 1 1 1 0 1 0 0 0 0
9/14 9/20 9/27 10/4 10/11 10/18 10/25 11/1 11/15 11/22 11/26 12/6 12/13 12/20	San Diego at Kansas City Denver at Houston at N.Y. Giants Philadelphia N.Y. Jets at San Diego Kansas City Cincinnati at Dallas at Pittsburgh Washington at Denver	6 0 2 3 4 6 2 5 1 5 4 7	96 0 17 33 69 139 15 52 9 65 73 43 46 nactive	16.0 0.0 8.5 11.0 17.3 23.2 7.5 10.4 9.0 13.0 14.6 10.8 6.6	30 0 12 13 29 86t 8 15 9 19 28 16 11	0 0 0 0 0 1 0 0 0 1 0	9/12 9/19 9/26 10/3 10/10 10/17 10/24 10/31 11/7 11/21 11/28 12/5 12/12 12/19	at Tennessee St. Louis at Arizona Houston San Diego at San Francisco at Denver Seattle Kansas City at Pittsburgh Miami at San Diego at Jacksonville Denver	4 3 4 11 6 2 3 1 1 2 1 1 4 4	43 49 64 122 62 48 65 8 nactive 9 6 5 68 39	10.8 16.3 16.0 11.1 10.3 24.0 21.7 8.0 4.5 6.0 5.0 17.0 9.8	27 24 22t 23 18 26 43t 8 6 6 5 29 27	0 0 1 1 1 0 1 0 0 0 0 0

2011	Opponent	No	Yds	Avg	LG	TD
9/11	at San Francisco	2	19	9.5	13	0
9/18	at Pittsburgh	1	13	13.0	13	0
9/25	Arizona	2	9	4.5	7	0
10/2	Atlanta	3	21	7.0	13	0
10/9	at NY Giants	0	0	0.0	0	0
10/23	at Cleveland	- Ii	nactive	e (neck/	head))
10/30	Cincinnati	3	37	12.3	17	0
11/6	at Dallas	0	0	0.0	0	0
11/13	Baltimore	3	24	8.0	11	0
11/20	at St. Louis	1	10	10.0	10	0
11/27	Washington	1	2	2.0	2	0
12/1	Philadelphia	2	53	26.5	28	0
12/12	St. Louis	2	13	6.5	8	0
12/18	at Chicago	4	23	5.8	12	0
12/24	San Francisco	1	9	9.0	9	0
1/1/12	at Arizona	0	0	0.0	0	0
TOTAL	S (15/15)	25	233	9.3	28	0



MILLER'S 2012 SEASON

at Ariz (9/9): Had three receptions for 40 yards with a game-long 27-yard catch. Dal (9/16): Had one grab for 7 yards. GB (9/24): Had two receptions for 12 yards. at StL (9/30): Had three catches for 32 yards. at Car (10/7): Had three receptions for 59 yards, highest total since joining the Seahawks.

2012	Opponent	No	Yds	Avg	LG	TD
9/9	at Arizona	3	40	13.3	27	0
9/16	Dallas	1	7	7.0	7	0
9/24	Green Bay	2	12	6.0	8	0
9/30	at St. Louis	3	32	10.7	13	0
10/7	at Carolina	3	59	19.7	30	0
TOTAL	S (5/5)	12	150	12.5	30	0

MILLER'S TOP GAMES

Most P	ass Receptions:		Longest	t Reception:	
11	Houston	10/03/10	86t	Philadelphia	10/18/09
9	Indianapolis	12/26/10	63t	San Diego	09/28/08
9	at Cleveland	12/27/09	43t	at Denver	10/24/10
3	at San Diego	12/04/08	31	at Cleveland	12/27/09
3	San Diego	12/30/07	31	at Baltimore	10/26/08
7	Baltimore	01/03/10	30	San Diego	09/14/09
7	Washington	12/13/09	30	at Denver	11/23/08

Most Yards Receiving:

139	Philadelphia	10/18/09
122	Houston	10/03/10
110	at Cleveland	12/27/09
96	San Diego	09/14/09
OE.	San Diago	00/20/00

Most TD Receptions:

1 12 times, Last vs. Indianapolis 12/26/10



the third round (75th overall) of the 2011 NFL Draft. Highest Seahawks drafted guard since Steve Hutchinson was drafted 17th overall in 2001. Third player chosen out of Wisconsin in club history (Eric Unverzagt, 1996; Chris McIntosh, 2001).

NFL CAREER HIGHLIGHTS:

· Started the first nine games of rookie campaign before suffering a season-ending knee injury vs. Baltimore (11/13/11) and was placed on injured reserve (11/15/11).

COLLEGE: Started 42 of 45 games at Wisconsin at guard and center. In 42 starts, was credited with 280 knockdowns/key blocks, that included 46 touchdown-resulting blocks and fifteen blocks down field. As an offensive guard, delivered 174 knockdowns and 28 touchdown-resulting blocks, posting 106 more key blocks, including 18 touchdown-resulting shots at center. On 2,915 offensive snaps, allowed just two quarterback pressures and 3.5 sacks, as he was penalized only twice in his Badger career. Started all 13 games at left guard as a senior, leading a blocking unit that allowed only 14 sacks. Earned All-American first-team honors from The NFL Draft Report and the Associated Press, adding second-team accolades from Sports Illustrated. Consensus All-Big Ten Conference first-team selection. Was the recipient of the Badgers' Wayne Souza Coaches Appreciation Award (offense) and was named to the Rotary Lombardi Award Watch list. Helped the Badgers rank second in the conference and 12th in the nation in rushing offense (245.09 ypg). Led the Big Ten while finishing fifth in the NCAA ranks in scoring offense (41.5 ppg). As a junior, earned All-Big Ten Conference first-team honors from

HOW ACQUIRED: Drafted with the 11th pick in The NFL Draft Report, the league's coaches and media. Took over left guard duties vs. Michigan State, remaining at that position for eight games before shifting to center for his final two contests. Helped the Badgers average 417 yards in total offense, the fourth-best average in school history. Took over center duties as a sophomore, starting all 13 games. Badgers led the Big Ten Conference and ranked 14th nationally with an average of 211 yards per game rushing. Allowed just one sack and was penalized just once on 900 offensive snaps. All-Big Ten Conference Freshman Team selection by The Gridiron Report. Inserted into the starting lineup at left guard for the final six contests.

> PERSONAL: Attended Notre Dame (West Haven, Ct.) High School. Played on both sides of the line. Received a three-star rating from Rivals.com, and was a member of the New England Top 20 team by that recruiting service. ranking 13th on that list. The Prep Star All-American added All-State first-team honors as an offensive guard by the Hartford Courant. Was also a two-time All-Conference selection. Captured the state heavyweight weightlifting championship. Also competed in track, performing in the weights. Sociology major, Father, Dave, and uncle, Steven, played college basketball at New Haven from 1973-76. Another uncle, Jim, played football at Temple.

MOFFITT'S NFL RECORD

Year le	am —	GP/GS	Postseason
2011 Se	eattle –	9/9	
2012 Se	eattle	2/2	
NFL TOT	ALS -	11/11	-

MOFFITT'S 2012 SEASON

at Ariz (9/9): Inactive. Dal (9/16): Started at right guard and helped pave the way for 182 rushing yards by the Seahawks, most since 245 vs. St. Louis on September 21, 2008. Split time at the position with J.R. Sweezv. GB (9/24): Started at right guard. at StL (9/30): Inactive (knee). at Car (10/7): Inactive (knee).



September 3, 2012.

NFL CAREER HIGHLIGHTS:

- · Originally signed by New Orleans as an undrafted free agent on May 5, 2008. Waived by New Orleans on May 13, 2008, and signed by Green Bay on May 22, 2008. Waived by Green Bay September 5, 2009, and signed by Cleveland to the practice squad on November 9. 2009. Signed by Cleveland to the active roster on December 5, 2009.
- · Appeared in all 16 games in 2011, including four starts. Caught 34 passes for 324 yards and four touchdown receptions, a figure that tied for the team lead (Joshua Cribbs).
- Average of 20.1 yards per reception in 2010 led the team.
- . In 2010, was inactive for two games with a hip injury before being placed on injured reserve on December 22, where he spent the final two contests.
- Recorded a career and game-high 87 receiving yards on three receptions at Tampa Bay (9/12/10), including a career-long 49-yard catch
- First career start came in game against Kansas City (9/19/10).
- Scored first career touchdown on a 24-yard pass from Seneca Wallace against Cincinnati (10/3/10).

- **HOW ACQUIRED:** Signed as a free agent Made NFL debut against San Diego (12/6/09), and tallied six receptions for a team-high 80 vards. Registered at least one reception in all five games in which he appeared in 2009.
 - · Placed on injured reserve by the Packers with a knee injury on August 19 and missed the entire season.

COLLEGE: A four-year letterman at Stanford University (2003-04, 2006-07) who appeared in 38 contests and finished his collegiate career with 103 receptions for 1,555 yards and 12 touchdowns. Played in all 12 games as a senior in 2007, tying for second on the team with 39 receptions and finishing third on the club with 481 receiving yards. Named to second-team Pac-10 All-Academic squad in 2006. Received medical redshirt in 2005 after suffering season-ending injury in the season opener. Started all 11 games as a sophomore in 2004 and led the team with six touchdowns and ranked second on the team in receptions (39) and receiving yards (616). Named first-team Pac-10 All-Academic, honorable mention All-Pac-10 and District 8 Academic All-American as a sophomore. Earned a bachelor's degree in political science and a master's degree in sociology.

PERSONAL: A native of Brea, Calif., where he was a three-time letterwinner in football at Brea-Olinda High School, As a senior, registered 50 receptions for 867 vards with 12 touchdowns on offense and also notched 31 tackles and eight interceptions on defense. Married to Colby.

MOO	MOORE'S NFL RECORD										
Year	Club	G/S	No	Yds	Avg	LG	TD				
2008	Green Bay	,	Injur	ed Reserve	Ţ.						
2009	Cleveland	5/0	12	158	13.2	24	0				
2010	Cleveland	12/4	16	322	20.1	49	1				
2011	Cleveland	16/4	34	324	9.5	33	4				
2012	Seattle	5/1	0	0	0.0	0	0				
NFLTO	TALS	38/9	62	804	13.0	49	5				

MOORE'S SINGLE-GAME HIGHS

Most Receptions: 6, San Diego (12/6/09) Most TDs: 1, 5 Times, Last at Baltimore (12/24/11) Most Yards: 87 at Tampa Bay (9/12/10) Longest Reception: 49 at Tampa Bay (9/12/10)

MOORE'S GAME-BY-GAME RECEIVING

2009	Onnonent	No	Yds	A	LG	TD	2011	0	NI.	V.J.	A	10	TD
	Opponent			Avg			2011	Opponent	No	Yds	Avg		TD
12/6	San Diego	6	80	13.3	18	0	9/11	Cincinnati	3	35	11.7	17	1
12/10	Pittsburgh	2	34	17.0	24	0	9/18	at Indianapolis	1	16	16.0	16t	1
12/20	at Kansas City	1	7	7.0	7	0	9/25	Miami	2	19	9.5	11	0
12/27	Oakland	1	19	19.0	19	0	10/2	Tennessee	1	15	15.0	15	0
1/3/10	Jacksonville	2	18	9.0	14	0	10/16	at Oakland	3	16	5.3	11	0
ΤΟΤΔΙ	S (5/0)	12	158	13.2	24	0	10/23	Seattle	4	35	8.8	16	0
.0.7.2	0 (0,0)					•	10/30	at San Francisco	2	17	8.5	12	0
2040	0	NI-	V.I.	A		TD	11/6	at Houston	2	11	5.5	6	0
2010	Opponent	No	Yds	Avg	LG	TD	11/13	St. Louis	0	0	0.0	0	0
9/12	at Tampa Bay	3	87	29.0	49	0	11/20	Jacksonville	0	0	0.0	0	0
9/19	Kansas City	0	0	0.0	0	0	11/27	at Cincinnati	1	3	3.0	3	0
9/26	at Baltimore	0	0	0.0	0	0	12/4	Baltimore	2	28	14.0	22t	1
10/3	Cincinnati	1	24	24.0	24t	1	12/8	at Pittsburgh	4	55	13.8	33	0
10/10	Atlanta	1	7	7.0	7	0	12/18	at Arizona	0	0	0.0	0	0
10/17	at Pittsburgh	4	84	21.0	34	0	12/10	at Baltimore	5	35	7.0	11	1
10/24	at New Orleans	0	0	0.0	0	0	1/1/12		4	39	9.8	12	0
11/7	New England	1	17	17.0	17	0							_
11/14	N.Y. Jets	1	18	18.0	18	0	TOTAL	.S (16/4)	34	324	9.5	3	4
11/21	at Jacksonville	3	69	23.0	38	0							
11/28	Carolina	2	16	8.0	11	0							
12/5	at Miami	0	0	0.0	0	0							

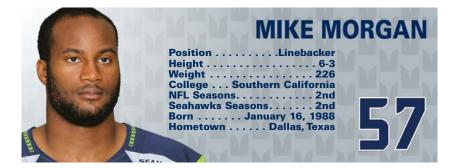
MOORE'S 2012 SEASON

16 322 20.1 49 1

TOTALS (12/4)

at Ariz (9/9): Saw limited action at TE. Dal (9/16): Saw action at TE. GB (9/24): Saw action at tight end. at StL (9/30): Saw limited action at TE. at Car (10/7): Made first start for Seattle when team opened in two-TE set.

2012	Opponent	No	Yds	Avg	LG	TD
9/9	at Arizona	0	0	0.0	0	0
9/16	Dallas	0	0	0.0	0	0
9/24	Green Bay	0	0	0.0	0	0
9/30	at St. Louis	0	0	0.0	0	0
10/7	at Carolina	0	0	0.0	0	0
TOTAL	S (5/1)	0	0	0.0	0	0



HOW ACQUIRED: Signed by the Seahawks as an undrafted free agent July 26, 2011.

NFL CAREER HIGHLIGHTS:

• Saw action in the final five games of 2011, mostly on special teams and limited action at linebacker at Chicago (12/18).

COLLEGE: A four-year contributor for the Trojans, playing in 50 games while collecting 139 tackles (73 solo) and 5.5 sacks. Racked up a team-high 13 tackles for loss in 2009 (with 4.0

sacks). Made the 2009 Phil Steele's All-Pac 10 third-team.

PERSONAL: Named the 2005 Parade All-American, Prep Star Dream Team, ESPN 150, Prep Star All-American, EA Sports All-American third team, Super Prep All-Southwest, Prep All-Midlands and All-State honorable mention squads as a senior linebacker at Skyline High in Dallas, Texas. Also sprinted for Skyline's track team. Received bachelor's degree in public policy, management and planning.

MORGAN'S NFL RECORD

			Ta	Tackles		Sacks Inte		erceptions								
	Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg I	LG	TD	PD	FF	FR	Yds
2011	Seattle	5/0	0	0	0	0.0	0.0	0	0.0	0.0	0	0	0	0	0	0
201	2 Seattle	5/0	2	2	0	0.0	0.0	0	0.0	0.0	0	0	0	0	0	0
NFL	TOTALS	10/0	2	2	0	0.0	0.0	0	0.0	0.0	0	0	0	0	0	0

MORGAN'S 2012 SEASON

at Ariz (9/9): Saw action on special teams. Dal (9/16): Saw action on special teams and limited action at LB in place of K.J. Wright. GB (9/24): Saw action on special teams. at StL (9/30): Saw action as LB in Nickel package most of the second half and posted first two career tackles. at Car (10/7): Saw action on special teams and had two stops.

MORGAN'S 2012 GAME-BY-GAME

Game	P/S	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/0	Sp	ecial	Tear	ns On	ly							
Dal (9/16)	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0
GB (9/24)	1/0	Sp	ecial	Tear	ns On	ly							
at StL (9/30)	1/0	2	2	0	0.0	0.0	0	0	0	0	0	0	0
at Car (10/7)	1/0	Sp	ecial	Tear	ns On	ly							
Totals	5/0	2	2	0	0.0	0.0	0	0	0	0	0	0	0
P = Participation													

Additional Statistics: Special Teams Tackles: 2.



HOW ACQUIRED: Drafted with the second of two seventh-round picks (249th overall) in the 2006 NFL Draft.

NFL CAREER HIGHLIGHTS:

- Started a career high seven games and set a career-high for the second consecutive year in catches with 37 while totaling 436 yards and two TDs.
- Set career-highs in catches (30), yards (494) and TDs (4) in 2010. Tied career-high with five catches on three occasions and set personal mark with 159 yards vs. Kansas City (11/28/10).
- Second on the team with 12 special teams tackles in 2009 and returned 11 kickoffs for 293 yards with a long of 45.
- Spent 2008 season on injured reserve (clavicle).
- Played in 12 games and made NFL debut at San Francisco (9/30/07). Set career highs in catches (4) and yards (72) vs. New Orleans (10/14/07). Also had first career score vs. the Saints.
- Spent 2006 season on practice squad.
 Signed to active roster on January 5, 2007, but

was inactive for both postseason games.

COLLEGE: Finished Auburn career 11th in receiving yards with 1,313 yards and ranked second in school annals with 18 touchdown receptions (Terry Beasley, 29). Also ranks seventh in Auburn history with 97 receptions. Saw action in every game, starting 11 times his senior season. Led team with career-high 33 receptions for 357 yards (10.8 avg.) and five touchdowns. Earned All-Southeastern Conference third-team honors from the league's coaches.

PERSONAL: Attended Selma (Ala.) High. Four-year starter who earned Parade All-American, Prep Star/CBS Sportsline Dream Team, Super Prep Elite 50 (ranked as the top player in Alabama by that service), Huntsville Times Elite 11, Birmingham News Class 6A All-State honors, Constitution Super Southern 100 and The Sporting News Hot 101 accolades. Caught 31 passes for 460 yards and nine touchdowns as a senior. Rushed for 218 yards on 20 carries and three scores, adding 284 yards on punt and kick returns with one more touchdown that year. Also started for the basketball team. Majored in finance.

ОВО	MAN	U'S N	FL RE	CORD							
Year	Club	G/S	No	Yds	Avg	LG	TD				
2006	Seattle	0/0	0	0	0.0	0	0				
2007	Seattle	13/0	12	180	15.0	30	1				
2008											
2009	Seattle	14/0	4	41	10.3	12	0				
2010	Seattle	15/6	30	494	16.5	87t	4				
2011	Seattle	16/7	37	436	11.8	55	2				
2012	Seattle	5/0	1	8	8.0	8	0				
NFLTO	TALS	63/13	84	1,159	13.8	87t	7				
			PO	STSEASO	N						
Year	Club	G/S	No	Yds	Avg	LG	TD				
2006	Seattle	0/0	0	0	0.0	0	0				
2007	Seattle	2/0	4	63	15.8	22	0				
2010	Seattle	2/2	9	111	12.3	46	0				
NFLTO	TALS	4/2	13	174	13.4	46	0				

OBOMANU'S SINGLE-GAME HIGHS

Most Rec.: 5, 3 Times, Last vs. St. Louis (1/2/11) Most TDs: 1, 7 Times, Last at NY Giants (10/9/11)

TOTALS (14/0)

Most Yards: 159 vs. Kansas City (11/28/10) Longest Reception: 87t vs. Kansas City (11/28/10)

No Yds Avg LG TD

6 0 19 1 0 0

0 Λ 55 0

ADDITIONAL STATS

Special Teams Tackles: 2007 (2), 2009 (12), 2010 (6), 2011 (2, FR), 2012 (3); Career (25, FR). Rushing: 2010 (2 for 17 yards, 13 long), 2011 (1 for 13 yards), 2012 (1 for 11 yards); Career (4 for 41 yards, 13 long). Kickoff Returns: 2007 (4 for 88 yards, 25 long), 2009 (11 for 293 yards, 45 long); Career (15 for 381 yards, 25.4 avg., 45 long.)

OBOMANU'S GAME-BY-GAME RECEIVING

2006	Opponent		Yds	Avg		TD	2010	Opponent	No	Yds	
	s 1-16		ractice			_	9/12	San Francisco	1	6	
	-S (0/0)	0	0	0.0	0	0	9/19	at Denver	2	30	
	Dallas	-	nactive				9/25	San Diego	0	0	
1/14/0	7 at Chicago		nactive				10/3	at St. Louis		Special	11
TOTAL	S (0/0)	0	0	0.0	0	0	10/17	at Chicago	0	0 7	
							10/24	Arizona	1	5	
2007	Opponent	No	Yds	Avg	LG	TD	10/31	at Oakland	-		
Game	s 1-3	- 1	nactive				11/7	N.Y. Giants	1	36	
9/30	at San Francisco	0	0	0.0	0	0	11/14	at Arizona	4	60	
10/7	at Pittsburgh	2	38	19.0	30	0	11/21	at New Orleans	5	87	
10/14	New Orleans	4	72	18.0	25	1	11/28	Kansas City	5	159	
10/21	St. Louis	0	0	0.0	0	0	12/5	Carolina	2	40	
11/4	at Cleveland	1	7	7.0	7	0	12/12	at San Francisco		nactiv	е
11/12	San Francisco	1	11	11.0	11	0	12/19	Atlanta	1	7	
11/18	Chicago	0	0	0.0	0	0	12/26	at Tampa Bay	2	18	
11/25	at St. Louis	0	0	0.0	0	0	1/2/11	St. Louis	5	39	
12/2	at Philadelphia	0	0	0.0	0	0	TOTAL	S (15/6)	30	494	
12/9	Arizona	1	18	18.0	18	0	1/8/11	New Orleans	5	43	
12/16	at Carolina	1	18	18.0	18	0		at Chicago	4	68	
12/23	Baltimore	1	6	6.0	6	0		S (2/1)	9	111	
12/30	at Atlanta	1	10	10.0	10	0	IUIAL	.5 (2/1)	9	111	
TOTAL	-S (13/0)	12	180	15.0	30	1					
	Washington	0	0	0.0	0	0	2011	Opponent	No	Yds	
	8 at Green Bay	4	63	15.8	22	0	9/11	at San Francisco	2	12	
		4				0	9/18	at Pittsburgh	4	35	
IUIAI	_S (2/0)	4	63	15.8	22	U	9/25	Arizona	2	12	
							10/2	Atlanta	3	25	
2008	Opponent	No	Yds	Avg	LG	TD	10/9	at NY Giants	6	51	
Game			njured				10/23	at Cleveland	0	0	
			,				10/30	Cincinnati	4	107	
IOIAL	₋S (0/0)	0	0	0.0	0	0	11/6	at Dallas	2	6	
							11/13	Baltimore	1	10	
							11/20	at St. Louis	1	11	
2009	Opponent	No	Yds	Avg	LG	TD	11/27	Washington	3	26	
9/13	St. Louis	1	11	11.0	11	0	12/1	Philadelphia	2	28	
9/20	at San Francisco	0	0	0.0	0	0	12/12	St. Louis	1	13	
9/27	Chicago	1	11	11.0	11	0	12/18	at Chicago	1	43	
10/4	at Indianapolis	0	0	0.0	0	0	12/24	San Francisco	2	20	
10/11	Jacksonville	0	0	0.0	0	0	1/1/12	at Arizona	3	37	
10/18	Arizona		Special					S (16/7)	37	436	_
11/1	at Dallas		Special	Teams			IUIAL	3 (10/7)	3/	430	
11/8	Detroit		nactive								
11/15	at Arizona		Special								
11/22	at Minnesota	5	Special	Teams							
11/29	at St. Louis	0	0	0.0	0	0					
12/6	San Francisco	1	12	12.0	12	0					
12/13	at Houston	0	0	0.0	0	0					
12/20	Tampa Bay	0	0	0.0	0	0					
40/07	at Green Bay	- 1	nactive								
12/27	at Groon bay										

3 34 11.3 12 0

OBOMANU'S 2012 SEASON

at Ariz (9/9): Saw action on special teams and had one tackle. Dal (9/16): Saw action on special teams (1 tackle) and at WR. GB (9/24): Assisted on one special teams tackle and had one 8-yard reception. at StL (9/30): Saw action at WR and on special teams. at Car (10/7): Rushed once for 11 yards.

2012	Opponent	No	Yds	Avg	LG	TD
9/9	at Arizona	0	0	0.0	0	0
9/16	Dallas	0	0	0.0	0	0
9/24	Green Bay	1	8	8.0	8	0
9/30	at St. Louis	0	0	0.0	0	0
10/7	at Carolina	0	0	0.0	0	0
TOTAL	S (5/0)	1	8	8.0	8	0

Additional Statistics: Special Teams Tackles: 3. Rushing: 1 rush for 11 yards at Carolina (10/7).

OBOMANU'S TOP GAMES

Most F	Pass Receptions:		Longe	st Reception:	
6	at NY Giants	10/09/11	87t	Kansas City	11/28/10
5	St. Louis	01/02/11	55	Cincinnati	10/30/11
5	Kansas City	11/28/10	52	Kansas City	11/28/10
5	at New Orleans	11/21/10	43	at Chicago	12/18/11
4	Cincinnati	10/30/11	42	at New Orleans	11/21/10
4	at Pittsburgh	09/18/11	40	at Arizona	11/14/10
4	at Arizona	11/14/10	Most 7	TD Receptions:	
4	New Orleans	10/14/07	1	at NY Giants	10/09/11
Most Y	ards Receiving:		1	Atlanta	10/02/11
159	Kansas City	11/28/10	1	Kansas City	11/28/10
107	Cincinnati	10/30/11	1	at New Orleans	11/21/10
87	at New Orleans	11/21/10	1	New York Giants	11/07/10
72	New Orleans	10/14/07	1	at Denver	09/19/10
60	at Arizona	11/14/10	1	New Orleans	10/14/07
51	at NY Giants	10/09/11	Longe	st Kickoff Return:	
			45	Chicago	09/27/09
			35	at Minnesota	11/22/09
			33	San Francisco	12/06/09
			26	at Minnesota	11/22/09



HOW ACQUIRED: Selected with the sixth overall pick in the 2010 NFL Draft.

NFL CAREER HIGHLIGHTS:

- Started the first 12 games of 2011 before being placed on injured reserve with a torn pectoral muscle suffered vs. Philadelphia (12/1). Helped Marshawn Lynch post a club record scoring at least one TD in 11 consecutive games.
- Battled ankle injuries for most of the 2010 season. Started all 10 games played and both postseason contests. Missed the first three games of the season (ankle) and made NFL debut at St. Louis (10/3/10).
- · Highest drafted tackle in club history (Walter Jones was also selected sixth overall in 1997) and first draft choice of General Manager John Schneider and Head Coach Pete Carroll.

COLLEGE: Played 52 games at Oklahoma State, starting final 47 contests - including last 39 at left tackle (first eight at right tackle). Part of unit that saw the Cowboys lead the BigTwelve Conference in rushing in each of his four seasons in the starting line-up. An Outland Trophy finalist, garnered All-American and Big Twelve Offensive Lineman of the Year honors, becoming OSU's most decorated offensive lineman since former Pittsburgh Steelers standout center, Jon Kolb (1966-68).

Registered 317 knock-downs with 48 touchdownresulting blocks during his time as a starter. In final two seasons, total of 30 touchdown-resulting blocks were tops in the Big Twelve. As a senior, was an All-American first-team choice by The NFL Draft Report, Walter Camp Football Foundation and American Football Foundation Coaches Association. Was only offensive lineman named a semi-finalist for the Lombardi Award. Allowed just one sack on 336 pass plays.

PERSONAL: Attended George Bush High . Three-star prospect, according to Rivals.com. Ranked 33rd nationally among offensive tackles and placed 71st on Rival's Texas Top 100 list. Scout.com ranked the lineman 50th overall on the South-west Top 100 chart. Added first-team All-Greater Houston and All-District honors, along with being named to the Dallas Morning News Top 100 squad as a senior, Marketing major. Son of Dorothy Akabio and Victor Okung.

OKUNG'S NFL RECORD

Year Team	_	GP/GS	Postseason
2010 Seattle	_	10/10	2/2
2011 Seattle	_	12/12	
2012 Seattle	_	4/4	
NFL TOTALS	_	26/26	2/2

OKUNG'S 2012 SEASON

Has helped block for Marshawn Lynch who ranks third in the NFL in rushing (1st NFC). at Ariz (9/9): Started at LT and help pave the way for 115 total rushing yards. Left the game on the Seahawks final drive with an injured knee. Dal (9/16): Inactive (knee). GB (9/24): Started at left tackle. at StL (9/30): Started at LT and helped team rush for 179 yards, including Lynch's 118. at Car (10/7): Started at LT.



HOW ACQUIRED: Signed with Seattle as an • Made his first NFL start vs. Kansas City unrestricted free agent on March 27, 2012.

NFL CAREER HIGHLIGHTS:

- · Originally selected by Atlanta in the fifth round (163rd overall) of the 2005 NFL Draft. Was waived by Atlanta (9/1/07) after two seasons and claimed off waivers by Carolina (9/2/07) where he also spent two season. Signed by Chicago to four-year contract (2/27/09) before being released by Chicago March 1, 2012.
- In 2011, appeared in all 16 games with three starts (Weeks 3-5) at right tackle, the third straight season appearing in all 16 contests.
- · Started all 16 games for the first time of career in 2010 (2 at RT, 14 at LT) and helped block for a 1.000-vard rusher for the first time in his career. One of two offensive lineman to start every game, including both postseason contests.
- · Played in all 16 games for the first time in his career in 2009, making 12 starts at left guard. Began the season as a starter, saw action in four games as a reserve and then started the final six games. Helped protect Jay Cutler as he threw for the second-highest passing mark in franchise history (3,666 yards).

- (10/5/08) and helped Carolina rush for 205 yards and 2 TDs while not allowing a sack.
- Spent the 2007 season on the Panthers active roster but was inactive for all 16 games.
- Appeared in his first NFL game vs. Pittsburgh (10/22/06), but was inactive for the other 15 contests. Inactive all 16 games as a rookie.

COLLEGE: Appeared in 37 games with 35 starts as a three-vear starter at Tennessee Tech. As a senior, earned first-team all-Ohio Valley Conference honors after starting every game at left tackle and allowing only three sacks. Contributed to an offensive line that helped produce 389.4 yards of total offense per game. As a junior, started every game at left tackle and allowed only one sack. Part of an offensive unit that generated 347.5 yards of offense per game. Saw action in every game as a sophomore and demonstrated his versatility by starting six games at left tackle and six games at right tackle. Played in two games as a freshman before suffering a knee injury that sidelined him for the remainder of the season.

PERSONAL: Attended Whites Creek (Tenn.) High School. Majored in marketing at Tennessee

OMIYALE'S NFL RECORD

Year Team	_	GP/GS	Postseason			GP/GS	Postseason
2005 Atlanta	_	0/0	-	2010 Chicago	_	16/16	2/2
2006 Atlanta	_	1/0	-	2011 Chicago	_	16/3	-
2007 Carolina	_	0/0	-	2012 Seattle	_	5/1	
2008 Carolina	_	10/1	-	NFL TOTALS	_	64/33	2/2
2009 Chicago	_	16/12	-				

OMIYALE'S 2012 SEASON

at Ariz (9/9): Saw action on special teams and at left tackle in place of Russell Okung (knee) on the Seahawks final possession. Dal (9/16): Started at left tackle in place of Okung (knee). Part of a Seahawks rushing attack that totaled 182 rushing yards, most for Seattle since totaling 245 on September 21, 2008, vs. St. Louis. GB (9/24): Saw action on special teams. at StL (9/30): Saw action on special teams. at Car (10/7): Saw action on special teams and on one series in the second quarter in place of Breno Giacomini.



HOW ACQUIRED: Signed by the Seahawks as an unrestricted free agent on July 29, 2011.

NFL CAREER HIGHLIGHTS:

- · Originally drafted by Minnesota with the 12th pick in the second round (44th overall) of the 2007 NFL Draft. Played four seasons and 48 games for the Vikings before signing with Seattle this offseason.
- · Has completed three of five career pass attempts for 149 yards, including a 55-yard strike to Mike Williams on the first play of the game at St. Louis (11/20/11).
- In first season with Seahawks in 2011, started nine games totaling 32 catches for 484 yards and two TDs. Posted eight catches for 109 yards in first game with the Seahawks. Missed the first two games of the season with a shoulder injury and spent the final five games on injured reserve (concussion).
- The Vikings were 13-4 in games when Rice caught a touchdown pass, including playoffs.
- Returned from preseason hip surgery to play in six games in 2010 after beginning the season on physically unable to perform list. Versus Buffalo (12/5/10), caught five passes for seasonhigh 105 yards and two touchdowns. Both touchdown receptions came from current Seahawks QB Tarvaris Jackson who relieved an injured Brett Favre.
- En route to first Pro Bowl, hauled in 83 catches and was second in the NFC with 1,312 receiving yards in 2009. Also had a career-high eight touchdowns. Became the fourth player in team history to post more than 1.300 yards receiving in a season. Recorded five 100-yard games on the season.
- Established a career high with 201 receiving yards and hauled in seven passes while earning NFC Offensive Player of the Week at Detroit
- . Tied an NFL record with three receiving touchdowns in a playoff game vs. Dallas (1/17/10).
- Had impressive rookie season, ranking tied for first in the NFC and second in the NFL among rookies with four touchdown receptions in 2007. Led Vikings in touchdown receptions and was second on team in receiving yards with 396.
- Threw the longest pass by a Viking in 2007 (79 yards) and tied for the longest touchdown reception (60 yards).

 Made NFL debut in the season opener vs. Atlanta (9/9/07) and was only the fifth rookie wide receiver to start the opener in team history.

HONORS:



2009: NFC Pro Bowl; NFC Offensive Player of the Week vs. Detroit (11/15/09).

COLLEGE: Was a First-Team All-SEC honoree as a sophomore.

Recognized as a 3rd-Team All-America as a freshman and sophomore. Set school record with 23 career touchdown catches, breaking the mark of 19 held by Robert Brooks and Jermale Kelly. Set a USC record as the only player to break the 1,000-vard receiving mark in 2 seasons. Left with two of the three highest singleseason reception marks at the school with 72 and 70, trailing Sterling Sharpe's 74. Started 23 of 24 career games. Broke the 100-yard receiving mark 11 times. Caught a pass in all 24 career games. Named 2006 Liberty Bowl Offensive MVP in his final college game against Houston. Played in 2005 Independence Bowl against Missouri and caught a career-high 12 passes. Medical redshirt in 2004.

PERSONAL: Standout at Gaffney (S.C.) High was tabbed as South Carolina Offensive Player of the Year as a senior by High School Sports Report. Top WR prospect in the state caught 25 prep TDs. Helped lead Gaffney to Class 4A state title on the hardwood with a 28-0 record and was named the Player of the Year in Class 4A hoops.



RICE'S NFL RECORD

	RECEIVING											
	Club	G/S	No	Yds	Avg	LG	TD					
2007	Minnesota	13/4	31	396	12.8	60t	4					
2008	Minnesota	13/3	15	141	9.4	23t	4					
2009	Minnesota	16/14	83	1,312	15.8	63	8					
2010	Minnesota	6/5	17	280	16.5	46	2					
2011	Seattle	9/9	32	484	15.1	52t	2					
2012	Seattle	5/5	17	199	11.7	22	1					
NFLT	OTALS	62/40	195	2,790	14.3	63	21					
				POST	SEASON							
				Rec	eiving							
	Club	G/S	No	Yds	Avg	LG	TD					
2008	Minnesota	1/0	2	27	13.5	14	0					
2009	Minnesota	2/2	10	184	18.4	47t	4					
NFL T	OTALS	3/2	12	211	17.6	47t	4					

RICE'S GAME-BY-GAME RECEIVING

2007 9/9	Opponent Atlanta	No 2	Yds 10	Avg 5.0	LG 6	TD 0	2009 9/13	Opponent at Clevelan
9/16	at Detroit	0	0	0.0	Ö	Ö	9/20	at Detroit
9/23	at Kansas City	2	21	10.5	11	0	9/27	San Francis
9/30	Green Bay	6	75	12.5	15t	1	10/5	Green Bay
10/14	at Chicago	1	13	13.0	13	0	10/11	at St. Louis
10/21	at Dallas	0	0	0.0	0	0	10/18	Baltimore
10/28	Philadelphia	3	27	9.0	13	0	10/25	at Pittsburg
11/4	San Diego	4	66	16.5	40	1	11/1	at Green Ba
11/11	Green Bay		nactive			_	11/15	Detroit
11/18	Oakland	2	18	9.0	11	0	11/22	Seattle
11/25	at N.Y. Giants	3	82	27.3	60t	1	11/29	Chicago
12/2	Detroit	5	53	10.6	22	1	12/6	at Arizona
12/9	at San Francisco	2	21	10.5	12	0	12/13	Cincinnati
12/17	Chicago	1	10	10.0	10	0	12/13	at Carolina
12/23 12/30	Washington		nactive				12/28	at Chicago
	at Denver		nactive				1/3/10	N.Y. Giants
TOTAL	S (13/4)	31	396	12.8	60t	4	., .,	
								S (16/15) Dallas
2008	Opponent	No	Yds	Avg	LG	TD	., ,	at New Orle
9/8	at Green Bay	2	31	15.5	23t	1		
9/14	Indianapolis	0	0	0.0	0	0	PLAYO	FFS (2/2)
9/21	Carolina	- Ir	nactive	9				_
9/28	at Tennessee	1	6	6.0	6	0	2010	Opponent
10/6	at New Orleans	lı	nactive	9			11/21	Green Bay
10/12	Detroit	lı	nactive	9			11/28	at Washing
10/19	at Chicago	0	0	0.0	0	0	12/5	Buffalo
11/2	Houston	1	8	8.0	8t	0	12/13	N.Y. Giants
11/9	Green Bay	1	3	3.0	3t	0	12/20	Chicago
11/16	at Tampa Bay	2	22	11.0	17	0	12/28	at Philadelp
11/23	at Jacksonville	3	27	9.0	14	0	TOTAL	S (6/5)
11/30	Chicago	1	8	8.0	8	0		
12/7	at Detroit	2	21	10.5	15	0	2011	Opponent
12/14	at Arizona	1	6	6.0	6	0	9/11	at San Fran
12/21	Atlanta	0	0	0.0	0	0	9/18	at Pittsburg
12/28	N.Y. Giants	1	9	9.0	9	0	9/25	Arizona
TOTAL	S (13/3)	15	141	9.4	23t	4	10/2	Atlanta
	at Philadelphia	2	27	13.5	14	0	10/9 10/23	at NY Giant at Clevelan
	FFS (1/1)	2	27	13.5	14	0	10/23	Cincinnati
FLATU	FF3 (1/1)	2	21	13.5	14	U	11/6	at Dallas
							11/13	Baltimore

2009	Opponent	No	Yds	Ava	LG	TD
9/13	at Cleveland	2	17	8.5	9	0
9/20	at Detroit	3	29	9.7	13	0
9/27	San Francisco	4	56	14.0	30t	1
10/5	Green Bay	5	70	14.0	24	1
10/11	at St. Louis	3	61	20.3	47	0
10/18	Baltimore	6	176	29.3	63	0
10/25	at Pittsburgh	10	136	12.4	34	0
11/1	at Green Bay	4	40	10.0	14	0
11/15	Detroit	7	201	28.7	56	0
11/22	Seattle	6	89	14.8	34t	2
11/29	Chicago	6	89	14.8	33	0
12/6	at Arizona	7	72	10.3	14	0
12/13	Cincinnati	4	39	9.8	16	0
12/20	at Carolina	4	69	17.3	25	0
12/28	at Chicago	6	56	9.3	12	1
1/3/10	N.Y. Giants	6	112	18.7	50	2
TOTAL	S (16/15)	83	1,312	15.8	63	8
1/17/10	Dallas	6	141	23.5	47t	3
1/24/10	at New Orleans	4	43	10.8	20	1
PLAYO	FFS (2/2)	10	184	18.4	47t	4
	- , ,					
2010	Opponent	No	Yds	Avg	LG	TD
11/21	Green Bay	3	56	18.7	20	0
11/28	at Washington	1	20	20.0	20	0
12/5	Buffalo	5	105	21.0	46	2
12/13	N.Y. Giants	5	60	12.0	22	0
12/20	Chicago	2	23	11.5	12	0
12/28	at Philadelphia	1	16	16.0	16	0
TOTAL	S (6/5)	17	280	16.5	46	2
2011	Opponent	No	Yds	Avg	LG	TD
9/11	at San Francisco			e (shou		טו
9/18	at Pittsburgh			s (shou		
9/25	Arizona	8	109	13.6	32	0
10/2	Atlanta	3	79	26.3	52t	1
10/9	at NY Giants	4	38	9.5	16	0
10/23	at Cleveland	2	38	19.0	38	0
10/30	Cincinnati	7	102	14.6	35	0

23.0

14 7.0

35 11.7

0 0.0

32 484 15.1

0

43 0

14t

0 0

52t 2

0 9

at St. Louis

11/27 Washington

TOTALS (9/9)

11/20

RICE'S SINGLE-GAME HIGHS

Most Receptions: 10 at Pittsburgh (10/25/09)Most Yards: 201 vs. Detroit (11/15/09)Most TDs: 2, 3Times, Last vs. Buffalo (12/5/10)Longest Reception: 63 vs. Baltimore (10/18/09)

ADDITIONAL STATS

Passing: 2007 (2-2 for 94 yards), 2008 (0-1 for 0 yards), 2009 (0-1 for 0 yards), 2011 (1-1 for 55 yards); Career: (3-5 for 149 yards).

Returns: 2009 (one kickoff return for no yards); Career: One kickoff return for no yards.

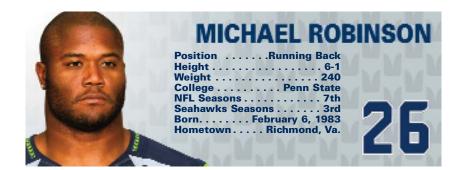
RICE'S 2012 SEASON

at Ariz (9/9): Had four receptions for 36 yards and a 10-yard TD reception on third down. **Dal** (9/16): Had three catches for 33 yards. **GB** (9/24): Had one 22-yard reception on the game's final drive. at **StL** (9/30): Led team with four catches and 41 yards. at **Car** (10/7): Led team with five catches and 67 yards.

2012	Opponent	No	Yds	Avg	LG	TD
9/9	at Arizona	4	36	9.0	11	1
9/16	Dallas	3	33	11.0	18	0
9/24	Green Bay	1	22	22.0	22	0
9/30	at St. Louis	4	41	10.3	17	0
10/7	at Carolina	5	67	23.4	18	0
TOTAI	17	199	11.7	22	1	

RICE'S TOP GAMES

Most	Pass Receptions:		Longe	est Reception:	
10	at Pittsburgh	10/25/09	63	Baltimore	10/18/09
8	Arizona	09/25/11	60t	at N.Y. Giants	11/25/07
7	at Arizona	12/06/09	58	Baltimore	10/18/09
7	Detroit	11/15/09	56	Detroit	11/15/09
6	5 times, Last vs. I	N.Y. Giants 01/03/10	52t	Atlanta	10/02/11
Most '	Yards Receiving:		50	New York Giants	01/03/10
201	Detroit	11/15/09	Most	TD Receptions:	
176	Baltimore	10/18/09	2	N.Y. Giants	01/03/10
136	at Pittsburgh	10/25/09	2	Buffalo	12/05/10
112	New York Giants	01/03/10	2	Seattle	11/22/09
109	Arizona	09/25/11	1	14Times, Last at	Arizona 9/9/12
105	Buffalo	12/05/10			
102	Cincinnati	10/30/11			



HOW ACQUIRED: Signed by Seattle as a free agent on September 6, 2010.

NFL CAREER HIGHLIGHTS:

- In 2011, helped block for Marshawn Lynch's club record of at least one TD in 11-consecutive games. Also helped pave the way for Lynch to become Seattle's first 1000-yard rusher since 2005. Earned first-career trip to the Pro Bowl.
- Hauled in first-career receiving TD at Chicago (12/18/11).
- Started four of 11 games for Seattle at full-back, also seeing snaps at running back and quarterback in 2010.
- Originally drafted by San Francisco in the fourth-round (100th overall) of the 2006 NFL Draft. Played four seasons for the 49ers.
- In 2009, set a single-season career high with 414 kickoff returns yards and finished third on the team with 20 special teams tackles.
- Named a Pro Bowl alternate as a specialist after ranking third on the team with 16 special teams stops in 2008.
- In 2007, led team with 27 special teams tack-les.
- Made first career start at running back in place of Frank Gore (ankle) at Atlanta (11/4/07).
- Executed a fake punt for 33 yards on a direct

2/0

NFL TOTALS

RORINSON'S NEL RECORD

snap at Seattle (12/4/06), which established a career-long rushing attempt.

HONORS: 2011: NFC Pro Bowl

COLLEGE: Became fifth player in Penn State history to gain more

than 5,000 yards in total offense (5,168) and the only quarterback in school history to rush for more than 1,000 yards in a career, finishing with 1,637 yards and 20 touchdowns. Played in 44 games (28 starts-17 at quarterback, six at running back, five at wide receiver). Named Big Ten Conference Offensive Player of the Year by the coaches and was a consensus second-team All-BigTen choice as a senior after totaling 3,156 total yards to set a school season-record, shattering previous mark of 2,660 yards by Kerry Collins (1994).

PERSONAL: Attended Varina High School in Richmond Virginia. Helped lead the school to four consecutive regional titles and two state runner-up finishes. Rushed for 3,046 yards on 371 carries (8.2 avg) and 37 touchdowns with 2,409 yards on offense. Recorded 211 tackles and 18 interceptions as a safety. Married to wife, Shameka, and the couple has three children. Earned advertising and public relations degree in three years (graduating in December, 2004).

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nu	DIME	ON 3			EC	JNL	<u> </u>					
				Rus	hing				В	Receivir	ng	
	Club	G/S	No	Yds	Avg	LG	TD	Att	Yds	Avg	LG	TD
2006	SF	16/0	38	116	3.1	33	2	9	47	5.2	12	0
2007	SF	15/1	26	121	4.7	28	0	11	73	6.6	20	0
2008	SF	16/1	19	50	2.6	10	0	17	202	11.9	36	0
2009	SF	15/0	3	2	0.7	4	0	6	24	4.0	8	0
2010	Seattle	11/4	12	77	6.4	17	0	8	37	4.6	13	C
2011	Seattle	14/5	4	7	1.8	3	0	9	74	7.4	19	1
2012	Seattle	5/3	4	9	2.3	4	0	1	0	0.0	0	C
NFLT	OTALS	92/14	106	382	3.6	33	2	61	457	7.6	36	1
					POST	SEAS	SON					
				Rus	shing				Re	eceivin	g	
	Club	G/S	No	Yds	Avg	LG	TD	Att	Yds	Avg.	LG	TD
2010	Seattle	2/0	1	1	1.0	1	0	1	3	3.0	3	0

1 1.0

ROBINSON'S SINGLE-GAME HIGHS

Rush Attempts: 17 at Atlanta (11/4/07) Rush Yards: 67 at Atlanta (11/4/07) Longest Rush: 33 at Seattle (12/14/06) Most Rush TDs: 2 vs. Philadelphia (9/24/06) Most Receptions: 4, 2Times, Last vs. Phil (12/1/11) Most Rec. Yards: 54 vs. St. Louis (11/16/08) Longest Reception: 36 vs. St. Louis (11/16/08) Most Rec. TDs: 1, at Chicago (12/18/11)

ROBINSON'S ADDITIONAL STATS

Special Teams Tackles: 2006 (16), 2007 (27), 2008 (16), 2009 (20), 2010 (4), 2011 (10, FF, blocked punt return for TD), 2012 (3, FF); Career (96, 2 FF). Returned 30 kickoffs for 673 yards (22.4 avg.) with a long of 40.

Completed 1 of 2 passes for 28 yards with a long of 28.

ROBINSON'S 2012 SEASON

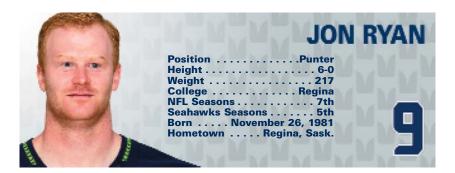
Named special teams season captain by team. at Ariz (9/9): Started at FB and saw action on on special teams. Dal (9/16): Led team with three special teams tackles and forced a fumble on the opening kickoff that led to a Seahawks field goal. Also rushed twice, both resulting in first downs. GB (9/24): Started at fullback. at StL (9/30): Helped lead team to 179 rushing yards, including by Marshawn Lynch. at Car (10/7): Did not start when team opened in 2-TE set. Carried twice for 3 yards, both resulting in first downs.

			F	Rushing					Receivi	ng			
2012	Opponent	Att	Yds	Avg	LG	TD	Rec	Yds	Avg	ĽG	TD	Total	W/L
9/9/	at Arizona	0	0	0.0	0	0	0	0	0.0	0	0	0	L
9/16	Dallas	2	6	3.0	4	0	0	0	0.0	0	0	6	W
9/24	Green Bay	0	0	0.0	0	0	0	0	0.0	0	0	0	W
9/30	at St. Louis	0	0	0.0	0	0	0	0	0.0	0	0	0	L
10/7	at Carolina	2	3	1.5	2	0	1	0	0.0	0	0	3	W
ΤΩΤΔΙ	S (5/3)	4	q	23	4	0	1	0	0.0	0	0	9	3-2

Additional Statistics: Special Teams Tackles: 3, FF.

ROBINSON'S TOP GAMES

Most F	Rushing Yards:		Most Y	ards Receiving:	
67	at Atlanta	11/04/07	54	St. Louis	11/16/08
33	at San Francisco	12/12/10	43	Washington	12/28/08
33	at Seattle	12/14/06	43	New Orleans	10/28/07
29	Philadelphia	09/24/06	41	Philadelphia	12/01/11
28	Seattle ·	09/30/07	33	at Miami	12/14/08
Most F	Rushing Attempts:		26	at N.Y. Giants	10/19/08
17	at Atlanta	11/04/07		st Reception:	
12	Oakland	10/08/06	36	St. Louis	11/16/08
5	at Miami	12/14/08	24	Washington	12/28/08
5	at Detroit	11/12/06	20	New Orleans	10/28/07
5	Philadelphia	09/24/06	19	Philadelphia	12/01/11
Longes			18	New York Giants	10/19/08
33	at Seattle	12/14/06		D Receptions:	
28	Seattle	09/30/07	1	at Chicago	12/18/11
20	at Atlanta	11/04/07	Longes	t Kickoff Return:	
17	at San Francisco	12/12/10	40	at Houston	10/25/09
Most T	D's Rushing:		34	New York Jets	12/07/08
2	Philadelphia	09/24/06	30	Seattle	10/26/08
Most F	ass Receptions:		30	Cincinnati	12/15/07
4	at Miami	12/14/08	27	Tennessee	11/08/09
3	at Dallas	11/24/08			
3	New Orleans	11/28/07			



HOW ACQUIRED: Signed by Seattle as a free agent on September 9, 2008.

NFL CAREER HIGHLIGHTS:

- Originally signed by Green Bay as a free agent on February 1, 2006. Spent two years in the CFL with the Winnipeg Blue Bombers from 2004-05.
- Seattle's all-time leader in punting average (45.2) and set a club record in the 2011 season opener at San Francisco (9/11) with a 77-yard boot. Also set club records in 2011 for highest average in a season (46.6), net average for a season (36.8), and tied for most punts downed inside the 20 in a season (34).
- Has recorded 483 career punts for 21,713 yards (45.0 avg.) with 146 punts inside the 20.
- In 2009, ranked 4th in the NFC (7th NFL),

while setting a career high in gross average (46.2). Also set career highs in net average (38.7) and punts inside the 20 (28).

• Set a career-high with six punts inside the 20 vs. San Francisco (12/6/09) and at Chicago (10/17/10).

COLLEGE: In 2003, led Canadian college punters with a 45.9-yard average. Was named first-team All-Canadian and Canada West all-star. Also played flanker for the Regina Rams and caught a 109-yard touchdown pass as a sophomore.

PERSONAL: Played lacrosse, hockey, football, basketball and track at Sheldon-Williams High. Was a three-time all-star in lacrosse. Hosts football youth camps in hometown of Saskatchewan. Majored in psychology.

RYAN'S I	NFL F	REC	ORD						
Club	G/S	No	Yds	Avg	Net Avg	LG	120	ТВ	Blk
2006 Green Bay	16/0	84	3,739	44.5	35.7	66	17	12	0
2007 Green Bay	16/0	60	2,664	44.4	37.6	72	18	11	2
2008 Seattle	15/0	78	3,557	45.6	37.9	63	22	12	1
2009 Seattle	16/0	88	4,068	46.2*	38.7	70	28	9	0
2010 Seattle	16/0	78	3,254	41.7	37.3	63	27	1	0
2011 Seattle	16/0	95	4,431	46.6	39.3	77*	34	8	0
2012 Seattle	5/0	21	1,027	48.9	43.1	73	8	2	0
NFLTOTALS	100/0	504	22,740	45.1	37.8	77	154	55	3
			POS	TSEA	SON				
Club	G/S	No	Yds	Avg	Net Avg	LG	120	TB	Blk
2007 Green Bay	2/0	9	298	33.1	28.2	43	3	1	0
2010 Seattle	2/0	13	470	36.2	33.0	52	4	0	0
NFLTOTALS	4/0	22	768	34.9	31.0	52	7	1	0
* Club Record									

RYAN'S SINGLE-GAME HIGHS

Punts: 11 vs. Philadelphia (11/2/08) Avg. (3 min.): 61.0 at Dallas (11/6/11) Net (3 min.): 58.3 at Dallas (11/6/11) Longest: 77* at San Francisco (9/11/11) Inside 20: 6, San Francisco (12/6/09), at Chicago (10/17/10)

ADDITIONAL STATS

Special Teams Tackles: 2006 (1), 2007 (FR), 2009 (3), 2011 (3); Career: (7, FR). Passing: 2007: 1-1, 18 yards, 118.8 QB rating, 2009: 1-1, 42 yards, 118.8 QB rating; Career: 2-2, 60 yards, 118.8 QB rating. Rushing: 2006: One for -11, 2007: Two for 7, 2009: One for 0, 2010: One for -9, 2012: One for -18; Career: Six for -31.

RYAN'S 2012 SEASON

at Ariz (9/9): Punted four times and averaged 46.3 yards (37.0 net). Dal (9/16): Punted four times and averaged 53.8 yards with two downed inside the 20. GB (9/24): Averaged 51.5 yards (49.5 net) on six punts with three downed inside the 20. Had a long of 73, tied for second-longest in team history. at StL (9/30): Punted four times averaging 49.0 yards. at Car (10/7): Punted three times with two downed inside the 20. Also took a planned safety on a negative 18-yard run in the final minute of the game.

2012	Opponent	No	Yds	Avg	Net Avg	LG	120	TB	Blk
9/9	at Ariz	4	185	46.3	37.0	48	1	0	0
9/16	Dallas	4	215	53.8	48.3	68	2	1	0
9/24	Green Bay	6	309	51.5	49.5	73	3	0	0
9/30	at St. Louis	4	196	49.0	39.5	62	0	1	0
10/7	at Carolina	3	122	40.7	36.3	54	2	0	0
TOTA	LS	21	1,027	48.9	43.1	73	8	2	0



HOW ACQUIRED: Drafted with the 25th pick in the seventh round (232nd overall) of the 2012 NFL Draft. Second Seahawks defensive end selected in this draft to come from the Big East Conference (Bruce Irvin, West Virginia). First player drafted out of Louisville in club history.

COLLEGE: Played in 42 career games, starting 26 in four seasons at Louisville, registering 61 tackles, including 19 for losses of 99 yards, while racking up eight sacks to go along with two forced fumbles, three fumble recoveries and one interception.

Senior: Played in nine games, missing three to injury. Totaled 19 tackles, including six for losses of 47 yards to go along with four sacks and a forced fumble. Had a career-day at Kentucky, setting career-bests in total tackles (5) and solo tackles (3), while tying career-highs in tackles for loss (2) and sacks (2). Assisted on a career-high three tackles in the team's game at West Virginia.

Junior: Played in 12 games, starting six. Finished the season with 14 tackles and two sacks, while registering 5.5 tackles for loss, a forced fumble, a pass defensed and his first career interception. Recorded a season-high three tackles twice (at Memphis, at Cincinnati)

and notched a season-high two sacks at Rutgers.

Sophomore: First year as a full-time starter for the Cardinals and totaled his best statistical season, playing in 12 games and making 12 starts, totaling 24 tackles and two sacks, including his first career sack, while registering 6.5 tackles for loss and recovering a fumble.

Freshman: Appeared in nine games as a true freshman, starting three and recording four tackles, including one tackle for a loss of three yards.

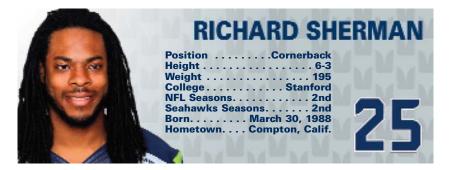
PERSONAL: Attended St. Xavier High School in Cincinnati, Ohio, where he played for the nation's top-ranked team, leading them to a perfect 15-0 record and a state championship win over Mentor, 27-0. Started all 15 games at defensive end in his only season of football for St. Xavier, recording 57 tackles, nine sacks, two forced fumbles and three fumble recoveries. Earned second-team All-GCL honors, was selected Honorable Mention All-Cincinnati and was selected to play in the North-South All-Star Game. Played four seasons on the basketball team, averaging 7.0 points and 3.0 rebounds. Also performed for three seasons in the marching band. Sociology major.

SCRUGGS' 2012 SEASON

at Ariz (9/9): Inactive (hamstring). Dal (9/16): Saw first-career action at DT. GB (9/24): Part of a defensive line that totaled 8.0 first-half sacks, second-most in the first half in NFL history (9.0, N.Y. Giants vs. Chicago, 10/2/10). at StL (9/30): Inactive (wrist). at Car (10/7): Inactive.

SCRUGGS' 2012 GAME-BY-GAME

Game	P/S	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	0/0	Ina	ctive	(ha	mstrir	ng)							
Dal (9/16)	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0
GB (9/24)	1/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0
at StL (9/30)		Ina	ctive	(wr	ist)								
at Car (10/7)		Ina	ctive)									
Totals	2/0	0	0	0	0.0	0.0	0	0	0	0	0	0	0



HOW ACQUIRED: Drafted with the 23rd pick in the fifth-round of the 2011 NFL Draft (154th overall).

NFL CAREER HIGHLIGHTS:

- · Played in all 16 games and moved in to starting lineup after Marcus Trufant (back) and Walter Thurmond (ankle) were placed on injured reserve, starting final 10 games at left corner.
- · Tied for third in franchise history with four interceptions as a rookie, along with 53 tackles (46 solo) and ranked second on team with 17 passes defensed.

HONORS: 2010. All-Rookie Team (Pro Football Weekly).

COLLEGE: Played in 52 career games with 37 starts (27/15 at wide receiver, 25/22 at cornerback). Played his first three seasons at wide receiver before before transitioning to cornerback prior to his senior season. Was granted a fifth season after his junior season was cut short after four games due to a knee injury. Registered 81 career catches for 1,340 yards (16.5 avg) and seven touchdowns. Tallied 112 career tackles and six interceptions at cornerback.

PERSONAL: Graduated from Dominguez High School in Compton. Ranked among the best wide receiver prospects in the nation. PrepStar All-West selection and SuperPrep All-Far West pick. Named to the Long Beach Press Telegram's Dream Team as one of the premier recruits in the West. Listed as the 50th-best recruit in the nation by SuperPrep. Accounted for 1,030 all-purpose yards as a senior, including 870 yards on 28 catches and three punt returns for touchdowns. Recorded 45 tackles, eight pass breakups and one interception as a defensive back. First team All-CIF and Long Beach Press-Telegram Dream Team selection in track as a senior. Communications major.

SHERMAN'S NFL RECORD

		Tac	kles		Sa	cks	li	nterception	ıs					
Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds Avg	LG	TD	PD	FF	FR	Yds
2011 Seattle	16/10	53	46	7	0.0	0.0	4	45 11.3	33	0	17	1	0	0
2012 Seattle	5/5	20	18	2	0.0	0.0	2	29 29.0	29	0	7	1	0	0
NFL TOTALS	21/15	73	64	9	0.0	0.0	6	74 12.3	33	0	24	2	0	0

SHERMAN'S SINGLE-GAME HIGHS

Tackles: 7, vs. Washington (11/27/11) Interceptions: 1, 6Times, Last at St. Louis (9/30/12)

Sacks: None

Forced Fumbles: 1, 2Times, Last at Carolina (10/7/12) Fumble Recoveries: None

ADDITIONAL STATS

Special Teams Tackles: 2011 (2); Career: (2)

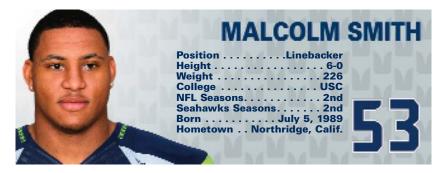
SHERMAN'S 2012 SEASON

at Ariz (9/9): Finished with four solo tackles, an interception and two passes defensed. Interception came on a spectacular sideline toe-tap on a pass intended to be thrown away out of bounds. Dal (9/16): Recorded four solo tackles and a pass defensed. GB (9/24): Part of a defensive backfield that covered strong in the first half allowing the defensive front collect eight firsthalf sacks. at StL (9/30): Had three solo stops and an interception that thwarted a St. Louis scoring threat. at Car (10/7): Totaled five tackles, a pass defensed and a forced fumble. Part of a defense that limited Cam Newton to a career-low 141 passing yards. Through three quarters, part of a defense that limited Newton to 5-of-20 passing for 55 yards and a 39.6 rating.

SHERMAN'S 2012 GAME-BY-GAME

Game	Р	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/1	4	4	0	0.0	0.0	0	1	0	2	0	0	0
Dal (9/16)	1/1	4	4	0	0.0	0.0	0	0	0	1	0	0	0
GB (9/24)	1/1	4	2	2	0.0	0.0	0	0	0	1	0	0	0
at StL (9/30)	1/1	3	3	0	0.0	0.0	0	1	29	2	0	0	0
at Car (10/7)	1/1	5	5	0	0.0	0.0	0	0	0	1	1	0	0
Totals	5/5	20	18	2	0.0	0.0	0	2	29	7	1	0	0

Additional Statistics: Special Teams Tackles 0.



HOW ACQUIRED: Drafted with a compensatory pick (242nd overall) in the seventh round of the 2011 NFL Draft.

CAREER HIGHLIGHTS:

- Played in 12 games, mostly on special teams, finishing tied (Chris Maragos) for second on the team with 11 special teams tackles.
- Recorded first-career sack vs. Baltimore (11/13/11).

COLLEGE: Played in 47 career games in four seasons at Southern California, registering 174 tackles, two interceptions, one sack and two touchdowns.

PERSONAL: Attended Taft High school in Woodland Hills (Calif.). Posted 31 tackles, 10 sacks and four fumble recoveries on defense and ran for 919 yards on 118 carries (7.8 avg) with 15

touchdowns on offense in 2006 despite missing the first half of the season with a leg injury. His 2006 honors included Super Prep All-American, Prep Star All-American, Prep Star 100, Super Prep All-Farwest, Prep Star All-West, Scout.com All-West, Long Beach Press-Telegram Best in the West first team, Orange County Register Fab 15 second team. Tacoma News-Tribune Western 100, Cal-Hi Sports All-State third team, All-L.A. City first team and Los Angeles Daily News All-Area second team as a senior linebacker. His brother, Steve, was a 2006 All-American wide receiver at USC, who lettered four years with the Trojans (2003-06) and finished his career as Troy's No. 5 career pass catcher (190 receptions with 22 TDs), and now plays for the St. Louis Rams.

SMITH'S	S N	FL	RI	ECC	DRI	D									
		Tac	kles		Sa	cks	h	nterce	eption	s					
Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
2011 Seattle	12/0	5	5	0	1.0	8.0	0	0	0.0	0	0	0	0	0	0
2012 Seattle	5/0	2	2	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
NFL TOTALS	17/0	7	7	0	1.0	8.0	0	0	0.0	0	0	0	0	0	0

SMITH'S SINGLE-GAME HIGHS

Tackles: 2, 2 Tlmes, Last at St Louis (9/30/12)

Interceptions: None

Sacks: 1.0, vs. Baltimore (11/13/11)

Forced Fumbles: None Fumble Recoveries: None

ADDITIONAL STATS

Special Teams Tackles: 2011 (11, FF), 2012 (2, Blocked punt); Career: (13, FF, Blocked punt).

SMITH'S 2012 SEASON

at Ariz (9/9): Saw action on special teams and notched one tackle. Dal (9/16): Saw action on special teams and blocked a punt that resulted ina 3-yardTD return by Jeron Johnson. The score gave Seattle an early 10-0 lead. GB (9/24): Had a special teams tackle. at StL (9/30): Saw action at nickel LB most of the first half and totaled 2 solo stops. at Car (10/7): Saw action on special teams.

SMITH'S 2012 GAME-BY-GAME

Game	P	т :	S A	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/0	Spec	cial Tear	ns Only	,							
Dal (9/16)	1/0	Spec	cial Tear	ns Only	,							
GB (9/24)	1/0	Spec	cial Tear	ns Only	,							
at StL (9/30)	1/0	2 2	2 0	0.0	0.0	0	0	0	0	0	0	0
at Car (10/7)	1/0	Spec	cial Tear	ns Only	,							
Totals	5/0	2 2	2 0	0.0	0.0	0	0	0	0	0	0	0

Additional Statistics: Special Teams Tackles 2, Blocked punt.



HOW ACQUIRED: Selected by Seattle with the first of two seventh-round choices (225th overall) in the 2012 NFL Draft. Will make the transition from college defensive tackle to offensive quard in the NFL.

COLLEGE: Played 35 games with 20 starts along the defensive line at North Carolina State. Posted 86 tackles (65 solo), 22 tackles for loss, 11.0 sacks, 33 quarterback pressures, three passes defensed, two forced fumbles and two fumble recoveries for the Wolfpack.

RS Senior: Played in nine games with seven starts, returning from a foot fracture in the preseason and missing the first four contests. Voted team captain by his teammates prior to the season. Had 22 tackles (16 solo) and 2.0 sacks in his final season.

RS Junior: Started all 12 games played and posted career-highs in tackles (46, 33 solo), tackles for loss (13), sacks (6.0) and passes defensed (3). Earned honorable mention All-ACC honors. Five of his six sacks came in the final four games of the season. Posted 10 tackles, four tackles for loss and 2.0 sacks in best game of season at Clemson.

RS Sophomore: Reserve defensive tackle who played in all 12 games with one start. Tallied

three tackles, including an eight-yard sack, and had three quarterback pressures at Virginia Tech. Posted a season-best four tackles against Duke. Had five tackles for loss and three sacks for the season

RS Freshman: Saw action in two games at defensive end; seven snaps versus William & Mary and six at South Carolina. Recorded one tackle and a quarterback pressure. Spent some time at linebacker during 2008 spring drills.

PERSONAL: A linebacker in high school who recorded an impressive 195 tackles in 12 games as a senior at Mooresville High. Recorded 14 tackles for loss, including 6.0 sacks, and recovered four fumbles as a senior. Notched 115 tackles, eight tackles for loss and 3.0 sacks as a junior. PrepStar all-region selection. Won the Class 3A heavyweight wrestling championship for the state of North Carolina. Majored in sport management.

SWEEZY'S NFL RECORD

	Year	Team	_	GP/GS	Postseason
	2012	Seattle	_	5/1	
Π	NFLT	OTALS	_	5/1	0/0

SWEEZY'S 2012 SEASON

at Ariz (9/9): Started first-career game at RG and helped block for 115 total rushing yards. Dal (9/16): Did not start at right guard, but split reps with John Moffitt at the position. Helped pave the way for 182 rushing yards, most for Seattle since 245 versus the St. Louis Rams on September 21, 2008. GB (9/24): Saw limited action at right guard and on special teams. at StL (9/30): Saw action on one series for James Carpenter in the first half when he left with a knee injury. Carpenter returned the following series and finished the game. at Car (10/7): Saw action on special teams.



HOW ACQUIRED: Selected with 28th pick (60th overall) in the second round of the 2010 NFL Draft.

NFL CAREER HIGHLIGHTS:

- Played in all 16 games, with five starts, and posted career-highs in catches (35), yards (382) and touchdowns (3) in 2011.
- Recorded 21 catches for 227 yards in 11 games during his rookie season in 2010. Also returned 16 punts for 202 yards (12.6). Played in both postseason games and started in the NFC Wild Card Game vs. New Orleans (1/8/11) when the team opened in a five-receiver set.
- Played in first-career game at Denver (9/19), and hauled in first-career reception for a careerlong 52 yards. Also established a career-long 63 vard punt return on first NFL touch.

COLLEGE: Played in 37 career games, starting 22, while recording 157 receptions for 2,707 yards and 26 touchdowns. His 157 receptions rank third in Notre Dame history, and established the team's season record with 93 receptions during his final campaign. Placed eighth on the Irish all-time record list with 909 yards via kickoff returns and ranks second with 4,130 all-purpose yards. As a junior, Consensus All-American first-team selection. Recipient of the Biletnikoff Award, given to the nation's premier wide receiver. Shared team MVP honors with QB Jimmy

Clausen. Started all 12 games, setting school records with 93 receptions for 1,496 yards. His 15 touchdowns tied an Irish record. Ranked third in nation and set school record while averaging 124.67 yards per game receiving. His 1,915 all-purpose yards was the second-highest season total by an Irish player.

PERSONAL: Attended Pope John Paul II (Hendersonville, Tenn.) High School, where he was a USA Today second-team prep All-America selection (defense). Rushed 140 times for 1,413 vards and 23 touchdowns as senior and added 28 receptions for 510 yards and six receiving touchdowns. Registered three interceptions. Eleventh prep player nationally on ESPN 150 listing. Rated one of top 250 players nationally by Rivals.com, including second among Tennessee prospects and seventh nationally among players in athlete category. Named Charles Greenhill Award winner as top prep player in Tennessee and Middle Tennessee High School Football Player of the Year for 2006, both by Lawrenceburg (Tenn.) Quarterback Club. Drafted by the Arizona Diamondbacks in the 42nd round of the 2007 MLB Draft after being a standout outfielder for the Notre Dame baseball team. Father Golden Tate, Jr., played wide receiver at Tennessee State and was a fifth-round pick by the Indianapolis Colts in 1984 NFL draft as 120th overall selection. Full name is Golden H. Tate III.

TATE'S NFL RECORD

						- 1	Rushin	g				
	Club	G/S	No	Yds	Avg	LG	TD	Att	Yds	Avg	LG	TD
2010	Seattle	11/0	21	227	10.8	52	0	2	4	2.0	3	0
2011	Seattle	16/5	35	382	10.9	33	3	5	14	2.8	14	0
2012	Seattle	4/4	10	144	14.4	41t	3	1	-1	-1.0	-1	0
NFLT	OTALS	31/9	66	753	11.4	52	6	8	17	2.2	14	0
			Ki	ckoff R	eturns				Punt	Retur	าร	
	Club		No	Yds	Avg	LG	TD	Att	Yds	Avg	LG	TD
2010	Seattle		1	10	10.0	10	0	16	202	12.6	63	0
2011	Seattle		0	0	0.0	0	0	1	0	0.0	0	0
2012	Seattle		0	0	0.0	0	0	0	0	0.0	0	0
NFLT	OTALS		1	10	10.0	10	0	17	202	11.9	63	0
				- 1	POST	SEAS	SON					
				Rec	eiving				- 1	Rushin	g	
	Club	G/S	No	Yds	Avg	LG	TD	Att	Yds	Avg	LG	TD
2010	Seattle	2/1	1	5	5.0	5	0	1	13	13.0	13	0
2010												
	OTALS	2/1	1	5	15.0	5	0	1	13	13.0	13	0
	OTALS	2/1	-	_	15.0 leturns	_	0	1		13.0 Return		0
	OTALS Club	2/1	-	_		_	0 TD	1 Att				0 TD
		2/1	Ki	ckoff R	eturns	_	_		Punt	Retur	15	, i
NFL T	Club	2/1	Ki No	ckoff R Yds	eturns Avg	LG	TD	Att	Punt Yds	Returi Avg	ns LG	TD

TATE'S SINGLE-GAME HIGHS

Receptions: 5, at Arizona (1/1/12) Longest Reception: 52, at Denver (9/19/10) Punt Return Yards: 82, at Denver (9/19/10) Receiving Yards: 68, vs. Green Bay (9/24/12) Receiving TDs: 2 vs. Green Bay (9/24/12) Longest Punt Return: 63, at Denver (9/19/10)

TATE'S GAME-BY-GAME

2010	Opponent	No	Yds	Avg	LG	TD	2011	Opponent	No	Yds	Avg	LG	TD
9/12	San Francisco	- II	nactive)			9/11	at San Francisco	1	8	8.0	8t	1
9/19	at Denver	1	52	52.0	52	0	9/18	at Pittsburgh	2	12	6.0	7	0
9/26	San Diego	4	33	8.3	11	0	9/25	Arizona	2	15	7.5	9	0
10/3	at St. Louis	3	30	10.0	13	0	10/2	Atlanta	0	0	0.0	0	0
10/17	at Chicago	0	0	0.0	0	0	10/9	at New York Giant	ts 2	31	15.5	17	0
10/24	Arizona	0	0	0.0	0	0	10/23	at Cleveland	1	11	11.0	11	0
10/31	at Oakland	2	36	18.0	24	0	10/30	Cincinnati	2	11	5.5	9	0
11/7	New York Giants	- Ii	nactive	(ankle	:)		11/6	at Dallas	1	8	8.0	8	0
11/14	at Arizona	li	nactive	(ankle	e)		11/13	Baltimore	3	46	15.3	24	0
11/21	at New Orleans	- II	nactive	(ankle	:)		11/20	at St. Louis	1	16	16.0	16	0
11/28	Kansas City	2	21	10.5	12	0	11/27	Washington	1	15	15.0	15	1
12/5	Carolina	2	13	6.5	7	0	12/1	Philadelphia	4	47	11.8	25	1
12/12	San Francisco	3	29	9.7	14	0	12/12	St. Louis	3	39	13.0	22	0
12/19	Atlanta		Did Not	t Play			12/18	at Chicago	4	61	15.3	33	0
12/26	at Tampa Bay	3	10	3.3	5	0	12/24	San Francisco	3	16	5.3	8	0
1/2/11	St. Louis	1	3	3.0	3	0	1/1/12	at Arizona	5	46	9.2	23	0
TOTAL	-S (11/0)	21	227	10.8	52	0	TOTAL	.S (16/5)	35	382	10.9	33	3
1/8/11	New Orleans	1	5	5.0	5	0	IOIAL	.5 (10/5)	33	302	10.5	33	3
1/16/1	1 at Chicago	0	0	0.0	0	0							
PLAYC	OFF TOTALS (2/1)	1	5	5.0	5	0							

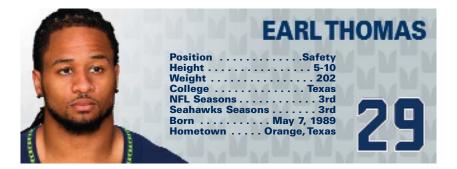
TATE'S 2012 SEASON

at Ariz (9/9): Inactive (knee). Dal (9/16): Returned from a knee injury to start and totaled 38 receiving yards on three catches. GB (9/24): Had a career night totaling career-bests with 68 receiving yards and two TDs, including the game-winner as time expired on a 24-yard fourth-down pass from Russell Wilson. Also scored on a 41-yard TD in the first half. at StL (9/30): Had one 7-yard reception. at Car (10/7): Tallied three receptions for 31 yards, including a go-ahead 13-yard TD on third down late in the third quarter.

2012	Opponent	No	Yds	Avg	LG	TD
9/9	at Arizona	- 1	nactiv	e (knee)	
9/16	Dallas	3	38	12.7	20	0
9/24	Green Bay	3	68	22.7	41t	2
9/30	at St. Louis	1	7	7.0	7	0
10/7	at Carolina	3	31	10.3	13t	1
TOTAL	LS (4/4)	10	144	14.4	41t	3

TATE'S TOP GAMES

Most	Pass Receptions:		M	lost Touchdowns:	
5	at Arizona	01/01/12	2	Green Bay	09/24/12
4	at Chicago	12/18/11	1	at Carolina	10/07/12
4	Philadelphia	12/01/11	1	Philadelphia	12/01/11
4	San Diego	09/26/10	1	Washington	11/27/11
3	at Carolina	10/07/12	1	at San Francisco	09/11/11
3	Dallas	09/16/12	Lo	ongest Reception:	
3	San Francisco	12/24/11	33		12/18/11
3	St. Louis	12/12/11	52	2 at Denver	09/19/10
3	Baltimore	11/13/11	25	5 Philadelphia	12/01/11
3	at Tampa Bay	12/26/10	24	4 Baltimore	11/13/11
3	at San Francisco	12/12/10	24	4 at Oakland	10/31/10
3	at St. Louis	10/03/10	Lo	ongest Punt Return:	
Most '	Yards Receiving:		63	3 at Denver	09/19/10
61	at Chicago	12/18/11	31	1 at San Francisco	12/12/10
52	at Denver	09/19/10	31	1 San Diego	09/26/10
47	Philadelphia	12/01/11	19	at Denver	09/19/10
46	at Arizona	01/01/12	18	3 at St. Louis	10/03/10
46	Baltimore	11/13/11			



HOW ACQUIRED: Drafted with the 14th overall pick in the 2010 NFL Draft.

NFL CAREER HIGHLIGHTS:

- Voted a starter to the 2012 Pro Bowl, becoming the first Seahawk voted to the all-star game since 2008 and first Seahawks safety to earn a spot since Darryl Williams in 1997.
- Recorded a career-high 92 tackles (67 solo), finishing third on the team after starting all 16 games in 2011.
- Posted a career-high 10 stops (four solo) vs. Cincinnati (10/30/11).
- Led team with five interceptions (T5th NFC, T10th NFL), tying the club's mark for most interceptions by a rookie (Michael Boulware, 2005).
- In 2010, finished fifth on team with 71 tackles (60 solo) during rookie campaign.
- Scored first career touchdown on a 10-yard return of a blocked punt vs. Kansas City (11/28/10), the first time that has happened for Seattle since Alex Bannister's 9-yard return vs. Denver (10/14/01).
- Collected the first two interceptions of career vs. San Diego (9/26/10) with the final pick coming at the goal-line to preserve the win. Became the first Seahawks rookie since Kenny Easley in 1981 to have two interceptions in one game.

HONORS: 2011, NFC Pro Bowl starter.

COLLEGE: Named a Thorpe
Award finalist (nation's top defensive back). Left school after red-



shirt-sophomore season and started all 27 games atTexas, posting 135 tackles (97 solo) with 7.5 stops for loss. Added 19 tackles (17 solo) with a blocked punt performing on UT's special team coverage units. Deflected 21 passes and intercepted 10 others for 149 yards in returns. His 10 interceptions rank 11th on the school's career record list. As a sophomore, earned All-American first-team honors from The NFL Draft Report, Walter Camp Football Foundation, American Football Coaches Association AP, and Football Writers Association of America, adding second-team honors from The Sporting News. Finalist for Jim Thorpe Award, given to the Nation's top defensive back. Unanimous All-Big 12 Conference first-team choice. Recorded 65 tackles (46 solo), one forced fumble and led the league (third in nation) with eight interceptions. His eight interceptions in 2009 set the school single-season record, topping the previous mark of

PERSONAL: Attended West Orange-Stark High School (Texas). Earned all-state selection and three-year starter at DB, RB and WR. Recorded 112 career tackles with 11 interceptions, two kick-off return TDs and two punt return TDs. Also had 1,850 rushing yards and 2,140 receiving yards. Helped team to a 24-2 record over his final two seasons. Also lettered in basketball, baseball and track and field. A two-time letterman in basketball and baseball. A three-time letterman in track and field. An active member of his church in which his late grandfather, Earl Thomas, was the pastor. Was part of a rebuilding project following Hurricane Katrina. His uncle, Anthony Thomas, was a linebacker at Stephen F. Austin (1997-99).

THOMAS' SINGLE-GAME HIGHS

Tackles: 10, vs. Cincinnati (10/30/11) Interceptions: 2, vs. San Diego (9/26/10) Sacks: None Forced Fumbles: 1, at TB (12/26/10), at Ariz (1/1/12) Fumble Recoveries: 1, at NYG (10/9/11), at Chi (12/18/11)

ADDITIONAL STATS

Special Teams Tackles: 2010 (4), 2011 (6), 2012 (1, FR); Career: (11, FR). Special Teams Touchdowns: 10-yard return of a blocked punt for a TD.

THOMAS' NFL RECORD

	Tackles			Sa	cks	1	nterc	eptior	ıs						
Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
2010 Seattle	16/16	71	60	11	0.0	0.0	5	68	13.6	34	0	7	1	0	0
2011 Seattle	16/16	92	67	25	0.0	0.0	2	19	9.5	11	0	6	1	2	0
2012 Seattle	5/5	15	13	2	0.0	0.0	0	0	0.0	0	0	2	1	0	0
NFL TOTALS	37/37	178	140	38	0.0	0.0	7	87	12.4	34	0	14	3	2	0
POSTSEASON															
					РО	STSE	ASC	ON							
		Tac	kles			STSE			eptior	ıs					
Club	G/S			Ast	Sa		ı	nterc	•		TD	PD	FF	FR	Yds
Club 2010 Seattle	G/S 2/2	Tkl		Ast 0	Sa	cks	ı	nterc	•		TD 0	PD 1	FF 0	FR 0	Yds 0
		Tkl 12	So	0	Sa QB	cks Yds	No	nterc Yds	Avg	LG					

THOMAS' 2012 SEASON

at Ariz (9/9): Had three solo tackles. Dal (9/16): Posted two solo tackles and had a pass defensed. Also recovered a fumble on the game's opening kickoff that led to a quick 3-0 lead for Seattle. GB (9/24): Had four tackles (2 solo) and forced a fumble on the Packers final drive at the Green Bay 2-yard line with 1:54 remaining in the game, but was recovered by Packers center Jeff Saturday. at StL (9/30): Posted five solo tackles and a QB hit. at Car (10/7): Had one solo tackle and a pass defensed. Part of a defense that limited Cam Newton to a career-low 141 passing yards. Through three quarters, part of a defense that limited Newton to 5-of-20 passing for 55 yards and a 39.6 rating.

THOMAS' 2012 GAME-BY-GAME

Game	Р	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/1	3	3	0	0.0	0.0	0	0	0	0	0	0	0
Dal (9/16)	1/1	2	2	0	0.0	0.0	0	0	0	1	0	0	0
GB (9/24)	1/1	4	2	2	0.0	0.0	0	0	0	0	1	0	0
at StL (9/30)	1/1	5	5	0	0.0	0.0	1	0	0	0	0	0	0
at Car (10/7)	1/1	1	1	0	0.0	0.0	0	0	0	1	0	0	0
Totals	5/5	15	13	2	0.0	0.0	1	0	0	2	1	0	0

Additional Statistics: Special Teams Tackles 2, FR.



HOW ACQUIRED: Local product chosen with the 11th overall pick in the first round of the 2003 NFL Draft, becoming the first defensive player taken in the first round by the Seahawks since DE Lamar King (1999). The third cornerback drafted in the first round by the Seahawks in team history.

NFL CAREER HIGHLIGHTS:

- 2011 season cut short after starting first four games (back).
- In his 10th season with the club, he is the longest-tenured Seahawks player.
- Has started 123 of 124 career games. Started the first 94 games of his career before coming off the bench in nickle situations at Dallas (11/1/09) following a back injury.
- Fifth in franchise history with 21-career interceptions and 10th with 604 tackles (533 solo).
- Played in all 16 regular season games in 2010 and finished second on the team with 10 passes defensed, and fourth with 80 tackles (65 solo)
- Scored second-career regular season touchdown vs. San Francisco (9/12/10) on a 32-yard interception return.
- Missed six games in 2009 after starting season on PUP with a back injury. Prior, had missed only two games in six NFL seasons, missing his first career game in the 2005 season finale vs. Green Bay (1/1/06, rest).
- Earned first NFL Pro Bowl Honors in 2007 after starting all 16 games, registering 85 tackles (78 solo), career-high seven interceptions (2nd NFC, T3rd NFL), 16 passes defensed and first-career touchdown.
- Tied a franchise record with career-high three interceptions vs. Arizona (12/9/07) including a 84-yarder for first career touchdown.
- In the 2007 NFC Wild Card Game vs. Washington (1/5/08) returned interception 78 yards for a score and set club playoff records for most interception yards for a career (78) and game (78), longest interception return (78) and most interception touchdowns (1) for a career and game (Babineaux returned interception 57 yards for a touchdown later in the game). Also recorded six tackles (three solo), an intercep-

tion and three passes defensed.

- Has a career high nine tackles on seven occasions, last coming vs. Atlanta (10/2/11).
- In 2004 became only the fourth cornerback in NFL history to lead their team in total tackles with 93.
- One of two rookies (S Ken Hamlin) to start on defense in 2003 while recording 78 tackles (69 solo), two interceptions and a team-high 20 passes defensed.

HONORS: 2003, Pro Football Weekly All-Rookie Team. 2007, AFC Pro Bowl.

COLLEGE: Started at Washington State since early in his freshman

year. Did not allow a touchdown reception in his last two seasons. Finished college career with 201 tackles (153 solo), five tackles for loss, 11 interceptions, and 49 pass deflections in 42 games. As a senior, was selected an All-American second-team pick by the Associated Press and first-team All-Pac-10 Conference choice. Served as team captain and started every game at left cornerback. Finished the season third on the team with 74 tackles (59 solo). Also had three interceptions, deflected 13 passes, and recovered a fumble. Returned 38 punts for 402 yards (10.6 avg.).

PERSONAL: Attended Wilson (Tacoma, Wash.) High School. Earned three varsity letters, two in basketball and track. Served as a team captain for three sports as a senior. As a junior, named the top offensive player on the team, while in basketball, he was chosen Mr. Defense. Triple iumped 47-6 to capture ninth place at the State track meet. As a senior, earned All-State firstteam honors by Associated Press, the Seattle Pl, and Washington Prep Report. Was a Seattle Times Red Chip honoree and named to the Western 100 (number eight DB) by the Tacoma News Tribune. Named Washington AAAA Player of the Year by TNT, as well as to the paper's all-league, all-area, and all-state teams. Won the state 4-A title. Scored 30 touchdowns and rushed for more than 1,800 yards. On defense, recorded 48 tackles and eight interceptions. Majored in communications. Married to Jessica and has two daughters, Karmyn and

TRUFANT'S NFL RECORD

Tackles					Sa	cks		nterc	eption	าร					
Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
2003 Seattle	16/16	78	69	9	0.0	0.0	2	21	10.5	15	0	20	0	1	31
2004 Seattle	16/16	93	83	10	1.0	8.0	5	141	28.2	58	0	20	0	0	0
2005 Seattle	15/15	64	55	9	1.0	5.0	1	7	7.0	7	0	14	1	0	0
2006 Seattle	15/15	68	60	8	0.0	0.0	1	0		0	0	11	2	0	0
2007 Seattle	16/16	85	78	7	0.0	0.0	7	150		84t	1	16	0	0	0
2008 Seattle	16/16	64	60	4	0.0	0.0	1	0	0.0	0	0	13	0	2	36
2009 Seattle	10/9	49	43	6	0.0	0.0	2	4		4	0	6	0	0	0
2010 Seattle	16/16	80	65	15	0.0	0.0	1	32		32t	1	10	1	2	0
2011 Seattle	4/4	23	20	3	0.0	0.0	1	15		15	0	3	0	0	0
2012 Seattle	5/1	8	5	3	0.0	0.0	0	0	0.0	0	0	0	0	0	0
NFL TOTALS	129/124	1 612	538	74	2.0	13.0	21	370	17.6	84t	2	113	4	5	67
					PO	STSE	EASC	N							
		Tac	kles		Sa	cks	- 1	nterc	eption	าร					
Club	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds
2003 Seattle	1/1	5	5	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
2004 Seattle	1/1	5	4	1	0.0	0.0	0	0	0.0	0	0	1	0	0	0
2005 Seattle	3/3	9	9	0	0.0	0.0	0	0	0.0	0	0	4	0	1	0
2006 Seattle		In	jure	d Res	erve										
2007 Seattle	2/2	9	6	3	0.0	0.0	1		78.0	78t	1	3	0	0	0
2010 Seattle	2/2	11	10	1	0.0	0.0	0	0	0.0	0	0	1	0	0	0
NFLTOTALS	9/9	39	34	5	0.0	0.0	1	78	78	78t	1	9	0	1	0

TRUFANT'S SINGLE-GAME HIGHS

Tackles: 9, 7 Times, Last vs. Atlanta (10/2/11)
Sacks: 1.0, 2 Times, Last at Jacksonville (9/11/05)
Forced Fumbles: 1, 3 Times, Last at Denver (12/3/06)

Interceptions: 3 vs. Arizona (12/9/07)
Fumble Recoveries: 1, 3 Times, Last at St. Louis

(12/14/08)

Touchdowns: 1 vs. Arizona (12/9/07), 84-yard interception return & vs. San Francisco (9/12/10), 32-yard interception return.

ADDITIONAL STATS

Special Teams Tackles: 2003 (5), 2004 (2), 2005 (7); Career: (14); Postseason: 2003 (1)

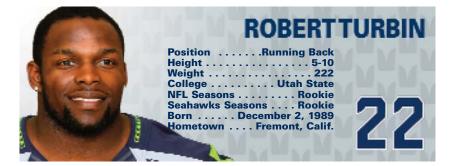
Punt Return: 2006: One punt return for no gain.

TRUFANT'S 2012 SEASON

Serves as the third CB in nickel packages. at Ariz (9/9): Posted two tackles (1 solo) seeing action as the third CB in nickel situations. Dal (9/16): Served as the nickel CB. GB (9/24): Started first game of the season when the team opened in nickel package. Totaled three tackles (2 solo). at StL (9/30): Had one solo stop. at Car (10/7): Assisted on one tackle.

TRUFANT'S 2012 GAME-BY-GAME

Game	Р	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/0	2	1	1	0.0	0.0	0	0	0	0	0	0	0
Dal (9/16)	1/0	1	1	0	0.0	0.0	0	0	0	0	0	0	0
GB (9/24)	1/1	3	2	1	0.0	0.0	0	0	0	0	0	0	0
at StL (9/30)	1/0	1	1	0	0.0	0.0	0	0	0	0	0	0	0
at Car (10/7)	1/0	1	0	1	0.0	0.0	0	0	0	0	0	0	0
Totals	5/1	8	5	3	0.0	0.0	0	0	0	0	0	0	0



HOW ACQUIRED: Selected with the first of two fourth-round choices (106th overall) in the 2012 NFL Draft.

COLLEGE: Turbin started 30-of-38 games at Utah State, carrying the ball 565 times for 3,315 yards (5.9 avg.) with 40 touchdowns. Caught 67 passes for 845 yards (12.6 avg.) and 11 scores. Totaled 308 points and a combined 51 touchdowns. Gained 4,160 all-purpose yards, an average of 109.5 yards per game. Ranks fifth in school history in rushing attempts and rushing yardage, as his 3,315 yards rank 19th on the Western Athletic Conference all-time record list. His 1.517 vards in 2011 rank third on the school annual record chart, topped by Demario Brown (1.536 vards in 1999) and Louie Giammona (1,534 in 1974). His 1,296 yards on the ground in 2009 rank ninth on the USU season list. His 51 total touchdowns also established a school career-record list, shattering the old record of 41 total scores by Abu Wilson (1992, 94-96). Set school records with 308 career points and 138 points scored in 2011, while surpassing the Aggies career record of 284 points by Brad Bohn (1997-2000) and Turbin's own 2009 annual record of 110 points. The only other Utah State player to score 100 points in a season was Jack Hill (105 in 1956). Averaged 5.9 yards per rushing attempt for his career, fifth-best in school history. Holds the school careerrecord by rushing for at least 100 yards in 16 contests.

Senior: After sitting out the 2010 season (knee), earned All-Western Athletic Conference first-team honors and named WAC Offensive Player of the Year in 2011. Started all 13 games while leading the Aggies to their first bowl appearance since 1997. Carried 249 times for 1,517 yards (third on the school season-record chart), averaging 6.1 yards per attempt (tied Trent Richardson of Alabama for highest season average in the FBS, minimum 200 carries), as he set

the school annual record with 19 touchdowns on the ground. Ran for a USU record, as he tallied 100 yards rushing in 10 contests. Set another Aggies record with 138 points scored and another with 23 total touchdowns.

Junior: Earned All-WAC second-team accolades after leading the Aggies with 207 carries for 1,296 yards (6.3 ypc) and 13 touchdowns, ranking 20th nationally with an average of 108.0 yards per game on the ground. Ranked second in the conference and 13th in the nation with a then school season-record 110 points scored, as he added five more touchdowns on 30 receptions for 418 yards (14.0 avg.). Gained a careerhigh 1,714 all-purpose yards, an average of 142.8 yards per game. Produced seven 100-yard rushing efforts.

Sophomore: Turbin played in all 12 games, starting six contests, finishing second on the team with 106 carries for 485 yards (4.6 avg.) and eight touchdowns. His eight rushing touchdowns were the most by an Aggie in a season since Emmett White's 13 rushing scores in 2001.

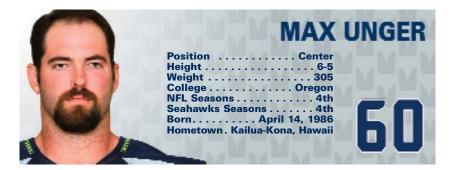
Freshman: Posted 17 yards on three carries vs. Oklahoma.

PERSONAL: Attended Irvington High in Fremont, playing football, basketball and track. Earned All-League honors as a tailback and defensive back in 2006. That season, the two-way All-Metro selection also garnered league and Oakland Section Defensive Player of the Year accolades, despite playing for a team that compiled a 2-7-1 record that campaign. He capped his final season with six interceptions on defense. As a ball carrier, he totaled 1,232 yards with fourteen touchdowns on 143 carries (8.6 avg.), adding 103 yards on nine receptions. Also lettered twice for the Tigers' basketball team and also lettered in track. Sociology major, with a minor in Business Management.

TURBIN'S 2012 SEASON

at Ariz (9/9): Rushed twice for five yards. **Dal** (9/16): Rushed five times for 15 yards and had two receptions for 24 yards. **GB** (9/24): Saw limited action on special teams. **at StL** (9/30): Had best game of season rushing six times for 45 yards and caught two passes for 13 yards. **at Car** (10/7): Rushed four times for 6 yards.

			Rushing						Receivi	ng			
2012	Opponent	Att	Yds	Avg	LG	TD	Rec	Yds	Avg	ĽG	TD	Total	W/L
9/9	at Arizona	2	5	2.5	4	0	1	2	2.0	2	0	7	L
9/16	Dallas	5	15	3.0	6	0	2	24	12.0	14	0	39	W
9/24	Green Bay	0	0	0.0	0	0	0	0	0.0	0	0	0	W
9/30	at St. Louis	6	45	7.5	13	0	2	13	6.5	7	0	58	L
10/7	at Carolina	4	6	1.5	5	0	2	8	4.0	5	0	14	W
TOTAL	S (5/0)	17	71	4.2	13	0	7	47	6.7	14	0	118	3-2



HOW ACQUIRED: Drafted with the 17th selection in the second round (49th overall) of the 2009 NFL Draft.

NFL CAREER HIGHLIGHTS:

- Started all 15 games played and missed one at Cleveland (10/23) in 2011. Helped pave the way for Marshawn Lynch to become Seattle's first 1,000-yard rusher since 2005.
- Started the 2010 season opener vs. San Francisco (9/12) at right guard before leaving the game with a season-ending toe injury. Was placed on injured reserve on September 14.
- In 2009, became the first rookie lineman to start all 16 games since Ray Roberts in 1992.
 Started first 13 games at right guard before moving to center for the final three games.

COLLEGE: Started 51 consecutive games and earned all-conference honors in every season, including being named first-team All-Pac-10 twice. Also named to several All-Amercan teams. Earned those accolades at two positions: left tackle in 2005 and 2006 and center in 2007 and 2008. As a senior, started all 13 games, including 11 at center. The Ducks led the Pac-10 and finished second in the nation with an average of

280.08 yards per game on the ground. They also led the league in scoring (41.92 ppg, seventh in the country) and total offense (484.85 ypg).

PERSONAL: Attended Hawaii Preparatory (Honaunau, Hi.) Academy, playing football for head coach Tom Goodspeed. Ranked among nation's top 50 offensive guards by Rivals.com as a senior. Did not begin playing organized football until the ninth grade, but in only his second season, he was a member of the Honolulu Star-Bulletin's 2002 second-team All-State squad. Playing on both sides of the ball during his last two years, he received first-team All-Big Island Inter-scholastic Federation honors both times.

UNGER'S NFL RECORD

Year	Team	_	GP/GS	Postseason
2009	Seattle	_	16/16	_
2010	Seattle	_	1/1	0/0
2011	Seattle	_	15/15	_
2012	Seattle	_	5/5	
NFLT	OTALS	_	37/37	0/0

UNGER'S 2012 SEASON

Selected offensive captain for the season by teammates. Part of an offensive line that has helped elevate Seattle's rushing attack to one of the top in the NFL since Week 9 of 2011. Seattle ranks 4th in the NFL (2nd NFC) averaging 139.6 yards/game during that span of 13 games. at Ariz (9/9): Started at center and helped block for 115 total rushing yards. Dal (9/16): Helped pave the way for 182 rushing yards, 149 in the second half. Total was the most since piling up 245 vs. St. Louis on September 21, 2008. Helped Lynch top 100 yards (122) for the seventh time in the last 11 games. GB (9/24): Started at center. at StL (9/30): Helped lead team to 179 rushing yards, including 118 by Lynch. at Car (10/7): Started at center.



HOW ACQUIRED: Drafted with the 15th pick in the second round (47th overall) of the 2012 NFL Draft. Eleventh linebacker chosen in the second round in club history (Last: Lofa Tatupu, 2005). Second and highest player drafted out of Utah State in club history.

COLLEGE: A three-time All-Western Athletic Conference first-team choice by the league's coaches and media who started 46-of-48 games at Utah State (21 at strong-side linebacker and 25 at weak-side linebacker). Finished his career with 446 tackles (201 solo), 4.5 sacks for minus 35 yards, 29.5 tackles for losses of 80 yards and eight quarterback pressures. Caused two fumbles and recovered three others, while recording seven passes defensed and intercepting four balls for 51 yards in returns. His 446 tackles tied the school career-record that was first set by Del Lyles (1988-91), becoming only the fourth player in WAC history to record more than 400 tackles, breaking the league all-time record of 443 tackles by Robert Rodriguez of Texas-El Paso (2001-04).

Senior: Named an All-American Dream Team choice and WAC Defensive Player of the Year by The NFL Draft Report. Registered a career-best 147 tackles (67 solo), ranking fifth on the school's and seventh on the league's season-record chart. Finished eighth in the nation with an average of 11.31 tackles per game, pacing an Aggies unit that led the WAC in total defense (366.23 ypg) and placed second in rush defense (127.27 ypg). Also added a career-high four sacks for minus 32 yards and led the team for a second time with 11.5 tackles for losses totaling 41 yards. Accrued four quarterback pressures, while recovering one fumble and intercepting two passes for 19 total return yards.

Junior: Led the team and WAC and finished tied for seventh in the nation with an average of 11.08 tackles per game, as he recorded 133 stops

(61 solo), an assisted sack and ranked second on the team with eight tackles for losses of 15 yards. Also had a quarterback pressure, a fumble recovery and four passes defensed.

Sophomore: Took over weak-side linebacker duties, as he led the team and WAC with an average of 9.5 tackles per game. Racked up 115 tackles (53 solo) to go with two interceptions, two forced fumbles, one fumble recovery, one pass defensed and a pair of quarterback pressures. His 115 tackles rank second-most by a Utah State sophomore (Johndale Carty, 138, 1996) and he became the first sophomore to lead Utah State in tackles since 1994 (David Gill, 89). Named Academic All-WAC.

Freshman: Played in 11 games, starting the final nine at left outside linebacker, where he finished sixth on the team with 51 stops (20 solo) and tallied two tackles for loss, a quarterback pressure and two passes defensed.

PERSONAL: Dubbed the "Hardest Hitter" in college by The Sporting News, becoming the first player to ever lead the conference in tackles three consecutive seasons and is one of four to accomplish that feat at Utah State. One of 30 NCAA Football Bowl Subdivision (FBS) studentathletes selected as a candidate for the 2011 Lowe's Award for excellence both on and off the field. Attended Colony High School where he lettered as a tight end and linebacker, guiding the team in each of his final two seasons to consecutive 12-2 finishes, capturing the CIF division title. Named to the All-CIF Central Division squad as a senior and picked up All-State California Division II second-team honors, as he recorded 125 tackles (92 solo) and four sacks, while hauling in 37 receptions for 595 yards and 11 touchdowns. A business entrepreneurship major at Utah State. Active in the community. Son of Bobby and the late Phenia Wagner. Born on June 27, 1990 in Los Angeles.

WAGNER'S 2012 SEASON

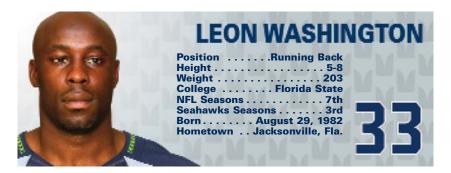
at Ariz (9/9): Started first-career game at MLB and had three tackles (1 solo) and also had one special teams stop. Dal (9/16): Posted four tackles (3 solo) and a QB hit. GB (9/24): Didn't start when team opened in nickel, but posted a season high eight tackles. at StL (9/30): Led the team with seven solo tackles, incluidng three for loss. Helped defense stymie Rams to 2.8 rushing average (75 yds on 27 carries). at Car (10/7): Tied for the team lead with six tackles and recorded 1.5 sacks, first of career.

WAGNER'S 2012 GAME-BY-GAME

Game	Р	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/1	3	2	1	0.0	0.0	0	0	0	0	0	0	0
Dal (9/16)	1/1	4	3	1	0.0	0.0	1	0	0	0	0	0	0
GB (9/24)	1/0	8	5	3	0.0	0.0	0	0	0	0	0	0	0
at StL (9/30)	1/1	7	7	0	0.0	0.0	0	0	0	0	0	0	0
at Car (10/7)	1/1	6	3	3	1.5	9.0	2	0	0	0	0	0	0
Totals	5/4	28	20	8	1.5	9.0	3	0	0	0	0	0	0

Additional Statistics: Special Teams Tackles 1.

P = Participation





HOW ACQUIRED: Came to Seattle on April 24, 2010, in a draft-day trade with the Jets. The Seahawks sent their fifth-round choice (139th overall) to New York in exchange for Washington and their seventh-round pick (236th overall).

CAREER HIGHLIGHTS:

- Orginally drafted by the New York Jets in the fourth round (117th overall) of the 2006 NFL draft. Played for New York from 2006-09.
- Second all-time in NFL history with seven career kickoff returns for touchdowns (8, Josh Cribbs).
- First player in NFL history to return three kickoffs for touchdowns in two different seasons (2007, 2010).
- Became the 10th player in NFL history and first in Seahawks history to return two kickoffs for touchdowns (101 and 99 yards) in a game vs. San Diego (9/26/10). His returns are the longest in franchise history. His 253 total kickoff return yardage is also a franchise record, while his 63.3-yard average (4 for 253 yards) is fourth in NFL history (min. 3 att.) and highest since 1960
- Established career-long 84-yard punt return vs. Carolina (12/5/10), sixth longest in Seahawks history
- In 2010, ranked fifth in the NFC (8th NFL) with a 25.6 kickoff return average.
- In 2009, rushed for 331 yards on 71 carries in seven games before his season ended on October 25 due to a leg injury.

- Named to the Pro Bowl in 2008 as a kick returner after he ranked first in the NFL for most combined yards (2,332), which also set a Jets single-season record.
- Set a career high with 274 all-purpose yards vs. Kansas City (10/26/08).
- Rushed for a career-long 61-yard touchdown at Tennessee (11/23/08).
- Started eight games at running back as a rookie in 2006, leading the Jets in rushing with 650 yards, the fourth highest total by a Jets rookie in franchise history, and most since Clark Gaines had 724 yards in 1976.

HONORS:



2010, Associated Press Second-Team All-Pro, NFC Special Teams Player of the Week vs. SD (9/26/10), Pro Bowl alternate. **2008**, NFC Pro Bowl.

COLLEGE: Left school ranked 10th in career rushing with 2,041 yards. Became the only player in the Bobby Bowden era to score a touchdown five different ways (run, reception, punt return, kickoff return, and fumble return). Earned All-ACC second-team honors and was named the Seminoles' offensive MVP by the coaching staff. Earned Gator Bowl Most Valuable Player honors in 2004 with 12 rushes for 195 yards in the Seminoles' victory over West Virginia. Played in 10 of 12 games, while earning 10 starting assignments. Led the ACC in rushing yards per game with an average of 95.1 and finished second in the ACC with 112.5 total offensive yards per game.

PERSONAL: Attended Andrew Jackson High School. Named 2002 Mr. Florida in football after rushing for 2,437 yards and 28 touchdowns, returning three punts and one kickoff for a touchdown, and posting 88 tackles and three interceptions on defense. Earned Florida Times-Union Player of the Year honors and was rated the number three prospect overall in the state of Florida by the Orlando Sentinel. Visited St. Barnabas Medical Center in Livingston, NJ, in 2006, along with 24 members of the Jets' rookie class, to tour the facilities and spend time with patients in the pediatric and burn victim units. Majored in Social Sciences at FSU. Has two sons; Leon, Jr. and Noel Simon.

WASHINGTON'S GAME-BY-GAME

				Rushing					Receivi	ing			
2006	Opponent	Att	Yds	Avg	LG	TD	Rec	Yds	Avg	ĽG	TD	Total	W/L
9/10	at Tennessee	0	0	0.0	0	0	0	0	0.0	0	0	0	W
9/17	New England	1	0	0.0	0	0	0	0	0.0	0	0	0	L
9/24	at Buffalo	7	25	3.6	7	0	2	52	26	47	0	77	W
10/1	Indianapolis	9	33	3.7	7	0	1	8	8.0	8	0	41	L
10/8	at Jacksonville	23	101	4.4	19	0	1	8	8.0	8	0	109	L
10/15	Miami	11	58	5.3	12	0	0	0	0.0	0	0	58	W
10/22	Detroit	20	129	6.5	23	2	1	8	8.0	8	0	137	W
10/29	at Cleveland	15	51	3.4	11	0	0	0	0.0	0	0	51	L
11/12	at New England	9	35	3.9	8	0	2	1	0.5	2	0	36	W
11/19	Chicago	13	22	1.7	16	0	1	7	7.0	7	0	29	L
11/26	Houston	5	17	3.4	9	0	2	7	3.5	9	0	24	W
12/3	at Green Bay	7	40	5.7	20t	0	2	26	13.0	13	0	66	W
12/10	Buffalo	7	55	7.9	18	1	7	28	4.0	9	0	83	L
12/17	at Minnesota	3	5	1.7	5	0	3	50	16.7	38	0	55	W
12/25	at Miami	6	26	4.3	11	0	4	108	27.0	64	0	134	W
12/31	Oakland S (16/8)	15 151	53 650	3.5 4.3	15t 23	1 4	2 28	17 320	8.5	10	0 0	70 970	W 10-6
1/7/07		11	50	4.3 4.5	2 3 19	0	28	320 25	10.8 6.3	64 12	0	75	10-6 L
	at New England FF TOTALS (1/1)	11	50	4.5 4.5	19	0	4	25 25	6.3	12	0	75 75	0-1
ILAIO	11 101AL3 (1/1)	•••	30	4.5	13	·	-	23	0.5	12	·	73	0-1
	_			Rushing					Receivi				
2007	Opponent	Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD	Total	W/L
9/9	New England	4	15	3.8	5	0	3	30	10.0	16	0	45	L
9/16	at Baltimore	0	0	0.0	0	0	0	0	0.0	0	0	0	L
9/23	Miami	7	18	2.6	5	0	0	0	0.0	0	0	18	W
9/30	at Buffalo	4	24	6.0	9	1	8	38	4.8	9	0	62	Ļ
10/7 10/14	at New York Giants	9	13 8	1.4 4.0	10	0	1 1	-1 5	-1.0 5.0	-1 5	0	12 13	L
10/14	Philadelphia at Cincinnati	3	11	3.7	6 8	0	2	21	10.5	15	0	33	Ĺ
10/21	Buffalo	5	25	5.0	17	0	2	7	3.5	11	0	32	Ĺ
11/4	Washington	4	13	3.3	4	0	4	18	4.5	7	0	31	Ĺ
11/18	Pittsburgh	2	10	5.0	8	0	0	0	0.0	0	0	10	W
11/22	at Dallas	2	14	7.0	11	0	1	5	5.0	5	0	19	Ľ
12/2	at Miami	10	68	6.8	18t	2	2	35	17.5	18	0	103	w
12/9	Cleveland	3	5	1.7	3	0	4	31	7.8	11	Ö	36	Ĺ
12/16	at New England	4	57	14.3	49	0	3	9	3.0	5	0	66	Ĺ
12/23	at Tennessee	1	5	5.0	5	0	2	2	1.0	5	0	7	Ĺ
12/30	Kansas City	11	67	6.1	22	0	3	13	4.3	11	0	80	W
TOTAL	S (16/4)	71	353	5.0	49	3	36	213	5.9	18	0	566	4-12
				Rushing					Receivi	ina			
2008	Opponent	Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD	Total	W/L
9/7	at Miami	6	9	1.5	5	0	2	17	8.5	13	0	26	W
9/14	New England	2	28	14.0	17	0	4	22	5.5	13	0	59	L
9/22	at San Diego	1	-1	-1.0	-1	0	2	20	10.0	15	0	19	L
9/28	Arizona	7	26	3.7	13	0	4	17	4.3	9	0	43	W
10/12	Cincinnati	5	7	1.4	3	0	4	22	5.5	12	0	29	W
10/19	at Oakland	3	19	6.3	11t	1	3	21	7.0	8	0	27	L
10/26	Kansas City	3	67	22.3	60t	1	3	34	11.3	18t	1	101	W
11/2	at Buffalo	7	13	1.9	5	0	2	42	21.0	40	0	65	W
11/9	St. Louis	12	54	4.5	13	0	4	14	3.5	7	0	68	W
11/13	at New England	5	18	3.6	7	0	2	17	8.5	10	1	35	W
11/23	at Tennessee	8	82	10.3	61t	2	1	2	2.0	2	0	84	W
11/30 12/7	Denver	2	4 1	2.0 1.0	4 1	0	3	60 31	20.0	34 9	0	64 32	L
12/1	at San Francisco Buffalo	1	1 47	47.0	1 47t	1	6 1	31 7	5.2 7.0	9 7	0	32 54	L W
12/14	at Seattle	3	14	47.0	4/t 7	0	0	0	0.0	0	0	14	VV L
12/21	Miami	10	60	6.0	13	1	6	29	4.8	9	0	89	L
	S (16/1)	76	448	5.9	61t	6	47	355	7.6	40	2	803	9-7

			F	Rushing				F	Receivi	na			
2009	Opponent	Att	Yds	Avg	LG	TD	Rec	Yds	Avg	ĽG	TD	Total	W/L
9/13	at Houston	15	60	4.0	12	0	4	24	6.0	8	0	84	W
9/20	New England	14	58	4.1	19	0	2	18	9.0	13	0	76	W
9/27	Tennessee	12	46	3.8	10	0	1	6	6.0	6	0	52	W
10/4	at New Orleans	4	17	4.3	7	0	4	24	6.0	15	0	41	L
10/12	at Miami	11	45	4.1	11	0	1	13	13.0	13	0	58	L
10/18	Buffalo	15	99	6.6	33	0	3	46	15.3	33	0	145	L
10/25	at Oakland	1	6	6.0	6	0	0	0	0.0	0	0	6	W
Games				jured R									
TOTAL	S (7/0)	72		4.6	33	0	15	131	8.7	33	0	803	9-7
0040				Rushing			_		Receivi	•		.	14//
2010	Opponent		Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD	Total	W/L
9/12	San Francisco	6	12	2.0	5	0	0	0	0.0	0	0	12	W
9/19	at Denver	4	17 0	4.3	7 0	0	0	0	0.0	0	0	17 0	L W
9/26 110/3	San Diego at St. Louis	1	1	0.0 1.0	1	0	2	28	0.0 14.0	28	0	29	VV L
10/3	at Chicago	0	0	0.0	0	0	1	0	0.0	0	0	0	W
10/17	Arizona	0	0	0.0	0	0	0	0	0.0	0	0	0	W
10/24	at Oakland	5	29	5.8	21	0	0	0	0.0	0	0	29	Ľ
11/7	New York Glants	0	0	0.0	0	0	0	0	0.0	0	0	0	ī
11/14	at Arizona	0	0	0.0	0	0	0	0	0.0	0	0	0	w
11/21	at New Orleans	1	0	0.0	Ö	0	1	9	9.0	0	0	9	ï
11/28	Kansas City	0	0	0.0	0	0	1	5	5.0	0	0	5	Ē
12/5	Carolina	2	5	2.5	4	Ö	0	0	0.0	0	Ö	5	w
12/12	at San Francisco	4	10	2.5	5	Ö	1	13	13.0	13	Ö	23	Ĺ
12/19	Atlanta	1	6	6.0	6	0	0	0	0.0	0	0	6	L
12/26	at Tampa Bay	1	16	16.0	16t	1	0	0	0.0	0	0	16	L
1/2/11	St. Louis	1	4	4.0	4	0	3	24	8.0	10	0	28	W
TOTALS	S (16/1)	27	100	3.7	21	1	9	79	8.8	28	0	28	7-9
1/8/11	New Orleans	1	-1	-1.0	-1	0	0	0	0.0	0	0	-1	W
1/16/11	at Chicago	1	9	9.0	9	0	1	10	10.0	10	0	19	L
PLAYOR	FFTOTALS (1/1)	2	8	4.0	9	0	1	10	10.0	10	0	18	1-1
				I									
2011	Opponent	Att	Yds	Rushing Avg	LG	TD	Rec	Yds	Receivi Avg	LG	TD	Total	W/L
9/11	at San Francisco	0	0	0.0	0	0	1	7	7.0	7	0	7	VV/L
9/18	at Pittsburgh	1	-2	-2.0	-2	Õ	1	9	9.0	9	Ö	7	Ē
9/25	Arizona	3	29	9.7	21	0	0	0	0.0	0	0	29	W
10/2	Atlanta	2	2	2.0	1	0	1	4	4.0	4	0	6	L
10/9	at New York Giants	3	10	3.3	6	0	1	6	6.0	6	0	16	W
10/23	at Cleveland	7	39	5.6	11	0	4	10	2.5	5	0	49	L
10/30	Cincinnati	2	34	17.0	28	0	0	0	0.0	0	0	34	Ļ
11/6 11/13	at Dallas Baltimore	3	16 9	5.3 3.0	10 4	0	0	0	0.0	0	0	16 9	L W
11/13	at St. Louis	6	-3	05	1	0	0	0	0.0	0	0	-3	W
11/27	Washington	4	9	2.3	4	0	0	0	0.0	0	0	9	Ľ
12/1	Philadelphia	6	9	1.5	4	0	ő	0	0.0	0	0	9	w
12/12	St. Louis	1	3	3.0	3	Ö	Ő	Ö	0.0	Ö	Ö	3	W
12/18	at Chicago	3	6	2.0	9	Ō	Ö	Ō	0.0	Ō	Ō	6	W
12/24	San Francisco	2	9	4.5	5	0	0	0	0.0	0	0	9	L
1/1/12	at Arizona	7	78	11.1	48t	1	2	12	6.0	8	0	90	L
TOTALS	S (16/1)	53	248	4.7	48t	1	10	48	4.8	9	0	296	7-9

WASHINGTON'S NFL RECORD

	Rushing Receiving													
	Club	G/S	No	Yds	Avg	LG	TD	Att	Yds	Avg	LG	TD		
2006	N.Y. Jets	16/8	151	650	4.3	23	4	25	270	10.8	64	0		
2007	N.Y. Jets	16/4	71	353	5.0	49	3	36	213	5.9	18	0		
2008	N.Y. Jets	16/1	76	448	5.9	61t	6	47	355	7.6	40	2		
2009	N.Y. Jets	7/0	72	331	4.6	33	0	15	131	8.7	33	0		
2010	Seattle	16/0	27	100	3.7	21	1	9	79	8.8	28	0		
2011	Seattle	16/1	53	248	4.7	48t	1	10	48	4.8	9	0		
2012	Seattle	5/0	8	29	3.6	11	0	0	0	0.0	0	0		
NFLT	OTALS	92/14	458	2,159	4.7	61t	15	142	1,096	7.7	64	2		
			К	ickoff F	Returns	3			Punt	Retur	าร			
	Club	G/S	No	Yds	Avg	LG	TD	Att	Yds	Avg	LG	TD		
2006	N.Y. Jets	16/8	6	79	13.2	23	0	13	97	7.5	38	0		
2007	N.Y. Jets	16/4	47	1,291	27.5	98t	3	20	183	9.2	33	0		
2008	N.Y. Jets	16/1	48	1,231	25.6	94	1	29	303	10.4	37	0		
2009	N.Y. Jets	7/0	16	385	24.1	43	0	2	16	8.0	12	0		
2010	Seattle	16/0	57	1,461	25.6	101t	3	22	249	11.3	84	0		
2011	Seattle	16/1	43	1,084	25.2	54	0	41	464	11.3	37	0		
2012	Seattle	5/0	9	309	34.3	83	0	13	103	7.9	52	0		
NFLT	OTALS	92/14	226	5,835	25.8	101t	7	140	1,415	10.1	84	0		
				1	POST	SEAS	SON							
					shing					eceivin				
	Club	G/S	No	Yds	Avg	LG	TD	Att	Yds	Avg.	LG	TD		
2006	N.Y. Jets	1/1	11	50	4.5	_ 19	0	4	25	6.3	12	0		
2009	N.Y. Jets						ve (Leg)					_		
2010	Seattle	2/1	2	8	4.0	9	0	1	10	10.0	10	0		
NFLT	OTALS	3/2	13	58	4.5	19	0	9	35	7.0	12	0		
Kickoff Returns Punt Returns														
	Club	G/S	No	Yds	Avg	LG	TD	Att	Yds	Avg	LG	TD		
2006	N.Y. Jets	1/1	0	0	0.0	_ 0	0	1	-7	-7.0	-7	0		
2009	N.Y. Jets						ve (Leg)							
2010	Seattle	2/1	9	222	24.7	62	0	1	12	12.0	12	0		
NFLT	OTALS	3/2	9	222	24.7	62	0	2	5	2.5	5	0		

WASHINGTON'S SINGLE-GAME HIGHS

RUSHING

Rush Attempts: 23 at Jacksonville (10/8/06) Rushing Yards: 129 vs. Detroit (10/29/06) Longest Rush: 61t at Tennessee (11/23/08)

Rushing Touchdowns: 2, 3 Times, Last at Tennessee (11/23/08)

RECEIVING

Receptions: 8 at Buffalo (9/30/07) Receiving Yards: 108 at Miami (12/25/06) Longest Reception: 64 (12/25/06)

Receiving Touchdowns: 1, 2 Times, Last at New England (11/13/08)

RETURNS

Kickoff Returns: 7 at San Francisco (12/12/10), at Tampa Bay (12/26/10)

Kickoff Return Yardage: 253 vs. San Diego (9/26/10) Longest Kickoff Return: 101t vs. San Diego (9/26/10)

Punt Return: 7, at St. Louis (11/20/11)
Punt Return Yardage: 92 vs. Carolina (12/5/10)
Longest Punt Return: 84 vs. Carolina (12/5/10)

ADDITIONAL STATS

Passing: 2007: 1-1, 36 yards, 118.8 rating. Misc. Tackles: 2006: 2, 2008: 4, 2011: 2; Career: 8.

WASHINGTON'S 2012 SEASON

Ranks second in the NFL with a 37.3 kickoff return avg. (Harvin - Minn., 38.3). at Ariz (9/9): Rushed twice for five yards, but impact came as a returner setting up two scores. First one came midway through the third quarter following a Cardinals field goal when he returned the ensuing kickoff 83 yards to the Arizona 24 setting up a TD. Early in the fourth quarter, he returned a punt 52 yards to the Cardinals 16 setting up a short field goal. For the game, he averaged 44.3 yards on three kickoff returns and averaged 17 yards on three punt returns. Dal (9/16): Handled kickoff and punt return duties and rushed four times for 11 yards. GB (9/24): Handled punt return and kickoff return duties and saw limited action at running back. at StL (9/30): Returned only kickoff return 69 yards on Seattle's first possession of the second half. at Car (10/7): Served as the returner on punt and kickoff returns.

			Ru	ıshing-			Receiving							
2012	Opponent	Att	Yds	Avg	LG	TD	Rec	Yds	Avg	ĹG	TD	Total	W/L	
9/9	at Arizona	2	5	3.5	3	0	0	0	0.0	0	0	5	L	
9/16	Dallas	4	11	2.8	5	0	0	0	0.0	0	0	11	W	
9/24	Green Bay	1	11	11.9	11	0	0	0	0.0	0	0	11	W	
9/30	at St. Louis	1	2	2.0	2	0	0	0	0.0	0	0	2	L	
10/7	at Carolina	0	0	0.0	0	0	0	0	0.0	0	0	0	W	
TOTALS	5 (5/0)	8	29	3.6	11	0	0	0	0.0	0	0	29	3-2	
			Kick	off Re	turns		Punt Returns							
2012	Opponent	No	Yds	Avg	LG	TD		Att	Yds	Avg	LG	TD		
9/9	at Arizona	3	133	44.3	83	0		3	51	17.0	52	0		
9/16	Dallas	1	20	20.0	20	0		1	7	7.0	7	0		
9/24	9/24 Green Bay 2 42 21.0 21							2	5	2.5	6	0		
9/30	0/30 at St. Louis 1 69 69.0 69							2	1	0.5	4	0		
10/7 at Carolina 2 45 22.5						0		5	39	7.6	17	0		
TOTAL	S (5/0)	9	309	34.3	83	0		13	103	7.9	52	0		

Additional Statistics:



HOW ACQUIRED: Drafted with the 12th pick in the third round (75th overall) of the 2012 NFL Draft. The first quarterback drafted under Head Coach Pete Carroll and General Manager John Schneider and the highest quarterback selected by the club since Brock Huard was taken with the 77th overall pick in 1999.

COLLEGE: Wilson started 50 consecutive games, throwing 379 consecutive passes without an interception to establish an NCAA Football Bowl Sub-division record. Completed 907 of 1,489 passes (60.9%) for 11,720 yards, 109 touchdowns and 29 interceptions. Rushed 441 times for 1,421 yards (3.2 avg.) and 23 touchdowns, becoming the fifth player in the NCAA FBS ranks to rush for over 1.000 vards and throw for over 5,000 yards in a career. During his 36game career at North Carolina State, Wilson connected on 682 of 1,180 passes (57.8%) for 8,545 yards, 76 touchdowns and 25 interceptions, as he piled up 9,628 yards in total offense and was responsible for 93 touchdowns, in addition to rushing 362 times for 1.083 yards (2.9 avg.) and 17 scores. Finished his Wolfpack career ranking second in school annals for pass attempts and touchdown passes, and third for pass completions, pass completion percentage and yards in total offense. His eight 300-yard passing games in 2010 rank second on the NC State seasonrecord chart, while his total of 12 300-vard efforts for the Wolfpack rank second on the career list. Set NC State season-records with 308 pass completions in 2009, ranking second with 527 pass attempts, 3,563 yards passing and 3,998 yards in total offense in 2010, along with 31 touchdown tosses in 2009. His 28 touchdown throws in 2010 rank third and his 3.287 vards in total offense in 2009 rank fourth on the State annual record chart. His five touchdown passes vs. Florida

State in 2009 tied the Wolfpack single-game record. In just one season at Wisconsin, Wilson connected on 225 of 309 passes (72.8%) for 3,175 yards, 33 touchdowns and only four interceptions, adding 79 carries for 338 yards (4.2 avg.) and six scores, compiling an NCAA record 191.7 pass efficiency rating and gaining 3,513 yards in total offense, along with being responsible for 39 touchdowns.

PERSONAL: Attended Collegiate High in Richmond, playing football and baseball. Earned all-state, all-region and all-district honors, in addition to being named the 2005 Richmond Times-Dispatch Player of the Year as a junior. That season, Wilson threw for 3,287 yards and 40 touchdowns while rushing for another 634 yards and 15 scores. The Cougars won the state title, as the team compiled a perfect 11-0 record. In 2006, was featured in Sports Illustrated's "Faces in the Crowd" for his state title game performance after completing 21-37 passes for 291 yards and two touchdowns while rushing 30 times for 223 yards and three more scores in a 38-17 win. Passed for 3.009 yards, 34 touchdowns and just seven interceptions as a senior. Also rushed for 1.132 vards. adding 18 mores scores while again earning allstate, all-conference and conference player of the year accolades. On the baseball diamond, the shortstop batted .467 as a senior, enticing the Colorado Rockies to begin following him to North Carolina State and drafting him in the fourth round of the 2010 major league baseball draft. Communications major. His father, the late Harrison Wilson, III, played football and baseball at Dartmouth and was on the San Diego Chargers preseason squad. His older brother, Harrison, IV, played football and baseball at Richmond.

WILSON'S 2012 SEASON

at Ariz (9/9): In first-career start, connected on 18 of 34 attempts for 153 yards with 1TD and 1 INT. Down 20-16, drove the team 76 yards to the Arizona 4-yard line in the final 4:41, but was unable to connect on a fourth-down attempt. Dal (9/16): Notched first win as a starting QB and completed 15 of 20 passes, 75 percent, for 151 yards including a 22-yard TD strike to Anthony McCoy. GB (9/24): Passed for 130 yards on 10 completions and 2TDs (99.3 rating). Both TDs were to Golden Tate - a 41-yard, first half TD strike and the 24-yard, game winner on fourth down as time expired. at StL (9/30): Completed 68 percent of pass attempts (17 of 25) for 160 yards, but had three interceptions. at Car (10/7): Completed 19 of 25 attempts for a season-high 221 yards with a TD and two INTs. TD was a game winner late in the third quarter on a 13-yard pass to Golden Tate on third down.

	PASSING													
2012 Date	Opponent	P/S	Att	Com	Yds	Pct	TD	Int	LG	Sacked	W-L	Rating		
9/9	at Arizona	1/1	34	18	153	52.9	1	1	27	3/14	L	62.5		
9/16	Dallas	1/1	20	15	151	75.0	1	0	22t	2/18	W	112.7		
9/24	Green Bay	1/1	21	10	130	47.6	2	0	41t	1/19	W	99.3		
9/30	at St. Louis	1/1	25	17	160	68.0	0	3	17	2/20	L	45.8		
10/7	at Carolina	1/1	25	19	221	76.0	1	2	30	2/9	W	82.3		
TOTALS	;	(5/5)	125	79	815	63.2	5	6	41t	11/80	3-2	75.3		

W/L record reflects games started only

					RUSHING	G	
Date	Opponent	P/S	Att	Yds	Avg	LG	TD
9/9	at Arizona	1/1	8	20	2.5	5	0
9/16	Dallas	1/1	4	28	7.0	14	0
9/24	Green Bay	1/1	3	18	6.0	12	0
9/30	at St. Louis	1/1	7	14	2.0	8	0
10/7	at Carolina	1/1	5	12	2.4	9	0
TOTALS	;	(5/5)	27	92	3.4	14	0



HOW ACQUIRED: Selected with the second pick in the 4th round (99th overall) of the 2011 NFL Draft.

NFL CAREER HIGHLIGHTS:

- His emergence led to team trading Aaron Curry to Oakland on October 13, 2011.
- Started 12 of 16 games played and recorded 61 tackles (46 solo) and 2.0 sacks. Posted a career-high eight tackles in back-to-back games (vs. St. Louis, 12/12/11 and at Chicago, 12/18/11).

COLLEGE: Started 35 of 47 games at Mississippi State (22 at strong-side outside linebacker and 13 at weak-side linebacker). Finished career with 259 tackles (131 solo), including nine sacks for minus 60 yards, 23.5 stops for loss totaling 104 yards and 11 quarter

back pressures. Forced and recovered three fumbles and had 14 passes defensed.

PERSONAL: Attended Olive Branch (Miss.) High School. Regarded as the nation's 45th best strong-side outside linebacker. Selected to play in the Mississippi/Alabama All-Star Classic. Named first-team, all-state on the defensive line by the *Clarion-Ledger* in all classifications following his senior season. Also earned first-team, all-state mention by the Mississippi Association of Coaches at outside linebacker in Class 5A. Recorded 91 total tackles, 13 sacks and an interception. Helped Olive Branch to a 12-2 overall record as a senior. Also a standout for an undefeated basketball team as a senior. Born Kenneth Bernard Wright Jr. in Memphis, Tenn.

WRIGHT'S NFL RECORD

	Tackles				Sacks Interceptions										
Club	G/S Tkl So Ast 16/12 61 46 15			QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	Yds	
2011 Seattle	16/12	61	46	15	2.0	9.0	0	0	0.0	0	0	2	1	1	30
2012 Seattle	5/5	34	26	8	0.0	0.0	0	0	0.0	0	0	2	1	0	0
NFL TOTALS	21/17	95	72	23	2.0	9.0	0	0	0.0	0	0	4	2	1	30

WRIGHT'S SINGLE-GAME HIGHS

Tackles: 11, vs. Green Bay (9/24/12) Forced Fumbles: 1, 2Times, Last at Arizona (9/9/12) Interceptions: None Fumble Recoveries: 1, at Arizona (1/1/12)

Sacks: 1.0, vs. Philadelphia (12/1/11), vs. St. Louis (12/12/11)

ADDITIONAL STATS

Special Teams Tackles: 2011 (4), 2012 (1); Career: (5).

WRIGHT'S 2012 SEASON

at Ariz (9/9): Led the team with a career-high nine tackles (5 solo). Also had one ΩB hit and a FF that was recovered by Brandon Mebane that led to Seattle's first score. Dal (9/16): Tallied five tackles (3 solo) and two passes defensed. GB (9/24): Set a career high for the second time in three games leading the team with 11 tackles (9 solo). at StL (9/30): Posted five solo tackles. at Car (10/7): Finished with four solo tackles and one special teams stop.

WRIGHT'S 2012 GAME-BY-GAME

Game	P	Т	S	Α	QB	Yds.	QH	Int.	Yds.	PD	FF	FR	Yds.
at Ariz (9/9)	1/1	9	5	4	0.0	0.0	1	0	0	0	1	0	0
Dal (9/16)	1/1	5	3	2	0.0	0.0	0	0	0	2	0	0	0
GB (9/24)	1/1	11	9	2	0.0	0.0	0	0	0	0	0	0	0
at StL (9/30)	1/1	5	5	0	0.0	0.0	0	0	0	0	0	0	0
at Car (10/7)	1/1	4	4	0	0.0	0.0	0	0	0	0	0	0	0
Totals	5/5	34	26	8	0.0	0.0	1	0	0	2	1	0	0

Additional Statistics: Special Teams Tackles 1.

National Football League Game Summary

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Updated: 10/8/2012

Date: Sunday, 10/7/2012 Seattle Seahawks at Carolina Panthers Start Time: 4:04 PM EDT

at Bank of America Stadium, Charlotte, North Carolina

Game Day Weather

Game Weather: Cloudy Played Outdoors on Turf: Natural Grass Temp: 63° F (17.2° C) Humidity: 69%, Wind: N 6 mph

Officials

Referee: McAulay, Terry () Umpire: Dawson, Scott () Head Linesman: Baltz, Mark ()
Line Judge: Steinkerchner, Mark () Side Judge: Coleman, James () Field Judge: Brown, Terry ()

Back Judge: Dyer, Lee () Replay Official: Bob McGrath

- Lineups ·

		Seattle Seahawks				lina Panthers	5		
	Offense		Defense			Offense			Defense
WR	18 S.Rice	LDE	79 R.Bryant	WR	89	S.Smith	LE	76	G.Hardy
TE	82 E.Moore	LDT	99 A.Branch	TE	82	G.Barnidge	DT	92	D.Edwards
LT	76 R.Okung	RDT	92 B.Mebane	LT	69	J.Gross	NT	96	R.Edwards
LG	67 P.McQuistan	RDE	91 C.Clemons	LG	61	A.Silatolu	RE	95	C.Johnson
С	60 M.Unger	OLB	56 L.Hill	С	67	R.Kalil	SLB	50	J.Anderson
RG	77 J.Carpenter	MLB	54 B.Wagner	RG	65	G.Williams	MLB	59	L.Kuechly
RT	68 B.Giacomini	OLB	50 K.Wright	RT	77	B.Bell	WLB	58	T.Davis
TE	86 Z.Miller	LCB	25 R.Sherman	TE	88	G.Olsen	LCB	41	C.Munnerlyn
WR	81 G.Tate	RCB	39 B.Browner	WR	11	B.LaFell	RCB	24	J.Norman
QB	3 R.Wilson	SS	31 K.Chancellor	QB	1	C.Newton	SS	30	C.Godfrey
RB	24 M.Lynch	FS	29 E.Thomas	RB	34	D.Williams	FS	43	H.Nakamura

Substitutions — Substitutions –

K 4 S.Hauschka, P 9 J.Ryan, WR 17 B.Edwards, RB 22 R.Turbin, CB 23 M.Trufant, FB 26 M.Robinson, SS 32 J.Johnson, RB 33 L.Washington, CB 41 B.Maxwell, FS 42 C.Maragos, LS 49 C.Gresham, DE 51 B.Irvin, LB 53 M.Smith, LB 55 H.Farwell, LB 57 M.Morgan, G/C 61 L.Jeanpierre, G 64 J.Sweezy, T/G 65 F.Omiyale, DT 69 C.McDonald, TE 85 A.McCoy, WR 87 B.Obomanu, WR 89 D.Baldwin, DE 90 J.Jones

K 6 J.Medlock, P 8 B.Nortman, WR 14 A.Edwards, CB 22 J.Thomas, S 23 S.Martin, DB 25 R.Parker, RB 28 J.Stewart, FB 35 M.Tolbert, S 42 C.Jones, LS 44 J.Jansen, TE/FB 47 R.Brockel, LB 53 J.Phillips, LB 56 K.Onatolu, LB 57 J.Senn, C/G 62 J.Byers, T 73 B.Campbell, WR 81 K.Pilares, WR 83 L.Murphy, TE 84 B.Hartsock, DE 90 F.Alexander, DE 93 A.Applewhite, DT 94 S.Fua, DT 99 F.Kearse

— Did Not Play — Did Not Play —

QB 15 M.Flynn QB 3 D.Anderson

Not Active — Not Active

WR 14 C.Martin, SS 27 W.Guy, CB 36 D.Gorrer, CB 37 J.Lane, G 74 J.Moffitt, DT 94 J.Howard, DE 98 G.Scruggs

3RDQB 7 J.Clausen, WR 15 J.Adams, CB 20 C.Gamble, S 26 D.Campbell, LB 52 J.Beason, C/G 63 G.Hangartner, DE 98 T.Keiser

Field Goals	(made () & missed) -
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S.Hauschka		(22) (36) (44)	J.Medlock			(32)		
			1	2	3	4	ОТ	Total
VISITOR:	Seattle Seahawks		3	3	7	3	0	16
HOME:	Carolina Panthers		0	3	7	2	0	12

Scoring Plays -

_					
Team	Qtr	Time	Play Description (Extra Point) (Drive Info)	Visitor	Home
Seahawks	1	10:29	S.Hauschka 22 yd. Field Goal (8-41, 3:33)	3	0
Seahawks	2	8:29	S.Hauschka 36 yd. Field Goal (12-50, 6:58)	6	0
Panthers	2	0:02	J.Medlock 32 yd. Field Goal (12-77, 2:44)	6	3
Panthers	3	12:26	C.Munnerlyn 33 yd. interception return (J.Medlock kick)	6	10
Seahawks	3	0:35	G.Tate 13 yd. pass from R.Wilson (S.Hauschka kick) (5-27, 2:02)	13	10
Seahawks	4	10:27	S.Hauschka 44 yd. Field Goal (7-39, 3:33)	16	10
Panthers	4	0:59	J.Ryan tackled in end zone by K.Onatolu for a Safety	16	12
5	70.67			- -	2 - 4

Paid Attendance: 72,676 Time: 2:54

Final Individual Statistics

	Seattle Seahawks							Carolina Panthers										
RUSHING			ATT	YDS	AVG		LG	TD	RUSH	ING				ATT	YDS	AVG	LG	TD
M.Lynch			21	85	4.0		14	0	C.New	rton				7	42	6.0	15	0
R.Wilson			5	12	2.4		9	0	J.Stew	art (4	16	4.0	11	0
B.Obomanu			1	11	11.0		11	0	K.Pilar	es				0	12	4.0	12	0
R.Turbin			4	6	1.5		5	0	D.Willi	iams				6	6	1.0	4	0
M.Robinson			2	3	1.5		2	0	L.Murp	ohy				1	3	3.0	3	0
G.Tate			1	-1	-1.0		-1	0	M.Tolb	pert				1	3	3.0	3	0
J.Ryan			1	-18	-18.0		-18	0										
Total			35	98	2.8		14	0	Total					19	82	4.3	15	0
PASSING	ATT	СМР	YDS	SK/YD	TD	LG	IN	RT	PASS	ING		ATT	СМР	YDS	SK/YD	TD L	.G IN	RT
R.Wilson	25	19	221	2/9	1	30	2	82.3	C.New	rton		29	12	141	4/33	0 2	24 0	56.8
Total	25	19	221	2/9	1	30	2	82.3	Total			29	12	141	4/33	0 2	24 0	56.8
PASS RECEIVING		TAR	REC	YDS	AVG		LG	TD			IVING		TAR	REC	YDS	AVG	LG	TD
S.Rice		6	5	67	13.4		18	0	S.Smit				13	4	40	10.0	14	0
Z.Miller		3	3	59	19.7		30	0	B.LaFe				3	3	44	14.7	21	0
D.Baldwin		4	3	37	12.3		19	0	G.Olse				3	2	37	18.5	24	0
G.Tate		4	3	31	10.3		13	1	J.Stew				4	2	15	7.5	8	0
R.Turbin		2	2	8	4.0		5	0	L.Murp	•			2	1	5	5.0	5	0
B.Edwards		1	1	10	10.0		10	0	D.Willi				2	0	0	0.0	0	0
M.Lynch		2	1	9	9.0		9	0	M.Tolb				1	0	0	0.0	0	0
M.Robinson		1	1	0	0.0		0	0	B.Hart	SOCK			1	0	0	0.0	0	0
A.McCoy Total		2 25	0 19	0 221	0.0 11.6		0 30	0 1	Total				29	12	141	11.8	24	0
INTERCEPTIONS		23	NO	YDS	AVG		LG	TD		PCFDT	TIONS			NO	YDS	AVG	LG	TD
INTERCEI 120110				155	710				C.Mun					1	33	33.0	33	1
									L.Kued	,				1	-3	-3.0	-3	0
Total			0	0	0		0	0	Total	21117				2	30	15.0	33	1
PUNTING	NO	YDS	AVG	NET	ТВ	I	N20	LG	PUNT	ING		NO	YDS	AVG	NET	ТВ	IN20	LG
J.Ryan	3	122	40.7	36.3	0		2	54	B.Nort	man		7	318	45.4	39.9	0	2	63
Total	3	122	40.7	36.3	0		2	54	Total			7	318	45.4	39.9	0	2	63
PUNT RETURNS		NO	YDS	AVG	FC		LG	TD	PUNT	RETU	IRNS		NO	YDS	AVG	FC	LG	TD
L.Washington		5	39	7.8	0		17	0	C.Mun	nerlyn			1	13	13.0	0	13	0
[DOWNED]		1	0	0.0	0		0	0	[DOW				1	0	0.0	0	0	0
[OUT OF BOUNDS]		1	0	0.0	0		0	0	-	OF BO	UNDS]		1	0	0.0	0	0	0
Total		5	39	7.8	0		17	0	Total				1	13	13.0	0	13	0
KICKOFF RETURNS		NO	YDS	AVG	FC		LG	TD			ETURNS		NO	YDS	AVG	FC	LG	TD
L.Washington		2	45	22.5	0		45	0	K.Pilar				3	64	21.3	0	25	0
D.Baldwin		1	3	3.0	0		3	0	C.Mun	,			1 2	17 0	17.0 0.0	0	17 0	0 0
Total		3	48	16.0	0		45	0	Total	LIDACI	N)		4	81	20.3	0	25	0
Seattle Seaha	wks																	
FUMBLES				FUM	LOS	ST	OV	VN-REC	YDS	TD	FORCED	OPP	-REC	YDS	TD	OUT-	BDS	
L.Washington				1		1		0	0	0	0		0	0	0		0	
B.Browner				0)	0		0	0	0	1		1	0	0		0	
B.Irvin				0		0		0		0	1		0	0	0		0	
R.Sherman				0		0		0		0	1		0	0	0		0	
A.Branch				0		0		0		0	0		1	0	0		0	
Total				1		1		0	0	0	3		2	0	0		0	
Carolina Pant FUMBLES	hers			FUM	LOS	ST	OW	VN-REC	YDS	TD	FORCED	OPP	-REC	YDS	TD	OUT-	BDS	
J.Stewart				1		0		1	0	0	0		0	0	0		0	

Final Individual Statistics

C.Newton	1	1	0	0	0	0	0	0	0	0
D.Williams	1	1	0	0	0	0	0	0	0	0
J.Phillips	0	0	0	0	0	1	0	0	0	0
J.Thomas	0	0	0	0	0	0	1	4	0	0
Total	3	2	1	0	0	1	1	4	0	0

Final Team Statistics

	Visitor Seahawks	Home Panthers
TOTAL FIRST DOWNS	Seallawks 17	13
By Rushing	7	4
By Passing	10	7
By Penalty	0	2
THIRD DOWN EFFICIENCY	7-14-50%	2-11-18%
FOURTH DOWN EFFICIENCY	0-1-0%	0-1-0%
TOTAL NET YARDS	310	190
Total Offensive Plays (inc. times thrown passing)	62	52
Average gain per offensive play	5.0	3.7
NET YARDS RUSHING	98	82
Total Rushing Plays	35	19
Average gain per rushing play	2.8	4.3
Tackles for a loss-number and yards	4-24	2-6
NET YARDS PASSING	212	108
Times thrown - yards lost attempting to pass	2-9	4-33
Gross yards passing	221	141
PASS ATTEMPTS-COMPLETIONS-HAD INTERCEPTED	25-19-2	29-12-0
Avg gain per pass play (inc.# thrown passing)	7.9	3.3
KICKOFFS Number-In End Zone-Touchbacks	6-5-2	3-1-0
PUNTS Number and Average	3-40.7	7-45.4
Had Blocked	0	0
FGs - PATs Had Blocked	0-0	0-0
Net Punting Average	36.3	39.9
TOTAL RETURN YARDAGE (Not Including Kickoffs)	39	43
No. and Yards Punt Returns	5-39	1-13
No. and Yards Kickoff Returns	3-48	4-81
No. and Yards Interception Returns	0-0	2-30
PENALTIES Number and Yards	7-65	3-25
FUMBLES Number and Lost	1-1	3-2
TOUCHDOWNS	1	1
Rushing	0	0
Passing	1	0
Interceptions	0	1
EXTRA POINTS Made-Attempts	1-1	1-1
Kicking Made-Attempts	1-1	1-1
FIELD GOALS Made-Attempts	3-3	1-1
RED ZONE EFFICIENCY	1-3-33%	0-2-0%
GOAL TO GO EFFICIENCY	0-0-0%	0-1-0%
SAFETIES	0	1
FINAL SCORE	16	12
TIME OF POSSESSION	35:46	24:14

Ball Possession And Drive Chart

Seattle Seahawks

#	Time Recd	Time Lost	_	How Ball Obtained	Drive Began	# Play	Yds Gain	Yds Pen	Net Yds	1st Down	Last Scrm	How Given Up
1	14:02	10:29	3:33	Punt	CAR 45	8	41	0	41	2	* CAR 4	Field Goal
2	8:52	4:40	4:12	Punt	SEA 31	6	40	-10	30	2	CAR 39	Punt
3	0:27	8:29	6:58	Punt	SEA 32	12	65	-15	50	4	* CAR 18	Field Goal
4	7:29	2:46	4:43	Punt	SEA 38	6	29	-10	19	1	CAR 43	Punt
5	0:02	0:00	0:02	Kickoff		0	0	0	0	0		End of Half
6	15:00	14:48	0:12	Kickoff		0	0	0	0	0		Fumble
7	13:15	12:26	0:49	Punt	SEA 17	2	2	0	2	0	SEA 19	Interception
8	12:26	9:39	2:47	Kickoff	SEA 28	5	42	0	42	2	CAR 30	Interception
9	6:05	2:37	3:28	Punt	SEA 12	6	27	-10	17	1	SEA 29	Punt
10	2:37	0:35	2:02	Fumble	CAR 27	5	27	0	27	2	* CAR 13	Touchdown
11	14:00	10:27	3:33	Punt	SEA 35	7	39	0	39	2	CAR 26	Field Goal
12	3:47	0:59	2:48	Downs	SEA 1	7	-1	0	-1	1	SEA 18	Safety
13	0:39	0:00	0:39	Fumble	CAR 25	1	-1	0	-1	0	CAR 25	End of Game

(397) Average SEA 36

Ca	ro	lina	Pa	nth	arc

#	Time Recd	Time Lost		How Ball Obtained	Drive Began	# Play	Yds Gain	Yds Pen	Net Yds	1st Down	Last Scrm	How Given Up
1	15:00	14:02	0:58	Kickoff	CAR 13	3	3	0	3	0	CAR 16	Punt
2	10:29	8:52	1:37	Kickoff	CAR 19	3	4	0	4	0	CAR 23	Punt
3	4:40	0:27	4:13	Punt	CAR 5	7	37	0	37	3	CAR 42	Punt
4	8:29	7:29	1:00	Kickoff	CAR 23	3	-13	0	-13	0	CAR 10	Punt
5	2:46	0:02	2:44	Punt	CAR 9	12	62	15	77	4	* SEA 14	Field Goal
6	14:48	13:15	1:33	Fumble	SEA 37	3	-8	-10	-18	0	CAR 45	Punt
7	9:39	6:05	3:34	Interception	CAR 20	5	21	-5	16	1	CAR 36	Punt
8	2:37	2:37	0:00	Punt	CAR 30	1	-3	0	-3	0	CAR 30	Fumble
9	0:35	14:00	1:35	Kickoff	CAR 20	3	9	0	9	0	CAR 29	Punt
10	10:27	3:47	6:40	Kickoff	CAR 20	11	84	-5	79	5	* SEA 1	Downs
11	0:59	0:39	0:20	Kickoff	CAR 31	2	-6	0	-6	0	CAR 31	Fumble

(253) Average CAR 23

^{*} inside opponent's 20

Time of	Possession by Quarter	1st	2nd	3rd	4th	ОТ	Total
Visitor	Seattle Seahawks	8:12	11:16	9:18	7:00		35:46
Home	Carolina Panthers	6:48	3:44	5:42	8:00		24:14

Seahawks: 1 - SEA 28

Panthers: 6 - CAR 21

Kickoff Drive No.-Start Average

Final Defensive Statistics

Seattle Seahawks			R	egular	Defens	ive Pl	ays					Special Teams						Misc			
	TKL	AST	СОМВ	SK	/ YDS	TFL	Q	IN	PD	FF	FR	TKL	AST	FF	FR	BL	TKL	AST	FF	FR	
B.Browner	4	2	6	0	0	0	0	0	0	1	1	0	0	0	0	0	0	0	0	0	
B.Wagner	3	3	6	1.5	9	1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	
C.Clemons	2	4	6	0.5	5	0	2	0	1	0	0	0	0	0	0	0	0	0	0	0	
R.Sherman	5	0	5	0	0	0	0	0	1	1	0	0	0	0	0	0	0	0	0	0	
K.Wright	4	0	4	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	
K.Chancellor	3	1	4	0	0	0	0	0	2	0	0	0	0	0	0	0	0	0	0	0	
B.Mebane	2	1	3	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	
B.Irvin	2	0	2	2	19	1	2	0	0	1	0	0	0	0	0	0	0	0	0	0	
A.Branch	1	1	2	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	
L.Hill	1	1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
E.Thomas	1	0	1	0	0	0	0	0	1	0	0	1	0	0	0	0	0	0	0	0	
M.Trufant	0	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
M.Morgan	0	0	0	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0	0	
H.Farwell	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	
J.Johnson	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	
C.Maragos	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	
M.Unger	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	
Total	28	14	42	4	33	2	6	0	6	3	2	5	2	0	0	0	1	0	0	0	

TKL = Tackle AST = Assist COMB = Combined QH=QB Hit IN = Interception PD = Pass Defense FF = Forced Fumble FR = Fumble Recovery

Carolina Panthers		Regular Defensive Plays										Special Teams							Misc		
	TKL	AST	СОМВ	SK	/ YDS	TFL	QH	IN	PD	FF	FR	TKL	AST	FF	FR	BL	TKL	AST	FF	FR	
L.Kuechly	7	4	11	0	0	1	0	1	1	0	0	0	0	0	0	0	0	0	0	0	
G.Hardy	4	2	6	1	5	2	1	0	0	0	0	0	0	0	0	0	0	0	0	0	
T.Davis	3	3	6	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
S.Martin	4	1	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
H.Nakamura	1	4	5	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0	0	
J.Norman	2	2	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
J.Anderson	2	2	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
A.Applewhite	1	3	4	1	4	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	
J.Thomas	3	0	3	0	0	0	0	0	0	0	0	1	0	0	1	0	0	0	0	0	
C.Munnerlyn	2	1	3	0	0	0	0	1	1	0	0	0	0	0	0	0	0	0	0	0	
S.Fua	1	2	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
F.Kearse	1	2	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
C.Godfrey	1	2	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
R.Edwards	0	3	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
D.Edwards	0	3	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
C.Johnson	1	1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
K.Onatolu	1	0	1	0	0	1	0	0	0	0	0	0	1	0	0	0	0	0	0	0	
F.Alexander	0	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
J.Phillips	0	0	0	0	0	0	0	0	0	0	0	1	0	1	0	0	0	0	0	0	
R.Parker	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	
G.Barnidge	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	
C.Jones	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	
R.Brockel	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	
D.Williams	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	
B.Bell	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	
J.Stewart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	
Total	34	36	70	2	9	6	2	2	2	0	0	7	2	1	1	0	2	0	0	1	

Seattle Seahawks vs Carolina Panthers 10/7/2012 at Bank of America Stadium

First Half Summary

PERIOD SCORES

TIME OF POSSESSION

Seahawks	3 3 = 6	Seahawks	19:28
Panthers	0 3 = 3	Panthers	10:32

——————————————————————————————————————									
Team	Qtr	Time	Play Description (Extra Point) (Drive Info)	Visitor	Home				
Seahawks	1	10:29	S.Hauschka 22 yd. Field Goal (8-41, 3:33)	3	0				
Seahawks	2	8:29	S.Hauschka 36 yd. Field Goal (12-50, 6:58)	6	0				
Panthers	2	0:02	J.Medlock 32 yd. Field Goal (12-77, 2:44)	6	3				

	Seattle Seahawks	Carolina Panthers
TOTAL FIRST DOWNS	9	7
First Downs Rushing-Passing-by Penalty	4 - 5 - 0	4 - 2 - 1
THIRD DOWN EFFICIENCY	4-8-50%	1-6-17%
TOTAL NET YARDS	175	93
Total Offensive Plays	30	27
NET YARDS RUSHING	60	70
NET YARDS PASSING	115	23
Gross Yards Passing	124	40
Times thrown-yards lost attempting to pass	2-9	2-17
Pass Attempts-Completions-Had Intercepted	13 - 12 - 0	15 - 3 - 0
Punts-Number and Average	2 - 34	4 - 45.5
Penalties-Number and Yards	4 - 50	0 - 0
Fumbles-Number and Lost	0 - 0	0 - 0
Red Zone Efficiency	0-2-0%	0-1-0%
Average Drive Start	SEA 39	CAR 14

Seattle Seahawks									Carolina Panthers									
RUSHING			ATT	YDS	AVG	ì	LG	TD	RUSHING			ATT	YDS	AVC	3	LG	TD	
M.Lynch			7	28	4.0)	14	0	C.Newton			5	37	7.	4	15	0	
B.Obomanu			1	11	11.0)	11	0	J.Stewart			2	12	6.	0	11	0	
R.Wilson			2	10	5.0)	9	0	K.Pilares			0	12	6.	0	12	0	
R.Turbin			2	9	4.5	;	5	0	D.Williams			2	6	3.	0	3	0	
M.Robinson			2	3	1.5	;	2	0	L.Murphy			1	3	3.	0	3	0	
G.Tate			1	-1	-1.0)	-1	0										
Total			15	60	4.0)	14	0	Total			10	70	7.	0	15	0	
PASSING	ATT	СМР	YDS	SK/YD	TD	LG	IN	RT	PASSING	ATT	СМР	YDS	SK/YD	TD	LG	IN	RT	
R.Wilson	13	12	124	2/9	0	19	0	106.4	C.Newton	15	3	40	2/17	0	21	0	39.6	
Total	13	12	124	2/9	0	19	0	106.4	Total	15	3	40	2/17	0	21	0	39.6	
PASS RECEIVING		TAR	REC	YDS	AVG	ì	LG	TD	PASS RECEIVING		TAR	REC	YDS	AVO	3	LG	TD	
S.Rice		4	4	56	14.0)	18	0	S.Smith		10	2	19	9.	5	12	0	
D.Baldwin		3	3	37	12.3	}	19	0	B.LaFell		1	1	21	21.	0	21	0	
G.Tate		1	1	12	12.0)	12	0	L.Murphy		1	0	0	0.0	0	0	0	
B.Edwards		1	1	10	10.0)	10	0	G.Olsen		1	0	0	0.0	0	0	0	
Z.Miller		1	1	6	6.0)	6	0	M.Tolbert		1	0	0	0.0	0	0	0	
R.Turbin		1	1	3	3.0)	3	0	D.Williams		1	0	0	0.0	0	0	0	
M.Robinson		1	1	0	0.0)	0	0										
A.McCoy		1	0	0	0.0)	0	0										
Total		13	12	124	10.3	}	19	0	Total		15	3	40	13.	3	21	0	

Seattle Seahawks			R	egular	Defens	ive Pl	ays					Spe	ecial Te	ams				Misc		
	TKL	AST	СОМВ	SK	/ YDS	TFL	Q	IN	PD	FF	FR	TKL	AST	FF	FR	BL	TKL	AST	FF	FR
R.Sherman	3	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
B.Wagner	2	0	2	1	4	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0
K.Chancellor	1	1	2	0	0	0	0	0	2	0	0	0	0	0	0	0	0	0	0	0
C.Clemons	1	1	2	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0
Total	7	2	9	1	4	1	1	0	3	0	0	0	0	0	0	0	0	0	0	0

Seattle Seahawks vs Carolina Panthers 10/7/2012 at Bank of America Stadium

First Half Summary

Carolina Panthers			R	egular	Defens	ive Pla	ays					S	pecial	Team	ıs			Misc		
	TKL	AST	СОМВ	SK	/ YDS	TFL	QH	IN	PD	FF	FR	TKL	AST	FF	FR	BL	TKL	AST	FF	FR
S.Martin	3	1	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
A.Applewhite	1	3	4	1	4	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0
J.Thomas	3	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
T.Davis	2	1	3	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	9	5	14	1	4	2	1	0	0	0	0	0	0	0	0	0	0	0	0	0

Play By Play First Quarter 10/7/2012

SEA wins the coin toss and elects to defer. CAR elects to Receive, and SEA elects to defend the east goal.

S.Hauschka kicks 67 yards from SEA 35 to CAR -2. K.Pilares to CAR 13 for 15 yards (K.Wright).

Carolina Panthers at 1	5:00, (1st play from	scrimmage 14:55)

1-10-CAR 13	(14:55) (Shotgun) D.Williams up the middle to CAR 16 for 3 yards (C.Clemons; B.Mebane).

2-7-CAR 16 (14:20) C.Newton pass incomplete short left to S.Smith.

3-7-CAR 16 (14:13) (Shotgun) C.Newton pass incomplete short middle to G.Olsen (K.Chancellor).

4-7-CAR 16 (14:07) B.Nortman punts 29 yards to CAR 45, Center-J.Jansen, out of bounds.

Seattle Seahawks at 14:02

1-10-CAR 45	(14:02) R.Wilson pass deep left to S.Rice ran ob at CAR 27 for 18 yards.	P1

P2

R3 P4

R1

R2

Р3

R5

<u>1-10-CAR 27</u> (13:34) R.Wilson pass incomplete short right to A.McCoy.

2-10-CAR 27 (13:26) M.Lynch right guard to CAR 24 for 3 yards (R.Edwards; D.Edwards).

3-7-CAR 24 (12:46) (Shotgun) R.Wilson pass short middle to D.Baldwin to CAR 11 for 13 yards (L.Kuechly).

1-10-CAR 11 (12:12) M.Lynch left guard to CAR 10 for 1 yard (S.Fua; F.Alexander).

2-9-CAR 10 (11:37) M.Lynch right tackle to CAR 10 for no gain (A.Applewhite; F.Kearse).

3-9-CAR 10 (10:52) (Shotgun) R.Wilson pass short right to Z.Miller to CAR 4 for 6 yards (J.Thomas).

4-3-CAR 4 (10:33) S.Hauschka 22 yard field goal is GOOD, Center-C.Gresham, Holder-J.Ryan.

SEA 3 CAR 0, 8 plays, 41 yards, 3:33 drive, 4:31 elapsed

S.Hauschka kicks 70 yards from SEA 35 to CAR -5. K.Pilares to CAR 19 for 24 yards (H.Farwell).

Carolina Panthers at 10:29, (1st play from scrimmage 10:24)

1-10-CAR 19	(10:24) (Shotgun) D.Williams up the middle to CAR 22 for 3 yards (L.Hill)	
1 10 0/11(1)	(10.24) (Shotgan) D. Williams up the middle to Crit 22 for 5 yards (E.Hin)	•

2-7-CAR 22 (9:50) (Shotgun) J.Stewart left tackle to CAR 23 for 1 yard (B.Mebane).

3-6-CAR 23 (9:12) (Shotgun) C.Newton pass incomplete deep middle to S.Smith (K.Chancellor).

4-6-CAR 23 (9:05) B.Nortman punts 63 yards to SEA 14, Center-J.Jansen. L.Washington to SEA 31 for 17 yards (H.Nakamura).

Seattle Seahawks at 8:52

1-10-SEA 31 ((8:52)) PENALTY on SEA-B. Giacomini	Offensive Holding, 1	0 vards.	enforced at SEA 31 - No Play.

1-20-SEA 21 (8:18) (Shotgun) R.Wilson pass short left to D.Baldwin to SEA 40 for 19 yards (S.Martin).

2-1-SEA 40 (7:43) M.Robinson right guard to SEA 42 for 2 yards (R.Edwards; D.Edwards).

1-10-SEA 42 (7:07) R.Wilson pass short left to G.Tate to CAR 46 for 12 yards (C.Godfrey).

1-10-CAR 46 (6:31) M.Lynch left tackle to CAR 40 for 6 yards (A.Applewhite; L.Kuechly).

2-4-CAR 40 (5:51) R.Wilson pass short right to M.Robinson to CAR 40 for no gain (T.Davis).

(3.31) K. Wilson pass short fight to W. Koomson to Crix 40 for no gain (1.54vis).

4-3-CAR 39 (4:49) J.Ryan punts 34 yards to CAR 5, Center-C.Gresham, downed by SEA-B.Maxwell.

Carolina Panthers at 4:40

3-4-CAR 40

1-10-CAR 5 (4:40) J.Stewart left guard to CAR 16 for 11 yards (K.Wright).

1-10-CAR 16 (3:55) (Shotgun) C.Newton scrambles up the middle to CAR 18 for 2 yards (C.Clemons).

2-8-CAR 18 (3:14) (Shotgun) C.Newton right end to CAR 19 for 1 yard. Lateral to K.Pilares to CAR 31 for 12 yards (R.Sherman).

1-10-CAR 31 (2:30) (Shotgun) C.Newton pass short left to S.Smith to CAR 43 for 12 yards (K.Chancellor; B.Browner).

(5:51) (Shotgun) R. Wilson scrambles right end pushed ob at CAR 39 for 1 yard (G. Hardy).

1-10-CAR 43 (1:43) C.Newton pass incomplete short middle to S.Smith.

2-10-CAR 43 (1:38) L.Murphy right end to CAR 46 for 3 yards (R.Sherman).

3-7-CAR 46 (1:04) (Shotgun) C.Newton sacked at CAR 42 for -4 yards (B.Wagner).

4-11-CAR 42 (:37) B.Nortman punts 38 yards to SEA 20, Center-J.Jansen. L.Washington to SEA 32 for 12 yards (H.Nakamura).

Seattle Seahawks at 0:27

1-10-SEA 32 (:27) B.Obomanu right end to SEA 43 for 11 yards.

PENALTY on SEA-B.Giacomini, Unnecessary Roughness, 15 yards, enforced between downs.

END OF QUARTER		Time	F	irst D	owns		Efficiencies			
	Score	Poss	R	P	X	T	3 Down	4 Down		
Seattle Seahawks	3	8:12	2	3	0	5	1/3	0/0		
Carolina Panthers	0	6:48	2	1	0	3	0/3	0/0		

Second Quarter Play By Play 10/7/2012 Seattle Seahawks continued. 1-10-SEA 28 (15:00) M.Lynch up the middle to SEA 42 for 14 yards (H.Nakamura; L.Kuechly). R6 1-10-SEA 42 (14:26) R. Wilson sacked at SEA 37 for -5 yards (G. Hardy). 2-15-SEA 37 (13:53) R. Wilson pass short left to B. Edwards to SEA 47 for 10 yards (C. Munnerlyn; J. Norman). (13:04) (Shotgun) R.Wilson pass short left to S.Rice to CAR 41 for 12 yards (J.Norman). Р7 3-5-SEA 47 1-10-CAR 41 (12:32) R. Wilson scrambles up the middle to CAR 32 for 9 yards (C. Munnerlyn). 2-1-CAR 32 (11:43) R. Wilson sacked at CAR 36 for -4 yards (A. Applewhite). 3-5-CAR 36 (11:05) (Shotgun) R. Wilson pass short right to S.Rice to CAR 25 for 11 yards (J.Thomas). Р8 1-10-CAR 25 (10:41) M.Lynch right guard to CAR 23 for 2 yards (S.Martin; G.Hardy). 2-8-CAR 23 (10:06) M.Lynch left guard to CAR 21 for 2 yards (A.Applewhite; J.Anderson). 3-6-CAR 21 (9:22) (Shotgun) R. Wilson pass short right to R. Turbin to CAR 18 for 3 yards (J. Thomas). 4-3-CAR 18 (8:29) S.Hauschka 36 yard field goal is GOOD, Center-C.Gresham, Holder-J.Ryan. SEA 6 CAR 0, 12 plays, 50 yards, 6:58 drive, 6:31 elapsed S.Hauschka kicks 67 yards from SEA 35 to CAR -2. K.Pilares to CAR 23 for 25 yards (J.Johnson; C.Maragos). Carolina Panthers at 8:29, (1st play from scrimmage 8:22) 1-10-CAR 23 (8:22) (Shotgun) C.Newton pass incomplete deep left to S.Smith. 2-10-CAR 23 (8:16) C.Newton pass incomplete short middle to D.Williams (B.Mebane). (8:11) (Shotgun) C.Newton sacked at CAR 10 for -13 yards (B.Irvin). 3-10-CAR 23 4-23-CAR 10 (7:29) B.Nortman punts 52 yards to SEA 38, Center-J.Jansen. L.Washington to SEA 38 for no gain (K.Onatolu; R.Brockel). Seattle Seahawks at 7:29 1-10-SEA 38 (7:29) M.Lynch left guard to CAR 42 for 20 yards (H.Nakamura; C.Munnerlyn). PENALTY on SEA-R.Okung, Offensive Holding, 10 yards, enforced at SEA 38 - No Play. 1-20-SEA 28 (6:55) (Shotgun) R. Wilson pass short right to S.Rice to SEA 43 for 15 yards (S.Martin). 2-5-SEA 43 (6:17) R. Turbin left guard to SEA 47 for 4 yards (D.Edwards; C.Johnson). 3-1-SEA 47 (5:32) M.Robinson left guard to SEA 48 for 1 yard (T.Davis; J.Norman). **R9** 1-10-SEA 48 (4:47) G.Tate right end to SEA 47 for -1 yards (T.Davis). 2-11-SEA 47 (4:02) (Shotgun) R. Turbin up the middle to CAR 48 for 5 yards (F. Kearse). 3-6-CAR 48 (3:28) (Shotgun) R.Wilson pass short left to D.Baldwin to CAR 43 for 5 yards (S.Martin). 4-1-CAR 43 (2:46) J.Ryan punts 34 yards to CAR 9, Center-C.Gresham, out of bounds. Carolina Panthers at 2:46 1-10-CAR 9 (2:46) (Shotgun) C.Newton up the middle to CAR 15 for 6 yards (A.Branch). 2-4-CAR 15 (2:11) (Shotgun) C.Newton pass incomplete short left to S.Smith. 3-4-CAR 15 (2:08) (Shotgun) C.Newton pass incomplete short middle to J.Stewart [C.Clemons]. PENALTY on SEA-C.Clemons, Roughing the Passer, 15 yards, enforced at CAR 15 - No Play. X4 1-10-CAR 30 (2:03) (Shotgun) C.Newton pass incomplete short middle to S.Smith (C.Clemons). Two-Minute Warning 2-10-CAR 30 (1:58) (Shotgun) C.Newton pass short right to B.LaFell ran ob at SEA 49 for 21 yards (K.Chancellor). P5 1-10-SEA 49 (1:51) (Shotgun) C.Newton pass incomplete deep right to S.Smith (E.Thomas). 2-10-SEA 49 (1:46) (Shotgun) C.Newton pass incomplete short right to S.Smith. 3-10-SEA 49 (1:42) (Shotgun) C.Newton scrambles left end to SEA 34 for 15 yards (B.Wagner). R6 Timeout #1 by CAR at 01:27. (1:27) (Shotgun) C.Newton up the middle to SEA 21 for 13 yards. R7 1-10-SEA 34 (1:02) (No Huddle, Shotgun) C.Newton pass incomplete deep right to L.Murphy. 1-10-SEA 21 2-10-SEA 21 (:59) (Shotgun) C.Newton pass incomplete short middle to M.Tolbert [B.Irvin]. 3-10-SEA 21 (:55) (Shotgun) C.Newton pass short right to S.Smith to SEA 14 for 7 yards (R.Sherman). Timeout #2 by CAR at 00:06. 4-3-SEA 14 (:02) J.Medlock 32 yard field goal is GOOD, Center-J.Jansen, Holder-B.Nortman.

SEA 6 CAR 3, 12 plays, 77 yards, 1 penalty, 2:44 drive, 14:58 elapsed

Seattle Seahawks vs Carolina Panthers at Bank of America Stadium

END OF QUARTER		Time	F	irst D	owns		Efficiencies			
	Score	Poss	R	P	X	T	3 Down	4 Down		
Seattle Seahawks	6	11:16	2	2	0	4	3/5	0/0		
Carolina Panthers	3	3:44	2	1	1	4	1/3	0/0		

Third Quarter Play By Play 10/7/2012

SEA elects to Receive, and CAR elects to defend the East goal.

J.Medlock kicks 69 yards from CAR 35 to SEA -4. L.Washington to SEA 43 for 47 yards (J.Phillips). FUMBLES (J.Phillips), RECOVERED by CAR-J.Thomas at SEA 41. J.Thomas to SEA 37 for 4 yards (M.Morgan).

Carolina Panthers at 14:48

1-10-SEA 37	(14:48) C.Newton pass incomplete deep right to S.Smith (R.Sherman).
2-10-SEA 37	(14:42) (Shotgun) C.Newton left tackle to SEA 35 for 2 yards (C.Clemons).
3-8-SEA 35	(14:01) (Shotgun) C.Newton sacked at SEA 45 for -10 yards (sack split by C.Clemons and B.Wagner).
4-18-SEA 45	(13:35) (Punt formation) PENALTY on CAR-J.Senn, Offensive Holding, 10 yards, enforced at SEA 45 - No Play.
4-28-CAR 45	(13:15) B.Nortman punts 47 yards to SEA 8, Center-J.Jansen. L.Washington to SEA 17 for 9 yards (G.Barnidge).

Seattle Seahawks at 13:15

1-10-SEA 17 (13:15) M.Lynch left tackle to SEA 19 for 2 yards (L.Kuechly).

(12:26) R.Wilson pass short right intended for A.McCoy INTERCEPTED by C.Munnerlyn at SEA 33. C.Munnerlyn for 33 yards, 2-8-SEA 19

TOUCHDOWN.

Carolina Panthers at 12:26

1-10-SEA 28

J.Medlock extra point is GOOD, Center-J.Jansen, Holder-B.Nortman.

SEA 6 CAR 10, 0 plays, 33 yards, 0:00 drive, 2:34 elapsed

J.Medlock kicks 40 yards from CAR 35 to SEA 25. D.Baldwin to SEA 28 for 3 yards (C.Jones).

(12:21) M.Lynch left guard to SEA 31 for 3 yards (S.Fua).

Seattle Seahawks at 12:26, (1st play from scrimmage 12:21)

2-7-SEA 31	(11:50) (Shotgun) M.Lynch up the middle to SEA 34 for 3 yards (F.Kearse; L.Kuechly).
3-4-SEA 34	(11:16) (Shotgun) R.Wilson pass short left to G.Tate to SEA 40 for 6 yards (S.Martin).
<u>1-10-SEA 40</u>	(10:46) R.Wilson pass deep middle to Z.Miller to CAR 30 for 30 yards (C.Godfrey; H.Nakamura).
<u>1-10-CAR 30</u>	(10:08) R.Wilson scrambles up the middle to CAR 30 for no gain (L.Kuechly).
1-10-CAR 30	Penalty on CAR-T.Davis, Illegal Contact, offsetting, enforced at CAR 30 - No Play. Penalty on SEA-P.McOuistan, Offensive Holding, offsetting. (9:39) R.Wilson pass short left intended for M.Lynch INTERCEPTED by L.Kuechly at CAR 23. L.Kuechly to CAR 20 for -3 yards (M.Unger).

P10 P11

P12

R13

Carolina Panthers at 9:39

1-10-CAR 20	(9:39) D.Williams up the middle to CAR 24 for 4 yards (B.Wagner; C.Clemons).	
2-6-CAR 24	(8:57) (Shotgun) J.Stewart up the middle to CAR 26 for 2 yards (B.Mebane).	
3-4-CAR 26	(8:12) (Shotgun) C.Newton pass incomplete short left to S.Smith.	
	PENALTY on SEA-B.Browner, Defensive Holding, 5 yards, enforced at CAR 26 - No Play.	X8
<u>1-10-CAR 31</u>	(8:08) C.Newton left tackle to CAR 32 for 1 yard.	
	PENALTY on CAR-S.Smith, Offensive Holding, 10 yards, enforced at CAR 31 - No Play.	
1-20-CAR 21	(7:41) (Shotgun) C.Newton pass short left to S.Smith to CAR 28 for 7 yards (B.Browner).	

2-13-CAR 28 (7:02) (Shotgun) C.Newton pass incomplete short left to J.Stewart.

3-13-CAR 28 (6:57) (Shotgun) C.Newton pass short left to J.Stewart to CAR 36 for 8 yards (ds (B.Browner).
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4-5-CAR 36 (6:05) B.Nortman punts 53 yards to SEA 11, Center-J.Jansen. L.Washington to SEA 12 for 1 yard (J.Thomas).

(3:34) (Shotgun) R.Wilson pass short left to R.Turbin to SEA 29 for 5 yards (L.Kuechly).

(1:59) M.Lynch left tackle to CAR 15 for 3 yards (H.Nakamura; R.Edwards).

Seattle Seahawks at 6:05

1-10-SEA 12	(6:05) M.Lynch left tackle to SEA 13 for 1 yard (S.Fua; J.Anderson).
2-9-SEA 13	(5:28) R.Wilson pass short right to S.Rice to SEA 24 for 11 yards (L.Kuechly).
<u>1-10-SEA 24</u>	(4:51) M.Lynch right tackle to SEA 28 for 4 yards (C.Godfrey; L.Kuechly).
2-6-SEA 28	(4:15) M.Lynch left end to SEA 39 for 11 yards (J.Anderson).
	PENALTY on SEA-B.Obomanu, Offensive Holding, 10 yards, enforced at SEA 34.
2-10-SEA 24	(3:38) R.Wilson pass incomplete short right to D.Baldwin.

Carolina Panthers at 2:37

3-10-SEA 24

4-5-SEA 29

1-10-CAR 30 (2:37) D.Williams to CAR 29 for -1 yards (B.Browner). FUMBLES (B.Browner), RECOVERED by SEA-B.Browner at CAR 27. B.Browner to CAR 27 for no gain (D.Williams).

(2:46) J.Ryan punts 54 yards to CAR 17, Center-C.Gresham. C.Munnerlyn ran ob at CAR 30 for 13 yards (M.Morgan).

Sea

2-1-CAR 18

eattle Seahawks at	2:37	
1-10-CAR 27	(2:37) R. Wilson pass short right to M.L.ynch to CAR 18 for 9 yards (L. Kuechly).	

(1:26) M.Lynch left guard to CAR 13 for 2 yards (G.Hardy). 1-10-CAR 15

Seattle Seahawks vs Carolina Panthers at Bank of America Stadium

2-8-CAR 13 (:49) (Shotgun) R.Wilson pass incomplete short right to G.Tate.

Timeout #1 by SEA at 00:42.

3-8-CAR 13 (:35) (Shotgun) R.Wilson pass short middle to G.Tate for 13 yards, TOUCHDOWN.

S.Hauschka extra point is GOOD, Center-C.Gresham, Holder-J.Ryan.

SEA 13 CAR 10, 5 plays, 27 yards, 2:02 drive, 14:25 elapsed

S.Hauschka kicks 65 yards from SEA 35 to end zone, Touchback.

Carolina Panthers at 0:35

1-10-CAR 20 (:35) (Shotgun) C.Newton pass incomplete short right to D.Williams.

2-10-CAR 20 (:30) (Shotgun) J.Stewart up the middle to CAR 22 for 2 yards (B.Wagner).

END OF QUARTER		Time	F	irst D	owns		Efficiencies			
	Score	Poss	R	P	X	T	3 Down	4 Down		
Seattle Seahawks	13	9:18	1	4	0	5	2/3	0/0		
Carolina Panthers	10	5:42	0	0	1	1	0/2	0/0		

P14

Fourth Quarter 10/7/2012

Seattle Seahawks vs Carolina Panthers at Bank of America Stadium Play By Play Carolina Panthers continued. 3-8-CAR 22 (15:00) (Shotgun) C.Newton pass short right to J.Stewart to CAR 32 for 10 yards (R.Sherman). FUMBLES (R.Sherman), and recovers at CAR 29. J.Stewart to CAR 29 for no gain (R.Sherman). 4-1-CAR 29 (14:00) B.Nortman punts 36 yards to SEA 35, Center-J.Jansen, downed by CAR-J.Jansen. Seattle Seahawks at 14:00 1-10-SEA 35 (14:00) M.Lynch left tackle to SEA 43 for 8 yards (L.Kuechly). 2-2-SEA 43 (13:24) M.Lynch right end to CAR 46 for 11 yards (J.Anderson). R15 1-10-CAR 46 (12:39) R. Wilson pass deep right to Z. Miller to CAR 23 for 23 yards (J. Norman). P16 1-10-CAR 23 (12:00) R. Turbin left end to CAR 23 for no gain (H. Nakamura; T. Davis). 2-10-CAR 23 (11:21) R.Turbin up the middle to CAR 26 for -3 yards (L.Kuechly). 3-13-CAR 26 (10:41) (Shotgun) R. Wilson pass incomplete deep right to S.Rice. Penalty on SEA-M.Unger, Ineligible Downfield Pass, declined. 4-13-CAR 26 (10:27) S.Hauschka 44 yard field goal is GOOD, Center-C.Gresham, Holder-J.Ryan. SEA 16 CAR 10, 7 plays, 39 yards, 3:33 drive, 4:33 elapsed S.Hauschka kicks 65 yards from SEA 35 to end zone, Touchback. Carolina Panthers at 10:27 1-10-CAR 20 (10:27) (Shotgun) D.Williams right end to CAR 22 for 2 yards (L.Hill; B.Wagner). 2-8-CAR 22 (9:48) (Shotgun) M.Tolbert up the middle to CAR 25 for 3 yards (K.Wright). 3-5-CAR 25 (9:07) (Shotgun) C.Newton pass short left to B.LaFell pushed ob at CAR 31 for 6 yards (K.Wright). (8:44) (Shotgun) C.Newton pass deep left to G.Olsen to SEA 45 for 24 yards (K.Chancellor). P10 1-10-CAR 31 1-10-SEA 45 (8:02) C.Newton pass short left to S.Smith to SEA 31 for 14 yards (K.Chancellor). P11 1-10-SEA 31 (7:23) C.Newton pass short left to G.Olsen to SEA 18 for 13 yards (K.Wright) [C.Clemons]. P12 1-10-SEA 18 (6:56) (Shotgun) PENALTY on CAR-B.LaFell, False Start, 5 yards, enforced at SEA 18 - No Play. 1-15-SEA 23 (6:31) (Shotgun) C.Newton pass short left to B.LaFell to SEA 6 for 17 yards (B.Browner). P13

P9

R17

(5:51) (Shotgun) C.Newton right end to SEA 3 for 3 yards (E.Thomas).

Timeout #1 by CAR at 05:18.

2-3-SEA 3 (5:17) D. Williams up the middle to SEA 6 for -3 yards (C.Clemons; A.Branch).

3-6-SEA 6 (4:38) (Shotgun) C.Newton pass short left to L.Murphy to SEA 1 for 5 yards (M.Trufant; B.Browner).

4-1-SEA 1 (3:47) C.Newton pass incomplete short middle to B.Hartsock.

Seattle Seahawks at 3:47

1-6-SEA 6

1-10-SEA 1 (3:47) PENALTY on SEA-J. Carpenter, False Start, 0 yards, enforced at SEA 1 - No Play.

1-10-SEA 1 (3:47) R. Wilson up the middle to SEA 1 for no gain (C. Johnson).

2-10-SEA 1 (3:06) M.Lynch right tackle to SEA 4 for 3 yards (T.Davis).

Timeout #2 by CAR at 02:58.

3-7-SEA 4 (2:58) M.Lynch up the middle to SEA 15 for 11 yards (H.Nakamura).

1-10-SEA 15 (2:11) M.Lynch left tackle to SEA 17 for 2 yards (G.Hardy; T.Davis).

Two-Minute Warning

2-8-SEA 17 (2:00) M.Lynch right guard to SEA 15 for -2 yards (G.Hardy).

Timeout #3 by CAR at 01:53.

3-10-SEA 15 (1:53) R. Wilson right end to SEA 18 for 3 yards (C. Munnerlyn).

Timeout #2 by SEA at 01:05.

4-7-SEA 18 (:59) J.Ryan left end tackled in End Zone for -18 yards, SAFETY (K.Onatolu). Punter intentionally runs out of the end zone for a safety.

SEA 16 CAR 12, Safety, 14:01 elapsed

S.Hauschka kicks 66 yards from SEA 20 to CAR 14. C.Munnerlyn to CAR 31 for 17 yards (E.Thomas).

Carolina Panthers at 0:59, (1st play from scrimmage 0:53)

1-10-CAR 31 (:53) (Shotgun) C.Newton pass incomplete short right to J.Stewart.

2-10-CAR 31 (:49) (Shotgun) C.Newton sacked at CAR 23 for -8 yards (B.Irvin), FUMBLES (B.Irvin), RECOVERED by SEA-A.Branch at CAR 25. A.Branch to CAR 25 for no gain (B.Bell).

Seattle Seahawks at 0:39

1-10-CAR 25 (:39) R.Wilson kneels to CAR 26 for -1 yards. Seattle Seahawks vs Carolina Panthers at Bank of America Stadium

END OF QUARTER		Time	F	irst D	owns		Efficiencies			
	Score	Poss	R	P	X	T	3 Down	4 Down		
Seattle Seahawks	16	7:00	2	1	0	3	1/3	0/1		
Carolina Panthers	12	8:00	0	5	0	5	1/3	0/1		

Miscellaneous Statistics Report

Seattle Seahawks vs Carolina Panthers 10/7/2012 at Bank of America Stadium

Ten Longest Plays for Seattle Seahawks

Yards	Qtr	Play Start	Play Description
30	3	1-10-SEA 40	(10:46) R.Wilson pass deep middle to Z.Miller to CAR 30 for 30 yards (C.Godfrey; H.Nakamura).
23	4	1-10-CAR 46	(12:39) R.Wilson pass deep right to Z.Miller to CAR 23 for 23 yards (J.Norman).
19	1	1-20-SEA 21	(8:18) (Shotgun) R.Wilson pass short left to D.Baldwin to SEA 40 for 19 yards (S.Martin).
18	1	1-10-CAR 45	(14:02) R.Wilson pass deep left to S.Rice ran ob at CAR 27 for 18 yards.
15	2	1-20-SEA 28	(6:55) (Shotgun) R.Wilson pass short right to S.Rice to SEA 43 for 15 yards (S.Martin).
14	2	1-10-SEA 28	(15:00) M.Lynch up the middle to SEA 42 for 14 yards (H.Nakamura; L.Kuechly).
13	1	3-7-CAR 24	(12:46) (Shotgun) R.Wilson pass short middle to D.Baldwin to CAR 11 for 13 yards (L.Kuechly).
13	3	3-8-CAR 13	(:35) (Shotgun) R.Wilson pass short middle to G.Tate for 13 yards, TOUCHDOWN.
12	1	1-10-SEA 42	(7:07) R.Wilson pass short left to G.Tate to CAR 46 for 12 yards (C.Godfrey).
12	2	3-5-SEA 47	(13:04) (Shotgun) R.Wilson pass short left to S.Rice to CAR 41 for 12 yards (J.Norman).

Ten Longest Plays for Carolina Panthers

Touchdown Scoring Information

CAR K.Onatolu

Yards	Qtr	Play Start	Play Description
24	4	1-10-CAR 31	(8:44) (Shotgun) C.Newton pass deep left to G.Olsen to SEA 45 for 24 yards (K.Chancellor).
21	2	2-10-CAR 30	(1:58) (Shotgun) C.Newton pass short right to B.LaFell ran ob at SEA 49 for 21 yards (K.Chancellor).
17	4	1-15-SEA 23	(6:31) (Shotgun) C.Newton pass short left to B.LaFell to SEA 6 for 17 yards (B.Browner).
15	2	3-10-SEA 49	(1:42) (Shotgun) C.Newton scrambles left end to SEA 34 for 15 yards (B.Wagner).
14	4	1-10-SEA 45	(8:02) C.Newton pass short left to S.Smith to SEA 31 for 14 yards (K.Chancellor).
13	1	2-8-CAR 18	(3:14) (Shotgun) C.Newton right end to CAR 19 for 1 yard. Lateral to K.Pilares to CAR 31 for 12 yards (R.Sherman).
13	2	1-10-SEA 34	(1:27) (Shotgun) C.Newton up the middle to SEA 21 for 13 yards.
13	4	1-10-SEA 31	(7:23) C.Newton pass short left to G.Olsen to SEA 18 for 13 yards (K.Wright) [C.Clemons].
12	1	1-10-CAR 31	(2:30) (Shotgun) C.Newton pass short left to S.Smith to CAR 43 for 12 yards (K.Chancellor; B.Browner).
11	1	1-10-CAR 5	(4:40) J.Stewart left guard to CAR 16 for 11 yards (K.Wright).

VISI HOM						1 0		0 1		0 0					
-	er Scoring Information Player	TD	Rush TD	Rec KO	OTD	Punt In TD	t TD	Fum TD	Misc TD	FG	ХР	2Pt Rush	2Pt Rec	Sfty	Points
SEA	S.Hauschka	0	0	0	0	0	0	0	0	3	1	0	0	0	10
SEA	G.Tate	0	0	1	0	0	0	0	0	0	0	0	0	0	6
CAR	C.Munnerlyn	0	0	0	0	0	1	0	0	0	0	0	0	0	6
CAR	1.Medlock	0	0	0	0	0	0	0	0	1	1	0	0	0	4

Offense

Defense Special Teams

Possession Detail	First H	alf	Second Half		Game		
	Visitor	Home	Visitor	Home	Visitor	Home	
Largest Lead	6	0	6	4	6	4	
Drives Leading	4	0	5	2	9	2	
Time of Possession Leading	15:55	0:00	8:01	3:34	23:56	3:34	
Largest Deficit	0	-6	-4	-6	-4	-6	
Drives Trailing	0	4	3	4	3	8	
Time of Possession Trailing	0:00	9:34	8:17	10:08	8:17	19:42	
Times Score Tied Up		0		0		0	
Lead Changes		1		2		3	

Playtime Percentage

Percent of playtime per player on offense, defense and special teams

Percent of playtime per player on offense, defense Seattle Seahawks									and special teams Carolina Panthers					
	Offense			Defense Special Teams				Offense	Defense	Special	Teams			
P McQuistan	G	64 9	98%		4	15%	J Gross	Т	55 100%		2	8%		
R Okung	Т		98%		4	15%	B Bell	Т	55 100%		2	8%		
J Carpenter	G	64 9	98%		4	15%	A Silatolu	G	55 100%		2	8%		
M Unger	С	64 9	98%		3	12%	C Newton	QB	55 100%					
R Wilson	QB	64 9	98%				G Olsen	TE	55 100%					
Z Miller	TE	59 9	91%		4	15%	R Kalil	С	55 100%					
B Giacomini	Т	54 8	83%		4	15%		WR	51 93%					
M Lynch	RB	50 7	77%				B LaFell	WR	51 93%					
S Rice	WR	45 6	69%				L Murphy	WR	35 64%					
G Tate	WR	41 6	63%				J Byers	С	33 60%					
M Robinson	FB	31 4	48%		20	77%	•	RB	27 49%					
A McCoy	TE	27 4	42%				G Williams	Т	22 40%		2	8%		
B Obomanu	WR	22 3	34%		9	35%	D Williams	RB	20 36%		_			
D Baldwin	WR	16 2	25%		11	42%	M Tolbert	FB	17 31%		6	23%		
R Turbin	RB	12	18%				B Hartsock	TE	9 16%		8	31%		
F Omiyale	T	10	15%		4	15%	G Barnidge	TE	5 9%		13	50%		
B Edwards	WR	10	15%				A Edwards	WR	2 4%		1	4%		
E Moore	TE	8 :	12%				R Brockel	FB	1 2%	1 2%	14	54%		
K Wright	LB	1	2%	55 100%	6	23%	K Pilares	WR	1 2%	1 2%	12	46%		
B Wagner	LB	1	2%	55 100%	3	12%	B Campbell	T	1 2%	1 270	2	8%		
J Johnson	SS	1	2%	4 7%	12	46%	C Munnerlyn	СВ	1 2/0	65 100%	13	50%		
C Maragos	FS	1	2%		22	85%	J Norman	СВ		64 98%	7	27%		
H Farwell	LB	1	2%		22	85%	L Kuechly	LB		64 98%	6	23%		
M Morgan	LB	1	2%		20	77%	C Godfrey	SS		63 97%	6	23%		
B Maxwell	CB	1	2%		20	77%	T Davis	LB		61 94%	6	23%		
M Smith	LB	1	2%		20	77%	C Johnson	DE		48 74%	6	23%		
J Ryan	Р	1	2%		8	31%	J Anderson	LB		46 71%	12	46%		
C Gresham	LS	1	2%		7	27%	G Hardy	DE		44 68%	7	27%		
K Chancellor	SS			55 100%	8	31%	D Edwards	DT		44 68%	5	19%		
E Thomas	FS			55 100%	6	23%	H Nakamura	FS		42 65%	10	38%		
C Clemons	DE			55 100%	2	8%	R Edwards	NT		33 51%	10	4%		
B Browner	CB			54 98%	7	27%	F Alexander	DE		30 46%	4	15%		
R Sherman	CB			54 98%	5	19%	S Martin	FS		24 37%	16	62%		
A Branch	DT			42 76%	2	8%	J Thomas	CB		23 35%	16	62%		
R Bryant	DE			36 65%	2	8%								
M Trufant	CB			32 58%	5	19%	A Applewhite	LB		20 31%	11	42%		
B Mebane	DT			32 58%	2	8%	S Fua	NT		20 31% 17 26%	3	12%		
J Jones	DE			24 44%			F Kearse	DT			10	C00/		
L Hill	LB			23 42%	2	8%	J Phillips	LB		1 2%	18	69%		
B Irvin	DE			20 36%	8	31%	K Onatolu	LB		1 2%	18	69%		
C McDonald	DT			8 15%			J Senn	LB		1 2%	18	69%		
L Washington	RB				11	42%	R Parker	DB		1 2%	10	38%		
S Hauschka	K				9	35%	C Jones	FS		1 2%	4	15%		
J Sweezy	G				7	27%	B Nortman	P			10	38%		
L Jeanpierre	С				3	12%	J Jansen	LS			10	38%		